CLASSIFIED DEPARTMENT

CHICKS

MARYLAND'S FINEST BLOOD-TESTED CHICKS 8c and Up
Eight popular breeds and crosses. Started chicks; also Ducks and Poults. Hatches twice weekly. MILFORD HATCHERY, Milford Road nr. Liberty Rd., Pikesville, P. O. Rockdale, Md., Pikesville 36-R.

Hello, Folks—It's Chick Time
A postal brings our circular. Guarantee and special discount on 10 breeds. All breeders B. W. D. tested.
Koch's Poultry Farm and Hatchery
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Blood-Tested CHICKS $6.00 per 100
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NEW LOW PRICES on our money-making spring chicks.
Blood-tested, leading breeds. All chicks unconditionally guaranteed.
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NORTHERN Va. FARMS and county homes convenient to Washington. BUELL FARM AGENCY, Herndon, Fairfax Co., Va.

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SEND FOR THEM! Profit paying plans you can work right in your own home in spare time. Information for stamp. COHARIE EXCHANGE, GARLAND, N. C.

OLD GOLD, ETC.

TOP PRICES FOR OLD GOLD, SILVER AND COINS
GOLDEN'S, 109 Park Ave., Baltimore, Md.

AROUND THE HOUSE

Keeping Lemons Fresh.—Lemons can be kept fresh and firm by placing them in a wide-necked pot or jar and covering with water.

• • •

Don't Sear Meat.—Searing meat will not hold the juices in, as was formerly believed, but will cause greater shrinkage and loss of fat and moisture.

• • •

To Prevent Iron Sticking.—When pressing curtains, add half a teaspoonful sugar and a quarter teaspoonful salt to each tablespoonful of starch.

• • •

To Protect Grates.—To keep grates free from rust mix with blacklead a little turpentine and methylated spirit, equal parts of each.

• • •

Warmed Over Roast.—If a good portion of a roast is left over, soak it 30 minutes in cold water and then roast again for a short time. It will be like a fresh joint.

ARE YOU ONLY A 3/4 WIFE?

Men can never understand a three-quarter wife—a wife who is lovable for three weeks of the month—but a hell-cat the fourth.

No matter how your back aches—no matter how loudly your nerves scream—don't take it out on your husband.

For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system, thus lessening the discomforts from the functional disorders which women must endure.

Make a note NOW to get a bottle of Pinkham's today WITHOUT FAIL from your druggist—more than a *million* women have written in letters reporting benefit.

Why not *try* LYDIA E. PINKHAM'S VEGETABLE COMPOUND?

Wisdom Comes

After crosses and losses, men grow humbler and wiser.—Benjamin Franklin.

FEEL WEAK, TIRED?

Hagerstown, Md. — Peter P. Ragland, 427 Mechanic St., says: "I could hardly walk, much less do any work. I scarcely ate anything and lost many pounds. I used Dr. Pierce's Golden Medical Discovery and it put me back on my feet. It gave me a fine appetite and I gained weight and strength and was then able to work." Buy it from your druggist today.

Mind's Portrait

The countenance is the portrait of the mind, the eyes are its informers.—Cicero.

WORMS quickly removed from children or adults by using the famous remedy, Dr. Peery's "Dead Shot" Vermifuge. No castor oil or anything else is needed after taking "Dead Shot." 50c a bottle at druggists or Wright's Pill Co., 100 Gold St., New York, N. Y.

WNU—4 11—38

CONSTIPATED?

Many doctors recommend Nujol because of its gentle action on the bowels. Don't confuse Nujol with unknown products.

INSIST ON GENUINE NUJOL

Copr. 1937, Stanco Inc.

WHO'S NEWS THIS WEEK

By LEMUEL F. PARTON

NEW YORK.—Many years ago, in South America, this writer was always hearing somebody mutter "Perros!" (dogs), as he passed by. It expressed dislike of all North Americans. Upton Sinclair's book, "The Jungle," about the Chicago packing houses, had been carefully mistranslated, in a widely circulated version, which made multitudes of South Americans believe all North Americans ate dogs. Even in remote jungle towns, I found European trade scouts and salesmen making diligent use of the book. It was the neatest trade propaganda trick of the century.

Propaganda Trick Hurt U. S. Trade

The one-sided battle has continued through the decades. Late reports are that South American radio stations are belting Uncle Sam with everything at hand, and, to the same degree, apostrophizing Italy, Germany and Japan.

For this reason, there appears to be more than meets the eye in the printed story of our new airwave rearmament, and the assignment of a new short-wave channel for broadcasts to South America.

With Secretary Hull, Dr. L. S. Rowe, director general of the Pan-American union, pleads for "stronger cultural ties" in the first broadcast. Spanish translations follow the English version.

While all this is in the name of "peace and good-will," and official announcements carry no hint of a defensive propaganda war, it appears to be the answer—perhaps the only possible reply—to the widespread smearing campaign against the U. S. A. in Latin American countries.

Radio Aids in Fighting U. S. Smear

The sixty-six-year-old Dr. Rowe is a happy choice to head America's "cultural," if not propaganda, outreach in this direction. He has become widely known and decidedly persona grata in South America in his 32 years of pleading and proselyting for solidarity, friendship and understanding in the Americas.

He has fraternized with South Americans more than any other northerner, lecturing, writing, evangelizing and expounding his doctrines of friendly co-operation—always on the high plane of cultural and intellectual intercourse. He has been head of the Pan-American union since 1920, succeeding John Barrett.

• • •

LIFE begins at forty for Gracie Fields, English Music Hall actress, who curtsies to the king and becomes a commander of the Order of the British Empire. It is another Jane Alger story, this tale of the Lancashire mill girl who became the highest-paid entertainer in the world.

Jane Alger Career of Stage Star

Her earnings from her 5,000,000 gramophone records, and from the stage and cinema have reached $750,000 a year. Her film, "Mr. Tower of London," ran seven years.

She lives simply with her mother, who manages her affairs, and never has anything more than pocket money. Every so often she visits Rochdale, the mill town where she sang for pennies at the age of seven, and has a rollicking time, singing for her old friends.

She was a "half-timer" in the cotton mills, half the day in school and half at work.

In 1930, she made a brief appearance at the Palace theater in New York. It wasn't much of a success. She explained afterward that she had been warned in England that entire audiences in America chewed gum together and in time, with dreadful facial contortions. This frightened her and spoiled her act, although, she admitted, there was only one observable gum-chewer.

Act Spoiled by Fear of Gum-Chewers

She was glad to land safely in England, where she is widely beloved and known as "Good Old Gracie."

Just a few days before her fortieth birthday, she returned home from a party at four o'clock in the morning. The milkman, the policeman on the beat and a street-sweeper ceremoniously handed her a morning paper with her name in the king's honor list. She is tall, blonde and merry.

© Consolidated News Features. WNU Service.

Oilcloth in the Making

Oilcloth is a thick canvas coated on both sides with thick oil paint. First the canvas is passed through liquid glue, etc., pressed by heavy rollers, dried, and rubbed with pumice-stone. The paint is applied in several coats, the final coat being in a pattern. The quality of the oilcloth is governed by the number of coats of paint.

Plants Native to Mexico

Among the plants native to Mexico are many which are now old garden favorites — ageratum, tagetes, from which the French marigolds were derived, the Aztec marigolds, erroneously called African marigolds, cosmos, dahlias and zinnias.

Bronze That Soaks Up Oil

A certain form of bronze is so porous that it will soak up oil like a sponge; the quantity it will absorb equals one-fourth its own mass.

News Review of Current Events

HITLER TROOPS SEIZE AUSTRIA

Reich Army Enters Vienna . . . Invasion Forces Schuschnigg to Resign . . . European Powers Thrown Into Panic by Germany's Startling Coup . . . United States to Keep Hands Off, Secretary Hull Says.

Edward W. Pickard
SUMMARIZES THE WORLD'S WEEK
© Western Newspaper Union.

LEADING EVENTS

VIENNA — Austrian government Nazified after ultimatum by Hitler. German troops cross border.

ROME—Italy was declared by diplomats to be facing a serious situation as the Nazis marched into Austria. Official Italy refused to comment on the danger to the Rome-Berlin alliance and the presence of Hitler's troops on Italy's border.

LONDON — British warn Germany in "strongest possible terms" of dangers of Austrian action. Cabinet meets today.

PARIS—France, without a cabinet, protested to Berlin against the seizure of Austria, but appeared helpless to act against the coup.

BERLIN—Germans are jubilant as radio tells them their army has crossed into Austria following Nazis' seizure of power.

PRAGUE—Czechoslovakian cabinet studies new Nazi peril.

Coup Amazes World

STRIKING with startling rapidity Adolf Hitler's motorized army crossed the Austrian frontier, seized Vienna, forced Austrian Chancellor Kurt Schuschnigg to resign, and placed a full-fledged Nazi administration in command of the Austrian government.

Jittery European governments were thrown into a panic as they learned of the German leader's astounding coup. Britain and France sent Hitler identical protests against the Austrian invasion, warning of grave reactions, and several other powers were reported to have joined in the protest.

In Washington, Secretary of State Cordell Hull announced a hands off policy toward the European crisis, and noted leaders gave their opinion that there was no immediate danger of a general war, although they regarded the present situation as highly dangerous. By a unanimous vote, the House of Representatives began consideration of the billion dollar naval expansion bill.

Hitler's Austrian coup was a demonstration of the rapidity of modern armed forces. In less than twelve hours, 50,000 picked troops had advanced into Austrian territory and had forced the fall of the Schuschnigg government. At 10:15 o'clock at night the first mobile units crossed the border, at 1:15 in the morning the advance guard seized the Vienna police and telegraph stations and clamped down a rigid censorship. Complete surprise marked the movement. This was in contrast to Germany's movements in 1914 when five days were required for her armies to enter Belgium.

Faced with overwhelming forces, Schuschnigg broadcast the following message to the Austrian people:

"The President of the republic has received from the (German) Reichfuehrer and chancellor an ultimatum demanding that his own candidate be appointed head of a new Austrian government.

"President Miklas asked me to tell you that the policy of the Austrian government is to recede from force so that no German blood shall be shed.

"We have, therefore, given orders to our army that if it has occasion to meet German troops our soldiers will retreat.

"I yield to brute force. We must avoid bloodshed. Our troops have been ordered to retire before German troops and await further developments.

"May God protect Austria."

It was announced the plebiscite Schuschnigg had called for Sunday to permit the people to vote on whether the country would remain independent or submit to Nazi rule had been called off. The plebiscite had been denounced by the Nazis as a violation of Austria's agreement with Germany.

Arthur Seyss-Inquart, Hitler's personal representative in the Austrian cabinet, assumed the post of chancellor, and a new cabinet composed of Nazis was announced.

Meanwhile, Italy's reaction to the German coup was watched with interest, and it was believed to have placed a heavy strain on the Rome-Berlin accord. In 1934 Italy massed troops on the border to prevent Hitler's intervention in Austria, and preservation of the latter's independence has been a major point in Italian diplomacy. However, in view of the new accord existing between Italy and Germany, Mussolini will be forced to abandon either Austria or Germany, and since he has not completed negotiations with Great Britain and having few other European ties, he will be left in virtual isolation should he break with Hitler. Unverified reports stated Italian troops were being rushed to the Brenner Pass, gateway between Italy and Austria.

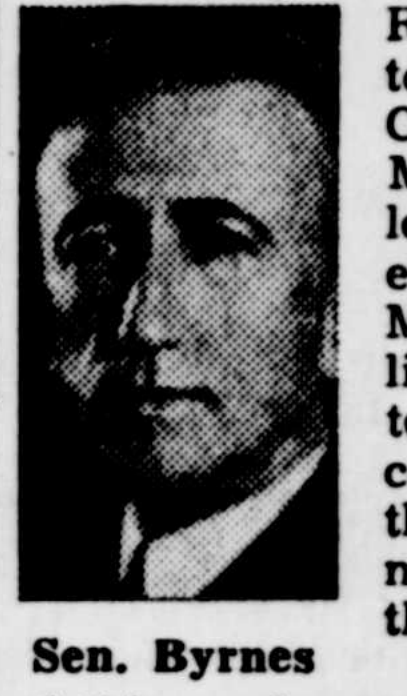
In London, stock market prices slumped as the coup became public news. Despite the strong terms in Britain's note to Hitler, it is believed in some quarters that a deal has been made with Hitler, whereby the latter has been allowed a free hand in Central Europe in exchange for renouncing claims to colonies.

France, already in the throes of internal disorders, and without a cabinet, stood helplessly by. Premier-Designate Blum hurried consultations with political leaders striving to rally support, and to combine the various opposing factions into a united group. Reverberations in Czechoslovakia of Nazi power in Austria was the chief concern in France, although the cabinet meeting in Prague was said to be considering the situation calmly. Reports from Bratislava, on the Austrian - Czechoslovakia border about 40 miles from Vienna, said trains and automobiles arriving there were filled with refugees from Vienna.

Hungary was said to be strengthening and reinforcing the defenses along the closed Austrian frontier following an emergency cabinet meeting.

*

TVA Pot Boils



Sen. Byrnes

DETERMINED to get the "low down" on the controversy among the directors of the Tennessee Valley authority, President Roosevelt summoned to the White House Chairman Arthur E. Morgan and his colleagues, David Lilienthal and Harcourt Morgan. It was believed in Washington that if they could not compose their differences he might ask all of them to resign.

Upon the outcome of this conference depended the action of congress leaders in relation to the resolution calling for a senatorial investigation of the entire TVA setup, sponsored by Senators Bridges of New Hampshire and King of Utah, and Senator Norris' proposal that the inquiry be conducted by the federal trade commission.

Senator Byrnes of South Carolina put forward the suggestion, liked by many, that a single administrator be substituted for the three-man board of TVA directors, this one man to be selected by a joint committee of congress.

Norris thought this plan had good features but would prefer a board of three business executives, who, in his opinion, would be more capable of administering the project than engineers, lawyers or other experts.

Bridges engaged in hot debate with administration senators. He defended his investigation resolution in a long speech in which he made detailed charges against the TVA administration and characterized Lilienthal as a "Hitler" seeking to assert dictatorial powers over the Tennessee valley.

*

Diplomats Shifted

SHIFTING our diplomatic representatives in Latin America, President Roosevelt sent to the senate these nominations:

Meredith Nicholson of Indiana, now minister to Venezuela, transferred to Nicaragua.

Boaz Long of New Mexico, now minister to Nicaragua, transferred to Ecuador.

Antonio C. Gonzalez of New York, now minister to Ecuador, transferred to Venezuela.

*

Hoover Sees Hitler

FORMER President Herbert Hoover, in Europe to study conditions, had a long talk in Berlin with Adolf Hitler, who expounded his views on world politics, and was entertained by other Nazi notables. At the close of his two-day visit in the German capital Mr. Hoover said only that he is "even more reinforced in his belief that progress in America rests in the principles of intellectual liberty and spiritual freedom, a system of free economy regulated to prevent abuse, and popular government."

Wheeler in Action

SENATOR WHEELER of Montana took the lead in opposing the bill for a reorganization of the executive branch of the government, and the debate took on many of the features of the senate battle over the Supreme court enlargement measure last year. Supporting the reorganization bill warmly were Senator Byrnes of South Carolina and others who backed the ill-fated court scheme.

Sen. Wheeler

Wheeler said that if congress approves the measure it ought to close up shop and go home. He was assailing the provision of the bill authorizing the President to transfer, regroup, consolidate, or abolish any government bureau or agency or the functions thereof.

"We have got to recognize the fact," said Wheeler, "that under Democratic institutions there is sometimes inefficiency in government. Certainly there can be more inefficiency, although it is not always obtained, under dictatorships.

"The American people have got to recognize that it is necessary for them to pay the price in order to maintain their liberties. I say to the senate that it is far better that we maintain the bureaus we now have than it is to turn over dictatorial powers to the President of the United States and admit to the world that the congress of the United States, overwhelmingly Democratic in the house and in the senate, is incompetent to function."

Byrnes said that Wheeler was imputing dictatorship ambitions to President Roosevelt and that he even feared for the safety of the republic. In replying to this, Wheeler intimated that he believed the republic would survive despite President Roosevelt.

*

Family Firm Tax Killed

GREATLY to the surprise of the majority leaders, the house, considering the tax bill, adopted an amendment offered by McCormack of Massachusetts, striking out the $45,000,000 surtax on family or closely-held corporations. This so called "third basket" levy was eliminated by a vote of 180 to 124.

Then the representatives voted to add 25 cents a gallon to the tax on distilled liquors.

Chairman Doughton of the ways and means committee and Fred Vinson, who wrote the bill, vainly warned the representatives that the President would veto the measure unless that surtax were included. Democratic members of the committee were hurriedly called together to study possible "replacement" taxes to make up for the loss in revenue due to this change, and treasury officials pondered new sources of revenue.

But Doughton, sore from his first defeat, said the house would go ahead with passage of the bill and leave the problem up to the senate.

McCormack and his supporters—all the Republicans and many Southern Democrats—contended the surtax would penalize family-owned corporations, ultimately forcing them into the hands of monopolists.

*

War Pact Rumors

DESPITE official denials, the rumors that the United States and Great Britain have entered into a secret war alliance persisted and were given credence when the house of commons was told by the parliamentary undersecretary of the admiralty that there was an agreement between the two nations under which the American navy will be permitted to use the facilities of the great British naval base at Singapore on payment for services given. This privilege has been extended to no other nation.

Secretary of State Hull would not confirm the existence of the agreement, but department officials admitted an understanding had been reached and that it would greatly increase the potential strength of our navy in the Far East. Our navy base in the Philippines has no drydocks large enough to accommodate battleships.

*

Cleveland's Clean-Up

CHARGES were made in Cleveland by Judge Alva R. Corlett that Chicago labor leaders raised $25,000 in a plot to bribe a woman juror in the trial of Don A. Campbell and John E. McGee, alleged labor racketeers. The two men had just been convicted of extortion. They were sentenced by Judge Corlett to serve from one to five years in the penitentiary and were taken there at once to block their efforts toward release on appeal bonds.

The judge said he was informed of the bribery plot by Eliot Ness, Cleveland safety director, whose investigation resulted in the indictment of Campbell and McGee.

*

We Take Two Islands

UNDER orders from the President, Secretary of the Interior Ickes added to the island possessions of the United States which he supervises two little bits of land in the Pacific—Canton and Enderby islands, in the Phoenix archipelago. Their value is as stopping places for transoceanic air flights to Australia.

Included in the President's order are lands in the Antarctic first visited by Admiral Byrd and other Americans.

Mahogany Has Long Been Used as Furniture Wood

Mahogany is one of the royal family of furniture woods. It has been used for centuries and because of its beautiful color, its dignity, its strength, its delicate natural patterns, and its fine texture and surface it will be used for hundreds of years to come. Most of us know we like it, but we do not know why, and many of us are unable to tell one variety from another, writes Edith Weigle in the Chicago Tribune.

There are three localities from which this cabinet wood comes. They are the West Indies (Cuba, Santo Domingo, and Haiti), America (meaning Mexico, Central and South America), and Africa (from the west coast, gold and ivory coasts, and Nigeria). When you buy a piece of furniture made of mahogany you are entitled to know whether it is West Indian, American, or African mahogany.

Meteorological Presidents

Thomas Jefferson, third President of the United States, and James Madison, fourth President, were among Virginia's earliest meteorologists, Prof. E. Ray Casto of Emory and Henry college reveals in his book, "The Climatology of the Virginians." Jefferson at Monticello and Madison at Williamsburg made contemporary observations. By their careful records and deductions they showed the value of the making of simultaneous observations.

IMPROVED UNIFORM INTERNATIONAL
SUNDAY SCHOOL Lesson

By REV. HAROLD L. LUNDQUIST, Dean of the Moody Bible Institute of Chicago.
© Western Newspaper Union.

Lesson for March 20

KEEPING THE BODY STRONG

LESSON TEXT—Mark 6:53-56; Judg. 13:12-14; I Cor. 3:16, 17; Rom. 12:1, 2.

GOLDEN TEXT—Now therefore beware, I pray thee, and drink not wine nor strong drink, and eat not any unclean thing.—Judg. 13:4.

PRIMARY TOPIC—The Body God Gave Us.

JUNIOR TOPIC—For Jesus' Sake.

INTERMEDIATE AND SENIOR TOPIC—What Liquor, Drugs, and Tobacco Do to Health.

YOUNG PEOPLE AND ADULT TOPIC—How Intemperance Affects Health.

The universe of God is perfectly organized in every respect. Beings that function in the spirit realm are spirit beings, not subject to the limitations of the physical world. We who dwell and serve in the physical world are equipped with physical bodies which are ideal instruments for our present existence. Rather should we say that they would be ideal for every need of our present realm of life and service if sin had not entered and as a result of sin—weakness and sickness; in fact, the very sentence of death is written in our bodies.

With all their shortcomings and frailties, however, our bodies are indeed marvelous machines, intricate and delicate, yet unbelievably hardy and durable. They are a gift from God, and it is our express responsibility to glorify God in our bodies (I Cor. 6:20). This means that we must do everything in our power to make our bodies well if they are sick, to keep them well, and to use them for God. No follower of Christ can either carelessly or willfully do that which may or will injure or lessen the efficiency of his body.

I. How to Have a Strong Body.

It is obvious that not every one has equal physical strength and health. In some measure this is by divine providence or at least by God's permissive will, and those of us who find ourselves thus limited do well to count on His grace for patience to use what we have for His glory. But not one of us wants to yield hopelessly to our inability. Rather we will do our best to overcome it. We want to know

1. How to cure weakness (Mark 6:53-56).

God alone can heal the sick. Even in our day when science has made such strides in the healing art, we note that the most successful remedy or system of treatment is the one that clears the way for what men call nature, but we know to be God, to work. Jesus healed the multitudes in the land of Gennesaret; He heals in America.

2. How to prevent weakness (Judg. 13:12-14).

The mother of Samson, who was to be a Nazarite, was to drink no wine and to observe careful dietary regulations before he was born. That is the time to prevent weakness in the body of a man, before he is born. One wonders what is to be the harvest in our modern times with liquor-drinking, cigarette-smoking mothers as well as fathers. The next generation is starting out with a serious handicap.

Note also that if it is bad for a man to have such poisons in his veins before he is born, surely it is poor judgment to put them in after he comes to the age where he controls his own life. We need to watch our diets, and we have much valuable help on that point. We also need to give serious attention to the use of narcotics. It may surprise some to know that the term narcotics includes not only drugs and alcoholic beverages, but also tobacco, and such common things as tea and coffee.

Other abuse of the body, such as overwork, neglect of rest, etc., may well be mentioned. The besetting sin of some Christian workers is the destruction of their bodies, the very temple of the Holy Ghost, by overwork.

II. How to Use a Strong Body.

Unfortunate as it is to observe that some who would serve the Lord have to struggle with the weakness of the body, it is far sadder to note that all too often those who have strong bodies forget to use that strength for God. Our Scripture portions give us two excellent guiding principles. Our bodies should be

1. Kept for God (I Cor. 3:16, 17).

These verses refer to the body of the Christian, for only of him can it be said that his body is the temple of the Holy Ghost. It is to be regretted that many Christians have such vague and unscriptural ideas about the Holy Spirit that they regard Him as a nebulous, pious influence that hovers around a religious gathering.

The Holy Spirit is a person, the third person of the blessed Trinity. He comes to dwell within the soul of the Christian immediately upon his being regenerated, thus making his body the temple of the Holy Ghost. A clear grasp of that truth solves the problem of what we should do with and for our bodies. We must keep them well and clean. We dare not defile them in any way. The body of the Christian is kept for God.

2. Yielded to God (Rom. 12:1, 2).

It is a high and noble sacrifice to die for Christ.

But our call just now is to be a "living sacrifice." There are times when that may seem harder than to be a martyr. We do know that it is not always easy to live through the drab, difficult, and sometimes dreadful days, with a clear and shining testimony for Christ. But it can be done and is always to His glory. It is by the transforming grace of God that we are enabled to live such a life.

Pain

Pain is in itself a sharp discipline and hard to bear.

TIPS to Gardeners

Choosing Flowers

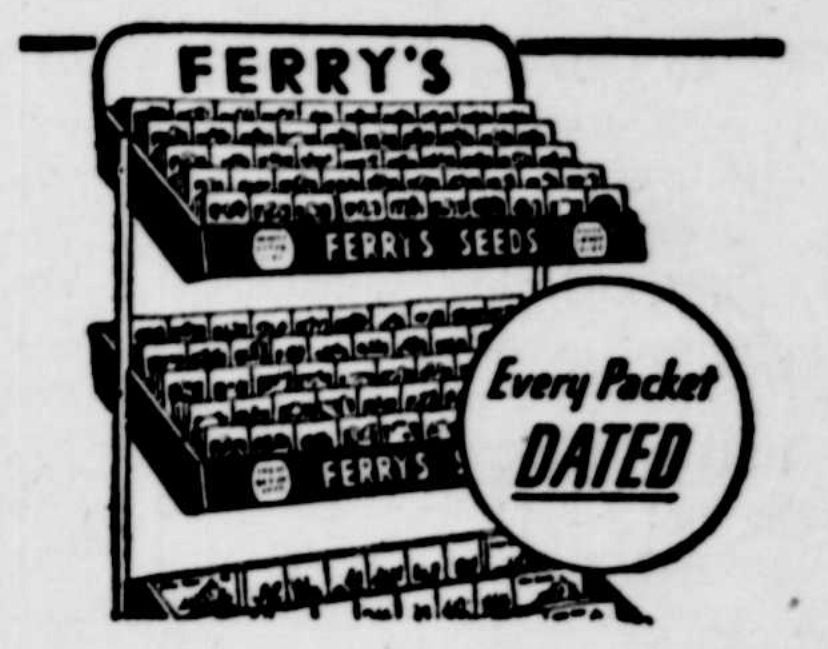
IF YOU want flowers that come into bloom early, plant seeds of nasturtium, Virginia stock, zinnia, sunflower, bachelor's button and alyssum.

Among the easiest flowers to grow are the nasturtium, alyssum and California poppy.

To achieve brilliant color in the garden with a minimum of effort, grow petunia and zinnia. They require some care early in the season, but once established they grow luxuriantly, and nothing provides more color.

If snapdragons and asters, though among your flower favorites, are barred from your garden because of the prevalence of rust and wilt, return them to their deserved places by getting rust and wilt resistant varieties from your seed dealer.

In your rock garden, try some of the following: African daisy, linaria, lobelia, statice, verbena and Virginia stock, among the annuals; and columbine, English daisy, forget-me-not and Iceland poppy, of the perennials.



BE SURE OF YOUR SEEDS

YOUR seeds need not be one of the uncertainties of gardening, thanks to the work of the unique Ferry-Morse Seed-Breeding Institute. Here's how the Institute's seed experts produce dependable, prize-winning Ferry's Seeds:

First—seed stocks are perfected by generations of breeding and selecting to develop desired characteristics and to eliminate weaknesses.

Second—every year, before Ferry's Seeds are packeted, 50,000 tests for germination are made—and samples are tested for *trueness to type.*

Choose vegetable and flower seeds you can be sure of—from the Ferry's Seeds display in your favorite store. These seeds have been selected as suitable to your locality. 5c a packet and up. Ferry-Morse Seed Co., Detroit, San Francisco.

FERRY'S SEEDS

Three Generations

Grandfather had a farm.
Father had a garden.
Son has a can opener.

FREE 4 cups of GARFIELD TEA to show you the easy way to KEEP CLEAN INSIDE!

You'll like the way it snaps you back, overnight, to the feeling of "rarin' to go" fitness and inside cleanliness! Helps eliminate the left-over wastes that hold you back, cause headaches indigestion, etc. Garfield Tea is not a miracle worker, but if CONSTIPATION bothers you, it will certainly "do wonders!" 10¢ and 25¢ at drugstores—or WRITE FOR FREE SAMPLES of Garfield Tea and Garfield Headache Powders to: GARFIELD TEA CO., Dept. 11 A, Brooklyn, N. Y.

Zeal and Patience

With zeal and patience, the mouse pierces a plank.—Proverb.

ONLY LUDEN'S MENTHOL COUGH DROPS will do these 3 things . . . and all for . . . 5¢

1. Soothe inflamed membranes
2. Menthol helps clear the head
3. Help build up your ALKALINE RESERVE WHEN A COLD STRIKES!

Fight for the Good

It is better to fight for the good than to rail at the ill.—Tennyson.

Constipation indicates disordered stomach, liver and bowels. Wright's Indian Vegetable Pills restore regularity without griping. Reliable remedy for nearly a century. 25c a box at druggists or Wright's Pill Co., 100 Gold St., N. Y. City.

Sentinels of Health

Don't Neglect Them!

Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood stream free of an excess of toxic impurities. The act of living—*life itself*—is constantly producing waste matter the kidneys must remove from the blood if good health is to endure.

When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel tired, nervous, all worn out.

Frequent, scanty or burning passages may be further evidence of kidney or bladder disturbance.

The recognized and proper treatment is a diuretic medicine to help the kidneys get rid of excess poisonous body waste. Use *Doan's Pills.* They have had more than forty years of public approval. Are endorsed the country over. Insist on *Doan's.* Sold at all drug stores.

DOAN'S PILLS