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Saving is a form of serving. It is one of the biggest forms of national service—service to your country. Our first president said, "Economy makes happy homes and sound nations."

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Christmas Cards

A complete line of samples has arrived and we invite your inspection and your order for engraving or printing your name on quantities of 25 or more.

These cards are unusually beautiful. With the personal touch of your name, printed or engraved, they make a most welcome part of the true Christmas spirit of "Peace on Earth, good will toward men."

Orders for engraving must be in by November 15. Orders for printing will be accepted until December 10th. These cards are very popular, and it is wise to order NOW to secure the particular style you desire.

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Messages to Seekers of Success

PENINSULA HORTICULTURAL SOC. HOLDS RECORD THREE-DAY MEETING HERE

Large Exhibit Of Fruits And Vegetables Held At Armory In Conjunction With Sessions, Attract Many. Worton Man Takes $150.00 Prize

Late Thursday afternoon, the Peninsula Horticultural society brought to a close it's three day educational program, marking the thirty-seventh annual meeting of the organization. The meeting of pensinsula horticulturists here was declared to have been the most instructive yet held, and a record attendance at each session further marked its success.

The nominating committee, composed of the vice presidents from each of the Eastern Shore of Maryland and Delaware counties placed the nominees before the members and each were unanimously elected. C. W. Smith, of Bridgeville, Del., was named president for the ensuing year; Dr. E. G. Cover, of Easton, Md., first vice president; and Wesley Webb, of Dover,Del., was reelected secretary and treasurer of the society. Following established precedent, the next annual meeting will be held in the home town of the president and Bridgeville draws the assignment.

Convening in the Court House here at 2 o'clock Tuesday afternoon, Senator Charles R. Disharoon made the address of welcome to the members representing many parts of the Eastern Shore. Matters of vital importance to the fruit growers and farmers of this section were discussed by experts from the University of Maryland, the University of Delaware and other parts of the eastern states.

The best exhibit of peninsula grown products yet held, was displayed in the First Regiment Armory here in conjunction with the meeting of the Society. The major prize of $150 cash for the best general exhibit of fruits was awarded W. B. Harris, of Worton, Kent County, Md.

Apples—best general display, W. B. Harris; box display of Paragon, Stayman, Winesap, York Imperial, W. B. Harris; box display of Delicious and Rome, E. H. Bancroft, Wyoming, Del.; bushel display of Paragon and Winesap, W. B. Harris, Delicious and Grimes, W. F. Allen Co., Salisbury; Rome, Harrison's Nurseries, Berlin; Stayman, J. E. Jester, Bridgeville, Del.; barrel of Stayman, W. B. Harris; plates of Delicious, Winesap, Grimes, Jonathon, King David, W. F. Allen Co., Salisbury; Stayman, W. B. Harris; Rome Gano, Lily of Kent, Paragon, Winter Banana, E. H. Bancroft; Stayman, Franklin Stevens, Easton, Md.; Ben Davis, Nero, N. E. Jester, Bridgeville, Del.

Vegetables—best collection, W. B. Harris; cabbage—Baldhead, Drumhead, Flat Dutch, Red, Surehead, J. W. Killen, Felton, Del.; Savoy, Volga, Fred Hirst, Cambridge, Md.

Potatoes—best collection, J. E. Jester; Peck, McCormick, J. W. Killen; peck of State of Maine, E. H. Bancroft; best collection sweet potatoes, E. H. Bancroft; best collection slip seed, M. E. Culver, Laurel, Del., beets, W. M. Killen; lettuce, W. B. Harris; celery, Parschal, W. B. Harris; Self Blanch, J. W. Killen; onions, Yellow Danver, Silverskin, J. W. Killen. Prize taker, W. M. Killen.

Cauliflower, red Hirst; Horse radish, parsnips rutabagas, white turnips, salsify sprouts, Fred Hirst; Swiss chard, yellow turnips, spinach, pumpkins (best) W. B. Harris; mangel, hubbard, pumpkin (largest) J. W. Killen.

Unless two or more exhibits of the same varieties were listed only second prizes were awarded.

VERNON

Mesdames Reynolds and Steele attended the convention at Milford.

The Ladies Aid of Prospect for the month of November, was held at the home of Mrs. Richard Collison. A fine time was reported.

Cornhusking and gunning are in progress.

Mr. and Mrs. Walter G. Draper will go with the saw mills to Sudlersville, Md. We wish them success.

Mr. and Mrs. R. W. Ross have been with friends at Milford and will spend part of the Thanksgiving holiday at Denton.

A large number of conversions have been reported from Hickman M. E. church.

R. W. Ross was recently with his brother-in-law, Prof. A. L. Harrington, Supt. of Georgetown schools.

Miss Elizabeth M. Jenkins our former supervisor has secured a position in a state normal school, at north Adams, Mass.

Mrs. Alice Ross has spent a day or two with Mrs. Elizabeth L. Bacon, of Bacon, Del. Mrs Bacon has reared a family of five children, taught school thirty-three years and last summer passed in ten points at Delaware University. She also has the honor of being one of the first women that graduated from Delaware College.

Eastern Shore News

This (Friday) evening those interested in the establishment of a milk cooling station at Seaford will meet in the Jr. O. U. A. M. hall to organize, elect officers and attend to other matters pertaining to the cooling station. A preliminary meeting was held Friday night of last week, when County Agent M. C. Vaughn, of Georgetown, explained the difference between a grade A milk cooling station and a grade B station, and it was unanimously decided to have a grade A station erected here.

* * *

Fred Collins, 25 years old, a farmer residing near Bridgeville, was seriously shot while gunning last Monday, by his brother Ray Collins, 30 years old, of Collins Brother Garage, of Seaford.

The two men, with Ira Collins, another brother, were gunning for partridges in a field near Concord, five miles east of Seaford. The dogs had stood a covey of birds and the brothers were advancing towards the birds with Fred in advance of Ray, when the latter's gun was suddenly discharged, the load taking effect in Fred's legs, tearing away a greater portion of muscle.

He was taken to a physician in Seaford in an unconscious condition. First aid was given, and he was then hurried to the Peninsula, at alisbury, Ma.

* * *

Tabitha Melvin, of Frederica, has been awarded the trip to the second International Boys' and Girls' Club Congress, which will be held in Chicago, December 1 to 8. Miss Melvin was awarded this trip as the most outstanding club girl in the cooking and clothing projects in the state. The funds for this trip are provided by a Chicago concern.

Miss Melvin enrolled in the club work in the fall of 1921, and while her work during the first year was not exceptional, she did her work well and completed the program. In 1922 she attended the Boys' and Girls' Short Course at the University of Delaware and was an outstanding member there. She caught the spirit of service, the keynote of club work, and on her return organized a club of thirty-one girls. These girls were not only learning to sew but were also learning parliamentary rules, how to conduct meetings and transact their business. In spite of obstacles, her club completed and held their achievment exercises in connection with the commencement exercises.

* * *

Georgetown, Del., Nov. 26—Many cases of influenza have developed in Northwest Fork district, but not in a malignant form.

The disease is believed to be a mild form of "devil's grip," which has been sweeping nearly every district in Lower Delaware for the past two months.

So far no deaths have been reported in the eastern and central sections of the county.

* * *

Bellefonte, Del., Nov. 26—Burglars last night attempted to stupefy the family of Thomas Montgomery by spraying fumes of phosgene gas through the keyhole and under the doors, when they failed to gain an entrance quietly.

The family had retired for the night, but Montgomery, who was reading in the library, heard them. He heard footsteps on the porch and tiptoed to the rear of the house, where he smelled a peculiar odor and saw the burglars working on a gas-pump. He procured his revolver and opened the door. As he did so the burglars fled. He fired but failed to hit them.

State highway policemen who were summoned searched the neighborhood for several hours, but failed to find any trace of the burglars.

Our Delaware Education association was one of the best ever held and according to Prof. Adams, of Harrington, the best held since he has been in Delaware. The lectures and addresses, discussions, and social cheer by Profs. Davidson, Fretweyy, Snyder and others were delightful features. Mrs. Alice H. Ross, who was the only woman present, professing to have taught the long period of thirty-four years, at the annual banquet was honored and presented with a crown of ivy by Profs. Fretwell and King, the former of Columbia, and all the others including Prof. John Shilling, who was also crowned, summer students at Columbia, and each gave an address or a talk in the discussions.

CATARRH

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TALKS to MOTHERS about THEIR BABIES

By DR. J. H. MASON KNOX, JR.,

Chief, Bureau of Child Hygiene, Maryland State Department of Health.

KIDNEY FUNCTION

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DURING all of the period of waiting the kidneys have extra work to do, for there are waste products both from the mother and the baby, which must be eliminated through these organs. It is especially important, therefore, that the activity of the kidneys should be normally maintained. Considerable waste material is eliminated through the bowels and the skin. These organs, also, therefore, should be kept active.

IF THE mother does not pass three pints of urine daily, the probabilities are she is not drinking enough water to satisfactorily carry away the waste products.

It is important to remember that abnormalities in the kidney secretion can only be detected by chemical tests and by the microscope. Therefor, the patient cannot tell from the appearance of the kidney secretion that anything is wrong with the kidney function.

THERE are certain alarming complications, notably those which end in convulsions, which may occur during the waiting period. These conditions can be detected most readily in the early stages through careful examination of the urine, and often prevented before they become dangerous. It is, therefore, necessary and only fair to the mother and her unborn child that this tell-tale secretion should be examined by the doctor at regular intervals. Usually he requests a specimen sent to his office each month during the early months and twice a month in the two months before her confinement. If this practice could be universally carried out, many serious tragedies could be avoided.

The doctor may ask that the specimen be brought of the total amount carefully measured and passed within 24 hours. This often gives him more information than a single specimen.

Blood Pressure.

ANOTHER valuable indication of danger is obtained by the "blood pressure," which the doctor can determine by a very simple test. High blood pressure may put the physician on his guard in time to avoid trouble, even when the urine is apparently normal. Many physicians desire to take the blood pressure at the same time the kidney secretion is examined.

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