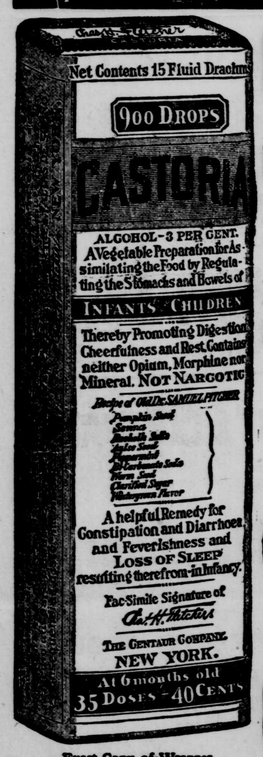

Exact Copy of Wrapper.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher.*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Some men who boast of calling a spade a spade would pass a snow shovel by without recognizing it at all.

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking, snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed up with a cold or nasty catarrh.—Adv.

Suspicious Youngsters.

"I got to admit," said Sol Mannheimer, theatrical manager, "that I've been handed one."

"How's that?"

"I gave a hundred dollars apiece to my three nephews today. They inherited it under a will that I was executor of. I took the money up to them in nice new bills, and after I'd passed it out, I said:

"Now, boys, I've given each of you a hundred dollars, which is your own, to do as you please with. I want you to tell me what's the first thing you're going to do with it." And they all said: 'Count it.'"—Cincinnati Times-Star.

Squashed the Salesman.

"Pardon me, sir," said the salesman, in his superior way, "but this is not the hat you should have, at all. Now here is one much more becoming to you. The price is only two dollars more, and—"

"If a colored man with a wooden leg should ask for a seventy-five cent pink, purple or polka-dotted hat you would sell it to him if you had it, wouldn't you?" interrupted old Festus Pester.

"Yes, sir, but—"

"Then please treat me as kindly as you would a colored man with a wooden leg."—Kansas City Star.

A great many men reason in a circle; that's why there is no end to their arguments.

Get up with the lark, but don't disturb others with your larkings.

Appropriate.

He—"But why call her a self-made woman?" She—"Because her face is her fortune."

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription.

Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

A New One.

They were still out in the conservatory and Tom had just asked Sally to marry him. She had said, "I don't care if I do," and thus they were engaged.

"Tell, dear," she began, "am I the only girl—"

"Now, look here, Sally," he interrupted, "don't ask me if you are the only girl I ever loved. You know as well as I do—"

"Oh, that wasn't the question at all, Tom," she answered. "I was just going to ask if I was the only girl that would have you?"

Prospective Revelations.

"My activities as a molder of public opinion and chronicler of events in this community will terminate very soon," said the able editor of the Torpidity Torch of Liberty and Tocsin of the Times. "I am selling out, and if there is no hitch in the arrangements I shall turn the Torch over to my successor on next Friday afternoon. On Saturday morning I shall begin to tell my fellow citizens by word of mouth what I really think of them."—Kansas City Star.

Opportunity's Door.

"A man cannot always tell when he reaches the door of opportunity."

"That may be true, but the fellow who tries every door he comes to will open one sooner or later."—Birmingham Age-Herald.

Good advice is the kind you remember too late that you forgot to take.

Sleep Is Sweet

—so if coffee plays tricks with your nerves and breaks your rest *try*

INSTANT POSTUM

This economical beverage has a rich coffee-like flavor that truly satisfies.

Made by Postum Cereal Co. Battle Creek, Mich. Sold by Grocers and General Stores.

GRIT ESSENTIAL FOR LAYING HEN

Hard Substances Necessary in Fowl's Diet to Prevent Digestive Troubles.

BIRD FAMILY MINUS MOLARS

Pulverizing of Food Takes Place in Gizzard—Oyster Shells Are Excellent on Account of Lime They Contain.

(Prepared by the United States Department of Agriculture.)

The old saw, "as scarce as hen's teeth," would be quite as true if "turkey" or any other member of the bird family had been substituted for "hen." The entire ornithological division of the animal kingdom is toothless. No painful filling of bicuspids in their young lives nor crowning of molars in their later days! In the bird family there is not a particle of need of screwing courage up to the point where an appointment with the dentist is made, no enduring of anguish in the chair for them, and none to be faced later when the bill comes in. When a hen's "teeth" become inefficient she simply discards them and picks up some new ones. Truly, there are many compensations in having been born a bird.

How Hen's Digestion Works.

Armed with a beak, the hen is able to pick up food of fairly good size, but she is provided with no way of breaking it into small particles in her mouth, for she has neither teeth nor lips. Instead, the food is swallowed whole and is stored in her crop until needed by the stomach. Then its walls contract and down it goes into the stomach.

This stomach has two parts, one where the food is soaked with a secretion of acid and ferment pepsin, and the other where the grinding takes place. The latter is commonly known as the gizzard. Because of this organ's work in pulverizing food to small

More Truth Than Poetry in Old Saw About Hen's Teeth Being Scarce.

particles, the hen and every other member of the bird family is able to dispense with teeth. The "teeth" of a bird are really the "grit" which it consumes with its food. Sharp sand, small stones, broken shell and similar substances, in the gizzard, assist in pulverizing the other articles in its diet. In fact, this gritty material accomplishes the same purpose that molar teeth do in other animals' mouths. Until it becomes useless as a digestive aid it is stored in the gizzard.

The hard, callous pads of the gizzard are contracted and expanded during digestion by powerful muscles. This motion, together with the grit, reduces the food to fine particles. The grit is retained in the stomach until it is smooth and then is discarded naturally and another supply is eaten to take its place.

Grit for Confined Fowls.

For this reason fowls kept in confinement need grit at their disposal quite as much as other kinds of feeds. The grit already in their gizzards, at the time a flock is penned, might be all that the fowls will require for three or four weeks, but if more is not supplied digestive trouble will soon set in. It is safer to supply it from the beginning. Sand will do for the purpose, but chickens seem to prefer a coarser grit, one of a size between wheat and corn. Oyster shells are commonly supplied to the flock because of the lime they contain, which is necessary for shell formation, but they also serve to some extent as grit in the diet. The pieces become smooth more quickly than a harder grit and a fresh supply must be eaten more often.

United States department of agriculture poultry specialists state that a hen needs and will consume about one pound of grit in a 12-month period.

PREPARE HIDES FOR MARKET

Farmers' Bulletin Should Be Especially Useful to Owners—Bulls to Be Discarded.

To meet the demand of live stock owners for information on proper methods of skinning and preparing hides for market, the department of agriculture is preparing for distribution the second edition of Farmers' Bulletin 1055, "Country Hides and Skins." The suggestion has reached the department that the publication mentioned should be especially useful to owners of scrub bulls, particularly those who are discharging unfit sires and are demonstrating their interest in live stock improvement by joining the federal-state campaign for better sires.

Temperature of Cellar.

Do not let the temperature of the vegetable cellar vary widely. It should be kept between 33 and 35 degrees for most kinds of produce.

Diversified Farming.

Diversified farming requires more skill and more equipment than one-crop farming.

Hay Supply for Calves.

Calves should have free access to good hay. Upland hay and clover hay are excellent.

GIVE SITTING HENS SPECIAL ATTENTION

Thoroughly Dust Fowl With Good Insect Powder.

Arrange Nest in Some Dark, Out-of-the-Way Place, Where She Will Not Be Disturbed—Water and Feed Are Necessary.

As the time approaches for the hen to become broody or sit, if care is taken to look into the nest, it will be seen that there are a few soft, downy feathers being left there by the hen; also the hen stays longer on the nest when laying at this time, and on being approached will quite likely remain on the nest, making a clucking noise, ruffling her feathers and pecking at the intruder. When it is noted that a hen sits on the nest from two to three nights in succession and that most of the feathers are gone from her breast, which should feel hot to the hand, she is ready to be transferred to a nest which has been prepared for her beforehand, according to a poultry specialists of the United States department of agriculture. The normal temperature of a hen is from 106 to 107 degrees F., which varies slightly during incubation.

Dust the hen thoroughly with insect powder, and in applying the powder hold the hen by the feet, the head down, working the powder well into the feathers, giving special attention to regions around the vent and under the wings. The powder should also be sprinkled in the nest.

The nest should be in some quiet, out-of-the-way place, where the hen will not be disturbed. Move her from the regular laying nest at night and handle her carefully in doing so. Put a china egg or two in the nest where she is to sit and place a board over the opening so that she cannot get off. Toward the evening of the second day quietly go in where she is sitting, leave some feed and water, remove the board from the front or top of the nest, and let the hen come off when she is ready. Should she return to the nest after feeding, remove the china egg or eggs and put under those that are to be incubated. If the nests are slightly darkened the hens are less likely to become restless. At hatching time they should be confined and not be disturbed until the hatch is completed, unless they become restless, when it may be best to remove the chicks that are hatched first. In cool weather it is best not to put more than ten eggs under a hen, while later in the spring one can put twelve or fifteen, according to the size of the hen.

INDIANS FOR BETTER SIRES

Farmer of Fort Bidwell Agency, California, Is Staunch Advocate of Campaign.

W. H. Murray, a farmer of the Fort Bidwell Indian agency, in California, is a staunch advocate of better sires, according to information just received by the department of agriculture. In applying for enrollment in the federal-state "Better Sires—Better Stock" campaign, Mr. Murray announces that since he took charge of the agency in July he has already sent to the block two scrub boars and has replaced them with a pure-bred boar. "I have always believed in raising the best, and hope the movement toward better sires will act like the proverbial snowball, get speed and size quickly, then stay frozen." The Fort Bidwell Indian agency is a part of the United States Indian service of the department of the interior.

TESTS OF ASIATIC GRASSES

May Disclose Species That Will Solve Problem of Range Improvement on Semi-Arid Lands.

Numerous grasses and legumes secured by botanical explorations in central Asia may disclose species that will solve the problem of range improvement on semi-arid lands, according to the bureau of plant industry, United States department of agriculture. There is a constant demand for grass that will increase the amount of feed above that which may be secured by rational grazing of the land under fences, and specialists of the department are undertaking a systematic testing of Asiatic grasses and legumes.

POULTRY NOTES

Dampness in a poultry house usually is caused by insufficient ventilation or overcrowding.

* * *

Don't keep a lot of young or old male birds in the flock to worry the rest of the birds and to eat away expensive grains.

* * *

You know how scarce hen's teeth are? Then give plenty of grit to grind the feed.

* * *

The market for geese is not so general as for chickens. This point should be considered in undertaking the raising of geese.

* * *

A farm near a river or lake is a good place to raise ducks, although ducks will do very well when they do not have access to water.

* * *

Because of the fact that the weather is cold, do not neglect giving the hens all the fresh water they can drink.

* * *

Don't worry about rats lugging away eggs when lice and mites are preventing the hens from laying eggs. One loss is just as big as the other.

* * *

A drafty poultry house is always a profit killer. Hens are not comfortable, are frequently sick with colds, etc., and therefore cannot lay enough eggs to make a profit.

GET some today! You're going to call Lucky Strikes just right. Because Lucky Strike cigarettes give you the good, wholesome flavor of toasted Burley tobacco.

Guaranteed by The American Tobacco Co. Incorporated

It's toasted

If With Due Care.

"Now, be careful. These canoes tip over very easily."

"Would it be safe," began the girl timorously, "to—to——"

"Yes?"

"To shift my chewing gum to the other side of my mouth?"

SHE DYES HER OLD GARMENTS LIKE NEW

"Diamond Dyes" Make Faded, Shabby Apparel So Fresh and Stylish.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods,—dresses, blouses, stockings, skirts, children's coats, feathers—everything.

Direction Book with each package tells how to diamond dye over any color.

To match any material, have dealer show you "Diamond Dye" Color Card. —Adv.

Puts It Over the Boss.

The office boy had made his hundredth mistake. The boss sent for him.

The Boss—Have you anything to say for yourself? If I made mistakes like you I'd never be where I am.

The Boy—Yes, but if we were all like you, you wouldn't be where you are, either.

(The boy is still on the job).—Boys' Life.

The Difference.

"A traveler relates that in Peking if a wife dies and the husband follows her remains to the grave he is not permitted to marry again," didactically stated Professor Pate. "If he stays at home it is an intimation that he has further matrimonial ambitions. Here in America if the bereaved husband weeps all the way to the cemetery and then it requires the united efforts of several strong men to keep him from precipitating himself howling into the grave the experienced onlookers allow that in less than three months he will be stepping about the girls and declaring that a man is only as old as he —ee-hee! hee!—feels." —Kansas City Star.

Artificial Scents.

The great bulk of perfumes are chemical productions. The Wall Street Journal says the commercial problem is whether the American perfumer of the future is to be an artisan or an artist. Shall he deal with the fragrance of flowers or chemical odors and scents? The idea of the layman is that the cosmetic chemist seeks the odor of flowers; but as a matter of fact synthetic chemistry not only crowns his work with the crushed oil of roses, violets and jessamine, but seeks to rival the fragrance of flowers with superior scents originating wholly within the laboratory and trademarked as such.

FATES ATTEND BABY'S BIRTH

Peculiar Superstition That Has Strong Hold on the Poorer Classes of Greece.

Almost every nation has some particular superstition or belief about babies, and these result in actions which vary all the way from the utterly absurd to the terribly tragic. The peasantry of Greece firmly believe that the future of every child is determined by three fates, known as the Moral. In the popular mind these fates are three old women, whose habitation is a mountain cave and they come together to a house where there is a new-born child. In preparation for them, all furniture is set aside, that their tottering footsteps may not be impeded, and refreshments in the shape of honey, bread, cakes and wine are set out for these important though invisible guests. Money, too, is placed on the table, as a bribe, for it is believed that in the gift of these fates are all good things as well as bad. Under no circumstances must a child's beauty be alluded to while the Moral may be in the house, or they will certainly make its good looks disappear.

THEATER'S "GOOD OLD DAYS"

Example of Rough-and-Ready Methods of Stock Companies of the Olden Times.

David Belasco said at a theatrical supper in New York:

"I hear a lot of praise bestowed on the old stock companies. Well, the old stock companies were all right in their rough-and-ready way. They'd hardly go down with us nowadays.

"Once in the '80's I dropped in at a stock performance in a western town. The company had a score of plays in its repertory, and this play I had dropped in on went very raggedly.

"In the third-act climax the hero forgot his part, and after an embarrassing silence of about two minutes hissed audibly to the prompter:

"'What's the line?'

"'What's the play? the prompter hissed back from his little box, as he grabbed up a stack of two or three dozen books and began to run through them feverishly."

What Doctors Laugh At.

In the last 50 years the science of medicine has advanced more than in the previous 50 centuries. But the average man still thinks he knows an infallible cure for a cough.—Journal of the American Medical Association.

Never Sees It Now.

Mae—If we get a divorce I want a chance to see the child once a month.

Rae—But that would break your record.

If a man would have an untarnished name he should keep his doorplate well polished.

A New Style.

"Does that author burn the midnight oil with his toil?" "No, but he burns the roads with his 'gas.'"

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Your secret is your servant, but give it liberty and it becomes your master.

Granulated Eyelids, Sties, Inflamed Eyes relieved over night by Roman Eye Balsam. One trial proves its merit. Adv.

Wealth and happiness are not always on the best of terms.

INFLUENZA starts with a Cold

Kill the Cold. At the first sneeze take HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture.

At All Drug Stores

HORSE OWNERS

Keep a bottle of Yager's Liniment in your stable for spavin, curb, splint or any enlargement, for shoulder slip or sweeny, wounds, galls, scratches, collar or shoe boils, sprains and any lameness. It absorbs swellings and enlargements, and dispels pain and stiffness quickly.

YAGER'S LINIMENT

At all dealers. Price 35 cents.

The large 35 cent bottle of Yager's Liniment contains twice as much as the usual 50 cent bottle of liniment.

GILBERT BROS. & CO., Baltimore, Md.

HEADACHE

Often Caused by

Acid-Stomach

Yes, indeed, more often than you think. Because ACID-STOMACH, starting with indigestion, heartburn, belching, food-repeating, bloat and gas, if not checked, will eventually affect every vital organ of the body. Severe, blinding, splitting headaches are, therefore, of frequent occurrence as a result of this upset condition.

Take EATONIC. It quickly banishes acid-stomach with its sour bloat, pain and gas.

It aids digestion—helps the stomach get full strength from every mouthful of food you eat. Millions of people are miserable, weak, sick and ailing because of ACID-STOMACH. Poisons, created by partly digested food charged with acid, are absorbed into the blood and distributed throughout the entire system. This often causes rheumatism, biliousness, cirrhosis of the liver, heart trouble, ulcers and even cancer of the stomach. It robs its victims of their health, undermines the strength of the most vigorous.

If you want to get back your physical and mental strength—be full of vim and vigor—enjoy life and be happy, you must get rid of your acid-stomach.

In EATONIC you will find the very help you need and it's guaranteed. So get a big 50c box from your druggist today. If it fails to please you, return it and he will refund your money.

EATONIC

FOR YOUR ACID-STOMACH

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment—Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2975 Michigan Avenue, Chicago.

The entire food values of wheat and malted barley are found in

Grape-Nuts

A food in every sense: *nourishing, delicious, economical.*

Easy to digest because of twenty hours baking.

Ready-to-serve.