New Fashions in Foods

By KARINE HOLMES

Soups

Most housewives learn that the family like a certain kind of soup and never make any other kind. The Scandinavian people, indeed all Europeans are so delighted to get materials for one of their many kinds of soup as you are to receive a new candy receipe and treasure it with equal joy, knowing is is far more valuable as food than the candy.

First, let us talk about the soup stock kettle. It is rarely off the stove, as the slow simmering process gives you material as basis for many kinds of soup. The Europeans and housewives in this country know that much of the excellent food for the children comes from the ever ready stock for broths, purees, vegetable soups and all kinds of varieties, known to us as fruit soups and cream soups, which includes cheese, fish, chestnuts, potato soup, etc.

Vegetable Hash

Chopped beets, turnips and cabbage may be added to a hash of corned beef and potatoes. More often the potato is mixed with a equal bulk of the other vegetables in any proportion they happen to be left from other meals, especially from a boiled dinner. This hash is heated and browned slightly like any other hash. You can the next day remove all skins and bones and mix fish, stuffing and sauce together; moisten with milk if there should be insufficient sauce. Put the mixture in shells or shallow pudding dish, cover with buttered crumbs and bake till hot and brown.

Chartreuse of Rice and Meat or Fish

Put two cups of cold boiled rice in a pudding dish, mash part of it up against the sides of the bowl, and then add 2 cups of cold meat or fish well seasoned, moisten in all with 1 cup tomato sauce or 1 cup of stock mixed with 1 beaten egg, cover with part of rice not used and steam or bake slowly for about 40 minutes. serve with tomato sauce, or serve in the dish with the sauce in another bowl. Boiled hominy, hominy grits, or mashed potatoes may take the place of the rice.

Sometimes one is notified of friends arriving when there is plenty of cold meat or fish in the house, but the homemaker hesitates to serve this and sends for fresh roast, etc. Why? Often these made dishes are much more attractive and puts the guest at ease because the host has not shown the guest that his arrival was somewhat untimely.

If there is in your icebox yunnpo

If there is time in your icebox for gelatine to harden, then why not take what you have and make a jellied meat. Take the cold meat, if there are parts somewhat underdone, then stew them until soft. Then drain and season rather highly, letting the juice boil away till there is about one-half cup of juice to one cup of the meat. In each cup of stock dissolve one tablespoon of gelatine, mix with meat and mold in broad pan, after chilling, cut in slices and serve.

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Maintenance and National Service

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Reserve materials must be on hand, that storm damage may be repaired without delay. Adequate funds must be made available so that the cost of restoration may be met.

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GOLDSBORO

Miss Ruth Shockley spent the week end with her brother, Bryan, at Golt station.

Mrs. William Ziegler was a Sunday guest of Mrs. J. H. Williams.

Mr. and Mrs. Luther Johnson and son, George, of Harrington, visited Mr. and Mrs. Norman Smith Sunday.

Rev. J. H. Schooley will fill his pulpit next Sunday morning and night, and will go to Conference Monday.

We are glad to report that all the sick of our town are improving.

Mr. Noble Jarrell has purchased the office building, formerly owned by Mr. Robert Jarrell, Jr., and has moved it on the lot adjoining Lane's Garage.

Mr. and Mrs. Jack Montgomery and son, of Wilmington, were week end guests of Mrs. Margaret Bennett.

PRESTON

Mr. and Mrs. H. M. Hollis and daughter, Alva Lee, spent Sunday in Hurlock with Mrs. Hollis' parents, Mr. and Mrs. James Carmine.

Mr. Jerome R. Cox, of Washington, spent Sunday with his mother, Mrs. J. A. Cox.

Miss Deliatte Noble, who is attending Maryland College at Lutherville, Md., is at the home of her parents, Mr. and Mrs. C. Fulton Noble, for the Spring holidays.

Mrs. Clara N. Payne and daughter, Martha Claire, were in Baltimore several days last week.

Mrs. Walter M. Wright and Miss. Dorothy Wright spent last week end in Baltimore.

Mr. and Mrs. J. T. Dennis spent last Wednesday in Salisbury.

Miss Rachel Payne, of Goucher College, is spending the Spring vacation with her mother, Mrs. Clara N. Payne.

Mrs. A. Fletcher Sisk entertained the Saturday Afternoon Bridge Club last week.

Mr. J. P. Outten was called to Sabillasville last week by the illness of his son, Mr. Granville Outten, who underwent an operation for appendicitis in Baltimore on Saturday. Mr. James McRill filled the pulpit on Sunday morning in the absence of Mr. Outten.

The Preston Community Club met on Thursday evening at the home of Miss Elizabeth Phillips. At the conclusion of the business meeting the program of the evening was in charge of Miss Campbell, expert dietitian from the Maryland University. Her subject, "Food Values and the Well Balanced Meal," was very interesting as well as instructive, and was greatly enjoyed by all present. Delightful refreshments were served.

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