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NNSYLVANIA RAILROAD

LPHIA, BALTIMORE & WASH-
NGTON RAILROAD.

dule in Effect May 27, 1906.
ve Chestertown 7.40 a. m. and 2.32
-days, Sundays 7.27 a. m., 4 01 p.
wnsend and inter mediate stations
g for Wilmington, Philadelphia.
ore and Washington.
GEO. W. BOYD. Gen. Pass. Agt.
ATTERBURY. Gen. Mgr.
OOD, Pass. Traffic Mgr.

STER CO.

SCHEDULE
ber Permitting)
T OCTOBER 1, 1906.
T AND HAVRE DE
Mondays, Wednesdays and
r leaves Baltimore at 2 45 p.
ster, Betterton, Havre de Grace
Deposit. Tuesdays, Thursdays and
's-leave Port Deposit at 7.00 a. m.,
e de Grace 7.30 a. m., Betterton 8 45 p.
m., Tolchester 10.15 a. m.

SASSAFRAS RIVER LINE — Mondays, Wednesdays and Fridays, Steamer will leave Fredericktown at 7 a. m., Betterton 8 15 a. m. Buck Neck 9.30 a. m., Gales 9 45 a. m., Tolchester 10.15 a. m Tuesdays, Thursdays and Saturdays—leave Baltimore at 2.45 p. m., for above landings. Does not stop at Buck Neck on Saturday, but does stop at Gales.

TOLCHESTER COMPANY.
je2. Pier 16 Light St., Balto.

CHESTER FREIGHT-
ING COMPANY.

(In Effect Monday, Feb. 26, 1906.)
The power boat "LELAND MILLS" will leave Crumpton (Sheppards wharf) Mondays and Thursdays at noon: Chestertown (Bacchus & Usilton's wharf) at 4.30 p. m., stopping at Newnam's and South East.
Leave Balto. Tuesdays and Fridays, 6 p. m., arriving in Chestertown early next morning.
We are prepared to handle all kinds of freight including grain, fruit, merchandise, poultry, pigs, etc.
Our freight charges will be reasonable and service prompt.
JAMES E. MEREDITH.
m3-tf Manager.
C. W. ROLPH, Agent, Chestertown, Md.

MARYLAND, DELAWARE
& VIRGINIA RAILWAY CO.

CHESTER RIVER LINE
L SCHEDULE
ect September, 29th, 1906.
ll leave Pier 7 Light St. Wharf
nd Saturday 2.30 p. m.
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DEPOSIT
Y OF MD.
. BALTIMORE, MD,
LD, President.
CODEMUS, Sec. & Treas
ANT A BOND—As Executor, Administrator, Guardian, Re Assignee or replevin, Attach ases, &c.
WANT A BOND—As a Con- or, As a U. S. Official, As a State, ty or Municipal Official.
WANT A BOND—As an Offi- Fraternal Society, As an Em of a Bank, Corporation or Mercantile Establishment.

The FIDELITY AND DEPOSIT CO F MARYLAND will furnish it. Don't give or accept personal security,
H. H. BARROLL, Attorney,
CHESTERTOWN, MD

R. GROOME PARKS,
ATTORNEY-AT-LAW
Will practice in the Kent courts and also Baltimore City. jy10

GRAIN MARKET.

y Wheat for PITT BROS. CO. BERS & CO. this season, and grams from the Baltimore and a markets daily. I will inspect n make flat offers to farmers of Queen Anne's for their crops on cars, steam and sail vessels.
TELEPHONE NO. 82.

HIRAM M. BROWN
CHESTERTOWN, MD.

WILLIAM C. SUTTON
SANITARY PLUMBING
HUBBARD BUILDING,
CHESTERTOWN, MD

COMMISSION CARDS.

JAS. W. JEROME. J. HARRY VICKERS
JAMES W. JEROME & CO.,
COMMISSION MERCHANTS.
Members of Chamber of Commerce.
for the sale of
GRAIN, FRUITS, LIVE STOCK, WOOL AND COUNTRY PRODUCE GENERALLY.
Special attention given to the sale of Grain and Fruits.
18 East Camden St.,
Near Light St. Wharf Baltimore, Md.

COMEGYS BROWN. E. S. STUBBS
Brown & Stubbs,
PRODUCE COMMISSION MERCHANTS
No. 224 S. Charles St., Balto., Md.
Reference—Farmers & Mercnants National Bank. mar15.

STEVENS BROTHERS,
Members of Chamber of Commerce
COMMISSION MERCHANTS.
For the sale of
Grain, Fruits, Live Stock, Wool and Country Produce Generally.
Special attention given to the sale of Grain and Fruits.
No. 206 S. Charles St., Baltimore, Md.

R. GROVES WITH
CLIFTON & WOODLAND,
—PRODUCE—
COMMISSION MERCHANTS,
FRUITS, VEGETABLES, &C.,
217 SOUTH CHARLES STREET.
BALTIMORE, MD.

E. T. COMEGYS
—WITH—
STEWART FRUIT CO
OF BALTIMORE CITY, MD.
118 and 120 E. Pratt Street.
COMMISSION, FRUIT & PRODUCE, SHIPPERS AND JOBBERS,
Highest market prices. Returns same day. Fruits, Berries, Melons, Vegetables, Poultry, Eggs, Live Stock, Furs, Hides, and Country Produce, Oysters, Grain, Hay, Marsh Grass Shippers are invited to visit our new store. Largest Fruit and Produce house in Baltimore. Ref. Nat. Bank of Commerce, Bradstreet or Dunn. Consignments solicited.

Philadelphia Cards.

R. A. BRICE & SON.
COMMISSION MERCHANTS
SPECIALTY IN
FRUITS AND POULTRY,
328 N. Front St., Philadelphia.
Quick sales at top market prices and daily returns.

WILLIAM P. IRELAND,
121 CALLOWHILL ST., PHILADELPHIA.
COMMISSION MERCHANT
In Fruits, Produce, Poultry, Eggs and Live Stock.
Quick Sales at Top Market Prices and Prompt returns, daily if requested.

THE OLD RELIABLE FIRM
J. E. HENDRICKSON & CO.,
LIVE STOCK
COMMISSION MERCHANTS,
30TH AND MARKET STS., PHILADELPHIA
We handle Live Stock and have all facilities for this line of trade. We solicit the patronage of Shippers and guarantee to make prompt returns. Give us a trial and be convinced.

HERBERT E. PERKINS,
ATTORNEA-AT-LAW
CHESTERTOWN, MD.

HARRISON W. VICKERS, JR.,
ATTORNEY-AT-LAW,
CHESTERTOWN, MD.
Will practice in Kent and adjoining counties. sep17-tf.

—THE—
WINDSOR HOTEL
—BETWEEN—
12th and 13th Streets, on Filbert Street,
PHILADELPHIA, PA.
Three minutes walk from the Reading Terminal. Five minutes walk from the Pennsylvania R. R. Depot. European Plan, $1.00 per day and upwdr. American Plan $2.00per day.
FRANK M. SCHEIBLEY, Mgr

DR. CHAS. RICHARD TWILLEY
GRADUATE OF THE BALTIMORE COLLEGE OF DENTAL SURGERY.
Teeth Extracted Without Pain.
Office 115Main street dec.1

DR. C. P. GILPIN,
DENTIST,
CHESTERTOWN - - MARYLAND
High Street, opposite the Old Stand.
Office Hours 8.30 to 12 M. 1 to 4. P. M.
Teeth extracted by local anæsthetic and comparatively without pain.
Having enlarged my office and added many new conveniences, I am able to offer my patients much greater comfort while under treatment than in the past

THE OLD RELIABLE
HARNESS DEALER
John F. Howard,
COURT ST., CHESTERTOWN.
Informs his friends and the public that he is still at his old stand on Court street and ready to serve them. HARNESS, LAP ROBES, CARRIAGE WORK and All Kind of Repairing. Give us a call
JOHN F. HOWARD.

AN AUTUMN LUXURY.

Written for KENT NEWS by Miss ELLA I. RYAN, of Rock Hall, while in the Maryland General Hospital. Miss Ryan has been in the hospital for three weeks and is now much improved. She will soon be able to return to her home. She underwent two severe operations for an abscess.

Life seems a whole lot sweeter
When election day draws near,
It is neater an' completer—
Leastways that's how things appear;
Nearly every kind o' blessin'
You could wish for comes in reach,
When the candidate's addressin'
Us constituents in a speech.

The apples softly blushin'
Seem to smile and welcome him,
An' the breeze comes up a-rushin'
So as to shake 'em off the limb;
And when he starts a-sayin'
How he likes us, every one,
It is just like music playin'
And we're sorry when it's done.

You kin talk about oysters growin'
Plump and fine in the bay,
And about the reed bird's showin'
Greater sweetness every day;
And the other joys that beckon
To contentment in the fall,
But the candidate, we reckon,
Is the one that beats them all.

"GUIDELESS WONDER" MAKES HIT.

Daniel C. Bailey, of Smyrna, with his "Guideless Wonder" who exhibited last week at the Mt. Holy Fair in New Jersey made quite a hit with the large crowd of spectators as well as the management. His exhibitions there has brought him two more engagements, one at Point Breeze near Philadelphia and the other at a fair at Frederick, Md. "Guideless Wonder" did not seem to mind the crowd of spectators but obeyed the motions of Mr. Bailey's whip as well as in practice tests in Smyrna. Mr. Bailey is receiving a $100 a day and expenses for his exhibitions.

CASTORIA.
Bears the Signature of The Kind You Have Always Bought
Chas. H. Fletcher.

300,000 CURES SINCE 1880.
THE ONLY KEELEY CURE
KEELEY INSTITUTE
FOR MARYLAND IS THE D. C.
311 NORTH CAPITOL ST.
WASHINGTON, D.C.
FOR LIQUOR AND DRUG ADDICTIONS
MANAGER W. G. HASKELL. ADDRESS CONFIDENTIALLY.

Superior Drills

Double Disc, Single Disc and Hoe Drills

The Superior leads them all. Light draft accurate grain and Fertilizer distributor. Marvelous in its simplicity.

A New Feature

The Superior Drill in equipped with a new Patent Fertilizer Feed, designed to sow Fertilizer is any condition. With this new feature added to the other advantages of this Drill, the farmer is assured that he will have a Drill that is SUPERIOR in every way. Place your order now with

J.C.Davis, Agent,

CHESTERTOWN, MARYLAND.

1906 1906

Sheriff's Sale!

While in New York and Baltimore we attended two big sheriff sales, one of Clothing and the other of Boots and Shoes, and we bought all of both sales. Now we are opening all of the goods we bought and you will be astonished at the price we are selling them at and we are justified in selling them lower than any other store in Kent county, because we bought them at Sheriff's Sale.

This Is No Hot Air Advertisement But Actual Facts.

So now is the time to cloth yourselves and children; also to put good Shoes and Boots on them. So now is your chance to prepare for the fall and winter. Come to Cohen's now while we are selling the Sheriff's Sale goods. Don't forget that our

Furniture Department

is filled up with Beds, Bedsteads, iron and wood; Chairs, Lounges, Cots, Stoves, Stovepipe, Matting, Carpets and everything to make bedrooms and kitchens comfortable. We still sell

Groceries, Groceries, Groceries

Lower than any other store in the county. Rope Yarn by the cut or coil.
We want all the Eggs, Poultry and Butter we can get at the highest market price, cash. Come and see us, we are home again.

Abe Cohen

Sandy Bottom Department Store.

WOMEN'S NEGLECT

SUFFERING THE SURE PENALTY

Health Thus Lost Is Restored by Lydia E. Pinkham's Vegetable Compound.

How many women do you know who are perfectly well and strong? We hear every day the same story over and over again. "I do not feel well; I am so tired all the time!"



More than likely you speak the same words yourself, and no doubt you feel far from well. The cause may be easily traced to some derangement of the female organs which manifests itself in depression of spirits reluctance to go anywhere or do anything, backache, bearing-down pains, flatulency, nervousness, sleeplessness, or other female weakness.

These symptoms are but warnings that there is danger ahead, and unless heeded a life of suffering or a serious operation is the inevitable result.

The never failing remedy for all these symptoms is Lydia E. Pinkham's Vegetable Compound

Miss Kate McDonald of Woodbridge, N. J., writes:

Dear Mrs. Pinkham:

"Restored health has meant so much to me that I cannot help from telling about it for the sake of other suffering women.

"For a long time I suffered untold agony with a female trouble and irregularities, which made me a physical wreck, and no one thought I would recover, but Lydia E. Pinkham's Vegetable Compound has entirely cured me, and made me well and strong, and I feel it my duty to tell other suffering women what a splendid medicine it is."

For twenty-five years Mrs. Pinkham, daughter-in-law of Lydia E Pinkham, has under her direction, and since her decease, been advising sick women free of charge. Her advice is free and always helpful. Address, Lynn, Mass.

PERIL IN ATHLETICS

PHYSICAL EXERCISE SHOULD BE TAKEN IN MODERATION.

Muscle Building Is Not Necessary to Good Health, and Severe Training Weakens the Heart and Nerves and Lowers Vitality.

Once beyond the bounds of moderation, physical exercise and physical training not only weaken the heart for a lifetime, predispose to pneumonia, cause pulmonary tuberculosis and make extra possible a dozen other ills, but they unfit a man from being the ideal husband and father.

Dr. Robert E. Coughlin of Brooklyn, says the New York Times, has been collecting statistics upon and following the careers of athletes for years. He examined the contestants in amateur boxing matches, and the abnormal development of the best of them struck him. Magnificently developed as to their muscles, they were far from being men of normal health and strength. Beyond a certain point the muscular training was at the expense of their vitality. It took away from the heart and lungs. There was scarcely an organ of the system not affected and made less efficient. It seemed worth while to explore further into the cause.

"In regard to the benefit to be derived from athletics," says the doctor, "one has only to remember the physiology of exercise to become convinced of the fact that exercise, per se, may be very beneficial. The point to bear in mind is to advise the person to stop before fatigue becomes evident. We can do this readily when the athlete is interested in games for the mere exercise, but such advice cannot be offered when his aim is to excel in an athletic contest. Here is where athletics do great harm, and it would be a safe rule to advise against all forms of athletics in the nature of a contest.

"Athletics may be said to be beneficial until the heart begins to be markedly hypertrophied. This is the danger signal."

Hypertrophied is the medical man's way of saying enlarged—that is, the walls or muscles of the heart increase in size. Though this is the "danger signal," there is no real danger here, only a warning. The danger comes when, in consequence of additional exertion, the heart dilates, its interior grows larger, displacing the delicate machinery, causing the valves to leak. Then come "murmurs," and though a man may live for years with weakened valves he may die any day and any moment.

Does physical exercise, then, build up the general health and make a better man out of a man? There seems to be a question, with some scientific men saying today very emphatically, "Not unless that physical exercise is very moderate indeed."

Health, one of the big English authorities (Sir Michael Foster) puts it, does not exist. It is like happiness. Each has a goal or limit which, while seemingly attainable, eludes perfect possession. The body consists of a number of mechanisms which have the closest and most exact relations, and as they approximate to harmony there is health, but when disordered there is ill health.

Not necessarily does a man by physical training and much exercise become a better man, nor does he even get better health. Here is the striking evidence of it in scientific statements of the day.

To obtain good health, muscle building is not a necessity. One cannot judge of a person's health by the size and hardness of the muscles. We have seen that the converse may be true. To obtain health one must not be in a perfectly trained condition owing to the effects of severe training on the nervous system. There is no evidence to prove that athletics and muscle building improve the constitution. One should always keep in mind the fact that built up or hypertrophied muscle has a tendency to degenerate. The heart, being a muscular organ, shares in this tendency.

But the athlete is a man who goes through the severest physical strain and training. If he boxes, runs, is a gymnast, a football player, a wrestler, an expert at baseball or tennis, any sport requiring violent exercise and the constant keeping in trim for it, all the rest of his body is sacrificed for the overdevelopment of these special muscles, and the rest of it must somehow suffer.

All the body should develop together, as it were. Body and mind should be built up evenly. If overathletics does nothing else it produces a wearing and tearing nervous strain.

When it comes to the actual athlete, the man who specializes on some form of physical force and muscle power, these conditions are greatly aggravated. Severe athletic training and muscle building, it is now an acknowledged fact of science, are at the expense of the nervous and glandular systems.

"An experienced athlete," says one authority, "gave as his opinion that a man sacrifices a certain part of his life every time he enters a contest of any kind. He also said that a man when 'fit,' as expressed by athletes, is in an abnormally nervous condition. In other words, he can never remain at ease for a minute at a time and, like the caged lion, is forever on the move during his waking moments. It has been noticed by observers that athletes are often sickly and particularly susceptible to constipation and appendicitis."

What He Cleaned Up.

"Did you clean up much in that railroad deal?"

"No, I washed my hands of it."—Cleveland Plain Dealer.

If rich be not elated, if poor be not dejected.—Socrates.

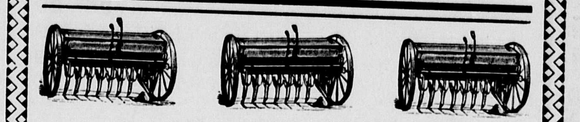
CASTORIA

for Infants and Children.

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

The Kind You Have Always Bought
Bears the Signature of
Chas. H. Fletcher.
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY

DON'T YOU NEED A DRILL?



If so, buy an "ONTARIO," which is the lightest draft, most accurate, the simplest and longest life drill on the market. It is equipped with the "Wizzard or Everett" fertilizer feed; the only positive force feed on the market, either hoe or disc. Call and see our sample.

Woven Wire Fencing

The "Square Deal" Woven Wire Fencing is not in the trust, nor is it made of trust wire.

Genuine--
OLIVER CHILLED PLOWS AND CASTINGS.

Smith & Graham,
Next Door to Chestertown Bank of Maryland.

PAROID ROOFING!

The greatest and cheapest Roofing on the market quality considered. Fire proof. Insurance companies accept it as perfectly safe. No coating or paint required. Millions feet used every year. We are manufacturer's agents. Let us show you this Roofing and quote you prices.

YOU CAN GET WHATEVER YOU WANT IN
Coal, Wood, Building and Land Lime, Hay and Piping
from the largest stocked yard on the Shore. ALL UNDER COVER. Call and see us and we will use our best efforts to satisfy.

J. D. BAGGHUS
CHESTERTOWN, MD.

"THE BEST COMMERCIAL COLLEGE IN THE UNITED STATES," says a graduate who traveled 600 miles to attend. 6,500 students from 15 states and the West Indies. 21st year. 122 graduates with one firm. 9 families have sent 34 students. Large and competent faculty. EMPLOYMENT DEPARTMENT. 700 applications for graduates in a year.

Goldey College

SYSTEMS AND METHODS of instruction guaranteed to be the best. Recommended in the highest possible terms by graduates and their parents. Practical Bookkeeping. Pitman Shorthand.
THE NEW 64-PAGE, ILLUSTRATED CATALOGUE gives interesting and complete information—write for it to-day; it is free. Address:
GOLDEY COMMERCIAL COLLEGE, WILMINGTON, DEL.

IT PAYS TO ADVERTISE IN THE "NEWS"

Grove's Tasteless Chill Tonic
has stood the test 25 years. Average Annual Sales over One and a Half Million bottles. Does this record of merit appeal to you? No Cure, No Pay. 50c.
Enclosed with every bottle is a Ten Cent package of Grove's Black Root, Liver Pills.