For Best Results In Home Dyeing

You can always give richer, deeper, more brilliant colors to faded or out-of-style dresses, hose, coats, draperies, etc., with Diamond Dyes. And the colors stay in through wear and washing!

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DON'T GO THIS WAY

Deafness
HEAD NOISES

RUB IN BACK OF EARS—INSERT IN NOSTRILS

Leonard EAR OIL

$1.25 All Druggists. Descriptive folder on request

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PARKER'S HAIR BALSAM
Removes Dandruff-Stops Hair Falling
Restores Color and Beauty to Gray and Faded Hair
60c. and $1.00 at Druggists.
Hiscox Chem. Wks. Patchogue, N.Y.

FLORESTON SHAMPOO—Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or at druggists. Hiscox Chemical Works, Patchogue, N. Y.

Too Many "Tellers"

A middle-aged banker, who has just taken up the ancient and irritating Scottish game, found the usual number of amateur advisers at every tee telling him just how to hold his clubs, just how to stand, just where to look and then just what was wrong with each stroke, until, worn out and baffled, he exclaimed: "There are actually more 'tellers' on this course than there are in the banks!"

Easy to Find

Editor Edmunds of the Manufacturer's Record was discussing international relations.

"Things are looking bad," he said. "There's suspicion, there's anger, there's defiance. The speeches of leading statesmen everywhere seem to show that they are looking for trouble."

Editor Edmunds shook his head.

"And looking for trouble," he concluded, "is like looking for Pike's peak in Teller county, Colorado—you can't miss it."

Not Always Fatal

A wound in the heart is usually but not always fatal. The hospital records for the war reveal many interesting cases in which soldiers lived with bullets in their hearts. One soldier lived two months with a bullet in the interior of his heart. Many others lived after bullets had come in contact with the heart and injured it. —Pathfinder Magazine.

Curious Old Beliefs

In Sweden a book is placed beneath the head of a newly born child so that he may be quick at reading. They say, too, that so long as a child is unchristened, the fire must never be extinguished lest evil spirits come, and no one must pass between the fire and the child whilst it is being fed by the mother.

Not So Cheap

Words are not little things; the progress of mankind has depended on them. Abolish words and the race would be done for.—American Magazine.

Ambition's Failing

"A war," said Hi Ho, the sage of Chinatown, "may illustrate how an ambitious man may desire something without knowing how to manage it if he gets it."—Washington Star.

Fortunate are they who are run down only by elevator men.

YOU HAVE A DOCTOR'S WORD FOR THIS LAXATIVE

In 1875, an earnest young man began to practice medicine. As a family doctor, he saw the harm in harsh purgatives for constipation and began to search for something harmless to the sensitive bowels.

Out of his experience was born a famous prescription. He wrote it thousands of times. It proved an ideal laxative for old and young. As people saw how marvelously the most sluggish bowels are started and bad breath, headaches, feverishness, nausea, gas, poor appetite, and such disorders, are relieved by the prescription, it became necessary to put it up ready for use. Today, Dr. Caldwell's Syrup Pepsin, as it is called, is the world's most popular laxative. It never varies from Dr. Caldwell's original effective and harmless formula. All drugstores have it.

W. N. U., BALTIMORE, NO. 44--1929.

Sanitation Pays in Raising Pigs

Indiana Producers Are Enthusiastic Over Increase in Profits.

(Prepared by the United States Department of Agriculture.)

Hog producers of Indiana who have tried raising their pigs, according to the sanitation system of hog production developed by the bureau of animal industry of the United States Department of Agriculture, are enthusiastic over the increase in their profits which the system made possible, says Dr. J. E. Gibson, federal inspector in charge of hog-cholera control work in Indiana. Doctor Gibson reports that the increase in returns resulting from the use of the system, over the returns received by the same producers under their former methods, has been about $6 per pig, on an average. The system involves the farrowing and raising of pigs under such conditions that they do not have parasites, especially roundworms, which if not controlled, retard growth and cause death in many instances.

Adoption of System.

The plan of getting the system into practice was to go to the farmer in a township who had been the least successful in raising hogs and induce him to try out the system. So many farmers applied for supervision that all could not be served.

One farmer who had become greatly discouraged was about ready to quit hog raising. He took up the sanitation plan. He had to buy all the feed used except pasture. He formerly had not been able to make his hogs average 200 pounds under eight or nine months. This year, under the new system, he had 38 shotes which averaged exactly 200 pounds at five months and five days. They sold for $11.50 per hundredweight, bringing a total of $807, or $374 more than cost of feed.

Benefits to Farmers.

Another farmer who had been able to raise, on an average, only four or five pigs to the sow, raised seven pigs per sow this year and attributed the results to the sanitation. Altogether, in Indiana this year more than 6,000 hogs were raised under the plan with benefits amounting to $36,000. There was an average increase of two pigs saved per sow on farms where the sanitation was used.

Poultry Pointers for Use in Breeding Pens

The inclusion of birds in the flock that have other than straight breast bones is a matter for the individual to decide. It is inadvisable to use males with this defect, no matter what may be decided regarding females.

A crooked breast is a deformity however.

The trap-nester, possibly, is more likely to use breeding birds with this deformity than a breeder not knowing actual record of the birds.

Where birds have been trap-nested it will be an easy matter to leave out those birds which do not lay normal-shaped or standard-sized eggs.

It is not expected that each bird will lay exhibition-quality eggs, but eggs that are pronouncedly abnormal will certainly not give optimum hatching results.

Meat Scraps and Meat Supply Best Minerals

The most common and best source of minerals in the feeds for poultry is in the form of meat scraps and milk.

Where these two feeds are not allowed in proper amounts the necessity for minerals is greatly increased.

Where large quantities of white corn and wheat middlings are used, the needs for minerals is also increased.

In the selection of meat scraps for feeding poultry, the fact should be kept in mind that the higher the protein content of these materials the lower the mineral or ash content, therefore materials too high in protein should not be selected unless minerals from some other source be supplied.

LIMING DURING FALL LEAST COSTLY AND EFFECTIVE PLAN

Puts Land Into Shape for Seeding in Spring.

There are two advantages to buying and applying lime in the fall, says C. J. Chapman, soils specialist at the Wisconsin state university; commercial companies usually have lower prices at this season and fall applications of lime are most beneficial.

"A good grade of lime applied to fall plowed land and worked into the soil by disking, both in the autumn and spring, puts the land in excellent shape for seeding the following spring," he declares.

Applications of lime can be put on the soil during the winter months, but the effectiveness of the material is not quite as great, and if it is applied just previous to seeding in the spring, larger applications are necessary.

The question of how much lime to apply can be answered by the acidity test. The amount is variable depending on the kind of lime, degree of fineness, and length of time application is made previous to seeding alfalfa or sweet clover, Chapman explains.

After an application of lime has been made, he says the first step toward the successful building up of soils has been accomplished. Often it is the only treatment necessary.

When pulverized limestone is purchased, Chapman warns farmers to be sure they are obtaining material which tests high and is finely ground. At least 40 to 50 per cent should pass through a 60-mesh screen.

Less Bulky Fertilizers Encouraged by Farmers

Higher concentration of plant food in mixed fertilizers, than was customary six years ago, has resulted in Ohio farmers buying 20 per cent more plant food in commercial fertilizer in 1928 than they bought in 1922, while paying only 3 per cent more freight and bagging charges. E. E. Barnes, of the soils department of the Ohio State university, has checked the tendencies in the use of fertilizer on Ohio farms, through fertilizer sales reports made to the state department of agriculture.

"Actual tonnage of fertilizing material purchased in 1928 is only 2 per cent greater than the tonnage purchased in 1922," says Barnes. "But this is not a true picture of what has happened. Along with this small increase in tonnage, there has been an increase in the concentration of the fertilizers sold, which has made the sales of total plant food materials in 1928 increase 20 per cent over the same sales in 1922."

Barnes' check shows that the sale of phosphoric acid increased 9 per cent in the six-year period; sales of potash increased 160 per cent, and sales of nitrogen increased 121 per cent.

Agricultural Hints

Flower beds and borders should be cleaned out in the fall to destroy disease fungi which live over winter in plant residues.

• • •

Bone meal, limestone, and salt are the only minerals necessary in the dairy ration. Complex mixtures are a waste of money.

• • •

If you think of planting roadside trees, consider carefully the direction of prevailing winter winds, and study the probable effect on drifting snow.

• • •

Feed a balanced ration of wholesome grain and mash, supplemented with grit and oyster shell, and endeavor to secure the maximum production of eggs of high quality.

• • •

Late maturing turkeys that would not dress out as number ones at Thanksgiving, due to lack of size, should be confined and fed heavily on corn in preparation for the holidays.

• • •

For best production from pullets put them in the laying house before production starts.

• • •

Many dairymen have increased their profits by belonging to dairy record clubs. They help you to know your cows.

• • •

Ohio corn growers did not respond in as large numbers this year as in 1928 in entries in the 10-acre corn contest. Last year more than 200 were enrolled, while this year only 174 entered.

Early Chicks Best

Some interesting records kept in Iowa show the total egg production of a pullet on the average is higher than in the case of the early hatched birds. Late hatched chicks can never quite catch up with the ones that start early. Interpreted into cash figures pullets hatched on March 1 averaged profits of $3.56 a year each. Those hatched April 1, $2.56, May 1, $1.24 and June 1, $1.02. Figures from other states show an almost similar state of affairs.

Easier Plowing

At the New Jersey experiment station, the plowing draft in plowing plots of varying productivity due to different fertilizer treatments, was determined. It was found that the draft of the plow increased as crop yields increase. This is due to: (1) Heavier root development in the richer soils and (2) greater resistance to the plow by soils of higher fertility. It was found, however, that the draft required to plow limed soils is less than that for unlimed soils.

Handling Broomcorn

Many broomcorn growers believe that the brush will increase in weight if left until the seed are ripe. A nine-year test at the United States Dry-land Field station, Woodward, Okla., showed there was no increase in the weight of brush after the seed reached the milk stage. The value of the brush cut when the seed are in the milk averaged a third higher than when cut in the dough stage, and nearly twice as high as when left to ripen.

Makes Bitter Sweet

Too much to eat—too rich a diet—or too much smoking. Lots of things cause sour stomach, but one thing can correct it quickly. Phillips Milk of Magnesia will alkalinize the acid. Take a spoonful of this pleasant preparation, and the system is soon sweetened.

Phillips is always ready to relieve distress from over-eating; to check all acidity; or neutralize nicotine. Remember this for your own comfort; for the sake of those around you. Endorsed by physicians, but they always say *Phillips*. Don't buy something else and expect the same results!

PHILLIPS Milk of Magnesia

MY BEGINNER'S BOOK WILL ENABLE your child to read. My youngest pupil 2 years 8 months recites real lessons. Copy 50c. SAMUEL HOWARD - COLUMBUS, IND.

Free Trial Offer! Stop leaky roofs with Savell Liquid Roofing. Guaranteed for 10 years! Send no money. Get Free book. Write Franklin Paint Co., Dept. B, Cleveland, O.

Superficial Flesh Wounds
Try Hanford's
Balsam of Myrrh
All dealers are authorized to refund your money for the first bottle if not suited.

Pure Strained Honey: 60-lb. can $6.50; 12 5-lb. pails $7.25 (Single pails 90c postpaid). CURTIS ALEXANDER
R. 1 - - - - - ASHEVILLE, N. C.

DO YOU NEED MONEY? "Practical Ways to Earn Money at Home" will show you dozens of ways to get it. $1 postpaid. Mary Lee, 296 Broadway, New York.

BEST SALVE FOR OLD SORES, CUTS AND BURNS, 1 oz. 25c, 4 oz. $1.00. HEININGER'S REMEDY
BOX 1679 - - - - CHICAGO, ILL.

Health Giving
SunshinE
All Winter Long
Marvelous Climate—Good Hotels—Tourist Camps—Splendid Roads—Gorgeous Mountain Views. The wonderful desert resort of the West
Write Croo & Chaffey
Palm Springs
CALIFORNIA

Worms cause much distress to children and anxiety to parents. Dr. Peery's "Dead Shot" removes the cause with a single dose. 50c. All Druggists.
Dr. Peery's Dead Shot for WORMS Vermifuge
At druggists or 372 Pearl Street, New York City

One Significant Sign

Editor Had Overlooked

Telling the story of his journey to Wyoming, where a convention of newspaper men was being held Editor Hall of the Wareham (Mass.) Courier confides how he took a course in Indian sign language and felt pretty sure he had mastered most of it.

Two days later he had a chance to practice his newly acquired talent on a real red man, the Boston Globe relates. After a few questions had been asked and answered in the sign manual the Indian was noticed to make a peculiar gesture, passing his hand in a circular motion around his forehead.

Another Indian, who could speak English, was asked what it meant. "He say, 'White man crazy in the head,'"

That Was That

"I think you should show your parents some respect and ask them if you can do things before you do them," said her dad sharply.

"Be a waste of time, dad," retorted his modern daughter, "you'd say no, and I'd do them anyway."

Wright's Indian Vegetable Pills are not only a purgative. They exert a tonic action on the digestion. Test them yourself now. Only 25c a box. 372 Pearl St., N. Y. Adv.

Balanced

"Been seeing a good deal in print lately about a balanced ration."

"Well?"

"What's your idea of a balanced ration?"

"Peas on a knife."

Martial

"This paper speaks of her marriage as her first martial venture."

"I see nothing wrong about that."

There never was a golden age until ice cream was invented.

ASTHMA
DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.
Dr. J. D. KELLOGG'S REMEDY

STOP THAT COUGH
the safe easy way before worse troubles follow. Take
HALE'S HONEY OF HOREHOUND AND TAR
The tried home remedy for breaking up colds, relieving throat troubles, healing and soothing—quick relief for coughing and hoarseness.
30c at all druggists
Use Pike's Toothache Drops.

The Kitchen Cabinet

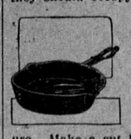
(©, 1929, Western Newspaper Union.)

"The final test of success, whatever the practical world may say to the contrary, does not altogether consist of 'getting there.'"

Wholly successful conversation is possible only with the very limited number who are akin to us.—The Atlantic Year Book.

AUTUMN DISHES

Chestnuts are such delicious nuts they should occupy a much more important place on our tables.



Brussels Sprouts and Chestnuts.—Wash and boil the sprouts, put into a dry cloth and shake to remove all moisture. Make a cut in the side of each chestnut, using a pound, and drop into a hot slightly greased iron frying pan; stir until heated and popped open, then remove shell and brown peel. Place the nuts in a pan with some celery cut into bits, cover with meat broth, add salt and cook until the celery is done. Place some butter in a frying pan, add the sprouts, season with salt and pepper, and brown, then add the chestnuts; stir until all are well browned and serve.

Canape of Salmon and Anchovies.—Cut bread into fancy shapes, toast evenly and spread with butter. Cut smoked salmon into very thin slices and place over the bread until well covered. Cut anchovies into thin strips lengthwise and lay diagonally across the salmon at intervals of one inch. Decorate the plate with chopped egg white and yellow and parsley.

Dutch Pumpkin Pie.—Line a pastry-lined plate with thinly sliced uncooked pumpkin cut into half-inch lengths. Cover with a tablespoonful each of flour, molasses and vinegar, four tablespoonfuls of brown sugar. Dust with cinnamon, cloves, nutmeg and add the top crust. When baked the pie resembles sliced citron.

Butter Scotch Pie.—Take one cupful of brown sugar, one cupful of milk, two tablespoonfuls of butter, two eggs, two tablespoonfuls of flour, one teaspoonful of cornstarch and one teaspoonful of vanilla. Mix and prepare as usual, cook until smooth and thick, then fold in the beaten egg white and turn into a baked pastry shell. Sprinkle a handful of blanched almonds over the top and serve with whipped cream.

Good Things to Eat.

The following recipes, gathered from various sources, are all favorites of some one:

Harding Waffles.—Beat the yolks of two eggs and two tablespoonfuls of sugar together, add a pint of milk and a pint of flour alternately, sifting the flour with four teaspoonfuls of baking powder; add a teaspoonful of salt, two tablespoonfuls of melted butter and the stiff beaten whites of the eggs. Bake on a hot waffle iron and serve with maple sirup.

Polenta a la McCormick.—Take one cupful of cornmeal, one teaspoonful of salt, stir very slowly into a quart of boiling water, cook until well done, add two tablespoonfuls of butter, celery salt, onion juice and three fourths of a cupful of grated cheese. Pour into a shallow pan to mold. Cut into squares, fry until brown, sprinkle with crumbs and cheese which have been browned together.

China Chili.—Take two pounds of the rough meat of lamb, one cupful of dried beans, two sliced onions, one head of lettuce, one chili pepper, two cupfuls of boiling water and salt and pepper to season. Cut up the meat. Soak the beans over night. Add the soaked beans to the meat, shred the lettuce and onions, add the seasoning and water and simmer until the meat and beans are tender. The pepper may be removed if it makes the dish too hot, after it has cooked half an hour with the meat.

Olla Podrida.—Take three cupfuls of boiled rice, one and one-half cupfuls of fried onions, two cupfuls of tomatoes, one-half cupful of pimentoes, three-fourths cupful of grated cheese.

Cover the bottom of a buttered baking dish with cooked rice, spread with the other ingredients, then cover with another layer of the rice and top with the cheese. Bake three-quarters of an hour.

Chuck Steak.—Cut one or two slices of chuck steak to fit a casserole. Cut two inches thick. Brown in fat, place in the casserole, add enough hot water or vegetable stock to cover. Cook uncovered one and one-half hours or until nearly tender, then add a cupful or more of small parboiled onions, sliced carrots and small potatoes; season well and cook until the vegetables are tender. Serve from the casserole.

Orange Bread Pudding.—Soak one cupful of bread crumbs, two tablespoonfuls of melted butter and two cupfuls of scalded milk half an hour. Now add the yolks of two eggs well beaten, one-third of a cupful of sugar, the juice and grated rind of two oranges; mix well and pour into a buttered pudding dish. Bake until firm. Cover with a meringue.

Nellie Maxwell

Amateur Gardeners Do

Possibly in a completely rational world a man would go to as much trouble to raise a head of cabbage as he does to catch a fish. But he wouldn't have so much fun.—Evansville Courier.

Browning Classed as Jew

During his lifetime Robert Browning was considered by many as of Jewish descent because of his somewhat Jewish appearance, knowledge of Hebrew and sympathy for Jews.

"Maelstrom."

Originally, maelstrom was the name given to a famous whirlpool off the coast of Norway [illegible]

LIFE'S LITTLE JESTS

NOT WHAT HE WANTED

Weary Willie was out of work, as usual, and he was exploring a new neighborhood.

He rapped timidly at the door of a poor looking house on the corner. It was opened by Mrs. Murphy.

She was very red in the face, and her hands were still covered with soapsuds. Also, she was very angry at being interrupted at her washing.

"Did you wish to see me?" she bellowed darkly.

Weary Willie backed down the steps with downcast eyes.

"If I did," he said meekly, "I've had my wish, thank you."

Dummy Was in Luck

The film director was making a western thriller, and working very hard to get some action into it.

Finally he turned from the brink of a cliff, mopped his brow, and glanced at a dummy made of straw and old clothes lying on the ground beside him.

"Good heavens!" he shouted. "Who was it we threw over the cliff?"—Pearson's Weekly.

EVEN SPLIT

He—You're getting thinner every day.

She—Well, you keep getting thicker every day, so it averages O. K.

Revised Version

"Are you a judge of horseflesh?"

I asked my sister, Jenny.

"Oh, no, kind sir," was her reply,

"I've never tasted any!"

Too Strenuous

Golfing Host (to novice)—Look here, you can't get away much at week-ends, so why not let me put you up for this club as a five-day member?

Novice—You are very kind, but I really don't think I would be able to devote five days a week to it.—London Opinion.

In Memoriam

Landlady—I'm sorry to say the lady who gave me the recipe for this soup has just died!

Star Boarder—Then, out of respect, we'll all drink it in silence.

HE'LL LAUGH

Bird—No one will laugh at my jokes.

Monk—Try the laughing hyena!

Late Hours

The same old pace the world will keep
When all is said and done,
We think when we are losing sleep
That we are having fun.

Faithful Chameleon

The business men were talking over their employees.

"Well, old Johnson has grown gray-haired in my service."

"Pooh. I've got a girl with me who has grown yellow, brown and red-haired in my service."

Servant of the People

"Do you ever change your opinions?"

"I am a servant of the people," answered Senator Sorghum. "When the people change their opinions, I change mine."—Washington Star.

Some Reputation

"Hello, whiskers, where are you going with that lantern?"

"What place is this?"

"New York."

"Well," said Diogenes, sorrowfully, "I guess it won't do any good to look here."

Numerically Speaking

First Husband—I and my wife are one.

Second Husband—My wife and I are ten; she is one and I am the cipher.

Truthfully Spoken

First Soldier—Where were you when the battle was raging?

Second Soldier—I was right where the bullets were thickest.

First Soldier—Where was that?

Second Soldier—Under the ammunition wagon.—Pathfinder.

No Time to Waste

Old Lady—Aren't you a bit ashamed, a big, strong man like you begging? Have you never tried to work?

Tramp—Yes'm, but it took away too much of my time.

A Deadly Insult

Mr. Thinboarder—I must compliment you on your pie crust.

Mrs. Borden-Lodge—Are you meaning to be sarcastic? You have just eaten the paper plate that the pie came on.

A Suggestion

Tinnsmith—I don't care if my [illegible] classic. My beauty's I-neath [illegible]

[illegible]—If I were you I'd [illegible] my next photograph taken by X-ray.

Painless Suffering

The next time a headache makes you stay at home—

Or some other ache or pain prevents your keeping an engagement—

Remember Bayer Aspirin! For there is scarcely any pain it cannot relieve, and relieve promptly.

These tablets give real relief, or millions would not continue to take them. They are quite harmless, or the medical profession would not constantly prescribe them.

Don't be a martyr to unnecessary pain. To colds that might so easily be checked; to neuritis, neuralgia; to those pains peculiar to women; or any suffering for which Bayer Aspirin is such an effective antidote.

For your own protection, buy the genuine. Bayer is *safe*. It's always the same. It never depresses the heart, so use it as often as needed; but the cause of any pain can be treated only by a doctor.

BAYER ASPIRIN
Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

Both About on Par

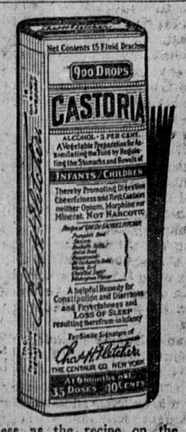
Nell—Mamie, you look downhearted.

Mamie—Yes, I wish I were dead or married. Preferably the latter.

Record Brook Trout

The prize specimen of brook trout weighed 14½ pounds, and was taken in the Nipigon river in Ontario.

An Ailing CHILD



Are you prepared to render first aid and quick comfort the moment your youngster has an upset of any sort? Could you do the right thing—immediately—though the emergency came without warning—perhaps tonight? Castoria is a mother's standby at such times. There is nothing like it in emergencies, and nothing better for everyday use. For a sudden attack of colic, or the gentle relief of constipation; to allay a feverish condition, or to soothe a fretful baby that can't sleep. This pure vegetable preparation is always ready to ease an ailing youngster. It is just as harmless as the recipe on the wrapper reads. If you see Chas. H. Fletcher's signature, it is genuine Castoria. It is harmless to the smallest infant; doctors will tell you so.

You can tell from the recipe on the wrapper how mild it is, and how good for little systems. But continue with Castoria until a child is grown.

Use Cuticura OINTMENT
for all skin troubles

RED, rough skin, sore, itching, burning feet, chafings, chappings, rashes, irritations, cuts or burns are quickly relieved and healed by applications of Cuticura Ointment. No household should be without it.

Ointment 25c. and 50c. Soap 25c. Talcum 25c. Sample each free.
Address: "Cuticura," Dept. B7, Malden, Mass.
Cuticura Shaving Stick 25c.

250 DAILY
FOR A ROOM EQUIPPED WITH BATH, CIRCULATING ICE WATER AND *RADIO!*
SINGLE $2.50, $3.00, $3.50
DOUBLE $4.00, $4.50. TWIN BEDS, $5.00
SPECIAL WEEKLY RATES
NEAR BUSINESS, SHOPPING AND THEATRE CENTER
NOW OPEN
THE NEW HOTEL PLYMOUTH
49TH ST. EAST OF BROADWAY
NEW YORK

400,000 Women Report Benefit
by actual record

"Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?"

A questionnaire enclosed with every bottle of medicine has brought, to date, over 400,000 replies. The overwhelming majority—in fact, ninety-eight out of a hundred—says, "Yes." If this dependable medicine has helped so many women, isn't it reasonable to suppose that it will help you too? Get a bottle from your druggist today.

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.