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Typhoid Fever

How to Prevent Its Spread

ISSUED BY THE

State Board of Health

OF MARYLAND.

When TYPHOID FEVER appears in a family the source of the infection must be looked for in drinking water or food taken within the preceding twenty days. The patient may not have been infected at home, but if a second case occurs this second infection will in all probability be traceable in some way to the first patient. In a majority of instances the drinking water has become infected. Your first business therefore is to find out the quality of your drinking water.

You can do this by asking the local health officer for instruction about shipping us samples of your drinking water. In about a week we will be able to report on the drinking water, but in the meantime the members of the family must not use the raw water. The daily supply of drinking water must be boiled.

The infectious material of typhoid fever is produced in but one way. It grows always in the bowels and sometimes in the bladder. It therefore escapes from the sick person in the stools and urine. If we kill the germs in the stools and urine as soon as they are passed there can be no spread of typhoid fever. These discharges should therefore be disinfected as soon as possible. You will need a large quantity of a good disinfecting solution.

RECEIPT FOR A GOOD DISINFECTANT.

To four gallons of water add enough salt to make a strong brine. Put this in a five gallon demijohn or jug and add a quart of crude carbolic acid. Shake it up well and you will have a good disinfectant for stools and urine.

The crude carbolic acid known as U. S. P. 90 per cent. is very good and a quart will cost about 50 cents. There is a cheaper grade known as a 30 per cent. acid, which is nearly as effective.

About a pint of this solution should be put in the chamber or bed pan before it is used, so that the discharges will begin to be disinfected as soon as they leave the body. There must always be at least as much of the disinfecting solution as there is of the discharges, so that more of the disinfecting solution may need to be added after the discharges are passed. If the stools are thin and watery their disinfection will be accomplished in half an hour or so, but if the stool are thick or formed very much more time will be required. On that account it is best to have a covered jar or bucket into which the bed pan can be emptied, and to empty this jar only once in 24 hours. If the discharged cannot be finally thrown into a sewer, they should be buried in the soil at a convenient spot where there is no chance of their fouling a water supply. The discharges should never be thrown upon the surface of the ground, for you will hardly be successful in killing all the typhoid bacilli, and you must not place them where those not killed by the acid may be blown about in the dust or carried away by flies to infect other people.

In spite of every precaution those who wait on the sick person will get their hands infected, and it is therefore necessary to wash the hands every time one does any service about the patient's bed or body. Whoever waits on the patient must not prepare food or drink for other persons in the house, or if it is impossible to mind this rule, one must most carefully and thoroughly cleanse the hands before performing any household duty outside the sick room. Good scrubbing with soap, water, and a brush, first then rinsing well in a fresh water will suffice for cleansing the hands.

If any one else in the house falls sick within two weeks after the first patient the probability is that the infection was lodged before the precautions were taken in regard to drinking water and the disposal of discharges. But if the second case occurs more than 20 days after the first case, that will signify that we have made a mistake somewhere in our precautions.

DR. H. G. SIMPERS,
Sec. of Local Board of Health of Kent Co.,
s2 tf. Chestertown, Md.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.

Mothers Are Helped

THEIR HEALTH RESTORED

Happiness of Thousands of Homes Due to Lydia E. Pinkham's Vegetable Compound and Mrs. Pinkham's Advice.

A devoted mother seems to listen to every call of duty excepting the supreme one that tells her to guard her health, and before she realizes it some derangement of the female organs has manifested itself, and nervousness and irritability take the place of happiness and amiability.



Mrs. Ph. Hoffman

Tired, nervous and irritable, the mother is unfit to care for her children, and her condition ruins the child's disposition and reacts upon herself.

The mother should not be blamed, as she no doubt is suffering with backache, headache, bearing-down pains or displacement, making life a burden.

Lydia E. Pinkham's Vegetable Compound is the unfailing cure for this condition. It strengthens the female organs and permanently cures all displacements and irregularities.

Such testimony as the following should convince women of its value:

Dear Mrs. Pinkham:

"I want to tell you how much good Lydia E. Pinkham's Vegetable Compound has done me. I suffered for eight years with ovarian troubles. I was nervous, tired and irritable, and it did not seem as though I could stand it any longer, as I had five children to care for. Lydia E. Pinkham's Vegetable Compound was recommended and it has entirely cured me. I cannot thank you enough for your letter of advice and for what Lydia E. Pinkham's Vegetable Compound has done for me.—Mrs. Ph. Hoffman, 100 Himrod Street, Brooklyn, N. Y."

Mrs. Pinkham advises sick women free. Address, Lynn, Mass.

The Kent Building and Loan Co.,

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Superior to other remedies sold at high prices. Cure guaranteed. Successfully used by over 200,000 Women. Price, 25 Cents, druggists or by mail. Testimonials & booklet free.

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School Shoes



Don't let your Boy or Girl limp to School in an ill-fitting pair of Shoes.

Our RELIABLE SCHOOL SHOES are comfortable, stylish and will outwear the ordinary School Shoes.

Box Calf and Kid Uppers, stout heavy Soles, low and spring Heels, sensible shapes, all widths, Button and Lace.

For Girls

75c, $1.00, $1.25, $1.50 to $2.00 according to size and quality.

For Boys

75c, $1.00, $1.25, $1.50 to $2.00 according to size and quality.

There will be no School Shoe troubles in Your Family if you bring the Children here to be fitted.

W. A. CARROLL, Next Door to the Postoffice

THE MOSLEM BIBLE.

How the Koran, According to Tradition, Was Given to Man.

In Arabic the word "Koran" means "that which ought to be read." The Koran is divided into 144 chapters called suras, a word meaning really "row," "order," "series." In manuscripts these chapters are not numbered, but bear titles, sometimes derived from the subject matter, but usually from the first important work. Some chapters have two or more names because of differences in the manuscripts followed. Each chapter is divided into smaller portions, called verses by non-Moslems, but in Arabic known as "ayat," signs or wonders. The entire book again is divided into sixty equal portions, called "ahzab," each subdivided into four equal parts, or into thirty parts called "ajza," each consisting of two "ahzab," and again divided into four. All the chapters except the ninth begin with the bismillah, "In the name of the most merciful God." Twenty-nine begin with certain letters of the alphabet, which are believed to be the peculiar marks of the Koran and to conceal several profound mysteries, the understanding of which, the more intelligent confess, has not been communicated to any mortal, their prophet only excepted.

According to Moslem tradition, the Archangel Gabriel paid 24,000 visits to earth while revealing to Mohammed the wishes of the Creator. Some few chapters were delivered entire, but the greater part was revealed piecemeal and written down at the prophet's dictation by Zaid, his secretary. The first revelation, it is generally agreed, contained the first five verses of the ninety-sixth sura. After the passages had been written down they were published to the prophet's followers, several of whom took copies, while most learned them by heart, and the originals were then placed in a chest in no particular order. For this reason it is uncertain when many of the passages were revealed.

Abu Bekr, Mohammed's first successor, collected the originals, which were on palm leaves and skins, and had copies made by Zaid from the dictation of those who had committed the passages to memory. He further placed the suras in the order still followed, putting the longest at the head of the list without regard to historical sequence. Some time later Osman had the Koran copied in the Quraish dialect and suppressed the versions made by Abu Bekr.—Chicago News.

POINTED PARAGRAPHS.

Eternal gratitude is eternal slavery.

No man knows enough to entitle him to conceit.

If you wish no man to suspect your secret, don't have one.

When some people work they make so much fuss you are sorry they started.

It is a sign a sick man is getting better when he begins to worry about his doctor bill.

They are about even—if you are a boy, it is the wood box; if you are a girl, it is the dishes.

Every thief admits at the end of his life that he would have prospered better as an honest man.

Of what use are friends? In prosperity a man has no use for them; in adversity they have no use for him.—Atchison Globe.

A Remarkable Wager.

In the Gentleman's Magazine, an old English publication, for 1750 appears the following: "On Wed. 29 (August) at seven in the morning was decided at Newmarket a remarkable wager for 1,000 guineas ($5,000) laid by Theobald Taaf, Esq., against the Earl of March and Lord Eglinton, who were to provide a 4 wheel carriage with a man in it to be drawn by 4 horses 19 miles an hour; it was performed in 53 minutes and 27 seconds." Each of the horses was ridden by a jockey and only harnessed to the carriage by loose straps. Between the hind wheels sat another jockey, who guided the carriage by moving a handle like that of the modern bicycle.

The Dighton "Writing Rock."

At Dighton, Mass., lying well out in the tidewater of Taunton river, is a rock of great antiquarian interest. It is a granite bowlder about eleven feet long and five feet in greatest height and is known throughout New England as the "Dighton writing rock." One side of the bowlder is almost perfectly smooth, as though worn by glacial action. On this flat surface in clear cut outlines are dozens of characters, hieroglyphics and pictures, chiseled by some prehistoric engraver. The archaeologists have never been able to decipher these characters, but they are of undoubted antiquity.

A Hard One.

"My proudest boast," said the lecturer, who expected his statement to be greeted with cheers, "is that I was one of the men behind the guns."

"How many miles behind?" piped a voice in the gallery.—Philadelphia Press.

Proof of Immortality.

"What authority have you for the statement that Shakespeare is immortal?"

"The fact that he still survives after having been murdered by bum actors for 300 years."—Cleveland Leader.

His Cost.

"Yes, I quarreled with my wife about nothing."

"Why didn't you make up?"

"I'm going to. All I'm worried about now is the indemnity."—Pittsburg Post.

Some people make themselves at home wherever they may be—except at home.

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The Kind You Have Always Bought
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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles and cures Constipation. It regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Just try "Pepsmint," the new granular, effervescent remedy for Indigestion, Dyspepsia, Headaches, Mental Exhaustion Stomach Disorders; Guaranteeed harmless. Pleasant to take, 10 and 25c.

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for children; safe, sure. No opiates

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Our "Wiard," "Roland" and "Oliver" Plows head the list for popularity and durability.

Cultivators and 14-Tooth Harrows.

Cultivator Plates, Garden Barrows, Rakes and Hoes.

Ice Cream Freezers, 3 kinds.

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Carriage Whips, Cart Whips, Chain and Rope Traces, Plow Lines, Hames Leather Head Halters and Rope Neck Halters.

Cedar Tubs, Galvanized Tubs and Washboards.

Tinware, Graniteware and Nickle Plated Ware.

Screen Doors, Window Screens, Fly Wire, Poultry Netting, Etc.

Cream Separators.

Barbed Wire, Plain Gal. Wire.

Whitewash Brushes, Dirt Brushes, Window Brushes, Scrub Brushes.

Boatoars, Oarlocks, Etc.

Patent Roller, Bushed Tackle Blocks from 4 to 10 inches.

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Pocket Cutlery, Table Cutlery in endless variety.

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Finest line of Fishing Tackle to be found on the Eastern Shore.

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to convince some people that price doesn't mean value. Such persons are apt to declare that first class

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cannot be sold at our prices. If they will come and pay us a visit of inspection they will change their minds. The

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sold here must be classed as the best in spite of our wonderfully Low Prices, and for

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We are Headquarters, we have DEERING CORN BINDERS, the King of the corn Field. ECONOMIC CORN CUTTER, the two row cutter. Genuine Bickford & Huffman Drills. All kinds of Harrows, Rollers, Genuine Oliver Plows, etc. Get our prices before buying.

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Grove's Tasteless Chill Tonic

has stood the test 25 years. Average Annual Sales over One and a Half Million bottles. Does this record of merit appeal to you? No Cure, No Pay. 50c.

Enclosed with every bottle is a Ten Cent package of Grove's Black Root Liver Pills.

KIDNEY DISEASES CAUSE ONE-THIRD OF THE TOTAL DEATHS.

When the Kidneys fail to perform their functions properly by not straining out the poisonous waste matter from the blood as it passes through them, the poisons are carried by the circulation to every part of the body, deranging the different organs. This causes heart trouble, stomach trouble, sluggish liver and a host of other ills, all due to deranged Kidneys.

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corrects irregularities and cures Kidney and Bladder diseases in every form, tones up the whole system, and the diseases that have resulted *from* disordered Kidneys disappear, because the *cause* has been removed. Commence taking FOLEY'S KIDNEY CURE at the first sign of danger. Do not risk having Bright's Disease or Diabetes.

CURED OF BRIGHT'S DISEASE.

Mr. Robert G. Burke, Elnora, Saratoga Co., N. Y., writes:—I am glad to have an opportunity of telling what magnificent results I have had from using FOLEY'S KIDNEY CURE after having tried other advertised medicines and several physicians. Before I began it I had to get up from 12 to 20 times each night to relieve my bladder. I was all bloated up with dropsy and my eyesight was so impaired that I could scarcely see one of my family across the room. In fact, I was so badly used up that I had given up hope of living when I was urged by a friend to try FOLEY'S KIDNEY CURE. One 50-cent bottle worked wonders, and before I had taken the third bottle the superfluous flesh had gone, as well as all other symptoms of Kidney trouble. My friends were surprised that I was cured, as they all thought I was going to die. Every few days some one comes from miles away to learn the name of the wonderful medicine that cured me of Bright's Disease, and not one that has tried it has failed to be Benefitted.

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