# AMERICAN SENTINEL.

$1.00 PER ANNUM. WESTMINSTER, MD., SATURDAY, DECEMBER 14, 1895. VOL. 64--NO. 48.


**ADMINISTRATORS' SALE**
OF VALUABLE
## REAL ESTATE.

BY virtue of authority contained in the last will and testament of William Engleman, late of Carroll county, deceased, and an order of the Orphans' Court of Carroll county, dated November 29th, 1895, the undersigned, administrators D. B. N. C. T. A., will offer at Public Sale, on

MONDAY, DECEMBER 23RD, 1895,

at 1 o'clock, P. M., on the premises, situate on the road leading from Linwood to New Windsor, and about half a mile from the former place, the following parcel of land, containing

2 ACRES MORE OR LESS.

The improvements thereon are a substantial two-story Frame Dwelling House, Stable, Orchard, water convenient to house, and other necessary improvements. The above is conveniently located in relation to railroad, schools, churches and post office.



For personal property, see hand bills.

TERMS OF SALE.—One-third of the purchase money to be paid to said administrators D. B. N. C. T. A. on the day of sale, or on the ratification thereof by the said Court, and the residue in two equal payments, the one payable in six months and the other in twelve months from the day of sale, the credit payments to be secured by the bonds or single bills of the purchaser or purchasers, with sufficient security, bearing interest from the day of sale; or all cash, at the option of the purchaser.

MARTHA E. RICHARDSON.
JAMES H. RICHARDSON,
Administrators D. B. N. C. T. A.
MICHAEL E. WALSH, Attorney.
Samuel Crawford, Auctioneer. nov-30-ts

**SHERIFF'S ELECTION NOTICE.**

Pursuant to a warrant issued by His Excellency, Frank Brown, Governor of Maryland, to me directed, notice is hereby given to the Judges of Election and to the Qualified Voters of Carroll county, that an election will be held in the several Election Districts and Precincts of Carroll county, at the usual places of holding elections, on

**Saturday, December 21st, 1895,**

FOR THE PURPOSE OF ELECTING ONE PERSON TO REPRESENT CARROLL COUNTY IN THE SENATE OF MARYLAND, TO FILL THE VACANCY CAUSED BY THE DEATH OF PINKNEY J. BENNETT.

The Polls for said election will be opened at 8 a. m. and close at 6 p. m., when the ballots shall be publicly counted.

The Returning Judges are required and directed to make their returns on the second day (Monday) following the election, to the Clerk of the Circuit Court for Carroll county.

**Notice to Hotel Keepers and All Others Who Deal in Liquors.**

For the information of all persons concerned, the following Act of the Legislature, passed March 24th, 1865, is published:

CHAPTER 191.

AN ACT prohibiting the sale of spirituous or fermented liquors in the several counties of the State on the day of Election.

SECTION 1. Be it enacted by the General Assembly of Maryland, That it shall not be lawful for the keeper of any hotel, tavern, store, drinking establishment, or any other place where liquors are sold, or for any person or persons, directly or indirectly, to sell, barter or give, or dispose of any spirituous or fermented liquors, ale, beer, or intoxicating drinks of any kind, on the day of election hereafter to be held in the several counties of the State.

SEC. 2. And be it enacted, That any person violating the provisions of this Act shall be liable to indictment by the Grand Jury of the county where the offence is committed, and shall, upon conviction before any Judge of any of the Circuit Courts of this State, be fined a sum not less than fifty dollars nor more than one hundred dollars for each and every offence—one-half the fine shall be paid to the informer, the other half to the County Commissioners, for the use of public roads.

**Betting on Elections.**

The attention of all persons is particularly called to the following sections of Article 35, Code of Public General laws.

46. No person shall make any bet or wager on the result of any election to take place in this State.

47. Any person offending against the last preceding section shall be liable to indictment in the Circuit Courts, if the offence be committed in any county, or in the Criminal Court of Baltimore, if the offence be committed in Baltimore; and on conviction, shall be fined not less than fifty nor more than five hundred dollars, to be paid to the State for the use of the School Fund.

48. Every deposit of money in any part of the State as a wager or bet upon elections in this State or elsewhere shall be forfeited and paid over to the County Commissioners of the county where deposited for the use of the county; and if deposited in the city of Baltimore, to the Mayor and City Council.

J. OLIVER MURRAY,
dec 7-te Sheriff of Carroll County.

## Ratification Notice.

In the Orphans' Court of Carroll County.

DECEMBER TERM, 1895.

Estate of Jacob Wilson, deceased.

ON application it is ordered this 3rd day of December, 1895, that the sale of the real estate of Jacob Wilson, late of Carroll county, deceased, made by Mary E. Wilson, Executrix of the last will and testament of said deceased, and this day reported to this Court by the said Executrix, be ratified and confirmed, unless cause be shown to the contrary on or before the 1st Monday, 6th day, of January, next; provided a copy of this order be inserted for three successive weeks in some newspaper printed and published in Carroll county, before the 5th Monday, 30th day of December inst. The report states the amount of sale to be Twenty-eight Hundred and One Dollars. ($2801.00.)

DAVID H. HOFFACKER, }
LEWIS CASH, } Judges.
ALBERT SCHAEFFER, }

True Copy—Test:
GEO. M. PARKE, Register of Wills.
dec-7-3t

NO. 3400 EQUITY.

In the Circuit Court for Carroll County, sitting as a Court of Equity.

EX PARTE.

In the matter of the Trust Estate of George L. Reagle.

James A. C. Bond and Charles T. Reifsnider, Trustees, plaintiffs, vs. George L. Reagle and Florence M. Reagle, his wife, defendants.

Ordered, on the aforegoing Petition, this third day of December, A. D. 1895, that the Circuit Court for Carroll county, sitting as a Court of Equity, take jurisdiction in the trust estate of the said George L. Reagle and that the trustees settle said trust estate, under the supervision and control of the said Court, and it is further ordered that James A. C. Bond and Charles T. Reifsnider, the trustees in the above cause named, give notice to all persons having claims against George L. Reagle, to file said claims properly authenticated, with the Clerk of the Circuit Court for Carroll county, on or before the sixth day of February, A. D. 1896, by causing a copy of this order to be inserted in some newspaper published in Carroll county, once a week for four successive weeks before the third day of January, next.

CHAS. B. ROBERTS.

True Copy—Test:
BENJ. F. CROUSE, CLERK.
dec-7-4t

NO. 3391 EQUITY.

In the Circuit Court for Carroll County, sitting as a Court of Equity.

Mary E. Haines, by her husband, &c., plaintiff, vs. Thomas Wood and others, defendants.

ORDERED, this 3rd day of December, A. D. 1895, that the sales of the leasehold and fee simple property, made and reported in the above entitled cause by Charles T. Reifsnider, trustee, appointed by the decree passed therein, to sell the same, be finally ratified and confirmed, unless cause to the contrary be shown on or before the 6th day of January, next: Provided a copy of this order be inserted in some newspaper published in Carroll county, Md., once a week for three successive weeks previous to the 30th day of December, inst. The report states the amount of sales to be $567.81.

BENJ. F. CROUSE, Clerk.
True Copy—Test:
dec-7-3t BENJ. F. CROUSE, Clerk.

## Public Sale of Cemetery Lots.

The Trustees of St. Benjamin's Lutheran Church, near Westminster, have secured additional ground adjoining the old Cemetery and have had it surveyed and laid off into burial lots, which they will offer at Public Sale, on the grounds, on THURSDAY, DECEMBER 12th, 1895, at 1 o'clock, P. M.

By order of the Trustees,

JEREMIAH SHAEFFER, President.
F. D. SCHAEFFER, Secretary. d-7-11

WEDDING INVITATIONS, Cards, Circulars, &c., printed at this office.


You will make a mistake if you fail to see the many nice things for Wedding and Christmas Presents displayed at

## A. H. WENTZ'S
Jewelry Store,
## Westminster, Md.

Eyes examined free of charge.

feb-4-tf

## CHRISTMAS! CHRISTMAS!

A LETTER RECEIVED AT OAK HALL, NEW WINDSOR, MD.

"DEAR SIRS:—Santa Claus will have his Headquarters at the above place for 30 days for the purpose of distributing gifts to the children, of this and other communities, who may call. He will have a number of gifts for the older ones. NONE BUT GOOD CHILDREN NEED APPLY. For the Children he will have

TOYS, GAMES, BOOKS, SLEDS, HOBBY HORSES, CANDIES, NUTS, &c.
FOR THE OLDER ONES
Plush Sets, Celluloid Goods, China and Glassware, Lamps,

Vases, Silverware, Pictures, Muffs and Mufflers, Gloves, Rugs, Handkerchiefs, Albums, and hundreds of other articles which for want of space we fail to mention.

N. B.—During the stay of Santa at my place I have decided to offer a number of Bargains. 25 to 50 Ladies' Coats to be sold at one-third to one-half their regular value.

Children's from 90 cents up.

About 40 Overcoats to be sold at half price.

25 to 40 suits of Clothes, at one-third to one-half regular price.

Children's Clothing Cheap. Suits and Overcoats $1.00 and up.

Dress Goods, a number of them, half price.

100 pairs of Fine Shoes, reduced from one-third to one-half.

50 pairs Boots to be sold at one-third regular price.

Candies we start at 5 cents, Raisins 6 lbs. for 25 cents.

2000 yards best Calico to be sold at 5 cents.

We have one of the largest stocks of goods in the county to select from.

Will promise you polite attention and good goods at very low prices.

Bring your Children as they will be hungry for a peep at our Christmas Goods.

A Christmas welcome awaits you all.

Respectfully yours,
GEORGE C. ANDERS,
apl-16-95 New Windsor, Md.

THE PLACE TO GET
YOUR CHRISTMAS PRESENTS
IS AT
JOHN T. ANDERS,'
34 West Main St., Westminster.

We have, as usual, a first-class line of
Fur Gloves and Collars,
as fine as you want to look at, also a splendid line of all kinds and at all prices of
Fine Kid, Lined and Unlined,
and at the lowest possible prices. We have Gloves from 25 cents to $8.00.

Our line of
Neckwear
cannot be surpassed outside of the city.

We call special attention to our line of
HATS.
WE SELL THE
Celebrated Marwick Hat,
None better. All new goods, latest styles. No old goods to run off at half price.

We have cut the price in Suits and will make up to order, at almost half price. You would be surprised to see the suit you can get made to order for $15.00 and have it made to fit you, in style and not cost any more than a ready-made suit. Give your mechanics at home work and they will spend their money at home. Home protection is our motto. Spend your money where you live or live where you spend your money.

JOHN T. ANDERS,
oc-25 W. Main St., Westminster, Md.

Feed and Sausage Cutters Repaired.
KNIVES GROUND.
REPAIRING OF
Engines, Boilers,

Steam Pumps, Mill Work,
THRESHING MACHINES
AND
Agricultural Implements

of every description, in the best manner. Shafting and all kinds of Brass and Iron Castings furnished. Bicycles Repaired. BRASING A SPECIALTY. GIVE ME A CALL.

L. A. HALLER, Machinist,
Cor. Green and Liberty Streets,
ap-13-1y Westminster, Md.

NO. 3196 EQUITY.

In the Circuit Court for Carroll County.

Francis A. Nelson, &c., vs. Adelaide M. Nelson, et al.

Ordered, this 4th day of December, A. D. 1895, that the account of the Auditor, filed in this cause, be finally ratified and confirmed, unless cause to the contrary thereof be shown on or before the 23rd day of December, inst.; provided a copy of this order be inserted for two successive weeks before the last named day in some newspaper published in Carroll county.

BENJ. F. CROUSE, Clerk.
True Copy—Test:
dec-7-2t BENJ. F. CROUSE, CLERK.

## Crowd Follows Crowd
TO
## The Model Emporium
OF
## THEO. DERR & SON.

The life and bustle of Christmas tide enlivens every nook and corner of

Our Great Store.

The spirit of the Holiday season is felt in every department. We have made preparations for an immense Holiday business, and thus far it has been beyond our expectations. We suggest that you join the procession and come to us for

Useful and Ornamental Christmas Gifts.

## Our New Stock of Dolls

is well appreciated by every one, which is proven by their generous purchases. Never have your eyes beheld such a magnificient display of

BEAUTIFUL DOLLS.

Every chi'd should have one (or more) and every lady should see them. But this is not all. Every department is doing its share toward furnishing

Desirable Presents
(FOR ALL.)

Dress Goods, Coats, Shoes, Umbrellas, Hosiery, Gloves, Neckwear, Underwear, Blankets, Curtains, Screens, all make useful and acceptable gifts, and we are offering special Holiday values in every department.

Our Handkerchief Department

is a special feature with us at this time. Every kind, every style, every price, Ladies' and Gentlemen's Silk and Linen, Embroidered and Plain Hem Stitched, White and Colored.

Full Line of Silk Mufflers.

Come and see us. That is the only way you can know what we have. We cannot tell you all here.

DERRS'
Model Emporium,
Westminster, Md.

Headquarters for Holiday Goods.
my-12

THE NAME OF THE NEXT
President of the United States
WILL BE ANNOUNCED IN
## THE NEW YORK WEEKLY TRIBUNE
OF NOVEMBER 4TH, 1896.

Public interest will steadily increase, and the disappointment of the men whose votes turned the scale at the last election, with the results under the administration they elected, will make the campaign the most intensely exciting in the history of the country.

THE NEW YORK WEEKLY TRIBUNE,

the leading Republican family newspaper of the United States, will publish all the political news of the day, interesting to every American citizen regardless of party affiliations.

Also general news in attractive form, foreign correspondence covering the news of the world, an agricultural department second to none in the country, market reports which are recognized authority, fascinating short stories, complete in each number, the cream of the humorous papers, foreign and domestic, with their best comic pictures, fashion plates and elaborate descriptions of woman's attire, with a varied and attractive department of household interest. The "New York Weekly Tribune" is an ideal family paper, with a circulation larger than that of any other weekly publication in the country issued from the office of a daily. Large changes are being made in its details, tending to give it greater life and variety, and especially more interest to the women and young people of the household.

A SPECIAL CONTRACT enables us to offer this splendid journal and "The SENTINEL" for

One Year For Only $1.25,
Cash in Advance.

THE REGULAR SUBSCRIPTION PRICE OF THE TWO PAPERS IS $2.00. Subscriptions may begin at any Time.

Address all orders to THE SENTINEL, Westminster, Md.

Write your name and address on a postal card, send it to GEO. W. BEST, Room 2, Tribune Building, New York City, and a sample copy of The New York Weekly Tribune will be mailed to you.



DR. FAHRNEY'S TEETHING SYRUP.
THE BABY'S COMFORT, THE MOTHER'S FRIEND.

Once tried, always used. Will cure Colic in 10 minutes; cures curd or sour stomach, relieves all forms of indigestion, can be given to babies 1 day old. Will prevent Cholera Infantum and keep the baby in good, healthy condition through the period of teething. An over dose does no harm; nothing injurious in it. 25 cts. at druggists.

Made only by DRS. H. FAHRNEY & SON, HAGERSTOWN, MD.
Trial bottle sent free if you mention this paper.

## IRON FENCE!
ALL IRON (POST, RAILS AND PICKETS NOT WIRE.

From 15 cents to 50 cents a foot, according to variety and weight.

Send for circulars, giving full description, or call on the undersigned in person. AGENTS WANTED.

D. F. SHIPLEY,
up-7-1y Westminster, Md.

FRANK K. HERR. SAMUEL K. HERR.
## F. K. HERR & BRO
AT THE OLD STAND,
MAIN STREET, OPP. MONTOUR HOUSE
MANUFACTURERS OF
Coaches, Carriages, Buggies,
Jagger Wagons, Phætons, &c.

Special attention given to repairing. All orders promptly filled and work of ever kind warranted. se-12


## Select Poetry.

### STARTING IN LIFE.

I oft recall that well-remembered day,
Which brightly dawned upon my boyhood's way
When leaving home I crossed the village green
Just as the sun above the hills was seen.

My simple pack, my treasured all, was there,
Laden with tokens of a mother's care,
With gifts affection's loving hand had brought,
Some dear memento that a sister wrought,
Some modest gem the giver prayed might be
Bound to my heart for "Aye remember me."

"God keep thy spirit pure and undefiled,
God's blessing rest upon thy path, my child,"
Was her adieu who evermore would hold,
In her embrace the first son of her fold,
And as I lingered at the open door
For one last kiss, for one fond good-by more,
The little birds their sweetest farewell sang,
The dim old woods with farewell echoes rang,
The speaking rill sent up its farewell sigh,
The drooping willows softly breathed "Good-by."
And brier and fern and dewy-scented flower
Joined in the farewells of that parting hour.

I wandered slowly through the crowded street,
But caught no smile from all I chanced to meet;
A homesick boy on life's uncertain way
To win esteem or go, alas! astray.
The city's din—it seems so strange and new—
Passed like a dream before my wandering view,
And silver lays from fairy harps were sung,
And pleasure wooed me with her flattering tongue.

'Twas then I felt that some restraining power
Seemed to be near me in the trying hour;
When for the right I wished unmoved to stand
I felt the pressure of a helping hand;
When to my lips was brought the cup of bliss,
Upon my lips I felt my mother's kiss;
And strength sufficient for the day was given—
O, still they lure my erring feet to heaven!

—Congregationalist.

## Select Story.

### FETTERED.

In Cheyenne's early days the sheriff was one of the most important personages in the country. In fact, he still holds a conspicuous position in most cities of the vigorous important West.

Several years ago Sheriff Black, of Cheyenne, was much annoyed by the persistence and determination of sundry suitors for the hand of his fair daughter, Miss Helen.

As is always the case in mining districts, the male population far outnumbered the gentle sex, and Miss Helen, who was a handsome brunette, would have been a belle among far severer critics than the youths of Cheyenne.

She had graduated at St. Louis, and besides being a gifted musician was a devout worshipper of nature and fond of outdoor exercise.

Almost any fine evening in summer a passer by might hear her rich mezzo voice accompanying her guitar to some ringing "ballad of the plains."

Unconscious was she of the fact that the melody floated out from the shadows of the cottonwood trees and mingled with the broad, effulgent moonlight, and that many a luckless youth dated a hopeless love from the first evening when he had dropped in to help the sheriff and the old servant in making an audience.

Miss Helen cared little for the admiration of men, but accepted it as a matter of course, having been brought up among them. She enjoyed herself in a fashion of her own, with her books, guitar, sketch book and her spirited horse, Wildfire.

Two of her lovers, however, seemed to gain more favor than the rest. In fact, popular opinion was puzzled as to which would win.

One of them was a tall, athletic young Westerner, who was as bright and invigorating of presence as the air he breathed, and in whose clear blue eyes not a shadow of deceit was visible. Handsome, for sure, but so sturdy and independent that he impressed one as a young giant.

He was an ardent geologist, could analyze a "find" as well as an expert, loved his mountains and worshipped Miss Helen.

But with all his devotion Joe was a discreet young fellow, and held his curley head up in defiance of mankind in general and his rival in particular, and he never left the fair Helen feel too sure of of her conquest.

The aforesaid rival was a wealthy young mine owner from Chicago—all that is conveyed in the term "a polished gentleman." He had laughed heartily when on departing for his new home his Chicago friends had jokingly predicted that he would lose his heart to some Western beauty. But here he was, eager to lay his fate and fortune at the feet of the sheriff's queenly daughter.

One bright, breezy day in September Helen cantered off soon after dinner with some sketching material, ostensibly to make some sketches of the autumn scenery, but really to commune with nature, the only mother she had ever known, and to decide what answer she should give on the morrow to her wealthy lover who that day had asked her to be his wife. She told him that she must read her own heart before she could answer, and he hoped for a favorable reply.

Joe had been offended by one of her hasty speeches a week before. They were talking about Russell, and she had asserted somewhat warmly that she knew of no one whose society she preferred. As soon as the impulsive words were spoken she repented, but Joe rode away with a loook in his eyes that had haunted her ever since.

Somehow Joe's haughty head flung back like a stag at bay, kept booming up before her mental vision, when duty demanded that she be thinking of Russell and his flattering offer.

The hours wore on, and so preoccupied was she that she did not observe the heavy clouds that were rolling black and massive down the mountain side.

Suddenly a large drop splashed in her face, and she looked about her in alarm. A heavy equinoctial storm seemed almost upon her.

Wildfire sprang forward at the touch of the whip, and literally flew in the direction of the house.

The great clouds were rolling over the hills like giant ogres clad in mist. Thunder and sharp, vivid lightning followed, and then the deluge.

Wildfire dashed on until they came to the creek, and then the girl drew back in dismay.

The creek was a foaming torrent, and she could not see the bridge.

Suddenly she heard a man's voice shouting to her, and in a few minutes Joe on his tough little mustang was beside her. He wore a buffalo coat and threw a large cloak of her own about her shoulders. She did not wait to ask how he happened to come for her. She forgot that he was angry and that she had hurt him. She reached out her firm, white hand and caught Joe's extended fingers, and side by side the two horses were urged across the bridge.

They galloped home in silence, and when they reached there and Helen stepped into the friendly shelter of the broad veranda, she noted the fact that Joe led both horses to the stable and put them up.

Half an hour later, Joe, arrayed in Sheriff Black's dressing gown and slippers (articles brought by Miss Helen from the east) was explaining to the rosy, demure young mistress of the house that her father had been suddenly called to the next town, and might not return before early morning. "He asked me to keep a sort of a lookout over the place, and when I rode over to ask you to invite me to take tea and found you gone, I hastened after you.

This speech over an embarrassed silence followed. It was broken by Joe, who looked straight at his hostess and said:

"If I am intruding, Miss Nellie, why give the word and I'll go."

Helen assured him, in a constrained sort of way, that she was glad of company, and went to prepare the little supper herself, for in those days, as now, servants were rare and inefficient in the west.

After supper in an awkward pause of the conversation, Joe took up a little case from the table and began examining its contents—a bright new pair of hand-cuffs.

They were of a new kind just from the East, and Helen began explaining the spring lock, which opened with a skeleton key.

Somehow one of the bands was on Joe's wrist as she slipped the other bright circlet over her firm, white hand, when lo! the lock snapped and they were locked together.

Helen blushed crimson and commenced searching for the key in nervous haste.

But no key was to be found. Suddenly the truth dawned upon her. The key was in her father's pocket, and he was on the other side of Crow creek, which was now a foaming torrent and dangerous to cross in the storm and darkness.

She tried to smile and treat the matter lightly, but it was just the ghost of a smile, and it was a very doleful voice that said: "I am afraid, Mr. Gordon, that we must break the lock. Father has the key."

Joe felt tempted to indulge in a hearty laugh over their queer situation, but a glance at the distressed face across the table sobered his mirth. A greet throb of sorrow came over him. If she loved him she would not care so much.

He gazed at the shining fetter on her wrist so long and so earnestly that Helen lifted her eyes wonderingly, but dropped them again.

What woman ever failed to read the story that she saw in the honest blue depth of her humble young giant's eyes?

Her confusion encouraged Joe, but there was almost a tremor in his voice as he laid his great brown hand over her fettered one and said softly: "Nellie, if you only loved me I would believe it was fate that bound us together. I would take it as an omen that fate would grant me my dearest wish. But Nellie, I dare not hope."

The girl looked up slowly into her lover's eyes, looked steadily, though she still saw the look in them. "Joe," she said, "It is fate."

The cool and cultured Mr. Russell would have marveled had he seen "that queenly girl" sobbing for very joy on Joe Gordon's shoulder, and perhaps he would have marveled still more had he known that at that moment the thought of him and his millions did nor once enter her mind.

When she sheriff returned in the gray of the morning he found an interesting picture.

The lamp still burned in the corner and the fire was still smouldering away. On the board lounge by the fireplace sat Helen and her lover. She had fallen asleep from sheer weariness and Joe sat like a statue lest he might disturb the fair sleeper whose cheek was so near his own.

The old gentleman's face was a study. When the truth dawned upon him he flung himself into the nearest chair and laughed until he awoke the echoes—likewise Miss Helen.

She was at first bewildered by her novel position, but soon remembered the true situation and relapsed into silence, leaving Joe to tell the story.

"And now, sheriff," concluded he, "you may loose these fetters with the understanding that they will soon be replaced by more enduring ones. I must not let my prisoner escape."

Helen's father had always liked young Gordon, and his blessing was forthcoming.

The announcement of the approaching nuptials gave Mr. Russell's conclusive answer, and he settled up his affairs in short order and returned East.

The old Sheriff used to tell with great gusto how Gordon won his preverse daughter and how gracefully she wore her fetters after she was won.

### A Drop of Water.

The water which is now in the ocean and in the river has been many times in the sky. The history of a single drop taken out of a glass of water is really a romantic one. No traveler has ever accomplished such distances in his life. That particle may have reflected the palm trees of coral islands, and has caught the sun ray in the arch that spans a cloud clearing away from the valleys of Cumberland or California. It may have been carried by the Gulf Stream from the shores of Florida and Cuba, to be turned into a crystal of ice beside the precipices of Spitzbergen. It may have hovered over the streets of London, and have formed a part of murky fog, and have glistened on the young grass blade of April in Irish fields. It has been lifted up to heaven and sailed in great wool-pack clouds across the sky, forming part of a cloud mountain echoing with thunder. It has hung in a fleecy veil many miles above the earth at the close of long seasons of still weather. It has descended many times over in showers to refresh the earth, and has sparkled and bubbled in mossy fountains in every country in Europe. And it has returned to its native skies, having accomplished its purpose, to be stored once again with electricity to give it new life-producing qualities and equip it as heaven's messenger to earth once more.—Chas. S. Whiting, in the Museum.

### Meats and Their Relishes.

With roast beef, grated horse-radish.
Roast pork, apple sauce.
Roast veal, tomato or mushroom sauce.
Roast mutton, currant jelly.
Boiled mutton, caper sauce.
Boiled chicken, bread sauce.
Roast lamb, mint sauce.
Roast turkey, cranberry sauce.
Boiled turkey, oyster sauce.
Venison or wild ducks, black currant jelly.
Broiled fresh mackerel, sauce of stewed gooseberries.
Boiled bluefish, white cream sauce.
Broiled shad, boiled rice and salad.
Compote of pigeons, mushroom sauce.
Fresh salmon, green peas, cream sauce.
Roast goose, apple sauce.

"Thank God for tea! What would the world do without tea? How did it exist? I am glad I was not born before tea."

### Typhoid Fever Disseminated Through the Milk Supply.

From Science.

The relation of milk to the spread of infectious diseases has been most strikingly shown in an epidemic of typhoid fever that occurred at Stamford, Conn., during this year, the official report of which has been recently issued by Professor H. E. Smith. The evidence gathered shows beyond all question that the disease was propagated by means of the milk supply, so that the epidemic possesses unusual interest for students in bacteriology and hygiene.

The epidemic broke out in April, and within six weeks 386 cases were reported in a town of about 16,000 inhabitants. Of this number, 65 cases or 16.8 per cent. were five years old or under, while over one-third of the total number were under ten years of age.

The mortality statistics of the State of Connecticut for the last 15 years show that less than 10 per cent. of the total number of deaths from typhoid have been under 10 years of age. In view of this, the large number of cases in early childhood has a peculiar significance in explaining the origin of the epidemic, as the infection of the milk supply would be more apt to manifest itself in infants than in adults. As soon as the milk was suspected, its sale was prohibited, and in fifteen days (about the usual period of incubation of this disease) after this prohibition went into effect the number of new cases dropped from an average of over ten a day to less than two. It was further shown that out of the total number of 386 cases, 352 or 91.2 per cent. lived in families that were supplied with milk from the same dealer. In 14 other cases milk from this same dealer was consumed by parties at a cafe and bakery. In 8 of the remaining cases milk was supplied the parties by the producer from whom the milk peddler obtained his supply. This makes a total of 97.1 per cent. of all cases that received the milk, either directly from the producer or indirectly through the milk dealer who peddled the milk. As the milkman in question only supplied about 9 per cent. of the total amount used in the town, the number of cases that developed on his route is of especial interest.

The evidence of a contaminated milk supply was overwhelming, but how to account for the infection of the milk was not so easy. The milk might have become infected in the hands of either the dealer or the producer. Inasmuch as a few cases of the epidemic developed that were not supplied with milk from the dealer, but were supplied by other parties that had been using some of the milk cans in common with him, the presumption was strongly in favor of the view that the infection occurred while the milk was in the hands of the dealer. It seems that the dealer was in the habit of washing out his cans himself, and while he obtained most of his supply from the producer in question at times he secured an extra supply from other parties. No particular attention was paid to the cans that were used, so that they were often mixed up and returned to different parties after they had been cleaned by the dealer.

No case of typhoid had occurred at the house of either the dealer or the producer, so that direct infection of the milk did not seem probable. An examination of the water supply was then made. At both places shallow wells were found, that of the milk dealer's being only thirteen feet deep with nearly twelve feet of water in it. The well was surrounded on several sides by privies, an extremely foul one being within twenty-five feet of the well. It was the habit of the dealer to first rinse out the milk cans with water from this well, then they were thoroughly cleansed with hot water and soda, and finaly rinsed in cold water again that was taken from this well.

Both the bacteriological and chemical examination of water from the two wells was made.

Neither of the wells was good, and that of the milk dealer was grossly contaminated, having nearly 70,000 germs per cubic centimeter.

Typhoid bacteria were not discovered, but this is not surprising. It is possible that the privy near the well may have been used by some unknown person, as it was close to and easily accessible from a railroad. There is no positive evidence, however, that the water was contaminated except in the history of the epidemic. The evidence, however, is so strong that there can be no valid objection to the conclusion that milk was infected by washing the cans with contaminated water.

Election, Saturday 21st, inst.

### Remedial Foods.

This list of food remedies compiled by the *Housekeeper* is well worth preservation for reference:

Celery is invaluable as a food for those suffering from any form of rheumatism; for diseases of the nerves and nervous dyspepsia.

Lettuce is useful for those suffering from insomnia.

Water cress is a remedy for scurvy.

Peanuts for indigestion; they are especially recommended for corpulent diabetes. Peanuts are made into a wholesome and nutritious soup, are browned and used as coffee, are eaten as a relish, simply baked, or are prepared and served as salted almonds.

Salt to check bleeding of the lungs, and as a nervine and tonic for weak, thin-blooded invalids. Combined with hot water is useful for certain forms of dyspepsia, liver complaint, etc.

Onions are almost the best nervine known. No medicine is so useful in cases of nervous prostration, and there is nothing else that will so quickly relieve and tone up a worn-out system. Onions are useful in all cases of coughs, colds and influenza; in consumption, insomnia, hydrophobia, scurvy, gravel and kindred liver complaints. Eaten every other day, they soon have a cleaning and whitening effect on the complexion.

Spinach is useful to those suffering with gravel.

Asparagus is used to induce perspiration.

Carrots for suffering from asthma.

Turnips for nervous disorders and for scurvy.

Raw beef proves of great benefit to persons suffering from consumption. It is chopped fine, seasoned with salt, and heated by placing it in a dish in hot watar. It assimilates rapidly, and affords the best of nourishment.

Eggs contain a large amount of nutriment in a compact, quickly available form. Eggs, especially the yolks of eggs, are useful in jaundice. Beaten up raw with sugar are used to clear and strengthen the voice. With sugar and lemon juice, the white of egg is used to relieve hoarseness.

Honey is wholesome, strengthening, cleansing, healing and nourishing.

Fresh ripe fruits are excellent for purifying the blood and toning up the system. As specifiec remedies, oranges are aperient. Sour oranges are highely recommended for rheumatism.

Watermelon for epilepsy and for yellow fever.

Cranberries for eryispelas are used externally as well as internally.

Lemons for feverish thirst in sickness, biliousness, low fevers, rheumatism, colds, coughs, liver complaint, etc.

Blackberries as a tonic. Useful in all forms of diarrhœa.

Tomatoes are a powerful aperient for the liver, a sovereign remedy for dyspepsia and for indigestion. Tomatoes are invaluable in all conditions of the system in which the use of calomel is indicated.

Figs are aperient and wholesome. They are said to be valuable as a food for those suffering from cancer. They are used externally as well as internally.

Bananas are useful as a food for those suffering from chronic diarrhœa.

Pieplant is wholesome and aperient; is excellent for rheumatic sufferers and useful for purifying the blood.

### The Lava of Idaho.

Ages ago a vast river of fire poured down the center of the State of Idaho. This river consisted of molten lava, was 400 miles long, 100 miles wide, and from 366 to 900 feet thick. Across the course of this mighty river of fire a river of water has slowly cut a channel in several places. Born in the melting snow of the majestic Tetons, this river has cut its way for hundreds of miles through lava beds, in its course tumbling over numerous precipices until the great climax is reached at Shoshone Falls, where this mighty river makes an awful leap of 210 feet, a magnificent spectacle, in marked contrast to the desolate country on either side.

An English physician reports a case of persistent headache cured by the discontinuing of meat diet, and even now a single meal of butcher's meat will bring on a recurrence of the old trouble. In that case the meat diet caused headache because in that individual the digestive processes were not sufficiently powerful to disintegrate the meat in the natural way, and its elements went into the blood in the form of poisonous properties. These impurities, resulting from imperfect digestion of meat, caused headache. In other cases they may cause billiousness, diarrhœa, skin eruptions or asthma troubles.

Here is something that is worth money to any farmer to know: Sprinkle a litile stone lime in your stock tank, and not a particle of green scum will form in the water. When the lime loses its strength and scum begins to form, which may be twice during the season, wash out the tank and repeat the dose. It is cheap, and not only harmless, but wholesome; keeps the water sweet and saves work.

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