NATIONWIDE FIGHT AGAINST DISEASE

American Red Cross Will Have Health Centers in All Parts of United States.

The American Red Cross has launched upon a nation wide campaign of fighting disease and physical defect among the American people. A new and unique health institution has come into being as the result of several months' study by the Red Cross Health Service Department at National Headquarters.

Officials in charge of the department predict that before long this new health activity will be in actual operation all over the country, and that the sign—"American Red Cross Health Center"—will become as familiar to the people everywhere as are now the signs of the telegraph companies.

Busy Long Before War.

The interest of the American Red Cross in the fight against disease is not, however, of recent origin. Long before the war the organization began this health service through its medical units in disaster relief work and its department of Town and County Nursing. During the war and following the armistice thousands of American Red Cross officials have been fighting disease in the war-stricken countries. At the same time tens of thousands of local Red Cross officials have been engaged at home fighting disease, notably during the influenza epidemics.

The American Red Cross has determined that all this valuable experience in health service abroad and at home shall not go to waste. So long as there are a half a million people dying yearly in this country from preventable causes, and so long as more than one-third of the American children and young people are victims of physical defects, the Red Cross recognizes the urgent need for continued Red Cross health service at home.

How Organization Works.

The Red Cross Health Center is governed by business principles, applies business methods, and, in its more simple form, can be established and conducted by lay people.

It proceeds upon the demonstrated fact that health is a commodity that can be bought and sold like brooms and soap. Therefore, it establishes itself in a storeroom in the principal business section of the community. It displays its goods in the form of attractive health exhibits in its show windows. It advertises constantly and extensively. And it uses every business and social device to attract customers.

The Red Cross Health Center is of service to the sick in that it gives out reliable and complete information about existing clinics, hospitals, sanatoria and other institutions for the sick and the defective; about available nurses, both trained and practical; about when to consult a physician and why to shun the quack and his nostrums.

Teaching Disease Prevention.

The Red Cross Health Center is, however, of even greater service to the well. It teaches people how to prevent sickness and disease. This is done in many interesting and attractive ways—first of all, by the distribution of popular health literature and through health lectures illustrated with lantern slides or with health motion picture films. Then special exhibits are given, one after the other, on various health subjects. Practical demonstrations are made; also health playlets by children to interest and instruct themselves and their elders. Classes are organized in personal hygiene, home care of the sick, first aid and in food selection and preparation. Health clubs, both for younger and older people, are formed; also Little Mothers' Leagues. Nutrition and growth clinics are conducted for children.

Already more than a hundred of these Red Cross Health Centers are in actual operation throughout the country. Many of them also conduct medical clinics, but the one chief, outstanding feature of the American Red Cross Health Center is its health education service which teaches well people how to keep well.

FRENCH PRAISE FOR OUR RED CROSS WORK

Lauding the work accomplished by American philanthropy for war-stricken France, Andre Tardieu, former high commissioner from that nation to the United States, in a recent article widely commented on throughout the French press, says:

"The American Red Cross has accomplished a work which calls for the heartfelt gratitude of every true Frenchman. In 1918 this great relief organization spent in behalf of France nearly 87,000,000 francs, and in 1919 its expenditures on charitable projects in our country attained the tremendous total of 171,000,000. It has recently turned over to the French relief organizations huge stocks of supplies whose value must be counted in the hundreds of thousands of francs.

"Fifteen million American boys and girls, banded together in the Junior Red Cross of America, are back of a movement to establish the closest ties between themselves and France's younger generation through the charitable works they have financed and are now carrying out among our little war sufferers.

"The bonds of friendship between France and America is cemented with mutual admiration, respect and gratitude."

Perhaps it has not occurred to Lenine and Trotzky that the most potent method of converting the world to the bolshevist idea would be to show the world a happy, prosperous and free bolshevist state.

Foresters are calling attention to a tree in Japan with leaves 30 inches across, which can be grown in America. There was a time, of course, when these might have been interesting as an article of clothing, but the modern Eve will hardly go to such extremes.

THE MORE THE MERRIER.

"Maybe," mused Senator Sorghum, "it would be a good thing to have hundreds of thousands more government employees."

"What for?"

"So that statesmen who specialize on cutting down small salaries could make a more impressive showing as to the amount saved in the aggregate."

Serious Blunder.

"Did you ever hear such an abject apology in your life?"

"The salesman realizes that he was at fault."

"How so?"

"He tried to sell a bricklayer the kind of shirts clerks, bookkeepers, editors and college professors wear."

A Selfish Thought.

"Henry," said Mrs. Dubwaite, "I saw a perfect love of a hat in a milliner's window this morning."

"I hope you will not disillusion yourself,' said Mr. Dubwaite.

"What do you mean?"

"You know very well that hat will cease to be a perfect love when you buy it."



UNDERSEA WIT.

"Who has old Shark been fleecing now?"

"Why the poor suckers, of course!"

Spoiled It.

To flattery susceptible,
A lady once we knew;
Being told she had a pretty chin
Started acquiring two.

A Warning.

"If yo'-all fools around muh gal ary nudder time, sah, I'll—"

"Ca'm yo'sel'f, sah, ca'm yo'se'f! Fust thing yo' knows yo'll be making threats ag'in me, and I won't pay no 'tention to 'em. And then dess loogy at de "barrassment yo'll feel!"

The Logic of the Case.

The Young One—The old man said he wanted to get her off his hands and yet he wouldn't listen to me when I spoke of marrying her.

The Wise One—Probably that's the reason he wouldn't listen to you.

Their Practice.

"They used their club debate methods in their home."

"How so?"

"Whenever he would propose a resolution for a good dinner, she would table it."

The Main Attraction.

"I was astonished when I heard Maude had gained the position of lecturer. Do you think it was because she was such a good psychologist?"

"I think it was because she was a blonde."

His Excuse.

"Has your husband bought you a car yet?"

"No, he always has some excuse. He says the gasoline machines are in bad odor and the electric ones are simply shocking."

How Talebearers Were Treated.

She—Miss Gaussip claims that her ancestors were in the swim from the start.

He—Probably, I shouldn't wonder if some of them first got into the swim on a ducking stool



LITERALLY.

Monk: Look at old kangaroo, he's just hopping mad.

On Strike.

We all keep learning more or less
Beneath experience's rule.
Just now some take too much recess,
And don't mind being late for school.

The Varieties.

"What are the fruits of practical politics?"

"So far, I have come across only two varieties—lemons and plums."

The Difference.

"Last year old Slick was paying court to Miss Smarty."

"And this year he is paying her alimony."

A Painful Operation.

"Did you hear our friend Jones had been superseded?"

"You don't say so! Did they give him an anesthetic?"

True.

"You take life too seriously."

"I like to be careful."

"Well, a man can be careful without being full of care."

All Off.

"I thought Belle's marriage was coming off this month."

"It was, but her engagement came off last month."

Success is the happy art of getting away well with the precious little you happen to have.

Agriculture is the largest and most important industry in the United States.—Lundquist.

The pessimist who is always looking for something to rail at can find it by looking in a mirror.

GLADNESS IN THEIR HEARTS

Physical Discomforts Unable to Affect Soldiers Who Had Good Reasons for Feeling Happy.

"It was three o'clock in the morning," said the returned soldier as he recalled his departure from a training camp. "A cold rain was pouring down in torrents. The hundreds of soldiers who came from the barracks of the big army camp were in a most cheerful mood. All carried heavy loads. They seemed to pay little heed to the fact the ground was soggy and their feet went into the mud above their shoe tops.' At other times, when they had been brought out into the cold rain, they had spoken in bitter language, but it was not so upon this occasion.

"Through the inky darkness the men tramped with their heavy luggage, the packs getting heavier as the water soaked into them. They did not seem to mind the long hike, and they sang a little and laughed a little despite the fact their clothing did not turn the streams of water the skies above poured down upon them unmercifully.

"Finally the commands of officers rang out in the darkness and the men were halted near a railroad track. They stood there for more than an hour. The rain turned into a snow. The cheerfulness among the men was not broken. Their laughter continued, and occasionally they would sing some familiar army song.

"At last a long train of passenger coaches was backed in on the track. In that machine-like manner of troop movements the men boarded the train. The last man had no more than left the ground when the train began moving, and soon was rumbling and screeching through the darkness.

"Within the coaches the soldiers continued their singing and laughter, although they were wet to the skin. They had a reason to be happy. That 'grand and glorious feeling' finally had arrived.

"They were going—home."

Water in the Desert.

The National Geographic Magazine gives some interesting accounts of the driving of cattle to the nearest port or railway, from the vast pasture lands of Australia.

Two, three or even five months may be required, says this magazine. Unless the season is favorable, it cannot be done at all, for feed and water are lacking along the route. . . . Stock routes are laid out and tended as carefully as wagon roads or railways. They head for the principal markets, or for the ends of railways that extend into the arid belt, and wind across the country, taking advantage of all known water supplies. Streams, springs, billabongs and natuma-holes are used, regardless of the quality of the water, for almost any liquid is acceptable in the desert. When the distance between watering places is too great, or areas of feed are beyond the reach of water, artificial supplies are provided and carefully watched. Wells are dug, and reservoirs and tanks are constructed to collect rain water. Where other means fail, skeleton buildings with large roof area are provided to conserve the rainfall.

Mary had a little lamb; she chopped it up for meat. Too bad she had to kill her pet—but then, she had to eat.

Long-Dead Horses Have Value.

In these H. C. L. days a dead horse is worth so much money that near Riverhead, Long Island, N. Y., a big horse cemetery is being opened and the bones of animals long since dead are being shipped to commercial centers. Horse-hides have, of course, for years been tanned into leather for "kid" shoes. Much of the meat is used in poultry yards. The hoofs are converted into glue, and up to this time the bones have been buried. The hardest part of the bones will be sawed out into buttons, and the rest will be converted into fertilizer and bone meal.

Powerful French Wireless Station.

France will shortly possess the most powerful wireless station in the world. It is at Croix d'Hines, near Bordeaux, and has four masts, each to carry aerials. These masts measure 275 meters in height (one meter equals about 40 inches), that is to say, 25 meters less than the Eiffel Tower, in Paris. The new station will be able to communicate direct by wireless with Washington to the west and with China to the east.—"Flaneur," in Indianapolis Star.

Will Visit Southern Jungles.

Eighteen men and women, naturalists and naturalists, headed by William Beebe, curator of the birds at the Bronx zoo, will sail soon from New York to explore jungles in South America. It is hoped they will bring back a large collection of rare birds and insects. Miss Mabel Satterlee, granddaughter of J. P. Morgan, will accompany the party to study birds, and Prof. William M. Wheeler of Harvard university will devote his attention to the study of ants. Others in the party will include Prof. Henry Fairfield Osborne of the American Museum of Natural History, Alfred Emerson of Cornell university, Miss Gertrude Emerson, editor of Asia Magazine, and Prof. Clifford Pope of the University of West Virginia.

Would Be Too Realistic.

In his "Lines of Communication," Captain Agate tells a good story of a certain great actress who was one day giving a lesson to a pupil on the bare stage of her theater.

The girl was supposed to be in immediate danger and to be calling for assistance, but could not manage to do so in a sufficiently realistic manner.

"But, madame, will you not show me the proper way to cry for help!" she asked at length.

"My child," replied the actress, "were I to cry for help those decorators of mine up there in the wings would come rushing down on the stage."

All the overalls have left is the air in debonair.

All things come to him who waits—even lower prices.

This idea of wearing overalls doesn't love a fat man.

If extravagance be fashionable a lot of people are out of style.

Sugar is a necessity, but its price is figured on a hurry basis.

Armenia, as a new republic, should cease to be a chronic beggar.

The political pot will soon be calling the other party's kettle black.

Somebody with a heart should be given a mandate over the weather.

No need to communicate with Mars; we have troubles enough of our own.

Very few women balk at bungalow aprons because they have no bungalows.

Still, there's no denying we need a whole lot more daylight on a lot of things.

Why does a house no longer need an attic? Because the junk man calls every three months.

Some people are finding it difficult to be good. American citizens and reds at the same time.

Japan is experiencing the dark brown taste that follows a dizzy whirl of misdirected prosperity.

As an indication of Spain's speed, some train bandits effected their escape in a two-horse carriage.

Another article of clothing a good many of our ancestors didn't consider an absolute necessity is socks.

One advantage of building small homes is that they are likely to be homes and not mere apartments.

As the white-collar man gets accustomed to overalls he may decide to take the job that goes with them.

Europe might as well understand now as later that we can't support her in the style in which she was raised.

The ultimate consumer is not in a position to exercise any great influence by threats of a hunger strike.

The army mule has made good on all his traditions, even in the face of honest hostility by official report makers.

Congested housing is aiding the spread of tuberculosis. Fooling with the laws of health is expensive business.

China is reported to lead the world in the high cost of funerals. Wouldn't you hate to be "caught dead" in China?

Paris styles are running to the allegorical, bird wings on the shoes typifying how swiftly the dollars fly to get them.

The cost of living may be further modified, if in addition to wearing overalls every man will carry his own dinner pail.

Perhaps the world may yet get back to pre-war conditions. An actress announces she has just been robbed of her diamonds.

Silks are coming down in price and there is growing uneasiness lest silk be used as an adulterant of these high-priced cotton goods.

A most grievous mistake can be made at this time by asking a man in overalls if he would like the job of beating your rugs.

If it is true that Europe is beginning to ship its undesirables over here, Uncle Sam may have to enlarge his deportation facilities.

A husband who lost heavily at cards was hit over the head by his wife with a poker. Nothing like a poker to stop poker!

Now, if those overall boys would go a step further and carry tin dinner buckets they could take a crack at the profiteers in lunches.

It may be impossible to distinguish the plutocrat from the pauper in overalls, but these garments fatally betray embonpoint and bowlegs.

Now that the wearing of old clothes has become a popular fad, those who would have to wear them anyhow are beginning to smile again.

During the war everything that worried the attorney general was due to "German propaganda" and now it seems to be the I. W. W.'s.

We read that "the United States is unpopular all over Europe." Even where we supplied Europe with 10,000,000 hot meals a day, too?

There are too many new books about the polar regions and not enough about the tropics. The literary atmosphere is kept constantly chilled.

The railroads need $600,000,000 and the ultimate consumer has a sneaking feeling in his bones that he knows where they are going to get it.

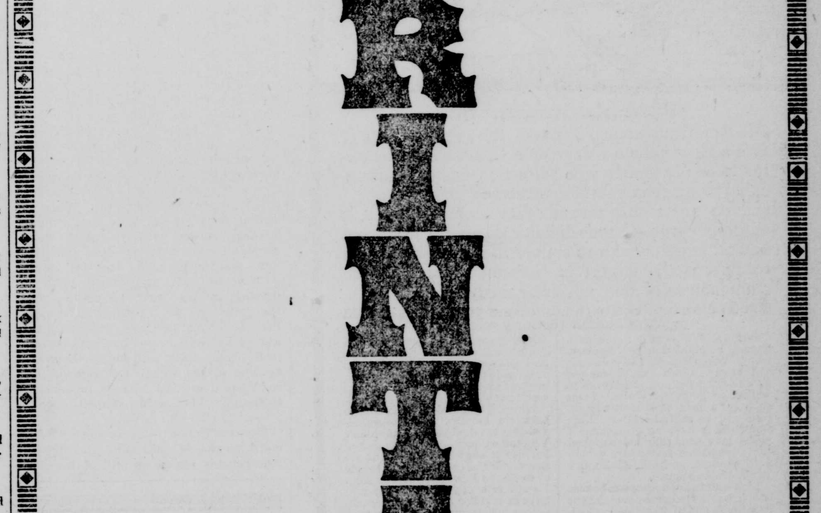
While we are thinking about deporting, let us not forget those who can talk well about anything.

We certainly would hate to be as downright devilish as a girl wearing woolen hose thinks she is.

That period known in history as the dark ages was largely due to the decline of agriculture.—Lundquist.

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Time is vital in the fertilizer business this Fall.

The World is short of wheat. The Farms are short of labor. Fertilizer is needed more than ever, but the fertilizer manufacturers are short of cars and labor to load cars.

It is impossible to supply the fertilizer needed this fall unless the shipping season is lengthened, and this can only be done by starting earlier. Why not place your order now for

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If you delay, you may fail to get ROYSTER'S. You may even fail to get ANY fertilizer.

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