HOW THIS NERVOUS WOMAN GOT WELL

Told by Herself, Her Sincerity Should Convince Others.

Christopher, Ill.—"For four years I suffered from irregularities, weakness, nervousness, and was in a run down condition. Two of our best doctors failed to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Compound had done for others, I tried it and was cured. I am no longer nervous, am regular, and in excellent health. I believe the Compound will cure any female trouble."—Mrs. ALICE HELLER, Christopher, Ill.

Nervousness is often a symptom of weakness or some functional derangement, which may be overcome by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, as thousands of women have found by experience.

If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for suggestions in regard to your ailment. The result of its long experience is at your service.

General Pershing's Boys Need Something to Fight Cooties with.

Glenn's Sulphur Soap

ends the skin of "cooties," rash, itches, and all skin affections. Supply your boys in the service with this wonderfully purifying soap—heals and soothes. Contains 33⅓ per cent Pure Sulphur

Glenn's Hair and Whisker Dye, Black & Brown, 50c

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr. J. D. KELLOGG'S REMEDY

You Know 'Em, Too.

"It's funny how we hate to face realties. I know a commuter once who rode into town every day on the 3:13. But he used to call it the 7:73. He said it made him feel more virtuous."—From "The Haunted Bookshop," by Christopher Morley, in the June "Bookman."

And then there's the chap who sets his clock half an hour ahead at night, so he can turn over in the morning and get an extra nap.

Acts Up to His Name, Also.

"Meanleigh is quiet enough ordinarily, but somehow collectors for charitable purposes dread to ga near him."

"I guess he acts like a bear then because he's foxy."

The Strong Withstand the Heat of Summer Better Than the Weak

Old people who are feeble and younger people who are weak, will be strengthened and enabled to go through the depressing heat of summer by taking Grove's tasteless chill tonic. It purifies and enriches the blood and builds up the whole system. You can soon feel its Strengthening, Invigorating Effect. 60c.

Not So Much.

"Got any jack with you, matey?" asked the gob. "Split it 50-50 with me, will yer?"

"Can't do it, old pal. I ain't got that much."—Indianapolis Star.

The occasional use of Roman Eye Balsam at night upon retiring will prevent and relieve tired, watery eyes, and eye strain. Adv.

Many a man who claims to be discreet is only a coward.

There is reason in all things, but it's different with some people.

Couldn't Move

In Bed Twelve Weeks From Rheumatic Trouble. Now Praises Doan's.

"For twelve weeks I lay abed, unable to move a muscle," says Mrs. Gust Johnson, 654 E. Seventh St., Red Wing, Minn. "The pains that shot through my entire body seemed more than any human being could stand. My hands and arms and lower limbs were put in splints to stop them from twisting into knots. Every ligament seemed ready to snap. I can't understand how I endured such agony. Several physicians agreed that I had inflammatory rheumatism, but their medicine didn't give me any relief. My folks wanted to take me to a hospital, but I would not let them. The doctors said that nothing could be done for me.

Mrs. Johnson

"I had been an invalid now for two years, before I finally decided to resort to *Doan's Kidney Pills*. I used twelve boxes and they surely did prove their wonderful merit. It is a year since, and I have enjoyed the best health of all my life. I weigh nearly 170 pounds and am like a different person in every respect. I shall always praise *Doan's Kidney Pills*."

Sworn to before me.
HAROLD V. PETERSON,
Notary Public.

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Itching Rashes — Soothed — With Cuticura

All druggists: Soap 25, Ointment 25 & 50, Talcum 25. Sample each free of "Cuticura, Dept. E, Boston."

1,794 U. S. Guns Made in 24 Hours

Total Rifle Production in This Country During the World War was 2,506,307

Machine guns and small arms produced by the millions, ammunition turned out by the billions of rounds and tanks built by thousands when the armistice ended hostilities, furnish the subject of chapters made public of the war department's history of the "material" side of winning the war.

The story of machine gun production, about which such a hot controversy waged in congress as a result of the failure of the American army to adopt for standard general use the Lewis weapon used successfully abroad, is told as follows:

Up to November 11 the production of Browning rifles was 52,238, a majority of which were in France. In addition 29,000 Chauchat guns had been purchased, so that enough light automatic rifles were on hand to supply 100 divisions or an army of 3,500,000 men. In the same time 41,804 heavy Brownings and enough Vickers guns had been produced to make with the Hotchkiss weapons purchased from the French a total of 54,627 of this type, or enough to equip 200 divisions, or an army of 7,000,000.

"At the peak of our production," the report says, "a total of 1,794 machine guns and automatic rifles of all types were produced within a period of 24 hours," and the total production of machine guns in the United States between April 6, 1917, and November 11, 1918, was 185,039, as against 229,238 produced by the French and 181,404 by the British in the same period.

Only the loyal co-operation of the manufacturers with whom "competitive commercial advantages weighed not at all against the national need," made possible this achievement, the report states.

Other production struggles described in the chapters include items varying in size from trench knives to the 45-ton Mark VIII tanks of British design of which 1,500 were being constructed in co-operation with the British and 1,450 additionally wholly by American enterprise. Only one of these had been delivered up to January 1, 1919, but it is noted that the work on each program on component parts was 50 per cent complete when the armistice was signed. Orders for all but 100 of these tanks have been canceled.

On November 11, 64 tanks of the French six-ton type had been delivered and by January 31 of this year 291. Of these six were shipped abroad. Orders for 1,000 Mark I light tanks were canceled, as were orders for 15,015 three-ton tanks, 15 of which had been completed on November 11.

The total rifle production in the United States from the beginning of the war up to November 9, 1918, was 2,506,307, of which a little more than 300,000 were Springfield rifles.

Considerable attention is devoted to the production of automatic pistols and revolvers for the troops. In the Colt .45, the standard army automatic developed as a result of Philippine experience by the army and which also was an invention by Browning, the United States forces had a weapon which all Europe could not match for efficiency in action and which brought terror to the Germans when American troops reached the front.

European countries failed to appreciate the value of a large caliber, hard-hitting weapon of this type and the chief use of pistols and revolvers in European armies had been as ornaments for officers' uniforms, it is said, rather than for active fighting.

"The result of Europe's neglect," the report says, "was that the small caliber revolvers of the Germans and even of the French and English were toys in comparison to the big Colts that slapped the thighs of American doughboys."

The standard American army rifle ammunition proved its superiority in action, adding materially to the accuracy of American small arms fire. Extraordinary measures to produce cartridges in sufficient numbers are recounted in the report, and in the fall of 1918 the United States achieved an average monthly output of 284,852,735 rounds, against a British average of 259,769,000 and a French average of 139,845,000.

HINTS FOR THE POULTRY GROWER

The Pennsylvania experiment station recently conducted some tests on the fattening of cockerels for market. Two types of breeding and care were represented by the fowls selected, viz.: ordinary farm-raised and closely managed, egg-laying types. Various rations and methods of confinement were compared. The number of fowls forming the group representing a particular method was ten in each case.

The results showed that farm-raised poultry of the Plymouth Rock and Rhode Island Red breeds may be fattened in crates or pens at a cost for food of 10 to 12 cents per pound of gain. No difference appeared in the gains from crate and pen-fed fowls, but with fowls of these kinds close confinement resulted in greater economy per pound of gain. Thin fowls made the cheapest gains. Fine-ground grain and rations rich in protein gave the better results. Milk was superior to meat scrap as a source of protein.

In the case of the more active, egg-laying breed, represented by Leghorn cockerels, fattening was profitable with fowls weighing up to two and a half pounds, but not beyond that limit, at present food and poultry values. The cost of gain with this breed ranged from 3.25 to 12 cents per pound. With the lighter birds, regular growing rations were superior to special fattening mixtures, and close confinement was not as advantageous as conditions permitting some exercise.

Miracles by Heroism of the Considerate Mothers

Medicine can to some extent prevent disease from attacking the child; medicine cannot perform miracles. It is a miracle if children brought up in foul and evil surroundings grow up healthy and wholesome men and women. The miracle, incidentally, is usually accomplished not by doctors but by the self-sacrifice and heroism of the mother of the children, who too often loses her own health in the process.—London Times.

Mosquitoes, but No Malaria.

In the Alps, the mosquito Anopheles, which causes malaria, is found plentifully up to heights of 5,600 feet, but malaria is never met with above 2,600 feet.

SMART SAYINGS

If you see one young man laughing at the ancient jokes of another the other has a pretty sister.

The average woman doesn't believe in equality of the sexes; she thinks she is a little more than equal.

Some men are candidates for office because they can't help it—and some because the people can't help it.

The young girl with her hair done up for the first time possesses more awe-inspiring dignity than a floor walker in a dry goods store.

Daily Thought.

Wise men say nothing in dangerous times.—John Selden.

Blue Sun Phenomenon Has Been Recorded Only Once; in August, 1883, in Java

The expression "once in a blue moon," meaning that occurrences are so widely separated by time as to almost never recur, is not merely a figure of speech. It has a basis of astronomical fact. The phenomenon has been twice observed in both Italy and Austria and once in England. There is no available record of it having been noticed in America.

A blue sun has been recorded only once. That was in August, 1883, in Java. A day or two before there was a very violent eruption of a large volcano about a hundred miles from Batavia. The eruption ended with an explosion in which a range of mountains was destroyed, a vast cavity being left in its place, more than a thousand feet deep at one point. Billions of tons of rock, mud and dust were thrown high in the air and the sun was obscured over a large area. At Batavia the darkness became so deep that street lamps had to be lighted in the middle of the forenoon. That condition prevailed until toward sunset. Then the volcanic cloud began to clear away, leaving the sun visible. Instead, however, of it being red, as it usually is when viewed through a smoke cloud, it appeared as a magnificent deep-blue disk, remaining that color until it sank below the horizon. The phenomenon was seen by everyone within 30 to 40 degrees of the equator.

Paris Sewers Have Total Length of 1,400 Kilometers

The Paris sewers have a total length of 1,400 kilometers, are traversed by a tram line, telephone and telegraph wires, pneumatic tubes by which special delivery letters are whiffed across the city and enough canals to rival Venice. There are no gondolas—the canals are not wide enough—but there are some flat boats, and joy riding in a skiff would not be an impossibility.

Nation's Public Debt Up to $25,921,151,270 in May

The nation's public debt reached a new high mark of $25,921,151,270 at the end of May, an increase of $1,096,640,750 during the month, resulting from new issues of certificates of indebtedness and payments on Victory loan subscriptions. Ordinary disbursements in May amounted to $907,492,920, only slightly less than the $1,068,203,020 in the same month last year.

Black Walnut Used for Roadbed in Indiana City

Recently in an Indiana city engineers were installing a concrete foundation along a main thoroughfare. In excavating they came upon a corduroy road, buried several inches under the street surface. The road was constructed of black walnut and extended, they found later, for a distance of nearly a mile. The logs were in excellent condition.

Too Much High Thinking

We Americans were once so free and happy that our present condition is lamentable. What is the trouble? I believe it is high thinking; failure to realize the importance of dieting for the mind.—E. W. Howe's Monthly.

GOOD JOKES

Just So.

"I want you to speak for our canning campaign. We're trying to encourage people to can vegetables."

"I can speak for that with all me heart," declared Hamlet Fatt. "The more vegetables they can, the fewer they'll have to throw at me."

Long Wait.

"Did you ever order that taxi for me?"

"Yes."

"Well, how long am I to wait for it?"

"Some time, I fear. The man says he'll send it when you pay your old bill."

A Roast.

Would-Be Contrib—Do you think the article would be better if I boiled it down?

Editor—No, I'm sure it wouldn't; but I should try the action of heat on it in another way if I were you.

A Personal Matter.

"The shade of Julius Caesar is present and wishes to converse with you," announced the medium.

"Nothing doing," replied the client. "I want to have a word with the late James J. Jones of Hickory Hollow."

"I don't know any such person."

"Well, I do. He died last week owing me $40."

Evidently a Fraud.

"What's become of your efficiency expert?"

"I fired him."

"Why?"

"It took him an hour to get lunch in a cafeteria."

Plenty There.

"Mr. Grumpleigh is rarely spoken to at his club."

"He doesn't seem to mind that."

"No?"

"He says he can go home whenever he wants to sit under a torrent of words."

Pole Star, the One Which Seems to Keep Its Place Without Any Movement.

Most people, if they know nothing else of astronomy, at any rate know the pole star, the one star which seems to keep its place in the heavens without movement of any kind, says a writer in the Rehoboth Sunday Herald. There are a great many, however, who do not know what a wonderful thing it is. In the first place, it can be seen when looked at through a good telescope to be two stars and not one. There is one fairly bright one, of what is known as the second magnitude, and another of the ninth magnitude close to it.

But that is not all. The brighter of the two is really three stars revolving round one another, or, rather, round their common center of gravity, like three children playing "ring a ring of roses."

This secret is revealed to us by what is perhaps the most astonishing of all scientific instruments, the spectroscope. It not only tells us what the stars are made of, but whether they are moving toward us or away from us.

When you stand facing the star you are always facing north. The reason that it does not appear to move as the others do is that it is nearly in line with the axis of the earth. Its distance from us is enormous. This can be judged from the fact that although the earth in its journey around the sun is today about 190,000,000 miles from where it was six months ago, that makes no appreciable difference to its distance from the pole star. It must therefore be many times 190,000,000 miles away.

Flash of Lightning.

A flash of lightning, it is claimed, lights up the ground for one-millionth of a second, yet it seems to last much longer. What happens is that the impression remains in the retina of the eye for about one-eighth of a second, or 124,000 times longer than the flash lasts.

Life Is Made Up of Steps and Incidents and Trifles

Now it is usually little things that cause us to stumble. I do not fall over a beer barrel, but I slip over a piece of orange peel. I have never stumbled over a bale of cotton, but if one flag in the pavement projects a third of an inch, I may be brought to grief. I can avoid the bigger things; I am careless about the trifles. The little things cause me to stumble. "Look carefully how ye walk." Recollect the importance of details. Life is made up of steps and incidents and trifles.—Dr. J. H. Jowett in Christian Herald.

Mend China and Glass

An excellent way to mend china and glass is to melt alum in an old iron spoon over the fire and apply to the broken parts. When dry these articles can be washed in hot water and the cement will hold rigidly.—New York Evening Telegram.

Pretty Party Frocks

If you would forget that there is anything in the world but joy, spend a little time looking at the party frocks in which the summer girl will dance some hours away. If these dance frocks flourished in the daytime, bees and butterflies might pursue them, for they certainly borrow from flowers their color and piquancy and sunshine glimmers in their brocades and embroideries. Evening gowns indulge in sumptuous materials, in gold and silver tissue, in rich embroideries and twinkling sequins and all kinds of shimmering things—including the new shot taffetas. Finally they turn to tulle and laces or sheer crepe. A world of fine and fragile fabrics belongs to them.

The two pretty party frocks shown here are of the simpler designs, one of them in white and the other in black with embroidery and brocade sash in metal and colored brocade. The white frock has a slim underslip of embroidered satin, draped about the ankles and full draperies of fine net ending in points about the bottom, hang over it. A vestee of twinkling sequins fills the V-shaped opening of the bodice—the net makes a filmy drapery that falls from the shoulder. For a lovely finishing touch a narrow ribbon hangs in loops and ends from the girdle.

Black georgette over a satin slip serves for the dignified gown at the left of the picture. Its construction is so simple that the picture tells about all that can be told. It has a very plain bodice with round neck, bound with brocade. The skirt is gathered to this and hangs straight with an overhanging panel at the front that is embroidered near the bottom. The same embroidery appears at the sides below the hipline. A very gorgeous sash of heavy brocaded ribbon makes the wide girdle with one long hanging end.

Petticoat Substitute.

The long, slim suit and dress skirts almost make the wearing of petticoats an impossibility. But we may be just as modestly and comfortably clad, for there are the long bloomers to take their place. These bloomers or pantalets are usually chosen in dark suit colors and may be had ankle length or shorter and with or without ruffles. A new style has an accordion plaited piece set in just above the shoe tops. For summer the short silk jersey bloomers in flesh and pink with uneven insets of lace at the knee, are perhaps the newest. Camisoles of silk jersey with lace or embroidered in pink and blue silk are also very new.

Hats for Midsummer

Dress hats for midsummer, as compared to other millinery, are as orchids compared to other lovely blossoms. These millinery blooms are the most fragile, most splendid of all, the fairest and the shortest lived. They are midsummer interpreted in hats by designers whose fancies are unhampered by thoughts of anything but beauty. They look to the sheerest fabrics and to the most beautiful colors to translate their thoughts into millinery.

In the group of three hats made for the heart of summer, two are of printed georgette and one of plain georgette in the sheerest quality. The same wide-brimmed, graceful shapes appear developed in laces, malines and nets. Brims usually have lines in flowing curves about the face and crowns are often flexible. The hat at the right of the group is a lovely example. A vague flower motif against a black ground provides color. There is no trimming except the sash of velvet ribbon, in one of the colors in the crepe, that is brought about the crown and tied in a bow at the back.

In the hat at the left there is a hint of sport styles in the covering. It is of white crepe georgette with gay figures of Rin-tin-tin and Nanette disporting themselves over its surface. A covered silk cord with small tassels at the ends disposes itself in a careless bow on the crown—to answer "present" in case any one asks for the whereabouts of trimming.

In the last hat, georgette is shirred over a wire frame with a wide ruffle flowing about the brim edge. This is one of a few models in which the crown is not flexible. Although in this particular hat there are no flowers or fruit in the trimming it is an exception to the rule, the designer having placed a sash of ribbon about the crown, tied in a generous but simple bow near the front.

Julia Bottomley

Substitute for Furs.

The reported decision of clothing manufacturers, particularly specialty houses, of going more into leather-lined or convertible overcoats for next fall and winter finds an echo in the women's wear trade. According to a dress goods representative the suggestion that leather be substituted in some cases for fur trimmings has met with quite a little response. The price consideration is not one that holds the important place for the change, even though there is a difference in favor of the use of leather, but the novelty of leather trimmings is expected to be a big factor.

Blue and orchid is a color combination much in evidence this season, especially for evening and semi-evening gowns.

When Embroidering Net.

There is many a needleworker who wants to try her hand at net embroidery but hesitates because she isn't quite sure about the fine points of the work. Here is a hint or two that may give her a bit more courage. As a preliminary to successful embroidering on net baste a piece of tissue paper under the pattern. Then work the design through the paper. When the stitching is complete you will find that the going in and out of the needle has cut away the paper around the design. What remains may easily be pulled away.

About the House.

Thin curtains will keep clean longer if protected from rubbing against window casings and screens when the windows are open. Sew snap fasteners on the bottom hem and half way up the curtains; fasten the curtains up with them when the windows are open. Weights in hems of the curtains that are to hang straight will keep them from wrinkling and blowing about.

A Feeling of Security

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy.

The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything.

It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

His Money's Worth.

Johnny (in candy store)—Gimme a penny's worth of that kind that says 'two dollars a pound' over it."

The candy clerk pulled the box out, gave Johnny a smell, took the penny, and respectfully asked, "Anything else?"

"BAYER CROSS" ON GENUINE ASPIRIN

BAYER

"Bayer Tablets of Aspirin" to be genuine must be marked with the safety "Bayer Cross." Always buy an unbroken Bayer package which contains proper directions to safely relieve Headache, Toothache, Earache, Neuralgia, Colds and pain. Handy tin boxes of 12 tablets cost but a few cents at drug stores—larger packages also. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Place Hitting.

"In batting you must be careful about placing a ball."

"Um."

"That is, unless you can place it over the fence."—Louisville Courier-Journal.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Adv.

Many a man has married a piece of real estate with a woman in the title deed.

A lawyer doesn't know everything, as he thinks you think he does.

Clear Your Complexion with This Old Reliable Remedy—

HANCOCK SULPHUR COMPOUND

For pimples, black-heads, freckles, blotches and tan, as well as for more serious face, scalp and body eruptions, hives, eczema, etc., use this scientific compound of sulphur. As a lotion, it soothes and heals; taken internally—a few drops in a glass of water—it gets at the root of the trouble and purifies the blood.

Physicians agree that sulphur is one of the most effective blood purifiers known. Remember, a good complexion isn't skin deep—it's health deep.

Be sure to ask for HANCOCK SULPHUR COMPOUND. It has been used with satisfactory results for over 25 years.

50c and $1 the bottle

at your druggist's. If he can't supply you, send his name and the price in stamps and we will send you a bottle direct.

HANCOCK LIQUID SULPHUR COMPANY
Baltimore, Md.

Hancock Sulphur Compound Ointment—25 and 50c—for use with the Liquid Compound.

U. S. Army Raincoats

Finished too late to go to France While they last — For Civilians

U. S. Government Specification Rubberized Made under Supervision of Govt. Inspectors Highest Possible Waterproof Quality Released and Offered Direct to Civilians Delivered Free to Your Door on Receipt of

$7.00—POSTPAID and INSURED

Sent C. O. D. on receipt of 12c stamps
Tan Fast Color Rubberized Material
Hermetically Cemented Waterproof Seams

Officers' Belted Coats $12.00

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DAISY FLY KILLER PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Neat, clean, ornamental, convenient, cheap. Lasts all season. Kills at spot, can't spill or tip over; will not soil or injure anything. Guaranteed effective. Sold by dealers, or 5 by EXPRESS, prepaid, $1.25.

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STOP SUFFERING
SAM'S PILE REMEDY
STOPS PAIN IN 30 MINUTES
AT DRUG STORES OR $1.00 BY MAIL POST PAID
— SAM E. RICHARDSON —
REGISTERED DRUGGIST URBANNA, VA.

Don't Ask for Cold Cream — Ask for

Mystic Cream

Look for the Witch 30c a jar at your druggist

MYSTIC CREAM CO., MIDDLETOWN, N. Y.

For Sale—Excellent dairy, truck farm, 225 a., 7-r. dwelling in sight of Williamsburg, seat of Wm. & Mary college—both acres. $9,000. W. L. JONES, Box 6, Williamsburg, Va.

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