THAT CHANGE IN WOMAN'S LIFE

Mrs. Godden Tells How It May be Passed in Safety and Comfort.

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.

Such annoying symptons as heat flashes, nervousness, backache, headache, irritability and "the blues," may be speedily overcome and the system restored to normal conditions by this famous root and herb remedy Lydia E. Pinkham's Vegetable Compound.

If any complications present themselves write the Pinkham Medicine Co., Lynn, Mass., for suggestions how to overcome them. The result of forty years experience is at your service and your letter held in strict confidence.

Boys and Girls Clear the Skin with Cuticura

Ointment, Soap, Ointment, Talcum 25c. each.

Kill All Flies! THEY SPREAD DISEASE

Placed anywhere, DAISY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed. DAISY FLY KILLER at your dealer or 5 by EXPRESS, prepaid, $1.25.

HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

Our Best Little Imitator.

The catbird is so called because the note by which he is most commonly known is like the meow of a cat, but as a matter of fact he imitates almost every other sound he hears, says the American Forestry association of Washington, whose nation-wide birdhouse building contest is attracting great attention to the country's feathered host. It has been said that the catbird can imitate anything from a squeaking cartwheel to the song of a thrush. He sings along apparently without knowing what he is going to improvise next. In color this bird is rather somber, being dark gray with a black cap. He is one of the most common birds throughout the United States, although rare west of the Rockies.

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

A Boon.

"I see some scientist is trying to perfect an edible cactus."

"These scientists mean well, but they are always in the clouds."

"Huh?"

"Now, an edible ham sandwich would mean much to mankind."—Louisville Courier-Journal.

How's This?

We offer $100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System.

Sold by druggists for over forty years. Price 75c. Testimonials free.

F. J. Cheney & Co., Toledo, Ohio.

People who never make mistakes are dangerous persons to associate with.

He that commandeth well shall be obeyed well.

SAFE, GENTLE REMEDY BRINGS SURE RELIEF

For 200 years GOLD MEDAL Haarlem Oil has enabled suffering humanity to withstand attacks of kidney, liver, bladder and stomach troubles and all diseases connected with the urinary organs, and to build up and restore to health organs weakened by disease. These most important organs must be watched, because they filter and purify the blood; unless they do their work you are doomed.

Weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, pains in the loins and lower abdomen, gravel, rheumatism, sciatica and lumbago all warn you of trouble with your kidneys. GOLD MEDAL Haarlem Oil Capsules are the remedy you need. Take three or four every day. The healing oil soaks into the cells and lining of the kidneys and drives out the poisons. New life and health will surely follow. When your normal vigor has been restored continue treatment for a while to keep yourself in condition and prevent a return of the disease.

Don't wait until you are incapable of fighting. Start taking GOLD MEDAL Haarlem Oil Capsules today. Your druggist will cheerfully refund your money if you are not satisfied with results. But be sure to get the original imported GOLD MEDAL and accept no substitutes. In three sizes. Sealed packages. At all drug stores.

MAKINGS OF A HAPPY MAN

Good Habits and Wise Living Go a Long Way Toward Securing the Best in Life.

We have noticed the happiest man many a time. He works for his living, and he gets a good one. One thing we notice, he is a man of fine habits. He saves his money and is getting ready to buy some property. He loves his home, plays with the children, reads good books and keeps company with his wife. Because of his good habits he saves a little, which will give him a chance to make an investment.

And then there is another thing—he is a reliable man. He does good work. He is honest in whatever he does. Every dollar he gets represents just that much of honest labor. It is this, largely, that makes him prosperous and happy.

Water keeps its own level, and so do conduct and character and prosperity. If a man is mean and low, so will the consequences be. He cannot be one thing and his experience another. A low-lived man may grow rich and happy, but it will not be for long. Anybody can tell what's the matter with a man if he is with him a day. He will soon see if the other is a spleen, a stomach, an uplift or a hope.—Ohio State Journal.

It is safer to commend the dead than the living.

Punishment.

The primary class of the Sunday school was having a lesson on disobedience and its frequent direful consequences.

"Oh, yes, I know all about that," said Roberta. "I was punished yesterday for not minding my mother."

"Is that so?" said the teacher. "Can you tell me about it?"

"Well, my mother told me not to go off our own sidewalk, so she could call me when she wanted me, but I did. I went around the corner to play with another little girl and when she called me I didn't hear."

"And were you punished for your disobedience?"

"Yes, I was. I didn't get back to lick the cakepan!"

Future Binding-Twine Supply.

American farmers use 200,000,000 pounds of binder twine a year, while an additional 100,000,000 pounds is necessary for the other grain-growing countries. Eighty per cent of the henequen used in the manufacture of twine comes from Yucatan and most of the sisal used in making twine also is imported from foreign countries. For the protection of American farming interests the United States department of agriculture is promoting the growing of sisal and henequen in the Philippine islands, Hawaiian islands, Porto Rico and Florida in order that Uncle Sam's future supply of binder twine may be a "Made in America" product.

Now's The Time

to enjoy that drink of all table drinks,

The Original POSTUM CEREAL

An invigorating cup of rich, snappy flavor, full-bodied and delicious to the taste. The very thing to add to your solid table enjoyment, for it is part of the meal—not merely something to drink with it.

Postum is boiled just like coffee (full 15 minutes after boiling begins), but unlike coffee it is pure and drug-free. Coffee drinking usually upsets nerves, stomach and heart. Postum contains nothing harmful.

At Grocers—Two Sizes—Usually sold at 15c and 25c

SOLDIERS RESPOND IN LARGE NUMBERS TO CHANCES TO ENGAGE IN FARM WORK

Many Soldiers Recovering From Wounds Plan to Go Into Farming—The Photograph Shows Secretary of Agriculture David F. Houston Talking to Some of Them.

(Prepared by the United States Department of Agriculture.)

There is an after-the-war song running something like this:

"How you going to get him
Back on the farm,
After he's seen
Paree?"

The problem is one that the United States department of agriculture is successfully attacking, not by "back-to-the-farm" propaganda, but simply by informing soldiers of definite opportunities to enter or return to agricultural work. Already such opportunities have proved to be all that was necessary to induce many soldiers, sailors and marines to join or rejoin the peace-time army of food producers.

At the demobilization camps agricultural representatives are conferring with soldiers about opportunities for a job in agricultural work. The information they give the men is definite. Each demobilization camp discharges men from certain states. These representatives have a list of all agricultural jobs open in those states. These lists are classified into different types of farming, so that the soldier can quickly be connected with the particular job he wants or is best suited to fill.

Opportunities Shown.

If a soldier wants to work on a stock farm, the lists will quickly show all the opportunities open in the state to which he intends going. And the lists contain similar information about general farming, grain farming, dairying, fruit and truck farming. Lists are also kept of farms for sale and for rent, and farm owners who want partners. Full descriptions of all opportunities are obtained so that the soldier can intelligently decide on a job or an investment. When a soldier intends going to a state some distance from the camp where he is discharged he is given letters of introduction to the county agent. The county agents have lists of agricultural opportunities in their counties similar to the lists in the army camps. The county agent can usually place a man on a farm without delay.

Many soldiers have saved some of their pay while in the army. They now want to start in the farming business for themselves. The government helps them decide where they can best make a start with their limited capital, and ofttimes helps them secure credit for buying farm equipment. Local financiers are sometimes willing to extend the soldier credit on his character and good intentions rather than on any collateral he might be able to put up.

Getting Soldiers Interested.

In the barracks of the army camps are placed attractive posters which call attention to the presence in camp of a representative of the United States department of agriculture. These posters ask pertinent questions and state facts about different occupations that remind the soldier who is soon to be discharged that the farm is a mighty good place to be if he is suited or trained for farm work.

Do you want a farm job? Have you ever considered owning a farm? Would you like to rent a farm? Can you drive a tractor? Do you want to buy a farm? These and many other questions are asked. No rosy pictures are painted of a life in flowery beds of ease on the farm. Straightforward facts and figures are presented. The government does not want to send any soldier to the farm unless he is fitted to succeed there.

In some camps farmers' institutes are held. Experts in farm work lecture and answer questions. These institutes run a week with a different program every day. When a new bunch of soldiers come in the work is repeated. One camp reported that 250 to 400 soldiers attend every meeting. The camp libraries assist by placing agricultural books and papers in the lecture halls.

Results of the Work.

Where records have been kept they show that many a soldier who would have drifted to a city goes back to the farm. In one camp, before the agricultural representative had information about definite jobs and farm opportunities, 50 per cent of the farm boys went to cities to get a job. After he had the information only 5 per cent of those with previous farm experience chose the city.

There was a shortage of farm labor before the war. One million men went from the farms into military and naval service. Some of these men will not return to the land. This is neither unusual nor unexpected. Many thousands of young men left the farms during peace times for industry, the professions, and work in the cities. But the large majority of soldiers who came from the farms and who are given any reasonable opportunity are again taking up farm work.

Advantage of Crop.

The advantage of having a crop occupy the land during summer rather than have weeds grow and develop seeds is no small consideration.

Soil Must Be Drained.

Plants cannot thrive with their roots in water. Soil must be well drained if garden crops are to succeed.

Valuable Farm Crop.

Sweet clover is a valuable farm crop.

WHY MORE HONEY IS NEEDED

Not Much of Crop Goes to Family Table, as It Is Consumed in Various Bakery Products.

(Prepared by the United States Department of Agriculture.)

Honey produced in the United States, if divided, would be less than three pounds a person—about 3 per cent of the sugar consumed annually by the average individual.

Not much of the crop goes to the family table. It is consumed in bakery products or used in drug compounds.

The demand for honey can be easily and tremendously increased. The war proved that.

The demand for honey is not constant, because the supply is not constant. Few sirups are as satisfactory or as palatable as honey. A little advertising will sell it.

Experiences during the period of sugar shortage prove that honey production may be vastly increased without fear of overproduction. There was not enough honey then to supply a fractional part of the demand, and if the efforts of beekeepers at that time had suddenly increased the crop to many times its usual volume there still would not have been enough honey to supply the demand.

But beekeeping is a complex business. The United States department of agriculture, while it believes in increasing the honey supply, thinks that the increase should result mainly from better methods on the part of the 1,000,000 people who now own bees rather than by a large increase in the number of beekeepers.

COMMUNITY MARKET IS LINK

Other Benefits Derived Than Allowing Producer to Dispose of Surplus Stock.

(Prepared by the United States Department of Agriculture.)

There are benefits to be derived from community markets other than allowing the near-by producer to dispose of his surplus products at a profit, and the consumer to obtain the family's food supplies in a fresher state and at a lower price than they can be purchased from the retailer.

The direct contact with producers gives the buyers at community markets a direct and tangible interest in the country. The market is a link between urban and rural life. The city buyers soon become acquainted with the farmer-salesman, learning little by little details about his farm, family and life in the country.

The farmer on the other hand learns more about city people and can do much to encourage friendly relations by offering specially choice fruit and vegetables to regular customers.

GENERAL FARM NOTES

Every job better than the last one—that is good farming.

* * *

Chestnut makes good posts if cut when the timber is green, and then well cured.

* * *

Set a bottomless and topless barrel over a clump of rhubarb and have some early pies.

* * *

Although soy beans will grow on the poorer soils they respond to good soil conditions.

* * *

The garden is usually well drained but if it is not laying a few lines of tile will frequently pay well.

* * *

Every blade of grass is a study, and to produce two where there was but one is both a profit and a pleasure.

* * *

It has been figured out that when corn is worth $1.60 per bushel oats are worth, as a hog feed, 74 cents a bushel.

* * *

Both lime and rock phosphate are rather slow acting, and their action is more on clover and alfalfa than on other crops.

* * *

Buttermilk is valuable to produce eggs and the poultryman who can obtain a steady supply at a fair price has overcome one of the worst handicaps to profitable egg production.

If You Need a Medicine You Should Have the Best

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments; corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcels Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

Well, Even That Will Help.

"They say food is going to be cheap pretty soon," remarked the hopeful chap.

"No," said the man who loves to look on the dark side; "it isn't going to be cheap—it will merely seem cheap by comparison."—Boston Transcript.

Dangerous Trade.

"I should thing you would be afraid to be selling soothing medicines for babies."

"Why should I be afraid?"

"You know it is taking hush money."

Daily Thought.

It is never so difficult to speak as when we are ashamed of our silence.—La Rochefoucauld.

Sore Eyes, Blood-Shot Eyes, Watery Eyes, Sticky Eyes, all healed promptly with nightly applications of Roman Eye Balsam. Adv.

Lots of bright hopes are exchanged for gloomy experiences.

CURIOUS IDEAS ABOUT GOLF

Some of Them, That Have Been Preserved, Will Be Appreciated by Devotees of the Game.

Twenty years ago the majority of women knew nothing about golf, and many good anecdotes are still told of some of the curious ideas they had regarding the game. One lady, making sympathetic conversation at dinner, said to an enthusiastic golfer:

"I often see you in your red coat. Do you need many dogs to play golf?"

A younger lady said she knew exactly how the game was played.

"They get what they call caddies to hunt about in the grass till they find a round stone, and then they hit it into a rabbit hole."

A third lady, who had evidently enjoyed a nearer view of the game, said:

"It is played by two men. One is a gentleman and the other is a common man. The common man sticks a ball on a lump of dirt, and the gentleman knocks it off!"

The Result.

"I tried to teach my wife something about the parliamentary way of conducting a debate."

"Did you succeed?"

"Only too well. The first thing when we had a debate about buying a handsome centerpiece she moved to lay the subject of the debate on the table."

Naturally.

"My dog can scent a thunderstorm five miles away." "His nose must be something of a storm scenter."

He that comes after sees with more eyes than his own.

Keep a Bottle Handy

Pain whether it comes from rheumatism, neuralgia, sciatica, backache or sprain is usually most acute at night.

If you have a bottle of Yager's Liniment handy and use it you get quick relief. Price 35c.

The large bottle contains twice as much as the usual 50c bottle of liniment and lasts the average family for months. At all dealers.

YAGER'S LINIMENT RELIEVES PAIN

GILBERT BROS. & CO., Baltimore, Md.

BUY 2½ ACRE OIL LEASE, right in the trend of development in Pecos County, Texas, FOR TWENTY-FIVE DOLLARS. Geologists say this will be the biggest Oil Field known. As new wells come in, value of acreage increases tremendously. Texas oil leases bought less than year ago for FIVE DOLLARS per acre now selling for thousands of dollars per acre. Millions being made over night in Tex. Oil. Act immediately. Wire or mail order to Texas Amalgamated Oil Co., 103½ N. Houston St., Ft. Worth, Tex.

BOYS EARN MONEY AFTER SCHOOL to buy War Savings Stamps. Send address to FIFER, 101 W. 42nd St., New York City.

AGENTS to sell Fair-Toe corn salve; 100 per cent profit. Great repeater. ROBERT NEATER, 470 W. College Ave., York, Pa.

HOSIERY—Buy direct from mill one pair ladies' silk or agents' samples, $1.00 prepaid, sell friends. R. McCAIN, Reading, Pa.

CERTIFIED MAP OF YOUR PROPERTY, $2. Send description from deed. Frank R. Bowne, Realty Expert, Cape May, N. J.

AGED, SICKNESS SACRIFICES—1065 a. Mo. equipped ranch. 10 a. Florida. 2 stocks. Corner lot here. Smith, Lake Worth, Fla.

W. N. U., BALTIMORE, NO. 22–1919.

TIRES for HALF!

GUARANTEED 4000 Miles

If a tire fails to give service for 4000 miles, we will replace it with another tire for ½ price named below

SPECIAL 'XTRA MILEAGE OFFER:—you get, at the prices given in this ad, a tire BARGAIN—a clear SAVING of from $5 to $15 per tire—AND a written GUARANTEE with each TIRE, which says: "4,000 miles service, or for half the list price, we GIVE you another tire"—never before have you bought such LOW COST Mileage—we make this special bargain offer to get more customers started using OUR tires—once started you stay with us—we save YOU store rents—salesmen's commissions—all the middlemen's profit—and DELIVER from factory TO YOU—be sure to state kind of tire: Q. D. or Clincher or straight side—write name and address CLEARLY—remit by check, money order—or cash registered—and PROMPT delivery is guaranteed. Address Dept. B.

SIZE	NON-SKID	TUBES	SIZE	NON-SKID	TUBES
28x3	$ 9.25	$2.40	34x4	$18.50	$4.20
30x3	9.45	2.60	35x4	19.25	4.40
30x3½	11.95	2.85	36x4	19.75	4.60
31x3½	12.45	3.00	34x4½	22.50	5.20
32x3½	13.25	3.25	35x4½	24.00	5.95
34x3½	13.60	3.40	36x4½	25.50	5.70
30x4	16.00	3.60	37x4½	27.00	5.90
31x4	16.75	3.80	35x5	28.50	6.20
32x4	17.50	3.90	36x5	29.50	6.50
33x4	18.00	4.00	37x5	30.50	6.80

Express Prepaid When Check Accompanies Order.

LEADER TIRE & RUBBER CO.
707 N. Broad St., Philadelphia, Pa.

© Guaranteed by The American Tobacco Co. INCORPORATED

"BULL" Durham cigarettes; you roll them yourself from genuine "Bull" Durham tobacco; fifty from one bag.

Fifty-thrifty cigarettes that cost you least, and please you most. No machine can even duplicate your "own" rolled from genuine "Bull" Durham tobacco.

Good old reliable "Bull". Always genuine; since 1865 he's been everyone's friend.

GENUINE "BULL" DURHAM TOBACCO

You pipe smokers; mix a little "BULL" DURHAM with your favorite tobacco. It's like sugar in your coffee.

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