Women Made Young

Bright eyes, a clear skin and a body full of youth and health may be yours if you will keep your system in order by regularly taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles, the enemies of life and looks. In use since 1696. All druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

ALLEN'S FOOT-EASE

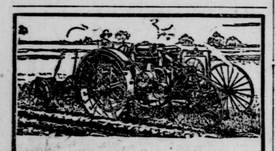
The Antiseptic Powder to Shake into Your Shoes

And sprinkle in the Foot-Bath. It takes the sting out of Corns, Bunions, Blisters and Callouses and gives rest and comfort to hot, tired, smarting, swollen feet.

More than 1,500,000 pounds of Powder for the Feet were used by our Army and Navy during the war.

Allen's Foot-Ease, the powder for the feet, takes the friction from the shoe, freshens the feet and makes walking a delight.

Nothing relieves the pain of tight or new shoes so quickly or thoroughly. Try it to-day. Sold everywhere.



For Pulling Power in the field and belt power at the barn, use the

Frick Tractor

You can depend on the FRICK TRACTOR for all farm uses. It's convenient — has roomy platform, ample power and is built for durability. Frick Tractors are delivered for shipment on their own power.

A Frick Tractor and Junior Thresher is your ideal outfit. Write for price and further information.

Immediate Deliveries

FRICK COMPANY, Inc.
373 W. Main St., Waynesboro, Pa.

TIRES $

5000 MILES GUARANTEED

We absolutely guarantee to you 5000 miles of service from our Superior-Reconstructed tire. Each tire has 3 piles of fabric and new rubber making it practically blowout and puncture proof. Many of our customers get 5,000 to 10,000 miles wear.

SIZE	TIRES	TUBES
30x3	$5.50	$2.00
30x3½	6.50	2.10
32x3½ s. s. only	7.50	2.20
31x4	8.50	2.40
32x4	8.75	2.45
33x4	9.00	2.50
34x4	9.25	2.60
34x4½	10.75	2.85
35x4½	11.00	2.90
36x4½	11.50	3.00
35x5	12.25	3.20
37x5	12.75	3.35

Look At These Low Prices

Direct From Our Factory

State whether you want straight side or clincher, plain or non-skid. Send $2.00 deposit for each tire; $1.00 deposit on tubes; balance C. O. D., subject to examination, or 5% discount if full amount is sent with order. SUPERIOR TIRE & RUBBER CO., Dept. A, 633 First Ave., New York City

DAISY FLY KILLER

PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Neat, clean, ornamental, convenient, cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed effective. Sold by dealers, or 5 by EXPRESS, prepaid, $1.25.

HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

Pittsburgh Bible Institute

Prepares for the Gospel ministry and for all forms of Christian work. TUITION IS FREE. The student of little means, and even of no means, is given an opportunity for training. Send for its Prospectus and free literature.

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300% ANNUALLY

If an income like this appeals to you, by investing from $15 to $500, in an absolutely safe enterprise, write 607 Boston Block, Minneapolis, Minn.

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Issued weekly, written by experts, and contains authentic news and reliable maps of the rich oil pools. Tells you where to buy or sell any oil stock, and gives you free any information you desire. Write

FLOYD SCOTT & COMPANY
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FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment—Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2975 Michigan Avenue, Chicago.

ACUTE INDIGESTION SOON RELIEVED

Arkansas Lady Says She Was In a Serious Condition, But Promptly Recovered After Taking Thedford's Black-Draught.

Peach Orchard, Ark.—Mrs. Etta Cox, of this place, says: "Some time ago I had a spell of acute indigestion, and was in a bad fix. I knew I must have a laxative, and tried Black-Draught. It relieved me, and I soon was all right.

"I can't say enough for Thedford's Black-Draught, and the great good it did for me.

"It is fine for stomach and liver trouble, and I keep it for this. A few doses soon make me feel as good as new. I am glad to tell others the good it did."

Acute indigestion is a serious matter and needs prompt treatment or dangerous results may ensue. A physician's help may be needed, but a good dose of Thedford's Black-Draught will be of benefit by relieving the system from the undigested food which is the cause of the trouble.

Thedford's Black-Draught is purely vegetable, not disagreeable to take and acts in a prompt and natural way.

So many thousands of persons have been benefited by the use of Thedford's Black-Draught, you should have no hesitancy in trying this valuable, old well-established remedy, for most liver and stomach disorders.

Sold by all reliable druggists.—Adv.

Held to All Superstitions.

When the first missionaries visited Marsovan, Turkey, the old Armenian church members were Christians in little more than name. Their beliefs were a mixture of superstitions with a suggestion of a Christian origin. They feared the evil eye, and wore charms to break its power. They put branches of a thorny plant over their chimneys in the form of a cross to prevent witches from coming down and strangling their little children. They visited the graves of saints and offered prayers for relief from sickness, tying a rag on a bush nearby with the hope of returning home leaving their disease tied to the holy spot.

Memorial to Norsemen.

Nearly five centuries before Columbus sailed to America, according to some historians, a party of Norsemen landed on the northeastern coast of the continent, and a few years later established a colony. As a memorial to these early explorers a rough stone tower has been erected at Auburndale, Mass., a town that is believed to occupy the same site as the legendary settlement. Investigation has failed to reveal any traces of building ruins in the vicinity, but has resulted in the finding of several old stone walks, which are thought to have been constructed by the inhabitants of the ancient village.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Adv.

A Crazy Idea.

"Now, in this film you make violent love to your wife. And, if you like you may have that part played by your wife."

"Are you plumb daffy?" demanded the screen star.—Louisville Courier-Journal.

A torpid liver condition prevents proper food assimilation. Tone up your liver with Wright's Indian Vegetable Pills. They act gently and surely.—Adv.

The Building Crisis.

Knicker—The house divided against itself will fall.

Bocker—Nowadays it won't get built.

Lots of women would make secret gifts to charity if they could only keep the secret.

Sure Relief

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

Thousands of Happy Housewives in WESTERN CANADA

are helping their husbands to prosper—are glad they encouraged them to go where they could make a home of their own—save paying rent and reduce cost of living—where they could reach prosperity and independence by buying on easy terms.

Fertile Land at $15 to $30 an Acre

—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such crops come prosperity, independence, good homes, and all the comforts and conveniences which make for happy living.

Farm Gardens—Poultry—Dairying

are sources of income second only to grain growing and stock raising. Good climate, good neighbors, churches, schools, rural telephone, etc., give you the opportunities of a new land with the conveniences of old settled districts.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, and Alberta, reduced railway rates, etc., write Department of Immigration, Ottawa, Can., or

F. A. HARRISON
210 N. Third St., Harrisburg, Pa.
Canadian Government Agent

WESTERN CANADA Farm Lands at Low Prices The Grand Belt of America

FEED IMPORTANT IN DUCK RAISING

Ready Market for Fowls 8 to 12 Weeks Old and Command Good Price.

FEED FOR YOUNG DUCKLINGS

Nothing Needed Until They Are 24 to to 36 Hours Old, After Which They Should Be Fed Often—Good Fattening Ration.

(Prepared by the United States Department of Agriculture.)

Young ducks forced for rapid growth and marketed at from 8 to 12 weeks of age are called green ducks. They weigh from 5 to 6 pounds and are the principal source of income on commercial duck farms. The owner of a small flock of ducks will also find it profitable to crowd the growth of at least part of the ducklings that he raises and market them at 2 months of age.

Feeding Young Ducklings.

Ducklings do not need feed until they are from 24 to 36 hours old, after which they may be fed five times daily on a mixture of equal parts, by measure, of rolled oats and bread crumbs, with 3 per cent of sharp sand mixed in the feed. About the third day this feed is changed to equal parts bread, rolled oats, bran, and corn meal; then after the seventh day to 3 parts of bran, 1 part each of low-grade wheat flour and of corn meal, 10 per cent of green feed, and 5 per cent of beef scrap, with about 3 per cent of sand or grit in all of the rations.

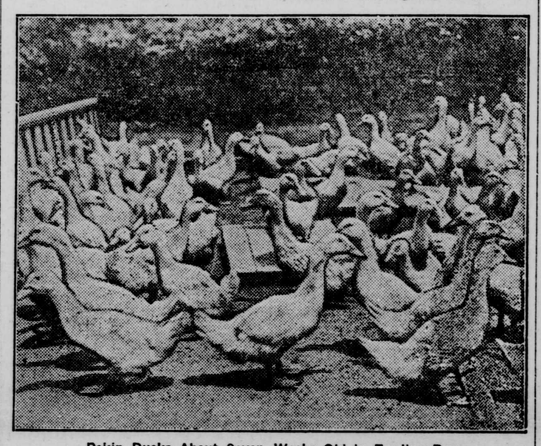
Feed four times daily after the seventh day until the ducklings are 2 or 3 weeks old, when they need to be fed only three times daily. After the ducklings are a week old the grit or sand may be fed either in the mash or in a hopper, but the common practice is to feed grit in all duck rations. Beef scrap is not usually fed until the ducks are a week old, when about 5 per cent is added to the ration, which amount is gradually increased to 15 per cent by the end of the third week. From this time on gradually increase the proportion of corn meal and decrease the bran until the ration becomes the fattening ration given below for those ducklings which are to be marketed.

Fattening Before Killing.

For two weeks before killing the ducklings to be marketed should be fattened on a ration made of 3 parts, by weight, of corn meal, 2 parts of low-grade flour or middlings, 1 part of bran, one-half part of beef scrap, with 3 per cent grit and 10 per cent green feed. Feed this mash three times daily, or use a mash of 3 parts meal, 1 part low-grade wheat flour, 1 part bran, 5 per cent beef scrap, and 3 per cent oyster shell, with the green feed and grit added.

The green feed is sometimes left out of the ration during the last seven days of fattening, as it tends to color the meat and may produce a slightly flabby rather than a firm flesh; however, it is easier to keep the ducklings in good feeding condition on a mash containing green feed. Boiled fish may replace the beef scrap, but should only be fed up to within two weeks before they are killed, as it may give a fishy taste to their flesh.

Green ducks are marketed at from 8 to 12 weeks of age, according to their condition and weight. Two or 3 per cent of oyster shell is recommended in most fattening rations, but bone ash, ground or cracked bone, or bone meal would appear to be better mineral feeds to add to these mixtures. If milk is available at profitable feeding prices, the rations recommended for crate-fattened chickens would give good results in fattening ducklings, producing a well-bleached milk-fed green duck.



Pekin Ducks About Seven Weeks Old in Feeding Pen.

GREENS IN GARDENS THROUGHOUT SEASON

List to Select From Includes Different Varieties.

Culture of Various Plants Is Similar in Many Respects—Each Requires Rich Soil and Cultivation to Keep Surface Loose.

No home garden is complete without greens. The list from which to choose includes spinach, kale, chard, mustard, turnip tops, sour dock, bassella, and young beets. By proper seeding and the use of the right kind of plants, some kind of greens can be had growing in the garden throughout the frost-free season, according to garden specialists, United States department of agriculture.

Cabbage stored in a pit during the winter will produce a tender growth during the spring and may be used the same as spinach or other greens. The secret lies in getting a tender growth early in the spring, when our systems call for greens of some sort.

The culture of the various greens is similar in many respects. Each requires rich soil and sufficient cultivation to keep the surface loose and free from weeds. Spinach is a fall, winter, and early spring crop throughout the Southern states, a spring and fall crop in the middle states, and a late spring crop in the extreme northern part of the country. From Norfolk, Va., southward along the Atlantic coast, it is customary to cut spinach and kale during the winter, and ship it to the northern markets. Turnip tops are used almost universally throughout the South during the winter and early spring months as greens.

Spinach is generally grown on a bed raised three or four inches above the surrounding surface to insure good drainage. The beds are made about five or six feet in width, five to seven rows being planted lengthwise. Cover the seed about one-half inch and when the plants appear cultivate the ground between the rows. Fall sown spinach can be protected during the winter with a little straw or leaves and will come out in good condition in the spring provided the temperature does not go below 10 degrees or 12 degrees above zero during the winter, and providing the ground does not freeze and thaw too often.

Kale is grown in exactly the same manner as cabbage, except that the seed is planted where the plants are to stand, and thinned to eight inches or one foot apart in the rows.

Mustard seed is so small that a very little of it goes a long way. Simply open a very shallow furrow in the early springtime and sow the seed very thinly in this drill. When the plants appear they should be thinned, the thinnings being used as greens. The entire plant should be used before it starts to shoot the seed. Young, tender mustard plants make delicious greens, having a pungent flavor. They can be mixed with spinach or kale.

Swiss chard is one of the newer vegetables used as greens and likewise one of the best. It develops large leaf stems and very little root. It can be planted early and the young plants pulled out in thinning can be used for greens. Later the tender, fleshy leaf stems left in the row may be pulled off and used for greens. When finally thinned out, the plants should stand six to eight inches apart in the row. Swiss chard thrives best on a deep, rich, mellow soil similar to that required for beets. The variety known as Lucullus is considered the best.

Take Care of Tractor.

All parts of the tractor should be carefully examined for wear and if replacements are needed these should be ordered early.

Best Type of Onion.

The Globe type of onion is the best for all purposes since there is less waste in preparing it for cooking.

Cowpeas for Forage.

The first reference to the cowpeas as good for forage and soil renovation was in 1815.

DISCARDS TWO HALF-BREEDS

North Carolina Live Stock Owner Does Away With Scrubs to Purchase Prebred Sire.

After careful calculation W. T. Kilby, a North Carolina live stock owner, decided to sell two half-breed bulls and to replace them with one pure bred. The United States department of agriculture, which recently enrolled this farmer in the "Better Sires—Better Stock" movement, approved his judgment.

POULTRY NOTES

There are a great many good methods of brooding chicks, but after all they are very much alike.

* * *

Eggs shipped to market should never be washed. It opens the pores and lessens the keeping qualities.

* * *

Sodium fluorid is recommended by the United States department of agriculture for the extermination of lice. It is a white powder and can be purchased at any drug store.

* * *

Fancy prices are paid only for first quality stock. Never sell "doubtful" eggs.

* * *

In catering to a select city trade, the eggs should be dated with a rubber stamp.

* * *

There is no such thing as getting a hen too fat to lay, if she is fed a mixed ration.

* * *

As a rule the poults do better under the care of the turkey mother than they do with the common hen.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Literal One.

"So you met Miss Daisy through a church fair raffle."

"Yes; quite a chance acquaintance."

Some men go broke and others haven't enough to go broke on.

WOMEN! DON'T BUY POOR DYE!

Say You Want "Diamond Dyes"—No Other Kind! Don't Spoil or Streak Your Material

Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into worn, shabby garments, draperies, coverings, whether wool, silk, linen, cotton or mixed goods.

Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed even if you have never dyed before. Druggist has color card.

Price Mark.

Willie, age three, while watching mamma giving his little sister her morning bath, noticed a birth mark on sister's little neck and exclaimed: "Mamma, God forgot to take off the price mark."

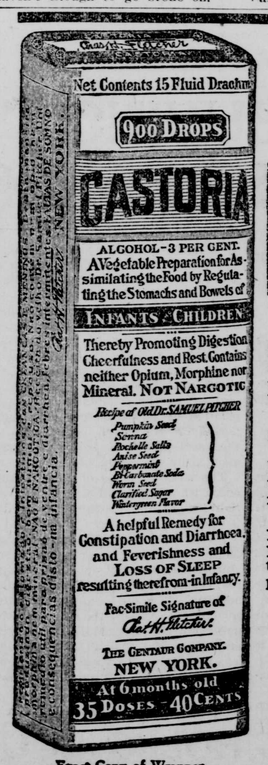
The Reason.

"When money talks, everybody listens." "But when money talks, it always talks cents."

The Fly's Entry.

A fly's leg made $40 look like $140 on the bankbook of a St. Paul concern the other day. We've been swatting flies with our bankbook since early June with precisely the reverse effect. Some folks are born to luck!—Buffalo News.

Talk is said to be cheap, but a married man will tell you that it comes high.



Exact Copy of Wrapper.

Children Cry For Fletcher's CASTORIA

Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your *ailing* child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS Bears the Signature of Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

WOULD HAVE TO CALL EARLY

Indianapolis Man Learned Something When He Set Out to Buy Second-Hand Auto.

Bob Devericks, head of the manuscript department, state board of education, tells a good one about two automobiles and a man of the people. Says Bob:

"I thought I'd try to pick up a second-hand automobile and enjoy some of the delights of the rich, and so began scanning the 'for sale' columns of the newspapers. I saw an advertisement that told about a Ford sedan only slightly used and for sale at a reasonable price.

"I called the telephone number given. A woman answered the call. She said her brother had advertised the machine; that he had bought the Ford to use while he was having his National painted. I told her I'd call the next morning and talk to the brother, and received the reply:

"'Well, I don't know whether you can get him unless you call very early. He leaves at five o'clock, because he drives a milk wagon."

Jud Tunkins.

Jud Tunkins says the only objection he has to jazz dancing is that it's liable to spoil a man's technique for following a plow.

It's a mean man who will snore in church and keep the others awake.

PERFECTION NOT OFTEN SEEN

Assertion Made That Not One Person in Ten Thousand Is Absolutely Sane.

Perfect health of mind and body are both exceedingly rare. Not one "civilized" person out of ten thousand is perfectly healthy. Not one civilized person out of ten thousand is perfectly sane. That is to say, absolutely level-headed in all respects, not attaching undue importance to his own hobby, and with no prejudices against new ideas, able to appreciate the other side of the question and to change his ideas when he is convinced that he is wrong.

Sanity has been defined as "the ability to accommodate oneself to one's environment." Not a bad definition. Those who decry the manners and customs of other races or people, merely because they are different from their own are not entirely sane.—Los Angeles Times.

The Birds.

"Those birds fly over here to feed. Their sleeping place is many miles away, but they return every night."

"I see. They commute."—Louisville Courier-Journal.

Frequently a chorus girl's success depends upon her understanding.

Excessive politeness seldom has anything in common with the truth.

When people get tired of looking for statistics to support their argument, they invent some.

For Every Home

A table drink that refreshes, but leaves no after-depression—

Instant Postum

Much used nowadays instead of coffee as a breakfast beverage because of its similarity in flavor to coffee, but with entire absence of ill effect, since Postum contains no "caffeine."

Instant Postum is made quickly in the cup, with economy as well as convenience.

Sold by Grocers Everywhere

Made by POSTUM CEREAL CO., Inc.
BATTLE CREEK, MICHIGAN

HOW TO GET RID OF CONSTIPATION

It's needless and dangerous to suffer from a clogged up system because it often lays the foundation for a lifetime of misery and ill-health.

DR. TUTT'S LIVER PILLS taken one or two at bedtime,—quickly eliminates all poisonous waste matter from the system and strengthen the Bowels.

Dr. Tutt's Liver Pills

Prayed for Cure Finds it After 10 Years

Food Would Sour and Boil —Teeth Like Chalk

Mr. Herbert M. Gessner writes from his home in Berlin, N. H.:

I had stomach trouble over ten years; kept getting worse. I tried everything for relief but it came back worse than ever. Last fall I got awfully bad; could only eat light loaf bread and tea. In January I got so bad that what I would eat would sour and boil; my teeth would be like chalk. I suffered terribly. I prayed every day for something to cure me. One day I read about EATONIC and told my wife to get me a box at the drug store as I was going to work at 4 p. m. I took one-third of it and began to feel relief; when it was three-fourths gone, I felt fine and when it was used up I had no pains. Wife got me another box but I have felt the pain but twice. I used five tablets out of the new box and I have no more stomach trouble. Now I write to tell you how thankful I am that I heard of EATONIC. I feel like a new man; I eat what I like, drink plenty of water, and it never hurts me at all.

AGENTS—$50 to $75 a Week Easily Made; 500 men and women wanted to sell N. N. H. Laundry Tablets; enormous repeater, sell anywhere; washes clothes in 10 to 15 minutes snow-white without rubbing on washboard and without the use of bluing or bleach. Can be used in a thousand other ways. Is one of nature's mightiest cleansers; guaranteed to contain no lye, lime, potash, caustic, acid nor any injurious chemical of any kind. You can make more money with this than any other way. Free samples to boost sales. Send for samples and proof. Hustle, work, make big money. Baltimore Manufacturing and Novelty Company, 601 North Eutaw Street, Baltimore, Md.

MARYLAND FARMS FOR SALE—300 choice farms, mostly in Frederick and Montgomery counties. Richest agricultural county in U. S. Good schools and churches. Fine macadam roads 45 mi. Baltimore, Washington. Farms with large or small acreage. Special bargain: 319 acres, level, good improvements, fine dairy farm; 150 tons hay in one season; 1 mi. elevator, state road and R. R. Will sell stock, equipment. Immediate poss. $30,000. Timber tracts. Write your wants. Markwood D. Harp, Pythian Castle, Bldg., Frederick, Md.

Valuable Information

Send no money, just a postal card, giving your name and address, and we will send you our book postpaid. Full of valuable information, teaching you how to restore and protect your health. Send today; it is free.

INDIAN RIDGE MINERAL WATER CO.
FRONT ROYAL, VA.