Breakfast More Important Than Realize

Gives Propper Start For Day. Several Hints, Recipes Offered

All too often we dismiss breakfast in a very offhand way as being the least important of the usual three meals a day. But from childhood, up to the person who works for his living, it's far more important than most of us realize. After all, beginning the day with the right kind of food is just as important as the rest of the day's task, no matter what the job may be. And for children who haven't reached the age of those worries yet, I don't need to impress upon you the importance of their fare.

But no matter what breakfast it is you are preparing, except, of course, for the very young who have only reached the stage of fruit juices, milk and cereals, eggs are the usual favorite. (The egg recipes I'm giving don't necessarily have to be confined to breakfasts -I think you'll find them equally good as luncheon dishes, too.)

Before going into the recipes, though just a word to the business girl who prepares her own breakfast and for that reason is inclined to "skip it" all too often. Fruit juice, fruit, toast, butter, preserves and milk will be ample and won't take more than ten minutes to satisfying and will help her start the

give him a change and help you to get Miss Eva Merrick motored to Denton rid of drib-drabs that are apt to be left and attended a surprise "House Week's vacation at Miami, Fla., have Ruth and Gertrude, of Delmr, Del., were Easton, in order to be near Mr. Coleman Friday with Mrs. Frank Nickerson, who have been enjoying a two week's vacation at Miami, Fla., have Ruth and Gertrude, of Delmr, Del., were Easton, in order to be near Mr. Coleman Friday with Mrs. Frank Nickerson, who explain the special Rule of the second of Mrs. L. P. Corkran and week's vacation at Miami, Fla., have Ruth and Gertrude, of Delmr, Del., were Easton, in order to be near Mr. Coleman Friday with Mrs. Frank Nickerson, who explain the special Rule of the second of t and often you'll have left over dinner dishes which will work out fine, such as corned beef hash, creamed fish, po-

tato cakes, etc. or cup.

Baked Or Shirred Eggs

custard cups or casseroles and bake in Jackson and will spend the two months evening. moderate oven, 325° F., 15 minutes or in Jamaica. Previous to their vacation Mr. and Mrs. Harry Truitt, of Wiluntil set. Seasonings and grated cheese Mr. and Mrs. Jackson had spent three mington, spent Sunday with Mr. or a tablespoon of cream may be added years in Puerto Rico. to eggs. A round of buttered toast, Mr. and Mrs. Joseph M. George left Truitt, near town. boiled ham or cooked sausage cake,etc., Monday morning by motor for Califor- Mrs. J. Nevitt Booker delightfully

Bread Crumb Omelet

½ cup soft bread crumbs ½ cup of hot milk 2 eggs

Salt and pepper

1 tablespoon butter Pour milk over bread crumbs, add to day School Monday evening. This was more happy birthdays. well beaten egg yolk, season with salt thei rmonthly business meeting. . and pepper, and beat with rotary beat- Mr. and Mrs. Foster Smith who were end for Kentucky, where he will spend until stiff but not dry, fold into egg yolk mixture. Melt butter in hot skillet, pour in egg mixture, cook slowly until well-browned on bottom. Place in slow Quite a number from here attended.

Told over on to hot platter.

4 or 5 eggs cut in pieces. Season with salt, pepper also spending this winter at Lakeland. mer until most of liquid has evaporated.

Fry eggs in butter and serve on tomato

Miss Mary Chance is spending the first of this week with her sister and and onion mixture.

Sweet Potato Pecan Custard

(Serves 6)

tablespoon butter cup brown sugar

Pinch of salt

2 eggs

1 cup cooked and mashed sweet potatoes

½ cup pecan nut meats (broken) Cream the butter, add the sugar, and continue creaming until they are thoroughly blended. Then blend in the eggs and add the salt and mashed potatoes, beating well. Add the milk gradually. Pour mixture in buttered custard cups and cover entire tops with broken pecans. Bake in moderte oven (350°) 35-45 minutes. Serve hot with

"ASK THE MAN WHO HAS DEALT WITH US"

Harry Rudnick's

LIVE STOCK

SALES

TUESDAY AT CECILTON

THURSDAY AT GALENA I want to thank the farmers and dealers on the Eastern Shore

for their patronage during 1937. With your same cooperation and patronage, we can make 1938 even better than 1937. A good livestock market is an asset to the community; therefore, I have tried to make my markets the best. With you behind me, I can make these markets even bigger and better.

Let's make 1938 the best year for livestock markets and increase our prosperity.

HARRY RUDNICK

JUNE IN JANUARY



June Travis gives the high sign to a pal before taking a dip in the sunlit mington; Mr. Frank Scott, of Yeadon, service at Bethany Church next Sunday Mrs.. William Biddle. pool of El Mirador at Palm Springs, California! The Chicago Cinderella will Pa.; spent the week-end with their will be Sabbath School at 1:30 p. m. fol-

SUDLERSVILLE

guest Miss Nettie Hanson, of Philadel- first stop in California will be at San Del and attended a surprise "House Warm- The Ladies' Society of Calvary M. E. W. Moore and family.

Mr. and Mrs. David Jackson and by Mrs. Dell Foxx and Mrs. T. J. Walwyn; Mr. and Mrs. Noble Lipp, of CarHill were Sunday dinner guests of their
Mr. and Mrs. Porter visited relatives
you'll get the genuine product and the An egg dish the children will love, joying there vacation visiting with Mrs. The Fire Company was called out on Sharp & Doane, of New York has been Mrs. Noah Skinner. sent for the next two months. Mrs. The young folk of Calvary Epworth

Yarnall and daughter, Miss Margaret League enjoyed a party which was held

ama Canal."

oven until top is dry. Fold over on to The sportsmen of the neighborhood and some of their friends enjoyed a "Blankahoof" of the Swedish-American Fried Eggs With Onions And Tomatoes coon and duck supper at Atkinson's Inn line passed through the Chesapeake and

present seemed to enjoy this get-to-Mrs. Emma Beck left last Thursday If canned tomatoes are used, pour off for Lakeland, Fla., where she will spend some juice and add the pulp to onions.

The winter with her brother-in-law and sister, Mr., and Mrs. Wilson. Mrs. Har-

prother-in-law, Mr. and Mrs. I. M. Red- Scott. den. She will go to Philadelphia on Mrs. Melvin A. Chance and her sister, Mr. and Mrs. Milton Hunter and Thursday from where on Saturday she Mrs. Melvin A. Chance and her sister, mr. and Mrs. Million Funday spent Sunday at his farm here.

For the man who wants cereals every lin. On Thursday evening Mrs. Joslin mington, who have been enjoying a two day, try combining several kinds—it will in company with Mrs. L. P. Corkran and week's vacation at Miami Fla have vacation at

ing" party which their Denton friends Church was entertained last Wednesday Miss Delores Stieff is visiting with her Mrs. Ella Leager was a dinner guest had arranged for Mr. and Mrs. Nuttle. evening by Mrs. Charles W. Anderson, aunt and family, Mr. and Mrs. Medford Sunday of Mrs. Casper Seney. Mr. and Mrs. Nuttle have just recently Mrs. Joseph M. George and Mrs. Alan Turner, of Trinity, N. C.

and one that's easy to fix, is a soft-cook- Jackson's mother, Mrs. Yarnail, of Phila- Sunday about noon to extinguish ed egg taken out of the shell and mixed delphia, will sail this week for Jamaica, chimney fire on the Sam Massey farm with cubes of toast in a small glass where Mr. Jackson, who works for below Barclay, the home of Mr. and

Break eggs into buttered ramekins, Yarnall will also sail with Mr. and Mrs. in the Community Room last Friday

Truitt's parents, Mr. and Mrs. Spencer

may be placed in bottom of ramekin. nia. After many stops on the way and entertained quite a large number of a stay there, Mr. and Mrs. George will friends on Tuesday evenig of last week return home by the way of "The Pan- at a surprise birthday party in honor of her husband, J. Nevtit Booker. Mr. Mr. Frederick Coursey of Church Hill, Booker receveid many useful gifts, spent Sunday with Mr. Ralph Booker. and games were played. Refreshments Mrs. William A. Barwick entertained were served later. The friends departed members of the Board of Calvary Sun- at a late hour wishing Mr. Booker many

er until smooth. Beat salted egg whites recently married and will live on a farm the next two or three weeks in different

Chesapeake City—The 336-foot long large mild onions, sliced thin
2 tablespoons butter
No. 2 can tomatoes or 4 or 5 fresh to
last Saturday night. There were fortytwo at the supper. After the meal they
enjoyed an evening of cards. Everyone
present seemed to enjoy this cent toin its 108 years of existence.

> Dr. Harry W. Fallowfield, Jr. DENTIST

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QUEEN ANNE

MARYLAND

The Queen Anne's County Social Register

PRICE

for Friday evening but unavoidable cir- them after spending the week with her Hartley and Saggy Bayne. cumstances having arisen, the date was son and family.

with Mrs. Calvin Butler in Centreville Mr. and Mrs. J. L. Moore and Mr. Also Mrs. Charles Nickerson. this afternoon (Thursday). A full at- and Mrs. W. E. Plummer, spent Sunday tendance is requested as election of new with relatives at Rock Hall.

Mr. and Mrs. Frank W. Brower enter- and Mrs. J. M. Price. were Rev. and Mrs. Walter C. Eastburn, day guests of Mr. a.nd Mrs. Casper T. their father, who has been quite sick. An interesting article revealing odd of Church Hill; Mr. and Mrs. Cookman Seney. Orrell, Mr. and Mrs. Edward Barton, of Rev. Beckwith preached Sunday eve-spent last Sunday with his parents, Mr. ling the past year. One of many absorb-Mrs. Miller, of Indiana.

Saturday guests of Mr. and Mrs. John who is a patient at Emergency Hospital, is quite sick at her home at Clayton, don't be discouraged, try Creom

changed. Public invited. Ladies bring Mr. Harry Coleman entered Easton end at his home here. Hospital Saturday where he will underMiss Edith Harrison, we are sorry beaten egg, while beating constantly.

Chestertown, were Sunday guests of Mr. months. tained a few friends at dinner and Mr. and Mrs. Olin Stafford and Mrs. Park, and Mr. Norman Coleman, of bridge Saturday evening. Those present Elwood Walls, of Sudlersville, were Sun- Smyrna, Del., visited on Sunday with

Centreville, and Mr. Barton's sister, ning from Mal. 3-17: "And they shall be and Mrs. Dawson Walls. mine, saith the Lord of hosts, in that, Mrs. Addie Biddle, of Chestertown Mr. and Mrs. Emil A. Butz, of Wil-day, when I make up my jewels." The spent several days during the week with mother, Mrs. Sarah F. Scott. Mr. and lowed by preaching at 2:30 Epworth
Mrs. Calvin Btuler and family, of Cen- League at 7:30 p. m. Topic: "What day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and family at the day with her parents Rev. and Mrs. D. Calvin Btuler and day with her parents Rev. and Mrs. D. Calvin Btuler and day with her parents Rev. and Mrs. D. Calvin Btuler and day with her parents Rev. and Mrs. D. Calvin Btuler and day with her parents Rev. and Mrs. D. Calvin Btuler and day with her parents Rev. and Mrs. D. Calvin Btuler and day with her parents Rev. and day with her parents Rev. and day with her parents Rev. and day w treville, were also Sunday guests of Mrs. Jesus may mean to the world." Miss

will go by train to California where she spent Tuesday with Mrs. Cole's daugh- with Mrs. Katie Stafford of Templeville. Mr. Herman Coleman, Miss Edna, Mrs. Harry Nuttle, of Denton, and will spend the winter. Miss Chance's ter, Mrs. William Hammond, of Felton, Miss Rachel Seney was a guest Wed- and Mrs. Monteith and little daughter by Janet Spent Wednesday with their

moved from Andersontown into Denton. S. Walls. The program was arranged Mr. and Mrs. Norman Coffin, of Bertreville, and Mrs. Reba Harris of Church parents at Kent Island during the week. in it. Ask for it plainly, see that the name on the bottle is Creomulsion, and ney's Point, N. J., were week-end guests parents, Mr. and Mrs. J. S. Chnce. on Sunday.

CRUMPTON

The Ladies' Aid Society held their an- 2 tablespoons white corn syrup nual New Year's meeting at the parson- % cup water age. Refreshments were served and a ½ cup raisins (chopped) social was enjoyed.

Mr. and Mrs. Howard Ryland and ½ cup nut meats (broken) at the home of Mr. and Mrs. Harry Mr. and Mrs. George Ryland, of Centre- 4 tablespoons orange juice Coleman. Mr. and Mrs. Joel Fallowfield ville visited Mr. and Mrs. Davis Ryland 1 egg white (beaten) are also spending some time with the on Sunday.

The members of the Epworth League Mr. and Mrs. Nelson Lockwood and phia was attended Saturday by a num- to the firm ball stage or to 250° F. if a are holding a Box Social on Thursday children, Betty and Lenford, spent Sun- ber of our citizens. They were: Mr. and candy thermometer is used. Meanwhile, evening, (tonight,) at the Price school day with relatives at Magnolia, Del. Mrs.. Poe Hartley and daughter Lucille, combine the raisins, dates, and nut house. The social was formerly planned Mrs. J. L. Lockwood returned home with Miss Evelyn Jewell, Sonny Jim Gale, meats and moisten with the orange

Mr. Thomas Bourne spent the week-

Mrs. Spencer Merrick left Sunday for of heavy oiled paper. Spread the date

Mr. Wright Coleman, of Richardson Slice as desired.

day with her parents, Rev. and Mrs. D.

nesday of Mr. and Mrs. W. W. Story at Janet, spent Wednesday with their Mrs. Nuttle's mother, Mrs. Charles JosMr. and Mrs. Albert Ripka, of WilIn On Thursday evening Mrs. Joslin mington who have been enjoying a twoand Mrs. Vincent Taylor, of Parksley, Mrs. Harry Coleman is spending this

Mrs. Davis Ryland, Miss Ethel Ryland mucous membranes and to loosen ay

Miss Ada Stutz, of Wilmington, spent

Divinity Roll

(Makes 2 dozen large pieces) 1¼ cups sugar

1 cup dates (chopped)

Place sugar, syrup, and water in . The Mummer's Parade at Philadel- saucepan over flame and boil together juice, blending well. Also beat the egg white unitl it stands in peaks. Then The Ladies' Aid of Price will meet go an abdominal operation this week. sorry to report being on the sick list. Continue beating until the mixture is thick, and then spread out on a sheet officers for the year will be a feature Mr. and Mrs Kent Price and son, of a stay in Baltimore for the winter mixture smoothly over this divinity blanket and then roll up like a jelly roll.

QUEER ACCIDENTS OF 1937

Mr. Wesley Walls ,of Pennsylvania, twists of fate throughout the world during features in The American Weekly, the big magazizne distributed regularly with the Baltimore Sunday American. On sale at all newsstands.

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JELLO

Can 17C

Mayfair Club MACARONI All Flavors

2 Phys. 9C rue. 5C Alamo TUNA FISH

Green Giant PEAS 2 cans 33c

Astor Rice Purex Vanilla Half 10c LeGRANDE

Cream Corn Starch, lb. 10c

FLOUR 12-Lb. 49C DeLUXE FLOUR

12-Lb. 39C

N. B. C. RITZ Lb. 22c N. B. C. Neapolitan Creams

ы. 20c

Broad-Corned Beef Hash, can 18c Broad-Spaghetti & Meat, 2 cans 29c Anglo Corned Beef, can 19c Majestic Sour Pickles, jar 15c

2 cm 19c The Very Best Grade

Tissogood Peas

2 cans 19c

here is None Better At The Pr

LeGrande Tomatoes

Win Coffee

ы. 19с

DeLuxe Coffee

ы. 21c

Mokay Coffee

ы. 25c

Bish Cut Beet . . 2 cans 19c

LeGrande String Beans, 2 cans 19c

Scott Canned Pumpkin, can 10c

LeGrande Sauer Kraut . . can 10c

Tisogood PANCAKE 2 mm 17c

Musselman's

PIE CHERRIES

2 am 31c

King SYRUP an 17c

All Gold GRAPEFRUIT

MRS. FILBERT'S MARGARINE ь. 19c

WALTER BAKER'S COCOA Can 8C

Large Mackeral Fancy Shrimp Full 12C a 17c Hurff's Asparagus Oval Sardines

Seminole Tessue 4 non 190

Musselman's Apple Butter 2 Large 25c BETTER THAN GOLD FANCY SHOE PEG CORN

2 Cans 25c Tissogood Crushed Corn

All Gold PINEAPPLE JUICE All Gold Whole PEELED APRICOTE 2 Med 29c can 23c PEA BEANS LIMA BEANS ы. 5C Lb. 10C Thrivo Pood 3 cans 25c

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