BUY FOLEY'S USE
HONEY AND TAR COMPOUND
STOPS COUGHS - CURES COLDS
Contains No Opiates Is Safe For Children



ALLEN'S FOOT-EASE,

The Antiseptic powder shaken into the shoes—**The Standard Remedy for the feet** for a quarter century 30,000 testimonials. Sold everywhere. 25c. Sample FREE. Address, Allen S. Olmsted, Le Roy, N.Y.

Trade Mark

The Man who put the EE s in FEET.

Pettit's Eye Salve FOR WEAK SORE EYES

Natural Result.

"That girl rings true."

"Of course. She is a fine belle."

Only One "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day, Cures Grip in Two Days. 25c.

The devil considers it safe to sleep in the church where the preaching keeps nobody awake.

ITCH Relieved in 30 Minutes.
Woolford's Sanitary Lotion for all kinds of contagious itch. At Druggists. Adv.

Extremes Meeting.

"What makes your husband so miserable today?"

"A joy ride yesterday."

Its Natural Place.

"Where is this site you're talking about for your suburban cottage?"

"As yet, it is all in my eye."

For SUMMER HEADACHES
Hicks' CAPUDINE is the best remedy—no matter what causes them—whether from the heat, sitting in draughts, feverish condition, etc. 10c., 25c and 50c per bottle at medicine stores. Adv.

His Doubt.

"Say, Billy," called the junior clerk, "how do you spell citizen?"

"'C-i-t-'"

"I know about the front end of it, but is it 'z-u-n or s-u-n?'"

Journalistic Horror.

Old Subscriber—You and the editor of that paper down in Lonelyville indulge in a lot of cheap jokes on each other's town.

Editor (of Drearyhurst Argus)—Yes, sir; we're going to put a head on them and call them "Interurbanites."

Flattery.

Visitor—So he trimmed the people here out of thousands of dollars? He must have been smooth. How did he do it?

Native—Simply by addressing every Democrat in town, in an apparently absent way, as "postmaster."—Puck.

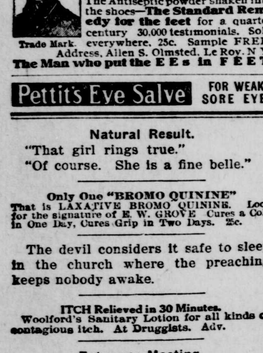
Astonished the Bishop.

It was an English youngster who so thoroughly surprised the kindly bishop whom he had been directed to address as "My lord."

"How old might you be, my child?" asked the stately if smiling ecclesiastic.

"My God, I'm 7!" the frightened child replied.

HOT RETORT.



The Pompous Man—Why, sir, I'm a er-er-self-made man.

The Lean Chap—When are you going to call the strike off and complete the job.

AS TO FLAVOUR.
Found Her Favorite Again.

A bright young lady tells how she came to be acutely sensitive as to the taste of coffee:

"My health had been very poor for several years," she says. "I loved coffee and drank it for breakfast, but only learned by accident, as it were, that it was the cause of the constant, dreadful headaches from which I suffered every day, and of the nervousness that drove sleep from my pillow and so deranged my stomach that everything I ate gave me acute pain. (Tea is just as injurious, because it contains *caffeine*, the same drug found in coffee.)

"My condition finally got so serious that I was advised by my doctor to go to a hospital. There they gave me what I supposed was coffee, and I thought it was the best I ever drank, but I have since learned it was Postum. I gained rapidly and came home in four weeks.

"Somehow the coffee we used at home didn't taste right when I got back. I tried various kinds, but none tasted as good as that I drank in the hospital, and all brought back the dreadful headaches and the 'sick-all-over' feeling.

"One day I got a package of Postum, and the first taste of it I took, I said 'that's the good coffee we had in the hospital.' I have drank it ever since, and eat Grape-Nuts for my breakfast. I have no more headaches, and feel better than I have for years." Name given upon request. Read the famous little book, "The Road to Wellville," in pkgs. "There's a reason."

Postum now comes in concentrated, powder form, called Instant Postum. It is prepared by stirring a level teaspoonful in a cup of hot water, adding sugar to taste, and enough cream to bring the color to golden brown.

Instant Postum is convenient; there's no waste; and the flavour is always uniform. Sold by grocers—45 to 50-cent tin 30 cts., 90 to 100-cup tin 50 cts.

A 5-cup trial tin mailed for grocer's name and 2-cent stamp for postage. Postum Cereal Co., Ltd., Battle Creek, Mich.—Adv.

THE KITCHEN CABINET



DIGNITY comes not from possessing honors, but in the consciousness that we deserve them.

The greatest truths are the simplest and so are the greatest men. —Hare.

SOME PLAIN DISHES.

A plain beef stew is an appetizing dish when nicely prepared, and one which gives variety.

Beef Stew.—Cut all the fat from the meat and put it into a frying pan to try out all the fat. To a pound and a half of the meat allow a large onion cut fine, two tablespoonfuls of minced carrot and the same of celery. Cut the meat in small pieces. Put the vegetables into the fat of the pan and cook until well heated through, then add the meat, which has been rolled in flour, and cook until well browned; add two teaspoonfuls of salt, a few dashes of cayenne pepper and water to just cover. Set on the back part of the stove where it will simply keep hot for two or three hours. The last hour add a pint of sliced potatoes, and when the potatoes are done, serve at once.

Apple Croquettes.—Add half a cup of bread crumbs to a pint of thick sour apple sauce, mix well and shape in balls, dip in egg and crumbs and fry in deep fat.

Brown Bread.—Take two cups of graham flour, a cup of white flour, a cup of nuts and a cup of raisins mixed, a teaspoonful each of soda and salt, a teaspoonful of baking powder, half a cup of molasses, and a cup and a half of sour milk. Bake one hour in a slow oven.

Corn Souffle.—Melt a tablespoonful of butter and stir in a tablespoonful of flour; when well cooked add a pint of hot milk, poured on slowly; add one by one the yolks of three eggs, beating well. Add a cup of corn chopped or put through a meat grinder; season with salt and cayenne. Fold in the stiffly beaten whites of the eggs and put the mixture into a well-greased baking pan, set the pan in hot water and bake twenty minutes. Test it with a knife—if it comes out clean the souffle is done.



SMALL kindnesses, small courtesies, small considerations, habitually practiced in our social intercourse give a greater charm to the character than the display of great talents and accomplishments. —N. A. Kelly.

DELICACIES FOR OCCASIONS.

When a change from the ordinary is desired, try making a banana salad like this: Use a potato scoop and cut out the balls from firm bananas; put back into the carefully opened skins, cover with French dressing, and serve.

Frozen Cheese With Figs.—Mash two good-sized cream cheeses, beat them with a half cup of whipped cream, sweeten to taste, pack in a mold and bury in ice and salt four hours. Cut in rounds with a biscuit cutter, make a depression in the center of each with a spoon and place in each a preserved fig, stem end up.

Cream of Spinach Soup.—Press a cup of cooked spinach through a sieve, add a pint of thin white sauce and a pint of chicken broth. Season with salt and white pepper, and serve, poured over the yolks of two eggs mixed with a half cup of cream.

Oysters in Grape Fruit Cups.—Save the shells of halves of grapefruit; chill by standing in cold water, fill with chipped ice, lay an oyster on each half shell in depressions in the ice with a lemon quarter in the center, or a shell of lemon peel filled with a sauce to be used on the oysters.

Celery Boulettes.—Chop some celery and cold boiled potato until you have a cupful of each; add an egg yolk, a tablespoonful of butter, half a cup of pecans. Moisten with milk and mold into balls; dip in egg and crumbs and fry in deep fat. Serve with a sprig of parsley on each.

Steamed Salmon With Potato Balls.—Pick up the contents of a large can of salmon, add salt, pepper and a tablespoonful of lemon juice. Fold in a small cup of cream, which has been whipped; put into a buttered mold and steam three-quarters of an hour. Turn out and surround with potato balls dipped in butter and rolled in parsley.

Nellie Maxwell

Place for the Thermometer.

If you have only one thermometer, sacrifice your curiosity as to the outside temperature and hang it in your living room, that you may preserve your health by keeping the room "just warm enough."

Fruit Notes.

Grape fruit is at length becoming popular in Germany. It is not so many years ago since it began to become popular in the United States, and it should be remembered that Germany was first to eat the tomato.—Christian Science Monitor.

Rough on the Suitor.

Her Papa—"Is my daughter willing to marry you?" Her Suitor—Yes, sir." Her Papa—"Is it an election bet or is love really blind?"—The Club Fellow.

Keep It Mum.

If you have not slept, or if you have slept, if you have the headache, or leprosy, or thunderstroke, I beseech you by all the angels to hold your peace and not pollute the morning.—Emerson.

That Kind of a Man.

"What kind of a man is Squire Simmons, anyway?" "Well, I'll tell ye. You've seen them snowstorms along airly in the winter, when there's a good deal of wind, but not much sleighing? That's the sort he is."

PROPER CARE OF THE FARROWING SOW



Colony House for Brood Sows.

(By W. R. GILBERT.)

Special farrowing pens are provided only when many breeding sows are kept, but where there is to be a removal from the ordinary quarters to a special place it should be done in good time, so that the sow may become thoroughly accustomed to her new surroundings.

There is considerable difference of opinion as to why sows kill and eat their young, and no doubt the causes are as diverse as the theories advanced to account for it. One of them, however, and not the least common, is insufficient space.

A sow, when she lies down in close quarters, is apt to catch an unfortunate youngster between her carcass and the wall against which she generally places her back when suckling her pigs.

The farrowing-pen should, of course, be regulated to some extent by the size of the breed kept, but generally the space allowed is too heavy sows with hardly room to turn around in the diminutive apartments that, previous to farrowing, served them as sleeping quarters.

Small breeds should be allowed a space of not less than eight feet by eight feet, increasing in the case of the larger breeds up to 12 feet by 8 feet, or 12 feet by 10 feet; and to prevent the young pigs from being



Mortgage Lifter.

crushed against the wall, it is a good plan to fix a strong rail around each side of the farrowing place, at a height of from seven to nine inches from the floor, and a similar distance from the wall.

This will prevent the sow floundering down with her back against the side of the pen and provides a refuge for the youngsters who can get under the projection.

It is a great mistake to provide the farrowing sow with a large quantity of bedding. Under ordinary circumstances there is no better bedding-material for pigs than good wheat-straw, but for the farrowing sow a moderate quantity of short stuff is preferable to the long materials in which the pigs are apt to get tangled and unable to escape quickly out of the way of a clumsy mother.

The question whether at farrowing-time the sow should be left to her own devices, or assisted in any way in taking charge of the pigs until the birth is complete is much debated by pig breeders. She should certainly be watched.

In many cases the sow farrows during the night and is found with her pigs all right and comfortable in the morning, but it is not always so, and not a few sacrificed sows are the result of a want of a capable attendant.

If the sow has farrowed all right, she should be fed in such the same way as during the closing days of gestation. It is a great mistake to "feed for milk" before farrowing, and equally an error to begin to stuff the sow with heating or milk producing food immediately afterward.

The inexperienced breeder thinks he must brace up his sow with plenty of good food to meet the demand on her system and produce plenty of milk on which the pigs can grow and thrive.

In theory this sounds well, but experience goes to show that it is a poor sort of sow, and one that should not have been bred from, that does not, at the sart, produce enough milk for her pigs without any extra or special feeding.

The time for this is later on when the pigs are growing and require a large quantity of rich milk to satisfy their requirements, and in providing which, if not assisted by better food, the sow is dragged down in condition.

To commence this high feeding directly the pigs are born is not only unnecessary, and therefore wasteful, but it is injurious. It really defeats the object in view, for it overstimulates the milk-glands and inflames the udder; while the effect on the little pigs is to sicken them and cause scouring and liver derangement, to which young pigs are prone.

The majority of cases of so-called milk-fever in sows, in which the secretion disappears altogether and leaves the youngsters practically motherless, are due to high or overfeeding prior to, and immediately after farrowing.

The diet of the suckling sow should be gradually increased in quantity and richness, and as the pigs grow, a little meal composed of wheat, barley, or oats may be added to the shorts and bran, which is about the best diet at this period, and the number of times of feeding increased.

An important feature in the successful management of the sow and litter is to get the youngsters to feed as early as possible. This pays in two ways—it saves some of the drag on the sow, and it gets the pigs fit to wean earlier, releasing the sow from her maternal duties.

Moreover, when the pigs are removed from the sow, which is generally a fortnight too soon, they are much better fit to do without her milk, and also much less liable to the convulsive attacks so common in newly weaned pigs, whose stomachs are unaccustomed to deal with the coarse food often too plentifully supplied to them.

Indigestion, constipation and "fits" are very intimately connected, and all are due to improper feeding.

The best way to teach young pigs to eat is to provide a run or "creep" into an adjoining pen to which the sow cannot obtain access, or to feed them while she is turned out to get some exercise.

WAY OF FEEDING CORN TO HORSES

Grinding Will Not Pay Unless Animals Have Poor Teeth—One Combination.

If corn must be fed to the horses, grinding it will not pay, unless the horses have poor teeth, in which case it might be advisable. Feeding the ear or shelled corn would be the more desirable method of feeding.

Crushed corn and cobmeal is not as good because of the cost of crushing, and the amount of food value secured from the cob is so small that it does not make up for the energy required to digest so much crude fiber.

A combination of corn, bran and a little oilmeal make a good summer ration for horses. Feeding a 1,000-pound horse about 10 pounds of corn and 3 pounds of bran per day would be equivalent to 14 pounds of oats, although it contain a little more carbohydrates and less protein, thus making a little wider ration. A small amount of oil meal would offset this, however.

Paper From Spinach.

In England paper of an excellent quality is now being made from a species of spinach of large proportion. The plant grows stems five feet high and supplies a fiber which it is believed will prove an important factor in paper making.

Care of Injured Trees.

Trees injured by rabits should have the wounds covered securely with grafting wax and banked up with earth far enough to extend above the injured places.

SORE SHOULDER CAUSES AND CURE

While Friction and Pressure Continue There Can Be No Permanent Healing.

The axiom in medicine, "Remove the cause and the effect will cease." Sore shoulders and backs are due to two causes, friction and pressure, and while these continue in operation there can be no sure or permanent healing.

That the sore heals up pretty well when the animal is not at work (doubtless it would heal completely if the rest was long enough), and breaks out again when the mare is put to work, says Horse Journal, is eloquent of something being wrong with the fit of the collar.

There are occasionally met with animals, especially those out of condition, with skins so tender that they are only kept at work with the greatest difficulty, and for these it is sometimes necessary to find other work, or special means of draught in the shape of breast harness.

Streak of Cruelty.

A man who will allow his hogs to lie in damp places exposed to the cold night winds has a streak of cruelty in him. Aside from the heartlessness of the thing, it is bad business policy because a pile of hogs will deteriorate—those on top from the cold and those underneath from being half suffocated.

Fruit for Home Use.

When fruit is cheap and plentiful in the market its value for home use is not by any means lessened.

LARGE FLY IN THE OINTMENT

Successful Candidate Should Have Been Happy, but There Were Reasons Why He Was Not.

"I suppose you're very happy, now that you're elected mayor?"

"Well, I can't say that I am. I thought I would be, but it hasn't worked out that way."

"But you got such a splendid vote. It ought to make you feel happy to think the people have such confidence in you."

"That is cheering, of course. It is fine to know that the majority of the people believe in you. Still, I'm not altogether contented."

"I can't understand it at all. Here you've been elected to the highest honor in the community; you have splendid opportunities to do good work; you may graduate from this position to broader service for the state, and possibly from the state to the nation. You ought to be happy if anyone is."

"I know it. But I'm not. The fact is I am up against it. I have four political managers who did splendid service for me, and each one demands the same job."—Detroit Free Press.

BAD CASE OF HEMORRHOIDS

Okalona, Ark.—"I had a bad case of itching and burning piles, and tried many remedies without relief. I could not sleep nor rest at night. The affected parts were irritated, also inflamed, and my family physician said I would have to undergo an operation.

"I bathed good with Cuticura Soap in pure water about fifteen minutes, then I applied the Cuticura Ointment. I did this four times a day for two weeks, then three times a day for another week, and in the space of three weeks I was cured sound and well. One box of Cuticura Ointment with Cuticura Soap cured my case of piles of six years' standing. When I commenced to use the Cuticura Soap and the Cuticura Ointment, I only weighed one hundred and twenty-eight pounds. Now I weigh one hundred and eighty-eight pounds." (Signed) Floyd Welch, Dec. 11, 1911.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston." Adv.

UP TO HIM.



"Do you think your sister favors my suit?"

"Well, it's all right if you come through, but if you don't she favors a suit for breach of promise."

Not Altogether a Case of Love.

Here is a story to illustrate the point that one never can judge by appearances.

"A young boy with golden curls, a regular cherub in appearance, was on the front porch playing with a little dog and putting him through a lot of tricks. A minister passed by and was struck by the appearance of the little chap and the celerity with which the dog obeyed all his commands.

"'Ah, little boy,' he said, 'you must love your dog. Are you good to him?'

"'Sure!' answered the cherub.

"'And I suppose he loves you, too, and that's why he minds you so well?'

"'Well, if he didn't mind me, I'd knock his blooming block off,' was the unexpected retort of the child."

British Seamen's Thrift.

For the years 1855 to 1912 the number of British seamen's money orders issued at ports in the United Kingdom and abroad was 3,365,489, of the value of over £19,000,000. On March 31 last, only 742 of these orders remained unpaid, their value being £7,060. The total amount of seamen's wages transmitted home between 1878 and 1912 was £5,550,000, and the amount transmitted foreign between 1894 and 1912 was over £1,000,000.—"Shipping" Illustrated.

Packing Food in Ferns.

In Germany the use of ferns is coming into more and more favor for packing food which is transported either short or long distances. The practice became common in England before it gained equal vogue in Germany, and the results are said to be excellent, especially in shipping fresh fruit, butter, fish and other food products which require unusual care.

Why He Is Known.

The class in ancient history was reciting. "Now, Harry, can you tell me who Nebuchadnezzar was?" asked the teacher. "Nebuchadnezzar," answered the boy, right off the bat, "was the greatest of the Babylonian kings, and for his connection with the Hebrews he got a write-up in the Bible."

DOES YOUR HEAD ACHE?
Try Hicks' CAPUDINE. It's liquid—pleasant to take—effects immediate—good to prevent Sick Headaches and Nervous Headaches also. Your money back if not satisfied. 10c., 25c. and 50c. at medicine stores. Adv.

Force of Habit.

"What a pushing way Tibbets has."

"No wonder; he used to be a lawn mower drummer."

There is nothing a man will do with so little encouragement as fishing.



An added pleasure for smokers of

Liggett & Myers

Duke's Mixture

Here is a smoke with the real, genuine tobacco taste—that beats all artificial tastes. Every grain of it is pure, clean tobacco. Tucked into a pipe, or rolled into a cigarette, it makes a delightful smoke.

If you have not smoked Duke's Mixture, made by *Liggett & Myers* at Durham, N. C., try it now.

In addition to one *and a half* ounces of fine Virginia and North Carolina leaf, with each 5c sack of Duke's Mixture you now get a book of cigarette papers free and

A Free Present Coupon

These coupons are good for hundreds of valuable presents. There are shaving sets, jewelry, cut glass, baseballs, tennis racquets, talking machines, furniture, cameras, and dozens of other articles suitable for every member of the family—each of them well worth saving the coupons for.

As a special offer, *during March and April only, we will send our new illustrated catalogue of these presents FREE.* Just send us your name and address on a postal.



Coupons from Duke's Mixture may be assorted with tags from HORSE SHOE, J. T., TINSLEY'S NATURAL LEAF, CRACKER JACK TWIST, *coupons from* FOUR ROSES (10c-in double coupons), PICK PLUG CUT, PIEDMONT CIGARETTES, CLIX CIGARETTES, *and other tags or coupons issued by us.*

Premium Dept.
Liggett & Myers Tobacco Co.
ST. LOUIS, MO.



COLT DISTEMPER

Can be handled very easily. The sick are cured, and all others in same stable, no matter how exposed, kept from having the disease, by using SPOHN'S LIQUID DISTEMPER CURE. Give on the tongue, or in feed. Acts on the blood and expels germs of all forms of distemper. Best remedy ever known for mares in foal. One bottle guaranteed to cure one case. 50 and $1 a bottle; $5 and $10 dozen of druggists and harness dealers, or sent express paid by manufacturers. Cut shows how to position thread. Get free Booklet giving everything. Local agents wanted. Largest selling horse remedy in existence—Twelve years.

SPOHN MEDICAL CO., Chemists and Bacteriologists, Goshen, Ind., U. S. A.

WHY INCUBATOR CHICKS DIE Write for book saving young chicks. Send us names of 7 friends that use Incubators and get book free. Raisail Remedy Co., Blackwell, Okla.

Julius Caesar.

The almost unanimous verdict of ancient and modern times is to the effect that Julius Caesar was what Shakespeare calls him: "The foremost man of all this world." Never before or since has any one exhibited in so high a degree all the qualities of a born ruler of men. And never had any man a grander role to play. To preside over the most important crisis in the history of the most important branch of the human race was a task that none by the greatest of men could successfully perform. Caesar swept one obstacle after another aside, and stood at last where he meant to stand.

Distinction.

Cora was fond of all-inclusive prayers, and one night she offered the following discriminating petition: "Lord, please bless mother and father and all of us, and give us everything good; and please bless our friends, and give them what is good for them!"—Harper's Magazine.

Sure of One Thing.

"I tell you, the man is a dipsomaniac."

"There! I knew he was something dippy."

Only Kind They Go To.

"She wrote her name on a new laid egg."

"That's a good way to catch someone with money."

Insufficient.

Knicker—Do you treat your cook as one of the family?

Bocker—Goodness, no; we treat her like three of the family.

The reason a man can't help loving a girl like a lunatic is she could help him not to only that's the way she wants him to do it.

HIS OPINION.



Howe—I understand your friend Bangs recently led a charming widow to the matrimonial altar.

Wise—I don't know about that. I'm inclined to think she pushed him there.

Will Dawn Upon Him Some Day.

"Oh, yes; Jack adores me; I've known it for weeks."

"Then what's bothering you?"

"What's bothering me! Why I've got to wait for him to find it out."—Boston Evening Transcript.

PILES CURED IN 6 TO 14 DAYS
Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

No sprinter can get over the ground fast enough to overtake the golden opportunity that has escaped.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle. Adv

The man who stands on the promise of God lives in the land of promise.

Why Women Have Nerves

The "blues"—anxiety—sleeplessness—and warnings of pain and distress are sent by the nerves like flying messengers throughout body and limbs. Such feelings may or may not be accompanied by backache or headache or bearing down. The local disorders and inflammation, if there is any, should be treated with Dr. Pierce's Lotion Tablets. Then the nervous system and the entire womanly make-up feels the tonic effect of

DR. PIERCE'S
FAVORITE PRESCRIPTION

when taken systematically and for any period of time. It is not a "cure-all," but has given uniform satisfaction for over forty years, being designed for *the single* purpose of curing woman's peculiar ailments.

Sold in liquid form or tablets by druggists—or send 50 one-cent stamps for a box of Dr. Pierce's Favorite Prescription Tablets. Ad. Dr. R.V. Pierce, Buffalo, N.Y.

Every woman ought to possess The People's Common Sense Medical Adviser by R.V. Pierce, M.D. 1008 pages. It answers questions of sex—Teaches mothers how to care for their children and themselves. It's the emergency doctor in your own home. Send 21 one-cent stamps to Dr. Pierce as above.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG COMPANY, Quincy, Ill.

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