NATURE'S SIGNALS.

The first indication of kidney disorder is often backache. Then comes pain in the hips and sides, lameness, soreness and urinary troubles. These are the warnings — nature's signals for help. Doan's Kidney Pills should be used at the first sign.

A. Treitlein, 84 Rosett St., New Haven, Conn., says: "I was propped up in a chair for 23 weeks. So intense was the pain when I moved that I thought I would pass away. The kidney action was irregular and the secretions scalded. Three doctors gave me no relief. Doan's Kidney Pills cured me, and for ten years the cure has been permanent."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The secret of life is not to do what one likes, but to try to like that which one has to do; and one does like it—in time.—D. M. Craik.

TO DRIVE OUT MALARIA AND BUILD UP THE SYSTEM

Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle showing it is simply Quinine and Iron in a tasteless form. The Quinine drives out the malaria and the Iron builds up the system. Sold by all dealers for 30 years. Price 50 cents.

Man will have what he desires, and will find what is really best for him, exactly as he honestly seeks it.—Froude.

For HEADACHE—Hicks' CAPUDINE

Whether from Colds, Heat, Stomach or Nervous Troubles, Capudine will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c., 25c., and 50 cents at drug stores.

Good intentions are always hot stuff; that is why they are used for paving material in a certain locality.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take. Do not gripe.

THE DOCTOR'S IDEA.

Invalid—Doctor, I must positively insist upon knowing the worst.

Dr. Wise—Well, I guess my bill will be about $85.

Advice.

"Doctor," called little Bingle, over his telephone, "my wife has lost her voice. What the dickens shall I do?"

"Why," said the doctor, gravely, "if I were you I'd remember the fact when Thanksgiving day comes around, and act accordingly."

Whereupon the doctor chuckled as he charged little Bingle $2 for professional services.—Harper's Weekly.

And They Wondered!

Judge Nicholas Longworth, who used to sit on Ohio's supreme bench, looked unnaturally grave, and a neighbor, in recognition of his facial depression, named a pet owl "Judge Longworth." It was the very next day that an excited maid broke up his wife's garden party. "Oh, madam," said she. "Madam! Judge Longworth has laid an egg."

The Summer Girl.

"How'd you like to be engaged to a millionaire?"

"I was engaged to one all last summer, and he seldom spent a dime. I want to be engaged to a young man who is down here for two weeks with about $300 in his roll."

Convenient For Any Meal

Post Toasties

Are always ready to serve right from the box with the addition of cream or milk.

Especially pleasing with berries or fresh fruit.

Delicious, wholesome, economical food which saves a lot of cooking in hot weather.

"The Memory Lingers"

POSTUM CEREAL CO., Ltd. Battle Creek, Mich.

LIGHTS ON THE SUEZ CANAL

Every Vessel Passing Through the Big Ditch Must Carry a Number of the Search Variety.

Every war vessel carries from one to twenty searchlights, and every vessel of any description whatever passing through the Suez canal has to carry one of special pattern. A searchlight consists essentially of an arc lamp of special form, a parabolic mirror and a base to hold the lot, the case being mounted so as to be capable of movement in two directions, viz., vertically and horizontally. The hood, as this case is called, is made of sheet steel about 3-32 inch thick. The turntable trunnions, etc., are cast in gunmetal, the arms which support the hood are of cast steel. The lamp box is formed as part of the hood. The mirror is carried on springs in the back cover, and at the front of the hood is a "front glass" mounted in a gunmetal ring, and the dispersion lens, when carried, is hinged on in front of this. Training is carried out by means of a worm and wormwheel, or by a rack and pinion. Slewing is effected by means of a pinion which gears into a crown wheel on the underside of the turntable, or else it is done directly by hand. The Suez canal regulations require that the projector shall be capable of giving the light required under two different conditions—in the first case a broad, flat beam of light illuminating both banks and the canal uninterruptedly, this being used when no other ship is approaching; in the other case they require a beam having the same angle of divergence and consequently the same width as the first, but divided into two portions, with a dark interval between, thus giving light at both sides but not directly in front and so not interfering with navigation of the approaching vessel.

AN EDUCATED COOK NEEDED

Kitchen Experiments Are Often at the Expense of the Physical Well-Being of the Household.

Social standing depends partly upon the nature of the individual's calling with regard to the preparation necessary to the exercise of his function. The civil engineer is presumed to be a more agreeable companion for cultured persons than the stable boy, because of his education. The lawyer is required to know more than the scavenger. The surgeon is likely to be more widely read than the pugilist. The diplomat is, presumably, better informed than the chimney sweep. The cook, as at present constituted, belongs at the bottom rung of the social ladder, because her calling has no educational requirements. The individual may read Browning, Hogarth, Schopenhauer and Shakespeare, or interpret Wagner and Strauss. But the class is not required to know the difference between the meanings of "physiology" and "phlebotomy." The cook is not expected to know anything more about the ingredients that should enter into the composition of a corn dodger than she can learn in the course of often-repeated experiments and at the expense of the physical well being of the household. She neither knows nor cares what the effect of certain foods may be, and the employer shares her ignorance. It is said to be a fact that more persons die before their time from the results of eating than from drinking.—Louisville Courier-Journal.

A Nice Distinction.

He was hurrying for the train, somewhat impeded by a clumsy crate containing a large, live turkey. As he approached the gate the guard stopped him with a gesture.

"You can't take that through here," he said. "That'll have to be checked or go by express."

"But I can't stop," declared the passenger. "I've got to get this train," and he tried to push through again.

The guard held him back. "That is baggage," he said, firmly, "and it must go in the baggage car."

"Oh, no," replied the other, with a charming and confident smile, "it's luggage. Don't you see I'm lugging it?" and he had slipped by before the astonished guard had caught his breath.—Youth's Companion.

Millionths of a Second.

In experiments with high-power explosives used in guns, British scientists have employed chronoscopes which registered the velocity of the projectile at ten successive points before it left the bore.

It is possible with this apparatus to register time to the millionth of a second.

In the older experiments, where the velocity did not exceed 1,500 or 1,600 feet a second, the projectile recorded its time by knocking down a series of steel triggers projecting into the bore, but with velocities of 2,500 feet and more a second the trigger, instead of dropping frequently plowed a groove in the projectile and another device was necessary.

Dreadful.

An old Scotch peasant woman had learned that her minister had just been made a doctor of divinity, and so she went to him and asked him to cure her of rheumatism. "I'm not that kind of a doctor, Nanny," said he, and gave her a shilling. Further down the street the old woman was heard to complaint that "it's an awfu' thing this makin' doctors o' bodies that ken nething at a' aboot bottuls or blesters, pooders or pells."

COUNTRY BOYS, THINK TWICE

Should Ask Themselves What Is Really to Be Gained by Plunging into City Life.

Before making a plunge into city life, country boys should ask themselves what is really to be gained by it. Perhaps in their quiet, rural home some stray advertisement has reached them, promising to young men high salaries for light work.

Hundreds of advertisements are framed for the special purpose of deceiving the unwary. They accomplish their purpose, however, and a large number of young men rush up to the city, dazzled by the confusion of promises.

A boy from the farm answers one of these ads. Life may have been slow at home, but there was always good food and in plenty, and there was some one to care for him in the old farm house.

When he gets to the big city he finds that the "light work" consists in working all day in a badly lighted and ill-smelling workshop, where scores of other men and boys are employed at wages hardly high enough to keep body and soul together.

We all know what comes next. The boy has left home and is ashamed and unwilling to return and he must take the consequences and may find himself in some cold garret, lonely, overworked, despondent and miserable.

Better remain at home than risk the failures which attend so many young men who go to the city in pursuit of high pay for light work.—Jno. Barrett.

HIS WIFE'S MITT SCHEME

Had Reason to Thank the God of Silence and Glory in His Self-Repression.

The man who sometimes deludes himself for about five minutes at a time into the belief that he knows as much as his wife does felt somewhat ashamed when he saw the other women in the car who wore nice white gloves look quizzically at his wife's white gloves, which were covered with an extra glove that looked like a cheesecloth baseball mitt. Several times he was on the point of alluding to those mitts and asking her if it wouldn't be just as well to take them off, but he didn't, and after they got to the reception he thanked the little god of silence, because while all the other women who had clung to straps and door jambs had soiled gloves by that time his wife simply peeled off her cheesecloth mitts and displayed immaculate gloves which evoked enough glances of envy to make up for the ridicule of the trip downtown.

"What geese those other women are not to protect their gloves the way I do when riding in a car," said his wife sweetly, and the man, glorying in his former self-repression, said: "Ain't they?"

The Bower-Bird.

One of the most remarkable creatures known to natural history is the bower-bird, which builds a miniature cabin made of small sticks and surrounds it with a perfectly-kept ring or circus, composed of twigs and moss, studded with brilliantly-colored flowers, fruits and insects. As the curious ornaments become faded they are constantly replaced by fresh ones, so that scientists are inclined to credit the bird with the possession of the artistic sense. In these decorated playgrounds the males meet and play their court to the female, the bower being used purely for purposes of recreation and not as a nestling-place. These birds are chiefly found in the Owen Stanley Range of British New Guinea.

Dust in the Eye.

If dust or other foreign substance blows into the eye do not rub the eye nor endeavor to remove the irritating intruder for a moment or so. Close the eye, holding the lids together with the fingers until the tear duct begins to work, then open the eye and, unless the dust has caught fast to the ball, it will be washed out by the tears. Those who ride often in open cars or through dusty streets should wash their eyes before retiring with a solution of salt and water or boracic acid and water, a teaspoon of either the salt or the acid being added to a glassful of water and a bit of absorbent cotton or the fingers used for the applying.

Guns Cheap in Brazil.

Firearms sell at comparatively low prices in Rio de Janeiro and other Brazilian cities, owing to the comparatively low duty and to the fact that many European and American manufacturers are reputed to sell their surplus products in this market at a low margin of profit. Retail prices for all kinds of firearms range from about 35 per cent. to 50 per cent. higher than in the United States, while prices of ordinary household necessities are 200 per cent. to 300 per cent. higher.

Curt Criticism.

"I shall never forget my debut," Sir Charles Wyndham remarked to the writer on one occasion. "We opened at Washington, and I appeared as a character who had to declare, 'I am drunk with love and enthusiasm.' Having uttered the first three words I was seized with stage fright and said no more. This is what I read in a New York paper next morning: 'A Mr. Wyndham represented a young man from South America. He had better go there himself.'"—Tit-Bits.

CONQUERING THE WASTE SAND

European Countries Solving Great Problem by Planting Vast Areas With Trees.

Europe is conquering the waste land problem by planting trees. Every year thousands of acres of land are being reclaimed in this way by the leading countries and put in a condition preparatory to a profitable timber harvest in the years to come.

Not only many previously forested areas which have been cut over have been planted up, but a number of the countries are also devoting their energies to establishing a forest cover on dunes and other waste lands, and, in fact, on all land which is more valuable for producing timber than for other purposes.

France has been one of the foremost European countries in reforestation, especially in the mountains, where planting has been a powerful factor in controlling torrents and regulating stream flow. The state each year buys uncultivated lands, in the mountain regions, and up to January, 1907, it had acquired 503,000 acres in this way. Communes, associations and private individuals are also assisted in reforestation work by grants of money and by supplies of plants and seeds. Altogether 249,000 acres have been planted through this public assistance. Complete exemption from taxation for a long period of years is granted in the case of plantations made on the tops of slopes of mountains. A reduction of three-fourths for all land planted or sown, whatever its situation, is also made.

WILLING TO CALL IT OFF

Lew Dockstrader Tells Story to Illustrate His Theory That We're All Superstitious.

"We're all superstitious," says Lew Dockstrader. "Ever hear the story of the two negroes who got into an argument? One says to the other: 'I'll bet yo' a dollah that I got the nerve to sit on a tombstone in de graveyard while the clock strikes midnight.' The bet was made, but the other man had to go along to see whether or not the conditions were carried out. On the way to the cemetery the second man fell and broke his wooden leg. But he was so anxious to win that dollar that he took the leg off and hobbled along to the cemetery, one hand on the other negro's shoulder. They seated themselves on a prostrate tombstone. 'Do I win that dollah, or do I not?' asked the man who made the proposition, triumphantly. Just then the clock in the church steeple began to strike. From behind a bush near by a sheeted figure advanced upon the negroes. 'Whahfoah are you all distubbin' mah rest?' it asked. The negro that bet he wasn't afraid started for home on the keen jump. The only way out was through a narrow lane, bounded on either side by tall hedges. About half way down the lane the running negro heard a pat-pat-pat just behind him. He could feel the hot breath of his pursuer on the back of his neck. A hand reached out and touched him on the coat, and he just doubled his speed. 'Oh, mah goodness, niggah!' said the voice of the one-legged man, 'git outen mah road and yo' can keep yo' ole dollah!'"

The Wise Tailor.

"The late Goldwin Smith," said a magazine editor, "exuded good advice on all occasions.

"You know how barbers, in their desire to sell tonics and pomades, make coarse and insulting references to their patrons' baldness? Well, a Montreal barber once criticised the condition of Prof. Smith's hair in that way, saying:

"'Hopelessly bad as your scalp looks, sir, my Scalpene-Dandurffia will fix it up.'

"The aged philosopher flushed and retorted:

"'You are very foolish to point out your patrons' physical defects. That saddens and displeases them. It doesn't make them buy. It drives them away, and they will never return. You would be wiser, my poor fellow, to imitate a successful down town tailor. This man says to every patron as he takes his measure—he says it to a fat and lean, short and tall, alike:

"'It's an extraordinary thing—of course you already know it, sir—but you have exactly the same measurements as the Apollo Belvidere.'"

Eye Shows Disease.

According to Dr. W. Anderschon, a Norwegian scientist, all diseases and injuries are registered on the iris, either by color spots or lines, each organ of the body being connected up with the iris and having its representative place there. The right eye is the indicator for the right part of the body and the left eye the indicator for the left half. The new system of diagnosis is said to have been discovered by Professor Peozely of Poland, who, in his boyhood, caught an owl and the bird's right leg was broken. The boy noticed a black stripe in its right eye. He kept the bird and found that when the fracture was well the black line disappeared.

Race Growing Sturdier.

Dr. Sargent of Harvard finds that the present day undergraduate is an inch taller and four or five pounds heavier than the undergraduate of 30 years ago, and he lays it to athletics. We doubt that. Why not lay it to the generally believed fact that their mothers are taller and more healthy than were their grandmothers?

SOMETIMES.

Henderson—When a man marries he keeps his wife in dresses, hats, shoes—in fact, everything she needs. What does a wife keep her husband in?

Henpeck (absently)—Hot water.

LEG A MASS OF HUMOR

"About seven years ago a small abrasion appeared on my right leg just above my ankle. It irritated me so that I began to scratch it, and it began to spread until my leg from my ankle to the knee was one solid scale like a scab. The irritation was always worse at night and would not allow me to sleep, or my wife either, and it was completely undermining our health. I lost fifty pounds in weight and was almost out of my mind with pain and chagrin as no matter where the irritation came, at work, on the street or in the presence of company, I would have to scratch it until I had the blood running down into my shoe. I simply cannot describe my suffering during those seven years. The pain, mortification, loss of sleep, both to myself and wife is simply indescribable on paper and one has to experience it to know what it is.

"I tried all kinds of doctors and remedies but I might as well have thrown my money down a sewer. They would dry up for a little while and fill me with hope only to break out again just as bad if not worse. I had given up hope of ever being cured when I was induced by my wife to give the Cuticura Remedies a trial. After taking the Cuticura Remedies for a little while I began to see a change, and after taking a dozen bottles of Cuticura Resolvent in conjunction with the Cuticura Soap and Cuticura Ointment, the trouble had entirely disappeared and my leg was as fine as the day I was born. Now after a lapse of six months with no signs of a recurrence I feel perfectly safe in extending to you my heartfelt thanks for the good the Cuticura Remedies have done for me. I shall always recommend them to my friends. W. H. White, 312 E. Cabot St., Philadelphia, Pa., Feb. 4 and Apr. 13, 1909."

At the Shore.

Polly—I wonder how Cholly manages to keep that wide-brimmed straw on in a wind like this.

Dolly—Vacuum pressure.—Judge.

For COLDS and GRIP

Hicks' CAPUDINE is the best remedy. relieves the aching and feverishness—cures the Cold and restores normal conditions. It's liquid—effects immediatly. 10c., 25c., and 50c. At drug stores.

The minute a man begins to try to save money his friends call him a tightwad.

Red, Weak, Weary, Watery Eyes. Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c at Your Druggists. Write For Eye Books. Free. Murine Eye Remedy Co., Chicago.

He is a good time-saver that finds out the fittest opportunity for every action.—Thomas Fuller.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Better a nagless wife than a horseless carriage.

One Side Enough.

Senator William Alden Smith tells of an Irish justice of the peace out in Michigan. In a trial the evidence was all in and the plaintiff's attorney had made a long and very eloquent argument, when the lawyer acting for the defense arose.

"What are you doing?" asked the justice, as the lawyer began.

"Going to present our side of the case."

"I don't want to hear both sides argued. It has a tindency to confuse the coort."—Washingtonian.

MUNYON'S WITCH HAZEL SOAP

Makes the skin soft as velvet. Improves any complexion. Best shampoo made. Cures most skin eruptions.

Munyon's Hair Invigorator cures dandruff, stops hair from falling out, makes hair grow.

If you have Dyspepsia, or any liver trouble, use Munyon's Paw-Paw Pills. They cure Biliousness, Constipation and drive all impurities from the blood. — MUNYON'S HOMEOPATHIC HOME REMEDY CO., Philadelphia, Pa.

FREE Send postal for Free Package of Paxtine. Better and more economical than liquid antiseptics FOR ALL TOILET USES.

PAXTINE TOILET ANTISEPTIC

Gives one a sweet breath; clean, white, germ-free teeth—antiseptically clean mouth and throat—purifies the breath after smoking—dispels all disagreeable perspiration and body odors—much appreciated by dainty women. A quick remedy for sore eyes and catarrh.

A little Paxtine powder dissolved in a glass of hot water makes a delightful antiseptic solution, possessing extraordinary cleansing, germicidal and healing power, and absolutely harmless. Try a Sample. 50c. a large box at druggists or by mail.

THE PAXTON TOILET CO., BOSTON, MASS.

DYSPEPSIA

"Having taken your wonderful 'Cascarets' for three months and being entirely cured of stomach catarrh and dyspepsia, I think a word of praise is due to 'Cascarets' for their wonderful composition. I have taken numerous other so-called remedies but without avail, and I find that Cascarets relieve more in a day than all the others I have taken would in a year." James McGune, 108 Mercer St., Jersey City, N. J.

Pleasant, Palatable, Potent. Taste Good. Do Good. Never Sicken, Weaken or Gripe. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C C C. Guaranteed to cure or your money back. 919

THICK, SWOLLEN GLANDS that make a horse Wheeze, Roar, have Thick Wind, or Choke-down, can be removed with

ABSORBINE

or any Bunch or Swelling. No blister, no hair gone, and horse kept at work. $2.00 per bottle. Book 3 E free. ABSORBINE, JR., for mankind, $1 and $2. Reduces Goitre, Tumors Weals, Varicose Veins, Ulcers, Hydrocele, Varicocele. Your druggist can supply and give references. Will tell you more if you write. Send for free book and testimonials. Mfd. only by W. F. YOUNG, P. D. F., 258 Temple St., Springfield, Mass.

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DEFIANCE STARCH—16 ounces to the package—other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

If afflicted with weak eyes, use Thompson's Eye Water

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W. N. U., BALTIMORE, NO. 34—1910.

Woman's Power Over Man

Woman's most glorious endowment is the power to awaken and hold the pure and honest love of a worthy man. When she loses it and still loves on, no one in the wide world can know the heart agony she endures. The woman who suffers from weakness and derangement of her special womanly organism soon loses the power to sway the heart of a man. Her general health suffers and she loses her good looks, her attractiveness, her amiability and her power and prestige as a woman. Dr. R. V. Pierce, of Buffalo, N.Y., with the assistance of his staff of able physicians, has prescribed for and cured many thousands of women. He has devised a successful remedy for woman's ailments. It is known as Dr. Pierce's Favorite Prescription. It is a positive specific for the weaknesses and disorders peculiar to women. It purifies, regulates, strengthens and heals. Medicine dealers sell it. No *honest* dealer will advise you to accept a substitute in order to make a little larger profit.

IT MAKES WEAK WOMEN STRONG, SICK WOMEN WELL.

Dr. Pierce's Pleasant Pellets regulate and strengthen Stomach, Liver and Bowels.

The Rayo Lamp is a high grade lamp, sold at a low price. There are lamps that cost more, but there is no better lamp made at any price. Constructed of solid brass; nickel plated—easily kept clean; an ornament to any room in any house. There is nothing known to the art of lamp-making that can add to the value of the RAYO Lamp as a light-giving device. Every dealer everywhere. If not at yours, write for descriptive circular to the nearest agency of the

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