Another Royal Suggestion

Biscuits and Cinnamon Buns

From the NEW ROYAL COOK BOOK

BISCUIT! So tender they fairly melt in the mouth, and of such glorious flavor that the appetite is never satisfied. These biscuits anyone can make with Royal Baking Powder and these unusual recipes.

Biscuits

2 cups flour
4 teaspoons Royal Baking Powder
½ teaspoon salt
2 tablespoons shortening
¾ cup milk or half milk and half water

Sift together flour, baking powder and salt, add shortening and rub in very lightly; add liquid slowly; roll or pat on floured board to about one inch in thickness (handle as little as possible); cut with biscuit cutter. Bake in hot oven 15 to 20 minutes.

Royal Cinnamon Buns

2½ cups flour
1 teaspoon salt
4 teaspoons Royal Baking Powder
2 tablespoons shortening
1 egg
½ cup water
⅓ cup sugar
2 teaspoons cinnamon
4 tablespoons seeded raisins

Sift 2 tablespoons of measured sugar with flour, salt and baking powder; rub shortening in lightly; add beaten egg to water and add slowly. Roll out ½-inch thick on floured board; brush with melted butter, sprinkle with sugar, cinnamon and raisins. Roll as for jelly roll; cut into 1½-inch pieces, place with cut edges up on well-greased pan; sprinkle with a little sugar and cinnamon. Bake in moderate oven 30 to 35 minutes; remove from pan at once.

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

FREE

Write TODAY for the New Royal Cook Book; contains 400 other recipes just as delightful as these.
Address
ROYAL BAKING POWDER CO.
115 Fulton Street, New York City

Must Move Swiftly.

"Riches have wings."

"They've got to nowadays to get anywhere near the cost of living."

BOSCHEE'S SYRUP

Allays Irritation, Soothes and Heals Throat and Lung Inflammation.

The constant irritation of a cough keeps the delicate membrane of the throat and lungs in a congested condition. Boschee's Syrup has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles, in thousands of homes all over the world, for the last fifty-four years, giving the patient a good night's rest, free from coughing, with easy expectoration in the morning. For sale everywhere.—Adv.

A Summer Girl.

"I seem to have known you before."

"Possibly we were engaged last summer."

A single application of Roman Eye Balsam on going to bed will prove its merit. Use it for inflammations of the Eyes.—Adv.

EMPEROR FRIEND OF LOWLY

Napoleon III Declared to Have Had Genuine Regard for the Humbler of His Subjects.

The friendly feeling of Napoleon III for the toilers is dwelt upon by Agnes Carey in her "An Empress in Exile," in the Century magazine, and she gives as her authority Empress Eugenie, wife of the last of the emperors. "Whatever his failings toward her had been," the author says, "she professed a warm admiration of his love of hard work, his pluck and his great kindness of heart and thoughtfulness for every one. The emperor genuinely loved the poor and humble among his subjects, with no thought of policy. He was too good and generous for his people's understanding. Had he been tyrannical and made use of them and trampled them down like some other sovereigns, they would have behaved better toward him, she (Eugenie) said.

"Napoleon was a dreamer and spent much of his time to the serious thinking out of schemes for the benefit of his people, and all mankind. His life's ambition was to better their lot. He had great magnetism, especially with the working classes. The empress charmed every stranger, but the emperor was really more personally and deeply loved by his entourage than was his consort."

The Fitting Way.

"How do the Irish meet the black and-tans'?" "I guess it is with dogged determination."

DYE RIGHT

Buy only "Diamond Dyes"

Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye worn, shabby skirts, waists, dresses, coats, gloves, stockings sweaters, draperies everything, whether wool, silk, linen, cotton or mixed goods, new, rich fadeless colors. Have druggist show you "Diamond Dyes Color Card."—Adv.

GOT REPORT THAT COUNTED

Coffee Dealer a Little Too Enthusiastic in His Praise of Goods He Had Condemned.

"Have you any of Blank & Co.'s coffee?" the stranger asked.

"Plenty of it, sir! How much would you like?" the dealer responded briskly.

"Do your customers generally like this coffee—I would want only something really good," the customer observed cautiously.

"Never had a more popular brand—it is fine—use it regularly on my own table," the dealer assured him.

"Well, I am glad to hear you speak so well of it now. You wrote me a while back that the goods were so unsatisfactory that you would have to return them unless you were given a further special discount. I'm Blank, you know. Good day!"

What Johnny Meant.

"Next boy!" exclaimed the teacher "Can you give a simile to the word 'maiden'?"

"Yes, miss," responded Johnny Summers. "A maiden is like cider."

"Very good, Johnny. You see, boys,' explained the teacher, who was of un certain age and irascible disposition "Johnny means that a maiden is sweet."

"Yes," broke in Johnny, "and grows sour with old age."

The Full-bodied Flavor of POSTUM CEREAL

wins first place among table drinks with those who value health and comfort.

Boil Postum Cereal full fifteen minutes after boiling begins and the taste is delightful.

Costs less than coffee

Made by Postum Cereal Company, Inc. Battle Creek, Mich.

Help That Aching Back!

Back giving out? Tortured with dull, nagging backaches and stabbing pains? Does the least exertion leave you "all played out?" Likely your kidneys are to blame. Overwork, colds, insufficient rest and the hurry and worry of present-day living tend to weaken the kidneys. Backache is often the first warning. Headaches and dizziness may come, too, and perhaps annoying kidney irregularities. Help the overworked kidneys with *Doan's Kidney Pills*. *Doan's* have helped thousands. They should help you. Ask your neighbor!

A Virginia Case

J. D. Creaver, mason, 602 Tannahill St., Staunton, Va., says: "A cold settled on my kidneys and my back was awfully sore. Sharp pains would often catch me in my back. The kidney secretions passed irregularly and I was lame and sore all over. I began to use Doan's Kidney Pills. Relief came shortly and before long this medicine cured me."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Vaseline

Reg. U.S. Pat. Off.

PETROLEUM JELLY

For sores, broken blisters, burns, cuts and all skin irritations. Also innumerable toilet uses.

REFUSE SUBSTITUTES

CHESEBROUGH MFG. CO. (CONSOLIDATED) State Street New York

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr. J. D. KELLOGG'S ASTHMA REMEDY

"I am well! -your chickens and stock well?"

If not-give them Bee Dee Stock & Poultry Medicine

The old reliable BLACK-DRAUGHT for Stock and poultry

Ask your merchant!

Merchants: ask your jobber's salesman about Bee Dee!

Backache

The intense pain from a lame back is quickly alleviated by a prompt application of Yager's Liniment.

Sufferers from rheumatism, sciatica, neuralgia, sprains, etc. should always keep a bottle of "Yager's" handy as its penetrative qualities quickly bring relief from pain.

At all dealers. Price 35 cents.

The large bottle of Yager's Liniment contains twice as much as as the usual 50c bottle of liniment.

YAGER'S LINIMENT RELIEVES PAIN

GILBERT BROS. & CO., Baltimore, Md.

ATTENTION!

Realizing that the average investor seldom has an opportunity to learn of the enormous profits in the manufacture of Oil Field Supplies, and never has an opportunity of investing in a going concern, at present earning a nice profit for its stockholders, we respectfully invite you to mail us your check for the number of shares desired, or write for full information. Price $5 per share.

MACK MANUFACTURING CO., Ltd. Houston, Texas

KEEP HALE'S HONEY OF HOREHOUND AND TAR

In the house. Don't let colds become influenza, pneumonia or other serious ailments. Use the dependable home remedy that quickly relieves coughing, hoarseness, sore throat, etc.; contains nothing harmful.

30c at all druggists

PIKE'S TOOTHACHE DROPS BRING RELIEF

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment. Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2975 Michigan Avenue, Chicago

For Irritated Throats

take a tried and tested remedy—one that acts promptly and effectively and contains no opiates. You get that remedy by asking for

PISO'S

IS FAVORED LAND

Western Canada Country of Great Possibilities.

Soil, Climate, and Weather Conditions All Factors in the Production of Unrivaled Fruit, Vegetables and Flowers as Well as Grain.

As recently as last month—to be correct, it was the 18th of October, a time of year when one naturally looks for the "frost upon the punkin," and is inclined to wander through the woods in search of the ripened nuts, and admire the beautiful colorings that the autumn atmosphere has bestowed upon the leaves; when one goes to his closet, or maybe his pawnbroker, to find his heavy clothing—it was that I found myself the guest of a Western Canada housewife in her beautiful home on the outskirts of the pretty little town of Moosomin, Saskatchewan. The dinner! That's what Mrs. Wilde called it. I should have termed it a banquet. There were mallard duck, cooked to a turn, baked potatoes—and such big, mealy fellows they were, too—cauliflower—and say, did you ever taste one of those Western Canada cauliflower?—then dessert. What was the dessert? I can see it now. Strawberries, strawberries that had been picked that morning. Help yourself to the cream—and it was cream that is cream. But what I wanted to write about was the strawberries picked on the 18th of October. As I ate, and turned my back while a second helping was placed in front of me, I could not but think how this goes to refute the once accepted idea that the climate of Western Canada is such that the ripening of strawberries at any season is one of the things that might be looked upon as next to impossible. Fortunately it is rapidly giving place to one which acknowledges that our sister nation to the north possesses a climate that makes it quite possible to develop and ripen strawberries even in October.

But there is more to add. On October 14, just a few days previous, Mr. A. B. Smith, near the same town, plucked a splendid mess of green corn from his garden. Near Rocauville, Saskatchewan, wild raspberries were picked during the same week. The fact of ripening fruit at this date may seem of little moment, but when you are told that corn did not suffer from any vagaries of weather, more attention may be paid to it. The question of Western Canada's climate is no longer the bugaboo it once was, and not so very long ago, either, when it caused thinking people to think, and unquestionably prevented many from going to Canada who under other conditions would have gone.

In various parts of this country, at different state and county fairs, the government of the Dominion of Canada, during the past few weeks, installed exhibits of the grains and grasses grown in Western Canada, and at the same time showed fruits and vegetables that were grown there. None of these was placed in competition with the home-grown article. But to judges and others there came the full understanding of what it would mean to the local exhibitor if they were. The Western Canadian—and many of the exhibits were grown by former Americans—does not lay claim to any special dispensation of intelligence in the matter of the culture of the articles placed on exhibition, but willingly gives credit to the soil, the climate, and such other indigenous conditions as the country as a whole possesses, as being factors that bring about the largest yields of the best or wheat, oats, barley, flax and rye, as well as vegetables. As is pointed out by the gentlemen in charge of these exhibits, and quite evident to all, the possibilities of growing vegetables and grain such as are shown can only exist where conditions such as have been mentioned exist.

In speaking of eating fresh strawberries and green corn in the middle of October I should not fail to refer to the beautiful bouquets that adorned the table, the sideboard, the window sills, and almost every other available vacant place in the room. Flowers!—there were asters, phlox, gladioli, peonies, poppies, and I can't remember the names of them all, but they were there. Taken right from the garden, having a fragrance that gave the room tropical colors, and filled it with marvelously delightful perfumes. It was a very pretty sight. Then I went out into the garden and took a photo of it. It was simply wonderful. I asked the good lady how she managed it. She said she had always been fond of flowers. In her old home, in one of the central states, she carried on garden horticulture, and had been acknowledged successful. "But my!" she said, "I never got such bloom, and such a variety as I do here." She admitted it was a lot of work, the watering, the weeding, the hoeing, but such work was a pleasure.

Well, such is some of the life in Western Canada, and as I left the farm home I concluded that much of our surroundings are as we ourselves make them.—Advertisement.

The Sporting Instinct.

"You made your husband promise never again to bet on anything?"

"Yes," replied young Mrs. Torkins. "But I'm willing to bet he won't keep his promise."

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of Chas. H. Fletcher. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Small boys and new flannel shirts shrink from washing.

MURINE FOR YOUR EYES Night and Morning. Have Strong, Healthy Eyes. If they Tire, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

Rosy Cheeks & Satin Skin

Because of her rosy cheeks and satin skin a woman attracts the admiration of all men. When the young woman peers in her glass, she may see pimples and blotches and she immediately goes to the drug store for paint, powders and beauty creams, when she should go there for a blood medicine and stomach alterative known as "Golden Medical Discovery." This vegetable tonic and blood alterative clears the skin, beautifies it, increases the blood supply and the circulation, while pimples, boils and eruptions vanish quickly. Ask your nearest druggist for Dr. Pierce's Golden Medical Discovery in tablet or liquid form or send 10c. for trial package of tablets to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y.

HOW DOCTORS TREAT COLDS AND THE FLU

First Step in Treatment Is a Brisk Purgative With Calotabs, the Purified and Refined Calomel Tablets that are Nausealess, Safe and Sure.

Doctors have found by experience that no medicine for colds and influenza can be depended upon for full effectiveness until the liver is made thoroughly active. That is why the first step in the treatment is the new, nausealess calomel tablets called Calotabs, which are free from the sickening and weakening effects of the old style calomel. Doctors also point out the fact that an active liver may go a long way towards preventing influenza and is one of the most important factors in enabling the patient to successfully withstand an attack and ward off pneumonia.

One Calotab on the tongue at bed time with a swallow of water—that's all. No salts, no nausea nor the slightest interference with your eating, pleasure or work. Next morning your cold has vanished, your liver is active, your system is purified, and you are feeling fine, with a hearty appetite for breakfast. Druggists sell Calotabs only in original sealed packages, price thirty-five cents. Your money will be cheerfully refunded if you do not find them delightful.—(Adv.)

Take one or two at bedtime for quick relief. They do the work without griping.

Dr. Tutt's Liver Pills

FOR CONSTIPATION AND UPSET STOMACH.

All Run Down Now Feels Fine

Eatonic Ended His Troubles

"Eatonic is the only thing I have found to stop my heartburn and I think it has been a great help in nervous spells," writes G. C. Johnson.

An upset stomach may cause lots of suffering all over the body. Eatonic helps in such cases by removing the cause of the misery, because it takes up and carries out the excess acid and gases and keeps the digestive organs in natural working order. A tablet after meals is all you need. Big box costs only a trifle with druggist's guarantee.

16799 DIED

in New York City alone from kidney trouble last year. Don't allow yourself to become a victim by neglecting pains and aches. Guard against this trouble by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Holland's national remedy since 1696. All druggists, three sizes. Guaranteed.

Look for the name Gold Medal on every box and accept no imitation

RARE OLD RECIPES for the treatment of every disease, and how to make medicines from herbs, roots, seeds, flowers and barks Worth Dollars. Price 25c. (coin). WOLFE, 236 West 69th Street, New York, N. Y.

Constipation, Stomach Trouble, Instant relief. Treatment, Standard Headache Chart, 10c. Prof. Gilbert, 5508 Vine, Philadelphia, Pa.

Genuine BAYER Aspirin

You must say "Bayer"

Warning! Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years and proved safe by millions.

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains proper directions for Colds, Headache, Pain, Toothache, Neuralgia, Rheumatism, Neuritis, Lumbago.

Handy tin boxes of 12 tablets cost but a few cents—Larger packages.

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

More herrings are eaten than any other kind of fish.

IT GAVE HIM NEW STRENGTH

Built Up My Husband. His Appetite, Nerves, Digestion and Whole System Are Fine Now.

WONDERFUL TONIC

"My husband was in a weak, run-down, nervous condition and at night he could get very little real rest on account of a cough he had which was especially bad at night. His appetite was poor and he lacked energy and strength. Mornings he would cough up great chunks of mucus and phlegm and nothing he took or was told to take did him any good.

"Thank goodness we heard about Earle's Hypo-Cod and the first bottle stopped that horrid cough. Then this tonic began working a wonderful change in his system. You could just see it building him up all over. His appetite came back. His nerves became steady and he started sleeping just fine. He eats anything and everything that I set on the table and relishes his meals. His strength and old time vigor came back and he looks better today than he has looked in a long, long time," declared Mrs. A. L. Goodall, 427 10th St., S. W., Washington, D. C.

There are thousands of men who need a tonic. Men are just naturally slow about taking medicine even though they are half sick. Wives should remember this and when they see their husband, brother or father isn't feeling especially good they should set about building them up. Just good food isn't enough sometimes. A tonic helps the digestion get all the good out of food. It spurs up the appetite and helps to enrich the blood.

Drop in af the drug store tonight and take home a bottle of the genuine Earle Hypo-Cod that thousands say is so good. Read formula on bottle.—Adv.

BEADS PREFERRED TO BREAD

People of the Levant Set Great Stock on Colored Glass of Every Description.

Beads are more necessary than bread to the Levant. Men, women and children wear and carry beads to ward off ill luck. Even the horses and donkeys have strands of beads about their necks "to baffle the evil eye," and the long horns of the work oxen are decorated with blue-and-white beads to keep them from falling prey to diseases.

In Athens, Constantinople, Tiflis, Smyrna and other cities of the Levant men of all classes carry short strands of fidget beads, which they play with while walking in the street, riding in streetcars and trains just as nervous men in the West finger their watch-chains. Bead shops abound everywhere in the larger cities and general stores and market stalls sell them in the smaller places. Peddlers hawk them in the streets everywhere.

Light-colored amber beads of large size are the latest thing in beads for women. Meerschaum beads are also popular, and for the moment plain beads of all sorts have displaced highly ornate carved beads of the type which Syrians produce in great quantities for exportation.—Washington Post.

The shell of a coconut makes a superior charcoal.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Dyeing his hair will not lengthen a man's years.

Interested in Guineas

We are in the market for YOUNG GUINEAS and will pay Highest Market Prices

GET OUR QUOTATIONS

House of A. Silz
414 to 422 W. 14th St.
NEW YORK CITY

GREETINGS THAT TELL MUCH

All Have a Character and to the Initiated Are Like an Open Book.

"Chawmed"—One dance with this type. They always talk about the thatness of the that or G. B. Pshaw's latest.

"How do you do?"—Not a question—a statement. Probably accompanied by a smile. This class works slowly, but is sure to get you in the end.

"Deelighted"—With giggle and invitation from baby-blue eyes. Must never be trusted.

"Very glad to know you, I'm suah"—She is not sure, but it seems best to say so. Last season's deb. Expects to be bored and it is best to live up to expectations.

"Oh, Mr. Stover, I'm so glad to know you. I've heard," etc.—Football hero stuff. Must use skill and ingenuity to escape this type.

Mere nod—Possibilities, but, oh, man, you'll have to work.—Yale Record.

No Stops.

"Hear about old Gottrich and his new sun-dial?" asked the man with the red ears.

"Yes; and he had his electrician conceal an arc light in a balcony above the sun-dial, so it would work at night and on cloudy days."

Made From Our Native Grains

Grape-Nuts

Rich and Nourishing

A blend of wheat and malted barley that costs but little, yet provides a food of most attractive flavor, ready to serve direct from the package.

Grape-Nuts Needs No Sugar