Another Royal Suggestion

Griddle Cakes and Waffles

From the NEW ROYAL COOK BOOK

THERE is an art in making flapjack pancakes, griddle cakes or wheats, call them what you will. But it is an art very easily and quickly acquired if you follow the right recipes. The secret, of course, is Royal Baking Powder.

Griddle Cakes

1¾ cups flour
½ teaspoon salt
3 teaspoons Royal Baking Powder
2 eggs
1½ cups milk
1 tablespoon shortening

Mix and sift dry ingredients; add beaten eggs, milk and melted shortening; mix well. Bake immediately on hot griddle.

Waffles

3 cups flour
4 teaspoons Royal Baking Powder
¾ teaspoon salt
1¾ cups milk
2 eggs
1 tablespoon melted shortening

Sift flour, baking powder and salt together; add milk to yolks of eggs; mix thoroughly and add to dry ingredients; add melted shortening and mix in beaten whites of eggs. Bake in well-greased hot waffle iron until brown. Serve hot with maple syrup. It should take about 1½ minutes to bake each waffle.

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

FREE

New Royal Cook Book containing these and scores of other delightful recipes. Write for it *to-day*.

ROYAL BAKING POWDER CO. 115 Fulton Street, New York City.

Awful.

"Grandpa, when I'm grown up can't I get married?"

"My child, I regret to see you anticipating trouble so early in life."

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it.

Womens' complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

WRONG IDEA OF THE BLIND

Statesman, Afflicted With Loss of Sight, Tells Good Story Bearing on the Subject.

Representative Schall, member of the house of representatives from Minnesota, is blind, and has been for ten years. During this time he says that he has discovered that the seeing world has strange ideas as to the limitations of the blind; that it seems to think because a man can't see he can neither hear nor feel, and is a strange, detached piece of human mechanism that is not to be reckoned with directly, but through the guiding hand.

Not long ago Mr. Schall was returning from his home in Minneapolis to Washington, accompanied only by his small son Douglas. The first morning they appeared in the diner the waiter assigned to their table inquired of young Douglas: "Son, what does your father want?"

"Why, ask him," quickly replied the child, "he knows what he wants. As for me, bring me pancakes and sausage and chocolate!"

No Wonder.

"Buttie told me he had had a raw deal." "Yes, he was sore because he was roasted."

Ambition is always boxing contentment on the ears.

Where Lies Arcadia?

A correspondent suggests that one way of celebrating the Pilgrim centenary would be for a lot of new pilgrims to get together and, like their forefathers, take ship and sail away from profiteering, labor troubles, rent raising, taxes and gramaphones. All very well—but whither?—Boston Transcript.

AFTER Thanksgiving Dinner

BELL-ANS FOR INDIGESTION

RADIUM'S USE IN SURGERY

Its Rays So Powerful That They Can Destroy the Useless or Diseased Tissue.

The use of radium in hospitals is becoming more and more demanded by the medical profession. The Scientific American, in telling of its medical and surgical uses, explains that it is a tool and not a medicine. The radium gives off three rays, known as the alpha, beta and gamma rays. The first, about 85 per cent of the total ray force, can be stopped by tissue paper; the second will penetrate 35 millimeters of lead, while the third has a vibration similar to the X-ray. This ray is the one used in surgery.

The rays are sent into the body, and so powerful are they that they can penetrate to a great depth, and there destroy the useless or diseased tissue. As the good tissue has a greater resistance than the bad, the highly skilled operative can bear the gamma rays on the afflicted part until they begin to destroy the good tissue, when the treatment must stop.

Tight Squeeze.

"So you are to graduate from school this year, Ethel?"

"Yes, auntie."

"And do you think you will get through the exercises all right, dear?"

"I'm not sure, auntie. My new shoes are awfully tight!"—Yonkers Statesman.

A Healthful Drink With No After Regrets

You are sure of satisfaction when you make your table beverage

INSTANT POSTUM

Coffee drinkers delight in the change because of greater comfort, and the price is attractive because so moderate. All the family will like the flavor of Postum

At Grocers Everywhere

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

PAINS NEARLY DOUBLED ME UP

Nothing Helped Me Until I Took Lydia E. Pinkham's Vegetable Compound.

Wyandotte, Mich.—"For the last four years I have doctored off and on without help. I have had pains every month so bad that I would nearly double up. Sometimes I could not sweep a room without stopping to rest, and everything I ate upset my stomach. Three years ago I lost a child and suffered so badly that I was out of my head at times. My bowels did not move for days and I could not eat without suffering. The doctor could not help me and one day I told my husband that I could not stand the pain any longer and sent him to the drug-store to get me a bottle of Lydia E. Pinkham's Vegetable Compound and threw the doctor's medicine away. After taking three bottles of Vegetable Compound and using two bottles of Lydia E. Pinkham's Sanative Wash I could do my own housework. If it had not been for your medicine I don't know where I would be today and I am never without a bottle of it in the house. You may publish this if you like that it may help some other woman."—MRS. MARY STENDER, 120 Orange St., Wyandotte, Mich.

Clogged-Up Liver Causes Headache

It's foolish to suffer from constipation, sick headache, biliousness, dizziness, indigestion, and kindred ailments when Carter's Little Liver Pills will end all misery in a few hours. Purely vegetable. Act gently on liver and bowels. Small Pill—Small Dose—Small Price

CARTER'S LITTLE LIVER PILLS

Interested in Guineas

We are in the market for YOUNG GUINEAS and will pay *Highest Market Prices*

GET OUR QUOTATIONS

House of A. Silz

414 to 422 W. 14th St. NEW YORK CITY

Imagination and Fact.

Little Ernestine, who was spending her vacation in the country with her father, sought him out one day with this announcement:

"Oh, daddy, I have just found a place where there are just millions and hundreds of apples. See, I have brought you two!"

Catarrh

Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the System, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.

All Druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

Excavated.

The children in the upper grades are required to use the words of their spelling lesson in sentences to show they know the meaning of these words. "Excavated" was one of the new words for the next lesson. Henry's dictionary said "excavated" meant "hollowed out," so Henry wrote this sentence:

"This morning George hit Robert in the stomach and he excavated."

For speedy and effective action Dr. Peery's "Dead Shot" has no equal. One dose only will clean out Worms or Tapeworm.—Adv.

Just the Place.

"Many romances occur in business life."

"I suppose so. Especially in a match factory."

To Be Expected.

"I taught her to love. Taught her too thoroughly, I fear."

"Huh?"

"Now she's giving lessons to other fellows."—Louisville Courier-Journal.

Back Given Out?

There's surely some reason for that lame, achy back. Likely it's your kidneys. A cold or strain oftimes congests the kidneys and slows them up. That may be the reason for that nagging backache, those sharp pains, that tired, worn-out feeling. You may have headaches and dizzy spells, too, with annoying bladde irregularity. Use *Doan's Kidney Pills*. They have helped thousands. Ask your neighbor!

A Maryland Case

Mrs. Charles Bell, 428 S. Parrish St., Baltimore, Md., says: "My back was in an awful condition and after I did my washing or ironing my head ached so I had to sit down until relieved. I was so run down and played out I hardly had strength enough to be around. I had dizzy spells. My kidneys were weak. Doan's Kidney Pills were recommended and two boxes cured me."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

AFTER SICKNESS HYPO-COD BUILT ME UP QUICKLY

Drove Away Cough, Aches and Nervous Trouble. Helped Digestion.

FEELS FINE AND IS BACK TO WORK

"I lingered around for weeks following the 'Flu' last winter. I was so nervous that I would have palpitations and couldn't sleep. Aches and pains in my side and cramps in my stomach worried me a lot and I had a troublesome cough which I could not get rid of. Then it was that I decided to try Hypo-Cod and I'm glad I did. It put me back on my feet, free of all my troubles and back to work like magic. It relieved me of the cough and nervous trouble. I started sleeping nicely and the pains and cramps in my side and stomach vanished. It surely is a good medicine and as a health builder will put new energy in anyone who takes it," declared Joseph R. Newman, a well known railroader at Cheltenham, Md.

After a spell of sickness the patient should at once take a good modern and powerful tonic. It means quicker recovery and wards off complications so apt to follow while the system is in a weakened, rundown condition. If in need of a good tonic give Earle's Hypo-Cod a trial. Drop in at the drug store tonight and read formula on bottle, ask your druggist about it. Then take home a bottle.—Adv.

First Impression.

A friend wearing a long "goatee" had come in and had been greeted by the man of the house who, with the pride of a father, lifted his little son in his arms and smilingly said:

"Willie, this is Mr. Blank. Mr. Blank, isn't Willie a fine boy?"

Mr. Blank smiled, but his goatee shook forbiddingly in the boy's face, which was clouded with suspicion, in spite of his father's reassuring words. Willie only stared for a moment and then exclaimed, thinking hard of the wisp of hair on the caller's chin:

"Don't you bite my fader!"—Columbus Dispatch.

ASPIRIN

Name "Bayer" on Genuine

BAYER

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicycacid.—Adv.

Recognizing Them.

Her parents had started with nothing; had succeeded in amassing a fortune; had given her a splendid education, and had sent her abroad to study music. She was cultured, but her parents were still as ingenuous as the day when they were married. They went to see "The Passing Show." When a pair of acrobats did their turn the mother became excited, and said, so that everybody could hear her, 'Sadie, Sadie! Do you remember what I said about them two fellers I saw in the hippodrome in Cleveland?"

"Yes."

"Well, them there are 'em."—Indianapolis News.

GREEN'S AUGUST FLOWER

The Remedy With a Record of Fifty-four Years of Surpassing Excellence.

Those who suffer from nervous dyspepsia, constipation, indigestion, torpid liver, dizziness, headaches, coming up of food, wind on stomach, palpitation and other indications of fermentation and indigestion will find Green's August Flower a most effective and efficient assistant in the restoration of nature's functions and a return to health and happiness. There could be no better testimony of the value of this remedy for these troubles than the fact that its use for the last fifty-four years has extended into many thousands of households all over the civilized world and no indication of any failure has been obtained in all that time where medicine could effect relief. Sold everywhere.—Adv.

Still Useful.

Mrs. A—— had just finished cutting her five-year-old daughter's hair and was preparing to throw away the clippings when the youngster asked: "Mother, what are you going to do with the hair you cut off my head?"

"Why, throw it away, of course," answered Mrs. A——, a trifle impatiently. "Why, what made you ask?"

"Oh, I thought maybe you would save it to patch father's with," returned the youngster. "It needs it bad enough."—Indianapolis News.

Use MURINE Night and Morning and Keep Your Eyes Clean - Clear and Healthy

Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

Worry Takes Off Flesh Faster Than Nature Can Put It On

The lives of most women are full of worry. Men's troubles are bad enough, but women's are worse. Worry makes women sick. It pulls them down, and in their weakened condition they are subject to all the pains, aches, weaknesses that are peculiar to the sex.

Most women neglect their health, and for this neglect they pay the penalty. If a woman asks her neighbors she finds that Dr. Pierce's Favorite Prescription benefits a woman's whole system.

It can be obtained in tablet or liquid form at any drug store.

PETTRY, W. VA.—"I have taken Dr. Pierce's Favorite Prescription at times for thirty years and I have always found it better than any other medicine I ever took. It has saved many doctor bills. I also want to recommend Dr. Pierce's Lotion Tablets and the 'Healing Suppositories' to every woman. I tried many remedies, but all failed. When I commenced using the 'Lotion Tablets' and the 'Healing Suppositories' I could hardly stand on my feet. After using four boxes I feel that I am permanently cured. I cannot recommend Doctor Pierce's remedies half enough for what they have done for me."—MRS. S. E. WYRICK.

To abort a cold and prevent complications take

Calotabs

The purified and refined calomel tablets that are nauseless, safe and sure.

Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

FOR WOMEN

For over half a century DR. TUTT'S LIVER PILLS have been sold for the Liver. Read the following from a woman of forty-eight: "I have used DR. TUTT'S PILLS for Bowel regulation many years. I am now convinced that they are also the best known regulator for other retarded female functions. I have told many of my friends and now none would be without them. A few days before, *and* you are all right."

Dr. Tutt's Liver Pills

WHITE CAPS FOR NEURALGIA

Have You Tried Them? Ask Your Druggist or Dealer

Trial Size 10 cts. — Regular Size 25 cts. GILBERT BROS. & CO., Baltimore, Md.

SAYS PILES ALL GONE AND NO MORE ECZEMA

"I had eczema for many years on my head and could not get anything to stop the agony. I saw your ad and got one box of Peterson's Ointment and I owe you many thanks for the good it has done me. There isn't a blotch on my head now and I couldn't help but thank Peterson, for the cure is great." Miss Mary Hill, 420 Third avenue, Pittsburgh, Pa.

"I have had itching piles for 15 years and Peterson's is the only ointment that relieves me, besides the piles seem to have gone." A. B. Ruger, 1127 Washington avenue, Racine, Wis.

Use Peterson's Ointment for old sores, salt rheum, chafing and all skin diseases, 35 cents. Druggists recommend it. Mail orders filled by Peterson Ointment Co., Buffalo, N. Y.

IN USE FOR 35 YEARS

BABEK

The Quick and Sure Cure for MALARIA, CHILLS, FEVER AND LA GRIPPE

It Is a Powerful Tonic and Appetizer

Will cure that tired feeling, pains in back limbs and head. Contains no quinine

Cuticura Talcum

Fascinatingly Fragrant

Always Healthful

Soap 25c, Ointment 25 and 50c, Talcum 25c.

Help Wanted, Male—Young man wanted to represent large New York corporation in this city. HIGGINS, 280 Broadway, New York

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment. Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2975 Michigan Avenue, Chicago

MAKE YOUR OWN non-alcoholic thirst quenching, appetizing beverage. One can makes 10 gals. Can only $2.25. J. & K. Ext. Co., 1012 Milwaukee, Chicago. Agts. Wtd

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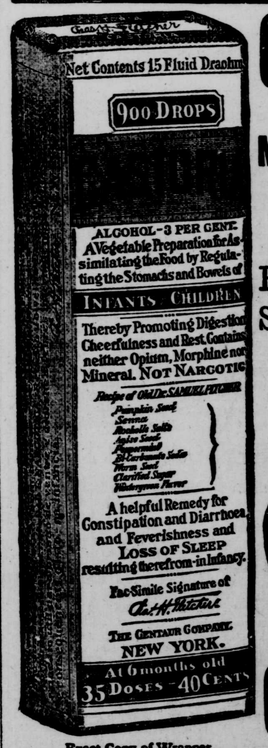

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For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

DON'T LET THAT COUGH CONTINUE!

SPOHN'S DISTEMPER COMPOUND

Will knock it in very short time. At the first sign of a cough or cold in your horse, give a few doses of "SPOHN'S." It will act on the glands, eliminate the disease germ, and prevent further destruction of body by disease. "SPOHN'S" has been the standard remedy for Distemper, Influenza, Pink-Eye, Catarrhal Fever, Coughs and Colds for a quarter of a century. 60 cents and $1.20 per bottle at your drug store.

SPOHN MEDICAL COMPANY. Goshen, Ind.

Kill That Cold With

HILL'S CASCARA BROMIDE QUININE

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze.

Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opiate in Hill's.

ALL DRUGGISTS SELL IT

A Tower of Strength for those who need a System TONIC

GRAND ROYAL CROWN REGISTERED

HORKE VINO TONIC

A pleasant, reliable stimulant that aids digestion, relieves constipation and helps restore vitality.

Endorsed for years because of its merit

Try it!

At all good druggists and grocers

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One Man Saws 40 Cords a Day

At a Cost of 1½c a Cord!

Send today for Big Special Offer and Low Direct Price on the OTTAWA, the One-Man Saw, the first made and sold direct from factory to user. Greatest labor saver and money-maker ever invented. Saws any size log at the rate of a foot a minute. Does the work of ten men. As easily moved from log to log or cut to cut as any wheelbarrow. 4-Cycle Frost Proof Engine has balance crank shaft—pulls over 4 H-P. Magneto equipped; no batteries needed. Special Clutch lever controlled enables you to start and stop saw with engine running. Automatic Speed Governor. Easy to move, costs less to operate. When not sawing, engine runs pumps, feed mills and other machinery. Pulley furnished.

OTTAWA LOG SAW

Cuts Down Trees—Saws Logs By Power

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Cash or Easy Payments Shipped direct from factory.

30 Days Trial No waiting—no delay. Let the OTTAWA saw your logs and pay for itself as you use it. 10-YEAR GUARANTEE. See the OTTAWA at work on your farm once and you will never give it up. Thousands in use, every owner a booster. Out-saws any other on the market. Send today for FREE BOOK and Special Offer.

OTTAWA MFG. CO., 2725 Wood St., Ottawa, Kans.

Thousands of Happy Housewives in WESTERN CANADA

are helping their husbands to prosper—are glad they encouraged them to go where they could make a home of their own—save paying rent and reduce cost of living—where they could reach prosperity and independence by buying on easy terms.

Fertile Land at $15 to $30 an Acre

—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such crops come prosperity, independence, good homes, and all the comforts and conveniences which make for happy living.

Farm Gardens—Poultry—Dairying

are sources of income second only to grain growing and stock raising. Good climate, good neighbors, churches, schools, rural telephone, etc., give you the opportunities of a new land with the conveniences of old settled districts.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, and Alberta, reduced railway rates, etc., write Department of Immigration, Ottawa, Can., or

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