GET READY FOR "FLU"

Keep Your Liver Active, Your System Purified and Free From Colds by Taking Calotabs, the Nauseless Calomel Tablets, that are Delightful, Safe and Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

To cut short a cold overnight and to prevent serious complications take one Calotab at bedtime with a swallow of water—that's all. No salts, no nausea, no griping, no sickening after effects. Next morning your cold has vanished, your liver is active, your system is purified and refreshed and you are feeling fine with a hearty appetite for breakfast. Eat what you please—no danger.

Calotabs are sold only in original sealed packages, price thirty-five cents. Every druggist is authorized to refund your money if you are not perfectly delighted with Calotabs.—(Adv.)

Sensible Plan.

"Are you still thinking of adopting a public career?"

"No," said the ambitious citizen. "I've seen a great light."

"What do you mean?"

"I've persuaded a practical politician to adopt me."—Birmingham Age-Herald.

COAX 'EM

Stop Whipping Bowels into Activity, but take "Cascarets"

Put aside the Salts, Pills, Castor Oil, or Purgative Waters that irritate and lash the bowels into action but which do not thoroughly cleanse, freshen and purify these drainage organs, and have no effect whatever upon the liver and stomach.

Keep your "insides" pure and fresh with Cascarets, which thoroughly cleanse the stomach, remove the undigested, sour food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels which are keeping you half sick, headachy, and miserable.

Cascarets tonight will make you feel great by morning. They work while you sleep—never gripe, sicken or cause inconvenience. Cascarets cost so little too.—Adv.

A Cheerful Round.

"Do you go to the Green?" a passenger boarding a trolley car in a New England city asked the conductor.

"Yes," said the conductor smilingly. "I go to the Green twenty-five times a day, and to two cemeteries, three hospitals and an old ladies' home."

ONLY WAY ASPIRIN SHOULD BE TAKEN

Look for name "Bayer" on tablets and follow directions in package.

The Bayer Company, who introduced Aspirin, tell in their careful directions in each package of genuine "Bayer Tablets of Aspirin" that to get the best results one or two glasses of water should be drank after taking tablets.

"Bayer Tablets of Aspirin" to be genuine must be marked with the safety "Bayer Cross." Then you are getting the world-famous Aspirin, prescribed by physicians for over eighteen years.

Each unbroken "Bayer" package contains proper directions for Colds, Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Neuritis, and for Pain generally.

Handy tin boxes of twelve tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Its Place.

"Can you tell me where a bight of water is?" "I guess it is generally found in the mouth of a river."

"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE

Look at tongue! Remove poisons from stomach, liver and Bowels.

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."—Adv.

An ounce of prevention is not worth a pound of cure—in the pork-packing business.

AMONG THE STATE LAWMAKERS

Gov. Ritchie Cultivating Friends in the Assembly

CROP OF BILLS GROWING

To Consider Change In Workers Compensation—War Records Board Measure Introduced—Blue Sky Law.

Annapolis.—The federal suffrage amendment came before the House of Delegates in the form of a message from the Governor advising the House that the amendment was before it to be either ratified or rejected, and a joint resolution rejecting it was introduced by Delegate Willis I. Jones, of Baltimore City, followed by one from Delegate Frederick Lee Coburn, of Harford county, asking the General Assembly to ratify the amendment. Mr. Coburn introduced the resolution at the request of the suffragists, Mrs. Charles Ogle making the request.

The notification from the Governor, which was brought to the House by Secretary of State Perlman, was, with the two joint resolutions, referred to the House Committee on Federal relations, composed of Clarence M. Roberts, Prince Georges county, chairman; Herbert L. Grymes, William L. Buck, Joseph W. Lynch, all three of Baltimore City; J. Holliday Murphy, Dorchester county; Edgar H. McBride, Frederick county; Garland W. Powell, Allegany; Carson W. Harris, Kent county, and Crittenden H. Walker, Montgomery county.

In the Senate the reading of Governor Ritchie's message officially conveying ratification of the amendment was followed by an immediate declaration on suffrage by Senator Frick. Senator Frick offered a resolution, the text of which has previously been published, to place the Maryland legislature on record as objecting to and refusing to ratify the amendment. Senator Metzerott, of Prince George's county, the champion of the suffragettes, at once offered the Suffrage League resolution to ratify the amendment.

While a number of ladies, most of them prominent in suffrage activities, looked on from the galleries the Governor's communication, together with the Frick resolution and the Metzerott one, too, were referred to the Committee on Federal Relations.

There are indications that the suffrage question is going to be attacked from several sides before it is finally disposed of. No one here doubts but that the suffragists will keep up their attack until they are either decisively defeated or which is not at all probable, manage to get favorable action on the amendment.

Delegate Iverson, for one, has something up his sleeve. It is a bill amending the elective franchise of Maryland so as to compel the vote of a family to be cast as one ballot, the head of the family doing the voting for all its members. This, said Mr. Iverson, will give the women their chance to vote, but it will make each family circle a political debating society.

Appointment of the Board of Police Commissioners and the Board of Police Examiners is to be taken from the Governor and placed in the hands of the Mayor of the city under the Ritchie administration bill drawn to redeem this pledge in the Democratic platform. The bill, introduced in the Senate, is so drawn as to deny to Mayor Broening the power to name the first set of police executives, even should the act become effective. Its provisions will not become operative under any circumstances until after acceptance by the voters of the city at a referendum election to take place next fall, and it is specifically provided that if the act is ratified the first appointments shall be made by the mayor to be elected in 1923.

Unless Governor Ritchie, in his budget, provides for the refund of liquor license fees covering the period of November 1, 1919, to May 1, 1920, those who have paid the fees will lose, for the House of Representatives killed the Burke bill providing for such refund after the Ways and Means had reported unfavorably on it because of the budget provision.

The merit of the refund plan was not brought into question, the action of the House being based on the law, which permits private claims to be paid without being incorporated in the budget, provided the bill also covers the raising of the money to pay such claims.

Mr. Buck also introduced a bill eliminating from the city old-age pension list all employes earning $1,000 dollars or more annually.

Not to be outdone by Cumberland, which has asked for permission to issue bonds to the amount of more than $1,000,000 for improvements, Hagerstown is now seeking authority for a bond issue for a new and more extensive sewerage system and for the sale of certain lands not needed for sewerage purposes.

Senator Eppler and Minority Floor Leader Simmons in the House offered similar copies of a bill designed to repeal the so-called declarations of intent provisions of the election law. This move is to abolish the requirement that, before qualifying as a voter in this State, anyone coming into Maryland from another State shall, before the clerk of the court, make formal declaration of his intention to become a citizen here, and is in redemption of one of the pledges of the Republican platform.

Extensive changes in the Workmen's Compensation Law are provided in the administration bill amending this act which was the subject of a conference in the Governor's office between Governor Ritchie and others specially interested in this legislation. The changes proposed in the existing law include a raising of the weekly rate of compensation from one-half to two-thirds of the wage, with a maximum of $15. Compensation in cases of loss of hearing and in cases of serious disfigurement of the worker, whether or not liability results is also suggested. The "waiting period" before assessment of benefits is reduced to three days instead of the present two weeks.

Senator Eppler introduced his "blue sky" law, designed to break up wild cat security promotion in Maryland. The bill is drastic and its provisions are to be enforced by a state securities commission.

Senator Eppler, of Allegany, introduced in the Senate his "blue sky law," voluminous in bulk and drastic in its provisions, aimed at the flotation of worthless stock, such as was recently revealed by the "sucker list" brought to light by the Baltimore Grand Jury.

The measure creates a State Securities Commission consisting of the State Bank Commissioner, who is to be president, the Attorney General, or one of his assistants, and the State Insurance Commissioner. Headquarters of the Commission are to be in Baltimore and annual reports are to be made to the Governor.

The House agreed on a message to the Senate asking that body to join with it in extending an invitation to United States Attorney General Palmer to address a joint meeting of the two branches of the Assembly on certain Federal laws. The message was introduced in the House by Delegate Roberts, of Prince George's county, and asks that the Senate and House each appoint two members to visit Washington and extend the invitation.

The wittiest speech made in the House this session was made by the Rev. William E. Bird, chaplain, who was leaving that post.

After thanking the members for their courtesy and attention during the period he officiated, and after paying tribute in flowery phrases to Harford county, the home of Speaker Tydings, whom he had known since boyhood, he invited the members to visit him at his home.

"I do not promise always that Methodist preacher's favorite dish, chicken," he said, "but if I have anything more fowl it will be two chickens."

Dr. Bird also remarked that, though he had presided at larger gatherings, including Masonic conclaves, his service in the House was the first time he had ever prayed for so many lawyers.

Governor Ritchie is going to know the individual members of the legislature, and the members are going to know him before the present session ends. If this does not come to pass it is hardly going to be the fault of the Executive. In his desire to come into personal touch with the men who form the wheels of the legislative machine, the Governor is informally entertaining the senators and delegates at the Executive Mansion from day to day. Scarcely a day passes that some of the members are not luncheon or dinner guests.

The Governor will, this week, when he presents his budget bill for the consideration of the lawmakers, appear in person before them. The budget bill provisions and the influences which controlled the inclusion of specific items or the cutting down or disallowing of others will be explained in person and not in the usual formal written message. The custom has been, when a message from the Executive was received, for some member to get up and gravely, with verbal display of respect for the Executive, move that "so much be considered the reading of the message" after the first paragraph had been mumbled by the reading clerk, and to urge that the message be journalized "in its entirety, that the members may have opportunity to read it through carefully, in view of its great importance." All very nice, except that few members have been known to avail themselves of the opportunity.

The administration bill creating the war records commission to complete the work of collecting and compiling the records of Marylanders in the war, begun by the Maryland Council of Defense, was introduced in the House.

The Council of Defense is about to be dissolved, the bill states, and the work of completing the war record of the State must be carried out, therefore a commission of five members, one of whom is to be the commander of the Maryland Department of the American Legion, is authorized. The members of the commission are to serve without pay.

Annapolis.—The name of Mrs. Edgar Brown, of Lanham, was one of four submitted to the Governor by the Prince George's county delegation, from which list a member of the County School Board is to be chosen. This is the first time a woman has been recommended for this position. Mrs. Brown is said to be well qualified to serve in this capacity.

Hagerstown.—Announcement was made of the sale of the Daily Evening Mail to the Herald Publishing Company, publishers of the Morning Herald. The Mail was owned and operated by the heirs of the late Gov. William T. Hamilton. The Mail will be published in the evening as heretofore, and will remain Democratic.

Easton.—The health authorities have closed the public schools at Trappe on account of an epidemic of scarlet fever.

Gay Party Dresses

THERE are party dresses and party dresses; some of them of taffeta silk, some of georgette crepe and many of sheer white materials, for little maids from six to twelve. Crisp taffeta is always pretty and it helps out when angles are sharp or colors more becoming than white. Everyone can wear georgette and nearly everyone looks well in voile or net, especially when they veil a favorite color in a silk slip.

The party frock pictured here happens to be of white net, but it would be just as dainty in voile or georgette. There is not much to say of it that is not told by a glance at the picture, it is so simply designed. That is the greatest of virtues in this season's styles, however, and is a good beginning for any frock. There are rows of beautifully precise tucks above the hem in the skirt and the bodice is merely a frivolous and glorified smock with pointed skirt and short sleeves. Little frills of net at the neck and sleeves and on the bottom of the smock make a happy ending for this brief story. A narrow ribbon girdle with ends might replace the plain belt, if any little girl should express a longing for an old favorite of this kind.

There are some pretty party dresses in which under bodices and sleeves of net are revealed by slips of crepe-de-chine that have only suspenders of the silk over the shoulders. These have narrow belts of the silk and the net depends upon tucks and puffs for adornment. Sleeves are elbow length or a little shorter. On crepe-de-chine and georgette frocks we are almost sure to find smocking and we shall not look far without running across the finest white and colored organdies in the most alluring of gay dresses. One of the prettiest ways in which organdy was ever used appears this season in dresses of gay fine cottons, in pink, blue or yellow, having the short bodice veiled with organdy, organdy girdle and sash with wide bow, and a narrow border of it at the bottom of the skirt.

Millinery Proclaims Spring

IN millinery shops winter is a thing of the past; early spring millinery is blooming in them, emulating certain flowers that peep up through the snow in northern climes. In the South spring has already arrived. But even when it is far off women like to anticipate its coming with hats that make cheerful promises.

Certain materials are adapted to these early spring—or more accurately—between seasons hats. Brilliant surfaces in fabrics and straws that look sturdy—whether they are or not, ribbons and fabrics and new productions that we are making the acquaintance of. One of these appears in the dignified hat for a matron which appears at the top of the group. The shape is a black braid, called "lisere," with a collar of wide black satin ribbon folded irregularly about its crown. Above this are two fluted bands, or frills, of a material called cellophane. It is black and brilliant in this hat, like jet, but one finds it on spring millinery in colors and both transparent and opaque. Flowers and fruits are made of it. Cellophane looks more like the strips of film used for making moving pictures than like a fabric and it is probably a very similar composition. It has been used in many ways on spring hats, both in the construction of them and for making trimmings.

Ribbon and narrow braid used together make the pretty hat at the left, trimmed with two blossoms with stem and leaf, crocheted of wool yarn. There is no end of yarn on spring millinery, used in embroidered effects, other needle work and in yarn flowers or fruits.

Net or crepe georgette find themselves associated with sipper straw in many a beautiful hat for early spring. The small, round straws have a very high luster and designers reveal exhaustless ingenuity in using them. In the hat at the right of the group above a round-cornered sailor of georgette has a band made of squares of sipper straw and a pattern of it applied to the brim. Sipper straw made a successful entry in the millinery drama two seasons ago. The difficulty of working it up makes the hats long in price, but that has not prevented them from growing in popularity.

The last hat in the group is one of many pretty and very practical hats made of Batavia cloth, which, with hair cloth, is a strong factor in the new styles. It has embroidered foliage outlined with raffia braid—and raffia is another item which must be reckoned with for spring. Handwork, above all things, dominates the new styles so that wool yarn, raffia, sipper straw and silk appear in embroideries in crocheted flowers and in the body of hats.

Julia Bottomly

Bows Good as Trimming.

Bows are very good as trimming. Sometimes a taffeta evening frock will be trimmed with bows of the taffeta. Bows of tulle or chiffon are sometimes used, and bows of inch-wide picoted ribbon used at regular intervals as a trimming device are trim and smart.

Novelty Embroideries.

Among the novelty embroideries now on display are some exceedingly attractive effects in georgette crepe. The embroidering is done in a rather coarse cotton or woolen thread, which brings the patterns out splendidly on the fine material. Among the various effects seen are conventional designs in all-over patterns done in colors that contrast with the hue of the fabric. The goods are said to be especially adaptable to use in waists, dresses and "dress" millinery.

Coats Straight, Unbelted.

New coat models are frequently very straight and unbelted.

Simply Worn Out

How Many Women Are Like This?

Can anything be more wearing for women than the ceaseless round of household duties? Oh! the monotony of it all—work and drudge; no time to be sick; tired, ailing, yet cannot stop. There comes a time when something "snaps" and they find themselves "simply worn out," and to make matters worse, have contracted serious feminine disorder which almost always follows the constant overtaxing of a woman's strength.

Then they should remember that there is no remedy like Lydia E. Pinkham's Vegetable Compound—the experience of these two women establishes that fact:

Cedar Rapids, Ia.—"After the birth of my last child I had such painful spells that would unfit me entirely for my housework. I suffered for months and the doctor said that my trouble was organic ulcers and I would have to have an operation. That was an awful thing to me, with a young baby and four other children, so one day I thought of Lydia E. Pinkham's Vegetable Compound and how it had helped me years before and I decided to try it again. I took five bottles of Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and since then I have been a well woman, able to take care of my house and family without any trouble or a day's pain. I am ready and thankful to swear by your medicine any time. I am forty-four years old and have not had a day's illness of any kind for three years."—Mrs. H. Koenig, 617 Ellis Blvd, Cedar Rapids, Iowa.

Sandusky, Ohio.—"After the birth of my baby I had organic trouble. My doctor said it was caused by too heavy lifting and I would have to have an operation. I would not consent to an operation and let it go for over a year, having my sister do my work for me as I was not able to walk. One day my aunt came to see me and told me about your medicine—said it cured her of the same thing. I took Lydia E. Pinkham's Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and they have cured me. Now I do my own housework, washing and ironing and sewing for my family and also do sewing for other people. I still take a bottle of Vegetable Compound every spring for a tonic. I recommend your medicine to others who have troubles similar to mine and you can use my letter if you wish."—Mrs. Paul Parnurus, 1325 Stone St., Sandusky, Ohio.

All Worn Out Women Should Take

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham Medicine Co., Lynn, Mass.

Eventful Day in Yuma.

What must have been the excitement in Yuma, Ariz., when on January 4 rain fell there for the first time in forty-five years? Grown men and women, young men and women, boys and girls who had never seen rain gazed in alarm or delight or wonder at an amazing sight; they saw the heavens veiled for the first time and water falling from the gray curtain drawn across their sky of brilliant blue! Probably the little ones were soon barefoot and paddling about in puddles; men and boys throwing off their coats more intimately to feel the delights of a cloud sent shower bath. A shower took on the proportion of an event; a natural phenomenon reached the heights of a treat.

The Widow's Spite.

The Parson—Mrs. Spithers seems very cross with me—didn't you notice she almost cut me?

The Friend—I'm not surprised.

The Parson—But why?

The Friend—Don't you remember when you were preaching her husband's funeral sermon you said he had gone to a better home?—London Passing Show.

Relaxation.

"You're getting the reputation of being the prize grouch of Crimson Gulch!" exclaimed Three Finger Sam.

"I know it," answered the ex-bartender. "The boys don't understand. For years they had me nailed where I had to laugh at their jokes or lose their custom. I'm enjoyin' a long, blissful holiday."

An Easy Mark Drops In.

"There's a woman up in front who wants to buy a 'gen-u-wine' Persian rug," said the clerk.

"'Gen-u-wine,' did you say?" replied the dealer in Oriental goods.

"That's the way she pronounced it."

"Ahem! Does she appear to have money?"

"Yes, and she doesn't appear to have had it long."

"Ah! In that case get down some of those rugs we got from our factory in New Jersey the other day. I suspect that what we have in our net is a 'gen-u-wine' fish."—Birmingham Age-Herald.

The Main Point.

Newt Stodder gave his wife an awful beating t'other night," said a resident of Straddle Ridge. "She accidentally knocked a bottle of liquor off'n the mantelpiece and it busted to flinders on the hearth, and he mighty nigh killed her for it."

"That so?" interestedly returned the acquaintance to whom the incident was being related. "What kind of liquor was it?"

Two Reasons for Complaint.

"Were you annoyed because I sharpened a pencil with your razor?" asked the wife.

"Twice," replied the patient husband. "After I had given up trying to shave, I tried to write with the pencil."—London Answers.

Its Need.

"I am writing a book for chiropodists."

"I hope it has plenty of foot notes."

That Popular Drink

~so much used nowadays in place of coffee.~

INSTANT POSTUM

Sold at the same fair price as always. No raise.

At grocers everywhere

Made by
Postum Cereal Company
Battle Creek, Michigan