

GRASSROOTS

by
WRIGHT A. PATTERSON

CIVILIAN EXPENDITURES SHOULD BE CAREFUL

WHILE WE must spend many billions for war, Senator Byrd is insistent that civilian operations of the government be reduced to effect a saving of two billion dollars a year. Secretary Morgenthau, whose job it is to find the money to pay for ships, planes, tanks, guns and all the equipment needed to defeat the Axis powers, is also insisting on less expense for the civilian activities of the government. He would be fairly well satisfied with a saving of one billion dollars.

It was not so many years ago when America experienced its first billion-dollar congress. As I remember it, it was shortly after the turn of the present century. It created a roar, especially from the rural sections. People believed we were headed straight for the rocks of national bankruptcy. Even before we were spending as much as a billion dollars any peace-time year, we seemed to have all the governmental activities we needed. While we must, and will approve of every needed war expenditure, we might try a bit of the simple life of yesteryear as it pertains to civilian activities of government. Aside from some of the minority groups, people undoubtedly would approve.

RUSSIA'S 'COMMUNISM'

THE WORLD thinks of Russia as "communist," but it is not. Communism in Russia died with Lenin and the "liquidation" by Stalin of thousands of Lenin followers, big and little. Today Russia is more totalitarian fascist than is Italy. The Soviets do not rule Russia. Stalin, alone, is the ruler. He is more dictator than Hitler or Mussolini.

Hitler did not attack Russia because of a fear of communism, but because he did fear Stalin as a powerful European rival who was not providing sufficient support for the Hitler cause. It was a case of the allied nations can well accept the result as an aid to democracy in time of need. We can do that without approving totalitarianism in Russia, any more than we approve of it in Germany, Italy or Japan. We are but the beneficiaries of a fight between rivals.

CONSTRUCTIVE CRITICISM

IN TIME OF WAR there is no place, or no excuse for the carping fault finder. Then, of all times, there is need for sane, constructive criticism. In the spring of 1918, George Creel told me that President Wilson had instructed him to encourage constructive criticism, as out of it much good could come to the American cause. President Wilson then had, as President Roosevelt has now, the unified support of the American people.

TOURISTS WARY

THE WAR interfered with America's winter vacation plans. Vacation spots are largely on the East, West and South coasts, and tourists visualize any of these points open to a possible German or Jap blitz. Early tourists jammed transportation facilities in their efforts to get back home, but neither the Germans nor the Japs have as yet arrived, and our army and navy are on guard.

JOBS AND INVESTMENT

TO PROVIDE for the average job in America, an investment of more than \$8,000 in factories and tools is necessary. The job is not possible without the investment, and the investment is worthless without the worker. On an average, the investment receives less than \$400 a year, and the average worker receives some three times that amount.

MONTHS AT A TIME ALONE WITH BIRDS

WHEN AT HOME, Duke Trempe lives at Saul's Ste. Marie, Mich., but he is seldom at home. Usually he is off somewhere following his hobby, and that hobby is birds. I first met Duke in Honolulu. He had just returned there after a three-month stay on a small, uninhabited coral reef several hundred miles north of Hawaii. For those three months his only companions were the birds, of which there were millions. Duke wished to know where they come from and where they go. To get that information he catches birds when young, places bands on their legs, and in time some of them may be picked up in some far corner of the Pacific, and Duke may hear of it.

Duke wanted to go with Admiral Byrd to Little America to study penguins, but the admiral did not think penguins of sufficient importance to warrant such a study.

LABOR 'RACKETEER' WANTED

PROFESSIONAL WRITERS of America should form an A. F. of L. or C. I. O. union and force those connected with the government to pay dues for the privilege of competing in the writing field. "From the President and his family and cabinet, on down, employees of the government are filling the pages of magazines and periodicals and causing professional writers' children to go without shoes. The professionals need a labor racketeer to properly organize the profession.

Household News

by Lynn Chambers



Serve One-Dish Meals as Smart Budget-Stretchers (See Recipes Below)

Appetite Appeal Plus

Dents in the budget? Appetites wilted after the rich foods as a result of the double holidays? Well, you can smooth out those dents and at the same time perk up the jaded appetites by smart, simple, easy - to - manage one - dish meals. Here's a parade of palate-thrilling recipes with which you can sprout right along even with the slimmest of budgets.

To stretch that food dollar, you can use leftover meats and vegetables that are called for in these casseroles. Yes, and what's especially nice about them is that they're tops in vitamins and minerals because they're fortified with those perfect foods, milk and butter. As you're pouring out the milk from the bottle, remember it's just brimming and bursting with health-giving qualities.

Here's a meal-in-a-dish which has a luscious butter and bread crumb topping to recommend it:

- *One-Dish-Meal. (Serves 6)**
- 2 cups diced carrots (6 medium carrots)
 - 1 1/2 cups diced celery
 - 6 medium potatoes, pared and sliced
 - 3 tablespoons butter
 - 2 tablespoons flour
 - 2 cups milk
 - 1 cup meat stock or 1 bouillon cube in
 - 1 cup hot water
 - 1 teaspoon salt
 - 3 to 6 tablespoons grated onion
 - 1 cup peas (canned or fresh)
 - 2 cups diced leftover meat
 - 1/2 cup sifted bread crumbs
 - 3 tablespoons melted butter

Cook carrots, celery and potatoes separately in boiling salted water until tender. Melt butter, blend in flour, add milk and meat stock. Cook over direct heat, stirring constantly until sauce boils and thickens. Add salt. Combine sauce with remaining ingredients, except crumbs and melted butter, and turn into a buttered casserole or baking dish. Combine crumbs and melted butter, sprinkle over surface. Bake in a moderate (350 degrees) oven 35 to 40 minutes.

Cabbage, one of winter's best vegetables, is featured in this casserole of tuna or salmon:

- Scalloped Tuna and Cabbage. (Serves 8)**
- 2 cups boiling water
 - 2 quarts chopped cabbage
 - 2 cups rich milk
 - 1/4 pound American cheese
 - 1/4 cup flour
 - 1 teaspoon salt
 - 1 can tuna or salmon, flaked
 - 2 cups buttered bread crumbs
- Pour boiling water over cabbage. Heat to boiling, add 1 cup milk and cheese, cut in pieces. Cook over hot water until cheese is melted. Blend flour, salt and remaining milk and add to cabbage. Add tuna or

LYNN SAYS:

Can you name the one food that does most for your body's health, most cheaply? Milk, of course! Why? Because milk does all of the following:

- Promotes growth and maintains the body's resistance to infection through vitamin A.
- Stimulates appetites and keeps the nerves in top-notch condition through vitamin B1; promotes growth and keeps the skin healthy through vitamin B2(G).
- Helps calcium and vitamin C to develop teeth and bones properly if fortified with vitamin D.
- As an excellent source of phosphorus, it also works to keep the teeth and bones in class A.
- Milk's proteins come to the fore in repairing worn-down tissues and muscles and boosting growth.

THIS WEEK'S MENU

- Cream of Mushroom Soup
- *One Dish Meal
- Green Bean Salad
- Bran Muffins
- Apple Betty with Foamy Sauce
- Milk
- Tea
- Coffee
- *Recipe Given.

salmon and put in buttered casserole. Top with crumbs and bake in moderate (350-degree) oven 20 minutes.

Ref Pie. (Serves 6)

- 1 pound ground beef
 - 1 onion, chopped
 - Salt and pepper
 - 2 1/2 cups green beans, cooked or canned
 - 1 can tomato soup
 - 4 large potatoes, cooked
 - 1/2 cup warmed milk
 - 1 beaten egg
 - Salt and pepper
- Brown onion in hot fat, add meat and seasonings. Brown and add green beans and soup. Pour in greased casserole. Mash potatoes, add egg, milk and seasonings. Scoop over meat and bake in a moderate oven.

Baked potatoes and salmon are a favorite cold weather combination, but have you ever thought of blending the two together as one dish? No? Then you have a real treat coming if you try:

Salmon Stuffed Potatoes. (Serves 6)

- 6 potatoes, baked
 - 1/2 cup hot milk
 - 1 beaten egg
 - Salt and pepper
 - 1 tablespoon lemon juice
 - 2 cups flaked salmon
 - 1/2 cup minced onion, sauteed
 - 2 tablespoons butter
- Buttered crumbs

Split baked potatoes and scoop out. Mash the potatoes, add milk, egg, salt. Fold in salmon, lemon juice and onions. Refill shells and sprinkle with buttered crumbs. Bake in a moderate oven 20 minutes.

Whisk away your problems with leftover chicken or turkey by serving the meat creamed with vegetables in the center of a rice ring, adding mushrooms, sauteed, if desired. Serve it also cut up in croquettes, in chicken tamale pie, curried with rice, scalloped with noodles, in chop suey, or as a pie like this one here:

Chicken Pie. (Serves 6 to 8)

- 3 cups diced, cooked chicken
- 1 cup diced, cooked carrots
- 6 cooked, small white onions
- 1 tablespoon chopped parsley
- 1 cup milk
- 1 cup chicken stock
- 2 tablespoons flour
- Salt and pepper

Arrange chicken and vegetables in layers in casserole. Combine milk and chicken stock, add flour, blending in slowly. Cook until thick, stirring constantly, then season. Pour over chicken and vegetables. Cover with a sweet potato crust and bake in a moderate oven 40 minutes.

Sweet Potato Crust.

- This crust is the distinctive part of the chicken pie and a wonderful way to use up those few potatoes that are left over from the holiday dinner along with the chicken. It's a crust de luxe, a crisp, golden brown topping well worthy of chicken pie:
- 1 cup sifted flour
 - 1 teaspoon baking powder
 - 1/2 teaspoon salt
 - 1 cup cold mashed sweet potato
 - 1/2 cup fat, melted
 - 1 beaten egg
- Sift dry ingredients. Work in mashed potato, milk and egg. Roll 1/4 inch thick, cover pie and flute edges.

(Released by Western Newspaper Union.)

NATIONAL AFFAIRS

Reviewed by
CARTER FIELD

Drastic Action Would Follow Failure of Labor To End Defense Strikes . . . Russian Success Helps British Cause in North Africa.

(Bell Syndicate—WNU Service.)

WASHINGTON. — The necessity for having no strikes in defense production, particularly so far as airplanes, explosives, etc. are concerned, is of tremendous importance now that Washington sincerely hopes this hurdle may be surmounted through patriotic co-operation on the part of labor union leaders.

Several moves have been made by labor which seem to point in this direction, and there is a disposition in congress, as a result, to pause before rushing on to such drastic action as that envisioned in the bill introduced by Rep. Howard Smith of Virginia and rushed through the house by a big majority despite the well-known views of the administration to the contrary.

At the time the Smith bill was sent to the senate, which was some days prior to the Jap attack on Pearl Harbor, there was no probability of its enactment. As told in these dispatches at the time, the expectancy was that the bill would be amended drastically in the senate, and, unless the amendments were sweeping indeed the bill would be vetoed by the White House.

However, it was pointed out in those dispatches that the willingness of such a large majority in the house to vote such action, rather than any legislation which might soon result, was significant. This evidence of popular opinion—for the house more truly and accurately represents public opinion than any other branch of the government—spelled the certainty that eventually, unless labor mended its ways, such action would result.

Nation Now United

This picture is far more true today than it was then, for since that prediction was made the country has not only gone to war, but has been solidified and unified to an extent which one month ago was beyond the wildest hopes of the interventionists.

Casualty lists have a way of smothering tolerance of the other fellow's views, but one month ago there was no thought of such serious casualty lists at any time this year. Nor could there be any calculations based on the effect on this country of the "dastardly" attack by the Japanese.

Events in that attack, and off Malaya, including the sinking of the two Japanese warships as well as our own and the British, have driven home to this now united country the truth about air power, and the vulnerability of the strongest battle fleet without air supremacy.

With that lesson pounded home and clinched, there is going to be very little patience with any strikes from now on which curtail our airplane production, or for that matter any other national defense production. Labor is going to find the public insisting that work not be stopped because of any dispute over wages or hours, and particularly over whether this or that union has jurisdiction in a given factory.

—Buy Defense Bonds—

Help African Drive Russian Successes

There are sighs of relief here that the campaign in North Africa seems to be going as well as most of the experts had hoped. The underlying reason is that if it were not going so well there would be a storm of criticism because American production of planes and tanks had gotten under way so slowly.

It is admitted that only the unexpected success of the Russians in the last few weeks has saved the British in North Africa. Had the Germans been able to dig in for the cold weather after their failure to crush the Russian armies and take Moscow and Sevastopol, they could have diverted such a tremendous flying force to North Africa that the British would have been stopped and even Egypt threatened.

Underlying all this is the failure of the United States to get big production of planes, tanks, etc. under way earlier. Had that been done the British would have had such ample material in North Africa that the mopping up of the German forces from Egypt to French held territory in North Africa would have been under way several weeks ago.

Obviously the British have had superiority, but not enough superiority to make the job a quick one. Everyone expected the Nazis to put up a better fight than did the Italians in the same territory last year, and they have. In fact they have done even better than the British anticipated. They would have been beaten more quickly if the British had been able to wait until more planes and more tanks were at their disposal.

But they could not wait. They had to follow a time table set not by the state of their supplies and armament, but by the weather. The Far Eastern situation may have had something to do with it, too.

PATTERNS

SEWING CIRCLE



which stay firmly in place. A tie-on apron, pretty enough to be anyone's gift, is also included.

Pattern No. 8075 is in sizes 14 to 20; 42 and 44. Size 16 pinafore apron requires 1 1/2 yards 32-inch material, 6 yards tie-on apron, 1 1/2 yards, plus 1/2 yard contrast, and 3 yards binding. For these attractive patterns send your order to:

SEWING CIRCLE PATTERN DEPT.
106 Seventh Ave. New York
Enclose 15 cents in coins for
Pattern No. Size.....
Name

Small Obligations

Life is made up, not of great sacrifices, or duties, but of little things, in which smiles and kindnesses, and small obligations given habitually are what win and preserve the heart and secure comfort.—Sir Humphrey Davy.

Beware Coughs from common colds That Hang On

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION for Coughs, Chest Colds, Bronchitis

Forming Habits
It is just as easy to form a good habit as it is to form a bad one. And it is just as hard to break a good habit as a bad one. So get the good ones and keep them.

DON'T LET CONSTIPATION SLOW YOU UP

When bowels are sluggish and you feel irritable, headachy and everything you do is an effort, do as millions do—chew FEEN-A-MINT, the modern chewing gum laxative. Simply chew FEEN-A-MINT before you go to bed—sleep without being disturbed—next morning gentle, thorough relief, helping you feel well again, full of your normal pep. Try FEEN-A-MINT. Tastes good, is handy and economical. A generous family supply costs only 10¢.

Working to Forget
I do not value fortune. The love of labor is my sheet anchor. I work that I may forget, and forgetting, I am happy.—Stephen Girard.

AN APRON which pleases for its efficiency as well as for its bright gay appearance, easily achieved with a few rows of ric rac, is presented here in a pattern which is no trouble at all to follow. The picture shows you how this apron extends in back—an all-covering skirt and straps.

A Long War

The question arises, what is a long war? A long war is regarded as spanning a decade or more. If this war lasts 10 years, it will be the longest war in the past three centuries. The Thirty Years' war lasted from 1618 to 1648. Several Greek and Roman wars extended well over 20 years, and the Hundred Years' war, between France and England, lasted from 1337 to 1453.

Wars in which America has engaged since it became a nation have lasted, on an average, less than four years, although the Revolution officially lasted eight years.

AND, JANE, REMEMBER, IF YOU BAKE AT HOME, THE ONLY YEAST WITH ALL THESE VITAMINS IS FLEISCHMANN'S

*Per Cake: Vitamin A—3100 Units (Int.) Vitamin B1—150 Units (Int.) Vitamin B2—400 Units (Int.) Vitamin B6—40-50 Units (S&B) Vitamins B, D and G are not appreciably lost in the oven; they go right into the bread.

TALK IT OVER WITH US

Buying Wisely

In these days people are buying wisely. They study values more closely than ever before, they compare prices. The buyer today studies advertising carefully, and the seller can use advertising and obtain better results than when money is more carelessly spent. Advertising nowadays pays—both buyer and seller.