RECIPES FOODS WOMAN'S PAGE STYLES FASHIONS

Helpful Hints For The Housewife . . .

Wash out chamois skins on a windy day. Hang up to dry on the clothesline and the wind will blow the skins so they will be very soft when dry.

Try this method of watering hybrid tea roses all during the summer. With a can opener remove both ends from a tin can, then sink can, one open end down, into the ground. Turn hose into cars and occasionally liquid manure.

When mulching perennials avoid using too heavy a mulch. The purpose of the mulch is to keep the plants cool, not warm.

Dry the outside of ice trays after filling with water and before putting back into a mechanical refrigerator. If this is done trays will not stick and may be easily removed.

A strong solution of borax and water boiled in the coffee pot occasionally will keep it sweet.

The color of spinach will be preserved if a pinch of soda is added to the water in which it is boiled.

Goldenrod when cultivated makes a beautiful garden flower. It blooms from late July to October.

Those little tile tables which are such a help in summer entertaining are now so reasonable priced that you can easily indulge in two or more. Those made of tiles are especially nice.

Mushrooms added to brown gravy served with a roast give it a delicious flavor.

Coral beads may be cleaned by dissolving a teaspoonful of borax in a pint of warm water. Dip the coral, and when clean, put through tepid water.

When making jam, if fruit is boiled for about ten minutes before sugar is added, less sugar will be used.

Cold Cream Routine Should Be A Rite

Every Woman Of 35 Ought To Be Able To Say She's Never Missed In Twenty Years

Recently a woman, 45 years old, asserted in all truthfulness that, for twenty years, she had never gone to bed, without cold creaming her face. Never! That is quite a record, especially since the woman is a busy one, who finds herself extremely tired at the end of the day.

She went on to confess that she had been out late one evening recently and was just too tired to sit in front of her dressing table and smear the cold cream on. So she climbed into bed, cold cream in one hand, cleansing tissues in the other. At 3 o'clock she awoke, still holding her cream and tissues in her hands. Then and there she went thru the two-minute work of creaming her face thoroughly.

Which brings up this point: It is when our faces need their creaming most, that they don't get it. Gay evenings tire us out so completely that we slip into bed without so much as glancing in the direction of the cold cream. The following morning our faces are drawn, dry, wrinkled. Modern amusements do enough toward robbing us of sleep and beauty without our forgetting to use our cold cream.

Baked Beans With Sherry Wine

Prepare baked beans in your favorite manner and during the last hour of baking add 1 cup sherry for each pound of beans used. Unless you are particularly fond of salt pork or bacon with baked beans, try them prepared with a small piece of raw smoked ham added to the beans in the beginning of the baking period. This is especially good when wine is used.

Should you desire to serve the baked beans hot, simply follow the same directions as already given for the scalloped potatoes.

Cold Meat Loaves

Cold meat loaves are often gelatinized forms of left-over meats, made appetizing with a few discriminating additions. Any meat gelatin loaf is improved when ripe olives supplement the flavor. Use a meat aspic base, purchasable all ready for last preparations. Season with celery salt, Worcestershire sauce, and a bit of finely chopped green pepper and onion. Add the diced meat and sliced olives. Ornament the bottom of the mold with pimento and sliced cooked eggs. Fill the mold and chill until firm.

A Nourishing Milk Drink

Milk has always been a faithful standby for an all-around season drink, but it is especially refreshing during the summer months. Both sweet milk and buttermilk are excellent health drinks and are not fattening in themselves.

An especially nourishing milk drink for either the children or run-down members of your family is to take sweet milk and combine it with chocolate or cocoa syrup, two eggs beaten well, a dash of vanilla, malted milk and ice cream.

Dates And Rhubarb

A good dessert combination is chopped dates and stewed rhubarb.

Red Cabbage

Red cabbage is highly esteemed as colorful salad material and for the popular "sweet and sour" cabbage that naturally accompanies roast goose. This is the "Bayerisch Kraut" of German restaurants.

Serve Salad

That Is The Fashionable Maxim Nowadays In Planning Lunch Or Supper Menus

"Serve Salad" is a fashionable maxim when you plan luncheons or supper menus. A sophisticated dressing makes any assortment of fruit or vegetables a treat. And if it's fruit salad you've decided upon, try this dressing that only takes five minutes to make.

Fruit Salad Mayonnaise

Two-thirds cup condensed milk, 1-4 cup salad oil, 1-2 teaspoon salt, 1 teaspoon dry mustard, 1-4 cup vinegar or lemon juice, 1 egg yolk, few grains cayenne, 1-2 cup orange or grapefruit juice.

Place the ingredients in a mixing bowl, with the exception of the orange juice. Beat with a rotary egg beater until the mixture thickens. If thicker consistency is desired, place in the refrigerator to chill before serving. Makes 1 1-4 cups. Add the orange or grapefruit juice just before serving. It's recommended for cream cheese with dates or pineapple and also for any mixed fresh fruit salad.

Garden Prints Appeal

Garden prints, as appealingly old-fashioned as lavender and old lace, appear in exceedingly smart spectator frocks. Developed in crisp percale, dimity or silk linen they feature bouquets of posies on lovely pastel backgrounds. Grand for resort wear or afternoon activities is a silk linen garden print with a cool lattice yoke, matched by blue kidskin sandalized pumps and a pastel blue hat. Another garden print gathers its neckline becomingly close with an organdy drawstring and defines its slim waist with a wide organdy cummerband.

Tailored Suits Of Lace Are Fresh From Paris

There are new summer coats and skirts in organza and in soft silk crepes. Very flimsy and trim, they are both feminine and smart. Even lace and net are used to make tailored suits. The informal evening ensemble is a long slim skirt with a little jacket over a blouse.

The strictly tailored white coat is "in" again, too. It may be of almost any length, fitting or loose, in pique, pebble crepe, jersey or any light woolen or shantung.

Drilling Out Freckles New Beauty Device

Small Blemishes And Large Are Bored Out, Never, It Is Said, To Return

The latest beauty treatment sounds like transferring the dentist to another sphere of activity—it is the drilling out of freckles. Small freckles are frozen with a "hydrogen needle" to render the spot insensitive, while for large ones a local anesthetic is used. The beauty doctor then takes a drill and bores the freckles away, but so lightly that the skin is not injured.

It is asserted that the drilling does not leave scars and that the freckles will not reappear.

Reverse Order

One housewife repapered her dining-room with a paper that had red polka dots on a white background. Built-in shelves for china were papered with white dots on a red background.

Use Stale Bread For Patty Shells

When the cupboard does not hold patty shells, do not despair.

Cut stale bread in 2-inch slices and remove crusts. Cut in diamonds, squares or circles. Remove centers, leaving a box or case. Fry in deep fat to a golden brown. They may be dipped first in the French Toast mixture. Or brush with butter and brown in a hot oven. Fill them with creamed fish, meat, poultry or vegetables, or any one of these in sauce.

Chicken Surprise

Two cups boiled rice, 3 tablespoons butter, 4 tablespoons flour, 2 cups milk or chicken stock, 1-4 cup diced cooked celery, 2-3 cup diced cooked chicken, 1-3 cup cooked peas, 1 tablespoon chopped pimentos, 1-4 teaspoon salt, 1-4 teaspoon pepper.

Melt butter and add flour. When mixed, add milk. Cook until creamy sauce forms. Add chicken, peas and seasonings. Pour 1-2 the rice in bottom of buttered shallow baking dish, add chicken mixture and cover with remaining rice. Bake 20 minutes in moderate oven.

Stuffed Tomato Halves

Two large firm tomatoes, 2-3 cup cooked corn, 1-4 teaspoon salt, 1-8 teaspoon paprika, 3 tablespoons grated cheese.

Do not peel tomatoes, but cut in halves and remove centers. Stuff with corn, salt and pakrika. Sprinkle with cheese and bake 20 minutes in shallow pan in moderate oven.

Good Pot Herb

Chervil is a pot herb you encounter in cook books but seldom see. It is allied in parsley in flavor, but liked better by many. Plant a packet and get a new flavor in soups and stews.

Tomato Juice Gains Popularity as Food, Drink and Appetizer

Vitamin Content Makes Tomato Juice Valuable Addition to Growing Children's Diet

TOMATO juice as a beverage to serve at every meal and at social gatherings has enjoyed a phenomenal rise in popularity during the past few years.

Many people enjoy tomato juice best as a "pick up" in the morning, although it finds equal favor with many, when served with sandwiches and salads, as it adds just the zest needed to complete a light, tasty repast. As a cocktail, either plain or with spices and condiments added, it makes an ideal before-dinner drink to whet the appetite.

It is always wise to have a bottle of tomato juice in the refrigerator, to serve as a beverage when unexpected guests arrive, for an afternoon of bridge, or in the evening when informal gatherings require refreshments.

Tomato juice, used in connection with the baby's food, under the direction of your doctor, is one of the finest adjuncts to baby's diet. A bottle of tomato juice contains Vitamins A, B, and C, needed by children for growth and health. Tomato juice brings Vitamin A, which helps build resistance to infection, and because of the proportions of natural sugars and acids, makes a refreshing drink.

If you are accustomed to serving tomato juice with canapes when you entertain, you will wish to jot down some of the following combinations which make delicious spreads:

Liverwurst mashed to a paste, seasoned with chili sauce.
Cream cheese mixed with minced onion.
Chicken or tuna fish blended with mayonnaise.
Chopped olives blended with mayonnaise.
Deviled ham or deviled tongue.
Chopped eggs seasoned with mustard and chili sauce.
Peanut butter with lemon juice.
Peanut butter with chopped pickle.
Peanut butter, chopped bacon, and lemon juice.

Following is a list of suggested garnishments for your canapes:

Finely chopped hard-cooked egg white.
Tiny pearl onions.
Slices of tomato, radish or pickle.
Halves of salted almonds or pecans.
Maraschino cherry circles.

A new height of savoriness may be obtained when serving tomato juice by preparing either of the seasoned appetizers listed below.

Tomato and Orange Cocktail

3 cups tomato juice
½ cup orange juice
1½ tablespoons lemon juice
1¼ teaspoons sugar
2 teaspoons chopped onions
A little salt, pepper and paprika

Combine the ingredients; mix thoroughly and let stand in refrigerator for at least one hour. Then strain through colander and pour over crushed ice in cocktail glasses.

Appetizer Cocktail

1 onion, finely chopped
1½ cups tomato juice
Lemon juice to taste

Add one onion, finely chopped, to the tomato juice; chill thoroughly; strain through a colander; add lemon juice to taste just before serving.

July Tonics For Tired Summer Clothes

A foolish little hat with a matching scarf, or a scarf wit ha matching belt, or a belt with matching gloves, or gloves with matching sandals will renew your interest in a dress you're bored with. Mid-season is the time to add freshness to your wardrobe by changing some of the accessories—imparting a new personality to dresses you've worn many times.

Two matching accessories are usually enough. Sometimes three are effective—but never more than that. The too carefully matched ensemble becomes monotonous—does not look smart. If you're clever at making things, or alert about picking up good values in the shops, you can have some interesting new accents without spending much. Buy a slip-cover handbag—and make yourself a variety of covers in different and interesting materials. Then make scarfs or belts to match the bags.

White hats are a necessity, but not the only summer possibility. Buy a foolish little hat of some unusual print or style, it will pep things up for you. If you can't match the exact material—select one of the colors in the print and use it for a handbag cover or a scarf. Have at least one pair of silly sandals this summer—they cost very little and add enormous interest to your wardrobe. Sandals covered with prints are particularly new, and some of them come with a belt or a scarf to match. Particularly interesting and different, the figured challis sandals has just made its mid-season appearance. A little scarf repeats the challis note.

Gay Linen

The inside story of linen is a gay one this season. Carnation colored linen slips are finished with narrow binding in navy blue. Bright handkerchief linen petticoats are attached at the waistline to camisole tops, fitting beautifully under the slim dark suit or dress. Culotte slips in white, pastels or high shades have been designed to accompany the popular divided skirt, but make a practical undergarment with any frock and reduce lingerie to its coolest minimum.

Ailing Flowers

An application of complete plant food is oftentimes the best remedy for ailing flowers.

Suggestions For Happy Week-Ends At Home

More Time Spent With Guests And Less In Kitchen Is Correct Idea

Spend more time with your guests and less time in the kitchen if you want to enjoy your week-ends at home. Adopt the two-meals-on-Sunday idea, ushered in by an easy-to-get-Saturday-night dinner. Sunday morning "brunch," a combination of breakfast and lunch, may consist of halves of cantaloupe with raspberries, bacon, cornmeal waffles, creamed fried tomatoes, coffee and jam. On Saturday get the cantaloupe ready, wrap the halves in wax paper and chill until next morning. Also clean the raspberries, wash and core the tomatoes and mix the dry ingredients for the waffles.

For Sunday dinner have spring vegetable soup, sliced tongue, creamed potatoes and green peppers, asparagus salad, whole wheat bread, butter, marmalade rice pudding, cream, iced tea. On Saturday you can cook the soup as well as the tongue and the rice pudding, and also wash and scale the asparagus. You can either cook the creamed potatoes and peppers and reheat on Sunday—or cook and dice the potatoes and chop the pepper, then on Sunday make the sauce the cook.

Door Mirror Already Framed, Easy To Attach

A new framed door mirror has been developed which will, with the aid of four screws and a screwdriver, convert any standard door into a full-length mirror door. The mirrors come in specially constructed frames in fifteen sizes.

The frame is of popular wood, finished in two-tone ivory which will harmonize with most interiors. They may be obtained in unfinished wood. The mirrors (and first-quality mirrors) are within the limits of even a modest budget.

Lemon Biscuits

Mix and sift 3 cups flour, 1 teaspoon salt, 4 teaspoons baking powder and 1-2 teaspoon soda. Work in 6 tablespoons butter or other shortening. Add 1 cup fresh or evaporated milk scoured with 1-4 cup lemon juice and 1 teaspoon grated lemon peel. Mix lightly and turn out on bread-board, sprinkle with a little flour. Pat and roll, cut in small rounds, brush with melted butter and bake in a hot oven at about 400 or 500 degrees F. for 10 or 12 minutes.

Apple Pandowdy

Have ready 3 cups sliced tart apples. Put about half of the apples in a greased baking dish. Sprinkle with sugar and a grating of nutmeg. Add remaining fruit and sprinkle with sugar, nutmeg and about 2 tablespoons water. Cover with rich baking powder biscuit crust and make several slits in top so that steam can escape. Bake in a hot oven at about 400 degrees F. Serve hot with or without cream or hard sauce.

Shower Bath May Be Installed Almost Anywhere

In modernization work a shower cabinet can be installed almost any place in the house as an entirely independent piece of equipment. It need not be in a bathroom. For instance, one end of a clothes closet can be made over into a shower.

For the trouble-free performance of shower equipment, installation under the direction of an experienced plumbing contractor is advisable.

Dr. Fink
SURGEON DENTIST
162 WEST MAIN ST.
ELKTON MD.

The Fashion Flashes Say . . .

A Novel Coffee

Served "A La Saigon" It Emerges As An Exotic Beverages Which Is Delicious In Flavor

Whether you drink coffee black or with cream, from a large cup or demitasse, you will find a new elegance in this aromatic beverage if you serve it "a la Saigon." As the name implies, this is coffee with an entrancing flavor captured by the use of cinnamon.

For Cafe a la Saigon you prepare coffee in your usual way and in the usual proportions. Pour into cups and serve it with four-inch pieces of stick cinnamon which are used to flavor and to stir. Let the cinnamon stick remain in the cup until the coffee has taken on a mild cinnamony flavor—anywhere from a minute to four minutes depending upon the degree of flavor that you prefer.

Responds Quickly

Black coffee responds more quickly than coffee with cream, but either way it is delicious without being unduly exotic.

The name "Saigon" refers to a cinnamon grown in Cochin, China, but any fine flavored cinnamon stick will give equally good results. Thin sticks of a delicate spice-brown color are usually mildest in flavor and prettiest to use. For correct service, the sticks are brought to the table with the coffee and placed on the saucers by the hostess if she is pouring. If the coffee is served from the kitchen the sticks may be passed to the guests from a small silver or glass tray.

Lisle The Thing For Sports Hosiery

Lisle is the big news of the moment in sports hosiery. Cullattes and slacks are fashions with which lisle socks are considered especially appropriate at this time, with plain and ribbed versions.

Socks which can be worn three ways—full length, double over, or rolled down around the ankle.

The anklets is steadily increasing in interests. Outdoor sports has opened up new outlets for sports socks, in varied types to be related to varied sports. In addition, socks are appealing to consumers for general and casual daytime wear, with sweaters and skirts, for example, or with informal daytime costumes. A fashion observer comments on the overwhelming acceptance of anklets in all the towns from coast to coast, especially on the part of young girls. Socks are often worn over silk stockings.

A colorful life is that of the colorful evening frocks now favored. An exquisite model is of pink chiffon embroidery with tiny brilliants in a spray motif. Long scarfs of violet chiffon are held at one shoulder by a cluster of violets.

Sports events show women dressed in simple but smart and colorful clothes. A smart ensemble has a simple dress of dark brown sheer woolen with a plain yellow, woolen tuck-in scarf. The boxy jacket with extended shoulder line is of brown and yellow checked woolen.

This little piggie goes to market in a design for a smart print silk frock. It is of black crepe with a print of tiny little pink porkers with wiggly, curled tails.

Soft and lift is a delicate hat, a wide-brimmed model made entirely of layers of gray chiffon held at the edge by red picot braid. On the wide brim is posed one enormous red tulle poppy with long green silk stem.

Invitation to the dance calls for a smart, crisp little evening frock of navy organza, with white daisies embroidered all over. It is worn over a navy taffeta slip, and the decolletage is banded with daisies cut out from the dance fabric.

Seeing service at all hours of the day and over all sorts of dress is a box-shouldered, short-sleeved coat of loosely woven blue woolen.

Step smartly in colorful shoes. One shop shows a red kid pump trimmed with a bird's wing ornament in white lizard.

For a good trip, since it packs perfectly, is a black lace gown with a yellow girdle and yellow flowers posed on the decollete that is very low in front. Ruffles make the drapery in back.

Sunny days call for shady hats. A nice model is of violet color shantung straw with a ruching of matching velvet ribbon at the brim. It is trimmed with an American beauty rose in chiffon and velvet.

Something new for late spring and early summer wear is the Chesterfield coat, double-breasted and with wide revers, made of rough white wool.

Mirrored Panel

When there is a narrow space between two windows, a mirrored panel adds to the illusion of space and is decorative as well. A small table in front of it can serve as a dressing table, and the window draperies will add to the boudoir table effect.

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* Plus a flat charge of 50c a month to cover cost of operating and maintaining facilities necessary to register and control off-peak current consumed. (Minimum monthly bill $1.)

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