Good Digestion

Waits on appetite, or it should do so, but this can be only when the stomach is in a healthy condition. Hood's Sarsaparilla so tones and strengthens the stomach that it digests food easily and naturally and then all dyspeptic troubles vanish.

Hood's Sarsaparilla

Is America's Greatest Medicine. Price $1.

Hood's Pills cure Liver Ills. 25 cents.

A BRIDE'S SORROW.

She Had Lost Her Own Perfectly Lovely Name.

She had been married just two weeks and cruel fate had torn him away from her for two whole hours, says the New York Commercial Advertiser. She had planned what she would do. She had a new book and a box of candy and some embroidery and she nobly resolved to bid him good-by cheerfully and not have tear-stained eyes when he returned either. She rode down to the station with him and he kissed her good-by. She watched him get into the train and her eyes grew misty. Two hours! If he missed the train he might be gone two hours and twenty minutes. What did he want to see that horrid lawyer for, anyhow? Surely a lawsuit, even one that involved money, was a small matter to take him away from his bride of a fortnight. The train moved slowly out of the station. He stood on the platform, waving his hat and throwing kisses to her, oblivious of the amusement of the baggagemen on the station platform. She watched the train swing around the curve and cross the bridge. Suppose the bridge should break? The train would plunge into the river and he would be drowned. But the rumble was far off now. The bridge was crossed in safety. She wished she had not married. She had always thought that widows must feel that way. What was the use of marrying only to be bereft of one's husband? She had been very happy as a girl. Very happy, indeed. Why had she given up her care-free existence to be the lonely wife of a man who cared more for money and lawyers than he did for her? Why had she done it? Simply to please him, because it was easier to comply than refuse. A boy whizzing by on a bicycle stopped and handed her a letter. She looked at the superscription, "Mrs Sidney Willis," and groaned in spirit. Even her name, her pretty aritocratic name, of which all her family was so proud, was gone. How chilly and formal and lonely it would be to be always called Mrs. Willis and never be Miss Dolly Van Schaick again. She had reached the house now and she wandered disconsolately upstairs. She thought of all the pretty things that had been said of and to Miss Van Schaick and the more she thought of it the more bitterly did she bemoan her lost name. She forgot her embroidery and her candy and her book and gave herself up to tears. She didn't even hear the whistle of the train from New Rochelle. At last there was a knock at the door. "Go away," sobbed the unhappy Mrs. Willis. "But Dolly, it's me—it's I—it's Dick. What is the matter?" besought Mr. Willis through the keyhole. Then she opened the door and told him. He was offended. It took a good many kisses and explanations to make him appreciate the superiority of Van Schaick to Willis. But, once convinced, he sympathized with her and consented to call her Miss Van Schaick for a month "until the novelty wore off."

Advice is about the only thing the average man will give freely without money and without price.

PERIODS OF PAIN.

Menstruation, the balance wheel of woman's life, is also the bane of existence to many because it means a time of great suffering.

While no woman is entirely free from periodical pain, it does not seem to have been nature's plan that women otherwise healthy should suffer so severely. Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition that produces so much discomfort and robs menstruation of its terrors. Here is proof:



DEAR MRS. PINKHAM:—How can I thank you enough for what you have done for me? When I wrote to you I was suffering untold pain at time of menstruation; was nervous, had headache all the time, no appetite, that tired feeling, and did not care for anything. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound, one of Blood Purifier, two boxes of Liver Pills, and to-day I am a well person. I would like to have those who suffer know that I am one of the many who have been cured of female complaints by your wonderful medicine and advice.—MISS JENNIE R. MILES, Leon, Wis.

If you are suffering in this way, write as Miss Miles did to Mrs. Pinkham at Lynn, Mass., for the advice which she offers free of charge to all women.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Send for book of testimonials and 10 days' treatment Free. Dr. H. H. GREEN'S SONS, Atlanta, Ga.

Established 1780.

Baker's Chocolate,



celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage, has our well-known

Yellow Label

on the front of every package, and our trade-mark, "La Belle Chocolatiere," on the back.

NONE OTHER GENUINE.

MADE ONLY BY

WALTER BAKER & CO. Ltd.,

Dorchester, Mass.

REV. DR. TALMAGE.

THE EMINENT DIVINE'S SUNDAY DISCOURSE.

Subject: "Light in Darkness"—A Discourse That Will Be Comforting to the Sick and Helpless—Shut in For an All-Wise Purpose.

TEXT: "The Lord shut him in."—Genesis vii., 16.

Cosmogony has no more interesting chapter than the one which speaks of that catastrophe of the ages, the submersion of our world in time of Noah, the first ship carpenter. Many of the nations who never saw a Bible have a flood story—Egyptian flood story, Grecian flood story, of which Ducalion was the Noah; Hawaiian flood story, New Zealand flood story, Chinese flood story, American Indian flood story—all of which accounts agree in the immersion of the continents under universal rains, and that there was a ship floating, with a select few of the human family and with specimens of zoological and ornithological and reptilian worlds, although I could have wished that these last had been shut out of the ark and drowned.

All of these flood stories represent the ship thus afloat as finally stranded on a mountain top. Hugh Miller, in his "Testimony of the Rocks," thinks that all these flood stories were infirm traditions of the Biblical account, and I believe him. The worst thing about that great freshet was that it struck Noah's Great Eastern from above and beneath. The seas broke the chain of shells and crystal and rolled over the land, and the heavens opened their clouds for falling columns of water which roared and thundered on the roof of the great ship for a month and ten days. There was one door to the ship, but there were three parts to the door, one part for each of three stories. The Bible account says nothing about parts of the door belonging to two of the stories, and I do not know on which floor Noah and his family voyaged, but my text tells us that the part of the door of that particular floor on which Noah stayed was closed after he had entered. "The Lord shut him in." So there are many people now in the world who are as thoroughly shut in, some by sickness, some by old age, some by special duties that will not allow them to go forth, some surrounded by deluges of misfortune and trouble, and for them my sympathies are aroused, and from them I often receive messages, and this sermon, which I hope may do good to others, is more especially intended for them. To-day I address the shut in. "The Lord shut him in."

The world has no statistics as to the number of invalids. The physicians know something about it, and the apothecaries and the pastors, but who can tell us the number of blind eyes, and deaf ears, and diseased lungs, and congested livers, and jangled nerves, and neuralgic temples, and rheumatic feet, or how many took no food this morning because they had no appetite to eat, or digestive organs to assimilate, or have lungs so delicate they cannot go forth when the wind is in the east, or there is a dampness on the ground or pavement because of the frost coming out? It would be easy to count the people who every day go through a street, or the number of passengers carried by a railroad company in a year, or the number of those who cross the ocean in ships, but who can give us the statistics of the great multitudes who are shut in? I call the attention of all such to their superior opportunities of doing good.

Those of us who are well and can see clearly, and hear distinctly, and partake of food of all sorts, and questions of digestion never occur to us, and we can wade the snowbanks and take an equinox in our faces, and endure the thermometer at zero, and every breath of air is a tonic and a stimulus, and sound sleep meets us within five minutes after our head touches the pillow, do not make so much of an impression when we talk about the consolations of religion. The world says right away: "I guess that man mistakes buoyancy of natural spirits for religion. What does he know about it? He has never been tried." But when one goes out and reports to the world that that morning on his way to business he called to see you and found you, after being kept in your room for two months, cheerful and hopeful, and that you had not one word of complaint, and asked all about everybody, and rejoiced in the success of your business friends, although your own business had almost come to a standstill through your absence from store or office or shop, and that you sent your love to all your old friends, and told them that if you did not meet them again in this world you hoped to meet them in dominions seraphic, with a quiet word of advice from you to the man who carried the message about the importance of his not neglecting his own soul, but through Christ seeking something better than this world could give him—why, all the business men in the counting room say: "Good! Now, that is religion!" And the clerks get hold of the story and talk it over, so that the weigher and cooper and hackman standing on the doorstep say: "That is splendid! Now, that is what I call religion!"

No doubt while on that voyage Noah and his three sons and all the four ladies of the antediluvian world often thought of the bright hillsides and the green fields where they had walked and of the homes where they had lived. They had had many years of experiences. Noah was 600 years old at the time of this convulsion of nature. He had seen 600 springtimes, 600 summers, 600 autumns, 600 winters. We are not told how old his wife was at this wreck of earth and sky. The Bible tells the age of a great many men, but only once gives a woman's age. At one time it gives Adam's age as 130 years and Jared's age as 162 years and Enoch's age as 365 years, and all up and down the Bible it gives the age of men, but does not give the age of women. Why? Because, I suppose, a woman's age is none of our business. But all the men and women that tossed in that oriental craft had lived long enough to remember a great many of the mercies and kindnesses of God, and they could not blot out, and I think they had no disposition to blot out, the memory of those brightnesses, though now they were shut in. Neither should the shut in of our time forget the blessings of the past. Have you been blind for ten years? Thank God for the time when you saw as clearly as any of us can see and let the pageant of all the radiant landscapes and illumined skies which you ever looked upon kindle your rapturous gratitude. I do not see Raphael's "Madonna di San Sisco" in the picture gallery of Dresden, nor Rubens' "Descent From the Cross" at Antwerp, nor Michael Angelo's "Last Judgment" on the ceiling of the Vatican nor St. Sophia at Constantinople, nor the Parthenon on the Acropolis, nor the Taj Mahal of India, but shall I not thank God that I have seen them? Is it possible that such midnight darkness shall ever blast my vision that I cannot call them up again?

Again, notice that during that forty days of storm which rocked that ship on that universal ocean of Noah's time the door which shut the captain of the ship inside the craft kept him from many outside perils. How those wrathful seas would like to have got their wet hands on Noah and pulled him out and sunk him! And do all of you of the great army of the shut in realize that, though you have special temptations where you are now, how much of the outside style of temptation you escape? Do you, the merchant incarcerated in the sick room, realize that every hour of the day you spend looking out of the window, or gazing at the particular figure on the wall, or listening to the clock's ticks men are being wrecked by the allurements and uncertainties of business life? How many forgeries are committed, how many trust funds are swamped, how many public moneys are being misappropriated, how many bankruptcies suffered! It may be, it is, very uncomfortable for Noah inside the ark, for the apartment is crowded and the air is vitiated with the breathing of so much human and animal life, but it is not half as bad for him as though he were outside the ark. There is not an ox, or a camel, or an antelope, or a sheep inside the ark as badly off as the proudest king outside. While you are on the pillow or lounge you will make no bad bargains, you will rush into no rash investments, you will avoid the mistakes that thousands of men as good as you are every day making.

Notice also that there was a limit to the shut in experience of those ancient mariners. I suppose the forty days of the descending and uprising floods and the 150 days before the passengers could go ashore must have seemed to those eight people in the big boat like a small eternity. "Rain, rain, rain!" said the wife of Noah. "Will it never stop?" For forty mornings they looked out and saw not one patch of blue sky. Floating around amid the peaks of mountains Shem and Ham and Japhet had to hush the fears of their wives lest they should dash against the projecting rocks. But after awhile it cleared off. Sunshine, glorious sunshine! The ascending mists were folded up into clouds, which instead of darkening the sky only ornamented it. As they looked out of the windows these worn passengers clapped their hands and rejoiced that the storm was over, and I think if God could stop such a storm as that He could stop any storm in your lifetime experience. If He can control a vulture in midsky, He can stop a summ[...] that flies in at your window. At th[...] time He will put the rainbow on the [...] and the deluge of your misfortune[...] dry up. I preach the doctrine of [...]tion, relief and di[...]thrallment. [...] the right time th[...]ill bondage will drop, the imprisoned will be liberated, the fires will go out, the body and mind and soul will be free. Patience!

Notice also that on the cessation of the deluge the shut ins came out, and they built their houses and cultured their gardens and started a new world on the ruins of the old world that had been drowned out. Though Noah lived 350 years after this worldwide accident and no doubt his fellow passengers survived centuries I warrant they never got over talking about that voyage. Now I have seen Dore's pictures and many other pictures of the entrance into the ark, two and two, of the human family, and the animal creation into that ship which sailed between two worlds—antidiluvian world and the postdiluvian world—but I never saw a picture of their coming out; yet their embarkation was not more important than their disembarkation. Many a crew has entered a ship that never landed. Witness the steamer Portland, a few days ago, with 100 souls on board, going down with all its crew and passengers. Witness the line of sunken ships, reaching like a submarine cable of anguish across the ocean depths from America to Europe. If any ship might expect complete wreckage, the one Noah commanded might have expected it. But no; those who embarked disembarked. Over the plank reaching down the side of the ark to the Armenian cliffs on which they had been stranded the procession descended. No other wharf felt so solid or afforded such attractiveness as that height of Ararat when the eight passenger put their feet on it. And no sooner had the last one, the invalided wife of Japheth, been helped down the plank upon the rock than the other apartments of the ship were opened, and such a dash of bird music never filled the air as when the entire orchestra of robin redbreast, and morninglark, and chaffinch, and mocking bird, and house swallow took wing into the bright sky, while the cattle began to low and the sheep to bleat and the horses to neigh for the pasture, which from the awful submergence had now begun to grow green and aromatic. I tell you plainly nothing interests me more in that tragedy from the first to the last act than the "exit" and the "exeunt," than the fact that the "shut-ins" became the "got outs." And I now cheer with this story all the inmates of the sickrooms and hospitals, and those prisons where men and women are unjustly endungeoned, and all the thousands who are bounded on the North and South and East and West by floods, by deluges of misfortune and disaster. The ark of your trouble, if it does not land on some earthly height of vindication and rescue, will land on the heights celestial.

By a strange providence, for which I shall be forever grateful, circumstances with which I think you are all familiar, I have admission through the newspaper press week by week to tens of thousands of God's dear children who cannot enter church on the Sabbath and hear their excellent pastors because of the age of the sufferers, or their illness, or the lameness of foot, or their incapacity to stay in one position an hour and a half, or their poverties, or their troubles of some sort will not let them go out of doors, and to them as much as to those who hear me I preach this sermon, as I preach many of my sermons, the invisible audience always vaster than the visible, some of them tossed on wilder seas than those that tossed the eight members of Noah's family, and instead of forty days of storm and five months of being shut in, as they were, it has been with these invalids five years of "shut in," or ten years of "shut in," or twenty years of "shut in." Oh, comforting God! Help me to comfort them! Give me two hands full of salve for their wounds. When we were 300 miles out at sea, a hurricane struck us, and the lifeboats were dashed from the davits and all the lights in the cabin were put out by the rolling of the ship and the water which through the broken skylights had poured in.

And as I now find many in hurricanes of trouble, though I cannot quiet the storm, I can strike a match to light up the darkness, and I strike a match. "Whom the Lord loveth He chasteneth." I strike another match. "Weeping may endure for a night, but joy cometh in the morning." I strike another match. "We have a High Priest who can be touched with the feeling of our infirmities, and He was in all points tempted like as we are." Are you old? One breath of heaven will make you everlastingly young again. Have you aches and pains? They insure Christ's presence and sympathy through the darkest December nights, which are the longest nights of the year. Are you bereft? Here is a resurrected Christ whose voice is full of resurrectionary power.

But do not think that heaven is made up of any indiscriminate population. Some of my friends are so generous in their theology that they would let everybody in without reference to condition or character. Do not think that libertines or blasphemers and rejecters of God and His gospel have "letters of credit" that will draw anything from the bank of heaven. Pirate crafts will not be permitted to go up that harbor. If there are those who as to heaven are to be "shut ins," there are those who will belong to the "shut outs." Heaven has twelve gates, and while those twelve gates imply wide open entrance for those who are properly prepared to enter them they imply that there are at least twelve possibilities that many will be shut out, because a gate is of no use unless it can sometimes be closed. Heaven is not an unwashed mob. Show your tickets or you will not get in—tickets that you may get without money and without price, tickets with a cross and a crown upon them. Let the unrepentant and the vile and the offscourings of earth enter heaven as they now are, and they would depreciate and demoralize it so that no one of us would want to enter, and those who are there would want to move out. The Bible speaks of the "withouts" as well as the "withins." Revelation xxii., 15, "Without are dogs and sorcerers and whoremongers and murderers and idolaters and whosoever loveth and maketh a lie." Through the converting, pardoning, sanctifying grace of God may we at last be found among the shut ins and not among the shut outs!

MARKETS.

BALTIMORE.

GRAIN ETC.			
FLOUR—Balto. Best Pat.$		@	4 80
High Grade Extra			4 30
WHEAT—No. 2 Red	67¼		71¾
CORN—No. 2 White	36¼		37¼
Oats—Southern & Penn	30		30½
RYE—No. 2	56		58
HAY—Choice Timothy	10 00		10 50
Good to Prime	9 00		9 50
STRAW—Rye in car lds	8 00		8 50
Wheat Blocks	5 00		5 50
Oat Blocks	6 00		7 00
CANNED GOODS.			
TOMATOES—Stnd. No. 3.$		@	75
No. 2			55
PEAS—Standards	1 25		2 00
Seconds			70
CORN—Dry Pack			70
Moist			60
HIDES.			
CITY STEERS $	10	@	10¾
City Cows	9½		10
POTATOES AND VEGETABLES.			
POTATOES—Burbanks $	50	@	55
ONIONS	50		55
PROVISIONS.			
HOGS PRODUCTS—shls.$	6	@	6¼
Clear ribsides	6¾		7
Hams	9¼		9½
Mess Pork, per bar			11 00
LARD—Crude			4
Best refined			6¼
BUTTER.			
BUTTER—Fine Crmy $	23	@	24
Under Fine	22		23
Creamery Rolls	23		24
CHEESE.			
CHEESE—N. Y. Fancy $	9¾	@	10
N. Y. Flats	10		10½
Skim Cheese	5½		7½
EGGS.			
EGGS—State $	21	@	22
North Carolina	19		20
LIVE POULTRY.			
CHICKENS $	7½	@	8
Ducks, per lb	8½		9
TURKEYS	11	@	11½
TOBACCO.			
TOBACCO—Md. Infer's $	1 50	@	2 50
Sound common	3 00		3 50
Middling	6 00		7 00
Fancy	10 00		12 00
LIVE STOCK.			
BEEF—Best Beeves $	4 20	@	4 50
SHEEP	3 00		4 00
Hogs	4 50		4 75
FURS AND SKINS.			
MUSKRAT $	10	@	11
Raccoon	40		45
Red Fox	—		1 00
Skunk Black	—		80
Opossum	22		23
Mink	—		80
Otter	—		6 00

NEW YORK

FLOUR—Southern $	3 85	@	4 20
WHEAT—No. 2 Red	73		74⅛
RYE—Western	53		53½
[illegible] No. 2	38¾		39
[illegible]	3[illegible]		30½
[illegible]	13		20
[illegible]	24½		25
[illegible]	8¼		8⅜

AGRICULTURAL.

Cats Around the Barns.

The habit which many people have of petting cats and keeping them close by the kitchen fire very soon destroys the hunting instinct and makes the cat good for nothing as a mouser. On the farm, especially, the proper place for a cat is at the barn, where it can make itself useful killing the mice or cats that destroy the grain. It is a mistake to suppose that a cat will suffer from cold while thus employed. Exercise will keep the blood circulating, and the cat will be quite as warm if kept dry as it would be dozing by t[...]re, and breathing the vitiated air that is always found near the floors of dwellings. The cat will usually, if there is a chair or bed in the room, make that her resting place.

Fertilizers For Vegetables.

Vegetables of which the leaves or stems are to be eaten require mainly nitrogen in the soil. When the root is to be eaten, phosphoric acid and potash are equally important with nitrogen. For early vegetables such as peas, the seed being the edible portion, phosphoric acid is needed. Potash in the soil is the most important in growing celery, tomatoes and melons.

As a rule, vegetables are not hard on soil, the exception being peas and beans, but as these take most of the needed nitrogen from the atmosphere a portion of the expense for this in chemical form may be saved and added to the large quantity of potash and phosphoric acid needed by the vegetables.

For ordinary purposes, on fairly good soil, a good mixture for a general selection of vegetables would be 250 pounds of sulphate of potash, 200 pounds of nitrate of soda and 400 pounds of sugar phosphate per acre, raked or harrowed in just before the seed is sown. For peas and beans double the quantity of potash and phosphoric acid may be used, and the quantity of nitrate of soda reduced to fifty pounds per acre.—Atlanta Journal.

The Passing of Fences.

The late William Walter Phelps advocated taking down fences twenty-five years ago, and the good seed sown then is bringing in a harvest now through parts of New Jersey. Twenty years ago most farmers spent the winters getting out posts and rails, so as to fence the farm into ten and fifteen acre lots. Then they spent the early spring in setting fences, when they ought to be pushing their spring work. The very best timber only would be used in their construction, which was a considerable item on a 160-acre farm.

Now, why all this expense? To keep the wheat out of the meadow or the corn out of the oat field? They would not go in if it there were no fence, as has been proved. If it was done for sentiment, why, that has no standing in this busy day. But it was done mostly in order to pasture the cattle in the fall. Well, progressive farmers do not pasture the cattle on the meadows any more, as this is known to be the quickest way in existence to ruin good meadows. Farmers had better keep the cattle in the yard than on the meadows. At least four to eight feet were given up to the fences, bushes, hedgehogs, weeds and brush. This in itself is a considerable loss on a large farm.

But these things are fast passing away, and the fence row is plowed up, only an imaginary line separating the fields. Now the old road fence is gone, too, and the field is plowed down to the edge of the road, and a line of hazels or elms takes the place of a rickety fence or a twenty-foot hedge.—W. H. Rogers, in Country Gentleman.

Cover For Sap Buckets.

A good cover for sap buckets may be made at a cost of less than one



PROTECTION FOR THE SAP.

cent by taking a wide shingle (a), sawing off four inches of the tip end and fastening to it a small spring wire, as shown in the illustration. The wire can be made fast to the shingle by little staples, or by using a narrow cleat like a piece of lath. The wire should be about thirty inches long and will cost less than half a cent. When done, spring the ends of wire apart and it will hug the tree firmly.—Orange Judd Farmer.

The Best House Plants.

The frosty nights necessitate the removal of plants from out of doors, and which to select for window plants is often quite a puzzle. Other things being equal, those already established in the cans or pots are the ones to select, but a pet plant can successfully be removed if care is taken to not break the roots much. Use as small vessels as possible for the window plants. They will bloom better and generally do better in every way with small root room.

If you have a south or southeast window, and the room is warm with a comparatively even heat, you can select the plants you like best, but if you have a north or a west window, one must sacrifice preferences to plants that will stand a sunless window. Selections from the following plants will prove satisfactory even without sun: Jasmines, several varieties, Revolutum probably the best; Sanseviera Zeylanica, too much cannot be said in praise of this plant; primroses, Primula obconica; fuchsias, Rex begonias, all begonias do finely in east windows; and while geraniums will not do quite as well, nor bloom very much in north windows, they will grow thriftily and be green and nice. especially the ivy and scented geraniums. The rose scented and ivy (Joan of Arc) do better without so much sun. Then there are wandering Jew and nasturtium for viny growth, and kinds that will grow for anyone, too.

Pin paper around the plants on extra cold nights, and move the stand from the window. Do not water unless necessary to prevent the leaves wilting, during a cold snap. The plants will withstand the cold much better when the dirt in the cans is not wet.—New England Homestead.

HOUSEHOLD MATTERS.

Treatment For the Old Carpet.

Sprinkle the newly put-down old carpet with naphtha quite liberally, in a fireless room, into which no light must be taken, no match struck until it has been thoroughly aired, and sweep the carpet to bring up the nap. A greatly freshened carpet is the result, which may be more laboriously obtained by sponging over with warm water, into a gallon of which a tablespoonful of ammonia has been poured, and following the sponge with a dry linen cloth.

The Sofa Box.

As ordinarily arranged, sofa boxes are not very successful. If the top is padded sufficiently to make a comfortable seat, then the lid becomes so heavy as to require the brawn of a giantess to raise and lower it. The box part can rarely be visited, and is, therefore, of little practical use. An English woman overcame the difficulty by making her lid solidly fast, so that it could not be lifted, and making the front face of the box into cupboard doors, concealed by the usual frill of cretonne. Behind these low doors the box itself was divided into compartments, each filled with shelves on which lived the boots, hats, old magazines, and the other hard-to-be-kept-tidy articles of the room. The top of this box was padded most luxuriously, and on many occasions furnished one of a crowd with a comfortable bed.

To Remove Stains From White Goods.

In the case of acids tie up a bit of washing soda in the stained part, make a lather of soap and cold soft water, and boil until the spot disappears. For anilines, wet with acetic acid, apply diluted chloride of lime, and wash out carefully. Paraffin takes out apple and pear stains. Blood, if fresh, is removed by soaking for twelve hours in cold water, then washing in tepid water; this failing, the mark is covered with a paste of cold water and starch, and exposed to the sun for a day or two. Old stains succumb to iodide of potassium diluted with four times its weight of water. For coffee and chocolate, pour soft boiling water through the stains and while wet hold over fumes of burning sulphur. Fruit stains can be treated in the same way. Grass stains yield to alcohol. Ink is removed with milk, the spot should be soaked and rubbed; an old stain may require soaking for twelve hours. Iron mould is to be held over a basin of boiling water and rubbed with bruised sorrel leaves, afterwards washed with warm suds; or cover the spots with a paste of lemon juice, salt, powdered starch and soft soap and then expose to sunlight. Mildew is treated in the same way, or by covering with powdered chalk and bleaching on the grass. Paints are disposed of with turpentine, tar with petroleum. Tea yields to boiling water poured from a height, or to glycerine. Wine stains, if old, the same treatment as for old fruit stains. Other stains will frequently yield to boiling milk.—Dyer and California Print.

A Comfortable Trunk.

The newest combination piece of traveling furniture is a desk, bureau and wardrobe trunk for the commercial traveler.

When open and in use this trunk stands on end. The top drawer pulls out and forms a rest for the desk lid. It is partitioned off into compartments for stationery. The lid of the desk opens down and forms the writing table. The upper part of the desk is divided into the usual lot of pigeonholes for letterheads, envelopes, letters, contracts, billheads, blotters and the like, similar to an ordinary office desk on a small scale.

All the desk part is finished in oak, and the drawers faced with dark red leather and fitted with brass handles and hinges, so put together that the defects usually found in a combination trunk are done away with.

The second drawer is divided up into compartments for underwear, neckwear, collars and cuffs, and a hat box lined with quilted satin. The third drawer is for shirts, and the lower one for wearing apparel.

In the lid of this remarkable trunk are a clothes rack and straps arranged like a lower tray in an ordinary trunk, but long enough to carry trousers and coats without folding.

There is sometimes an interchangeable arrangement made to fit a place of the two lower drawers, and this is a single section in drawer form fitted with cleats to carry a typewriter.

Strange as it may seem, there is no folding bed tucked away in any corner, nor a cooking stove, otherwise the traveler would not need a hotel.—Chicago Chronicle.

Recipes.

Spiced Damsons—Seven pounds of fruit after it is prepared, three pounds white sugar, one and one-half pints strong vinegar, one tablespoon each of cloves, mace, allspice and cinnamon. Boil slowly until done. The damsons should keep their form and the juice be thick and of fine flavor.

Good Fritter Batter—Four ounces of flour, one gill of water, one tablespoonful of salad oil. Make this all to a nice batter, let it stand for an hour or two, then, just as you want it for use, stir in lightly and quickly the whites of two eggs beaten to the stiffest possible froth. This makes a delicious batter, but of course its lightness must depend greatly on the fat in which it is fried.

Baked Spanish Onions — These onions are more delicate flavored than the common sort, and well repay the care in cooking. First put enough for each to have one unskinned in a kettle of boiling salted water, boiling one hour, then drain and wipe dry, lay in greased paper, twisting the ends, to keep in the steam, and bake from one to two hours. Then remove the papers, peel, serve with butter, pepper and salt, or hot seasoned cream.

Pulled Cream Candy—In a good-sized saucepan put two pounds of granulated sugar, one tablespoonful of butter, one-half of a cupful of cream and one and one-half cupfuls of water. Boil slowly but steadily until a spoonful, dropped into cold water, can be rolled into a firm ball. Add one-quarter of a teaspoonful of soda, take from the fire; add one teaspoonful of vanilla and pour on a greased platter. Pull as soon as cool enough to handle.

The Great Anglo-Indian Empire.

According to a recent writer the great Anglo-Indian empire is composed of nine large provinces (Assam, Bengal, Benaree, Bombay, Birman, Central Provinces, Madras, Northeast Provinces, Punjab) and about 250 districts. Besides there are more than 600 feudatory states, subject to the control of the Governor-General of India. The area is about 1,800,000 square miles, and the population close on 287,000,000. India possesses almost all climates—cold in the Himalayas, hot and temperate European climate in the mountai[...] tropical in Bengal, the Ganges, th[...] and the coas[...]

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Speak well of your friend, of your enemy, say nothing.

He who says what he likes will hear what he does not like.

A man's manners are the mirror in which he shows his portrait.

Learning is either good or bad according to him that has it—an excellent weapon, if well used; otherwise, like a sharp razor in the hands of a child.

Life is no idle dream, but a solemn reality based on and encompassed by eternity. Find out your work, and stand to it; the night cometh when no man can work.

All brave men are brave in initiative, but the courage which enables them to succeed where others dare not even attempt is never so potent as when it leads to entire self-forgetfulness.

Not unremembered is the hour when first friends met. Friends, but friends on earth, and therefore dear; sought oft, and sought almost as oft in vain, yet always sought, so native to the heart; so much desired and coveted by all.

Human happiness has no perfect security but freedom, freedom none but virtue, virtue none but knowledge has any freedom, virtue nor knowledge has any vigor of immortal hope except in the principles of the Christian faith and in the sanctions of the Christian religion.

The Joys of Childhood.

Johnny and Tommy, who are the noisiest children in Yorkville, were playing. "Let's play on this doorstep," suggested Tommy. "No," Jimmy said, "there isn't any fun in doing that. That's an empty house. Let's go down the street and play. I know where there's a newspaper man's house. He works all night and sleeps in the daytime." And the pair of cherubs started off to the spot where the maker of thoughts for seventy million ladies and gentlemen was trying to replenish his empty think tank by the balmy sleep process.

Beauty Is Blood Deep.

Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and drivi[...] purities from the body. Begi[...] banish pimples, boils, blotche[...] and that sickly bilious compl[...] Cascarets,—beauty for ten [...] gists, satisfaction guaran[...] 50c.

One pound of Indian tea will make 170 strong cups of tea.

$100 Reward. $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only p[...]tive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address

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To quit tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 50c or $1. Cure guaranteed. Booklet and sample free. Address Sterling Remedy Co., Chicago or New York.

Joseph Jefferson does not like to be considered an invalid.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reducing inflammation, allays pain, cures wind colic. 25c. a bottle.

A new scholarship has just been conferred on the scientific school of Harvard University by a gift of $10,000 from J. R. Jennings, of the class of '77, now a mining engineer in South Africa.

To Cure A Cold in One Day.

Take Laxative Bromo Quinine Tablets. All Druggists refund money if it fails to cure. 25c.

The late John J. Faiyel, superintendent of the Holy Terror Mining Company, in the Southern Hills, near Deadwood, S. D., has left a $75,000 endowmect for a public library at his old home in Theresa, N. Y.

No-To-Bac for Fifty Cents.

Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c, $1. All druggists.

Lord Ilchester has 11,000 swans upon his estate at Abbotsburg, near Weymouth, England.

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Some wonderful stalactite caves have recently been discovered eight miles from Krugersdorp, in the Transvaal.

To Cure Constipation Forever.

Take Cascarets Candy Cathartic. 10c or 25c. If C. C. C. fail to cure, druggists refund money.

The two little islands of Zanzibar and Pempa furnish four-fifths of the cloves consumed by the world.

I can recommend Piso's Cure for Consumption to sufferers from Asthma.—E. D. TOWNSEND, Ft. Howard, Wis., May 4, 1894.

Among the Kols of Central India a sham fight always accompanies the wedding ceremony.

Educate Your Bowels With Cascarets.

Candy Cathartic, cure constipation forever. 10c, 25c. If C. C. C. fail, druggists refund money.

Mrs. Langtry in the past year or two is said to have become one of the best judges of horseflesh in England.

ST. JACOBS OIL Cures Rheumatism, " Neuralgia, " Lumbago, " Sciatica, " Sprains, " Bruises, " Soreness, " Stiffness, " Backache, " Muscular Aches

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HEALTH AND BEAUTY.

Do not begin a long journey until some breakfast has been eaten. After taking a warm drink do not go immediately out into the cold and do not drink anything hot immediately as you come in out of the cold.

To soften nails, rub the following preparation well into them each night and sleep in gloves: Lanoline, one ounce; vaseline, half-ounce; olive oil, ten drops. The hands should always be washed in warm water and the nails polished with a leather.

The upper part of the arms of a woman should be large, full and well rounded. The forearm should not lie too flat. A dimple at the elbow is very desirable. Correctness of form is not the most necessary thing for a good arm. The owner should also possess the power of expression and here is a word of advice—the slowest movements are always the prettiest.

People are most likely to catch cold in the back than they are generally aware of and if neglected may prove a serious matter. The back, especially between the shoulders, should always be kept well covered and never lean with your back against anything that is cold. Never sit with your back in a direct draught and when warming it by the fire do not continue to keep the back exposed to the heat after it has become comfortably warm. To do so is debilitating.

The woman who wishes to retain the beauty of her face should forego the use of the smelling bottle. Stand in front of a mirror and inhale the pungent odor from a smelling bottle and notice the number of lines which form about the eyes, nose and mouth. Each sniff taken from the bottle causes the same screwing up of the face and each time the unbecoming lines deepen. Remember, also, that it is an unpleasant experience which has called up these wrinkles. Those caused by laughing and talking are bad enough, but wrinkles formed by the use of smelling salts gives an absolutely undesirable expression.

WHEN WELCOME IS WORN OUT

Tactful Hints of Hosts Who Are Weary of Guests.

An Ohio host, wearied out of all endurance by the persistency of his guest, chose as his medium the family prayer after breakfast, and said: "O Lord, bless our visiting brother, who will leave us on the 10 o'clock train this morning." I prefer the subtler and more reverent method of another Ohioan, the father of William Dean Howells, the novelist. His practice was, when a visitor had worn out his welcome, to be called away on business and to say to his guest: "I suppose you will not be here when I return, so I will wish you good-by." Excellent and highly appreciated by the boys was the formula used by Dr. Vaughn, when, as headmaster of Harrow school, he had to entertain the highest form in the school in batches at breakfast. Commiserating the bashfulness of the lads who did not know how to leave and yet wanted to do so, the doctor would say—apropos of nothing: "Must you go? Can't you stay?" This was the signal for departure. I admire very heartily the transposition of a blundering narrator, who, in telling this story, gave the formula as "Can't you go? Must you stay?" A fellow feeling makes one wondrous kind to this revised version.

Could She Talk!

"Can she talk, old man?" "Can she? Why, last summer, in the mountains, she didn't even let the echo have the last word."—Puck.

Anxious to Learn.

She—They say the Clippersons have always lived away beyond their means. He—I wonder if we could get them to show us how?

Does Your Head Ache?

Are your nerves weak? Can't you sleep well? Pain in your back? Lack energy? Appetite poor? Digestion bad? Boils or pimples? These are sure signs of poisoning.

From what poisons?

From poisons that are always found in constipated bowels.

If the contents of the bowels are not removed from the body each day, as nature intended, these poisonous substances are sure to be absorbed into the blood, always causing suffering and frequently causing severe disease.

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