DEPENDED UPON IT 20 YEARS

Lydia E. Pinkham's Vegetable Compound Has Been This Woman's Safeguard All That Time.

Omaha, Neb.—"I have used Lydia E. Pinkham's Vegetable Compound for over twenty years for female troubles and it has helped me very much. I have also used Lydia E. Pinkham's Sanative Wash with good results. I always have a bottle of Vegetable Compound in the house as it is a good remedy in time of need. You can publish my testimonial as every statement I have made is perfectly true."—Mrs. J. O. Elmquist, 2424 S. 20th Street, Omaha, Nebraska.

Women who suffer from those distressing ills peculiar to their sex should be convinced by the many genuine and truthful testimonials we are constantly publishing in the newspapers of the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

To know whether Lydia E. Pinkham's Vegetable Compound will help you, try it! For advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 Cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

A DR. J. D. KELLOGG'S ASTHMA REMEDY

Fish may be a good brain food when there is something for it to assimilate with.

INVENTIVE GENIUS ROBS CALOMEL OF NAUSEA AND DANGER

Doctors' Favorite Medicine Now Purified and Refined from All Objectionable Effects. "Calotabs"—the New Name.

What will human ingenuity do next? Smokeless powder, wireless telegraphy, horseless carriages, colorless iodine, tasteless quinine,—now comes nausealess calomel. The new improvement called "Calotabs" is now on sale at drugstores.

For biliousness, constipation and indigestion the new calomel tablet is a practically perfect remedy, as evidenced by the fact that the manufacturers have authorized all druggists to refund the price if the customer is not "perfectly delighted" with Calotabs. One tablet at bedtime with a swallow of water—that's all. No taste, no nausea, no griping, no salts. By morning your liver is thoroughly cleansed and you are feeling fine, with a hearty appetite. Eat what you please—no danger—go about your business.

Calotabs are not sold in bulk. Get an original package, sealed. Price, thirty-five cents.—(adv.)

Business men who cling to the ancient methods are apt to be left at the post.

Puts *I Will* In You Easy to Get Strong

Everyone wants more pep and surely needs it this hot weather. Hot weather takes away the appetite and makes one feel listless, lifeless, miserable, even when you have a strong stomach, but for those who have weak stomachs, it is really a dangerous, trying time.

Be on the safe side this kind of weather and help nature all you can, by taking an eatonic tablet about half an hour before you eat and one or two an hour after you eat; it will be of wonderful benefit. Eatonic simply takes up the excess acids, poisons and gases, and carries them right out of the body. With the cause of the trouble removed, of course you will feel fit and fine—full of pep all the time. Eatonic will cool feverish mouth and stomach and give you a good appetite, even in hot weather.

Get a big box at your druggist's for a trifling cost and let eatonic help you for a few days; then you will never be without it. Adv.

No advance in the price of shoes will prevent kicking.

OATS BEST CROP

Statistics Show Advantages Over Corn Growing.

On Comparatively Cheap Land in Western Canada Farmers Get Record Yields—Cost Per Acre Much Less Than Corn.

How much more does it cost to grow an acre of corn than to grow an acre of oats? To get a proper comparison it is necessary to take an illustration from a farm on which both crops are grown successfully. An example has just been brought to the writer's attention of the comparative cost of growing corn and oats on a Minnesota farm. It is furnished by Albert Inmer, a well-known farmer in Cottonwood county, Minn., in an article which appeared in the Cottonwood Citizen.

Mr. Inmer says: "I had a curiosity to know how much it would cost to raise an acre of oats and corn. To find out I kept account, during the year, of the time required and the cash expended to grow the above mentioned crops." His figures show that it cost him $31.49 to grow an acre of corn and $18.13 1-3 to grow an acre of oats, or a difference of $13.00 an acre in favor of oats.

Provided the respective crop yields are not altogether out of proportion to the cost of growing the crop, this seems to be a good argument in favor of growing oats. But to grow oats successfully it is not necessary to use $150 or $200 land. In western Canada some of the best oat-growing land in the world can be bought for about $20 an acre. On this land good yields and a high quality of grain is obtainable.

Fifty to sixty bushels to the acre in properly prepared land is a fair average yield for oats in western Canada in a normal season but yields of up to 100 bushels, and even more, to the acre have been frequent in good years. The quality of oats grown in western Canada is attested by the fact that at all the international exhibitions for many years past oats grown in western Canada have been awarded the leading prizes. There is on record oats grown in western Canada that have weighed as much as 48 pounds to the measured bushel, and the dominion grain inspector is authority for the statement that 85 per cent of the oats examined by him in western Canada weigh more than 42 pounds to the measured bushel. The standard weight for a bushel of oats is 34 pounds.

Samples of these oats weighing upward of 45 pounds to the bushel are on exhibition at the Canadian government information bureau, located in various cities in the United States.—Advertisement.

Aqueous.

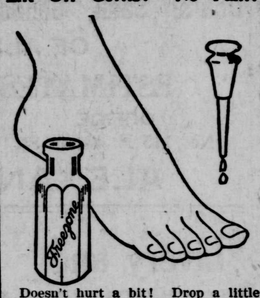
She—They say he is quite devoted to aquatic sports. He—Yes, he drinks like a fish, you know.

SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in package.

"FREEZONE"

Lift Off Corns! No Pain!



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the callouses without soreness or irritation.

A Clue.

"You said the suspected moonshiners gave you a clue by singing. What was the song?"

"'Oft in the Still-y Night.'"

For speedy and effective action Dr. Peery's "Dead Shot" has no equal. One dose only will clean out Worms or Tapeworm.—Adv.

Statistics in the hands of a campaign orator are usually unreliable figures of speech.

OPEN-AIR MARKETS FOR CLUB PRODUCE STIMULATES DEMAND

Two Junior Star Saleswomen at the Lincoln (Neb.) Boys and Girls' Garden Club Market.

At Lincoln, Neb., there is a boys and girls' garden club that has created a new departure in the marketing of garden products. The members of the club—4,000 strong—produced more garden fruits and vegetables than they could use. How could they dispose of the surplus crop? An open-air market was suggested. The board of trade and chamber of commerce favored the plan, and a Saturday morning open-air market was created.

At first the business men of Lincoln complained that it would interfere with the regularly established produce trade; later they learned that, on the contrary, the boys and girls' Saturday market created a larger demand for produce during the week, and they are now enthusiastic over the arrangement. That open-air market has become a regular factor in the economic scheme of things at Lincoln and, curiously enough, 85 per cent of the members of the club are girls

It may be popularly believed that the marketing end of farm production should be conducted by the men. That may be true with regard to some commodities, but marketing experts of the department of agriculture maintain that sometimes women are better qualified to handle the marketing work in connection with poultry, eggs, and canned products. The production of poultry and eggs is largely a matter attended to by farm women. Canning is left entirely to the women.

This Youngster Finds the Marketing of Garden Produce a Profitable Business.

If farm products can be marketed to best advantage by those who have the greatest intimacy with them, does it not follow that the department's contention is correct?

Several hundred thousand gallons of apples are used in Spokane, Wash., each year in the manufacture of bakers' pies. Two years ago 130,000 gallons of apples annually were shipped to Spokane from the state of New York. Today, although the demand is greater, the quantity of imported apples has been reduced considerably, for the demand is supplied at home. That accomplishment was made possible by 70 young girls—girls between the ages of ten and eighteen—who knew that thousands of gallons of cull apples were going to waste on farms in the vicinity of Spokane. Through the assistance of the United States department of agriculture and Washington state agencies, a girls' canning club was formed, with the result that these small canners are furnishing Spokane bakers with a large part of their canned-apple supplies. Not only do these young girls attend to the work of canning, but they handle the entire transaction from start to finish.

Learning Better Methods.

It is conservatively estimated that 55 per cent of the membership of boys and girls' club work throughout the nation consists of girls. Within a few years the majority of those girls will take their places as American farm women. They are now, in their teens, studying and working out problems that will confront them later on. And while they are doing that they are learning the fundamental principles in scientific production and marketing methods that must supplant those being used at present in order to meet the increasing food requirements of our country.

The grown-ups would do well to emulate their example. On every hand are instances where, by the use of improved methods, boys and girls are securing larger crop results with a minimum of effort, and by proper grading, packing, and marketing methods receiving a maximum of reward for their labors.

Some of the finest eggs in the country are produced in Kansas and Colorado through the activities of boys and girls. Boys and girls in every state are prize winners for dairy, beef, and pork production. In New Jersey, through proper grading and packing methods, the boys and girls generally top the egg markets by at least 5 cents a dozen. When eggs were 80 cents a dozen in Massachusetts last year the eggs marketed by boys and girls' clubs brought $1 a dozen because of their superior quality. Boys and girls' poultry generally sells at a higher price than the prevailing market level.

A Young Business Woman.

There are many individual instances of notable achievements by boys and girls. One is that of a fifteen-year-old girl in Massachusetts who marketed about 3,000 cans of high-grade fruits and vegetables last year. The products were so well put up that the Colony club of Springfield, Mass., desired to contract for the entire output. At the present time this young woman has difficulty in meeting her orders, which call for 5,000 cans of produce this year. There is a potential business woman who is destined to be one of America's highest types of useful citizen.

Pure Water Is Essential.

All animals require plenty of good, pure water. This is especially true of the milking cow, as water constitutes more than three-fourths of the total volume of milk.

Sprucing Up About Farm.

A little paint goes a long way toward sprucing up about the farm.

Motors Help Profits.

Motor transportation is doing much to make farming more profitable.

CARPET GRASS LIKES WELL-PREPARED BED

Seed May Be Sown Any Time Till After Midsummer.

Method of Seeding Often Used Is to Cut Grass With Mature Seed and Scatter Hay Over Land Where a Pasture Is Desired.

On cultivated land, carpet grass succeeds best on a well-firmed seed bed. The seed may be sown any time from early spring till after midsummer, when the moisture conditions are favorable. To secure a full stand of the grass promptly, seed should be sown at the rate of ten pounds per acre. A method of seeding that has often been used is to cut grass with mature seed and scatter the hay over the land where it was desired to establish carpet-grass pasture.

To establish carpet-grass pasture in open forests or on cut-over land, without going to the expense of clearing, the standing trees should be deadened by girdling. The land to be seeded should be burned over in winter in order to remove all the tall straw or broom sedge, wire grass, and other bunch grasses. Plowing or disking is not necessary. Carpet grass at the rate of five pounds per acre may then be sown at any time after the weather becomes warm, but preferably when there is ample moisture.

Farmers' Bulletin 1130 on "Carpet Grass" may be had free upon request of the United States department of agriculture, Washington, D. C.

COTTONSEED MEAL FOR FEED

Superior for Work Horses and Mules, but It Must Be Fed Sparingly—Safe Amount.

Cottonseed meal makes a fine feed for work horses and mules, but it must be fed sparingly. Experiments show that one pound per day for each 1,000 pounds of live weight of the horse is a safe amount to feed.

GENERAL FARM NOTES

Why not grow more alfalfa?

* * *

Rule for taking care of machinery: Keep it lubricated, adjusted and clean.

* * *

As a crop to sow in wheat or oat stubble, cowpeas should not be forgotten.

* * *

One man of experience says: "You can't raise hogs profitably without grass."

* * *

A larger supply of the food of the family can be grown on the home farm as a rule.

* * *

The wild cucumber is said to carry the mosaic disease, which injures the cultivated varieties.

* * *

Small areas may be freed of perennial weeds by covering with paper or by close cultivation.

It's difficult to convince a man that his money isn't a sure thing until after the race.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Adv.

Some men have good qualities, but lack the one necessary to make use of them.

Unprofitable Combination.

Howell—Is your new hired man satisfactory?

Powell—I should say not. He is one of the heavy eaters and light workers.

Acid Stomach, Heartburn and Nausea quickly disappear with the use of Wright's Indian Vegetable Pills. Send for trial box to 372 Pearl St., New York.—Adv.

Height of Something or Other.

Our idea of the height of something or other is a 200-pound cornfed girl jammed into a tin bathtub that is attached to a motorcycle.—Arkansas Thomas Cat.

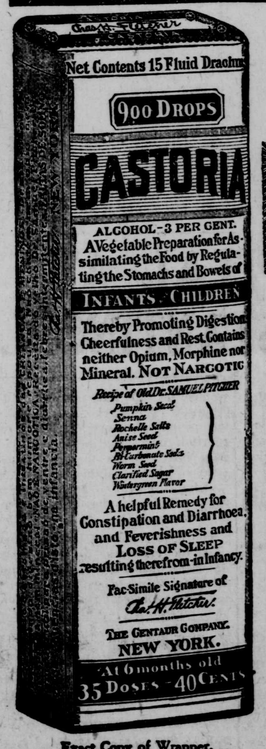
Sure Relief

BELL-ANS FOR INDIGESTION 25 CENTS

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

Children Cry For Fletcher's CASTORIA



Exact Copy of Wrapper.

Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your *ailing* child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

YOU INVEST NOTHING — YOU CAN EARN $200-$500 AND UP MONTHLY AS OUR AGENT IN YOUR LOCALITY — WHOLE OR PART TIME

Old worn tires factory rebuilt. 6000 Mile Guarantee. Less than half cost of new tires. Different from retreading or half-soling. 5 designs.

EQUITY TIRES RELIEF

EQUITY RUBBER COMPANY 154 Amsterdam Ave., NEW YORK

Equity Inner Tire Armors add thousands of miles to any worn tire. Easily inserted. Self-cementing. Puncture and blow-out proof.

AGENTS WANTED EVERYWHERE. WRITE FOR AGENTS' PROPOSITION

YOUNGSTER MADE WORD GOOD

Though, as It Turned Out, It Was at the Cost of Some Personal Discomfort.

Marshall, who is five, lives in a flat building. He is a real boy and although he has a rear yard and a sand pile in which to play, his mother has more or less trouble keeping him off the streets. A neighbor saw him across the street one morning and the next day called his attention to the fact that he was out of the zone mapped for him. He was one of the busy ones about a vegetable wagon. "Yes," he said, "I had to get some sings." The next morning he asked his mother for the market basket. He immediately disappeared and soon returned, accompanied by the vegetable man. In the basket were three pounds of potatoes, a box of berries and two cantaloupes. Mother had to settle whether she needed the goods or not. At any rate, Marshall made his word good with the neighbor that he had to get "some sings." When questioned by the same neighbor about his shopping expedition he said: "Yes, and mother spanked me, too."

Earthquakes.

The origin of earthquakes has been traced to two principal causes, the first of which is tectonic, and the second volcanic. The former refers to movements in the earth's crust, known as faults, possibly caused by the shrinking of the interior of the earth by reason of cooling.

A camel has twice the carrying power of an ox.

WAS TO BE MORE YELLING

Safe to Say That Father's Prediction Turned Out to Be Absolutely Correct.

The sweetly peaceful scene in the little sitting room was suddenly disturbed by a loud yell, and the honored guest sprang wildly from the chair into which he had just sunk, while the daughter of the house felt her face grow pale.

She had had hopes from this visit. Alas, poor girl, were they to be blighted?

But father took the matter—and his small son—firmly in hand. With a graceful apology he removed the bent pin from the chair and the aforesaid small boy from the room.

"Now, look here, Charles," he said sternly, in the back yard, "why did you do it?"

"It—it was an experiment, father!" faltered the laddie.

"An experiment!" snorted father. "The only man who has visited your poor sister for years, and you go and drive him away!"

"Well, dad," explained the boy, "he advertises that he is a painless dentist, an' I wanted to find out if it was true, an' it wasn't. You should have heard him yell!"

"Yes," was the father's grim comment. "And some one else is going to hear you yell now!"

A Clean Sweep.

Vacationist—You say the city takes everything you raise. Farmer—Yes! And that includes the help we raise.

If a man itches for fame it probably keeps him scratching.

Twenty Five Years of Success

proves that the originator of

Postum Cereal

was building upon a sure foundation when he devised this most famous of all cereal beverages.

Where one used it in place of coffee, in the beginning, tens of thousands drink it today—and prefer it to coffee.

Healthful, delightful to taste and satisfying to every one at table.

Postum is now recognized as coffee's one and only great competitor among those who delight in a coffee-like flavor.

Sold everywhere by Grocers

Made by Postum Cereal Co., Inc. Battle Creek, Michigan

PARKER'S HAIR BALSAM Removes Dandruff—Stops Hair Falling. Restores Color and Beauty to Gray and Faded Hair. 60c. and $1.00 at druggists. Hiscox Chem. Wks. Patchogue, N.Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at druggists. Hiscox Chemical Works, Patchogue, N. Y.

Pimples rashes, hives, redness and skin blemishes can be quickly removed with Glenn's Sulphur Soap. Delightful in a warm bath before retiring—soothes the nerves and induces refreshing sleep. Druggists. Hill's Hair and Whisker Dye, Black or Brown, 50c.

Cuticura Talcum is Fragrant and Very Healthful. Soap 25c, Ointment 25 and 50c, Talcum 25c.

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidneys, liver, bladder and uric acid troubles and National Remedy of Holland since 1696. Three sizes, all druggists. Guaranteed. Look for the name Gold Medal on every box and accept no imitation

A Lady Candidate.

"Was the candidate ruffled?"

"No, she wore a severely tailored model."

Liggett & Myers KING PIN CHEWING TOBACCO Has that good licorice taste you've been looking for.

Wonderful Phonograph Repeater SAYS HUDSON MAXIM Repeats any part or whole record at will. Commences and stops at will. No jumping up to stop or repeat record. Always sets needle to exact starting point. Simplifies placing and removing of records. Small, neat and easily attached. Patented. Send $1 for sample. Gold finish $2. "Simplex Phono. Controller and Repeater," 250 E. 72nd St., New York City.

Social Beautifier Sun tanned, black, sallow complexioned girls can enjoy the social advantages which fall to the girl with a beautiful complexion. Receipt bleaches skin a clean tint, improves the health, does away with complexion powder. Used by social leaders. Reliable, lasts lifetime. Prepaid, $1.00. Twin Experimental Laboratories, Dayton, O.

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment—Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co. 2975 Michigan Avenue, Chicago.

"ASPIRIN"

WARNING! The name "Bayer" is the thumb-print which identifies genuine Aspirin prescribed by physicians for 20 years and proved safe by millions.

BAYER

SAFETY FIRST! Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and for pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents—Larger packages.

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid