MORAL: Never Take Your Girl Friend Fishing



1. With Tommy Powers of Ocean county, N. J., it's a matter of teaching his best girl—Mary Lou Powell—how to catch a fish. Mary Lou doesn't fancy putting that fat, wiggling worm on a hook and we don't blame her. But she must be a good fellow—or stay home.



2. Beginner's luck, that's all. Mary Lou brings two flat flounders over the side while Tommy still waits for his first bite. Mary Lou must be bad luck, for in the spring a fellow can usually catch flounders in Barnegat bay as fast as he can offer them worms—providing he doesn't have a woman along.



3. Mary Lou learns that stringing fish at the end of the day is different than crocheting. As for Tommy, he'll go fishing alone next time!

Turn Her Loose With Paint And She'll Accomplish Things

By BETTY WELLS

WHAT a lady and a can of paint, between them, can't accomplish is nobody's business. Right now we're interested in Helen W's plans for her bedroom. Because her own inspiration will be going to be the main expenditure on the room, we're betting that it's going to have plenty of charm.

It's a small farm-house room, just repapered in a yellow, flowered paper on a white ground. The ceiling has yellow paper with tiny white dots. The bed is old fashioned, a three-quarter model, and will be the material for the dressing table skirt.

We suggested that she paint the floor a soft gray, then have the dresser and bed painted the yellow of the ceiling. The woodwork we'd prefer in the ground white of the wall paper. The dressing table skirt would be nicest in yellow organdy or yellow dotted swiss.

Another reader with a paint problem has a wood bed and an old dresser to be used in an attic room. The room is to be repapered, and woodwork and floor will be repainted. What color? ...What paper? What should be done about the furniture?

Why not gray paper with a small all-over pattern of pink flowers and ribbons, something that can go over ceiling as well as side wall. Then the woodwork the gray of the paper and for the furniture the lightest pink in the floral. The floor we'd paint black, the bedspread and curtains we'd like in plain pink voile or dimity made with six-inch ruffles.

She Had Nerve

"It took as much courage as when I cut my hair," drawled Prissy Kent when we had exclaimed properly over her living room.

We could imagine that it had taken plenty of nerve. Because she'd used two marvelous paisley shawls for draperies at her windows. They were perfect in the room but imagine cutting them up!

"Well, I've kept them in moth balls for years, thinking they were too good to use," Prissy explained. "Then I decided that I might as well get some pleasure out of them. So there they are!"

Why not, indeed? We'd probably have felt the same way. She's just had their house done over, with knotty pine walls in the living room. Their maple furniture was pleasantly livable here, with its mellow tones and unassuming heartiness. Wide built-in book shelves with book bindings that made a medley of deep glowing colors patterned one wall. Opposite the two windows seem to nest just the tones of a paisley shawl.

"At first, I thought I'd get a paisley print," said Prissy, "but the two real paisleys kept tempting me and making the prints look like nothing by comparison. So finally I just up and slashed right into them. Each shawl made a pair of draperies. I backed them with a strong rep material that extend enough at the top to fasten the rings to, so there wouldn't be strain on the shawls. Then I lined and weighted them and there you are."

Certainly they were perfect there. An old blue sofa and a pair of chairs in figured linen on a dull red ground were set off by the pine color of the rug. Blue pottery supplied accessory accents.

By Betty Wells.—WNU Service.



Cool Tailoring

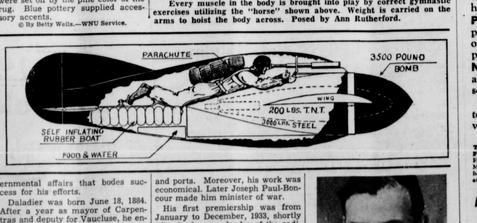


She Had Nerve

Presenting a tailored air and yet delightfully cool for warm weather, this frock worn by Esther Brodelet, Twentieth Century-Fox player, is made of navy blue chiffon printed in red, pale yellow and green. Dainty collar and cuffs of white organdie add to its look of freshness.

One-Man Attack On Dreadnaught

Stamford, Conn.—Lester P. Barlow, aerial munitions expert, says this "diving bomb" could destroy a battleship and the pilot could live to tell about it. The bomb would be launched at 10,000 feet, glide to 3,500 feet and then dive on the ship. The pilot would escape with a parachute and a rubber boat, carrying enough concentrated food to last for days.



TWO-MINUTE BIOGRAPHIES

EDOUARD DALADIER

France's new premier has dictatorial powers for the coming few months in an effort to pull his government out of financial and social morass. Serving in this position for the second time, he brings to the post a varied background in governmental affairs that bodes success for his efforts.

Daladier was born June 18, 1884. After a year as mayor of Carpentras and deputy for Vaucluse, he entered politics and was branded as a revolutionary. But in the post-war chamber of deputies he was noted not so much for his revolutionary ideas as for his silence.

Premier Herriot made him minister of colonies in 1924 and in that position he began working under a definite plan to build schools, roads and ports. Moreover, his work was economical. Later Joseph Paul-Boncour made him minister of war.

His first premiership was from January to December, 1933, shortly after he became leader of the radical majority. On an issue of setting the country's finances in order he was defeated by the withdrawal of socialist support. Now, back in the saddle, his strong-arm methods, tempered by common sense, will likely save France from the fate to which it was drifting.



A STORY FOR BEDTIME

By THORNTON W. BURGESS

IT IS strange how fast news travels. There isn't anything that travels faster. The day after it happened everybody on the Green Meadows and in the Green Forest and around the Smiling Pool knew all about the joke Buster Bear had played on Reddy Fox and Granny Fox and Old Man Coyote. Buster didn't tell it himself, and you may be very sure that Reddy and Granny and Old Man Coyote didn't tell it. Peter Rabbit didn't tell it, because Peter was safe in the dear Old Briar Patch when it happened and didn't know anything about it until the Merry Little Breezes of Old Mother West Wind came dancing that way and told him about it. It must have been Hooty the Owl who told it, for he was the only one who saw it.

Anyway, some one told it, and then whoever heard it told the first one they met and so it spread and spread until everybody knew about it. Paddy the Beaver chuckled over it as he swam about in his private pond deep in the Green Forest. Grandfather Frog chuckled over it as he sat on his big green lily-pad in the Smiling Pool, watching for foolish green flies. Danny Meadow Mouse chuckled over it as he scampered along his little paths under the grass on the Green Meadows.

So Buster Bear as he prowled about in the Green Forest found that he was no longer lonesome. Every one he met was very polite and said "good morning," and hoped he was feeling very well. It was very pleasant, very pleasant, indeed, to have some one to speak to, and, because he really is one of the best natured fellows in the world, he began to think how he could show his neighbors that he really was their friend and that they had nothing to fear from him. He was studying and studying about this when who should come along but Jimmy Skunk.

Now, you know, Jimmy isn't afraid of anybody and when he saw Buster Bear in the path in front of him he didn't even step aside. It was Buster Bear who stepped aside.

"Good morning, Jimmy Skunk," said Buster.

"Morning," replied Jimmy, rather crossly.

"I hope you are feeling happy this fine morning," said Buster, who wanted some one to talk to.

"I'd feel better if I could find some fat beetles," grumbled Jimmy.

"Is that all you need to make you happy?" asked Buster. "I saw three only a few minutes ago."

"Where?" asked Jimmy eagerly, and his face brightened and his voice didn't sound so grumpy.

"They ran under that old log and I guess they're there now," replied Buster.

Jimmy's face fell. The log was so big that he knew he couldn't budge it if he tried all day. He was just about to do something unpleasant

Grandfather Frog chuckled over it as he sat on his big green lily pad.

when Buster walked over to the old log, hooked his big claws into it and gave a great pull. Over rolled the log. A dozen fat beetles started to scurry for another hiding place. In no time at all they had found one. It was in the stomach of Jimmy Skunk. He looked up at the twinkling eyes of Buster Bear.

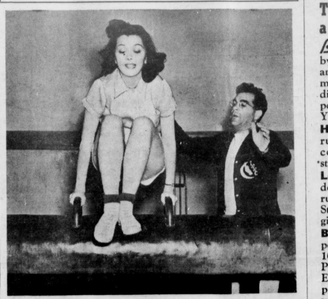
"It is a fine morning," said he, "I think we are going to be friends."

"Of course we are," replied Buster promptly. "Let's go look for some more beetles."

© T. W. Burgess.—WNU Service.

BEAUTY HINT

Jump Your Way to Health



Every muscle in the body is brought into play by correct gymnastic exercises utilizing the "horse" shown above. Weight is carried on the arms to hoist the body across. Posed by Ann Rutherford.

The CLAY MASK

By D. J. WALSH

Copyright.—WNU Service.

"I shall be a little late tonight," aged to call to mind some dozen Merrick told his wife as he threw out the clutch and slipped the gear shift into low.

"Oh—you'll be late? How late, dear?" she asked with the color leaping into her usually pale cheeks.

Impatiently he held his foot on the clutch. "Oh a couple of hours or maybe three. I have to drive over to Speedwell's after business and it may take me some time there."

Nora nodded. "All rightly, I'll look for you when I see you dear."

Until he had driven five miles Merrick thought nothing of his wife nor her slight flush nor her words. Now, however, they returned to him poignantly. Why should she want to know just how late he would be? What was she going to do with the time? Why had the color sprung into her cheeks so quickly? Was it possible that there was some one she would see in that time? Nora was always busy all day between superintending the house, looking after the children and giving her attention to certain social amenities that could not be overlooked. He knew to a moment just where she would be and what she would be doing at any hour of the day. He had called up on the telephone frequently enough to know that. Also he often gave Minette, Nora's personal maid, a $5 bill just to keep him in touch, as he called it, with her mistress' doings. Still, he reflected, a maid does not know everything.

He remembered suddenly how Nora had smiled at young Mills at the last Country club dinner. Was it possible—could they—he found himself driving on with set lips and glassy eyes. His Nora! To be sure, he had long since ceased to love her wildly as he had when they had first been married. Five years of married life will accomplish that if nothing else.

Yet, young Mills! And had she or had she not exchanged glances with Merrivale at the polo grounds?

As the day passed Merrick managed to call to mind some dozen cases where Nora had seemed more than slightly interested in some man other than her husband. Yes, he had probably lost her. He had grown careless and this was his reward. At closing time he had worked himself up into such a frenzy about the whole thing that he drove straight home instead of going to Speedwell's. He was home a half hour earlier than usual.

Minette was passing the front door and her eyes frowned as she saw him.

"Madame is not—expecting you—yet—" she said, falteringly, in reply to his inquiry.

"No—well, I'll go right on up," he said trying to be casual.

"But—it would be best if you—" began Minette.

Without reply he went up the staircase, past her, the veins in his throat swelling uncomfortably. Throwing open the door of her room, he stood on the threshold, glaring.

There was a sudden yelp—hardly human—but he recognized the voice of his wife's maid.

And his wife's face—gray as ash!

"Well?" he said harshly.

"Oh, Merrick, I thought you going to be late," she said lamely. "There is so little time during the day and I thought this would be a good chance to use my clay mask stuff."

And Nora wondered why it was that with the crumbling clay on her face her husband took her into his arms and affectionately caressed her.

"It just shows," she told herself later, "that men don't care a rap for looks—because who could be pretty in a clay mask!"

A Happy Home

Happy is the house that shelters a friend! It might well be built, like a festal bower or arch, to entertain him for a single day.—Emerson.

For Safety Sake

"CUTTING-IN" as an accident cause can be eliminated if motorists will remember that safety requires waiting until the car just passed can be seen in the rear view mirror before turning back into the same traffic lane.

Flying around a corner in a car and honking all the way doesn't relieve your conscience if you hit someone.

Dirt on lenses may reduce the light intensity of automobile headlights from 10 to 50 per cent. In addition to glare caused by scattering of the light beam.

On long trips, get out of the car frequently and "stretch your legs." Tired muscles react slowly.

Speed must be consistent with volume of traffic, condition of road and time of day, even if laws allow a greater speed. Never drive so that you cannot stop quickly enough to meet any emergency.

According to scientific tests, the ear responds to a warning faster than the eye does. Thus, a bell, whistle or horn causes a driver to put on the brake faster than when he sees a signal.

The most important safety device on any motor car is the driver, safety officials point out. Even the "self-starter" needs a foot to start it, and the best brakes require quick toe pressure to stop the car.

Wrong Again!

IT APPEARS some pupils "run" all day long at least one time, as witness the following answers:

"A hostage is a lady who entertains visitors."

"Etc.' is a sign to make you believe more than you do."

"Mussolini is a sort of strong material used by women who sew."

"Dust is mud with the juice squeezed out."

And one little fellow said: "The trouble with problems is you work just as hard to get 'em wrong as to get 'em right!"

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HOUSEHOLD QUESTIONS

Brown Griddle Cakes.—If a teaspoon of molasses or brown sugar is added to griddle-cake batter, the cakes will brown more easily.

Luncheon for Children. — Bananas sliced over crumbled graham crackers and served with milk make a delicious luncheon for young children.

Fruit Gelatin.—To prevent diced fruits dropping to the bottom of a gelatin mold, chill fruits and add when gelatin mixture has partly congealed.

Protect Mattresses. — Mattress pads help both sheets and mattresses to wear longer.

Washing Tumblers.—Before using hot water to wash tumblers that have contained milk, rinse them in cold water and they will wash easier.

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Do you feel so nervous you want to scream? Are you cross and irritable? Do you avoid those desirous to you?

If you are fed up, go calm, try LYDIA E. PINKHAM'S VEGETABLE COMPOUND.

For those groundless nervous feelings due to another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system, this innocent, medicinal tonic is one of the traditional aids which women trust endorse.

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No man was ever wise by chance.—Seneca.

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WNU—4 21—38

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NEW YORK

FARM TOPICS

WILDLIFE AIDS IN CHECKING EROSION

Animals Devour or Trample Scanty Pasturage.

Supplied by the United States Department of Agriculture.—WNU Service.

One great difference between domestic and wild birds and animals is the effect they have on the land, particularly on soil erosion. It is common for farmers to pasture fields already injured by erosion—gullied land too rough for machine tillage or patches where running water has taken most of the topsoil.

On such land, pasturage is likely to be scanty. If cattle, sheep or hogs are turned in they usually devour or trample such vegetation as may be left, says Dr. Ira N. Gabrielson of the bureau of biological survey. This increases the erosion damage.

Wildlife, in contrast, lives in and with the natural vegetation that develops in these rough areas not suitable for cropping. Rarely do creatures of the wild contribute to erosion. Rather, they allow vegetation to develop and hold the soil. Farmers can help, too, says Doctor Gabrielson, by seeding or planting quick-growing plants and trees that are soil binders and also provide cover and food for game. Catering slightly to the feeding and nesting habits of the game will attract birds and animals and increase the game crop which sportsmen will be glad to harvest—and pay for the privilege.

Domestic animals are likely to further destroy land that has been injured by cultivation. The same land devoted to wildlife will be preserved and even improved. This contrast often points out the difference between good management and poor management on the rough or and less fertile parts of a farm.

Hens Have Colds; Roup More Severe Infection

Much that is called roup is more of the nature of colds and the fowls affected will recover if given warm, dry quarters, free from direct drafts but with plenty of ventilation, advises an expert in the Rural New-Yorker.

True roup is a more severe infection and it comes in little or no remedy known to poultrymen is efficacious in curing it. Any sick birds should be removed from contact with the healthy members of the flock to prevent spread of the infection. A fowl showing roup in at all severe form is of little or no value, and usually may be disposed of to the advantage of flock and owner.

It should be borne in mind, however, that a bird may have had roup and that recoveries from the former under good care may give an unwarranted reputation for value to whatever is used in treatment.

Minerals for Hens

The lime needed by laying hens is cheaply and satisfactorily supplied in crushed oyster shells. A limestone grit may also be used as a source of this element. Milk and the meat scrap, customarily made part of the poultry ration, add other minerals and the addition of iron, sulphur, iodine, etc., as separate ingredients, lacks demonstration of its necessity, if nothing more. While minerals are essential elements of a poultry ration, they are found in the grains and supplementary commonly fed, as they are also in the grains and roughage of dairy feeds.

Bone Meal Valuable

Many experiments have been conducted throughout the world to determine the availability of calcium and phosphorus in different forms. Results show that sterilized bone meal is as available as other chemical forms that are soluble in water. Feeding large quantities of minerals to animals that they do not require may be definitely detrimental. Indications of mineral deficiency should be taken up with the agricultural experiment station, where such problems can be investigated and recommendations made according to the requirements.

Weeds Add to Expenses

Weeds are expensive. It is estimated that they cost, on the average, $2 per tillable acre of soil. That means that on a 100-acre farm, the loss would amount to $200, a sum that would go far toward paying the taxes on that land. The loss caused by weeds includes not only yields, but also much extra labor. Dockage in marketing, poisoning of live stock and increased cost of insurance and insect pests harbored by weeds.

Nests for Turkeys

Where breeding plans include only making the best of things at hand, a good kind of nest for turkeys is the simply constructed A-type coop, according to a poultryman in the Los Angeles Times. Before placing these coops for hens, a depression should be scraped in the ground under them and, if the weather is dry, three or four gallons of water should be poured in each hole and the soil packed before making up the nest. This is to provide a supply of moisture.

Meadowlarks Consume Pests

The farmer has every reason to encourage the meadowlarks in his fields in view of the birds' beneficial food habits. Both the boll weevil (in the cotton country) and the alfalfa weevil are eaten by meadowlarks. The ornithologists have discovered that around 25 per cent of all the food eaten by meadowlarks consists of beetles. They also are fond of caterpillars. Among these are many cutworms and the well known and hated army worm.

WHAT TO EAT AND WHY ★

C. Houston Goudiss Noted Food Authority

Describes the Need for

IRON and COPPER

Shows How You Can Help to Avoid Anemia by Including These Blood-Building Minerals in the Diet

By C. HOUSTON GOUDISS
• East 30th Street, New York City

OF ALL the nutrition problems that challenge the homemaker, none is more important than supplying her family's need for iron. This mineral is sometimes described as the supreme element in nutrition because it is an essential constituent of the blood.

★

How Blood Is Constructed

If you should examine a drop of blood under the microscope, you would observe that it is composed of red cells and white cells. In normal blood there are about 25 million times a million red blood corpuscles. owing their color to the iron-bearing protein hemoglobin. They carry oxygen to all the body tissues, and remove the carbon dioxide formed during the combustion of body fuel.

A reduction in the amount of hemoglobin in the blood may cause shortness of breath, quickened respiration and an accelerated heart action. Lack of appetite, weakness, and a slowing of all vital functions may also result from the diminished supply of oxygen to the tissues.

★

Lack of Iron May Lead to Anemia

In many young people the blood does not function normally, though frequently parents are unaware that anything is wrong. You may scold them for being lazy, for lacking interest in their work, or never heeding the things you tell them, when the real trouble is due to iron starvation which, if long continued, may lead to anemia.

The person who has a tendency toward anemia usually tires easily and lacks pep; complains of cold hands and feet; worries over trifles, and may have a complexion that is anything but rosy.

The great danger of an iron-deficient diet is that it deprives the body of its chief defense against disease. For when the quality of the blood is poor, one becomes an easy prey to infection. Moreover, if a serious illness occurs, lowered resistance makes it difficult to fight it off.

★

Two Forms of Anemia

Anemia may be due to loss of blood, deficient blood formation, or to increased blood destruction in the body. The different forms of the disease are sometimes classified as primary and secondary anemia.

Primary anemia is usually known as pernicious anemia. If the marrow of the bones has lost its power to make red blood cells.

Secondary or nutritional anemia may result from loss of blood in an accident, or it may follow a long, infectious illness. For any infection lowers the iron reserve in the body. But the most common cause is a diet lacking in sufficient iron over a long period of time.

★

How Much Iron?

It is believed that about 10 per cent of the total hemoglobin in adults is destroyed daily. And for this reason iron-rich foods must be included in the diet every day.

Investigators have found it difficult to determine the exact iron requirement, but according to the latest estimates, from 12 to 15 milligrams a day will not only provide adequately for bodily requirements, but will allow a reasonable reserve.

★

Women Need More Than Men

Women require more iron than men, in proportion to the body weight, to make good the losses that occur during the menses. Expectant mothers need a generous amount of iron, not only to provide for their own needs and for the normal development of the fetus, but to create a reserve supply in the baby's body which will last through the period of lactation.

The percentage of iron in the baby's body is about three times that of the adult. Nature has wisely designed this reserve to make up for the low iron content of milk which constitutes the chief food during the first six months of life. Nutrition authorities believe, however, that better health results when an iron-rich food, such as eggyolk, is introduced very early into the diet. This helps to prevent the slight anemia which was formerly regarded as unimportant, but which is now recognized as making the baby more susceptible to infection and retarding growth.

★

Children's Requirement High

It is desirable to keep the iron intake at a high level throughout childhood, for it has been discovered that better health results when a surplus is allowed above the daily requirement. But there is a very special need for iron in girls from the beginning of adolescence through the eighteenth year.

★

Iron-Rich Foods

To maintain top health and prevent the possibility of nutritional anemia, the homemaker must learn to meet the daily iron requirement of her family and not leave this vital matter to chance.

Iron-rich foods include egg yolk, liver, molasses, dried beans and peas, whole grain cereals, lean meat and green leafy vegetables. While milk has only a small amount of iron, experiments show that its iron is readily absorbed and is utilized to good advantage.

Eggs are such an excellent source of iron that one egg yields about one-tenth of the standard requirement. Lean meat furnishes a considerable amount, but liver is so much richer that it should be eaten frequently. Dried beans are inexpensive and when baked with molasses become a good source of iron.

It is a pity that parsley is so often used only as a garnish, because it has a higher iron content than most green leafy vegetables. Though potatoes contain only a moderate amount of iron, they are usually consumed in sufficient quantities to make them a significant source.

★

Copper Also Necessary

Investigation has demonstrated that adequate iron alone is not enough to prevent nutritional anemia, for the body cannot convert iron into blood pigment unless copper is also present. Therefore, in order to obtain the full benefits of iron, the diet must contain sufficient copper. Foods that supply copper in abundance are liver, nuts, dried beans and peas. Smaller but significant amounts are provided by whole grain cereals, dried fruits and poultry.

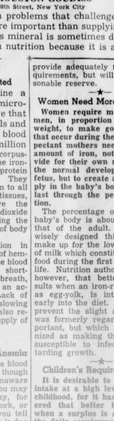
I shall gladly send to every homemaker a list of foods rich in both iron and copper, and also sample menus showing how to plan a balanced, blood-building diet.

I urge you to write for this material and keep the blood-building foods in mind when planning menus. Never forget for an instant that good food is the best form of life insurance.

© WNU—C. Houston Goudiss—1938—12

Are You Overweight? You can REDUCE Safely - Surely - Comfortably
Send for This Free Bulletin Offered by C. Houston Goudiss
Readers of this newspaper are invited to write to C. Houston Goudiss, 40 E. 30th Street, New York City, for his scientific Reducing Bulletin, which shows how to reduce by the safe and sane method of counting calories.
• The bulletin is complete with a table showing the calories in all the commonly used foods and contains a simple menu that you can use as a guide to comfortable and healthful weight reduction.

For Early Summer Days



1504 1502

MAKE yourself something very pretty and smart to wear as soon as the bland summer days are here. These are so easy—each is a diagram frock, which means the pattern is amazingly easy to work with. Both dresses bring you leading fashion notes in dresses for summer daytimes that are still soft and dressy enough to wear to afternoon parties during the summer.

Slenderizing Lines.

Everything about this dress is flattering to large women—the v neckline, the short, rippling sleeves, the smooth shoulders, front fullness, and waistline, snugged in by darts. You'll want to wear it all the time, when you see how becoming it is. In georgette, chiffon, voile, or thin silk print, this will be your favorite—and later on your coolest—dress.

Frock With Slim, Crisp Lines.

Cleverly fitted in to minimize the waistline, puffed high and wide as to sleeves, full at the skirt and with a demure round neckline, this is one of the most charming new dresses you could choose. A bit of ricrac braid and two little bows are all the trimming it needs, the lines are so perfect. Make it up in silk print, dimity, dotted Swiss.

The Patterns.

1504 is designed for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 36 requires 5¼ yards of 39-inch material; collar in contrast (if desired) takes ¾ yard.

1502 is designed for sizes 14, 16, 18, 20, 40 and 42. Size 16 requires 4 yards of 39-inch material. 1¼ yards of ricrac to trim.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-third st., New York, N. Y. Price of patterns, 15 cents (in coins) each.

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Few Days Left to Enter Our Cake Recipe Contest

Send in Your Favorite Recipe Today You May Win a Cash Prize

First Prize $25.00
★
Five Second Prizes $10.00 Each
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Ten Third Prizes $5.00 Each

ONLY a few days are left before the close of our big Cake Recipe Contest. For all entries must be postmarked not later than May 31, 1938.

But there is still time for you to enter a recipe. Send in the directions for that cake which your family says is the best ever . . . which you bake for company . . . or always send to the church fair.

It will only take a few moments of your time to write out the recipe and you have nothing to buy . . . no letter to write. There never was an easier contest! Just fill out the attached coupon calling for your name, address, the brand of shortening, baking powder and flour used in your cake. Clip the coupon to the recipe and mail it to C. Houston Goudiss, author of the "WHAT TO EAT AND WHY" series in this newspaper.

16 Cash Prizes.

The winning cakes will be selected by the experienced home economists on the staff of the Experimental Kitchen Laboratory that he maintains in New York City. The recipe adjudged the best will win $25.00 for the lucky homemaker who submits it. There will be five second prizes of $10.00 each and ten third prizes of $5.00 each.

Prize winning recipes, together with those receiving honorable mention from the judges, will be printed in a booklet, to be distributed nationally.

Simple or Elaborate Recipe.

There are no restrictions as to the type of recipe that may be submitted. Your favorite cake may be plain or frosted. It may be baked in layers or in a loaf—put together with a cream filling or topped with a meringue. I may be chocolate, maple, mocha, spiced, Devil's Food, a jelly roll or a Lady Baltimore. The proof will be in the eating!

That $25.00 first prize would come in handy for buying summer clothes or something special that you want for the home. You have nothing to lose, everything to gain, so why not write out your recipe—now. Attach the coupon and mail it to C. Houston Goudiss, 6 East 39th Street, New York City.

Cake Recipe Contest
C. Houston Goudiss
6 East 39th St., New York
Please enter the attached cake recipe in your contest.
Name.....
Address.....
Town..... State.....
My recipe calls for..... (Name of shortening)
My recipe calls for..... (Name of baking powder)
My recipe calls for..... (Brand name of flour)

Regal Peacock in Easy Cross Stitch



Pattern No. 5974.

This cross-stitched peacock struts in royal splendor . . . proud to add such beauty to your bedspread! Formed of 10 and 8 to the inch crosses, the design is effective in this contrast. Brilliant colors or softly blended shades are equally lovely. Black is smart combined with shades of another color. In pattern 5974 you will find a transfer pattern of a motif 15 by 18½ inches and one and one reverse motif 5¼ by 6¾ inches; a color chart and key; material requirements; illustrations of all stitches used.

To obtain this pattern, send 15 cents in stamps or coins (coins preferred) to The Sewing Circle, Household Arts Dept., 259 W. 14th Street, New York, N. Y.

Please write your name, address and pattern number plainly.

Caruso on Radio

He was one of the artists at the Metropolitan Opera house, in New York, in 1909, when Lee de Forest, a pioneer in the development of wireless in America, made an experiment in radio telephone from the stage. Caruso's song was heard by about a dozen listeners and a few ships' wireless operators.

Strad Had Rivals

Although Stradivarius is Cremona's greatest claim to fame town claims other noted violin makers. Among them is Stradivarius' teacher, Nicolo Amati, who set up his workshop in Cremona about 1620. The favorite instrument of the violinist Paganini was a violin by Guiseppe Guarnerius del Gesu. Cremona still makes musical instruments, especially violins and pianos. It also manufactures many prosaic products, as bricks of special construction used in American skyscrapers.

Cremona was founded by the Romans in 219 B. C., but was razed by Vespasian in 70 A. D., and again in 840 by the Goths.

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