Baltimore, Chesapeake & Atlantic Railway Company.

RAILWAY DIVISION.

The Passenger Train Service in Effect Thursday, July 1st, 1897.

EAST BOUND. (READ DOWN.)

STATIONS.	Distance.	Exss daily ex Sun	Exss d'ly ex. Sat. & Sund'y	Accom daily	Express, Sat'd'y only	Satday only O. City Speci'l	O. City Special Sund'y only	Mon. Thur only Acm	Tues Sat. only Acm
		A. M.	P. M.	A. M.	P. M.	P. M.	A. M.		
Baltimore.....Lv		7.00	4.10		2.00	2.00	7.30		
Clayborne.....Ar		10.10	7.20		5.00	5.00	10.30		
Clayborne.....Lv	44.00	10.20	7.30	7.00	5.15	5.05	10.35		
McDaniel	45.34	M10.24	X 7.35	F 7.04	X 5.20				
Harper	46.64	10.27	B 7.39	F 7.08	B 5.24				
St. Michaels	48.72	M10.32	7.45	F 7.13	5.30		B 10.42		
Riverside	50.46	B 10.35	B 7.48	F 7.16	B 5.33				
Royal Oak	52.58	M10.39	X 7.53	F 7.20	X 5.38		B 10.48		
Kirkham	54.43	B 10.43	B 7.57	F 7.24	B 5.42				
Bloomfield	56.51	B 10 47	B 8.02	F 7.28	B 5.47				
Easton	59.05	10.55	8.11	7.37	5.56	5.30	11.00		
Turners	62.60								
Bethlehem	66.21	B 11.09	K 8.26	F 7.52	K 6.11				
Preston	69.31	B 11.14	K 8.33	F 7.59	K 6.18				
Linchester	70.49	B 11.16	B 8.35	F 8.01	B 6.20				
Ellwood	71.37	B 11.18	K 8.37	F 8.04	K 6.22				
Hurlocks	75.22	11.25	8.45	8.12	6.30				
Emmalls	77.77			F 8.16					
Rhodesdale	79.44	B 11.32	X 8.52	F 8.20	X 6.37				
Reid's Grove	82.55	B 11.36	B 8.57	F 8.25	B 6.42				
Vienna	86.00	B 11.42	K 9.04	F 8.32	K 6.49				
Mardela Springs	89.90	B 11.49	K 9.12	F 8.41	K 6.57				
Hebron	94.66	B 11.57	K 9.20	F 8.50	K 7.05				
Rock-a-Walkin	96.68	B 12.00	B 9.28	F 8.54	B 7.08				
Salisbury	100.98	12.11	9.35	9.10	7.20	6.36	12.06		
Walstons	105.36	B 12.19	B 9.43	F 9.18	B 7.28				
Parsonsburg	108.02	B 12.23	K 9.47	F 9.23	K 7.32				
Pittsville	111.09	X 12.28	K 9.53	9.31	K 7.38				
Willards	114.50	B 12.33	B 9.58	F 9.37	B 7.43				
New Hope	115 60	B 12.35	B10.00	F 9.40	B 7.45				
Whaleyville	117.09	B 12.37	K10.03	F 9.44	K 7.48				
St. Martins	120.56	B 12 42	B 10.08	F 9.51	B 7.53				
Berlin	126.82	12.50	10.18	10.02	8.03			7.00lv	2.45lv
Ocean City.....Ar	151.06	1.00	10.30	10 15	8.35	7.20	12.50	7.15	3.00
		P. M.	P. M.	A. M	P. M.	P. M.	P. M.	A.M.	P.M

WEST BOUND. (READ UP.)

STATIONS.	Distance.	Exss daily ex Sun	Exss d'ly ex Sat and Sund'y	Accom daily	Express, Sat'd'y only	Sund'y only Balto. Exss.	Sund'y Wash. Balto. Exp'ss	Thur only Acm	Tues Sat'y only Acm
		P. M.	P. M.	P. M.	P. M.	P. M.	P. M.	P. M.	P. M.
Baltimore.....Ar	131.06	1.30	11.10		8.40	10.05	10.05		
Clayborne.....Lv		10.30	8.00		5.30	7.05	7.05		
Clayborne.....Ar	87.06	10.20	7.55	8.35	5.00	6.55	7.00		
McDaniel	85.72	B 10.16	B 7.52	F 8.31	B 3.56	K 6.51			
Harper	84.42	B 10.12	B 7.48	F 8.28	B 3.52	K 6.46			
St. Michael's	82.64	10.08	7.45	8.22	3.48	6.42			
Riverside	80.60	B 10.01	B 7.37	F 8.15	B 3.42	B 6.34			
Royal Oak	78.48	B 9.58	X 7.34	F 8.12	B 3.39	K 6.31			
Kirkham	76.63	B 9.54	B 7.30	F 8.07	B 3.35	K 6.26			
Bloomfield	74.55	B 9.50	B 7.25	F 8.02	B 3.31	K 6.22			
Easton	72.01	9.45	7.21	7.55	3.26	6.17			
Turner's	68.37								
Bethlehem	64.85	X 9.29	B 7.05	F 7.37	B 3.10	B 6.01			
Preston	61.75	K 9.23	B 7.00	F 7.30	B 3.05	X 5.56			
Linchester	60.57	B 9.20	B 6.58	F 7.28	B 3.03	B 5.53			
Ellwood	59.69	X 9.18	B 6.56	F 7.24	B 3.01	B 5.51			
Hurlocks	55.84	9.11	X 6.50	7.16		5.44			
Emmalls	53.29			F 7.07	X 2.55				
Rhodesdale	51.62	X 9.02	B 6.41	F 7.04	B 2.49	B 5.35			
Reid's Grove	48.51	B 8.55	B 6.35	F 6.56	B 2.43	B 5.30			
Vienna	45.06	K 8.50	B 6.31	F 6.49	B 2.36	B 5.25			
Mardela Springs	41.16	K 8.41	B 6.23	F 6.40	B 2.28	B 5.17			
Hebron	36.40	B 8.32	B 6.15	F 6.31	B 2.20	B 5.08			
Rock-a-Walkin	34.43	B 8.28	B 6 12	F 6.27	B 2.17	B 5.04			
Salisbury	30.08	8.21	6.05	6.19	2.10	4.57			
Walston's	25.11	B 8.07	B 5.52	F 6.04	B 1.57	B 4.45			
Parsonsburg	20.04	B 8.01	B 5.46	F 6.01	B 1.54	X 4.40			
Pittsville	16.97	X 7.59	B 5.44	5.56	B 1.49	X 4.35			
Willard's	13.56	B 7.51	B 5.39	F 5.48	B 1.44	B 4.29			
New Hope	15.46	B 7.49	B 5.37	F 5.46	B 1.42	B 4.27			
Whaleyville	13.07	X 7.46	B 5.34	F 5.43	B 1.39	B 4.24			
St. Martins	10.50	B 7.39	B 5.27	F 5.36	B 1.32	B 4.17			
Berlin	7.24	7.34	B 5.24	5.30	X 1.29	4.14		8.15ar	2.35ar
Ocean City.....Lv		7.20	5.10	5.15	1.15	4.00	4.45	8.00	2.20
		A. M.	P. M.	P. M.	P. M.	P. M.	P. M.	P. M.	P. M.

F stops on signal. B stops on signal to take on or let off Baltimore passengers only. X stops on signal to take on or let off Passengers for regular stops or Baltimore. M stops on signal to let off Baltimore passengers or take on passengers for Easton or Ocean City. K stops on signal to take on or let off passengers for other K stops, regular stops or Baltimore. Connection made with steamer lines at Easton, Vienna or Salisbury.

WILLARD THOMSON, Gen. Mgr. A. I. BENJAMIM, Supt.



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LOVE AS A DISEASE.

A French Physician Tells How to Cure Cupiditis.

"The Treatment of the Mind," by Dr. de Fleury, of Paris, has some very interesting chapters on sloth, anger and their treatment. But these are defects more peculiar to the Latin than the Anglo-Saxon races—Americans in particular.

On the other hand, the chapter on the treatment of love and its hygiene is of interest to all races and countries in the world.

There is a sane and perfectly normal love, nowise morbid. But if the passion is developed in a nervous subject, it becomes, in that case, pathological, and may be termed a disease of the mind.

Of what class is this malady?

Comparing passionate, painful love to the dangerous habit of taking morphine, alcohol, ether or opium, Dr. Meurice de Fleury shows that there is a real intoxication caused by the features of the person cherished, or, as it may be called, an obsession.

Just as the alcoholic and morphinomaniac finds no relief except in absorbing a fresh dose of their beloved poison, so the lover suffers cruelly when away from his beloved, is only glad in her presence, and leaves her more intoxicated and more affected by the disease every time.

Alike, the amorous state and the alcoholic or morphine habit are characterized by suffering caused by separation from the beloved object, the increase of the complaint after each meeting or every fresh absorption of the poison, and the same turning in a vicious circle; no relief for suffering save by an indulgence which forthwith revives and strengthens it. There is the same diminution in lucidity of mind, the same weaknesss and the same cowardice.

The author publishes a very curious letter from a woman containing an account of a love story which, under a humorous garb, goes very much to the point.

Then he proceeds to study the grave complications of the amorous malady called jealousy, giving a more searching psychological analysis of this phenomenon than any hitherto made.

He shows:

1. That jealous subjects are habitually those of a weak, nervous temperament, affected to a slight degree by the mania of doubt and persecutions, with a tendency to melancholy.

2. That it is very often men who are most prone to deceive that most readily suspect the woman they love of deceiving them. They doubt others because they have not much confidence in themselves or their own virtue. Thus we are specially apt to believe that of which we ourselves are capable, and it often happens that we attribute our own defects to others.

The intensity of anger and doubt in the case of a jealous person depends on a host of circumstances purely physical in kind. Fatigue aggravates the sufferer. Rest or a good meal, not too plentiful, calms him. Such people are excited by alcohol or when there is thunder in the air.

Taking up, next, the study of platonic love and flirting, Dr. de Fleury proves by clear physiological demonstration that flirting is irrational, unnatural and immoral.

In the presence of the woman he loves a man derives physical strength by merely looking at her, squeezing her hand or hearing words of endearment from her lips. In marriage this finds its natural and legitimate vent, but this is never available in a mere flirtation. It is, therefore, a cumulated excitement, enervating without end, and very often leads to well-defined nervous complaints, neurasthenia, nervous exhaustion.

In many cases love, and especially platonic love, are to blame for neurosis. Thus, if debauchery is shameful and reprehensible, because it destroys the physical and moral energies, platonic love or flirtation has also its serious drawbacks, because it gratuitously stimulates, and hence marriage alone is physiologically commendable.

But when a man is thoroughly intoxicated with love, what treatment should be applied to the malady? The treatment that is followed in the case of morphinomaniacs and alcoholics; progressive weaning from the poison, going away from the beloved person, isolation in a sanitarium and tonics for the nervous system.

COMFORTIN HOT WEATHER

Excellent Advice in Regard to Food and Drink.

One cannot be strictly orthodox and be strictly healthful, too, during hot weather, for to maintain absolute health we must take much thought of what we shall eat and drink and how we shall be clothed. Farinaceous foods, such as oatmeal, potatoes, rice, cornbread—in fact, all new breads—and such things should be avoided. Fruit when perfectly ripe, but not the least bit overripe, is absolutely necessary in this climate in moderate quantities, while in the tropics it is almost certain death, bringing on a violent and often fatal dysentery. Milk, eggs cooked in every way, such vegetables as spinach, kale, asparagus, lettuce, onions, tomatoes and so on, may be freely indulged in. Very young meat and pork should be shunned as so much poison, while fish is most excellent, being one of the best nerve foods known.

One of the greatest troubles with Americans is that they insist upon consuming quantities of iced drinks in hot weather. The healthiest beverage is water which has been boiled with just enough oatmeal in it to leave it palatable. It is delicious when very cold, and keeps the stomach in excellent condition, besides being quite nourishing. In drinking milk it is well to take it with vichy, as it then is not so apt to make one bilious. The most refreshing and by far the most satisfying drink is iced tea or iced coffee, and both are very good for one. The different soda fountain drinks contain too much citric acid under different alluring names and after a person has taken six or eight small glasses and at last finds his thirst allayed and his palate satisfied, nine times out of ten his stomach is in the condition of a house on fire. Lemonade is a very good summer drink for some people if it isn't too sour. Others with stomachs of a naturally acid disposition are often knocked out by it. Many do not like iced tea, but a taste for it can be easily cultivated by drinking it with milk with no lemon and sugar. The inhabitants of some hot countries are very fond of a beverage made by boiling linseed in water. It is a fine preventive of stomach and bowel diseases.—*New York Sun.*



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Balto. Chesapeake & Atlantic

Choptank River Route.

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Baltimore-Choptank-Third Haven River Route

For Baltimore—The magnificent side-wheel iron steamers **Avalon** and **Joppa** leave alternately daily, weather permitting, except Saturday, for Baltimore, from landings as follows:

Denton	12 M	E New Market	3.30 P.M
Lyford's		O Shell Point	
Williston		Cambridge	6 P.M
Two Johns		Kirby's	
Turkey Creek		Oxford	7 P.M
Kingston		Bellevue	
Dover Bridge	1.30 P.M	Double Mills	
Hog Island		Easton	9.30 P.M
Windy Hill		Oxford	10.30 P.M
Choptank		Corner's	
Wrights		Tilghman's	11.30 P.M

Arriving in Baltimore at 5.00 o'clock following morning. Returning the steamers leave Baltimore from Pier 4 Light st Wharf at 7 o'clock p. m. daily, except Sunday, for all points named and arriving at Easton about 3.00 a. m. Oxford 3.45, Cambridge 6.00, East New Market 7.00 and Denton 11 a.m. Connections at Easton, Oxford and Cambridge with railroads for all points.

Freight taken at low rates and carefully handled. Grain bags furnished and grain delivered at Elevators. Further information supplied by

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302 Light St Baltimore, Md.

Philadelphia, Wilmington & Baltimore

RAILROAD.

Schedule in Effect May 17th, 1897.

Delaware & Chesapeake Railway.

SOUTHWARD Read Down		Distance	STATIONS.	NORTHWARD Read Up	
201 Pass	285 Mix.			290 Mix.	294 Mix.
P. M.	A.M.			A.M.	P. M.
3 00	6 25		....Baltimore....	11 15	6 55
3 46	7 25		..Philadelphia..	10 46	5 42
5 47	9 38	.....	Lv..Clayton..Ar	8 45	3 55
5 06	9 08	4.70	.....Kenton.....	8 26	3 37
f 6 04	f 9 57	9.58	.....Hartley	f 8 26	f 3 27
f 6 06	f 10 00	10.22	....Slaughters....	f 8 28	f 3 24
6 12	10 08	13.79	.....Marydel	8 17	3 18
f 6 19	f 10 16	16.76	....Henderson....	f 8 10	f 3 11
f 6 26	f 10 24	19.54	..Goldsborough..	f 8 03	f 3 04
6 36	10 34	23.88	Greensborough	7 52	2 54
6 46	10 44	28.08	..... Ridgely	7 42	2 43
6 55	10 54	32.86	...Queen Anne...	7 31	2 33
f 7 02	f 11 04	36.16	..... Cordova	f 7 24	f 2 24
f 7 08	f 11 12	39.05	.....Chapel.....	f 7 18	f 2 17
7 20	11 24	44.16	.....Easton.....	7 08	2 07
f 7 37	f 11 42	50.40	.....Trappe.....	f 6 55	1 50
7 47	11 53	54.19	Ar...Oxford...Lv	6 45	1 40
P.M.	A.M.			A.M.	P.M

"f" Stops to leave or take passengers on notice to Conductor.

PENNSYLVANIA RAILROAD

AND LEASED LINES.

On and after Nov. 17th, 1895.

Trains leave Broad Street Station, Phila.

• Daily. ‡ Daily, except Sunday. †Daily except Saturday.

"Pennsylvania Limited." Dining Car.....*12.20 p. m
Fast Line, Pittsburg (Dining Car)..*12.25 p. m.
Chicago and St. Louis Express, Dining Car.....*4.30 p. m.
Western Express.....*8.50 p. m
South Western Express.....*10.27 p. m.
Pacific Express West.....*11.20 p. m
Harrisburg Express, *4.30 and ‡8.50 a.m., ‡4.40 p. m., and Mail.....*7.00 a. m.
Niagara, Rochester and Kane Ex...‡8.50 a. m.
Elmira and Renovo Express.....‡12.25 p. m.
Williamsport Express, ‡4.40 p. m.; Sundays.....4.30 p. m.
Rochester and Buffalo Express.....‡8.50 p. m.
Erie, Rochester and Buffalo Ex.....*11.20 p. m.
Lock Haven Express.....*4.30 a. m.
Express for Boston, without change, 11.00 a. m. week-days and 6.50 p. m. daily.

S. M. PREVOST, General Manager
J. R. WOOD, General Pass. Agent

Western Maryland Railroad

Taking effect March 6th, 1897. Trains leave Hillen Station as follows:

*4.30 a. m.—Fast Mail, Main Line, N. & W. R. R., and the South, and ex. Sunday P. V. R. R., B. & C. V. R. R.; Martinsburg and Winchester.
†7.22 a. m.—Ac. York B. & H. Div.; main line east of Emory Grove, also Carlisle and G. & H. R. R.
*8.11 a. m.—Main Line, Chambersburg, Frederick, Emmittsburg and N. & W. R.R. to Shenandoah.
§9.30 a. m.—Accom. for Union Bridge and Hanover.
†10.17 a. m.—Accom. for Union Bridge, York, Gettysburg, also Carlisle and G. & H. R. R.
†2.25 p. m.—Accom. for Emory Grove.
§2.30 p. m.—Accom. for Union Bridge.
*3.32 p. m.—Exp. York and B. & H. Div.
*4.08 p. m. Ex. Main Line Fredericksburg, Emmittsburg, Chambersburg and N. & W. R. R.
†5.10 p. m.—Accom. for Emory Grove.
†6.10 p. m.—Accom. for Union Bridge.
x11.25 P. M.—Accom. for Emory Grove.

*Daily. †Daily ex. Sunday. §Sunday only. xSaturday only.

Ticket and Baggage Office, 205 E. Balto. St. All trains stop at Union, Penna. Ave., and Fulton.

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