NERVES GAVE OUT

Serious Kidney Trouble Had Made Life Miserable, But Doan's Removed All the Trouble. Hasn't Suffered Since.

"I had such severe pains in my back," says Mrs. Albert Akroyd, 804 W. Indiana Avenue, Philadelphia, Pa., "that they almost doubled me up. Many a day I could not do my housework and at every move it seemed as if my back would break in two. My feet and ankles swelled until I had to wear large-sized slippers and sometimes I couldn't stand up.



Mrs. Akroyd

"I had dizzy spells and dreadful headaches and fiery flashes passed before my eyes. Had a heavy weight been resting on my head, the pain could not have been more distressing. The least noise startled me, I was so nervous. I couldn't control the kidney secretions and the pain in passage was awful.

"It began to look as though my case was beyond the reach of medicine until I used *Doan's Kidney Pills*. The first box benefited me and four boxes cured all the troubles. I have had no further cause for complaint."

Sworn to before me,
Thos. H. Walters, *Notary Public.*

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

CURES WHILE YOU SLEEP
NO PAIN. NO TROUBLE.
IN USE OVER 30 YEARS
—KOHLER—
ONE NIGHT CORN CURE
TAKE NO SUBSTITUTE
PRICE 15 CENTS EVERYWHERE AT DRUG STORES AND GENERAL STORES
Kohler Mfg. Co., Baltimore, Md.

IN USE FOR 35 YEARS
BABEK
The Quick and Sure Cure for MALARIA, CHILLS, FEVER AND LA GRIPPE
It Is a Powerful Tonic and Appetizer
Will cure that tired feeling, pains in back, limbs and head. Contains no quinine, arsenic or habit-forming ingredient.

PILOCURA CURES PILES
THE ONLY INTERNAL REMEDY
Large trial box sent free on receipt of 25c.
AGENTS WANTED
Pilocura Co., Washington, D. C.

Cuticura Soap is Easy Shaving for Sensitive Skins
The New Up-to-date Cuticura Method

TEACHERS
Fifty to one hundred requests daily from all classes southern schools. If you want rural work, graded, high school or principalship, salary $50 to $150, write us today for special enrollment.
SOUTHERN TEACHERS' AGENCY
617 American Nat'l Bank Bldg., Richmond, Va.

GET READY FOR "FLU"

Keep Your Liver Active, Your System Purified and Free From Colds by Taking Calotabs, the Nauseless Calomel Tablets, that are Delightful, Safe and Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

To cut short a cold overnight and to prevent serious complications take one Calotab at bedtime with a swallow of water—that's all. No salts, no nausea, no griping, no sickening after effects. Next morning your cold has vanished, your liver is active, your system is purified and refreshed and you are feeling fine with a hearty appetite for breakfast. Eat what you please—no danger.

Calotabs are sold only in original sealed packages, price thirty-five cents. Every druggist is authorized to refund your money if you are not perfectly delighted with Calotabs.—(Adv.)

What She Wanted.

"I want a pair of the best gloves you have," said Mrs. Neuritch at the glove counter.

"Yes, ma'am," replied the polite salesman. "How long do you want them?"

"Don't git insultin', young man! I want to buy 'em, not hire 'em."

BOSCHEE'S SYRUP.

In these days of unsettled weather look out for colds. Take every precaution against the dreaded influenza and at the first sneeze remember that Boschee's Syrup has been used for fifty-three years in all parts of the United States for coughs, bronchitis and colds, throat irritation and especially for lung troubles, giving the patient a good night's rest, free from coughing, with easy expectoration in the morning. Made in America and kept as a household panacea in the homes of thousands of families all over the civilized world. Try one bottle and accept no substitutes.—Adv.

The Brainy Bee.

The following incident testifies to the remarkable sagacity and efficiency of bees. A hive was being "spied upon" by a wasp. When wasps ascertain a hive is worth attacking they often succeed in ousting the bees. Every time the wasp approached the small entrance hole a bee came out. An hour later the wasp was dead.

The Strong Withstand the Heat of Summer Better Than the Weak

Old people who are feeble and younger people who are weak, will be strengthened and enabled to go through the depressing heat of summer by taking Grove's tasteless chill tonic. It purifies and enriches the blood and builds up the whole system. You can soon feel its Strengthening, Invigorating Effect. 60c.

Need Plows.

Asia Minor offers unusual opportunities for the introduction of agricultural implements, as large tracts await the plow. Great Britain already has an agent there.

Polk Miller's Liver Pills 10c. The Good Old Kind that always do the work. Same formula for 50 years. Unequalled for Biliousness, Sick Headache, Constipation and Malaria. At all druggists. Manufactured by Polk Miller Drug Co., Inc., Richmond, Va.

HOW THE SQUIRREL HELPS

Uncle Sam Needs Seeds of Douglas Fir and Knows Where to Find Them.

Tree seed can't be bought in large quantities in the market. To restock the huge forests which are demolished every year, Uncle Sam needs the seeds of the Douglas fir, western yellow pine, Engelmann spruce, lodge pole pine, not by the pound, but literally by the ton.

The government needs men, from two to six weeks every fall, to gather seed. When the call goes out, lumberjacks, college men, hoboes and former convicts drift into the camps and work side by side, gathering huge stores of the precious seeds. Through experience they have found that their richest sources are the cunningly hidden squirrel hoards. The squirrel is canny; he always picks the very best of cones for his winter store.—The Nation's Business.

Rank Cowardice.

"You ask a divorce from this man on the ground of desertion?"

"Yes, your honor."

"But he says he left home because you were always throwing household utensils at his head and he was afraid that some day you might hit him."

"That makes his conduct all the more reprehensible, your honor. He deserted under fire."

Crooked Golf.

Suzanne Lenglen, the world's tennis champion, was talking to a group of American correspondents at Wimbledon.

"I don't care for golf," she said. "I think tennis is much nicer. I think golf is queer."

"How queer?" said a golfer.

"It lets you cheat so easily if you're inclined that way. My father played golf one day at Nice with a German. As he holed out on the first green the German said to him.

"'How many strokes did you do the hole in?'

"'Seven,' said father.

"'It's my hole, then,' said the German. 'I did it in five.'

"'Father didn't say anything, but when the German asked him at the second green how many strokes he had taken he laughed.

"'No, you don't, Herr Sauerkraut' he said. 'This time it's my turn to ask first.'"

Earth's Life Zones.

Biologists have divided the entire surface of the earth into life zones, each zone having much the same flora and fauna wherever found. The life zone in a given locality depends upon both latitude and elevation. Thus the Canadian life zone, which has everywhere plants and animals similar to those of Canada, is found in the high Rocky mountains as far south as southern Colorado and northern New Mexico.

Build Up With Grape-Nuts

Popular for its delightful flavor and because it furnishes certain food values necessary for building the best in body and brain

Users know by test
"There's a Reason"

TENNESSEE LAMB AND WOOL MARKETING CLUBS NOW IN SUCCESSFUL OPERATION



Sheep Are Prize Mortgage Lifters When Well Managed.

(Prepared by the United States Department of Agriculture.)

Lamb and wool marketing clubs have been in successful operation in Tennessee for more than 25 years. They were the outcome of unsatisfactory marketing conditions in the lamb-producing sections of Tennessee. The plan originated at Goodletsville, where there is a club with a membership of 50 persons living within a radius of three miles from the shipping stations, and its success has prompted farmers in other sections to organize in a similar manner.

The organization of these clubs is comparatively simple. The officers consist of a president and a secretary-treasurer, who, with three other members, form an executive committee, the chairman of which is the secretary-treasurer. The annual meeting for the election of officers is held early in the spring, that each member may report the number of lambs and the amount of wool that he will have to sell.

Sold to Highest Bidder.

The secretary-treasurer advertises for sealed bids on the lambs owned by the club. The advertisement indicates the number, grade, and quality of the lambs and the date shipment will be made. The lambs are then sold at the shipping point to the highest bidder, the executive committee reserving the privilege of rejecting all bids in case they seem too low. On the shipping date the executive committee is on hand to grade the lambs brought in by each farmer. All lambs not up to the advertised standard are returned to the farmer, who either holds them over for some future shipment or sells them at a sacrifice. This has the beneficial influence of training the owners to deliver only those lambs which will come within the grades advertised by the committee.

The day for the wool sale is advertised, that bidders may be on hand to see the fleeces, which are graded into No. 1, clear; No. 2, slightly burry; No. 3, burry; and No. 4, hard burry. Each grade is weighed, and sealed bids are received by the committee, which also reserves the privilege of rejecting all bids.

All Share Equally.

The farmer who owns a small flock of ewes has the same advantage in marketing his lambs as the large producer. Expenses are made proportionate and all receive the benefit of competitive bids. The results are seen principally in the better prices obtained. It is stated freely that the club members receive from $1 to $2 a hundredweight more for lambs of the same grade and 2 cents per pound more for wool than farmers in the community who have not the benefit of co-operative selling. The members are encouraged to follow uniform methods in breeding and handling their flocks, with the result that the clubs have an established reputation in many of the large markets for the uniformity and high quality of their lambs and wool.

COMPLAIN AT PRICE OF ACID PHOSPHATE

Figures Quoted by Manufacturers Are Too High.

Strikes and Car Shortage in Florida and Tennessee Fields Have Combined to Reduce Production and Shipments.

(Prepared by the United States Department of Agriculture.)

The United States department of agriculture has received numerous complaints regarding the price of acid phosphate as compared with the prices of mixed fertilizers. The price quoted by manufacturers during the spring of 1919 to dealers or individuals ordering 30 tons or more was $24 a ton f. o. b. Baltimore, Philadelphia and Carteret. The price asked for the fall trade is $22.50 a ton.

It will be recalled that the department on June 7 issued a statement to the effect that farmers should be able to obtain mixed fertilizer in the fall of 1919 at prices approximately 30 per cent lower than those which prevailed in the spring. This statement was based upon information that had been obtained from manufacturers, but it was expressly stated that the price of acid phosphate was being further investigated. Obviously, the price of this material has not decreased by 30 per cent, and the department, in letters to manufacturers, has expressed the view that the prices quoted above are too high.

It has also advised all acid phosphate manufacturers that in the future it will require them to base the price of straight acid phosphate, as a separate commodity, on the actual cost of the materials of manufacture and sale, plus a reasonable profit, and that the cost of manufacturing mixed goods must not be prorated on that portion of the acid phosphate which is sold as such.

Since the prices of acid phosphate were indicated to the department by the fertilizer manufacturers, the prices of crude acid phosphate have advanced to such a point that the dry mixers, who buy the crude material, crush, mill, screen, and bag it, complain that they can not handle it with a profit at the price they had agreed to sell it for. Strikes in Florida and car shortages in both the Florida and Tennessee fields have combined to reduce production and shipments. The department has laid the situation fully before the railroad administration and has urged that sufficient cars be made available for fertilizer deliveries in the interest of crop production.

It has also notified the phosphate miners and the acid phosphate manufacturers that the present prices of rock phosphate, or of acid phosphate, must not be advanced without submitting the proposed increases to the department, accompanied by specific data showing any real and unavoidable increase that may have occurred in the costs of production. Such increase in costs, in the opinion of the department, would be the only possible justification for any advance in the prices that prevailed in June. The department holds that a mere shortage of supply in the existing circumstances is not in itself a sufficient justification for increased prices.

Raising Rabbits Profitable.

The raising of rabbits is one of the most agreeable and profitable of occupations; one that can be pursued in spare moments.

Storing Celery in Cellar.

Celery that is to be stored in the cellar does not need to be blanched before going in.

Select Wheat Seed.

It will pay to select your seed wheat at harvest time.

GOOD COVER FOR HAYSTACKS

Ample Protection Afforded by Layer of Coarse Grass, Such as Millet, Sudan or Sorghum.

(Prepared by the United States Department of Agriculture.)

High price of hay makes it essential that farmers top off their haystacks with proper covers for protection of the dry forage against weathering. A cheap and simple cover for any stack or rick of hay may be made by spreading a layer, about four inches thick, of some coarse grass, such as millet, sudan grass, fine sorghum, or some coarse wild grass over the top of the stack or rick, placing long poles over the hay, and then binding these poles permanently in place by the use of wires weighted down at both ends. Where the hay is stacked out of doors in oblong ricks, a satisfactory cover may often be made by using 12-inch boards 1 to 1¼ inches in thickness, cut as long as the rick, which may be wired together and lapped like shingles to form a satisfactory cover over the hay. Some farmers have been successful in using crimped galvanized roofing or corrugated roofing with the edge bent to interlock in the same manner as a protection for hay-ricks.

LIVE STOCK NOTES

Old sows farrow heavier pigs than young sows do.

* * *

Alfalfa is a great feed for the brood sow in summer and winter.

* * *

Alfalfa provides a large amount of nutriment for every kind of stock.

* * *

Horse kindness: Load lightly and drive slowly. Stop in the shade if possible.

* * *

Give the colt plenty of room in which to stretch his legs, but better not let him follow into the field.

* * *

Fresh air and sunlight combat disease in the stable. Dairy barns should be airy barns. Ventilation is conservation.

* * *

Hogs should be supplied with suitable green forage and so managed as to consume as much of it without waste as possible, since forage is by far the cheapest feed that can be used.

* * *

Time may not be worth much to a hog but it is to a farmer. If the hog is not marketed at the right time he may consume all the profits which would otherwise come from producing him.

* * *

Hogs may be turned into corn any time after it has passed the dough stage and is beginning to dent and harden.

* * *

Clover or alfalfa hay are essential to the most economical production of live stock.

NOT ALWAYS FAIR

Psychology Expert Decries Some Popular Tests.

Wrong to Judge Character and Intelligence by Means of Handwriting and Photographs, Is Assertion of Prominent Kansan.

Judging character and intelligence by means of photographs and handwriting is a senseless custom, in the opinion of Dr. J. C. Peterson, assistant professor of psychology in the Kansas State Agricultural college. Even though the custom is maintained by at least two-thirds of school boards, a large number of employment agencies, and many leading universities, it has no basis of proven accuracy as an excuse for its use, according to Doctor Peterson.

Persons applying for teaching positions or for fellowships in colleges are almost always required to submit applications in their own handwriting and to send photographs with the applications.

"Too often," says Doctor Peterson, "a pleasant smile and clear, regular penmanship outweigh years of experience and testimonials of scholarship.

"A belief in the claims set forth by handwriting and feature-reading experts has become widespread. And no one will deny that a few persons of more than ordinary insight have been most successful in determining character and mental endowments by a study of features and handwriting. But these experts have not been able to explain their methods so that others, less gifted, could follow them and obtain satisfactory results.

"Twelve children, ranging from the weak-minded to those of superior intelligence, were tested for mentality by the psychology department of the Ohio State university. Photographs of the children were then submitted to 63 judges, among whom were physicians, psychologists, teachers, college students, and business men and women.

"When the estimated intelligence reports were compared with the actual mentality determined by the mental tests, it was found that they did not correspond. One girl who was an inmate of an institution for the feebleminded was judged by most to be of superior intelligence, while a boy who was really superior was judged to be on the border line of feeble-mindedness.

"Handwriting tests have shown largely the same results. Handwriting experts are almost unanimous in the opinion that pride and ambition are shown in an upward slanting of lines; that bashfulness is indicated by fine lines; force, by heavy lines and heavy bars on t's; perseverance, by long bars on t's; reserve by closed o's and a's, etc., and that lack of these qualities is indicated by a lack of the corresponding characteristics in penmanship.

"Holding that a person's traits of character can best be determined by the combined judgment of many acquaintances, psychologists of the University of Wisconsin judged 17 students of the university, ranking each according to the degree of each trait possessed. Specimens of handwriting, all written under the same conditions, were then secured. These were carefully measured and graded, and the result compared with the ranking previously given. There was no appreciable correlation."

The Joy of Living.

With all my heart I believe in the joy of living; but those who achieve it do not seek it as an end in itself, but as a seized and prized incident of hard work well done and of risk and danger never wantonly courted, but never shirked when duty commands that they be faced. And those who have earned joy, but are rewarded only with sorrow, must learn the stern comfort dear to great souls, the comfort that springs from the knowledge taught in times of iron that the law of worthy living is not fulfilled by pleasure, but by service and by sacrifice when only thereby can service be rendered—Theodore Roosevelt.

Can't Lose It.

Adolph Tandler, symphony orchestra leader, was commenting on the demand that music by German composers should not be played.

"There is so much music that is German, that I doubt if it can be done," he remarked, and added, with a laugh, "besides, they tell me that they are using it at the peace conference, or, at least, that is the claim of a certain German musician I used to know.

"This German, after listening to the uproarious discord attending the peace celebration, cried:

"'Ha! Observe that in order to celebrate they have to raise to the Wagnerian style of music!'"

There In Profusion.

Mary had been promised a visit to a certain camp, which was in an adjoining town. The promise was fulfilled one pleasant day and Mary, on tiptoe with excitement, started on the trip. Each time a soldier appeared she exclaimed: "Oh, see the khaki boy." But when the camp was at length reached Mary had nothing to say. Her mother, noticing this, asked her why she did not talk about them. Drawing a long sigh, Mary exclaimed: "Oh, mother! there is a whole forenoon full of them."

Moreover Also.

"I know a man who always secures more game than he wants when he goes hunting."

"How can that be?"

"Because he is always hunting trouble."

Striking While the Iron Is Hot.

Hub—For heaven's sake, don't start quarreling on the street. Wait, at least, till we are inside our own house.

Wife—I shan't! I should be cooled down before we get there.—Boston Transcript.

ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin—say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin toxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Evening the Score.

"When you are presented to the king don't forget to make your obeisance."

"I'll remember that," said the American captain of industry, "but after we get a little better acquainted I'm going to try to get back my self-respect by slapping him on the shoulder."

PHYSICALLY FIT AT ANY AGE

It isn't age, it's careless living that puts men "down and out." Keep your internal organs in good condition and you will always be physically fit.

The kidneys are the most overworked organs in the human body. When they break down under the strain and the deadly uric acid accumulates and crystallizes look out! These sharp crystals tear and scratch the delicate urinary channels causing excruciating pain and set up irritations which may cause premature degeneration and often do turn into deadly Bright's Disease.

One of the first warnings of sluggish kidney action is pain or stiffness in the small of the back, loss of appetite, indigestion or rheumatism.

Do not wait until the danger is upon you. At the first indication of trouble go after the cause at once. Get a trial box of GOLD MEDAL Haarlem Oil Capsules, imported direct from the laboratories in Holland. They will give almost immediate relief. If for any cause they should not, your money will be refunded. But be sure to get GOLD MEDAL. None other is genuine. In sealed boxes, three sizes.—Adv.

Snakes.

It is known that some species of serpents lay eggs, as farmers often plow them up, and upon opening them they find the embryo snake within the leathery covering. The eggs of the same species vary in size and shape, but are always oval. As a rule it is the constricting snake, or those which kill their prey by squeezing it, that lay eggs; such as the black snake, boa constrictor, etc.

You never can know how superior to other preparations Dr. Peery's "Dead Shot" is until you have tried it once. A single dose cleans out Worms or Tapeworm. Adv.

HAS BUST OF HERODOTUS

Antique in Metropolitan Museum of Art Identified as Portrait of Father of History.

Dr. Robinson, director of the Metropolitan Museum of Art, in New York, has identified an antique marble bust, which has been in the museum's storeroom for 20 or 30 years, as being a portrait of Herodotus, "the father of history." The marble, which has lain in dust all these years, will now assume an important place of honor in the institution.

There are but five known portraits of Herodotus. The New York portrait-bust was originally found at Benha, in Lower Egypt, and passed into the possession of Emil Brugsch Bey, from whom it was acquired and presented to the Metropolitan Museum of Arts. The recognition was based on the resemblance of the known portraits and the finding of the learned man's name inscribed upon it. As a work of art it was not very highly regarded, but as the sixth known portrait of Herodotus it assumes new dignity. It is also said to be one of the best portraits extant.

Tactful Nephew.

Old Aunt (despondently)—Well, I shall not be a nuisance to you much longer.

Nephew (reassuringly)—Don't talk like that, aunt; you know you will.

By the Doctor's Orders.

"Will you have some dark meat?"

"No, I'm on a light diet."

SINCE 1870
SHILOH
30 DROPS STOPS COUGHS

BILIOUSNESS
Caused by
Acid-Stomach

If people who are bilious are treated according to local symptoms they seldom get very much better. Whatever relief is obtained is usually temporary. Trace biliousness to its source and remove the cause and the chances are that the patient will remain strong and healthy.

Doctors say that more than 70 non-organic diseases can be traced to an Acid-Stomach. Biliousness is one of them. Indigestion, heartburn, belching, sour stomach, bloat and gas are other signs of acid-stomach. EATONIC, the marvelous modern stomach remedy, brings quick relief from these stomach miseries which lead to a long train of ailments that make life miserable if not corrected.

EATONIC literally absorbs and carries away the excess acid. Makes the stomach strong, cool and comfortable. Helps digestion; improves the appetite and you then get full strength from your food. Thousands say that EATONIC is the most effective stomach remedy in the world. It is the help YOU need. Try it on our money-back-if-not-satisfied guarantee. At all druggists. Only 50 cents for a big box.

EATONIC
(FOR YOUR ACID-STOMACH)

Liggett & Myers
KING PIN CHEWING
The tastiest tobacco you ever tasted.

ABSORBTION NO SALVE
STOP SUFFERING SAM'S PILE REMEDY QUICK CURE AND QUICK
AT DRUG STORES OR $1.00 BY MAIL
SAM E. RICHARDSON
DRUGGIST URBANNA, VA.

INVEST IN OIL—The Richest company of its age Drilling just started. Now 50% above par. Particulars free. Write Central Gas and Oil Co., Moran, Texas.

W. N. U., BALTIMORE, NO. 43--1919.

ARE CARRYING IT TOO FAR

Bathing Costume for Tennis Is the Abbreviating of an Abbreviation.

This is the day of brevity. The names of states and cities are abbreviated. Christian appellations are cut short and initials substituted. The grocer abbreviates "potatoes" to "spuds" and condenses "crackers" to "crax." The butcher writes "PC" when he means "pork chops," and the chemist shortens "water" to "H-2-O." The printer, referring to "a mass of balled-up type," cusses and calls it "pi." Likewise, the sport writers characterize the "knock out" as "KO." The doctor indicates "sod-cac" when he wants "sodium cacodylate."

But abbreviations are not confined to words. The Yanks abbreviated the war. The rising cost of living has abbreviated the purchasing power of a dollar. The airplane has abbreviated space, and electricity has abbreviated time itself. The laundry often abbreviates the size of one's new shirt. Fashion frequently abbreviates costumes.

There is, however, such a thing as abbreviating too much. For in France, a bathing suit is considered sufficient raiment for one who is in the swimming pool, but it is highly objectionable elsewhere. Tennis players clad in bathing suits are carrying the abbreviation habit too far.

They are abbreviating abbreviation!

Pay of Jap Soldiers.

In the opinion of the Jui, the pay of Japanese soldiers is too small. At present it is 1.56 yen (78 cents) a month for first and second-class privates, and 1.95 (98 cents) for corporals. Even if the pay be increased 50 per cent, says the editor, it will not suffice for the needs of the soldiers. At present they have to get money from home to make up the shortage, which is not right. The total pay of the soldiers amounts to $2,150,000. If it is trebled, the government will need only $4,300,000 additional.

A Saver to pocket book and health, and a delight to the palate.

Do as your neighbor is doing and cut the high cost of living by drinking

INSTANT POSTUM

Instead of coffee.

No Raise In Price

50-Cup Tins 30¢—100-Cup Tins 50¢

Made by
POSTUM CEREAL COMPANY
Battle Creek, Mich.

Sold by Grocers and General Stores

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