Surplusage.

Owen Wister, the novelist, was criticising the work of a literary beginner.

"Now, here," said Mr. Wister, slashing his blue pencil through an entire manuscript page, "here is arrant superfluity and surplusage. In what way do these 400 words help your story?

"In no way. On the contrary, they hinder, they impede it. These written words are mere surplusage, as so many of our spoken words are mere surplusage. They resemble the useless questions that we ask.

"A man stood before a mirror in his room, his face lathered, and an open razor in his hand.

"His wife came in. She looked at him and said:

"'Are you shaving?'

"The man, a foe to surplusage, replied fiercely:

"'No; I am blacking the kitchen range. Where are you—out driving or at a matinee?'"

Lydia E. Pinkham's Vegetable Compound

is a positive cure for all those painful ailments of women. It will entirely cure the worst forms of Female Complaints, Inflammation and Ulceration, Falling and Displacements and consequent Spinal Weakness, and is peculiarly adapted to the *Change of Life*. It will surely cure.

Backache.

It has cured more cases of Female Weakness than any other remedy the world has ever known. It is almost infallible in such cases. It dissolves and expels Tumors in an early stage of development. That

Bearing-down Feeling,

causing pain, weight and headache, is instantly relieved and permanently cured by its use. Under all circumstances it acts in harmony with the female system. It corrects

Irregularity,

Suppressed or Painful Periods, Weakness of the Stomach, Indigestion, Bloating, Nervous Prostration, Headache, General Debility. Also

Dizziness, Faintness,

Extreme Lassitude. "don't-care" and "want-to-be-left-alone" feeling, excitability, irritability, nervousness, sleeplessness, flatulency, melancholy or the "blues," and backache. These are sure indications of Female Weakness, some derangement of the organs. For

Kidney Complaints

and Backache of *either sex* the Vegetable Compound is unequalled.

You can write Mrs. Pinkham about yourself in strictest confidence.

LYDIA E. PINKHAM MED. CO., LYNN, MASS.

A Delicate Compliment.

Many delicate compliments have been paid the fair sex by men subtle in speech, but here is one straight from the heart of an illiterate negro that is difficult to excel:

It is recalled by the Rev. C. P. Smith of Kansas City, in telling the story of a marriage fee.

"When I was preaching at Walla Walla, Wash.," he says, "there was no negro preacher in town, and I was often called upon to perform a ceremony between negroes. One afternoon, after I had married a young negro couple, the groom asked the price of the service."

"'Oh, well,' said I, 'you can pay me whatever you think it is worth to you.'

"The negro turned and silently looked his bride over from head to foot, then slowly rolling up the whites of his eyes to me, said:

"'Lawd, sah, you has done ruined me for life; you has, fur sure.'"

Acknowledged Expert on Diamonds.

The credit of being the greatest diamond expert in America is generally awarded to Gen. Mindil, who for ten years has had charge of the jewel-room in the appraiser's office, New York. The importer who can bamboozle Gen. Mindil as to the value of a precious stone has not yet come to the front.

The more we know of our ills, the easier and sooner relief will come. Pains and aches of the flesh, joints and muscles are

Rheumatic

The mission of the Old-Monk-Cure

St. Jacobs Oil

is to cure, and the world knows it does it safely and surely.

Price, 25c. and 50c.

ARCK OF THE ATKINS SAW

Two centuries of patient and conscientious effort to produce the best Saws in the world.

Ten generations of blood and brains.

The largest plant in the world exclusively devoted to saw-making, employing many hundreds of high-class, high-priced craftsmen and equipped with costly special machinery.

A world-wide business aggregating many millions of dollars every year.

A reputation built up through two centuries of steady growth, valued more highly than any other asset of this great institution.

The guaranty of this Company, which is respected the world over.

We make all types and sizes of saws, but only one grade—the best.

Atkins Saws, Corn Knives, Perfection Floor Scrapers, etc., are sold by all good hardware dealers. Catalogue on request.

E. C. ATKINS & CO., Inc.
Largest Saw Manufacturers in the World.
Factory and Executive Offices, Indianapolis, Indiana.
BRANCHES: New York, Chicago, Minneapolis, Portland, Oregon, Seattle, San Francisco, Memphis, Atlanta and Toronto, Canada.

Accept no Substitute—Insist on the Atkins Brand

SOLD BY GOOD DEALERS EVERYWHERE

AN EVERY-DAY STRUGGLE.

Too Many Women Carry the Heavy Load of Kidney Sickness.

Mrs. E. W. Wright, of 172 Main Street, Haverhill, Mass., says: "In 1869 I was suffering so with sharp pains in the small of the back and had such frequent dizzy spells I could scarcely get about the house. The urinary passages were also quite irregular, monthly periods were so distressing I dreaded their approach. This was my condition for four years. Doan's Kidney Pills helped me right away when I began with them and three boxes cured me permanently."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

NEAT AND EFFECTIVE REBUKE.

Showing How Unnecessary It Is To Give the Lie Direct.

Senator Foraker was contradicting a certain statement.

"Though this is a firm contradiction," he said, "I want it to be a pleasant and polite one. It is not necessary, when men tell falsehoods, to call them liars and club them over the head. Their error can be pointed out in neater and more graceful ways.

"For instance:

"In a small town in Indiana a group of drummers were assembled. They sat in the reading-room of the country hotel. On the flimsy hotel paper they had finished writing to their firms with the lumpy ink and the rusted pens which the hotel management provided, and now, with newspaper reading and desultory talk, they whiled away the tedious evening.

"A young drummer in a red tie took the cigarette from his mouth and said:

"'Well, my day's sales here reached $5,000. Not bad for a small town, eh?'

"An elderly drummer looked up from his newspaper and said quietly:

"'Not bad at all. It is wonderful what one can sometimes do in these little places. On my last trip here my commissions came to just what you say your sales did.'

"The young man reddened.

"'This isn't a lying competition,' he said gruffly.

"'Oh, excuse me,' said the other. 'I thought it was.'"

STOPS BELCHING.

Cures Bad Breath—Positive and Instant Cure Free—No Drugs—Cures by Absorption.

A sweet breath is priceless. Mull's Anti-Belch Wafers will cure bad breath and bad taste instantly. Belching and bad taste indicate offensive breath, which is due to stomach trouble.

Mull's Anti-Belch Wafers purify the stomach and stop belching, by absorbing foul gases that arise from undigested food, and by supplying the digestive organs with natural solvents for food.

They relieve sea or car sickness and nausea of any kind.

They quickly cure headache, correct the ill effect of excessive eating or drinking. They will destroy a tobacco, whisky or onion breath instantly.

They stop fermentation in the stomach, acute indigestion, cramps, colic, gas in the stomach and intestines, distended abdomen, heartburn, bad complexion, dizzy spells or any other affliction arising from a diseased stomach.

We know Mull's Anti-Belch Wafers will do this, and we want you to know it. This offer may not appear again.

GOOD FOR 25c. 143

Send this coupon with your name and address and your druggist's name and 10c. in stamps or silver, and we will supply you a sample free if you have never used Mull's Anti-Belch Wafers, and will also send you a certificate good for 25c. toward the purchase of more Belch Wafers. You will find them invaluable for stomach troubles; cures by absorption. Address MULL'S GRAPE TONIC CO. 328 3d Ave., Rock Island, Ill.

Give Full Address and Write Plainly.

All druggists, 50c. per box, or by mail upon receipt of price. Stamps accepted.

Lake Titicaca is the highest navigable lake in the world.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Tea at a cent a pound is used by the poorer classes in Japan.

Cures Cancer, Blood Poison and Scrofula.

If you have blood poison producing eruptions, pimples, ulcers, swollen glands, bumps and risings, burning, itching skin, copper-colored spots or rash on the skin, mucous patches in mouth or throat, falling hair, bone pains, old rheumatism or foul catarrh, take Botanic Blood Balm (B. B. B.) It kills the poison in the blood, soon all sores, eruptions heal, hard swellings subside, aches and pains stop and a perfect cure is made of the worst cases of Blood Poison.

For cancers, tumors, swellings, eating sores, ugly ulcers, persistent pimples of all kinds, take B. B. B. It destroys the cancer poison in the blood, heals cancer of all kinds, cures the worst humors or suppurating swellings. Thousands cured by B. B. B. after all else fails. B. B. B. composed of pure botanic ingredients. Improves the digestion, makes the blood pure and rich, stops the awful itching and all sharp, shooting pains. Thoroughly tested for thirty years. Druggists, $1 per bottle, with complete directions for home cure. Sample free and prepaid by writing Blood Balm Co., Atlanta, Ga. Describe trouble and free medical advice also sent in sealed letter.

The momentum of a swiftly flying bird is considerable.

UNABLE TO WALK.

Terrible Sore on Ankle Caused Awful Suffering—Could Not Sleep—Cured by Cuticura in Six Weeks.

"I had a terrible sore on my ankle, and had not walked any for eleven months. I tried nearly everything without any benefit and had a doctor, but he didn't seem to do any good. He said I would have to have my limb taken off, and that I would never walk again. I suffered awful, and at night I could not sleep at all. I thought there was no rest for me, but as soon as I began to use Cuticura Soap and Ointment it commenced healing nicely. I washed the ankle with warm water and Cuticura Soap, and then applied Cuticura Ointment to the affected part, and laid a cloth over the sore to hold it in place. After two weeks I could walk around in my room real good, and in six weeks' time my ankle was entirely cured, and I was walking around out of doors. Mrs. Mary Dickerson, Louisa C. H., Va., April 22, 1905."

Commercial Agent Carroll, of Grenville, reports that the lumber cut this season by the mills in the Ottawa district was about 380,000,000 feet. The season has been fairly prosperous.

MADE IT A DIFFERENT CASE.

Nuisance Turned Out Largely a Matter of Ownership.

Mrs. Russell Sage is one of the most active workers in the movement to abolish the docking of the tails of horses.

In a discussion of this movement she said recently:

"If the horses already docked were out of the way we should have no trouble in putting a stop to docking forever. But many persons, advocates of our movement in the past, no sooner buy a pair of showy carriage horses with docked tails than they desert us and go over to the enemy."

She smiled sadly.

"It is the old story," she said. "White owned a dog. Black, who lived next door, came to him and said:

"'Look here. That dog of yours howls so much at night that my wife and I are going mad for want of sleep.'

"'Is that so?' said White. 'I hadn't noticed his howling. I think you must be mistaken.'

"A week passed and Black came home one day with the objectionable dog on a string.

"'I have bought this cur,' he told his wife. 'I have bought it from White and I am going to chloroform it.'

"Another week and White, the dog's former owner, said to Black:

"'You haven't chloroformed that dog yet, have you?'

"'Why, no not yet, 'Black answered. 'The fact is we have grown rather fond of the critter, he is so playful and affectionate.'

"'But doesn't his barking annoy you?' White asked.

"'No, I haven't noticed it,' said Black.

"'Well,' White grumbled, 'I can't sleep for that brute's continual howling.'

Mrs. Sage smiled again.

"In the case of ourselves it is one thing; in the case of others it is a different matter," she said.

ENVIED STORY TELLER'S GIFT.

Made Presence of Mind a Very Secondary Consideration.

C. K. Sober was showing a group of Pennsylvania statesmen over his famous chestnut farm near Shamokin.

"I have been told," said an insurance inspector, "that on a good chestnut farm each tree yields $100 profit.

"That is impossible," said Mr. Sober, laughing. "That is quite impossible. It is such a whopper that it reminds me of life in the west.

"A friend of mine sat one cold night before the red-hot stove in a western saloon.

"At the bar a number of tall stories were being told. Every man had an illustration to present of his own bravery or generosity or Lothariolism. One chap said: 'I was once crossing a long, high, one-track railroad bridge on the ties when I seen a train coming toward me. The bridge was too narrow for me to draw to one side or the other and to jump into the boiling waters below meant sartin death. In a flash I grasped the situation and started on a quick run toward the locomotive. When within a few feet of the great machine I concentrated all my nerve and muscle in one effort and leaped straight up in the air. The terrible loco shot under me and I came down safe and sound on the bridge, preserved from death, but seriously shaken by the descent.'

"At the conclusion of this tale a groan went up from the assemblage and an old miner with a white beard said bitterly:

"'What's the use of presence of mind when a man can lie like that?'"

Snuffbox in Her Stocking.

It was a sunny day and several passengers on the ferry boat were sitting on the outside benches. One middle-aged, quietly dressed and obviously respectable woman sat alone. Presently she reached down, pulled up her skirts and drew a small box from out of her stocking. She opened the box and took therefrom a pinch of snuff. This done, she replaced the box in her stocking and fastened her garter. The pungent odor of snuff pervaded the air, but the woman appeared unconcerned to the point of defiance.

"Well!" exclaimed one man to himself or anybody who chanced to hear him. "I wouldn't have believed it if I hadn't seen it."—New York Press.

A Station Without Signals.

There is no chance of a signalman making a mistake at Wanstrow Station—the smallest on the Great Western railway—for the simple reason that there are no signals, and, consequently, no signalman. The station is situated on the Wells branch of Somersetshire, between Witham and Cranmore, a structure consisting of a platform about 24 yards long and a small waiting room. In the waiting-room is a fire grate, and on the platform one lamp. No station master, porter, or other staff is kept at Wanstrow, the station being under the supervision of the Witham station master, who pays occasional visits to the place to see that everything is in order. In the winter a platelayer makes a fire in the waiting-room, attends to it during the day, and lights the platform lamp when necessary.—London Tit Bits.

UNCONCIOUS POISONING.

How It Often Happens From Coffee.

"I had no idea," writes a Duluth man, "that it was the coffee I had been drinking all my life that was responsible for the headaches which were growing upon me, for the dyspepsia that no medicines would relieve, and for the acute nervousness which unfitted me not only for work but also for the most ordinary social functions.

"But at last the truth dawned upon me, I forthwith bade the harmful beverage a prompt farewell, ordered in some Postum and began to use it. The good effects of the new food drink were apparent within a very few days. My headaches grew less frequent, and decreased in violence, my stomach grew strong and able to digest my food without distress of any kind, my nervousness has gone and I am able to enjoy life with my neighbors and sleep soundly o'nights. My physical strength and nerve power have increased so much that I can do double the work I used to do, and I feel no undue fatigue afterwards.

"This improvement set in just as soon as the old coffee poison had so worked out of my system as to allow the food elements in the Postum to get a hold to build me up again. I cheerfully testify that it was Postum and Postum alone that did all this, for when I began to drink it I 'threw physic to the dogs.'" Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the famous little book, "The Road to Wellville," in pkgs.

WHAT WOMEN SHOULD KNOW.

When the French woman has put in a part of her day upon her house she spends the remainder upon herself. She does not consider time wasted which is devoted to the preservation of her own good looks; in fact, were she to take her choice, she would much prefer to make herself beautiful rather than to expend her energies upon her dwelling.

"I must be beautiul, for I am the great attraction in my home," said a French woman to the caller, "and then, when I am charming, I can look to my house and see that it is in order."

This is the French woman's idea in everything. She must perfect herself, then comes her house. The ideal French woman will breakfast on a roll, see that the wheels of her domestic machinery are running properly; then she will go to her hairdresser. Here she will spend an hour, and on special days she will remain two or three hours.

The time is devoted to the washing of her hair and the scenting of it. Then she has it brushed until it is glossy, and dried in the air until it is very fragrant. Sometimes—it is said with regret—she tints it, and there are pretty stories told of a French woman who gave her husband unmitigated joy by coming home in the afternoon with her hair changed to a bright red. This the American man would hardly appreciate, but there is a happy medium which the American woman would do well to strike.

In times of domestic upset, such as house cleaning and moving, the French woman proceeds on her way as usual. She does not allow a domestic upheaval to interfere with her beauty plans. She keeps herself just as beautiful as ever, even though the drays are at the door and the movers in her boudoir. She has a way of attending to her good looks under the most trying circumstances.—New Haven Register.

HARMONY IN HATS.

Speaking of broad picture hats, it seems wise to put in a word of warning against every woman buying the absurd little French hat which is in fashion. It is by no means the only style to be considered, and it is altogether unbecoming to every one. The large, soft hat of felt is gaining ground every day, especially among conservative women. The favorite color is dahlia or mustard and the trimming of American Beauty roses heaped with green leaves, says the Philadelphia Press.

The cavalier hat of very soft felt or velvet turned up at the side and trimmed with a waving feather is exceedingly becoming and graceful. It has a soft crown dented in and the brim is untrimmed and unfaced.

Brown with rose pink, champagne with sapphire blue, black with purple are among the artistic combinations.

Don't be misled by any rumors of hats being worn that are not in harmony with your gown. Americans have arrived at the only artistic way of dressing, which is to harmonize and match the different pieces of clothing, and they will certainly cling to it for some time to come.

The trouble with many women is that they overtrim all house gowns. A clever designer once said when asked what single piece of work would make women better dressed, "Take a pair of scissors and cutting off every piece of protruding trimming."

Any amount of trimming can be used if one would stick to the same material or to the same color. Ruffles and pleats galore do not ruin the gown like a few Parisian medalions, a little bright passementerie, a half dozen colored buttons, two kinds of lace and some satin piping.

The easiest mistake that the majority of women make is to puzzle their heads on what to get to trim a gown. This is of so little importance, or rather it is of so much importance not to get anything, or at best one or two very simple touches.

FUTURE OF AMERICAN WOMEN.

Mrs. Russell Sage fears for the future of American women by reason of their tendency to smoke, drink and gamble. Well known matrons of New York, interviewed on the subject, generally declined to share in the views of Mrs. Sage. Some of them admitted that the customs mentioned do exist and are growing. They contend, however, that they represent but a passing phase, and that the limitations are strict. One view is that women have so stepped into the places of men that the adoption of masculine vices has been inevitable, but they believe this only temporary.

The excuse given, whatever might be its validity merely as an excuse, is hardly sustained by the facts. Admitting the inculcation and growth of the practices, and that to a certain extent women have taken the places of men, the practices do not obtain among the women who have sought the new fields of endeavor. They are busy and useful women, with something definite to accomplish. Their novel duties do not suggest liquor, tobacco or the laying of wagers. For such indulgences they lack time, inclination and means. They are not attracted by dissipation, and their sporting proclivities, as a rule, are followed to the utmost when they be: a box of cigars against a box of gloves, relying upon gallantry to release them from payment if they lose.

There may be certain club women who fall into their brothers' habits as a way of showing their independence, and proving that they live in an atmosphere of advanced thought. The average club woman, however, has a serious purpose, or persuades herself that she has, and, far from sanctioning levity of conduct on the part of her own sex, hopes to aid in its intellectual and material development. The woman's club, odorous of smoke and with a clink of glasses mingling with the rattle of chips, may exist somewhere, but respectability, gowned or pantalooned, would look at it askance. This club would be as far as possible from typical. Womanhood in general could not be weighed by it, nor much hurt by it, for it would not have association with it.

There are women who are very rich and whose one duty is to kill time. The task becomes onerous, and recourse is had to anything that promises novelty. If they smoke or drink it is for a fresh sensation, and if they gamble they are frittering away hours that would hang heavy on idle hands, and of which they have so many that they represent to them no value. Their conduct is of some importance to themselves, but it has no direct bearing upon the conduct of the countless thousands of women engaged in business, in humble labor, or the still desirable roles afforded by domesticity.—Philadelphia Ledger.

BE SYMPATHETIC.

We must all realize that this life is full of sorrow, and if you personally have had the good luck to escape your share of it you are a very fortunate person.

But do not, on that account, allow yourself to grow cold-hearted and unsympathetic to others.

Those poor others! Their lot is often so hard—so lonely—so full of misery.

We are here to "heal the wounds and bind the broken heart," and the only way we can do this is by being kind, loving and sympathetic.

A few words of love will do more to help a sufferer than money, sometimes.

For heart sickness is much harder to help than hunger and poverty. Show interest in others; try to help them, go out of your way to lighten the burden of the heavily laden.

Do not hesitate to whisper your kindly thoughts in their ears. Don't pass on the "other side;" if you are strong, then be merciful, says Woman's Life.

Remember, that we all look at life from different standpoints, and what might appear like a grain of mustard seed in your path to you is an almost insurmountable obstacle to your weaker sister.

The more she shrinks the more necessity for you to step in and help her on her way with genuine sympathy and loving sisterly words and acts.

For hard outdoor wear nothing is better than the jersey top petticoats with silk ruffles.

The Empire coat is the unquestioned leader in winter coat styles for every coating material but fur.

A dear little princess gown of radium silk in a pale raspberry shade was made with a very full shirred skirt.

Wreath effects (half, three-quarters or full) and sprays are best for low coiffures, though the little spray may be worn with any style of hair dressing.

Chamois is a very fashionable color this year, and broadcloths and silks are shown in its lovely golden yellow for the many to admire, but alas! for the few to wear with impunity.

As a rule a heavy, square built woman will look far from well in some frivolous bit of a fixing. For her a plain, rich bow or a single or rather heavy ostrich tip may be best.

Coats in the Louis or Directoire style, made of satin and pompador silks, are worn with skirts of the same color, in chiffon, crepe de chine and mousseline de sole, which are decorated with bands of satin.

In separate waists there is a real novelty in the form of chamois blouses. These are not the chamois jackets of the cold blooded, but real waists, very smartly made in Paris of the finest chamois skins in soft golden buff.

The revival of satin is predicted. Satin and cloth are artistically combined in some of the best imported model skirts of henrietta and broadcloth are seen in company with satin coats of the same color and shade.

Though the simple Alsatian bow made of ribbon is the alpha and omega of feminine coiffure adorning, a useful little finish suitable for young or old, morning or evening, mourning or feasting, there are noticeable elaborations which are more novel and, some will admit, more attractive.

Danger in Horse Troughs.

"There have been many philanthropists in the past who have left monuments to their names in the shape of drinking troughs for horses, little thinking that they were contributing to the spread of disease through the equine family," said a prominent veterinary surgeon the other day. "To be thoroughly up to date, scientifically speaking, drinking places for horses should be just as sanitary as those for human beings. These stationary tanks do more to spread the glanders, farcy, epizootic and kindred diseases among horses than anything else. There should be a law to prevent their building and use.

"The only safe place for a horse to drink, next to a natural running stream, is from a fountain of clear flowing water. If buckets are used, they should be sterilized thoroughly after use.

"The average truckman, of any intelligence, will never water his horses at any public trough, no matter how elaborate it may be. He knows better. The health authorities of this country are spending millions to prevent the spread of tuberculosis and kindred diseases among humans; but so far as I know nothing has been done to protect the health of the most useful of domestic animals."—New York Press.

A Wise Girl.

John was the sober-minded house servant of a Fort Wayne lady, who was desirous of furthering the interests of two faithful attendants by uniting them in marriage and ending a courtship that was becoming tiresome. John was willing, but the maid Christine, a jolly little woman of half her lover's years, after trying in vain to change the serious disposition of the lover, brought matters to a climax in her own way. It took the form of a dialogue which her mistress overheard. They had discussed the situation in their usual fashion, one teasing, the other laying down the law, when this brief summing up ensued:

Christine—"John, you never laugh?"

John—"No, I never laugh."

Christine—"Your father, he never laugh?"

John—"No, my father, he never laugh."

Christine—"Your mother, she never laugh?"

John—"No, my mother, she never laugh."

Christine—"Then, John, you get married by some other girl that not laugh either. I stay by myself and not spoil one family mit my laugh."—Chicago Record-Herald.

IN CUTTING OUT COUPON FOLLOW THIS LINE
Solid Carload "GOOD LUCK" BAKING POWDER
CUT OUT THIS CAR AND SAVE IT. THEY ARE GOOD FOR VALUABLE ARTICLES. SEE LIST IN EACH CAN. Address: THE DEPARTMENT STORE OF THE SOUTHERN MFG'G CO. DRAWER 251 RICHMOND VA. U.S.A.
1-LB.
IN CUTTING OUT COUPON FOLLOW THIS LINE

This is the "car" coupon found on back of each can of genuine Good Luck Baking Powder. Each coupon counts for a fine premium.

Good Luck Premiums for You

Good Luck Baking Powder is such a great favorite with good cooks that we are shipping it to grocers in car load lots. This means a big saving to us. Now, to show our appreciation and still further increase the sales, we are dividing this car-load saving with you in the form of desirable premiums, all absolutely free if you use

GOOD LUCK Baking Powder

These articles are carefully selected, and you are sure to find something to please you. All are illustrated in the Gift Book, found inside each can. It also tells you how many coupons it will take to get the premium you choose.

Good Luck Baking Powder is the best obtainable at any price, because strictly pure and always reliable.

The low price, 10 cents for a pound can, is made possible by the enormous sales, and the premiums are offered merely as an inducement to new purchasers, the cost of same being covered by lower cost of shipment in car lots.

If your grocer hasn't Good Luck, please send us his name.

THE SOUTHERN MFG. CO., Richmond, Va.

Worse Than an Epidemic?

Dr. Heber Jones, to whom the citizens of Memphis recently presented a purse of $10,000 for his care of the quarantine this year, has weathered five epidemics in the city and yet it is recorded that he was "greatly embarrassed" when the leading woman who presented the check kissed him full upon the lips.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

The world's production of coal in 1880 was 370,000,000 tons.

A Guaranteed Cure For Piles.

Itching, Blind, Bleeding, Protruding Piles. Druggists are authorized to refund money if Pazo Ointment fails to cure in 6 to 14 days. 50c.

The telephone system of the Illinois Central Railroad is to be extended.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. THOMAS ROBERTS, Maple St., Norwich, N.Y., Feb. 17, 1900

The German city of Pforzheim has a population of 65,000.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature on each box. 25c.

Glasgow, Scotland, spends on drink $16,000,000 a year.

Taylor's Cherokee Remedy of Sweet Gum and Mullein is Nature's great remedy—Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 25c., 50c., and $1.00 per bottle.

Mere invention was regarded as vulgar in ancient times.

Robbed in Church.

Just think what an outrage it is to be robbed of all the benefits of the services by continuous coughing throughout the congregation, when Anti-Gripine is guaranteed to cure. Sold everywhere. 25 cts. F. W. Diemer, M. D., manufacturer, Springfield, Mo.

Chinese students in Japan now number more than 3000.

Itch cured in 30 minutes by Woolford's Sanitary Lotion; never fails. Sold by Druggists. Mail orders promptly filled by Dr. Detchon, Crawfordsville, Ind. $1.

Secretary Taft has traveled 100,000 miles since May 24, 1904.

PRICE, 25 Cts

TO CURE THE GRIP IN ONE DAY
ANTI-GRIPINE
HAS NO EQUAL FOR HEADACHE
ALSO CURES COLDS AND FEVERS

ANTI-GRIPINE

IS GUARANTEED TO CURE
GRIP, BAD COLD, HEADACHE AND NEURALGIA.

I won't sell Anti-Gripine to a dealer who won't Guarantee It. Call for your MONEY BACK IF IT DOESN'T CURE.

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Love for the Old Home.

Mankind is nomadic, and while the sweetest poetry in the language is inspired by the old home, the monumental work in the world has been accomplished in the main by those who left the parental roof to pursue elsewhere the quest for fortune, fame and high success. Nevertheless, the love for the old home abides. The reunion of those who remain and those who have departed is an occasion that will stir the pulse of any community in which such a soulful event takes place. The pretty announcement was made by a newspaper in a little New England town which was about to celebrate its old home week that "the Jones boys have arrived and Charles will preach in the Presbyterian church on Sunday." A little waif of news like that revives old times and pays for all the preparation of "old home week."—Philadelphia Ledger.

Hetty Green's New Auto.

Mrs. Hetty Green, the richest woman in America, is to purchase an auto, and she will run it herself. Her heart is softened toward all automobilists. She no longer thinks they are devil wagons, run by devils, for devils, says a New York writer. Soon she will spin from bank to bank in her own auto instead of walking. Three rules she has laid down for herself:

"My auto must be the best on the market that can be bought for the least money.

Story of a Medford Warrior.

Capt. James C. D. Clark of the Lawrence Light Guards of Medford, Mass., was a speaker at a recent camp fire of civil and Spanish war veterans, and related the following story:

A Medford man, a quaint character of Irish birth, returned from the civil war with an undisputed record of hard and meritorious service in the army.

The younger generation, hearing of his bravery, tried unsuccessfully to get his own version of his part in the bloody struggle.

One day, finding himself besieged by a number of persistent questioners, the modest warrior consented to speak.

"We'd get up in the mornin' at 5 o'clock," he began, "an' have breakfast. Begin fightin' at 6, knock off at 12. Begin shootin' agin at 1, knock off at 6 an' ate supper, an' turn in to sleep. Every day the same old thing; that's all."

Under Arrest, but Unguarded.

While Gen. Brugere, commander of the French army, was under fifteen days' arrest in Paris he was not permitted to leave his quarters on any pretext except to transact official business at the war office, might not wear his sword and could receive no visitors. But in consideration of his high rank no sentry was placed over him.

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Look for Action from Senator.

According to general belief Mr. Knox of Pennsylvania does not mean to be a silent member of the United States senate at the coming session. As a rule newcomers are rather expected to keep in the background for a time, but Senator Knox is tacitly booked to take a leading part in discussion of the railroad rate measure. For many years Pennsylvania senators have almost confined themselves to committee activity. The Cameron, father and son, were silent men, and so to a great extent was Mr. Quay. Mr. Penrose, too, rarely opens his lips, so the spectacle of a Pennsylvania senator active in debate will be somewhat of a novelty.

Chick's Size Drew Query.

Miss Anna Barrows, lecturer in domestic science at Columbia university, tells the following little story:

"The first cooking class I ever had was a class of poor boys in Boston. Materials were rather scant, and one day the sole article provided for a lesson on poultry cooking was the smallest, skinniest chicken I ever saw.

"Right in front sat a little hunchbacked boy, a very good little boy, and very much interested in the lessons. After I had dressed the chicken and explained the anatomy of the poor little bird he suddenly raised his hands and said:

"'If that had lived to grow up would it 'a been a turkey?'"

LOST EYESIGHT
Through Coffee Drinking.

Some people question the statements that coffee hurts the delicate nerves of the body. Personal experience with thousands prove the general statement true, and physicians have records of great numbers of cases that add to the testimony.

The following is from the Rockford, Ill., Register-Gazette:

Dr. William Langhorst, of Aurora, has been treating one of the queerest cases of lost eyesight ever in history. The patient is O. A. Leach, of Beach County, and in the last four months he has doctored with all of the specialists about the country, and has at last returned home with the fact impressed on his mind that his case is incurable.

A portion of the optic nerve has been ruined, rendering his sight so limited that he is unable to see anything before him, but he can see plainly anything at the side of him. There have been but few cases of its kind before, and they have been caused by whisky or tobacco. Leach has never used either, but has been a great coffee drinker, and the specialists have decided that the case has been caused by this. Leach stated himself that for several years he had drank three cups of coffee for breakfast, two at noon and one at night. According to the records of the specialists of this country this is the first case ever caused by the use of coffee.

The nerve is ruined beyond aid and his case is incurable. The fact that makes the case a queer one is that the sight forward has been lost and the side sight has been retained. According to the doctor's statement the young man will have to give up coffee or the rest of his sight will follow and the entire nerve be ruined.—*Register Gazette.*

Let it be remembered that the eyes may be attacked in one case and the stomach in another, while in others it may be kidneys, heart, bowels or general nervous prostration. The remedy is obvious and should be adopted before too late.

Quit coffee if you show incipient disease.

It is easy if one can have well-boiled Postum Food Coffee to serve for the hot morning beverage. The withdrawal of the old kind of coffee that is doing the harm and the supply of the elements in the Postum, which Nature uses to rebuild the broken down nerve cells, insures a quick return to the old joy of strength and health, and it's well worth while to be able again to "do things" and feel well. There's a reason for

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