ST. CHARLES WOMAN WAS FORTUNATE

It Was a Lucky Day for Mrs. Wiethoelter When She Read About Doan's

"I had such awful cutting pains in the small of my back and hips, I often had to cry out," says Mrs. Ernest Wiethoelter, 550 Madison St., St. Charles, Mo. "The pain was knife-like and I couldn't turn in bed, in fact I was almost helpless. My feet and ankles swelled badly, my hands were puffed up and there were swellings under my eyes. I often got so dizzy I had to sit down to keep from falling and my health was completely broken down. The kidney secretions pained terribly in passage and in spite of all the medicine I took, I kept getting worse until I was a wreck.



Mrs. Wiethoelter

"By chance I read about *Doan's Kidney Pills* and bought some. After I had used half a box there was a change and I continued to improve; the pains, aches and swellings left and my health returned."

Sworn to before me,
WM. F. WOLTER, *Notary Public.*

ALMOST TWO YEARS LATER, Mrs. Wiethoelter said: "I think as highly of *Doan's* as ever. Whenever I have used them, they have benefited me."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

TRY THIS FOR LIVER AND BOWELS

Brew it at home yourself, save money and feel better right away.

If you want a splendid, economical remedy for constipation, sick headache, dizziness and torpid liver, get a small package of Dr. Carter's K. and B. Tea today and drink a cup of your own brewing whenever you need it.

This old reliable vegetable remedy has stood the test of time and is now more popular than ever.

Keep a package in the house all the time and brew a cupful when you feel out of sorts, feverish or bilious. It always helps—promptly—and being mild and gentle, is just as good for children as for grownups.

Cuticura Stops Itching and Saves the Hair



All druggists: Soap 25, Ointment 25 & 50, Talcum 25. Sample each free of "Cuticura, Dept. K, Boston."

RHEUMATISM

My new method of treatment cures practically all cases. Simple and inexpensive. For full information send self addressed envelope to DR. WOLTERS, 1601 North Avenue, Milwaukee, Wis.

AGENTS WANTED—Perfect Furnace Carburetor; sizes for any furnace; increases heat ⅓; reduces soot, ash, labor and fuel; big profits. West Furnace Carb. Co., Denver, Colo.

EASY TO REPAIR WOODWORK

A Little Labor, With Inexpensive Materials, Will Put It in Quite Presentable Shape.

No matter how badly in need of repair woodwork and furniture may be, you can put them in presentable shape if you have care, perseverance and a few inexpensive helps at hand.

To begin with, get the wood ready for some sort of finish. If it is badly battered up and the color of the stain is faded and spotted and worn, get sandpaper and cut it in two-inch squares. With this rub off the old paint or varnish. Coarse paper may be needed to begin with, but finish scraping with fine-grade paper and rub the wood smooth. This work is tedious, so do it for only a short time at a stretch.

After all the old paint or varnish is removed dust the wood and then wipe it with an oily cloth. Then make little pads of cotton—tie a six-inch square of cheesecloth around a wad of cotton batting—and dip them in paraffin oil, and then in shellac and then pat the surface of the wood with them. Pat the wood until it has absorbed all the finish it will take. The finish will be attractive and durable, but it must be carefully put on.

Oldest Bells.

The oldest bells in the United States hang in the Spanish cathedral in St. Augustine, Fla. They are dated 1682.

The grade crossing should itself receive the double-cross.

GET READY FOR "FLU"

Keep Your Liver Active, Your System Purified and Free From Colds by Taking Calotabs, the Nauseless Calomel Tablets, that are Delightful, Safe and Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

To cut short a cold overnight and to prevent serious complications take one Calotab at bedtime with a swallow of water—that's all. No salts, no nausea, no griping, no sickening after effects. Next morning your cold has vanished, your liver is active, your system is purified and refreshed and you are feeling fine with a hearty appetite for breakfast. Eat what you please—no danger.

Calotabs are sold only in original sealed packages, price thirty-five cents. Every druggist is authorized to refund your money if you are not perfectly delighted with Calotabs.—(Adv.)

That man lives twice who lives the first half well.—Herrick.

ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin—say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin toxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

It is easier to insist on a square deal than to define it.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remery for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

No Wonder.

"Why did the captain you met, just come from overseas, answer you so shortly?"

"I don't know. All I asked him was did he keep his company in good running order."

Noble Books.

Noble books bring their thought and give it to us, not as men bring their treasures to a warehouse, laying them down there upon the floor as on a foreign, unrelated substance, but as you bring the spark of fire to a pile of wood which has within it the power of burning and turning into fire. It is not the fullness of their hands which makes them welcome. It is the delicacy and discrimination of the finger which they lay upon some spring in us and by which they set some of our nature free.—Phillips Brooks.

May Revive Kentish Pottery.

Specimens of English pottery exhibited in London are giving rise to the hope that the Kentish pottery industry of years ago may be revived. Suitable clay is said to be procurable within easy distance. The collection on display in the British capital includes basins, jugs, cups and saucers, bowls and salt cellars, some of which had cost but a trifle in their place of origin. All of the articles are simple and of good form, attractive in color, and inexpensive, qualities which it is hoped to reproduce locally. With the price of household utensils steadily ascending, there seems to be no reason why one of the earliest of the village arts should not prove, to say the least of it, a good financial venture.

Jumpy, Irritable, Frazzled Nerves—

when caused by coffee—are helped to become normal, healthy nerves, when a change is made to

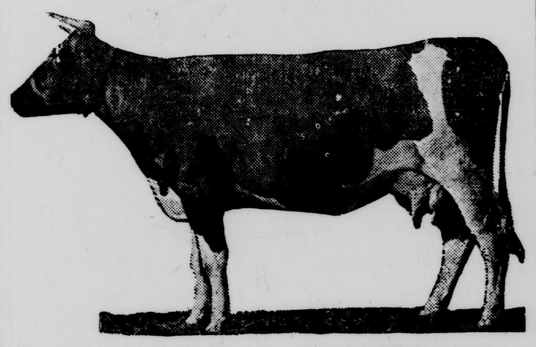
Instant Postum

This wholesome table beverage with a rich aromatic, coffee-like flavor is deliciously satisfying, economical, and respects both health and pocketbook.

Made by Postum Cereal Company
Battle Creek, Michigan

Sold by Grocers and General Stores

FIX AND INSURE UNIFORM TRANSMISSION OF HIGH PRODUCTION IN DAIRY ANIMALS



Dam of Bull Used in University of Idaho Breeding Experiment.

(Prepared by the United States Department of Agriculture.)

When two young bull aristocrats started out on a journey to their new home in Idaho recently, an experiment which will interest cattle breeders was started under way. These two bulls, both of which have enviable family trees, were sent to the University of Idaho—not to learn—but to teach, and the subject they will demonstrate is "The Best Method of Fixing and Insuring Uniform Transmission of High Production in Dairy Cattle."

Better Animals in Larger Numbers.

The shipping of these two bulls, one a Holstein and one a Jersey, was the first step in carrying out a co-operative experiment, undertaken by the dairy division of the bureau of animal industry, United States department of agriculture, and the department of dairying, University of Idaho. The object is not to improve the high producing dairy animals already in existence, but to determine a method of breeding that will produce the better animals in large numbers. When this method is determined and put to practical use, as it undoubtedly will be, it will result in a great advance to the dairy industry. It is the average production—the production of the rank and file—that counts, and this experiment is aimed at raising that average, rather than producing a few record breaking cows.

The experiment to be carried out at the University of Idaho is a part of a general plan for extensive breeding experiments, outlined by H. H. Graves of the federal department's dairy division. Other experiments similar to the Idaho project will be carried out directly with the herds of the dairy division and co-operatively with herds of state experiment stations and individual breeders. These experiments will fill a long felt need for a series of carefully planned tests, involving a large enough number of animals, and extending over a sufficient length of time to warrant accurate and definite conclusions as to the best method of breeding. While the need for this work has long been recognized, the cost of the work and organization required to handle it successfully has prevented private individuals from trying it.

A Unique Experiment.

In the Idaho experiment the following methods of breeding will be compared: In-breeding vs. out-breeding and line-breeding vs. out-breeding. As Holsteins and Jerseys predominate in the university herds, the Holstein will be used in the in-breeding and the Jerseys in the line-breeding work. No cross-breeding experiments will be attempted with these herds, but as this type of work is included in the general plan, it will be carried on with the herds of some other station or breeder.

According to the rather unique agreement with the University of Idaho, the dairy division will furnish the bulls used in the experiment, and the university will furnish the cows. The experiments will be carried out with the animals in the university herds, and not less than 12 females are to be used as the foundation herd in each experiment. The females and their progeny are to remain the property of the university, while the bulls will remain under the ownership of the bureau of animal industry. The university has agreed to stand the expense of feeding and caring for the bulls, and will retain all females produced in the herd until they have completed one lactation period so that accurate records will be had on the milk production, butterfat test, and date of calving for all daughters of each sire.

Why Results Will Be Valuable.

The results of the experiments should furnish excellent data for determining the relative value of in-breeding, line-breeding and cross-breeding since the same foundation animals will be the basis of both the in-bred and out-bred herds. This will make the in-bred animals comparable, generation by generation, with the out-bred animals. In like manner, the same foundation animals will be the basis of the line-bred and cross-bred herds making the line-bred animals comparable with the cross-bred animals.

The Jersey bull sent the University of Idaho is out of a daughter of Hillside Torono, a proved bull recently purchased to head the experimental herd owned by the government at New Iberia, La. Hillside Torono has three daughters with annual records of over 500 pounds of fat on two milkings daily and a number of good records in the making. Hillside Torono is sired by Pogis 99th of Hood Farm and out of Lass 57th of Hood Farm, the daughter of Hood Farm Torono. The dam of the bull was not tested this year but has been milking 35 to 37 pounds of 5.5 per cent milk a day—two milkings—with first calf. She will be tested next year. The sire of the bull is Hillside Emperor, a grandson of Hood Farm Torono and Pogis 99th of Hood Farm, so that he traces to those two sires on both his sire and his dam side.

In order to bring out the facts in regard to the breeding of these two bulls sent to Idaho it is obvious that the names of their various ancestors together with their records, will have to be mentioned from time to time. In doing so it is not to be assumed that the dairy division indorses these animals as being necessarily the best animals of their respective breeds and it is not expected that these remarks will be used for such a purpose.

Closely Inbred Holstein Bull.

The breeding of the Holstein bull is unique in that he is so closely inbred. His sire and his dam carry 87.5 per cent the same blood. The sire is a son of Friend Hengerveld De Kol Butter Boy, the sire of Banostine Belle De Kol, 1,058 pounds fat; Highlawn Hartog De Kol, 998 pounds fat; Daisy Grace De Kol, 962 pounds fat; Spotted Ann's Daughter, 871 pounds fat. The dam is also a daughter of this same sire. The sire of the bull is out of a daughter of Pontiac Aaggie Korndyke, four daughters over 900 pounds fat, as is also the dam of the bull, while the great granddams on both the sire and the dam's side are by Friend Hengerveld De Kol Butter Boy. The bull going to Idaho traces to this latter sire four times, twice on the sire's side and twice on the dam's side, and traces twice to Pontiac Aaggie Korndyke, once on the sire's side and once on the dam's side.

On account of the length of time required to complete such an experiment, results will not be known for a long time, but when the work is finally completed the conclusions arrived at should be of real value.

PRODUCTION OF LIVE STOCK

Among Essentials Are Tight Fields, Permanent Pastures and Leguminous Crops.

(Prepared by the United States Department of Agriculture.)

Where live stock is a factor on the farm, make every field hog-tight and sheep-tight; have thoroughly good permanent pastures; grow leguminous crops; build a silo, and keep only pure-bred males. These five things are absolutely essential in the economical production of live stock. Of course this program calls for some labor and expense, but the permanent condition of prosperity in the sections devoted to live-stock production is proof of the good profit derived therefrom.

SUPERIOR QUALITY OF MEAT

Hog That Loses in Weight Should Not Be Killed—Fat Gives Juiciness and Flavor.

(Prepared by the United States Department of Agriculture.)

A hog in a medium condition, gaining rapidly in weight, yields the best quality of meat. Do not kill a hog that is losing flesh. A reasonable amount of fat gives juiciness and flavor to the meat, but large amounts of fat are not essential.

BEST HOGS FOR BUTCHERING

Health Should Have First Consideration in Selection of Animals for Meat Supply.

(Prepared by the United States Department of Agriculture.)

In selecting hogs for butchering, health should have first consideration. Even though the hog has been properly fed and carries a prime finish, the best quality of meat cannot be obtained if the animal is unhealthy.

LIVE STOCK NOTES

Cattle will not leave corn when fed in proper quantity for any other grain.

* * *

Fat ewes are too frequently not regular breeders, and carry their flesh because they did not raise lambs the previous year.

* * *

The good-sized ewe with a blocky conformation helps to make up a profitable lamb-wool-mutton combination.

* * *

It is always advisable to get the calves to take hay and grain at as early an age as possible.

* * *

Sheep fitted on rations containing barley and shown in dressed carcass competitions have won numerous prizes, which indicates that barley produces mutton of excellent quality.

* * *

Sheep soaked by cold fall rains do not gain as fast as they should. They do better if they have a dry place in which to sleep, though they have to be in the rain through the day.

Keep Fowls Healthy.

To succeed with poultry you must keep the fowls healthy. Sick hens are poor property and medicine usually does them but little good.

Get Eggs in Winter.

To get eggs in the winter we must treat our hens right. They must have a warm roost and for feed wheat and oats as well as corn.

Do Not Agree.

Moisture and hens do not agree.

WORSE THAN DEADLY POISON GAS

Kidney disease is no respector of persons. It attacks young and old alike.

In most cases the victim is warned of the approaching danger. Nature fights back. Headache, indigestion, insomnia, lame back, lumbago, sciatica, rheumatism, pain in the loins and lower abdomen, difficulty in urinating, all are indication of trouble brewing in your kidneys.

When such symptoms appear you will almost certainly find quick relief in GOLD MEDAL Haarlem Oil Capsules.

This famous old remedy has stood the test for two hundred years in helping mankind to fight off disease.

It is imported direct from the home laboratories in Holland, where it has helped to develop the Dutch into one of the sturdiest and healthiest races in the world, and it may be had at almost every drug store. Your money promptly refunded if it does not relieve you. Be sure to get the genuine GOLD MEDAL Brand. In sealed packages, three sizes.—Adv.

How hard some men work in order to avoid working!

BOSCHEE'S SYRUP.

In these days of unsettled weather look out for colds. Take every precaution against the dreaded influenza and at the first sneeze remember that Boschee's Syrup has been used for fifty-three years in all parts of the United States for coughs, bronchitis and colds, throat irritation and especially for lung troubles, giving the patient a good night's rest, free from coughing, with easy expectoration in the morning. Made in America and kept as a household remedy in the homes of thousands of families all over the civilized world. Try one bottle and accept no substitutes.—Adv.

He who seeks to follow two trails comes home with an empty game bag.

Catarrh! Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure Catarrhal Deafness, and that is by a constitutional remedy. HALL'S CATARRH MEDICINE acts through the Blood on the Mucous Surfaces of the System. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing may be destroyed forever. Many cases of Deafness are caused by Catarrh, which is an inflamed condition of the Mucous Surfaces.

ONE HUNDRED DOLLARS for any case of Catarrhal Deafness that cannot be cured by HALL'S CATARRH MEDICINE.

All Druggists 75c. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

Fading Military Attraction.

He—I love the smell of powder.

She—So do I. Don't you like the violet scent the best?"

48,000 Drug Stores Sell It.

Five million people use it to KILL COLDS

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture.

At All Drug Stores

HEADACHE

Often Caused by

Acid-Stomach

Yes, indeed, more often than you think. Because ACID-STOMACH, starting with indigestion, heartburn, belching, food-repeating, bloat and gas, if not checked, will eventually affect every vital organ of the body. Severe, blinding, splitting headaches are, therefore, of frequent occurrence as a result of this upset condition.

Take EATONIC. It quickly banishes acid-stomach with its sour bloat, pain and gas.

It aids digestion—helps the stomach get full strength from every mouthful of food you eat. Millions of people are miserable, weak, sick and ailing because of ACID-STOMACH. Poisons, created by partly digested food charged with acid, are absorbed into the blood and distributed throughout the entire system. This often causes rheumatism, biliousness, cirrhosis of the liver, heart trouble, ulcers and even cancer of the stomach. It robs its victims of their health, undermines the strength of the most vigorous.

If you want to get back your physical and mental strength—be full of vim and vigor—enjoy life and be happy, you must get rid of your acid-stomach.

In EATONIC you will find the very help you need and it's guaranteed. So get a big 60c box from your druggist today. If it fails to please you, return it and he will refund your money.

EATONIC
FOR YOUR ACID-STOMACH

INDIGESTION

Quickly relieved by SAL-SPEAR-MINTO. Send 25 cents in stamps for large trial box to The Sal-Spear-Minto Co., New York, who will refund money if results are not satisfactory.

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment. Your druggist or by mail 50c. Dr. Berry Co., 2276 Sheffield Avenue, Chicago.

W. N. U., BALTIMORE, NO. 47-1919.

Polk Miller's Liver Pills

10c. The Good Old Kind that always do the work. Same formula for 50 years. Unequalled for Biliousness, Sick Headache, Constipation and Malaria. At all druggists. Manufactured by Polk Miller Drug Co., Inc., Richmond, Va.

Backache only a Symptom

"It Seems as Though my Back Would Break."

This is a common expression among women, yet they toil on day after day heedless of the significance of this distressing symptom.

Backache is often a warning of some inward trouble that requires attention, and which unless relieved will sooner or later declare itself in more serious ailments.

If it is caused by female derangement Lydia E. Pinkham's Vegetable Compound is what you need. It quickly asserts its curative powers in all those peculiar ailments of women.

For more than thirty years this good old fashioned root and herb medicine has been restoring American women to health.



The Splendid Recovery of Mrs. Coventry

Newark, N. J.—"The doctor said I had organic trouble and treated me for several weeks. At times I could not walk at all and I suffered with my back and legs so I often had to stay in bed. I suffered off and on for eight years. Finally I heard that Lydia E. Pinkham's Vegetable Compound was a good medicine, and I tried it with splendid effect. I can now do my housework and my washing. I have recommended your Vegetable Compound and Blood Medicine and three of my friends are taking it to their advantage. You may use my name for a testimonial."—Mrs. THERESA COVENTRY, 75 Burnett St., Newark, N.J.

Mrs. Hunt tells how it helped her

Detroit, Mich.—"I was in a general run-down condition, was very nervous and tired, had backache and other troubles. I suffered for several years, was not able to work at times and tried doctor's medicine with no results. I saw Lydia E. Pinkham's Vegetable Compound advertised, and after taking it a short time I was much better. I am still taking it myself and giving it to my daughter, and am glad to recommend Vegetable Compound at any time."—Mrs. M. E. Hunt, 171 Davison Ave.

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

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