A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.



Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

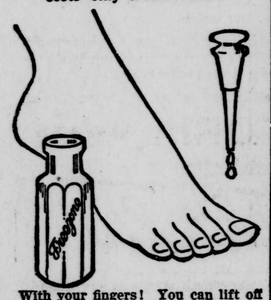
To Keep From Starvation.

"Are you getting enough of the food?"

"Just about," the summer boarder somewhat ambiguously replied.—Judge.

Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callus. Instantly it stops hurting, then shortly you lift that bothersome corn or callus right off, root and all, without one bit of pain or soreness. Truly! No humbug!

A lot of folks stretch the tape a foot when they begin measuring their own accomplishments.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Adv.

A broken trust is not easily mended. The faith of our friend is a treasure to carry carefully.

Dr. Peery's "Dead Shot" is powerful but safe. One dose is enough to expel Worms or Tapeworm. No castor oil necessary. Adv.

Worldliness is that which one refrains from and other folks enjoy.

Don't Go From Bad to Worse!

Are you always weak, miserable and half-sick? Then it's time you found out what is wrong. Kidney weakness causes much suffering from backache, lameness, stiffness and rheumatic pains, and if neglected, brings danger of serious troubles—dropsy, gravel and Bright's disease. Don't delay. Use *Doan's Kidney Pills*. They have helped thousands and should help you. Ask your neighbor!

A Maryland Case



Mrs. V. Hodson, 29 Holland St., Annapolis, Md., says: "I had terrible pains in the small of my back and the attacks were so severe that I was confined to my bed for a month, hardly able to move. My feet were badly swollen and my sight was blurred. My kidneys didn't act right at all and I was more tired in the morning than when I went to bed at night. I used Doan's Kidney Pills and they brought quick relief and two boxes cured me."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

ABSORBTION NO SALVE

STOP SUFFERING SAM'S PILE REMEDY SURE AND QUICK

AT DRUG STORES OR $1.00 BY MAIL

SAM E. RICHARDSON DRUGGIST URBANNA, VA.



PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray and Faded Hair. 60c. and $1.00 at druggists.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.

IN USE FOR 35 YEARS

BABEK

The Quick and Sure cure for MALARIA, CHILLS, FEVER AND LA GRIPPE

It Is a Powerful Tonic and Appetizer

Will cure that tired feeling, pains in back limbs and head. Contains no quinine, arsenic or habit-forming ingredient.

M. N. U., BALTIMORE, NO. 34—1919.

Conscience and Gun and Redhead Nerve



"BE IT EVER SO HUMBLE"

"Oh, the English and the Irish, and the 'owlin' Scotties, too,
The Canucks and Austrilee-uns, and the 'airy French pollu;
The only things that bothered us, a year before we knew,
Was 'ow in 'ell the Yanks 'd look an' wot in 'ell they'd do."

* * *

"The leggy, nosy new 'uns, just come acrosst the sea!
We couldn't 'elp but wonder 'ow in 'ell their guts'd be;
An' the only thing that bothered us in all our staggerin' ranks
Was wot in 'ell would 'appen w'en the 'Uns 'ad 'It the Yanks.

"My word, it 'appened sudden w'en the drive 'ad first begun,
We seen the Yanks a-runnin'—Gaw Blimy, 'ow they run!
But the only thing that bothered us that seen the chase begin
Was 'ow in 'ell to stop 'em 'fore they got into Berlin.

"They didn't 'ave no tactics but the bloomin' manual;
They 'adn't learned no orders but 'Ooray' and 'Give 'em 'ell!'
But the only thing that bothered us about them leggy lads
Was 'ow in 'ell to get the chow to feed their Kamerads." . . .

"Talk of the Greeks at Thermopylae!
They fought like mad 'till the last was dead;
But Alvin C. York of Tennessee
Stayed cool to the end though his hair was red,
Stayed mountain cool, yet blazed that gray
October the eighth as 'Redhead's Day.'"

By JOHN DICKINSON SHERMAN.

ALVIN CULLUM YORK, corporal in Company G, Three Hundred and Twenty-eighth infantry, Eighty-second (All-American) division, October 8, 1918, in the Meuse-Argonne battle, made his name a household word in every American home where there is fighting blood. What he did is briefly and concisely this:

York was one of 16 Americans ordered to put out of action certain German machine guns over a ridge. In a cuplike valley they found 30 Huns, officers and men, apparently holding a conference. The Yanks opened fire and the Huns surrendered. Then dozens of hidden machine guns on the farther slope not 30 yards away opened up. Prisoners and Yanks threw themselves flat. Six Yanks were killed and three, including the sergeant in command, were wounded. This left York and six privates. The six privates were guarding the prisoners and could not help York. Directly in front of York lay some of the prisoners, so the machine gunners had to fire a little high. The stream of bullets cut off the bushes just above York's head as clean as would a scythe.

Then York got into action. With 17 shots from his rifle he killed 16 Huns, yelling between shots, "Surrender! Come down!" Then a lieutenant and seven men jumped up and charged him with bayonets from a distance of 20 yards. He killed all eight with his pistol.

When the Hun lieutenant fell the machine gunners quit firing; they couldn't stand York's shooting. York continued to pick off Huns. A major came to York from the prisoners and in English he said that he would make the machine gunners surrender if he would stop shooting. York agreed and the gunners abandoned 36 machine guns, surrendered and came down.

York and the six privates rounded up their prisoners, picked up the three wounded Yanks and started back for the American lines. York marched the major in front of him. The Yanks ran into several other machine gun nests from the rear, but after York had killed one Hun with his pistol all the others surrendered at the command of the major. When York reached the American lines his prisoners numbered 132, officers and men.

When York's exploit became known every detail was verified. He was made a sergeant and was awarded the Distinguished Service Cross and the Congressional Medal of Honor. When he arrived in New York recently the city was his. Since then his fellow citizens have paid him honor at every opportunity. In Washington the house of representatives rose up and cheered him. Governor Roberts went up into the mountains and married him to Grace Williams, who had been waiting for him. Fortunes have been offered him to write for the press and to go into the motion pictures and on the stage.

York is generally spoken of as the "greatest hero of the war." That is nonsense. He is also spoken of as the "bravest soldier of the war." That is nonsense, too.

York's exploit is thrilling. But to the good American the most fascinating thing about it all is the man himself. Here are some highlights on his individuality:

He is a Tennessee mountaineer of unmixed English blood. He lives in a mountain shack, built a century ago by his great-great-great-grandfather.

He is a blacksmith and farmer, and supports his widowed mother and his unmarried brothers and sisters.

When younger he spent some of his time "a-drinkin' an' a-gamblin' an' a-hellin' around." Then he joined the Church of Christ and Central Union, becoming second elder and leading the singing.

The draft found him a conscientious objector, torn between patriotism and the belief that to fight and kill was sin. He compromised by going to Camp Gordon and frankly stating his position. Captain Danforth succeeded in convincing him from the Bible that "blessed is the peacemaker." So York went to France with a clear conscience to help make peace.

His conscience is still at ease. He believes he was fighting for a sanctified cause. Also, he is still sure "Blessed is the peacemaker."

He is thirty-two, stands a little over six feet and weighs 205 pounds. He is redheaded. He is a dead shot with both rifle and pistol. He is the rare fighter who does not "see red," but gets cooler and more efficient as the danger grows.

His features are clear cut, not rugged. He has gray eyes, flecked with brown. The expression of his face is one of kindly humor. His voice is pleasant, and even gentle for so large a man. There is absolute sureness of self in his steady gaze. But—stir him to resentment, and his eyes harden and contract and into his gentle voice comes a trumpet note of danger.

He is genuinely religious. He prayed while he fought, and believes that God watched over him.

In all the honors showered upon him he has never lost his balance for one moment. He looked everybody in the eye, smiled his genial smile and kept his perspective.

He is going back to his mountain valley at Pall Mall Cross Roads and take up again the life for which he judges himself best fitted.

Conscience and gun and redhead nerve; efficiency, balance and modest self-respect.

Some American!

Tuskless Elephants in Ceylon

An elephant without tusks seems almost impossible, yet in Ceylon the male elephants have no tusks at all; they have miserable little grubbers projecting two or three inches from the upper jaw and inclining downwards. Nothing produces either ivory or horn in fine specimens throughout Ceylon. Although some of the buffaloes have tolerably fine heads, they will not bear a comparison with those of other countries. The horns of the native cattle are not above four inches in length. The elk's and the spotted deer's antlers are small compared with deer of their size in India. This is the more singular, as it is evident from the geological formation that at some remote period Ceylon was not an island, but formed a portion of the mainland. It is thought that there must be elements wanting in the Ceylon pasturage for the formation of ivory.

Coal in the Ice Regions.

Geologists have discovered immense deposits of coal in Spitzbergen, and it is now apparent that, in spite of ice, cold and fog, Spitzbergen is a land fraught with many commercial possibilities. The coal is practically all on the surface, and deep mining is unnecessary.

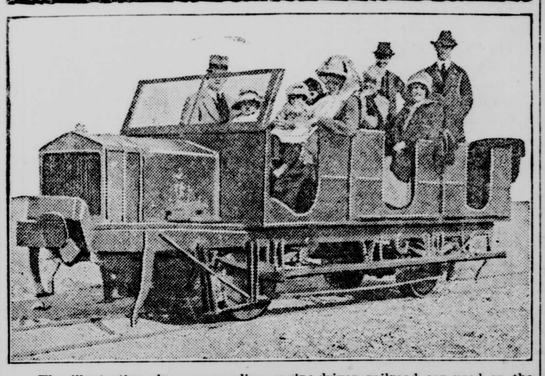
Fishing for Diamonds

There is a theory that diamonds sometimes fall from the sky, and now it is thought that they may also be found in the sea. Men have had to go to the depths of the sea for pearls, but up to the present diamonds have been mined from the ground. In Southwest Africa, however, where the Germans used to pick up diamonds along the shore, men are now beginning to fish in the sea for those precious stones. In the course of centuries the heavy rain has washed large quantities of loose earth off the coast into the ocean, and some of the best diamond deposits have been washed away. A diamond company is now sending ships to dredge the mud off the coast, in the hope of fishing up millions of lost diamonds.

How Great Ideas Are Formed.

It is only by knowing and applying natural laws that man has been able to develop the submarine, the airplane, wireless, the phone and a thousand other things that are now thought commonplace. Sometimes he happens upon a great fact by accident. But usually it's the patient study of a lifetime that brings the reward. Patience and persistence are the means that bring man to the extremes where the gold lies. Shallow men talk and pronounce opinions. Deep thinkers muse and reason and try again before the reward comes. But it's bound to come when they harness their forces.

AUTO-RAILROAD CAR USED IN EGYPT



The illustration shows a gasoline engine-driven railroad car used on the light railway from the main Egyptian railway to the Khargo oasis in the desert. It was originally built to carry troops to stop the inroads the Senusi made during the early stages of the world's war.

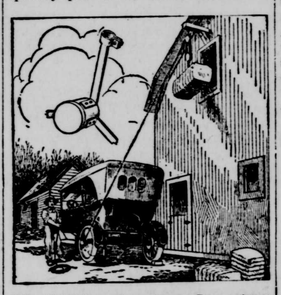
HOISTING DRUM ON AUTO WHEEL

Addition of Small Device Makes It Possible to Use Car for Hoisting Purposes.

PUT ON DIRECTLY OVER HUB

Solid Piece of Oak May Be Quickly Attached or Taken Off—Heavy Loads Can Be Handled—Illustration Self-Explanatory.

In cases of emergency, the rear, or driving wheel of an automobile may be used as a drum around which the line from a hoisting tackle is wound. The power from the wheel, when turning free from the ground, is sufficient to exert great force in winding up the tackle rope. For that purpose, the drum described was designed to be attached directly over the hub, and to the spokes of the wheel. It may be quickly put on or taken off, and is



The Addition of a Small Drum to a Rear-Wheel Hub Makes Possible the Use of a Car for Hoisting.

small enough to prevent the wheel, when turning under normal speed, from being unduly strained by heavy loads.

Dimensions of Drum.

A solid piece of oak, about eight inches in diameter should be turned out in the shape of a cylinder five inches long. For large cars this may be increased in size. Surmount the drum with a disk, somewhat larger, to act as a rim, and bore a hole in the opposite end of the drum just large enough to fit snugly over the hub of the wheel. Then make three arms of strap iron, large enough to reach a good way up the spokes of the wheel. Bolt these at equal distances around the circumference of the drum, setting them in flush.

How Hoisting Is Done.

To operate, back the car up until it is near the tackle, and jack up the wheel upon which the drum has been placed. The other wheel must be blocked so that it will not turn. Give the hauling rope a few turns about the drum, then apply the power to the wheel and at the same time pull easily upon the rope, keeping it taut on the drum. In this way heavy loads can be raised that would otherwise be beyond the ability of one man to handle.—L. B. Robbins, Harwich, Mass., in Popular Mechanics Magazine.

USE SPONGE ON WET TIRES

Wiping Them Off and Then Carefully Drying Them Will Prevent Annoying Rim Rust.

After driving in wet weather if the car owner is careful to sponge off the tires when he returns to the garage and then wipes them dry, especially along the beads, he will do much to prevent the formation of rust. This advice is particularly applicable during the spring months of frequent and copious rains.

Always Carry a Rope.

One of the most useful things to carry in the car on tours is 25 feet of half-inch manila rope, which has almost endless uses.

Necessary Adjustment.

Why is an adjustment necessary? Do not make it unless it is.

Squeak of Cylinders.

A squeak in one of the cylinders is a serious matter, and must be attended to immediately. Lack of oil is indicated.

Double Hook Is Convenient.

A great convenience for the garage door is a double hook to open from either side of the door.

Make Steering Easier.

A little more attention to the lubrication of the steering gear will make steering much easier.

AMERICA'S LOW PERCENTAGE

Only 12 Per Cent of Present Mileage Is Improved—Little Built for Heavy Traffic.

The American public, though fast becoming awakened to advantages to be enjoyed by improved roads, may not realize the immense effort which must be exerted to catch up with European nations' highway systems. When Germany entered the war in 1914, Prussia alone had 75,000 miles of hard-surfaced highways. In proportion to the size of the two countries, the United States would need to have 1,611,914 miles. The present road mileage in the states is 2,500,000, of which 12 per cent is improved and only one-quarter of 1 per cent constructed for heavy traffic.

GETTING RID OF ROAD TAR

Must Be Attended To Promptly or Unsightly Streaks and Spots Will Be the Result.

Unless washed off promptly with soap and water, road tar will quickly harden on a car, leaving unsightly streaks and spots. There are several good ways of removing it, however. One consists in the application of butter or oleomargarine which will soften the tar without injuring the varnish. Another good solvent is cocoa butter, which is used in the theatrical profession for removing grease paint. This can be purchased at drug stores, and is a harmless solvent of all kinds of oil and grease, as well as tar.

CURE FOR SLIPPING CLUTCH

When Fuller's Earth Is Not Available Borax May Be Used With Satisfactory Results.

When slipping develops in the clutch of the cone type it is usually caused by oil on the leather facing. The usual method of curing this trouble is to sprinkle fuller's earth on the leather, but if this powder happens not to be available borax may be used with satisfactory results, and in the absence of either the carbide dust or lime residue from an acetylene generator will prove a good enough substitute.

AUTOMOBILE NEWS AND GOSSIP

Every tire has embossed on the side a serial number. It is important that the car owner should have a record of this number in each case and such record should be made when the tire is bought.

* * *

A lap robe, a gunny sack, or even some old newspapers will frequently be enough to get a car out of deep sand or a mudhole if placed in front of the rear wheels to provide traction.

* * *

In inspecting the springs attention should be given to the spring hangers and other subsidiary parts. Lost motion, usually side play, often develops in the spring hangers and shackles.

* * *

Motorists frequently overload their storage batteries by the use of electrical accessories not included in the car's regular equipment and then wonder what's wrong.

* * *

Many drivers do not know how to take the bumps easily. A good way is to throw out the clutch and apply the footbrake gradually.

* * *

Watch the wires where they fasten to the lamps, as the motion of the car makes them sway and may cause a break or short circuit.

* * *

Lack of attention to the way the rear wheels are running is a source of subsequent financial loss to automobilists.

* * *

The total number of cars registered in all of the states during 1919 will probably be close to 6,500,000.

* * *

It is impossible to keep the hands clean when making repairs on the machine.

* * *

The passenger car and commercial vehicles in use in the cities and in the country districts have displaced 30,000,000 horses, a saving in grain and time that is invaluable.

* * *

The amount of capital invested in the manufacture of complete passenger cars and trucks now exceeds $1,500,000,000.

* * *

Many motorists make mistakes in the way they employ tread filler or putty, the plastic material used for plugging cuts.

You Do More Work,

You are more ambitious and you get more enjoyment out of everything when your blood is in good condition. Impurities in the blood have a very depressing effect on the system, causing weakness, laziness, nervousness and sickness.

GROVE'S TASTELESS Chill TONIC restores Energy and Vitality by Purifying and Enriching the Blood. When you feel its strengthening, invigorating effect, see how it brings color to the cheeks and how it improves the appetite, you will then appreciate its true tonic value.

GROVE'S TASTELESS Chill TONIC is not a patent medicine, it is simply IRON and QUININE suspended in Syrup. So pleasant even children like it. The blood needs Quinine to Purify it and IRON to Enrich it. These reliable tonic properties never fail to drive out impurities in the blood.

The Strength-Creating Power of GROVE'S TASTELESS Chill TONIC has made it the favorite tonic in thousands of homes. More than thirty-five years ago, folks would ride a long distance to get GROVE'S TASTELESS Chill TONIC when a member of their family had Malaria or needed a body-building, strength-giving tonic. The formula is just the same today, and you can get it from any drug store. 60c per bottle.

HEARTBURN

Caused by

Acid-Stomach

That bitter heartburn, belching, food-repeating, indigestion, bloat after eating—all are caused by acid-stomach. But they are only first symptoms—danger signals to warn you of awful troubles if not stopped. Headache, biliousness, rheumatism, sciatica, that tired, listless feeling, lack of energy, dizziness, insomnia, even cancer and ulcers of the intestines and many other ailments are traceable to ACID-STOMACH.

Thousands—yes, millions—of people who ought to be well and strong are mere weaklings because of acid-stomach. They really starve in the midst of plenty because they do not get enough strength and vitality from the food they eat.

Take EATONIC and give your stomach a chance to do its work right. Make it strong, cool, sweet and comfortable. EATONIC brings quick relief for heartburn, belching, indigestion and other stomach miseries. Improves digestion—helps you get full strength from your food. Thousands say EATONIC is the most wonderful stomach remedy in the world. Brought them relief when everything else failed.

Our best testimonial is what EATONIC will do for you. So get a big 50c box of EATONIC today from your druggist, use it five days—if you're not pleased, return it and get your money back.

EATONIC

FOR YOUR ACID-STOMACH

PILOCURA CURES PILES

THE ONLY INTERNAL REMEDY

Sent by mail prepaid, 50c and $1.00 a box.

Pilocura Co., Washington, D. C.

Let Cuticura Be Your Beauty Doctor

All druggists: Soap 25, Ointment 25 & 50, Talcum 25. Sample each free of "Cuticura, Dept. E, Boston."

SAVE ON TAMPA CIGARS 40%



Hand Made Real Havana direct from factory. $3.50 for fifty ten cents, $6.00 for 100 postpaid. Money back guarantee. Write today. Catalogue Free. FLORIDA PRODUCTS CORP., Tampa, Fla.

For Hogs and Poultry

KEYSTONE FEEDING TANKAGE

(MEAT MEAL)

Protein 60%; Fat 5%; Fibre 1½%. Analysis guaranteed. Buy analysis and quality when buying tankage. Attractive prices. Write for quotation and free sample.

KEYSTONE HIDE CO., Lancaster, Pa.

Sailor's Fine Record.

Admiral William B. Caperton, late commander in chief of the Pacific fleet, who retired from active duty June 30th, had an unusual career. In the world war Admiral Caperton had the difficult task, requiring the greatest naval skill and diplomatic tact, of patrolling the Pacific waters and of having close relations with the governments of South and Central America. Since his graduation from the United States naval academy, in 1875, he has seen active service in all waters, was in Cuban waters during the Spanish-American war, and had much service in Latin America in the subsequent revolutions, including the Mexican disturbance.

Hard to Find.

Amusement was caused in the elevators of the Fletcher Trust building by repeated inquiries from a Western Union messenger boy who was trying to find out where in that building the Evans Woollen Press was located. After riding up and down several times and being directed to several rooms in the building, the boy was shown the office of the trust company, where he delivered the telegram to Evans Woollen, president of the Fletcher Trust company.—Indianapolis News.

No Worms in a Healthy Child

All children troubled with worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. Grove's tasteless chill tonic given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a General Strengthening Tonic to the whole system. Nature will then throw off or dispel the worms, and the Child will be in perfect health. Pleasant to take. 60c per bottle.

Have a Party for Him.

Howell—"My boy was born on election day."

Powell—"That is a real campaign issue."

Elephantine.

"Didn't I see Mr. Ledfoot dancing with you at the party?"

"That's what he called it."

Wright's Indian Vegetable Pills contain nothing but vegetable ingredients, which act gently as a tonic and purgative by stimulation and not by irritation. Adv.

But the neighbors of a self-satisfied man are not always satisfied with him.

MURINE FOR YOUR EYES Rests, Refreshes, Soothes, Heals—Keep your Eyes Strong and Healthy. If they Tire, Smart, Itch, or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Company, Chicago, U. S. A.

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