Have Kidneys Examined By Your Doctor

Take Salts to Wash Kidneys If Back Pains You or Bladder Bothers

Flush your kidneys by drinking a quart of water each day, also take salts occasionally, says a noted authority, who tells us that too much rich food forms acids which almost paralyze the kidneys in their efforts to expel it from the blood. They become sluggish and weaken; then you may suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To help neutralize these irritating acids, to help cleanse the kidneys and flush off the body's urinous waste, get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help flush and stimulate sluggish kidneys; also to neutralize the acids in the system so they no longer irritate, thus often relieving bladder weakness.

Jad Salts is inexpensive, cannot injure and makes a delightful effervescent lithia-water drink.

Extremes of Heat and Cold in Park

While skating through the frozen forests of Yellowstone National park this winter on an inspection patrol, Chief Ranger Sam T. Woodring, writing for "Nature Notes From Yellowstone Park," tells of taking a bath in one of the hot springs near Lake Yellowstone, after crossing the lake on ice.

In his record of the trip the ranger and his companion made a complete circuit of the park in a two-weeks' ski trip, visiting all of the isolated posts, manned by other men in the service.

"We skied directly across Yellowstone lake and found the snow conditions fine," Woodring reports. "The following day we skied five or six miles up the Old Faithful road from the ranger cabin on the lake shore so as to break a track and make the traveling the next day a little easier. Returning, we enjoyed a fine bath in natural hot water from one of the springs between the sta[illegible] lake shore."

Sure T[illegible]

The great value of Bell-[illegible] relief of digestive disorders of the stomach and bowels is proved by its substantial increase in use every year for the past thirty years. Promptly and properly taken we have never known it to fail. Send for free samples to Bell & Co., Inc., Orangeburg, N. Y.

Perfectly Harmless to Young or Old

BELL-ANS FOR INDIGESTION

25¢ and 75¢ Pkg's. Sold Everywhere

Versatile Worker

East Corinth, Vt., claims a jack of all trades and master of all in the person of A. J. Foisy, who, although hampered by the loss of one leg, does barbering, files saws, mends harnesses and repairs shoes. He has a workshop which he constructed entirely, from digging the cellar hole to shingling the roof.

The man who exclusively manages his own business is never in an over crowded profession.

smokers

Ease irritated throats, relieve coughs and sweeten the breath with Luden's.

LUDEN'S MENTHOL COUGH 5c DROPS

CARBUNCLES

Carboil draws out the core and gives quick relief.

CARBOIL GENEROUS 50¢ BOX

At All Druggists — Money back Guarantee BURLOCK-HERAL CO. NASHVILLE, TENN.

Beautiful Flowers—Wonderful collections $1 each., all $5. 50 Gladi., 8 Dahlias, 3 Peonies, 12 Iris, 10 Cannas, 40 Pansies. Many others; lowest prices. Stoneroad, Yeagertown, Pa.

Ladies: Why Get Burnt, Handling Hot Pies, cakes, draining vegetables, etc.; a necessity. Sample 30c. Agents! half profit. Handy Handle Co., Halford St., Rochester, N. Y.

Keep Stomach and Bowels Right

By giving baby the harmless, purely vegetable, infants' and children's regulator.

MRS. WINSLOW'S SYRUP

brings astonishing, gratifying results in making baby's stomach digest food and bowels move as they should at teething time. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients. Safe and satisfactory.

At All Druggists

MAKE YOUR HAIR MORE BEAUTIFUL with Bobette Shampoo Comb and save your eyes with self threading needles. Particulars free. MAY SMALL WARES CO., 21 Lombardy St., Newark, N. J. Agents wanted

Cash for Old Books

We pay cash and freight for old books just pack and ship to us via FREIGHT NOT EXPRESS. Mail us bill of lading and we will forward check.

THE BOOK OUTLET
1201 Broadway - - New York City

IRRITATING RASHES

For quick, lasting relief from itching and burning, doctors prescribe

Resinol

HALE'S HONEY of HOREHOUND and TAR

There's nothing like this for breaking up colds — amazing relief to sore throats, head and chest — Safe — Money back. 30 cents at all druggists.

Build Up Your Health With Dr. Pierce's "GMD"

GOLDEN MEDICAL DISCOVERY

A Tonic Which Dr. Pierce Prescribed When in Active Practice

Liquid or Tablets. All Dealers

If you are run-down, you're an easy mark for Colds and Grip.

Odd Changes Wrought by Time's Whirligig

The silver alms dish which King George V has given the cathedral of St. John the Divine was presented by Sir Esme Howard, the British ambassador, at special services in the cathedral and accepted by Bishop William I. Manning.

In the sermon after the presentation Bishop Manning said:

"In the year 1783 the rector of Trinity church in this city was compelled to resign his office because, in spite of the events which were then taking place, he insisted upon continuing to pray publicly for the king of England. Today we are here for the presentation of a gift from the king of Great Britain which we shall hold as one of our most treasured possessions as long as the granite walls of this cathedral stand."

DEMAND "BAYER" ASPIRIN

Aspirin Marked With "Bayer Cross" Has Been Proved Safe by Millions.

Warning! Unless you see the name 'Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 26 years.

Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

Another Use for Laths

When the schooner Rebecca R. Douglass of Machias, Maine, collided with the steamer Eastern Crown there appeared to be no reason why it shouldn't go right down. But it didn't, and seven men were later rescued from the wreck by a coast guard boat. What kept the schooner afloat was a cargo of laths.

For economy's sake, why not buy a vermifuge which expels Worms or Tapeworm with a single dose? Dr. Peery's "Dead Shot" does it. 372 Pearl St., N. Y. Adv.

[illegible] Your Windows

[illegible] musical?"

[illegible] e impression [illegible] ut when she [illegible] oston Tran-

[illegible] llent and thought dumb than to speak and remove all doubt.

CORNS

Ends pain at once!

In *one minute* pain from corns is ended. Dr. Scholl's Zino-pads do this *safely* by removing the *cause*—pressing and rubbing of shoes. They are thin, medicated, antiseptic, healing. At all drug and shoe stores. Cost but a trifle.

Dr Scholl's Zino-pads

Put one on—the pain is gone!

DEMAND GENUINE Earle's **HYPO COD**

COD LIVER OIL & HYPO PHOSPHITES

A guaranteed remedy to prevent and overcome Coughs, Colds, Bronchial and Lung Affections, Lost Appetite, Dyspepsia, Pains in Stomach, Indigestion, Pimples, Bad Blood, Sallow Complexion, Lost Weight, Strength and similar run-down conditions requiring a reconstructive tonic.

TASTES LIKE RARE OLD WINE

SAMPLE FREE At your druggist's or by mail.

NOTE: Large size HYPO-COD sells for $1.00 at drug stores or by mail.

The Earle Chemical Co., Wheeling, W. Va.

Your Druggist Will Guarantee HYPO-COD to Help the Sick and Weak

Special Offer to Victims of Indigestion

Your Druggist Says Pleasant to Take Elixir Must Help Poor Distressed Stomachs or Money Gladly Refunded.

You can be so distressed with gas and fullness from poor digestion or dyspepsia that you think your heart is going to stop beating.

Your stomach may be so distended that your breathing is short and gaspy.

You are dizzy and pray for quick relief—what's to be done.

Just one tablespoonful of Dare's Mentha Pepsin and speedily the gas disappears, the pressing on the heart ceases and you can breathe deep and naturally.

Oh! What blessed relief; but why not get rid of such attacks altogether? Why have them at all?

Especially when any druggist anywhere guarantees Dare's Mentha Pepsin, a pleasant elixir, to help you or money back.

Mitchell Eye Salve For SORE EYES

AVOID dropping strong drugs in eyes sore from Alkali or other irritation. The old simple remedy that brings comforting relief is best. 25c, all druggists. Hall & Ruckel, New York City

FOR **Coughs** due to **Colds**

BOSCHEE'S SYRUP

SUCCESSFUL FOR 60 YEARS

30c & 90c At all Druggists

Surely Some Occasions When Lie Is Justified

The deepest recesses of the heart grow warm toward the bishop of Southwell. This British ecclesiastic justifies a lie which is uttered under certain circumstances. There are few human beings but do condone, in themselves, certain untruths. And to have public approval of this bishop, expressed in an address to Nottingham (Eng.) teachers, is comforting to a degree.

The bishop of Southwell, however, does not go far enough, according to the quoted text of his remarks, in his justification of a lie. From the cabled quotation the bishop, seemingly would be prepared only "to exonerate a person who tells a lie to save an innocent life, if I thought it was reasonably sure that not to lie would mean the loss of such a life."

We believe the moral code of many normal human beings, laymen or men of the cloth, permits a wider latitude than this. But, to the credit of the bishop, there are not so many who will admit any such feeling to the public, even to the extent "of saving life." What harm is possible in telling an innocent child that its father is ill, when one knows he is suffering from overstimulation? That certainly is a lie, unless we would quibble with words, and no life is involved. But the faith of a child may be at stake.

The bishop of Southwell probably would not be willing to condone such a lie, as he "deprecated, for instance, such untruth as 'the doctor has brought us a new baby,'" according to the news cable. Doesn't the bishop believe very young children may know too much at too early an age for their own good? And, believing this, would he not approve the harmless employment of harmless fiction? Where truth results in a disservice and no harm is done by expressing a lie, why tell the truth?

This distinguished English divine said he did not believe in telling children legends about Santa Claus "in such a way as to make them believe that the stories were true." Why not repeat the legends surrounding Santa Claus, when we all know they are true, and when a great many of us have ourselves seen the merry old soul?

Just Dog

A primary school teacher once made an oral composition assignment to her third grade. The pupils were to discuss the subject of dogs, give the descriptions of their canine pets, names, ages, breeds, etc.

One youngster whose name was James completed a long recital about his dog Tiger, but forgot to mention its stock.

"James, you didn't tell us what kind of a dog Tiger is," reminded the teacher.

"Oh, yessum—I forgot. Well, he is part bull," said the lad.

"What is the other part?" he was asked.

The boy studied for a while and answered: "Oh, just dog, I guess."

Uphold Human Sacrifice

A youth who vanished from his parents' kraal in the Elydsdorp district of the Transvaal, South Africa, was murdered as a sacrifice for rain. Witch doctors burned the body at night on a pile of medicinal roots on a hilltop. The police were unable to make headway with their investigations, because rain fell almost immediately after the sacrifice. The parents would have lodged a complaint if the drought had continued, but now they glory in the fact that the sacrifice of their child had the desired effect, and they have refused to divulge any information concerning the culprits.

Monument to Apple

The craze to erect monuments has in late years been extended to cover memorial shafts to such things as hogs, chickens, cows, oranges, corn, etc. But the first monument to the apple, it is claimed, was recently unveiled at Cornelia, Ga. Incidentally, it is said to be the largest replica of that fruit ever made. The "apple" is of steel, measures 22 feet in circumference, and weighs 5,200 pounds. It surmounts a pillar. An inscription on the base reads: "Habersham County, Georgia, the Home of the Big Red Apple." This odd monument was made possible by local apple growers.

Spoiling Her Drive

Suzanne Lenglen, the French professional tennis champion, said at a luncheon in New York:

"I am very fond of golf, but when I took it up in Nice everybody laughed at me. Everybody said I'd be a failure.

"The first day I played at the Nice Country club I was getting ready to tee off when Baron De Malpurgo ran out of the clubhouse and shouted excitedly:

"'Mademoiselle! Mademoiselle Suzanne! Be sure to save me all the worms you turn up—I'm going fishing.'"

Prisoners Have Journal

Produced by prisoners in Wakefield prison, Yorkshire, England, a weekly newspaper is being published. Its circulation is confined to the institution. The paper is named "The Venturer," and contains topical articles, life sketches, prison gossip and the general news of the week. There is a correspondence column and the prisoners vie with each other for literary supremacy. "Wakefield prison is mainly for young people," said a home office official, "and special training is emphasized there more than is possible in other prisons."

Sabbath in Palestine

Palestine has three Sabbaths: Friday for Moslems, Saturday for Jews, and Sunday for Christians. The post office is open ever day of the week, because of the many sects and holy days.

Mankind's Two Worlds

There are two worlds; the world that we can measure with line and rule, and the world that we feel with our hearts and imaginations.—Leigh Hunt.

Profitable Land Deal

The treaty of Guadaloupe Hidalgo was signed by the United States and Mexico, February 2, 1848. By the terms of this treaty Texas, New Mexico, Arizona and California were ceded to the United States upon payment of about $15,000,000.

Firm and Sharp

"Do bees lose their temper?" inquires a contemporary. One experience is that their stings don't.—Boston Transcript.

HAPPY memories—childhood's sports—romping companions—and the delicious lunches of Monarch Cocoa and Teenie Weenie Peanut Butter sandwiches that followed playtime.

Every genuine Monarch package bears the Lion Head, the oldest trademark in the United States covering a complete line of the world's finest food products—Coffee, Tea, Cocoa, Catsup, Pickles, Peanut Butter, Canned Fruits and Vegetables, and other superior table specialties.

MONARCH

Quality for 70 Years

Monarch is the only nationally advertised brand of QUALITY FOOD PRODUCTS sold exclusively through the men who own and operate their own stores.

REID, MURDOCH & CO.
Established 1853
Chicago Pittsburgh Boston New York
Jacksonville Tampa Los Angeles

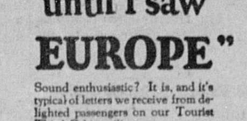
"I hadn't really lived until I saw EUROPE"

Sound enthusiastic? It is, and it's typical of letters we receive from delighted passengers on our Tourist Third Cabin sailings.

Fare $95 [*up*]

Round Trip $170 [*up*]

This service of ours is designed to bring the joys of a trip to the Old World within the reach of everyone—not a privileged few, and on some of the finest steamers including *Majestic*, world's largest ship. Thousands of cultivated people crossed this way last year, met courtesy, friendliness and helpful service all the way.



308 North Charles Street, Baltimore or your local agent

WHITE STAR LINE
RED STAR LINE LEYLAND LINE
ATLANTIC TRANSPORT LINE
INTERNATIONAL MERCANTILE MARINE COMPANY

Clip this ad NOW!

A Go-Getter

A publisher was talking about the life of Lord Birkenhead—F. E. Smith—that has just appeared in England.

"I met Lord Birkenhead when he was over here," the publisher said. "He's a dashing, dandified chap. Always a big 75-cent cigar in his mouth. You'd never think to look at him that his father was a private in the army and his grandfather a coal miner.

"Lord Birkenhead described himself one night at a supper party.

"'I'm the kind of man,' he said, 'who meets the wolf at the door and turns up next day in a fur coat.'"

Confession

"Do you enjoy bridge, Mr. Grump?"

"No, but I play it quite often."—Pittsburgh Post.

Guard Against "Flu" With Musterole

Influenza, Grippe and Pneumonia usually start with a cold. The moment you get those warning aches rub on good old Musterole.

Musterole relieves the congestion and stimulates circulation. It has all the good qualities of the old-fashioned mustard plaster without the blister.

First you feel a warm tingle as the healing ointment penetrates the pores, then a soothing, cooling sensation and quick relief. Have Musterole handy for emergency use. It may prevent serious illness.

To Mothers: Musterole is also made in milder form for babies and small children. Ask for Children's Musterole.

Jars & Tubes

MUSTEROLE WILL NOT BLISTER

Better than a mustard plaster

Your Personality Glands

Wonderful course of lessons telling all about those

Marvelous and Mysterious

ductless glands which make or mar you. Read and understand yourself, friends, lover and strangers. Equal to large book but in manuscript form. $1.10 brings it complete. Circular for two stamps.

PERSONALITY INSTITUTE
400 Gates Bldg. - Kansas City, Mo.

PISO'S *for* **coughs**

Quick Relief! A pleasant effective syrup. 35c and 60c sizes. And externally, use PISO'S Throat and Chest Salve. 35c

Shenandoah Valley Farm

Wealthy Estate Sacrificed—93¼ Acres Equipped, Big Income, Horses, Cows, Hogs 100 Hens, Grain, Hay, potatoes, Implements vehicles included; on macadam road, mile live town, R. R. and Bus lines, high school 75 acres very productive, 24' acres stream watered blue grass pasture, fine woodland fruit orchard, alfalfa grows to perfection 13 room mansion, tenant house. Electricity in all buildings, 80 ft. barn, silo, other buildings. Owner left alone, rare bargain $10,000. Terms. J. H. Donnelly, Middletown, Va

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr. J. D. KELLOGG'S ASTHMA REMEDY

Colds Broken in a day

Hill's act quickly—stop colds in 24 hours. Fever and headache disappear. Grippe is conquered in 3 days. Every winter it saves millions danger and discomfort. Don't take chances, don't delay an hour. Get the best help science knows.

Be Sure It's HILL'S CASCARA BROMIDE QUININE Price 30c

Get Red Box with portrait

Stock Regions Little Bothered by Wolves

The large gray, or lobo, wolves have been so reduced in the stock-raising regions of the West by the unremitting activities of the biological survey of the United States Department of Agriculture against them that their depredations are almost ended. Whenever the presence of scattered individual wolves is reported by stockmen the best available hunters of the district are sent to trap or poison the animals.

In New Mexico only eight wolves were taken during the past year, as against 31 the preceding year, although increased efforts were made to get the last wolf in the state. Arizona reports that 18 wolves were taken during the year and that no wolves are now known to be within its borders. It is necessary to maintain a constant patrol along the New Mexico and Arizona boundary to prevent invasions of timber wolves and mountain lions from Mexico.

If your eyes are sore, get Roman Eye Balsam. Apply it at night and you are healed by morning. 372 Pearl St., N. Y. Adv.

The Scanty Exceptions

"The Oriental Grotto prob'ly won't be open tonight," said the landlord of the Torpidity tavern, in reply to the inquiry of a guest concerning the local temple of flicker. "You see, this is prayer meeting night and it's always closed on such nights, and when the Rebeccy lodge meets or the ladies' aid gives an oyster supper or the Lyceum is going on and the nights once in a while when the young folks are tripping the light fantastic toe and on the rare occasions when the Sock and Bustin' Coteria presents a drama."

"Well, for goodness sake, when is it open?"

"On every other night except them I've mentioned, besides, of course, Sunday and when it storms."—Kansas City Star.

Its Joyous Climax

"Did that new play have a happy ending?"

"Sure. Everybody was glad when it was over."

Garfield Tea

Was Your Grandmother's Remedy

For every stomach and intestinal ill This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

SKIN BLEACH

Wonderful and sure. For proof use one complete box of KIKMOLA. Cures the most stubborn case of Eczema. Price $1.25. Agents wanted. FREE BOOKLET. Dr. C. H. Berry Co., Dept. 38, 302 Michigan Ave., Chicago.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

Porter's Pain King

A Liniment

Quickly Checks Coughs and Colds. Used Since 1871

How many years has the "Pain King Man" been calling at your home?

More than 50 years ago, in 1871, Dr. Porter originated the idea of leaving medicine on a year's trial. Hundreds of thousands of bottles of Porter's Pain King are distributed every year on this fair plan by The Geo. H. Rundle Co., Piqua, Ohio.

There is such a steady, all-the-year-'round demand for Porter's Pain King, the original liniment, and Porter's Pain King Salve, that dealers everywhere now carry these standard home remedies in stock, and you need never be without them.

Many users have written letters telling how good Porter's Pain King is, how many things they use it for, and often adding, "I would not be without it." Read the directions wrapped around the bottle.

AGENTS WANTED

Big opportunity offered. Make good money acting as our salesman for the highest quality fruit trees grown. Also ornamental trees, shrubs, roses, etc. Write today.

Virginia Nurseries, Richmond, Va.

The Secret of Beautiful Hair. A simple preparation costing only few pennies to prepare at home. Contains no peroxide or other dangerous chemicals. Full directions 25c. Peggy Talbot, 464 Montclair Ave., Bethlehem, Pa.

BABY CHICKS, TEN LEADING BREEDS. Hollywood Leghorns 250-298 egg breeding. Also White, Buff, Brown Leghorns; Rocks, Reds, Wyandottes, Orpingtons, Anconas. Send for big 28 page catalog. CHICK HATCHERY, New London, Ohio.

Large Everlaying English Leghorns, 331 egg line. Leading producers. 100 eggs $6.00. Chicks $16 prepaid. Superior matings, descrip. free. Mrs. Chas. Arnsmeyer, Marionville, Mo.

WANTED—SALESMAN WITH CAR to travel and sell cigars to retail dealers. Responsible party financed. Shelby Cigar Co., Dept. B, Shelby, N. C.

PARKER'S HAIR BALSAM

Removes Dandruff-Stops Hair Falling. Restores Color and Beauty to Gray and Faded Hair. 60c and $1.00 at Druggists. Hiscox Chem. Wks., Patchogue, N. Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.

CHERRY-GLYCERINE COMPOUND FOR COUGHS, COLDS FOR SALE BY ALL DEALERS

Just a Little Smile

A CLEAN SLATE

"Here's dat fi' bucks I owe ya, Spike," volunteered Second Story Steve.

"T'anks, Steve, but dere was no hurry," replied his friend.

"Nah, but it's like dis. I gotta dangerous job on tonight. I gotta cracks ta bump off a bloke, an' I wanta go into de job wit' a clear conscience."—American Legion Monthly.

PERFECTLY CLEAN FOOD

Diner—Has this salad any vitamines in it, waiter?

Waiter—No, sir; no, sir—there's nothing like that in our food! You'll find everything perfectly clean.

A Stolen Kiss

To steal a kiss is not amiss,
Though it may lead to sorrow;
But why become the thief of bliss,
When you can merely borrow?

Appropriate Sentiment

She was sending off a wedding present, a silver butterdish.

"What shall I write on the card, John?" she asked.

"Oh, just the usual dope, I suppose," said her husband. "Anything you like."

A few minutes spent in thought and she handed him the card. In neatly rounded letters he read the words: "For butter—or for worse."

One Thing Necessary

The first day of kindergarten the teacher explained to the children that it behooved them to behave if they wanted to stay.

On his return home, Willie's mother asked him how he liked it.

"Well," replied the boy, "We've sure got to behoove ourselves, all right."—Christian Science Monitor.

A Type Study

Our new stenographer left a practice sheet in the machine the other night and we present it verbatim sic:

"Now is the time for all good men his machine is dirty 2134675869 just look at that lower case k all gummed up I wish I had a pin also Schneck Schnechatidy Schenectidy Schenectady Schen O dam!"

NOT A PERMANENT PLACE

"He says he expects to find a home in her heart."

"Well, metaphorically speaking, I think he'll find that organ is only a wayside inn."

Back Seat Driver

Adelaide was prone to ride
In any car that's made.
She hit a stump and got a bump.
Adelaide where Adelaide.

Easy

"You are coming to my party, aren't you?"

"How can I when I'm in half mourning."

"Oh, well, come and stay half the evening."

Handy Caller

"The Browns are coming after dinner, Henry."

"Oh, Brown? Then I won't have to make my sleeping powders tonight."—Sydney Bulletin.

A Modern Plea

The multi-millionaire was discoursing on his philosophy of life. "We can't pick and choose," he said. "I believe in taking the world as I find it."

"Still, you might leave a little of it for the rest of us," suggested the ultimate consumer.

In Difficulties

"Been playing bridge?"

"You don't play 18 holes at bridge."

"I was in fully that many."

A Political Prospect

"How did you come to embark on a political career?"

"I won my opportunity," said Senator Sorghum, "by my lovely disposition. I was always anxious to oblige friends and to avoid making enemies."

Down and Out

Jeffrey—So your son has been injured and is coming home from college?

Briggs—Yes, he sprained his ukulele finger.

Proverb Modernized

"Is Clare much put out at being jilted by that young aviator?"

"Oh, no. She says there are just as good birds in the air as ever were caught."

A La Mode

Customer—I want a smart dance frock.

Saleswoman — Certainly, madam. I've a thing that would suit you down to the—er—knees.

Tune in on HEALTH

SHREDDED WHEAT

With milk makes a perfect meal
It's ready-cooked, ready-to-serve

An idle brain is the devil's workshop, an idle mule is the devil himself.

Some people never appreciate a rose until they encounter the thorn.

"I'll Tell the World" Says Harry McLoud

Well-known Sparrows' Point man a wreck at 45. Now hale and happy, gained 35 lbs. and gives all credit to Tanlac

Mr. McLoud lives at the Eldred Hotel in Sparrows' Point, Md., and is a well-known figure in ship building circles, as well as in fraternal organizations. His close friends know him as "Happy Mac."

"From childhood I was fragile," he says, "and the family doctor predicted I would never see 21. Well, I did, and for many years afterwards led a gay and hearty life. But by 45 I paid dearly for it. I was a complete physical wreck. I felt 'all in' and at the end of my rope.

"Well, sir, I took Tanlac and I'll tell the world it put me back on my feet. My weight had fallen to 140 lbs., and I could hardly drag myself around. Everything seemed to have gone wrong inside me. But Tanlac built me back to 175 lbs., and I've never before felt so full of life and energy. My nerves are strong as steel and I eat and sleep like a child. My own friends are amazed at the change and I tell them that Tanlac is entitled to exclusive credit for the transformation."

If you are rundown and weak, if your system needs a revitalizing tonic and builder, start taking Tanlac without further delay. It is nature's own tonic, made from herbs, roots and barks. Your druggist has it. Over 52 million bottles sold.

As a rule the more a man chips in the more he has to shell out.

Every evil comes to us on wings and goes away limping.

Children Cry for

Fletcher's CASTORIA

MOTHER:— Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of Chas. H. Fletcher. Proven directions on each package. Physicians everywhere recommend it.

Cuticura Comforts Tender Aching Irritated Feet

Bathe the feet for several minutes with Cuticura Soap and warm water, then follow with a light application of Cuticura Ointment, gently rubbed in. This treatment is most successful in relieving and comforting tired, hot, aching, burning feet.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold everywhere. Sample each free. Address: "Cuticura Laboratories, Dept. 21, Malden, Mass."

Cuticura Shaving Stick 25c.

BALDNESS

MEN you have been looking for something that will grow HAIR on a BALD HEAD. Here it is in FORST'S Original

Bare-to-Hair

grows hair and will save what you have. It's a world's sensation.

W. H. FORST, Mfg. Scottdale, Pa.

The weakest spot in every man is where he thinks himself to be the strongest.—Emmons.

None grieve so ostentatiously as those who rejoice most in heart.—Tacitus.

FOR **Neuralgia**

BAYER

ASPIRIN

Proved safe by millions and prescribed by physicians for

Neuralgia Colds Neuritis Lumbago
Headache Pain Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid