...a
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...tions of
...ime there
...
...tor advised
...and in
...gan to im-
...the bronchial
...appeared, and in
...health was fully re-
...
...eful man's thanks for
...o perfect health."

...s for His Patients.

...rrin, M. D. S., 980 Halsey
...yn, N. Y., says:
...sing your Peruna myself, and
...mending it to my patients in
...es of catarrh, and find it to be
...than you represent. Peruna can
...ad now of all druggists in this sec-
...n. At the time I began using it, it
...s unknown."

Consumptive Snakes.

Three of the more beautiful rattlesnakes in Turner County are dying of consumption. They nursed a tuberculous cow and got the disease. The milk had no chance to go to the pump, was never canned, and had not seen the inside of a bottle. I wonder what would have happened to the snakes had they fed out of a bottle, such as we receive in the morning, with 6,000,000 microbes to the cubic inch?—N. Y. Press.

Although France has had compulsory education for about 25 years, the percentage of illiterates reaches the high figure of 40 per 1,000 men and 60 per 1,000 women.

Capudine Cures Indigestion Pains, Belching, Sour Stomach, and Heartburn, from whatever cause. It's Liquid. Effects immediately. Doctors prescribe it. 10c., 25c., and 50c., at drug stores.

WISE WORDS.

No government is safe unless it be ...ortified by good will.—Nepos.

The burden of my song must be praise, and the teaching of every les-...n has been trust.—Bishop Han-...

Great results usually arise from ...reat dangers.—Herodotus.

This ought to be our endeavor, to conquer ourselves, and daily wax stronger, and to make a further growth in holiness.—Thomas a Kempis.

What ripens fast does not last.—Shakespeare.

Wiles and deceit are female qualities.—Aeschylus.

Poverty, like a lamp, shows everything bad and annoying.—Aristophanes.

Between bridge and stream the Lord's mercy may be found.—St. Augustine.

To fear death is very great folly, for it is fated to all men to die.—Antiphanes.

...good time, His good time,
...ve; He guides me and the
...wning.

... Made of Old Shoes.

...ain of old boots and shoes,
...bly ugly, indescribably
...in the factory yard.
...make combs out of them,"
...chemist, "combs that will
...ugh the perfumed and lus-
...cks of the most beautiful
...ems strange, doesn't it?"

...'s a fact. That is what be-
...the world's old shoes; they
...ed into combs. The leather
is first cut into small pieces and immersed two days in a chloride of sulphur bath; then it is washed, dried and ground to powder; then it is mixed with glue or gum and pressed into comb molds." — Philadelphia Bulletin.

FOUR GIRLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Read What They Say.

Miss Lillian Ross, 530 East 84th Street, New York, writes: "Lydia E. Pinkham's Vegetable Compound overcame irregularities, periodic suffering, and nervous headaches, after everything else had failed to help me, and I feel it a duty to let others know of it."

Katharine Craig, 2355 Lafayette St., Denver, Col., writes: "Thanks to Lydia E. Pinkham's Vegetable Compound I am well, after suffering for months from nervous prostration."

Miss Marie Stoltzman, of Laurel, Ia., writes: "I was in a run-down condition and suffered from suppression, indigestion, and poor circulation. Lydia E. Pinkham's Vegetable Compound made me well and strong."

Miss Ellen M. Olson, of 417 N. East St., Kewanee, Ill., says: "Lydia E. Pinkham's Vegetable Compound cured me of backache, side ache, and established my periods, after the best local doctors had failed to help me."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

One hundred years without the services of a physician and without taking medicine is the remarkable record of William M. Starr, the most notable figure in the Association of Oldest Inhabitants of Washington. He was born in Virginia in 1807, upon the spot where a half century later the terrific battles of Bull Run were fought.

Considerable progress has been made with a scheme for temporary interchanges of public school teachers ...een different parts of the British

THE FARMER'S HOME AND ACRES

Home Library.

In building a farm home provide a room, even if a small one, called "the library," which will not only contain the books of the family, and they should be many, but also a corner with a desk and other appurtenances to an office adequate to a farmer's needs; a farmer's necessities, it should be regarded. There should be a desk—it may be plain and cheap—where accounts, deeds, contracts and other papers may be kept so that the hand may be laid on them at once when wanted. Business method should more and more obtain on the farm.—Farm, Stock and Home.

Pop Corn.

A subscriber asks why pop corn is not more generally grown. He says he understands it yields as much as field corn and sells at a much better price.

We think it a much smaller yielder than field corn and doubt if more than 40 bushels per acre can be harvested from it even on good land. It brings about double the price of other corn, so that the cash value of an acre is about the same. But it is more difficult to gather and handle, and there is no general market for it. A good article, however, is always salable at the commission houses.—Indiana Farmer.

Effect of Pasturing Wheat.

There are many complaints coming from Southern Indiana about wheat growing too rank, and some of it has already lodged. The continuous rains during April and May have induced an abnormal growth of straw, with corresponding poor chances for proper filling. I have been watching the behavior of wheat fields which were pastured early in the season. Although it is yet too early to determine precisely what the outcome will be, these pastured fields have not made so rank growth and the straw appears stiffer. There is no inclination to lodge, and the color is good. The only evil results I now see from the pasturing is, that stock was allowed upon the fields when they were soft, and there are some places in the fields considerably cut up. I believe this has been just the sort of season when pasturing off grain pays. I will report later upon these fields, but it looks now as if they would out yield the unpastured fields from ten to fifteen bushels per acre.—L. C. Brown in the Indiana Farmer.

Conserving Moisture.

One day in walking over the parched fields I chanced to think of what I once heard of Prof. L. H. Bailey of the College of Agriculture at Cornell University say regarding the conservation of moisture during dry time by a dust mulch. I considered the prevailing conditions suitable to try out such a theory, so I set to work with the cultivator, first on my spring-set strawberries and then on the string beans. As soon as I had finished going over the fields I would begin again and kept at it until my neighbors thought I was a candidate for the asylum.

But it's the results which count. The strawberry vines began to grow and look vigorous. The beans must have found moisture somewhere, for they grew very fast and had a splendid color. The rows that I had left as a check were cultivated the ordinary number of times. The two inside check rows yielded $1.25 worth of string beans; dust mulched rows yielded $2.40 worth of string beans. As there were 165 rows in the field, the dust mulched rows made a profit of $190 over what I would have received had I not conserved the moisture by constant cultivation. I figure that I made about $12 per day for man with one-horse cultivator.—Rural Life.

Get a Bone Grinder.

A bone cutter is just as important on the farm where poultry is given the attention which it deserves, as a corn sheller, feed grinder, or any other up-to-date machinery. It is the cheapest and best way to supply the animal food which is a very essential part of the fowl's diet. Of course this is not so imperative on the farm in the summer, but in the winter the fowls cannot make use of the free range and the man who looks after this part of the fowl's ration is the one who gets the most winter eggs.

There is all the difference in the world between a bone mill and a bone grinder or cutter. The former is useful only with old dry bones, while the bone cutter cuts the bones as they come fresh from the butcher, with all their valuable adhering meat and gristle. Don't waste time and money on a small machine, as they are more tedious and require more time and strength to operate than it pays to give to the matter; get a machine worth $10 at least; and you will not have to spend a great part of your time in cutting the bone, unless your flock is exceptionally large; but the $10 machine is about the right size for the average farm flock.

A good bone cutter will pay for itself in a single season in the way of increasing the egg production and the fertility of eggs and vitality of the little chicks hatched from the eggs. Any machine which is worth while will pay for itself in a short time; so you had better investigate the matter and get in line for the greatest profit.—Epitomist.

Market Poultry.

It is very difficult to find a good market for well matured and nicely dressed poultry, but the poor and ill-conditioned stuff goes slow and at the same time helps to drag down the prices of all first class stock. In passing the large city markets I have often wondered where all this poorly prepared poultry comes from and where it went to. There is one thing certain the one who produces it loses money on it if his feed costs him anything at all, for at the present prices for grain no farmer can afford to grow a chicken up and sell it at the prices this class brings on the market. There is no profit in trying to fatten a chicken or fowl that has once been stunted, for it will require as much corn to fatten this one as it would to fatten two thrifty birds, and in the end it will be tough and stringy.

More careful attention should be given to the dressing, packing, and shipping of poultry by farmers than is generally given. Uniformity is the great thing with market poultry, and generally the most salable is the medium sized birds having a plump and shapely body.

Corn meal moistened with milk is an appetizing and fattening food for the first meal of the day. Green-stuff, wheat or buckwheat at noon, and all the cracked corn they will eat at night. Grit and charcoal should be within reach of them all the time and clean water put in the coops twice daily. See that their quarters are always kept properly cleaned. If cooped in a comfortable place and properly fed, ten days should make them in marketable condition.—National Fruit Grower.

Now for More Flocks.

The great drawback of stomach worm parasites it seems has been solved with an effective and simple remedy, as lately noted in the Farmer, and now the flocks should be increased. The range sheep on the public lands are growing less and less, and the demand for mutton constantly increasing. This demand must be supplied by the farmers in the corn belt. Now is the time to found new flocks. But the inexperienced shold begin on a small scale and grow into larger flocks as experience is obtained.

In sheep, as in other classes of live stock, only pure bred bucks should be used in the flock, for experience has shown that the best blood in grade muttons bring the most money. H. H. Wheeler of the Live Stock Bulletin says truly that there is no vocation which would prove a greater financial or influential proposition to the young farmers and stockmen of the north central states than being competent flock masters. It is our advice to each and every boy who has in his heart a love for the gentle sheep to make a start as a breeder of these fine creatures. To be a breeder, however, you must be a shepherd, or in case your are not so qualified then it would pay to hire a trustworthy shepherd to care for your flocks. In these days of sheep problems it takes knowledge to successfully breed sheep. There is a standing motto that "the ram is one-half the flock." This certainly is true in one meaning of the word, yet from another viewpoint I wish to say that the shepherd is all the flock. The flock with a careless shepherd in charge will soon be no flock at all. The shepherd is to the flock what at pilot is to an ocean liner and each without its individual "pilot" would soon be dashed to fragments upon the rocks or fate.

Notes for the Farmer.

Hens need fresh drinking water as well as horses. See that they get it.

Clean the hen house again. It will take only a little time and surely will be beneficial.

Good stock always finds a ready market while poor stock is not in demand at any price, if better quality can possibly be secured.

Now is the time to ride the flock of undesirable and unprofitable fowls. Don't throw away by feeding a lot of culls and drones.

Sometimes it is difficult to find lice, but no flock is wholly free from them in warm weather. Some flocks are fairly swarming with them. Wonder how about yours?

Poultry for profit must be studied from a practical standpoint just as any other stock on the farm. A hen is not a large creature, but the poultry industry is.

Market your poultry and eggs in good condition. Work up a private trade if possible. One can ask and receive more money in that way than from the huckster.

Chinese cows are smaller than American cows and give less milk. It contains more than twice as much fat. The explanation is that bean cake is fed to the Chinese cows.

Take some of the old tomato cans lying around the dump and after removing both tops and bottoms place them over the young tomato plants to protect them from cut worms.

The farm papers lay great stress on the oft-repeated advice to "keep your cows and dairy, and butter tools clean" but don't you know that some folks eat chickens and eggs as well as butter?

Keep the farm papers on file. Chances are they will be only half read during the rush season of farm work. But if the best articles are marked they can be looked up quickly when the evenings are longer.

A W...derful Mare.

"Now, wait till I tell you," insisted a man by the counter in the St. Francis. "This horse was part thoroughbred, undersized, too small for the track; picked her up for a song, you might say. Wonderful intelligence You know the fetlock, that bunch of hair that grows down back of a horse's hoof? Well, Fretful had the most wonderful fetlocks. They grew rigst down to the ground, like whiskbrooms; and to keep 'em cut flush with the floor so's she wouldn't step on them.

"Been missing cube sugar from the box in the storehouse. Set a boy to watch; thought maybe the Chink was taking a supply to Chinatown. Pretty soon Fretful pokes her nose out of the box stall, pulls out the wooden peg comes out, begins backing toward storehouse with a funny hula-hula movement. Opened door, lifted box cover, ate a lot of lumps, restored ev everything and began backing back, same wiggling movement.

"Guess what he wa doing"? Uing her fetlocks to brush dust over her tracks and hide 'em!"

"Wonderful!" observed Clerk Van Orden.—San Francisco Chronicle.

Made Him a Songster.

Mr. Stubb (in astonishment)—Gracious, Maria! That tramp has been singing out in the back yard for the last hour!

Mrs. Stubb—Yes, John, it is all my fault.

Mr. Stubb—Your fault?

Mrs. Stubb—Indeed it is. I thought I was giving him a dish of boiled oatmeal, and instead of that I boiled up the birdseed by mistake.—Chicago Daily News.

Oil More Economical.

Ninety-three percent of the theoretical heat of coal is wasted, and only 50 percent of that oil.

At Newport.

Little Girl—Oh, mamma! Tell me! When will I be big enough to be unhappily married?—Life.

HOW TO KEEP JUICE IN A PIE.

Any one who has ever had the juice from an apple, rhubarb or other pie run all out into the oven while baking knows just how annoying it is. I have overcome the difficulty, says a writer in the Woman's Home Companion, by taking a strip of clean white cloth, about an inch wide and long enough to lap when put around the edge of the plate, wringing it out of hot water, doubling together lengthwise, and pinning tight around the edge of the plate. When the pie is baked, take off this rim, and you will find the juice in the pie instead of in the oven.

FLOWERS FOR THE TABLE.

The fern which lent so much freshness to the dining table all winter suddenly presents an aspect dead and depressing. Our very souls, at this time of the year, call aloud for fresh blooms.

Flowers for the table should be scrupulously fresh. Nothing so disarms one at the beginning of a meal as does a bunch of faded and too often ill-odored posies.

The commonest field flower, freshly plucked, has a transcending charm over the faded orchid of rarest variety.

Then, too, be sure that the flowers are free from ants or other little insects—harmless, but not appetizing. See that the water in which cut flowers are kept is always absolutely pure.—New Haven Register

LAYING LINOLEUM.

In laying linoleum on the floor of a room care should be taken to eliminate as much tracking as possible.

Around edges of room it should be so cut as not to touch, that it may have room in which to spread. Constant treading upon it has an inclination to widen it, and if it has not room it will bulge out in spots over the floor.

In selecting, it is always best to pay the difference in price and buy that which has its design imprinted all the way through, as that which has the design only on the surface soon becomes unsightly.

Considering the length of time it will lie on the floor before being renewed, the inlaid quality will fail to produce the usual eyesore that the surface design does.

The kitchen and laundry are the best places for this floor covering, as it does away with the drudgery of scrubbing floors, the linoleum being easily mopped clean in a jiffy.—New York Press.

TO CLEANSE THE HAIR.

The hair needs frequent washing during the summer weather because one lives out of doors and gets all the dust and soil blowing through the air.

The simplest shampoo, which is always available and which will take out any accumulation of atmospheric dirt, is a cake of white castile soap melted in a quart of boiling water.

It makes a mild jelly and can be kept in a wide-mouthed jar. When using it wet the hair first with warm water, then take two tablespoons of it with a saltspoonful of soda and rub this thoroughly over the hair.

Be sure to reach the scalp. Gather the long ends of hair up on the crown so they can be well lathered. Massage the roots of the hair with the fingers.

Then rinse off the soap with water as hot as the head can stand, then cooler water and lastly a spray of cold water to close the pores.—Philadelphia Ledger.

Lemon Pudding — To one-half pound of stale bread crumbs add the same weight of finely chopped suet, the juice and grated rind of two lemons and four ounces of sugar; mix well, beat three eggs and add them; boil for an hour in a mold. Serve with lemon sauce.

Sardine Salad—Remove skin and bone from six large sardines, cut into tiny pieces, place in a salad bowl with six cold boiled eggs cut into strips and three cold boiled potatoes cut into dice. If you like the flavor add one-half teaspoon finely chopped chives, then four tablespoons French dressing. Serve cold.

Sponge Cake—One and one-quarter cups sugar, one and one-half cups flour, two small teaspoons baking powder, four eggs, four tablespoons boiling water, a pinch of salt; cream yolks and sugar, add beaten whites, then the flavoring, add baking powder, add water; stir thoroughly. Nice in two large layers spread with whipped cream.

Waffle Potatoes—Peel large whole potatoes and cut each into flute shape by holding it first lengthwise and then crosswise on a potato cutter. Keep the slices in iced water until ready to cook, when fry them a light brown in hot lard. Drain them carefully upon removal from the lard and keep in a covered vessel to retain their heat until ready to serve. Be...e serving drain again.

Wanted a Cork and a Bottle.

A certain John Simmons had been a twenty-year abstainer, but fell from the ways of grace and worshiped the vinous god with all the fervor of a convert.

Feeling the need of recuperation, he sent his boy to an adjacent hostelry for a bottle of whisky.

"But," cried the hotel keeper, "who's it for?"

"For my father," said the boy.

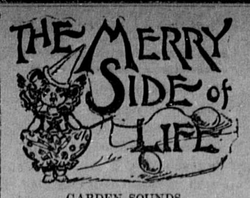
"Nonsense. Your father is a total abstainer and has been, to my knowledge, for longer years than you've lived."

"Well, at all events," he sent me for it."

"What does he want it for?"

"To let you into a secret," said the boy, ashamed to tell the truth, "he's going fishing, and he wants the cork to use for a float!"—Philadelphia Inquirer.

Lake Morat, in Switzerland, turned red every ten years, owing to the presence of a tiny plant which is visible only through a microscope.



GARDEN SOUNDS.

I love to hear the bluebells chime,
And little cowslips moo.
Of tiger lilies roaring I'm
A constant lover, too.

But best of all the garden sounds
To which I love to hark,
Is when at eve I go my rounds
The Johnny-jump-ups bark.
—Carlyle Smith, in Harper's Weekly.

A PRELIMINARY REQUIREMENT.

Tom—"Why don't you get a new spring suit?"

Dick—"I can't find a new tailor."—Somerville Journal.

A SPORTING EVENT.

Mrs. Peck—"Henry, do you see anything in the paper about Blinker running over his mother-in-law?"

Mr. Pack—"Not yet. I haven't come to the sporting news."—Puck.

THE SPRING DELUGE.

"I had a delightful talk with the Governor of the State."

"Enjoyed it, eh?"

"Yes; he didn't want to sell me a ticket for anything." — Washington Herald.

NOT UP TO DATE.

"Wasn't their divorce a shocking affair?" said Mrs. Featherglit.

"Inexcusable," answered Mrs. Smartsett. "They both had the most unfashionable lawyers they could find."—Philadelphia Press.

KNEW WHAT WAS COMING.

"I have often marvelled at your brilliancy, your aptness at repartee, your—"

"If it's more than $5, old man, I can't do a thing for you. I'm nearly broke myself."—Houston Post.

CHUMS

The Tall One—"When I was your size I was just sweetly pretty."

The Short One—"What a pity you grew up!"—In the New York Telegram.

THE WILY AGENT.

"How do you succeed in insuring so many people?"

"I look them over, and then I look doubtful, and offer to bet them a dollar that in their present state their application for insurance would be rejected."—Houston Post.

NOTHING DOING.

"I tell you I must have some money!" roared the King of Maritana, who was in sore financial straits. "Somebody will have to cough up."

"Alas!" sighed the guardian of the treasury, who was formerly court jester, "all our coffers are empty."—Judge.

THE TRUTH OF IT.

"You can't buy happiness," exclaimed the sentimentalist.

"No," answered the man who is sternly practical. "You can't buy happiness. And at the same time that fact doesn't imply that your comfort is enhanced by being broke."—Washington Star.

MOVED BY CURIOSITY.

"What are you going out before the curtain again for?" demanded the stage manager, clutching the arm of the new vaudeville artist, who had just made a dismal failure.

"Somebody's clapped," blurted the actor, "and I want to find out who it was."—The Circle.

DUBIOUS PRAISE.

"Grey, the art critic, came along just as I was looking at your new painting."

"You mean my 'At Work in the Fields.' And what did Grey think of it?"

"Commended its realism highly. Said even to look at it made him tired."—Boston Transcript.

HE GOT IT.

"James," said Mr. Rakeley, "I believe you saw me—er—saluting the nursemaid."

"Why, yes, sir," replied the butler.

"Well, it's best to keep quiet about it. Do you understand?"

"Yes, sir," replied James, with upturned palm; "silence is golden, sir."

The Hanging Committee.

An American actor was once seeing London from the top of a 'bus. As they swung down the Strand he asked the driver to point out the places of interest. "Right you are, sir!" agreed the driver, touching his hat. "There's Luggit 'Ill, where they 'ang 'em." A little later: "There's parliment 'ouses, where they make the laws wot does it, across the way. An' there's Westminster Habbey, where they buried the good 'uns wot didn't get 'anged!"—The Argonaut.

The Overestimated Irishman.

"Dose Irish make me sick, alvays talking about vat gread fighders dey are," said a Teutonic resident of Hoboken, with great contempt. "Vhy, at Minna's vedding der odder night dot drunken Mike O'Hooligan butted in, und me und mein bruder und mein cousin Fritz und mein frien' Louie Hartmann—vhy, ve pretty near kicked him oudt of der house."—Everybody's.

Not less than 30,000,000 yen ($15,000,000) is yearly spent by foreign visitors in Japan. Some estimates put the amount at 40,000,000 yen.

BED-BOUND FOR MONTHS.

Hope Abandoned After Physicians' Consultation.

Mrs. Enos Shearer, Yew and Washington Sts., Centralia, Wash., says:

"For years I was weak and run down, could not sleep, my limbs swelled and the secretions were troublesome; pains were intense. I was fast in bed for four months. Three doctors said there was no cure for me and I was given up to die. Being urged, I used Doan's Kidney Pills. Soon I was better and in a few weeks was about the house, well and strong again."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Scents Used By Royalty.

Apropos of recent unfavorable comments by a London magistrate on the use of perfumes, it may be pointed out that very exalted personages are habitual users of scent. Queen Wilhelmina of Holland has daily a pint of eau de cologne in her morning bath; Queen Victoria of Spain affects a mixture of iris and lavender on her handkerchiefs; Queen Helena of Italy prefers iris and heliotrope; the Dowager Queen of Italy and Queen Amelia of Portugal are devotees of sweet violets; but the Empress of Russia leads the way, as she spends no less than £4,000 a year on perfumery in Paris alone. In respect of violets, she requires that they shall be plucked just as sunset. And when the boxes of violets reach St. Petersburg they are first sent to be examined lest they might conceal a bomb or some deadly poison.—Tit-Bits.

A Noiseless Room.

For many physical researches a perfectly noiseless room is a desideratum. If such could be devised it would open out new possibilities of research. At the University of Utrecht the problem has been apparently successfully solved by the room designed by Zwaardemaker. The walls and ceiling of the room are eleven inches thick, and are formed of six separate layers. The first consists of a felt-like material of horsehair, known as trichoplease, this is followed by a layer of porous stone isolated from the floor by sheet lead. An air space of about an inch is followed by wood, and then a course of ground cork and sand. The final layer is of specially prepared ground cork, known as korkstein.

For The Fat.

Fat hens, being wretched layers, are always sold off by farmers.

The early Romans banished all useless persons, including the fat in this category.

Ovid, in his "Art of Love," says, "Keep ever slender and supple, for the fat have no success with women."

The Gentoo tribe enter their houses by a hole in the roof of a certain prescribed size, and they who grow too bulky to enter by this hole are slain as useless and lazy.

In England it was once the law to put the fat to death: "Alle dronkittis, fatt gluttonis, and consumers of vitallis more nor was necessary to the sustentation of men, were tane, and first commandit to swelly their fouth of guhat drink they pleasit, and incontinent thairafter was drounit in ane fresche rever."—Minneapolis Journal.

Naughty!

A middle-aged farmer accosted a serious-faced youth outside the Grand Central Station in New York the other day.

"Young man," he said, plucking his sleeve, "I want to go to Central Park."

The youth seemed lost in consideration for a moment.

"Well," he said finally, "you may just this once. But I don't want you ever, ever to ask me again."—Everybody's.

One Of Them.

"Confound it!" cried the angry husband, "any old thing appeals to you if it's only cheap!"

His bargain-hunting wife grimly smiled.

"Don't forget," she sarcastically remarked, "that you yourself are one of my characteristics investments."—Cleveland Plain Dealer.

Crusty Old Bachelor!

Woman Suffrage Advocate (to Speaker Cannon)—I maintain that woman has always been the prime factor in this world.

Uncle Joe (blandly)—Oh, I don't know. In the very beginning woman was only a side issue.

DROPPED COFFEE.

Doctor Gains 20 Pounds on Postum.

A physician of Wash., D. C., says of his coffee experience:

"For years I suffered with periodical headaches which grew more frequent until they became almost constant. So severe were they that sometimes I was almost frantic. I was sallow, constipated, irritable, sleepless; my memory was poor, I trembled and my thoughts were often confused.

"My wife, in her wisdom, believed coffee was responsible for these ills and urged me to drop it. I tried many times to do so, but was its slave.

"Finally wife bought a package of Postum and persuaded me to try it, but she made it same as ordinary coffee and I was disgusted with the taste. (I make this emphatic because I fear many others have had the same experience.) She was distressed at her failure and we carefully read the directions, made it right, boiled it full 15 minutes after boiling commenced, and with good cream and sugar, I liked it—it invigorated and seemed to nourish me.

"That was about a year ago. Now I have no headaches, am not sallow, sleeplessness and irritability are gone, my brain clear and my hand steady. I have gained 20 lbs. and feel I am a new man.

"I do not hesitate to give Postum due credit. Of course dropping coffee was the main thing, but I had dropped it before, using chocolate, cocoa and other things to no purpose.

"Postum not only seemed to act as an invigorant, but as an article of nourishment, giving me the needed phosphates and albumens. This is no imaginary tale. It can be substantiated by my wife and her sister, who both changed to Postum and are hearty women of about 70.

"I write this for the information and encouragement of others, and with a feeling of gratitude to the inventor of Postum."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

It Reads Like A Fairy Tale.

An Atchison girl had always heard of the impoliteness of women in failing to thank men for giving up a seat in the street car, and decided that she would be an exception. A man gave her a seat Saturday night in a crowded car, affording her the opportunity for which she had been looking. "Oh, thank you a thousand times," she said. "It is just what I wanted, and how did you ever guess it? It is so thoughtful of you, and I do appreciate it so much." Then, as she sank into the seat: "And such a comfortable seat. It is the most comfortable seat I ever sat in. Oh, thank you again so much!"—Atchison Globe.

A Death Record.

In "La Dame aux Camelias" the other day at the Kennington Theater, London, the divine Sarah "died" for the fifteen thousandth time. Her stage suicides by poison total up, roughly, to 10,000. She has jumped into the scenic artist's Seine over 7,000 times. She has sent over 5,000 bullets into her head from a revolver, and plunged the same number of daggers into her bodice. At the reception a lady asked her if she really kept a coffin at her house in Paris. "Certainly," said Sarah, with a smile; "and so would you, if you were the morgue's most constant customer."

Hicks' Capudine Cures Nervousness, Whether tired out, worried, overworked, or what not. It refreshes the brain and nerves. It's Liquid and pleasant to take. 10c., 25c., and 50c., at drug stores.

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When a girl is going away on a visit the first thing she packs in her trunk is her photograph, in case she should become engaged.

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ITCHING HUMOR ON BOY.

His Hands were a Solid Mass, and Disease Spread All Over Body—Cured in 4 Days by Cuticura.

"One day we noticed that our little boy was all broken out with itching sores. We first noticed it on his little hands. His hands were not as bad then, and we didn't think anything serious would result. But the next day we heard of the Cuticura Remedies being so good for itching sores. By this time the disease had spread all over his body, and his hands were nothing but a solid mass of this itching disease. I purchased a box of Cuticura Soap and one box of Cuticura Ointment, and that night I took the Cuticura Soap and lukewarm water and washed him well. Then I dried him and took the Cuticura Ointment and anointed him with it. I did this every evening and in four nights he was entirely cured. Mrs. Frank Donshue, 208 Fremont St., Kokomo, Ind., Sept. 16, 1907."

Fasted Seventy-five Days.

Mrs. J. F. Manning, of Mecca, a small town on the desert, has just broken the world's record for fasting. Mrs. Manning, who weighed 300 pounds, undertook the task for the reduction of her weight. Today she took a handful of strawberries, the first food she has taken, aside from a sip now and then of tea or coffee, for 75 days.

She reduced her weight 55 pounds and intends to keep on a light fresh fruit diet until she has reduced her weight to 100 pounds. This is very desirable, for the thermometer at this season of the year at Mecca covers around the 120-degree mark.

This record is second to Dr. Tanner's. The doctor fasted for 40 days and nights with no stimulant except water, but Mrs. Manning's record is twice the length of time with but little tea and coffee.—San Francisco Call.

Recruiting Italian Army In America.

I was surprised the other day when I dropped into the office of G. P. Baccelli, the Italian consul, to learn that he was receiving applications from young Italians who desire to join the army of their native land. When I spoke of it he laughed and said that was nothing new with him, as he had been doing it for years, often visiting Syracuse and other near-by cities to secure recruits. In Italy, as in other European countries, all young men must serve in the army a certain length of time, and although Italians living in this country cannot be compelled to do military service, many of them do enlist. Consul Baccelli tells me that he received about 50 applications at Syracuse this week, and also a few in this city. These young men will be sent to Italy, where they will remain in the army for three years.—Albany Journal.

Occasionally a good man makes a bad break.

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