WOMEN OF MIDDLE AGE

May Pass the Critical Period Safely and Comfortably by Taking Lydia E. Pinkham's Vegetable Compound.

Summit, N. J.—"I have taken Lydia E. Pinkham's Vegetable Compound during Change of Life and I think it is a good remedy in such a condition. I could not digest my food and had much pain and burning in my stomach after meals. I could not sleep, had backache, and worst of all were the hot flashes. I saw in the papers about Vegetable Compound so I tried it. Now I feel all right and can work better. You have my permission to publish this letter."—VICTORIA KOPPL, 21 Oak Ridge Ave., Summit, N. J.

If you have warning symptoms such as a sense of suffocation, hot flashes, headaches, backache, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, get a bottle of Lydia E. Pinkham's Vegetable Compound and begin taking the medicine at once. We know it will help you as it did Mrs. Koppl.

When You Need a Good Tonic

Take BABEK

THE QUICK AND SURE CURE FOR

Malaria, Chills, Fever and Grippe

CONTAINS NO QUININE

All druggists, or by parcel post, prepaid, from Kloczewski & Co., Washington, D.C.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

A DR. J. D. KELLOGG'S ASTHMA REMEDY

Comfort Your Skin With Cuticura Soap and Fragrant Talcum

Soap 25c, Ointment 25 and 50c, Talcum 25c.

Kill All Flies! THEY SPREAD DISEASE

Placed anywhere, DAISY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed.

DAISY FLY KILLER at your dealer or 5 by EXPRESS, prepaid, $1.25. HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles—the National Remedy of Holland since 1696. Guaranteed. Three sizes, all druggists.

Look for the name Gold Medal on every box and accept no imitation

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment—Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2975 Michigan Avenue, Chicago.

To have what we want is riches; but to be able to do without is power. —George Macdonald.

ASPIRIN

Name "Bayer" on Genuine

BAYER

"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monoaceticacidester of Salicylicacid.—Adv.

When argument ceases decayed eggs are depended on by some.

Wright's Indian Vegetable Pills contain nothing but vegetable ingredients, which act gently as a tonic and purgative by stimulation and not by irritation.—Adv.

Equality causes no war.—Solon.

Sure Relief

BELL-ANS FOR INDIGESTION 25 CENTS

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

UNIFORM GRADES ARE PROFITABLE

Lead to Mutual Understanding and Confidence Between Farmers and Buyers.

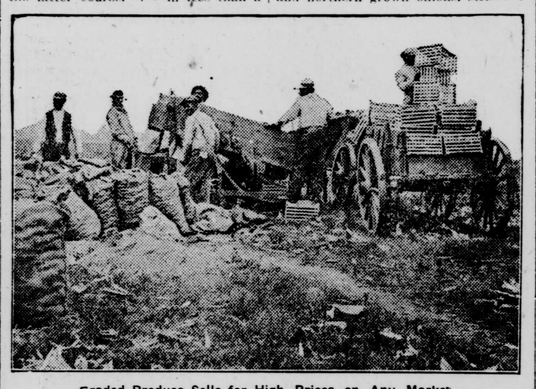
EXPERT ADVICE ON SUBJECT

War-Time Potato Regulations Proved Merits of Standard Grades—Bureau of Markets to Recommend Classifications.

(Prepared by the United States Department of Agriculture.)

If an expert conclusively demonstrated a method to you whereby you could increase the profits from your business 10, 20 or 50 per cent, would you throw him out of the house? Or would you embrace him as did a group of Michigan potato growers when the bureau of markets, United States department of agriculture, offered suggestions — expert advice — regarding the formation of a potato growers' exchange and the business methods that the exchange should use?

Today the potato growers concerned are very glad they adopted the latter course, for in less than a year's time it placed in their pockets more than a quarter of a million dollars over what they would have had otherwise.



Graded Produce Sells for High Prices on Any Market.

There is no dark secret about how this was accomplished. In fact, the achievement can be duplicated by others. Although, to be sure, the success of the Michigan potato growers was due largely to the co-operative feature of the enterprise, an individual may secure a proportionate result by applying the same business principles in marketing his farm products.

The fundamental principle that has animated the bureau of markets in its work is that distribution of farm products requires mutual understanding and confidence between producer and buyer. If a farmer states that he has shipped to market a carload of high-grade produce which upon arrival is found to be of inferior quality, naturally the purchaser questions the farmer's integrity and does not depend upon his word in the future. On the other hand, should a buyer allege that produce was received in bad condition, when, as a matter of fact, it was in first-class shape, the farmer loses confidence in the buyer and regards him as dishonest.

Potatoes Before and After Grading.

To Eliminate Distrust.

These are conditions that should not exist, and the bureau of markets has set about in a very practical way to help eliminate them. It maintains that in the marketing of produce there should be a common and uniform basis of understanding. The various kinds of marketing produce should be known by grades, and the specifications for any particular grade should be the same everywhere. For example, potatoes of No. 2 grade should be No. 2 potatoes throughout the entire country and not No. 1 grade in certain sections. And if the farmer agrees to ship No. 2 potatoes they should conform to the specifications for that grade. By eliminating the confusion resulting from a particular grade of produce having one meaning to the farmer and another to the buyer, a foundation of mutual understanding is established.

That the use of standard grades is readily appreciated by producers and buyers alike, was evidenced during the war, when the food administration required licensed dealers to use potato grades recommended by the bureau of markets. The results were so satisfactory that when the regulation was canceled the use of potato grades, to a large extent, was continued voluntarily.

The bureau of markets has recommended grades for potatoes, Bermuda and northern grown onions, strawberries and rice. It has established grades for wheat, corn, oats and cotton. In the near future it expects to recommend grades for hay and other produce. It has recently prepared tentative wool grades with a view ultimately to recommending standard grades of that commodity. A complete classification of cattle, calves, hogs, sheep and goats has been adopted by the bureau for use in reporting live stock market prices. A similar classification is in use for reporting wholesale meat quotations. Consideration is also being given the question of having representatives demonstrate United States grain grades to European countries for the purpose of familiarizing dealers there with the standards upon which international transactions with the United States should be based.

Hay Producers Feel Need.

In the matter of hay farmers admit that the marketing of the commodity is a hazardous undertaking because of the possibility of loss due to misunderstanding, lack of inspection, variations in grades in different markets, differences in the manner in which rules for grading are interpreted, and because of sharp practices. In fact, many farmers have stated that nine-tenths of the losses in the hay business are due to lack of standard grades and a uniform, impartial inspection service.

Not only does the use of standard grades result in better understanding and confidence between producers and buyers, but in greater satisfaction because of increased monetary returns. Farmers everywhere are urged to conduct their business of marketing upon the sound business principle advocated by the bureau of markets. The bureau will be glad to advise anyone desiring the various grades it recommends.

WAYS OF PROTECTING ANIMALS FROM FLIES

Covering With Burlap Is One Effective Plan.

Leather Nets or Strips Attached to Horse's Bridle Aids in Keeping Pest Away From Work Stock —Darkened Stable Good.

The importance of taking steps to prevent the breeding of stable flies rather than depending on protection of the stock when the flies are full-grown cannot be emphasized too much. However, where this is not done the farmer is forced to resort to various means of warding off the flies.

Work animals may be protected largely from the pest by means of coverings. One type of covering which has been found to be very effective and inexpensive consists of a blanket made of double thickness of burlap, so arranged as to cover completely the back, sides, and neck of the animal. The legs also are covered sometimes by means of old trousers slipped over the feet and tied over the back. Leather nets or strips of leather attached to the bridle also aid in keeping the flies from the head.

Completely darkened stables offer much protection from the flies, although the resulting lack of ventilation is objectionable. The thorough screening of all windows and doors is much more desirable. When screened barns are used, care should be taken to brush the flies from the animals, when they are about to enter, by means of nets over the doorway or with sacks. Little can be done to protect range stock from the flies.

On hog farms a freshly plowed trench offers considerable protection to the swine. The sides of these trenches may be smeared with petroleum, which rubs off on the animals and acts as a repellent. The trench may be used also for protecting sheep, but the petroleum in their case is unnecessary.

Write the United States department of agriculture, Washington, D. C., for Farmers' Bulletin 1097, free upon request.

GENERAL FARM NOTES

Paint up the farm buildings.

* * *

A good pasture reduces the feed bill.

* * *

Good implements and machines increase production per man.

* * *

Hoe the grass away from young fruit trees and protect from mice.

* * *

There is a rapid increase of the number of dealers handling motor trucks, due to the quickened interest of farmers.

* * *

Rape is unquestionably the best of all the annual hog pastures. The only drawback to it is that it does not grow so very well on poor land.

* * *

Radishes and carrots are ordinarily not thinned until some are large enough to use—unless, of course, the seed has been sown exceptionally thick.

Mulch to Save Moisture.

Mulching of vegetables conserves moisture by preventing or retarding evaporation; it serves to keep the surface soil loose and friable, it keeps down weeds and it produces vegetables of better flavor and finer texture.

Killing Off Quack Grass.

By disking quack grass sod and then plowing deeply crosswise of the disking most of the green is hidden. This goes a good ways toward killing it.

POULTRY FACTS

SUCCESS IN RAISING SQUABS

Opportunity Is Well Worth Considering for Those Who Have Lofts—Produce Meat Quickly.

The back yard poultry keeper can hardly hope for success with turkeys, geese, ducks or guineas, but for those who have lofts over a garage, stable, or coal shed, the opportunity for squab growing is well worth considering.

For food purposes pigeons are usually classed with poultry. Culturally they are in a class by themselves, producing meat only, producing it very quickly, and able to produce well under conditions that do not admit of growing any other creature used for food.

While the ideal arrangement for pigeons is to have their house on the ground, and a small covered yard, called a "fly," connecting with it, pigeon keeping may be carried on quite extensively in upper rooms or lofts, with or without open-air flys. Many flocks of pigeons are kept in large cities in quarters provided for them in the lofts or on the roofs of buildings used for mercantile and manufacturing purposes.

A space six feet square and high enough for the attendant to stand erect will accommodate eight to ten pairs of pigeons for squab breeding, the poultry specialists in the United States department of agriculture say. The birds mate and begin breeding when six to seven months old. The male shares with the hen the duty of incubation. The young hatch in about 17 days. At four weeks old, average squabs will weigh about three-quarters of a pound each. Some of the larger ones will weigh over a pound at that age.

A good pair of breeders will produce six or seven or more pairs of squabs a year. As many as 11 pairs of squabs have been produced by one pair in a year. When production is high the female lays and begins incubation while she has young still in the nest, leaving the care of them to her mate.

Runt Cross and White Runt (Female.)

Raising squabs has been increasing in cities in recent years. On farms the tendency has been the other way. On a farm a flock of free pigeons, if not kept down by killing off the increase, soon becomes a nuisance, destroying grain and doing a great deal of damage, especially on new-seeded ground.

PLAN TO CARRY LIVE FOWLS

Bird Wrapped in Cornucopia of Newspapers and Given Plenty of Air Is Quite Content.

Carrying live fowls in a cornucopia of newspapers, in the manner of carrying a bouquet, is a good idea. The bird is laid down on the paper and the legs straightened out on a line with the tail; the wings are held in position at the sides. The newspaper is then rolled around the bird, making a cornucopia, and the lower end is twisted, which leaves the upper end open. When carrying the bird in this manner, the twisted end of the cornucopia is held in the hand, allowing the roll to rest on the arm. The bird has plenty of air and seemingly is content in its peculiar position.

PURE BREEDS ARE PAMPERED

Supposition That Common Fowls Are Most Hardy Is Erroneous—Only Strongest Survive.

The supposition that common fowls are hardier than pure breeds is not borne out by the facts. Those who hatch chicks of the common kinds lose a large number of them, only the strongest surviving, and every year they are more and more inbred. The pure breeds suffer from being pampered by their owners in many instances, in which cases they do not compare favorably with common fowls.

SMALL START FOR BEGINNER

Safest Plan for Those About to Embark in Poultry Business—Many Hard Problems.

The safest way for those who are about to make their first attempt at poultry raising is to start in a small way with a few fowls and learn the business thoroughly before making large investments. Mistakes will be made and many difficult problems will be presented for solution before success in any large measure will be attained.

Have One Colony House.

It pays every farmer that raises chickens to build at least one colony house.

Young Chicks Lost.

Never allow the mother hen to range with the young chicks until they are at least two weeks old.

The loss in young chicks due to allowing the hen free range undoubtedly is large.

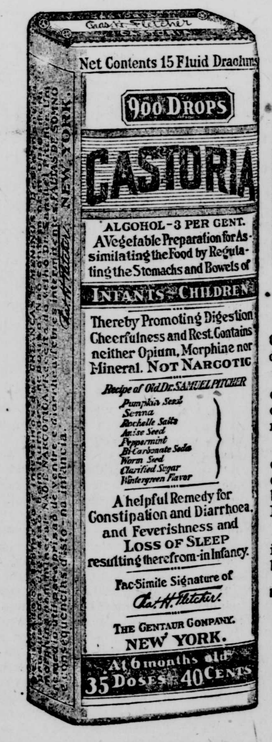
False Claims.

WE hope there is no Mother who thinks she can treat her sick baby without calling in a Physician, or with remedies that she uses for herself.

Most Mothers know that Baby requires remedies especially prepared for babies, yet there are some who think that what is good enough for them is good enough for Baby, and it is to these Mothers we appeal to give nothing to their babies that is not specially prepared for babies or recommended by their Physician.

False claims may kill, but false claims can never restore your child.

For over thirty years Fletcher's Castoria has been aiding in the reduction of the deaths among infants as Mothers have become more and more acquainted with it. Always keep it in the house.



Exact Copy of Wrapper.

Children Cry For Fletcher's CASTORIA

Mothers Must Use Care.

Why do we so often call your attention to imitations of Fletcher's Castoria? Because it is a baby's medicine and imitations are always dangerous, particularly imitations of a remedy for infants.

Your druggist may not keep an imitation but they are to be found on drug-store shelves. Reliable druggists think only of the welfare of their customers. The other kind only of the greater profit to be made on imitations.

Your own judgment tells you that Fletcher's Castoria having for over thirty years at great expense held up its reputation, must jealously guard it. Then, it follows that this company must use the very best of material. Must employ experts in the selection of the herbs. Must retain skilled chemists in its manufacture.

Your same good judgment must tell you that these irresponsible imitators are trading on your credulity and the reputation built up by Mr. Fletcher, during all these years, for his Castoria.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE **CASTORIA** ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

SCORE ONE FOR MRS. JONES

Neat Retort That Certainly Should Have Made Her Better Half Do Some Thinking.

How he ever happened to do it, heaven only knows, but Jones really brought home a small box of candy and gave it to his wife with a lordly and gracious air. Mrs. Jones managed to overcome her astonishment sufficiently to thank him, but evidently Jones did not regard her expressions of appreciation as adequate to the occasion, for he observed:

"I happened to be with Smith when he gave his wife a present yesterday. Now, there's a woman who can really show a man that she appreciates a thing! Her expressions of thanks were really charming."

"Doubtless, but consider how much practice she has," Mrs. Jones responded sweetly.

Music's Charms.

"I like plenty of music at a political gathering," remarked Senator Sorghum.

"You think it has a calming influence?"

"Undoubtedly. The great beauty about a brass band is that it can't be heckled."

Just a Row.

"Did you ever try working the ouija board."

"Yep."

"Ever get anything out of it?"

"Once. Got a family row. Ma accused me of influencing it and I swore she was making the thing move."

ANIMALS END THEIR LIVES

Collie Dogs Said to Become Despondent and Weary of Existence When Usefulness Is Over.

Some animals really commit suicide, says a writer in London Answers.

A dog either from old age or suffering from an incurable malady, will leap into the sea. Especially is this true of collie dogs. A kind of melancholy seems to take possession of them when their activities and usefulness are impaired.

The writer has known a Scotch collie to take, as it were, a farewell look at the old herding hills one day and then to plunge into the sea with a whining cry, and thus end its misery.

Hunters have known the elk buck and other big game to leap over precipices deliberately and mangle themselves when the man-enemy was within steady range of his prey.

A stork has been known to perish in a conflagration rather than desert her little, helpless brood.

A swallow was seen flying back and forth to its nest after a wicked wrecking of her nest by some mischievous urchins. She was running the same risk as her birdlings, and seemingly faced the prospect of their fate unflinchingly.

As It Seems to Be.

"What does the critic say about the show?"

"He says it's a good, clean, wholesome little play and ought to be supported."

"Oh, dear, let's go somewhere else."

As A Table Drink Postum Cereal

meets every requirement!

The flavor, much like superior coffee, always pleases; and when health and economy are considered, this wholesome beverage fits every need.

Boil Postum Cereal fully 15 minutes, after boiling begins—or if you prefer a quickly prepared drink, buy the newer form—Instant Postum, which is made instantly in the cup.

"There's a Reason" for Postum

Made by Postum Cereal Company, Inc.
Battle Creek, Michigan

Pimples rashes, hives, redness and skin blemishes can be quickly removed with **Glenn's Sulphur Soap**

Delightful in a warm bath before retiring—soothes the nerves and induces refreshing sleep. Druggists.

Hill's Hair and Whisker Dye, Black or Brown, 50c.

Clear Your Complexion with This Old Reliable Remedy—

HANCOCK SULPHUR COMPOUND

For pimples, black-heads, freckles, blotches, and tan, as well as for more serious face, scalp and body eruptions, hives, eczema, etc., use this scientific compound of sulphur. As a lotion, it soothes and heals; taken internally—a few drops in a glass of water—it gets at the root of the trouble and purifies the blood.

Physicians agree that sulphur is one of the most effective blood purifiers known. Remember, a good complexion isn't skin deep—it's health deep.

Be sure to ask for HANCOCK SULPHUR COMPOUND. It has been used with satisfactory results for over 25 years.

60c and $1.20 the bottle

at your druggist's. If he can't supply you, send his name and the price in stamps and we will send you a bottle direct.

HANCOCK LIQUID SULPHUR COMPANY
Baltimore, Md.

Hancock Sulphur Compound Ointment—25c and 50c—for use with the Liquid Compound.

USE THE TRUE TRADE MARK

Liggett & Myers **KING PIN CHEWING TOBACCO** *Has that good licorice taste you've been looking for.*

PARKER'S HAIR BALSAM Removes Dandruff-Stops Hair Falling. Restores Color and Beauty to Gray and Faded Hair. 50c. and $1.00 at druggists. Hiscox Chem. Wks. Patchogue, N.Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.

After you eat—always use **EATONIC** FOR YOUR STOMACH'S SAKE

—one or two tablets—eat like candy. Instantly relieves Heartburn, Bloated Gassy Feeling. Stops indigestion, food souring, repeating, headache and the many miseries caused by

Acid-Stomach

EATONIC is the best remedy, it takes the harmful acids and gases right out of the body and, of course, you get well. Tens of thousands wonderfully benefited. Guaranteed to satisfy or money refunded by your own druggist. Cost a trifle. Please try it!