Bedtime Story by Thornton W. Burgess

BUSTER BEAR PLAYS A TRICK

BUSTER BEAR and Jumper the Hare had had their heads together. This doesn't mean that they really touched heads. Oh, my no! No, indeed! Jumper is too wise to get so close to Buster Bear as that. It means that they had made plans together. If Reddy Fox had known about those plans Reddy would certainly have kept away from that part of the Green Forest. But he didn't know about them, and so he didn't keep away from that part of the Green Forest.

You see, it was there that Jumper the Hare spent most of his time, and so it was there that Reddy was spending most of his time now, for he was bound that he would catch Jumper to pay him for making him the laughing stock of all the little people of the Green Forest and the Green Meadows. At first Reddy had been afraid, very much afraid, that he might meet Buster Bear there. He had kept his eyes wide open for Buster, for, if the truth be known, he was as much afraid of Buster as Jumper was of him. But as day after day he saw nothing of Buster he grew careless. He

Softly, Ever So Softly, Reddy Fox Tiptoed Forward.

made up his mind that Buster had gone back to the Great Woods from which he had come, and he thought of nothing but catching Jumper the Hare.

So Reddy, because he is very smart and sly, spent a great deal of time looking for the places where Jumper made his bed and for the places where he ate. Then he would hide near one of these and wait patiently for Jumper to come. But somehow Jumper always went to a place where Reddy was not hiding. The truth is, Jumper knew perfectly what Reddy was doing, and so he never went twice to the same place. That is, he never went twice very near together. If he took a nap under a big hemlock branch and then went out to get a bite to eat, he would finish his nap under another tree instead of going back to the first one. So, though Reddy often found places Jumper had just left and hid beside them patiently for Jumper to come back, it never was of the least bit of use.

But after Jumper and Buster Bear had had their heads together Jumper seemed to grow careless. Yes, sir, that is the way it seemed. Reddy Fox noticed it right away and grinned wickedly. Three times he saw Jumper dozing just in front of a great fallen tree. Then for a fourth time he saw Jumper sit in the same place. By and by Jumper began to nod. Then his eyes closed in the sleepiest way. Reddy grinned and licked his chops. Jumper's eyes opened, closed again, opened once more, then closed and remained closed. Reddy watched a long time before he stirred, but there was no sign from Jumper the Hare. He certainly looked to be fast, very fast, asleep.

Softly, ever so softly, Reddy Fox tiptoed forward. Jumper did not move. A few steps nearer, and still Jumper seemed fast asleep. Reddy stopped long enough to grin, a wicked, hungry grin. This time he would catch Jumper and then he would see if the other people would laugh at and make fun of him any more! Softly, softly, very, very softly he stole forward until with one great jump he would be able to land right on poor Jumper. Very, very carefully Reddy fixed his hind legs to make the spring, and then—well—then he landed right exactly where Jumper had been, but wasn't. You see, Jumper had been just pretending to be asleep, and when Reddy had jumped, he had jumped, too.

Now, Jumper had jumped right over the old tree trunk and Reddy sprang after him. But Reddy is not quite so good a jumper as Jumper the Hare, and while Jumper went clear over the fallen tree, Reddy landed on top of it, meaning to jump down on the other side. But he didn't. No, sir, he didn't. Instead he fell off backward with a scream of fright. What was the trouble? Why, Buster Bear had been lying down on the other side of that old tree, and when Jumper leaped over it Buster knew that Reddy was close at hand, and so he jumped up with a dreadful growl. Just as he had done the first time he saw Buster Bear, Reddy put his tail between his legs and started for home as fast as ever he could go.

"Ha, ha, ha!" shouted Buster Bear.

"Ho, ho, ho!" shouted Jumper the Hare.

"Hee, hee, hee!" tittered Sammy Jay, who had happened along just in time to see the fun.

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Works for His Food

A bird who has learned that if he doesn't work he doesn't eat is shown here at mealtime. He is Oscar, a trained goldfinch who brings many sightseers to the bird shop in Sydney, Australia, where he literally earns his seed in the sweat of his brow. The bird's food is placed in a small truck on a runway outside the cage. When Oscar feels the pangs of hunger he hauls on a string and pulls the truck to the side of the cage where he can peck at the contents.

ANIMAL CRACKERS

By WARREN GOODRICH

© Bell Syndicate.

"Showing off that new fall coat of hers—it's really only cat fur."

WNU Service

ILLNESS DUE TO DEFICIENT DIET

Nobel Prize Winner Gives His Views on Subject.

By EDITH M. BARBER

"NUTRITION intimately concerns the welfare of man, and his place in future history will depend in no small part upon what he decides to eat." This statement was made by Dr. George R. Minot, professor of medicine at Harvard university and winner of the Nobel prize for medicine in 1934.

According to Dr. Minot, an adequate diet throughout life will often prevent illness. In the long time studies that he has made of the condition of anemia, he has found that its cause is usually defective or deficient nutrition. It may arise from a lack or non-absorption of iron or of vitamin C or of a mysterious substance found in the liver. The condition of simple anemia may be prevented by including a liberal amount of iron and vitamin C.

The condition of pernicious anemia, which is much more serious and for which no remedy had been found until recently, is apparently related to the ability to utilize vitamin B-G. Vitamin B is found in muscle meat, eggs, rice polishings and yeast, which need an unknown gastric digestive factor to make them ready for the body. When this factor is lacking, there is danger of pernicious anemia. It may be supplied, however, by liver, kidneys and other organs. At present, this disease is being treated not only by an increase of these foods in the diet, but by liver extract taken by the mouth or through hypodermics.

According to Dr. Minot, the first cause of any type of anemia is a deficient diet.

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SELECTED RECIPES

Liver Dumplings.

¼ pound calves' liver
½ cup soft bread crumbs
1 tablespoon minced onion
1 tablespoon melted fat
1 teaspoon parsley
½ teaspoon salt
Pepper
1 egg, slightly beaten
5 cups stock

Grind the liver fine and mix it with the bread crumbs. Saute the onion in the fat in a skillet until delicately browned. Add the liver mixture, parsley, salt and pepper. Add the egg and mix well. Drop the mixture by teaspoonfuls into the hot, but not boiling, meat stock. Cook slowly ten to fifteen minutes and then serve with the soup. To make dumplings which may be shaped in balls, add one-half cup additional bread crumbs.

Spinach Nests.

2 cups cooked or canned spinach
½ cup mayonnaise
½ cup grated cheese
6 bread cases
Melted butter

Make bread cases by cutting bread into three inch squares and cutting out the center. Roll each case in melted butter. Chop the spinach, mix with mayonnaise and fill the bread cases. Sprinkle with the cheese and bake in a hot oven (425 degrees F.) until bread is light brown and the cheese is melted.

Baked Eggs.

2 tablespoons butter
½ cup milk
3 cups mashed potatoes
Salt
Pepper
2 tablespoons chopped chives or onion
5 eggs
Paprika

Add the butter and milk to the hot mashed potatoes and season to taste. Beat well, add the chives and spread in a shallow greased baking dish. Make five hollows, and in each place a raw egg. Sprinkle with paprika and bake in a moderate oven (375 degres Fahrenheit) until the eggs are firm.

Johnny Cake.

1 cup cornmeal
¼ cup flour
1½ teaspoons baking powder
½ teaspoon salt
2 eggs, well beaten
½ cup milk
4 tablespoons butter, melted

Mix and sift dry ingredients. Combine eggs and milk and stir into dry mixture. Stir in shortening and pour batter into well-greased baking pan, spreading about three-fourths of an inch in thickness. Bake in oven, 425 degrees Fahrenheit, for about twenty-five minutes.

Barbecued Chicken.

2 two-pound chickens
Salt, pepper
¼ pound sweet butter
1½ cups chicken broth
1½ tablespoons tomato catsup
3 tablespoons Worcestershire sauce
½ teaspoon finely chopped onion

Disjoint chicken as for frying. Season with salt and pepper. Melt butter and fry chicken in it until golden brown. Mix other ingredients and cook together six minutes. Pour sauce over chicken and cook slowly about twenty minutes.

Sterling Sauce.

½ cup butter
1 egg yolk
1 cup light brown sugar
1 tablespoon milk

Cream the butter, add the sugar gradually, then the egg yolk and milk, beat until light.

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Must Obtain One Human Head

The native girls in Sarawak wouldn't think of marrying a boy who hadn't obtained at least one human head. Sarawak lies in the northwest part of Borneo, which is in the Indian ocean between China and Australia.

FIRST AID TO THE AILING HOUSE

By Roger B. Whitman

PROTECT CRACKS AGAINST ICE

A CRACK in anything outdoors—woodwork, concrete, masonry—will be made wider should ice form within it. Before winter sets in, the outside of a house should be inspected to locate any cracks or crevices that would hold water and that might be enlarged by the expansion that occurs when ice forms. Stucco walls should be under special notice. Small surface cracks can be disregarded; the cracks to look out for are the deep ones in which water will be retained. A crack in stucco should be widened with a cold chisel, so that a patch can be packed deeply within. The patching material is a mixture of 1 part cement with 3 parts of clean building sand, and only enough water to make the mixture. At the time the crack is patched, the stucco should be thoroughly soaked with water to prevent the absorption of water from the patching material.

Cracks in brickwork and masonry are likely to be in the mortar joints. In closing these, the old mortar should be dug out for a depth of an inch or so to admit plenty of new mortar.

Special care should be taken to close all cracks in clapboards. Small cracks can be closed with thick paint; deeper ones with white lead, used either as it comes or smeared on cotton wicking or heavy cord. In particular, the joints of clapboards at corners should be noted; for it is there that cracking will be especially serious.

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MANNERS OF THE MOMENT

By JEAN

© By The Associated Newspapers

I WAS always told that a lady should never be seen eating on the street. I believed in the old myth for a long time. But as I keep telling my mother, life isn't what it used to be. In her day you had to go into the kitchen, make up a sandwich, and march out into the street with it if you wanted to be caught eating on the street. It was a lot of work for a mere principle. But now street eating creeps up on you. You pass a street corner stand where there are nice hot dogs on view and you get hungry. Well if you decide to buy, you can't very

You Should Pick Your Corner, if You Intend to Eat Hot Dogs on the Street.

well put your hot dog in your pocketbook and walk into the nearest hotel lobby to eat it. That, again, would be too much work for a mere principle.

The real crux of the problem now lies in how and where you do your street eating. In the first place, it is more ladylike to stand still while you eat, rather than to wander along the sidewalk munching. In the second place, it is considered more elite to stand still beside the hot dog wagon, rather than beside the church steps while you lap up your roll-and.

If it's a chocolate bar you've decided to eat on the public highways, be careful about choosing your streets. You shouldn't be caught eating on the main business street, or the ritziest parkway in town. What you do in the back alleys is your own business.

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Largest Spiders in World

On Tobriand island are some of the largest spiders in the world. They spin extraordinarily large webs in which even small birds are caught. When the Tobriand islander goes fishing he collects some webs, winds them into a ball. The balls of web are used as bait and are attached to long lines of twine. When the mackerel takes the bait its teeth become entangled in the strands of the web, and it is as helpless as if it had been hooked

GOOD TASTE TODAY by EMILY POST

World's Foremost Authority on Etiquette

© Emily Post.

Shall I Wear a Hat With Afternoon Dress?

DEAR Mrs. Post: We seldom wear formal clothes in our simple community, which fact I contend is no reason why the ladies here may not go to evening parties wearing afternoon dresses and no hats. Don't you agree with me? There are several new residents who have been turning up on such occasions with hats on.

Answer: The general rule is if you wear an afternoon dress (meaning a dress not suitable for general wear on the street) in the evening, then you should go without a hat, but if you are wearing a street dress, then you should wear a hat. But whether the hats you describe are bad form or not depends entirely upon their type. In other words, if they are an indoor type of hat, they are quite as suitable to wear with afternoon dresses as to go without. In fact, they are decidedly a fashion of the moment.

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If You Cannot Dance and Talk, Leave Floor

DO YOU think it good manners for a couple to practically stop dancing on a crowded dance floor in order to carry on a conversation in which they are obviously very much interested?

Answer: If two people can not manage to dance and talk both at the same time, then I certainly think they should find a place off the floor somewhere to finish their conversation.

• • •

Week-End Invitation

DEAR Mrs. Post: I am just twenty-one and live with a woman who is not a relative and also not very broad-minded about this modern age. I'm always living in fear that I am going to suggest doing something wrong to displease her. A friend has asked me to go to New York with him over a week-end. His older brother will be with us on the train and I am to stay with his married aunt, who has invited me personally. May I go and will I place my foster-mother under any obligation in accepting this invitation? I believe in this case that is the one point that will annoy her especially.

Answer: If you have received a DEFINITE invitation from his aunt and your foster-mother does not disapprove of this man (or of his aunt) I can see no impropriety in your going to stay with her. Your acceptance of the invitation will not put your foster-mother under any obligation whatsoever.

• • •

Wearing Diamonds

DEAR Mrs. Post: My husband has given me a diamond bracelet, which is simple in design but very beautiful. What I would like to know is on what occasions is it suitable for me to wear this bracelet. My husband would like me to wear it even to church, while I feel that perhaps it is intended only to ornament evening clothes, which unfortunately I seldom wear.

Answer: Again the vagaries of fashion! At the present moment those who have diamond bracelets wear them at practically all times, although the ones that are broad and composed of big stones are really only suitable on formal occasions, either in the afternoon or evening.

• • •

Seek Local Custom

DEAR Mrs. Post: Should the ladies pouring at a formal tea wear hats? Common sense seems to be the basis of your etiquette, and in my humble judgment hats at this time do not sound sensible.

Answer: This question is best decided by the arbitrary custom of each community. In New York, for example, a deputy hostess always wears a hat unless she is a house visitor, and even in this case she is likely as not to wear one. Neither dress or hat for a deputy hostess should be too tailored.

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Shower at Home

DEAR Mrs. Post: My sister's friends have asked me to give a shower party for her at my house, since I have better space for having parties. The shower is being given because a baby is expected soon. Since they have asked me to give it, do you still think it would be unsuitable for a member of her family to do this?

Answer: If the two or three who proposed this party will send out the invitations on their cards, the fact that the party will be in your house is not important.

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Flower for Groom

DEAR Mrs. Post: I am giving a party for a young bride and groom, and am sending the girl a corsage to wear at the party. Do men wear boutonnieres on such occasions and do you think it would be nice for me to send the groom something too for his lapel?

Answer: It would be very nice to send him a flower to match hers, or else a white or red carnation.

WNU Service.

Thirteen Original States

The thirteen original states were: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, New Jersey, Pennsylvania, Delaware, Maryland, Virginia, North Carolina, South Carolina and Georgia.

How Fabrics Tear

Cotton tears straight across with the ends fuzzy. Wool tears with ends very kinky; silk tears straight across with ends very fine and smooth.

Sew-Your-Own Joins Santa

DID you know, Milady, that Santa Claus and Sew-Your-Own have joined forces to make this the brightest, charmingest Christmas you've ever known? Yes, it's a fact! And you who've tried so hard to be good (and never a little naughty) are going to be rewarded to the full. Gifts by Sew-Your-Own from Santa Claus to you. Here's what you may expect (but remember, "Do not open until Christmas").

Festive Fashion.

You're in line for personalized gifts this year, lucky lady, and what could be closer to your heart's desire than a velvet housecoat—nothing indeed (Sew-Your-Own knows every girl's weakness). So keep your fingers crossed and say a little prayer that December 25th will find you merry, cozy and beautiful in this festive young fashion.

Darling and Practical.

For Miss Keep-the-Home-Beautiful we've specially designed a pair of really different aprons. One is the kind to wear when actually doing kitchen chores, the other is a dressy model—so pretty you will make a darling hostess. Sew-Your-Own sends these out in one package but Santa may split them up, so don't feel slighted, Miss K-T-H-B, if your stocking gives forth only one—either the tea time model or the all-around-the-clock style.

For the Very Young.

If you're a very young lady you may find Gift No. 1393 or Gift Set No. 1423 packed neatly in your stocking one fine morning soon. The former, a dress plus dainty shorts, will be a peachy combination to wear to parties when you want to be "dressed up swell." The Temple Trio, a hat, scarf and muff set, was designed to put a little "Hollywood" in your Christmas. It's as bright and cheerful as you could wish for. Hope you're the winner, little lady!

The Patterns.

Pattern 1210 is designed for sizes 14 to 20 (32 to 42 bust). Size 16 (full length) requires 5⅞ yards of 39 inch material; in medium length 5¼ yards.

Pattern 1422 is designed for sizes Small (34-36), Medium (38-40), and Large (42-44). Plain apron requires 1⅞ yards of 35 inch material for medium size. The dressy style requires 1½ yards of 39 inch material for medium size, plus 4 yards of machine ruffling for trimming, as pictured.

Pattern 1393 is designed for sizes 6, 8, 10, 12, 14 years. Size 8 requires 2⅝ yards of 39 inch material.

Pattern Set 1423 is designed for sizes Small (18 in. head size), Medium (20 in. head size), and Large (21½ in. head size). The ensemble, medium size, requires 1⅛ yards of 54 inch material.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-Third Street, New York, N. Y. Price of patterns, 15 cents (in coins) each.

New Pattern Book.

Send 15 cents for the Barbara Bell Fall and Winter Pattern Book. Make yourself attractive, practical and becoming clothes, selecting designs from the Barbara Bell well-planned, easy-to-make patterns.

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HOUSEHOLD QUESTIONS

Hot Luncheon Sandwiches.—Spread bread lightly with butter, add a slice of cheese, a slice of tomato and one or two half slices of bacon. Place on a pan in a hot oven, three to four inches beneath the broiler heat and cook until the bacon is done to taste and the cheese melted.

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Removing Tar Stains. — Tar stains can be removed from carpets by spreading a thick paste of turpentine and fullers' earth over the affected spot. Leave on for several hours, then brush off.

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Pudding From Stale Bread.—Rub the stale bread into crumbs and then soak a breakfast cupful of them in half a pint of milk. Mix in one ounce of sugar, one ounce of cocoa powder, a beaten egg and a few drops of vanilla. Bake in a buttered dish until set.

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Preserving Patent Leather.—The life of patent leather may be prolonged by rubbing it occasionally with glycerine applied with a clean cloth.

• • •

Knitting Hint.—What a nuisance it is when knitting a sleeve to have to go back to the beginning and count decreases. Try putting a snap fastener through every decrease row you knit, then decreases can be seen at a glance.

• • •

Brighter Glass.—All glass bowls and tumblers should be washed in warm soapy water and then in clear water to which a little vinegar has been added.

A Little Learning Is a Wonderful Thing

Many stories, some true, some—well, not quite so true, are told about the remarks of schoolboys.

A well - known headmaster vouches for the accuracy of this one.

A certain twelve-year-old was about to be caned for some trivial offense. The headmaster asked him how he preferred to receive his punishment.

"Well, sir," said the boy quickly, "if you please, I'd like it like the Greek style of penmanship."

"What on earth do you mean?" asked the master.

"Please, sir, the upstrokes heavy and the downstrokes light," said the bright lad.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your cough, chest cold, or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with any remedy less potent than Creomulsion, which goes right to the seat of the trouble and aids nature to soothe and heal the inflamed mucous membranes and to loosen and expel the germ-laden phlegm.

Even if other remedies have failed, don't be discouraged, try Creomulsion. Your druggist is authorized to refund your money if you are not thoroughly satisfied with the benefits obtained from the very first bottle. Creomulsion is one word—not two, and it has no hyphen in it. Ask for it plainly, see that the name on the bottle is Creomulsion, and you'll get the genuine product and the relief you want. (Adv.)

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Love, Honor and Obey

Most Animals "Talk"; Rabbits, Hares Scream

A rabbit is usually a very silent creature, but the poor thing can "talk" when trapped or caught by a stoat. It screams terribly, and so does the hare, states a writer in London Answers Magazine.

Most land animals have a voice of some sort. Even the South American sloth, which never seems more than half alive, can make sounds. Of all large, warm-blooded animals it is said that there is only one that has no vocal cords and is quite incapable of anything but sign language. This is the giraffe.

Elephants trumpet, camels squeal, seals bark, stags at mating-time roar, and the noise made by a hedgehog must be heard to be believed.

Natives of the Southern Soudan say that a species of python can give a sort of whistling cry, but this has never been established by naturalists.

Frogs can croak or bleat, but among lizards there are only a very few that have any power of making sound. One common in Malaya produces a loud ticking noise.

Fish, too, are dumb, though some species can make audible sounds when taken out of the water. The catfish croaks and one of the gurnards makes a similar sound.

MOPSY

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