American Sentinel

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THE GREAT OUT DOORS

From the ball grounds come the crack of the bat and the cheering of the bleacher crowd. On the tennis court one hears the soft thud of the little woolly sphere, and on the golf links the sharp click as the iron or wooden headed driver hits the little white gutta percha. Meanwhile on the motor roads one sees the picnic parties eating hard boiled eggs by the roadside, while along the trout brooks the soft treading fisherman is matching his wits against astute old Mr. Trout. The American people are great on out door sport, and they grow more so every year.

Some of our people who used to shiver around their houses on a cool spring day, and tuck in some more fuel to warm their chilly bodies, now get out at the various sports in the open air, and the vigor of their exercise keeps them warm.

Gardening is not quite as popular as it used to be, though everyone approves of it provided someone else does the work. Yet many enthusiasts are tickling the soil, and will see what wonders of transformation Nature can do to those insignificant looking little seeds they have just purchased.

Many people used to say that they were so tired by their daily work, that they had no energy left for such activities. That was before the eight hour day became common. If they pumped a little more oxygen into their lungs, the day's work would not tire them so much.

The housewife of course, with her incalculable number of weary steps, may have an excuse for not becoming an athlete. But even she would wield the broom with more spirit if she had her out door hours. One may hope that the day will come—sometime when tennis courts will be almost as thick as garages, when every neighborhood will have its ball ground and golf links, and when practically everyone will gain the advantages that come from out door sports.

YOUTH'S ADVENTURES

While many of us are complaining about the alleged "wildness" of youth, it is well to realize that much of this so-called wildness is merely the absence of fear, which may be a useful trait, or quite the reverse.

The young people of these times show the phychology of the war period. They were taught during those years, that it is mean and ignoble to think too much of their own personal safety.

That philosophy not merely made young men glad to join the army and even to engage in battle, but it affected their conduct in daily life after they got home. "Take a chance" became a kind of national motto. They were ready to make experiments and go ahead on uncertainties.

This adventurous spirit has given youth a certain power. One reason why the American army was so successful in battle, was the willingness of its men to take a chance. Our daring youth went over the top with a cheer, quite light hearted about the terrible chances that lay ahead of them. It was difficult to beat that spirit. And so when these boys came back, they entered the routine of daily life with little thought of its risks. They were ready to strike out in new ventures, willing to go anywhere if they saw the least chance of accomplishing anything.

An illiterate old timer once remarked, "Them that know nothing fear nothing." Lack of fear is sometimes a sign of failure to appreciate real dangers. There is such a thing as being too cautious and prudent, and there is such a thing as being too venturesome. One trouble with modern youthseems to be, that many of its individuals seem willing to take moral risks, to expose themselves to hazardous social temptations. It never pays to take risks on questions of right and wrong, and to gamble on questions of virtue and honesty.

HOME TOWN THOUGHTS

Goods will not move themselves out of a store automatically, without some force making them move. You need to hitch them up to the power of advertising.

The business men of a community are the most energetic force working for civic progress. When you buy goods away from home, you help weaken that force.

Among the people who kick because prices are too high, are the slow pay folks, who make prices higher by compelling the merchant to borrow money to cover their accounts.

SYMPATHY WITH CRIMINALS

If a police officer in many cities, particularly the greater centers of population, attempts to arrest some criminal or lawbreaker in the public streets, it is frequently noticed that the sympathy of the crowd is with the offender. The policeman is often jeered at, and if he uses the least roughness to overcome the desperate resistance of the lawbreaker, the crowd yells with indignation. One would often feel that the majority of the crowd really hoped to see the criminal get away.

And yet the laws which this fellow has been violating, have been made for the protection of the public. If the laws can be broken with impunity and the lawbreakers get away, our lives will not be safe, our property will be stolen from our homes, our pockets will be picked on the streets, we shall be run over by lawless automobile drivers, and conditions will become just about intolerable.

This attitude of sympathy with crime seems strangely lacking in comprehension of the principles of our government. We have adopted our constitution and our laws, on the theory that to enable people to live together comfortably, they must have some regard for the rights of their neighbors. Sometimes they must give up things that they want to do, in order to promote the welfare of the whole community.

We can not have comfortable conditions for our families, or good business, or pleasant towns to live in, unless crime is detected and punished. And it is pretty difficult to detect and punish crime where the police officers are made to feel that the public sympathizes with the criminals.

Fortunately this sympathy with crime is much more noticeable in big cities where lawless elements gather, than it is in good home towns like Westminster, where the people are intelligent enough to understand that the law was made for the protection of the public.

STICKING TOGETHER

If one were to examine the history of civilization, it would be found that the nations and the tribes and the families that have been most successful have been those that have had the faculty, in common speech, of sticking together. Different groups of people have varied greatly in this respect. In some this tie of loyalty has been very strong. An intense feeling of attachment would bind together the members of such families and countries. If one member of such a community was injured, all felt the injury, and they rallied to defend all their members against such attacks. Nations and tribes and families where that strong feeling of attachment has been felt, were always very powerful.

And then in contrast there were groups of people where this strong feeling of mutual attachment did not exist. They have not fared so well. In many cases such countries and groups would split up into hostile factions, which would destroy the influence and power of such a group so as to be almost negligible.

This principle has its application to every day affairs now, in our own communities, or any city like Westminster. If we stick together, we shall get results, and if we do not, we shall fall behind and miss our aims.

Any town or city can grow and advance, if there is a strong feeling of home town loyalty, of attachment to the community and its business and its enterprises. One of the best manifestations of that spirit is seen where people have a strong tendency to do their buying at home. They feel a loyal attachment to their townsmen who are conducting business there, and they prefer to stand by and support the home town enterprises. A town where that spirit prevails is sure to go ahead.

AMERICAN SYMPATHY

Such a dreadful disaster as the great flood in the Mississippi valley, brings nothing but loss and sorrow in its train, but at least it gives the American people a chance to show they have hearts. It demonstrates they are not wholly sordid dollar chasers, as is sometimes said of us by foreigners.

Our people may seem as if they were wholly absorbed in their pursuit of the golden coins, and the seductions of modern pleasures. Yet whenever calamity sweeps through some spot in the land, leaving behind it grim havoc, the American people will forget their ambitions and their frolics and come to the rescue.

A typical scene in Maryland is the passing around of the hat, literally or figuratively, for the victims of misfortune. If there is a real need, you are likely to hear the chink of the coins as they are freely offered. They are needed now, by the tiger claws of the untamed rivers of the Mississippi valley.

FORGOTTEN VETERANS

Attention was called by Judge Florence E. Allen, of Ohio, well known as the first woman judge to sit on a state supreme court bench, to the neglect by the public of many war veterans. Judge Allen told of men who were cheered when they left for France, but since have had to beg bread on the streets, and she spoke of many former soldiers whose hearts rankle bittterly with the feeling that justice has not been done them.

The war veterans included all types of men. Most of the soldiers returned with the determination to make good and have done so. Many were disappointed to find their jobs gone when they got back, but those with energy and capacity have usually found something else to do, and have not lost by the war experience.

Some who have tried hard to make good, have encountered difficulties, and in some cases it is difficult to tell whether they were responsible for their troubles or not. Sometimes after a man has to look for work for a considerable time, he seems to lose the capacity of working efficiently. If a man's ill success is due to his own fault, then people finally get tired of doing things for him, even if he was a soldier.

The disabled men should receive the most hearty sympathy and tangible help as well. People should make every possible effort to give them work where they are capable of doing it. They do not ask charity, and they do not expect to be put onto work which they are not up to doing. But if there is a chance that they can make good, they should be given the benefit of that chance.

The American people owe a debt to all these soldiers, and the debt to the disabled men is one that can never be paid. It hardly seems as if the people had commonly realized their full obligation to the veterans. They were asked to offer their lives to the country, and the people should always keep their interests in mind, and give them employment whenever possible.

HELP OUR OWN YOUNG PEOPLE

Many of the young people of Westminster are making their first venture in the business world, by taking jobs in our home stores. It is a big day for them, when they stand up behind the counter for the first time, and try to look as if they were real merchants. One can be sure they put a lot of strain and stress into their first effort.

If they make good in this effort, they gain courage and confidence, and it means a big push out into the current of success. We can help them on, by giving them our patronage. Their knowledge of business may not be very extended, but they are right up on their toes to please us. We help our own young people when we buy of these home stores.

FOOD PRICES HIGHER?

Secretary Jardine of the U. S. agriculture department thinks it is inevitable that food prices should rise soon, owing to the great numbers of people who are leaving the farms, which must make food products scarcer. The farm population fell off 649,000 last year.

If the people in any industry are not reasonably rewarded for their effort, many of them will get out of that occupation. Which relieves those who are left from the pressure of undue competition, and they are in a position to obtain a fair price. The people who get out of farming are likely to quit just as it is in a position to make money.

MOTHER'S DAY

Mother's day gives a chance to those whose mothers are living, to express by some demonstration of affection, the feelings that should be in the heart of all filial sons and daughters.

It seems a strange anomaly, that while the mothers pour out their whole lives in devotion to their children, sacrificing constantly for their happiness and welfare, yet frequently there seems to be no very deep affection given in return. But it comes as people grow older, and they save themselves infinite regret if they can give their mothers during their lifetime, that warm affection that their hearts crave.

DISASTERS AND EPIDEMICS

The worst result of floods, earthquakes, fires, etc, is the danger of disease. Modern sanitary equipment is destroyed by these great upsets of nature, and when people are driven from their homes and forced into crowded camps, the barriers that modern science has been able to erect against the spread of disease are at once swept away.

The people who contributed to the last roll-call of the American Red Cross can feel satisfaction now, that their dollars are being applied in an efficient, competent, and scientific way, to fight disease perils in that calamity swept area covered by the raging Mississippi valley flood.



Why be a *Tire nurse?*

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Overdoing?

Hurry, Worry and Overwork Bring Heavy Strain.

MODERN life throws a heavy burden on our bodily machinery. The eliminative organs, especially the kidneys, are apt to become sluggish. Retention of excess uric acid and other poisonous waste often gives rise to a dull, languid feeling and, sometimes, toxic backaches and headaches. That the kidneys are not functioning perfectly is often shown by burning or scanty passage of secretions. More and more people are learning to assist their kidneys by the occasional use of *Doan's Pills*—a stimulant diuretic. *Ask your neighbor!*

DOAN'S PILLS 60c
Stimulant Diuretic to the Kidneys
Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

FOR THOSE WHO HAVE GONE

There is one thing that children who have lost their mothers, can do on Mother's day to express the affection they feel for their memory. And that is by resolving to carry out in their lives the principles that their mothers tried to impress on them.

As people grow older, they realize better that they learned nothing but good from their mothers. They have probably in many respects failed to live up to that high ideal which mothers establish for their children, but it is never too late to change their lives. It will give them happiness in the years to come, if they pay a tribute of loyalty to the memory of the one who has gone, by doing the things she would have them do.

SCHOOL ATHLETICS

If the people of our city want to promote the success of their schools, one important thing to do is to patronize the school athletic events. When you attend a school ball game in the home town, and support the team with your money and your cheers, you help give the school more prestige.

A school with good athletic teams commands more enthusiasm from the pupils, and they feel proud of it, and will respond to appeals to study their lessons thoroughly. But to have good athletic teams, the games must be generously patronized and the townspeople must show enthusiasm. The knockers and crabbers need to retire to the back seat.

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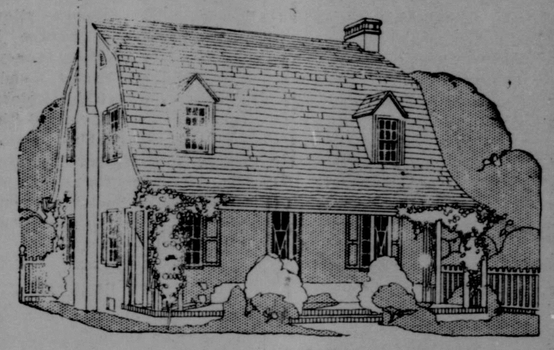
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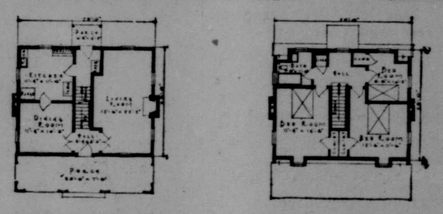
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