Another Royal Suggestion

Biscuits and Cinnamon Buns

From the NEW ROYAL COOK BOOK

BISCUIT! So tender they fairly melt in the mouth, and of such glorious flavor that the appetite is never satisfied. These biscuits anyone can make with Royal Baking Powder and these unusual recipes.

Biscuits

2 cups flour
4 teaspoons Royal Baking Powder
½ teaspoon salt
2 tablespoons shortening
¾ cup milk or half milk and half water

Sift together flour, baking powder and salt, add shortening and rub in very lightly; add liquid slowly; roll or pat on floured board to about one inch in thickness (handle as little as possible); cut with biscuit cutter. Bake in hot oven 15 to 20 minutes.

Royal Cinnamon Buns

2¼ cups flour
1 teaspoon salt
4 teaspoons Royal Baking Powder
2 tablespoons shortening
1 egg
½ cup water
½ cup sugar
2 teaspoons cinnamon
4 tablespoons seeded raisins

Sift 2 tablespoons of measured sugar with flour, salt and baking powder; rub shortening in lightly; add beaten egg to water and add slowly. Roll out ¼-inch thick on floured board; brush with melted butter, sprinkle with sugar, cinnamon and raisins. Roll as for jelly roll; cut into 1½-inch pieces, place with cut edges up on well-greased pan; sprinkle with a little sugar and cinnamon. Bake in moderate oven 20 to 35 minutes; remove from pan at once.

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

FREE

Write TODAY for the New Royal Cook Book; contains 400 other recipes just as delightful as these.
Address
ROYAL BAKING POWDER CO.
115 Fulton Street, New York City

Must Move Swiftly.

"Riches have wings."

"They've got to nowadays to get anywhere near the cost of living."

BOSCHEE'S SYRUP

Allays Irritation, Soothes and Heals Throat and Lung Inflammation.

The constant irritation of a cough keeps the delicate membrane of the throat and lungs in a congested condition. Boschee's Syrup has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles, in thousands of homes all over the world, for the last fifty-four years, giving the patient a good night's rest, free from coughing, with easy expectoration in the morning. For sale everywhere.—Adv.

A Summer Girl.

"I seem to have known you before."

"Possibly we were engaged last summer."

A single application of Roman Eye Balsam on going to bed will prove its merit. Use it for inflammations of the Eyes.—Adv.

EMPEROR FRIEND OF LOWLY

Napoleon III Declared to Have Had Genuine Regard for the Humbler of His Subjects.

The friendly feeling of Napoleon III for the toilers is dwelt upon by Agnes Carey in her "An Empress in Exile," in the Century magazine, and she gives as her authority Empress Eugenie, wife of the last of the emperors. "Whatever his failings toward her had been," the author says, "she professed a warm admiration of his love of hard work, his pluck and his great kindness of heart and thoughtfulness for every one. The emperor genuinely loved the poor and humble among his subjects, with no thought of policy. He was too good and generous for his people's understanding. Had he been tyrannical and made use of them and trampled them down like some other sovereigns, they would have behaved better toward him, she (Eugenie) said.

"Napoleon was a dreamer and spent much of his time to the serious thinking out of schemes for the benefit of his people, and all mankind. His life's ambition was to better their lot. He had great magnetism, especially with the working classes. The empress charmed every stranger, but the emperor was really more personality and deeply loved by his entourage than was his consort."

The Fitting Way.

"How do the Irish meet the black-and-tans'?" "I guess it is with dogged determination."

DYE RIGHT

Buy only "Diamond Dyes"



Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye worn, shabby skirts, waists, dresses, coats, gloves, stockings sweaters, draperies everything, whether wool, silk, linen, cotton or mixed goods, new, rich fadeless colors. Have druggist show you "Diamond Dyes Color Card."—Adv.

GOT REPORT THAT COUNTED

Coffee Dealer a Little Too Enthusiastic in His Praise of Goods He Had Condemned.

"Have you any of Blank & Co.'s coffee?" the stranger asked.

"Plenty of it, sir! How much would you like?" the dealer responded briskly.

"Do your customers generally like this coffee—I would want only something really good," the customer observed cautiously.

"Never had a more popular brand—it is fine—use it regularly on my own table," the dealer assured him.

"Well, I am glad to hear you speak so well of it now. You wrote me a while back that the goods were so unsatisfactory that you would have to return them unless you were given a further special discount. I'm Blank, you know. Good day!"

What Johnny Meant.

"Next boy!" exclaimed the teacher "Can you give a simile to the word 'maiden'?"

"Yes, miss," responded Johnny Summers. "A maiden is like cider."

"Very good, Johnny. You see, boys," explained the teacher, who was of uncertain age and irascible disposition "Johnny means that a maiden is sweet."

"Yes," broke in Johnny, "and grows sour with old age."

The Full-bodied Flavor of

POSTUM CEREAL

wins first place among table drinks with those who value health and comfort.

Boil Postum Cereal full fifteen minutes after boiling begins and the taste is delightful.

Costs less than coffee

Made by Postum Cereal Company, Inc.
Battle Creek, Mich.

IS FAVORED LAND

Western Canada Country of Great Possibilities.

Soil, Climate, and Weather Conditions All Factors in the Production of Unrivaled Fruit, Vegetables and Flowers as Well as Grain.

As recently as last month—to be correct, it was the 18th of October, a time of year when one naturally looks for the "frost upon the punkin," and is inclined to wander through the woods in search of the ripened nuts, and admire the beautiful colorings that the autumn atmosphere has bestowed upon the leaves; when one goes to his closet, or maybe his pawnbroker, to find his heavy clothing—it was that I found myself the guest of a Western Canada housewife in her beautiful home on the outskirts of the pretty little town of Moosomin, Saskatchewan. The dinner! That's what Mrs. Wilde called it. I should have termed it a banquet. There were mallard duck, cooked to a turn, baked potatoes—and such big, mealy fellows they were, too—cauliflower—and say; did you ever taste one of those Western Canada cauliflower?—then dessert. What was the dessert? I can see it now. Strawberries, strawberries that had been picked that morning. Help yourself to the cream—and it was cream that is cream. But what I wanted to write about was the strawberries picked on the 18th of October. As I ate, and turned my back while a second helping was placed in front of me, I could not but think how this goes to refute the once accepted idea that the climate of Western Canada is such that the ripening of strawberries at any season is one of the things that might be looked upon as next to impossible. Fortunately it is rapidly giving place to one which acknowledges that our sister nation to the north possesses a climate that makes it quite possible to develop and ripen strawberries even in October.

But there is more to add. On October 14, just a few days previous, Mr. A. B. Smith, near the same town, plucked a splendid mess of green corn from his garden. Near Rocauville, Saskatchewan, wild raspberries were picked during the same week. The fact of ripening fruit at this date may seem of little moment, but when you are told that corn did not suffer from any vagaries of weather, more attention may be paid to it. The question of Western Canada's climate is no longer the bugaboo it once was, and not so very long ago, either, when it caused thinking people to think, and unquestionably prevented many from going to Canada who under other conditions would have gone.

In various parts of this country, at different state and county fairs, the government of the Dominion of Canada, during the past few weeks, installed exhibits of the grains and grasses grown in Western Canada, and at the same time showed fruits and vegetables that were grown there. None of these was placed in competition with the home-grown article. But to judges and others there came the full understanding of what it would mean to the local exhibitor if they were. The Western Canadian—and many of the exhibits were grown by former Americans—does not lay claim to any special dispensation of intelligence in the matter of the culture of the articles placed on exhibition, but willingly gives credit to the soil, the climate, and such other indigenous conditions as the country as a whole possesses, as being factors that bring about the largest yields of the best of wheat, oats, barley, flax and rye, as well as vegetables. As is pointed out by the gentlemen in charge of these exhibits, and quite evident to all, the possibilities of growing vegetables and grain such as are shown can only exist where conditions such as have been mentioned exist.

In speaking of eating fresh strawberries and green corn in the middle of October I should not fail to refer to the beautiful bouquets that adorned the table, the sideboard, the window sills, and almost every other available vacant place in the room. Flowers!—there were asters, phlox, gladioli, peonies, poppies, and I can't remember the names of them all, but they were there. Taken right from the garden, having a fragrance that gave the room tropical colors, and filled it with marvelously delightful perfumes. It was a very pretty sight. Then I went out into the garden and took a photo of it. It was simply wonderful. I asked the good lady how she managed it. She said she had always been fond of flowers. In her old home, in one of the central states, she carried on garden horticulture, and had been acknowledged successful. "But my!" she said, "I never got such bloom, and such a variety as I do here." She admitted it was a lot of work, the watering, the weeding, the hoeing, but such work was a pleasure.

Well, such is some of the life in Western Canada, and as I left the farm home I concluded that much of our surroundings are as we ourselves make them.—Advertisement.

The Sporting Instinct.

"You made your husband promise never again to bet on anything?"

"Yes," replied young Mrs. Torkins. "But I'm willing to bet he won't keep his promise."

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

Small boys and new flannel shirts shrink from washing.

MURINE FOR YOUR EYES

Night and Morning. *Have Strong, Healthy Eyes.* If they Tire, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

Home Town Helps

MUNICIPAL CARE OF TREES

As Much a Function of Civic Control as Any Modern Necessity, Says a Writer.

Simple and practical information with which the ideal of "the city beautiful" may be brought nearer realization is contained in a bulletin, "Street Trees," prepared by a horticulturist of the United States Department of Agriculture. With very few exceptions, the bulletin points out, the tree growth of the streets is of the average American town or city is ragged and unkempt.

That of a suburb or small village is not much better unless it has been under adequate municipal control and the plantings of a given street have been confined to a single kind of tree. Those modern necessities, the telephone, telegraph, electric light and trolley car, each have shared in the mutilation and destruction of good trees. Too few municipalities realize, however, that these modern facilities can be provided without impairing the beauty of shade trees, says the writer. One means of preventing injury is more general use of alleys for public utility wires. Faulty pruning has also caused much deformity.

Providing shade on city streets is as much a municipal function as providing lights on sidewalks, says the publication, and therefore should be undertaken by public officials. Negative control by requiring permits for planting, pruning and removal is a little better than no control. Probably the most satisfactory supervision is through an unpaid commission of three or five members—men who should be appointed to long terms, since it takes two or three years for a commissioner to realize the needs and scope of the work, according to the bulletin.

Even a good board charged with the care of street trees can accomplish little without liberal funds. These may be provided by appropriation from the general tax fund or direct assessment against property owners, collectible with their taxes. In any event, the minimum appropriation provided should be sufficient to carry on properly the work already begun.

CANADIAN CITY TAKES LEAD

Toronto Tackles Its Housing Problem in a Way That Shows She Means Business.

Toronto, Ont., is showing initiative in the housing problem, declares the Christian Science Monitor. Not only is she appointing a commission to study the question, in approved fashion, but she is planning to build 500 houses for sale or rent, and to give loans up to 50 per cent to those who wish to build. Her scheme is restricted to prospective purchasers who have been bona fide residents of the city for the last two years.

It is apparent that Toronto is not satisfied with the handling of the problem by private interests, and her dissatisfaction is echoed practically all over the world. Profiteering landlords have waxed rich, during the housing shortage, at the expense of the rent payer. To allow them to continue to do so would be to encourage injustice. Toronto has taken note of this condition and intends to put a check upon it. In her efforts she will be watched by other municipalities, who may now look to her for a way out of one of their most perplexing tangles.

Plant Trees in Fall.

Fall planting of trees and shrubs is usually more successful than spring planting. The question is debatable in some localities, but in many fall is the best time.

In the fall we have a longer period of favorable weather, the sap or life of the plant has stopped flowing and has become dormant for the season, while in the spring the sap is just beginning to flow and the plant is starting its growth for the season, and transplanting will at this time disturb the roots and growth, and materially retard the successful development of the plant.

Fall planting permits the tree or shrub to firmly establish itself, so that the April showers and early spring sun can begin to draw the sap up from the roots, and the minute fibrous root hairs having close contact with the soil can immediately take in moisture from the soil. It is this circulation of moisture that means the successful development of the plant.

Town Hospitality.

Hospitality has a broader meaning than that which the individual home delights to show the friend or visitor. A community can practice it in like manner and be known as a town where real kindness and consideration are shown visitors, strangers and newcomers. It takes such little trouble to make those who come to us feel that they are welcome.—Morgantown News-Herald.

Benefits of Home Owning.

The general gain to the city from home-owning is incalculable. It means more intelligent interest in public affairs, lower taxes, better training of the young, more comfort in life—in a word, all the good things that a real home implies.

The Bushel as a Weight.

A bushel is now regarded as a definite weight rather than a measure of cubic contents. Various products, however, have different weights to the bushel. Wheat, according to the bureau of crop estimates, weighs 60 pounds to the bushel.

What He Meant.

It is probably unnecessary to explain that the druggist who displayed a sign, "Say it with a brick," in his window, was referring to ice cream.—Lynn Item.

Help That Aching Back!

Back giving out? Tortured with dull, nagging backaches and stabbing pains? Does the least exertion leave you "all played out?" Likely your kidneys are to blame. Overwork, colds, insufficient rest and the hurry and worry of present-day living tend to weaken the kidneys. Backache is often the first warning. Headaches and dizziness may come, too, and perhaps annoying kidney irregularities. Help the overworked kidneys with *Doan's Kidney Pills*. *Doan's* have helped thousands. They should help you. Ask your neighbor!

A Virginia Case



J. D. Creaver, mason, 602 Tannahill St., Staunton, Va., says: "A cold settled on my kidneys and my back was awfully sore. Sharp pains would often catch me in my back. The kidney secretions passed irregularly and I was lame and sore all over. I began to use Doan's Kidney Pills. Relief came shortly and before long this medicine cured me."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.



Vaseline

Reg. U.S. Pat. Off.

PETROLEUM JELLY

For sores, broken blisters, burns, cuts and all skin irritations. Also innumerable toilet uses.

REFUSE SUBSTITUTES

CHESEBROUGH MFG. CO. (CONSOLIDATED)
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ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N. Y.

A Dr. J. D. KELLOGG'S ASTHMA REMEDY



Backache

The intense pain from a lame back is quickly alleviated by a prompt application of Yager's Liniment.

Sufferers from rheumatism, sciatica, neuralgia, sprains, etc. should always keep a bottle of "Yager's" handy as its penetrative qualities quickly bring relief from pain.

At all dealers. Price 35 cents.

The large bottle of Yager's Liniment contains twice as much as the usual 50c bottle of liniment.

YAGER'S LINIMENT

RELIEVES PAIN

GILBERT BROS. & CO., Baltimore, Md.

ATTENTION!

Realizing that the average investor seldom has an opportunity to learn of the enormous profits in the manufacture of Oil Field Supplies, and never has an opportunity of investing in a going concern, at present earning a nice profit for its stockholders, we respectfully invite you to mail us your check for the number of shares desired, or write for full information. Price $25 per share.

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Houston, Texas



FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment—Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2278 Michigan Avenue, Chicago

For Irritated Throats

take a tried and tested remedy—one that acts promptly and effectively and contains no opiates. You get that remedy by asking for

PISO'S

Genuine

BAYER

Aspirin

You must say "Bayer"

Warning! Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years and proved safe by millions.

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains proper directions for Colds, Headache, Pain, Toothache, Neuralgia, Rheumatism, Neuritis, Lumbago.

Handy tin boxes of 12 tablets cost but a few cents—Larger packages.

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

More herrings are eaten than any other kind of fish.

IT GAVE HIM NEW STRENGTH

Built Up My Husband. His Appetite, Nerves, Digestion and Whole System Are Fine Now.

WONDERFUL TONIC

"My husband was in a weak, run-down, nervous condition and at night he could get very little real rest on account of a cough he had which was especially bad at night. His appetite was poor and he lacked energy and strength. Mornings he would cough up great chunks of mucus and phlegm and nothing he took or was told to take did him any good.

"Thank goodness we heard about Earle's Hypo-Cod and the first bottle stopped that horrid cough. Then this tonic began working a wonderful change in his system. You could just see it building him up all over. His appetite came back. His nerves became steady and he started sleeping just fine. He eats anything and everything that I set on the table and relishes his meals. His strength and old time vigor came back and he looks better today than he has looked in a long, long time," declared Mrs. A. L. Goodall, 427 10th St., S. W., Washington, D. C.

There are thousands of men who need a tonic. Men are just naturally slow about taking medicine even though they are half sick. Wives should remember this and when they see their husband, brother or father isn't feeling especially good they should set about building them up. Just good food isn't enough sometimes. A tonic helps the digestion get all the good out of food. It spurs up the appetite and helps to enrich the blood. Drop in at the drug store tonight and take home a bottle of the genuine Earle Hypo-Cod that thousands say is so good. Read formula on bottle.—Adv.

BEADS PREFERRED TO BREAD

People of the Levant Set Great Stock on Colored Glass of Every Description.

Beads are more necessary than bread to the Levant. Men, women and children wear and carry beads to ward off ill luck. Even the horses and donkeys have strands of beads about their necks "to baffle the evil eye," and the long horns of the work oxen are decorated with blue-and-white beads to keep them from falling prey to diseases.

In Athens, Constantinople, Tiflis, Smyrna and other cities of the Levant men of all classes carry short strands of fidget beads, which they play with while walking in the street, riding in streetcars and trains just as nervous men in the West finger their watch-chains. Bead shops abound everywhere in the larger cities and general stores and market stalls sell them in the smaller places. Peddlers hawk them in the streets everywhere.

Light-colored amber beads of large size are the latest thing in beads for women. Meerschaum beads are also popular, and for the moment plain beads of all sorts have displaced highly ornate carved beads of the type which Syrians produce in great quantities for exportation.—Washington Post.

The shell of a coconut makes a superior charcoal.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Dyeing his hair will not lengthen a man's years.

Interested in Guineas

We are in the market for YOUNG GUINEAS and will pay *Highest Market Prices*
GET OUR QUOTATIONS

House of A. Silz
414 to 422 W. 14th St.
NEW YORK CITY

GREETINGS THAT TELL MUCH

All Have a Character and to the Irritated Are Like an Open Book.

"Chawmed"—One dance with this type. They always talk about the thatness of the that or G. B. Pshaw's latest.

"How do you do?"—Not a question—a statement. Probably accompanied by a smile. This class works slowly, but is sure to get you in the end.

"Deelighted"—With giggle and invitation from baby-blue eyes. Must never be trusted.

"Very glad to know you, I'm suah"—She is not sure, but it seems best to say so. Last season's deb. Expects to be bored and it is best to live up to expectations.

"Oh, Mr. Stover, I'm so glad to know you. I've heard," etc.—Football hero stuff. Must use skill and ingenuity to escape this type.

Mere nod—Possibilities, but, oh, man, you'll have to work.—Yale Record.

No Stops.

"Hear about old Gottrich and his new sun-dial?" asked the man with the red ears.

"Yes; and he had his electrician conceal an arc light in a balcony above the sun-dial, so it would work at night and on cloudy days."

Made From Our Native Grains

Grape-Nuts

Rich and Nourishing

A blend of wheat and malted barley that costs but little, yet provides a food of most attractive flavor, ready to serve direct from the package.

Grape-Nuts Needs No Sugar

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