#### **EMERGENCY**

By GRANT SASSAMAN @ McClure Newspaper Syndicate.

WNU Service.

THELMA CONNORS quickly dried her, eyes when she heard her mother coming down the stairs. Going to 66 TO NORMAL condition has the window, Mrs. Marston looked out at the dripping trees on the lawn. Without turning, she addressed the young woman on the divan behind her.

"Even as a little girl you were too didactic, Thelma-and as impetuous as you were sweet," she said softly. "I'm afraid the fault was yours, not Paul's. He has pride, too, remember. Why don't you go back to the city | ting overweights to take out insurance

"Never, Mother!" There was choked bitterness in the exclamation. "He didn't make a single overture when I started packing my things. He actually helped me pack. Even when I applied for the divorce, he never-oh, what is it, Mother?"

Mrs. Marston, turning slowly, had suddenly bent forward with hand gripping her side. A low moan of pain had escaped her lips. Thelma sprang from the divan and hurried across the room to her.

"That-appendix-of mine!" gasped Mrs. Marston. "Acting up again." She managed a rueful smile. "I'm in for another lecture from Doctor Clarkson. Call his office. Thelma."

Paul Connors, sitting at the copy desk, leaned forward with brown head cupped in his hand. His faculties were busy with a scene of long ago.

He was a freckled-faced boy of ten,

He was leaning unobtrusively Fisk. against the gate post, when a girl of to her shoulders, approached slowly must think of their everyday lifefrom within. There was a blue rib- their chances for good health, their bon in her hair, and her eyes were ability to get around easily, their reblue and friendly.

"H'lo," she said graciously. And tty or grip. then, with the abrupt naivete of childhood: "I never saw you before. What's your name? Mine's Thelma Marston."

"My name's Paul Connors. We moved to this town yest'day. My pop's a bricklayer. I'm gonna start school tomorrer."

Little Paul was dimly conscious of another person in the background. black-haired woman in a white dress. Mrs. Marston. She stood on the porch. Gee, but she was pretty!

In an instant Thelma was smiling. "Won't you come in, Paul Connors?" She reached out and took Paul's hand. "Mother says the ice cream and cake will be served at four. Please." Mrs. Marston came down off the

porch quickly. "Yes, do!" she cried. Paul saw that her dark eyes were moist as she leaned down to kiss Thelma. He heard her say: "Bravo, my darling!"

"Connors! You're wanted on the phone!"

It was Thelma! Thelma calling from the Hedgerow hospital to tell him her mother was about to undergo an operation. Could he come over? Her mother wanted to see him.

"I'll be there in ten minutes," said Paul Connors; and he was. He found Mrs. Marston lying incredibly still under the white sheets, with Thelma sitting white-lipped and silent at her side. Dark eyes gazed up at the coiling with a fixed purpose in them, and Mrs. Marston's lips moved slowly, grimly, deliberately. "They'll be taking me into the operating room soon, Paul. Before I go I want to tell you what I think of you. You've ruined Thelma's life. You're an utter cad

Paul Connors. You-" Connor's mouth dropped open; the harsh scraping of Thelma's chair drowned her mother's words as she leaped erect, her cheeks flaming.

"Mother! Don't--don't talk to Paul that way!" A heel of her shoe rapped sharply against the floor. "That isn't true! He's not a cad!" She bent down over the dark head, suddenly contrite. "Oh, forgive me, Mumsy," she sobb "But I couldn't let you be unfair to Paul. I-I"

"Love him," said Mrs. Marston. "Certainly you do. Why don't you stay where you belong, where you've belonged ever since that first day at the open gate-in his arms?"

Connors never knew afterwards whether it was he or Thelma who made the first move. Neither did he nor Thelma know, ever, what the surgeon said to Mrs. Marston as she was wheeled into the operating room.

"I can't see any reason for the beaming smile," the doctor growled. "Doctor Clarkson told me he wanted you to undergo the operation a year ago. | value of sleep that many nervous indi-Why the sudden decision? It's no viduals worry themselves into sleep-

emergency." "Emergency?" Mrs. Marston's smile even insanity if they don't get a cer-

what it was, doctor." Meteors' Speed Measured

Russian observers have ascertained the rapidly revolving blades of a fan your work. that cut off the picture a certain number of times a second. The interrupt-

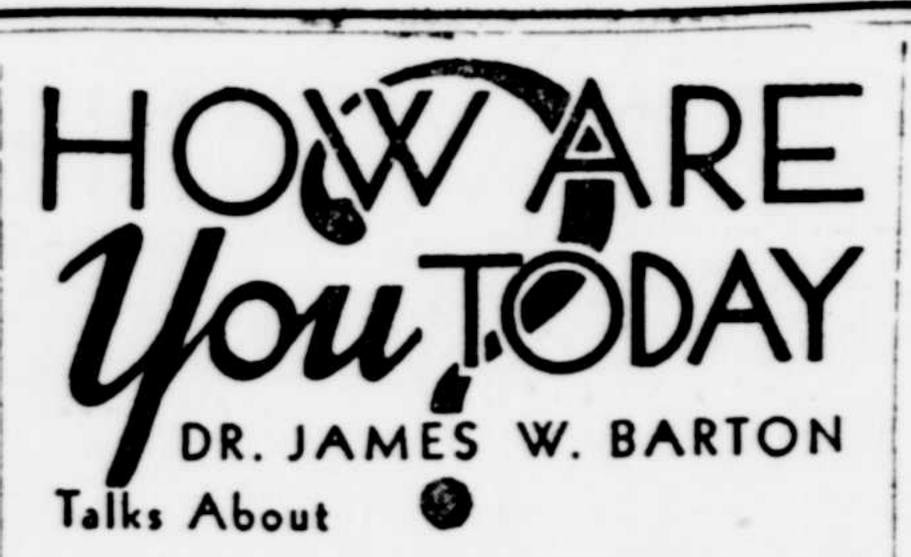
## Cushions Of Rags, Rugs

ed segments of the trail give the ve-

locity index.

Attractive, inexpensive chair pads and cushions for the recreation room or sun porch can be made of rag rugs. These a specific aid in preventing goiter. rugs come in attractive colors and all Creamed codfish will be welcomed ocsizes. Use them as you would any fab- casionally, especially with mashed or ric, sewing with coarse thread. Such baked potatoes. Either flaked or solid cushions and chair pads are extremely fish can be used. The latter should be durable and, for as little as one dollar, soaked in warm water to soften and to pads and pillows for a large-sized chair remove some of the salt; then it can can be made.

CONTRACTOR ON LIKE



Menace of Overweight

occurred more frequently among my diabetic patients than has obesity (overweight)."

I am quoting Dr. Elliott P. Joslin, Boston, the outstanding authority on diabetes.

Life insurance companies are very strict in their consideration of permit as they have found that so many o



of them later develop diabetes. In fact they have found that in examining applicants for insurance as many as per cent already are showing sugar in the urine. "The average diabetic man or woman has been greaty overweight. Over weight is due to over-

eating. What is added

to the waist line is cut from the life line." Dr. Chas. H. Maye says: "Men fifty years old and fifty pounds overweight are much more likely to have cancer than the normal. This means then that eating or overeating is a factor in causing cancer because half the cases of cancer are found in the stom-

ach and intestines." "To sum it up, the overweights have wearing ragged blue knee pants and a la higher death rate. At fifty years of faded brown blouse, that day of Thel- | age an excess weight of 55 pounds inma's party. He had been drawn to the | creases the death rate by 50 per cent." open gate by the shouts of merriment I am quoting from "How to Live" by Prof. Irving Fisher and Dr. Lyman

However, overweights have more about seven, with golden curls flowing than the death rate to consider; they sistance to ailments, their mental abil-

Some Famed Light Eaters.

Famous men whose brains keep clear till the end are usually light eaters who from early years of experimenting have found out just what agrees with them and are satisfied with this amount and variety of food. Chauncey Depew attended dinners and banquets three or four times a week for years, but always looked over the menu and ate only the foods he knew gave him the nourishment he required.

Thos. A. Edison came of a long-lived family who for generations had learned to eat what they knew their bodies required and no more. Thus in an interview some years ago Edison said: "The body is only a piece of machinery and every practical man knows that to get good work out of a machine and keep it in repair at the same time one must know how to take care of it. Now, if you have a 100-horsepower engine and a boiler big enough to drive it, no wise engineer will fire that boiler to full capacity when he only wishes to take eight horsepower out of his engine. If he does, he sooner or later burns the grate-bars out of his fire-bex. But that is just what the majority are doing; burning up 100 horsepower of fuel in their bodies and taking out eight horsepower of work. Is it any wonder that the boiler flues and the arteries get clogged up, that the pipes burst,

causing apoplexy?" Truth About the Stomach.

As you know, early man lived outdoors, used the great bulk of muscle covering his body, had a natural appetite and "filled" his stomach when he obtained food because he did not know just when he would get his next meal. Thus Nature supplied him with a stomach that would hold enough food to fill his needs for a whole day or

Today we have these same huge muscles covering our bodies and have the same large stomach, but we do not live outdoors, do not work these huge muscles and so do not need more than about half the food that was needed by early man. Yet because we have the same big stomach and get the kinds of food we like, many of us thoughtlessly think we have to fill this big

stomach three times a day. Remember, then, that we need some of all the different kinds of food daily. that is (a) meat, eggs or fish (b) cream, butter or other fat, (c) vegetables, both starchy and leafy, (d) minerals and (e) water. But if we want to be at our best mentally and physically we eat just the amounts of these foods that will keep us strong without increasing our weight above normal.

## Relaxation and Sleep

So much has been written about the lessness. They fear dire ailments or became almost a grin. "That's just tain number of hours of sleep each

Now while nothing can take the place of real sleep, with every muscle relaxed, it has been found that if an that meteors slow down their velocity | individual is unable to sleep but can as they approach the earth, there be- relax body and mind to a point almost ing a 37 per cent decrease in speed as approaching sleep he can attain as they travel from the height of 55 to high as 80 per cent of the value of 35 miles. The observations were made sleep. It is estimated that two hours' wool and should give satisfactory serorder to ascertain altitude. The veloc- so that with complete relaxation for Ity was ascertained by photographing four hours and say four hours' sleep the moving trail of the meteor through you might be fully capable of doing

Enough outdoor exercise, without overdoing it, brings on a "natural need" for sleep that is better than any other method of inducing sleep.

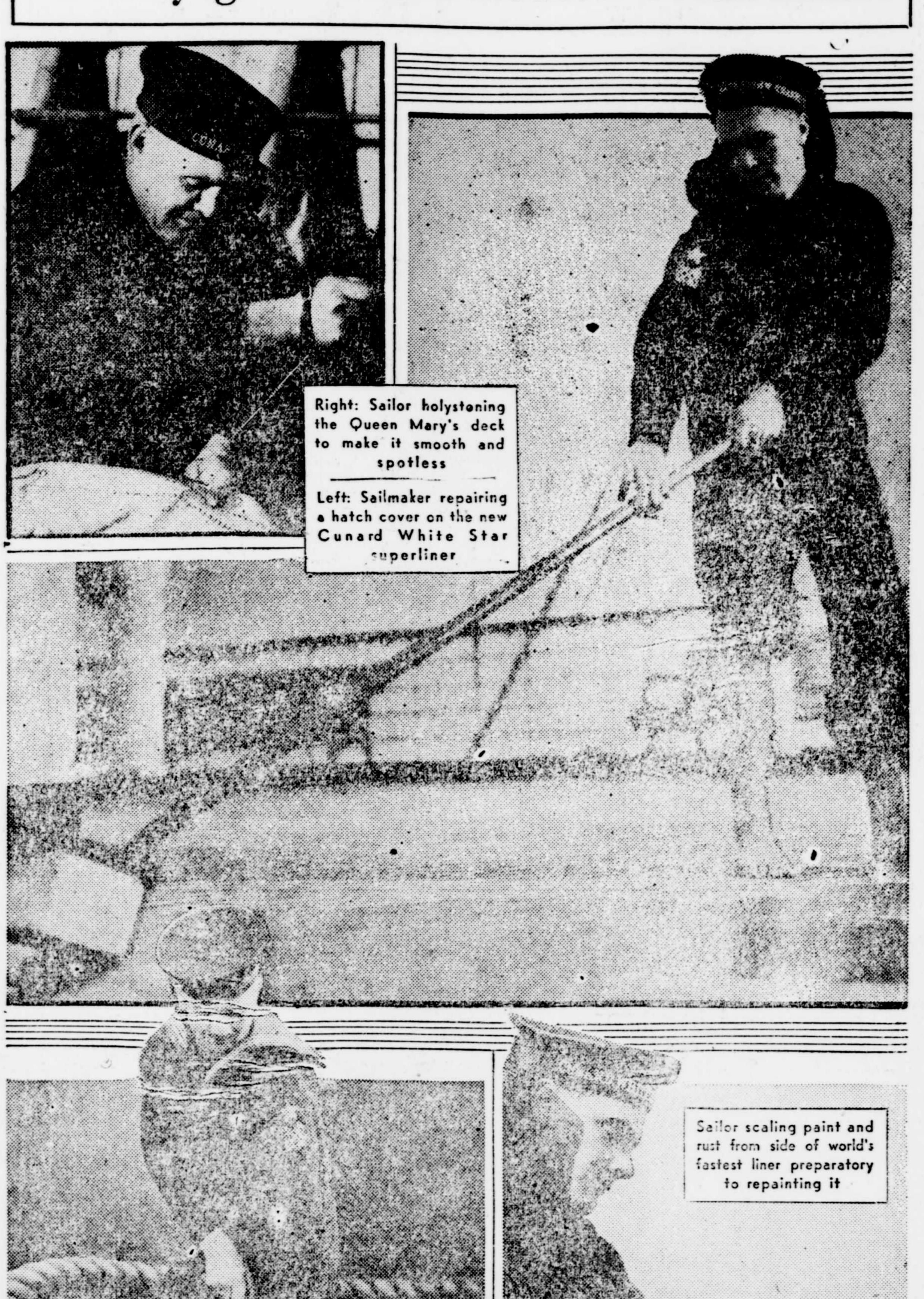
## Include Salt Fish

C-WNU Service.

Some of the nutrition specialists advise including salt fish in the menu as often as twice a week, and consider be shredded.

STATE OF THE STATE

# Hard Work Lies Behind Ease and Comfort Of Voyagers Aboard Modern Ocean Liners



# "Now I Lay Me-"

Quartermaster making

a series of half hitches

docking of the giant

on a hawser before



This child was hurt when a tornado struck Tupelo, Mississippi, necessitating medical and nursing care for hundreds—care which in many cases could not have been given without Red Cross assistance. It is a fine tribute to the organization that the young beneficiaries of its health and relief services invariably place themselves in the hands of the Red Cross with a completely confident, "Now I lay me-."

## Test For Blankets

In buying blankets, make this test. Take a handful of the blanket and squeeze it very light. If the fabric feels springy in your hand, it is made of new reworked wool.

## Easy-To-Make Dessert be employed.

A fruit dessert that is easy to prepare is made by turning a can of crushed pineapple into the freezing tray of the refrigerator. When the pineapple is and make an excellent background for frozen to a mush, take it out and serve a light room that aspires to a certain in sherbet glasses, topping each with a amount of formality in its treatment. tablespoon of bananas and oranges, cut in small pieces. For extra occasions, add a spoonful of whipped cream.

# With Your Fall Dress

lets, clips.

#### BROADLOOM GOOD IN SOLID COLOR

Early American Harmonizes

Solid-color broadloom also has its photographically from two stations in sleep in the 24 will keep anyone alive, vice. If the material does not have this portant place in Early American dec- of thin cream, one teaspoonful of salt, orative schemes. With broadloom, furniture and draperies gay with striking patterns so popular today, mayfittingly

## BACKGROUND

Cool, Restful Blue-painted walls are cool, restfu

# Nutria As A Lining

Fur lining gets a break in a coat Heim makes of brown and beige tweed. He lines this with nutria and adds a ripple Clear, crystal novelty jewelry is effec- collar and other trimming items of the To a green wool, short jacket ers of very small, round and long, nar- suit he adds a green wool cape with made by adding a half-cup chopped row beads, there are brooches, brace- nutria facing. This is conveniently re- cucumber pickles to drawn butter versible.

# Nothers Cook Book USING LEFTOVERS

DERHAPS a glance at what other cooks have done with the leftovers of feasts will help to use those that are daily problems in most homes. Leather Adorns The Seal Chicken is the one meat that is not hard to serve in left-over dishes. A cupful will make a delightful salad mixed with tender celery, and less than a cupful, mixed with crumbs and seaon hand: Stuffed Peppers.

Slice from the stem end of each pepper, making a cup, removing the seeds and white fiber. Parboil the peppers in boiling water five minutes, then drain and chill. For six peppers use the following: Two tablespoonfuls of cupful of stock. Mix well, stuff the Bake on a hot greased griddle. peppers, place them in a little water

White Sauce That's Different. Take one and one-half tablespoonfuls of corn oil, one tablespoonful of minced onion, cook until yellow, add one tablespoonful of cornstarch, half a teaspoonful of salt, a dash of pepper and a cupful of milk. Cook until smooth and thick and serve with any leftover

Creamed Chicken. Take two tablespoonfuls of olive oil or any vegetable oil, add a tablespoonful of minced onion, cook three minutes, add two tablespoonfuls of cornstarch, stir until well blended, then add one and one-half cupfuls of top milk one-eighth teaspoonful of nutmeg, a dash of cayenne and paprika. Add two cupfuls of minced chicken. Serve on toast or in bread cases. A dash of current jelly is an improvement.

Western Newspaper Union.

Doing Good The good we can accomplish in this world is small. The good that all men in all ages could accomplish if they would, is vast. But in order that this may be done, each working being must serve his own generation, and do his part to render the next generation more efficient.

Saucy Sauce

# Homecoming Day at University of

Lavish Plans Being Made To Entertain Alumni At Annual Celebration

the school holds its Annual Homecom- be subjected. ing Day Celebration at College Park,

Saturday, November 14. Plans are being made to make this year's affair the most lavish in the history of the institution. Such features as the football game with Virginia Military Institute, traditional Old Line foe; an alumni mixer and buffet supper, and a parade of university clubs, fraternity and sorority floats during halves of the grid game, are a few of the attractions scheduled.

Registration of all alumni in the Ritchie Coliseum, at 1:00 P. M., starts the celebration. Large blocks of reserved seats are being held for graduates, and reservations by class as well as by club groups are being made. The Rotary Club of College Park also has reserved a section for its members and friends. Following the game the alumni mixer and buffet supper, in the Girls' Field House will be held. Special hostesses will see that all those attending have an opportunity to meet old instructors and friends and also have an opportunity to meet the many new faculty members. Special entertainment will be presented during the supper and will fill the time until 8:00 when the Homecoming Dance will take place.

This dance, which will be the first to be held in the Ritchie Coliseum, will be featured with specialty numbers, novelty entertainment and will be presided over by Dan Gregory and his orchestra.

Prices have been reduced for the pigskin clash; reserved seats will sell for \$1.10. The committee in charge has arranged that the entire cost for the day will not exceed \$5.20 per couple for returning alumni. Department heads and faculty mem-

bers will hold "open house" in their various offices, to greet returning grads, and the new Arts and Science Building will remain open during the afternoon and evening for inspection. G. Findlay Pollock, alumni secretary, is in charge of arrangements and is preparing for the largest crowd in the history of the University, for a

homecoming celebration. In addition to the Alumni Association's' program, fraternities and sororities of the campus are planning their own reunions for returning alumni, buffet suppers, house dances, and old grad meetings will be held on both Friday and Saturday nights, and houses will be suitably decorated for

the gala occasion. Geary Eppley, newly named athletic director, has requested that the best seats in Byrd Stadium be reserved

for the alumni. The game with V. M. I. promises to be close and hard fought, and because of its traditional background will be packed with color. While the Terrapins are favored to win, on paper, the Keydets are always a formidable foe when facing the Old Liners. Bill Guckeyson, Elaryland's All-America candidate, who was injured slightly in the Florida clash, is expected to be in condition to play again for this game. Last year the Terps defeated the Virginia team by the close score of 6-0. In the interim both teams have

sure thriller.

improved so the 1936 clash looms as a

Leather clips closed the pockets and leather chain fastened the collar of a black sealskin coat in the Schiaparelli soning, will stuff tomatoes or peppers. | collection. A seal purse went along, The following is a good recipe to keep and the black felt turban had a miniature seal at the top. A seal-trimmed suit introduced seal mittens with lea-

# For Breakfast

To make Dixie Pancakes, combine minced onion, cooked in three table- cup warm boiled rice, 1 cup milk, 1-2 spoonfuls of oil, add one and one-half teaspoon salt, 2 tablespoons melted butcupfuls of bread crumbs and one-fourth ter, and 2 egg yolks. Stir in 1-2 cup of a cupful of minced chicken. Season sifted flour and 2 teaspoons baking powwith salt and pepper and add one-half der. Fold in 2 stiffly beaten egg whites.

# Icing Suggestions

For easy frosting of cup cakes, stick a fork or skewer in botton of each one and dip cakes into the frosting, then drain. To give a glossy surface to unooked icing, dip knife or spatula frequently in hot water when spreading.

#### FINISHING Stained Surfaces

College Park, Md.—The University Stained surfaces are usually finished of Maryland will be turned over to an with varnish or shellac. Two or more expected attendance of more than coats are used, the number depending 5,000 graduates and their friends when upon the wear to which the surface will



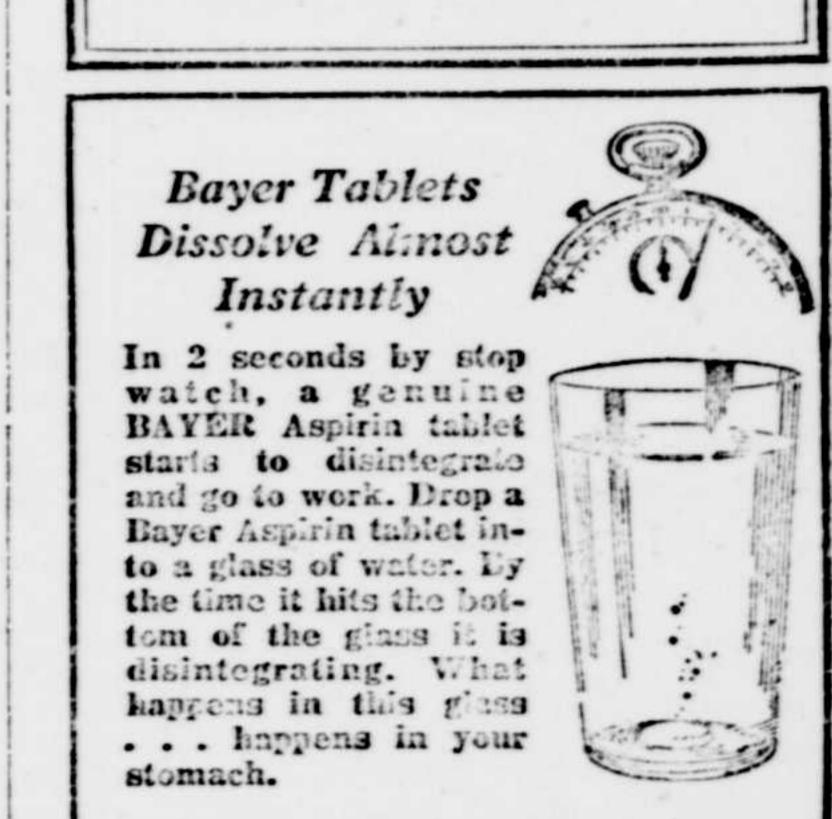
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water, will usually case even severe

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