DOUBLE-FACED

By JANNIS PARKER

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THE library of the Dickey estate was mahogany furnished, dark paneled. Huge chairs, heavily carved tables, and tapestries were grouped luxuriously under its high ceiling. Long logs snapped and crackled in the massive gray stone fireplace.

From other portions of the house floated sounds of merriment—guests disporting themselves in true house-party fashion.

In the library a man and woman were conversing in low, serious tones.

The woman was very lovely—slim, in an ivory satin evening gown, emerald pendants in her ears, her dark hair pointing low on her forehead in a pronounced widow's peak.

The man was older, iron-gray hair freezing to white, but with a young, full mouth and a glint in his woman-loving eyes that death alone could dim.

He sat, legs comfortably crossed, in one of the big leather chairs.

The woman paced the heavy Oriental rug, snapping matches brittlely in her long, slim fingers. Her evening gown clung, swaying softly at her ankles as she moved.

"He's a nice boy, Lois."

Another match snapped in the woman's fingers.

"A darn nice kid," repeated the man. "And I'll wager he makes you a better husband than I did."

"Please, Conrad, not so loud!"

The woman paused in her pacing. Her lovely brow was wrinkled anxiously.

The man slapped his leg delightedly.

"Surely he knows you've been married before?"

The woman threw the splintered matches into the hungry logs.

"Of course. But he never wanted to know who it was. Said that if he ever found out . . . "

"I know," broke in the man. "If he ever found out he'd strangle him with his bare hands."

He felt appraisingly at his straight-columned throat.

"Much as I like to please my guests, being strangled doesn't fit into tonight's mood. Some other time, perhaps."

The woman sat down with a quick movement, hunched over and stared into the fire. Her hands twitched in her lap.

"The same Conrad," she half-murmured.

"Come now," pleaded the man, patting one of her hands, "you've always looked at life out of such serious eyes, Lois."

He touched his white-glazed shirt with a light gesture.

"Look at me!"

"Precisely what made me look at life seriously," she replied. "The more I looked at you, the more seriously life looked back at me."

The man assumed a mock hurt expression.

"In a moment you'll be saying you never really cared for me—that you never knew what love was until you met this deuced attractive young husband of yours."

She turned on him fiercely.

"You're just angling to have me say I never loved anyone but you! Why you want to be the motive for every woman to break up her life, I don't know!"

"Not every woman."

The man spoke with such quiet dignity and seriousness that Lois, married though she had been to him looked quickly, (was it almost hopefully?) into his gray eyes. But they were glinting back, as they always would. She flung herself away disgustedly.

"Let's join the others."

"But I want to discuss that young cub of yours," he put in. "I think he's got something. Of course all young inventors rave and bubble over, but that little gadget with all the wheels intrigues me. Yes, the lad seems somehow to smatter of real talent. What do you think?"

The woman turned to him.

The fire glowed on her face. Her earrings swung sparkling.

"I think you have another little scheme up your sleeve. And what it is, only his Satanic majesty knows. Please, Conrad—I had no idea when the Millers insisted on dragging me to a magnificent house-party, that I was heading for my former home. And now, let's not discuss Tommy—let's join the others."

She started to leave but he pulled her back gently.

A couple was passing so she went submissively.

It would never do to be seen being pulled into a room by Conrad Dickey.

"You must outgrow this stubbornness," Conrad said. "I have no desire to talk about you"—Lois' ivory cheeks stung under her quick flush—"I want to inquire into the career of that inventing husband of yours."

"There's nothing to inquire into as yet," she retorted. "Tommy's got an A-1 mind and he's using it. But crouching poverty isn't the ideal barrier to have confronting an inventor. I'm hoping he'll make it, praying he'll make it, and now, let's join the others."

He ignored her suggestion, telling her softly.

"Your prayer's been answered."

She stopped abruptly on the heavy carpet.

"You likely remember the time your alimony stopped?"

She bit her lip.

"Conrad, I refuse to be interested."

"The alimony stopped because of my business reverses," he went on, "not because I wanted to be cussed."

"No explanation is necessary."

"Well," he continued, "the reverses reversed, the homestead was saved, and the staff put in running order again. Hence, I'd like to make out your little check covering the lapsed months."

"The hitch?"

"No hitch."

"I'm still not interested." She turned to go.

"It would certainly help him a lot," he reminded her.

She hesitated.

"Come, it's not a gift, you know. It's your own money. Your alimony which lapsed and which was to terminate only in the event of your remarrying. I'll tell you—since you're so modest—we'll toss for it!"

She looked up into his eyes. They were still glinting but more mildly.

"Very well, but there's a trick in it some place."

"You think I'm terribly hard-hearted, don't you?"

"It's not a case of a hard heart or a soft one, but rather its absence."

He smiled, apparently satisfied.

"Heads?" He suggested, his right hand in his right pocket.

"No. Tails."

His left hand took a coin from his left pocket, flipped it.

He scrutinized it very seriously and then beamed.

"Tails it is."

He took her arm and piloted her from the library.

"That little ten thousand will come in very nicely for Tommy." He smiled, fingering the coin in his left hand pocket—the coin whose two sides were identical.

The coin in the right-hand pocket bore a head on either side.

Ten-Inch Fish of Brazil Held Most Bloodthirsty

When one's mind turns to man-eaters, we naturally think of lions, tigers, or perhaps the great white shark. We would be unlikely to consider fish from eight to ten inches long in this deadly category. However, we do not live in the great Amazon valley of equatorial Brazil, where the rivers and streams fairly teem with the most bloodthirsty variety of fish known in any part of the world, writes Arthur H. Fisher in Nature magazine. This is a true man-eater, and at the first sign of blood attacks with an amazing frenzy.

This piscatorial bulldog is the piranha, which abounds in large schools in most of the streams of the Amazon valley. It rarely exceeds ten inches in length, but what it lacks in size is made up in savagery and numbers, for these schools will attack any warm-blooded creature, whether it be a child, a man or a full-grown bullock. Many a poor unfortunate native, caught unawares by these creatures, has been reduced to a skeleton, and those who read Theodore Roosevelt's book, "Through the Brazilian Wilderness," will recall that one of his native porters was badly mutilated by these fish.

The piranha derives its name from two Tupi Indian words, pira, meaning fish, and anha, meaning tooth. It is well named, for the mouth is equipped with a double row of sharp, sharklike teeth so arranged that the undershot jaw renders them capable of cutting off a human finger at a single bite.

In the tributaries of the Amazon it is never safe to dangle your hand in the water, for without warning you may lose one or more digits. This very thing happened to the director of the Goeldi museum at Para some years ago, and while I was personally making motion pictures of these fish in the Amazon country a native assistant lost most of his thumb while transferring one to an aquarium I had constructed for the purposes of photography.

Greatest Jewish Historian

Heinrich Graetz, author of "Geschichte der Juden," is generally conceded to be the greatest Jewish historian. The work was begun in 1853 and completed in 1875. It has been translated into many languages.

Wash Weaves Gain in Style Prestige

By CHERIE NICHOLAS

THERE is greater high style appeal in wash materials this season than ever. The acceptance of glamorous, gorgeous lines (plain or printed) and spun rayons (new star shining bright in the fabric firmament) as "dress-up" materials is one of the outstanding milestones that marks the progress of fashion.

If you would see piques and cotton voiles and rippled or varied-type cloque cottons, organdies, seersuckers (sheer or sturdy) and gay stripes or plaid ginghams or the new corded cottons, likewise cotton nets and laces "show off" in all their glory, tuning to every phase of fashion from simplest housedress, housecoat or swim suit, to most exquisite wedding ensembles, evening formals or party frocks, get yourself invited to the spectacular event presented each year in various style centers—the Cotton ball that pays homage to "King Cotton." However, sans the Cotton ball, you will not lose out in seeing this season such pageantry of cotton materials and other smart washables as you've never seen before, for all the stores are these days making a countrywide display of the loveliest wash weaves fancy might picture.

It is really a very intriguing thought to know you can go to the most "highbrow" affair and be classed among the best dressed, gowned in a simple wash voile or a pin-tucked batiste laden with val lace edgings, or a tailored gingham that is fashioned decollete, with a full skirt and bolero.

Not that we are losing sight of the style element and the practicality that wash materials ever maintain for sportswear and general utility wear. That side of the question is a subject so exhaustless we will not attempt to touch upon it in these few paragraphs.

There is, however, this conclusive argument in favor of modern wash fabrics whether they be formal or utilitarian to the effect that if you are careful to buy the right sort of washables they carry with them the guarantee of being both non-shrinkable and non-crushable. It is indeed a comfort to the woman who is her own seamstress to know that from now on with these latest improvements in tub fabrics she can buy her patterns exactly the right size without having to allow for possible shrinkage.

In the picture we are showing three "reasons why" dresses of handsome wash materials are outstanding in the spring and summer style scene—charming enough to wear most anywhere in the day's social swirl, you'll agree. Fine hand-blocked linen glowing with colorful naturalistic rose and bud motif (a glorious fabric for the more dressy type of "onlooker" dress) fashions the center model. Miracle of miracles, such a "dressy" sport frock is exactly as practical as its more mundane sisters, for being preshrunk, its "lines" and its colors are permanent, regardless of numerous tubbings. And the same may be said for the gowns that complete the group.

For the dress to the right soft tailoring brings out the beauty of a most likable spun rayon fabric that you can rely upon to go through tubbings victoriously and that will capture your heart with its colorings and striking patternings. A Mexican motif on the print patterning, gay buttons, a bright raffia belt, carry out the blithe mood of the gay caballero linen print that tailors to perfection in the youthful dress to the left. Any young woman would do well to tuck such a frock away in her vacation trunk. It will insure conquests for her.

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CHOOSE POLKA DOT

By CHERIE NICHOLAS

Dots, dots, dots are repeating and repeating in the newer silks. Here pictured is a very up-to-the-moment young fashionable wearing a directoire double breasted daytime dress styled of smart polka dotted silk. You have the Paris angle of a leading summer style trend when you choose dotted patternings. Note the oval-shape bib of gathered white net and a tie of white pique. The white pique directoire bonnet she wears is the "last word" in millinery showings.

SOME HIGH POINTS IN LATE FASHIONS

Dresses and coats alike have a tendency to pull fullness to the rear or the side with draping, plaits and panels. Long sleeves are by no means out, but many designers, like Lucile Paray, show elbow sleeves for everything, including coats.

Equally as popular as the skirt-and-jacket ensemble for sport and daytime wear is the dress with its own jacket or full-length coat. Jackets are moulded to the waist and unbelted; generally single-breasted, simple in line, but feminine in appearance. Down to the hips is the usual length, but Mainbocher shows them tunic length, and Chanel likes waist-length jackets and boleros, many with little bustle-like peplums.

Smartest Spring Dresses Are Seen Featuring Lace

Some of the smartest street and tailored dresses seen this spring are of lace. And not only the solid, fabric-like laces which have been and still are so popular, but the sheerer types which have heretofore been associated only with evening wear. These are seen in the simple one and two-piece versions of the classic day dresses. Sometimes they are all lace, and as often you see them in combinations of lace and fabric.

Popular Trimming

Pique for sports and informal wear; lace for dress-up occasions; organdie good the clock around—that's the way the fashion world divides the honors in trimming this season.

Evening Mode

Both the wide skirt and the straight line are popular for evening gowns.

Suggests That America of Present Day Had Its Origin in West Indies

It may seem illogical to say that America of today had its origin in the West Indies. But such is a fact, asserts a writer in the Chicago Tribune, and that is why many people visit the islands of the Caribbean.

It is easy to picture the buccaneers and their victims, and the wild debauchery in which the loot was spent. Those bearded pirates were the gunmen of their period and they didn't bother much about "Hands up!" or "Don't move or I'll shoot!" They began to shoot as soon as they got into range. Hundreds of millions of gold were collected by these freebooters, and much of it is buried somewhere between the tropic of Cancer and the equator.

Mention of the West Indies brings to mind a flood of recollections—pictures of Columbus, the discoverer; De Leon, who loved Porto Rico so much that he sought the fountain of youth so that he might grow young again to enjoy all the longer its beauties; De Soto, who built the old fort which stands in Havana, and who sleeps in the bottom of the Mississippi river, which he discovered; Cortez, who found a splendid civilization in Mexico and wrecked it for the sake of gold; Balboa, the stowaway, who discovered the Pacific ocean; Pizarro, who spent a dozen or more years in his efforts to reach Peru so that he might rob the Incas of their vast wealth; Morgan, who sacked and burned Panama after his men had obtained its treasures; Drake, the privateer, who was just a pirate with a new name; Raleigh, who popularized tobacco and the potato; Josephine, the little girl from Martinique who became the wife of Napoleon and thus the empress of France.

What Women Want to Know About Fashions

Sleeves are simple and generally short.

Yellow petticoats and slips are being worn with navy costumes.

Many silk suits and coats are having a big play in the couture this spring.

If you are looking for a costume which is decidedly new, consider the suit which has a waist-length bloused jacket.

Enormous brims is outlook for summer.

Candy pink has invaded the field of fashion.

New frocks reveal a trend toward softer lines.

Little girls will fall in love with an ensemble in two shades of yellow.

Many of Molyneux's slimmest evening sheaths are set off with floral "boas."

WHAT TO EAT AND WHY ★

C. Houston Goudiss Noted Food Authority Describes the Need for IRON and COPPER

Shows How You Can Help to Avoid Anemia by Including These Blood-Building Minerals in the Diet

By C. HOUSTON GOUDISS
6 East 39th Street, New York City

OF ALL the nutrition problems that challenge the homemaker, none is more important than supplying her family's need for iron. This mineral is sometimes described as the supreme element in nutrition because it is an essential constituent of the blood.

—★—

How Blood Is Constructed

If you should examine a drop of blood under the microscope, you would observe that it is composed of red cells and white cells. In normal blood there are about 25 million times a million red blood corpuscles, owing their color to the iron-bearing protein hemoglobin. They carry oxygen to all the body tissues, and remove the carbon dioxide formed during the combustion of body fuel.

A reduction in the amount of hemoglobin in the blood may cause shortness of breath, quickened respiration and an accelerated heart action. Lack of appetite, weakness, and a slowing of all vital functions may also result from the diminished supply of oxygen to the tissues.

—★—

Lack of Iron May Lead to Anemia

In many young people the blood does not function normally, though frequently parents are unaware that anything is wrong. You may scold them for being lazy, for lacking interest in their work, or never heeding the things you tell them, when the real trouble is due to iron starvation which, if long continued, may lead to anemia.

The person who has a tendency toward anemia usually tires easily and lacks pep; complains of cold hands and feet; worries over trifles, and may have a complexion that is anything but rosy.

The great danger of an iron-deficient diet is that it deprives the body of its chief defense against disease. For when the quality of the blood is poor, one becomes an easy prey to infection. Moreover, if a serious illness occurs, lowered resistance makes it difficult to fight it off.

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Two Forms of Anemia

Anemia may be due to loss of blood, deficient blood formation, or to increased blood destruction in the body. The different forms of the disease are sometimes classified as primary and secondary anemia.

Primary anemia is usually known as pernicious anemia. It is a grave condition in which the marrow of the bones has lost its power to make red blood cells.

Secondary or nutritional anemia may result from loss of blood in an accident, or it may follow a long, infectious illness. **For any infection lowers the iron reserve in the body. But the most common cause is a diet lacking in sufficient iron over a long period of time.**

—★—

How Much Iron?

It is believed that about 10 per cent of the total hemoglobin in adults is destroyed daily. And for this reason iron-rich foods must be included in the diet every day.

Investigators have found it difficult to determine the exact iron requirement, but according to the latest estimates, from 12 to 15 milligrams a day will not only provide adequately for bodily requirements, but will allow a reasonable reserve.

—★—

Women Need More Than Men

Women require more iron than men, in proportion to the body weight, to make good the losses that occur during the menses. Expectant mothers need a generous amount of iron, not only to provide for their own needs and for the normal development of the fetus, but to create a reserve supply in the baby's body which will last through the period of lactation.

The percentage of iron in the baby's body is about three times that of the adult. Nature has wisely designed this reserve to make up for the low iron content of milk which constitutes the chief food during the first six months of life. Nutrition authorities believe, however, that better health results when an iron-rich food, such as egg-yolk, is introduced very early into the diet. This helps to prevent the slight anemia which was formerly regarded as unimportant, but which is now recognized as making the baby more susceptible to infection and retarding growth.

—★—

Children's Requirement High

It is desirable to keep the iron intake at a high level throughout childhood, for it has been discovered that better health results when a surplus is allowed above the daily requirement. But there is a very special need for iron in girls from the beginning of adolescence through the eighteenth year.

—★—

Iron-Rich Foods

To maintain top health and prevent the possibility of nutritional anemia, the homemaker must learn to meet the daily iron requirement of her family and not leave this vital matter to chance.

Iron-rich foods include egg yolk, liver, molasses, dried beans and peas, whole grain cereals, lean meat and green leafy vegetables. While milk has only a small amount of iron, experiments show that its iron is readily absorbed and is utilized to good advantage.

Eggs are such an excellent source of iron that one egg yields about one-tenth of the standard requirement. Lean meat furnishes a considerable amount, but liver is so much richer that it should be eaten frequently. Dried beans are inexpensive and when baked with molasses become a good source of iron.

It is a pity that parsley is so often used only as a garnish, because it has a higher iron content than most green leafy vegetables. Though potatoes contain only a moderate amount of iron, they are usually consumed in sufficient quantities to make them a significant source.

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Copper Also Necessary

Investigation has demonstrated that adequate iron alone is not enough to prevent nutritional anemia, for the body cannot convert iron into blood pigment unless copper is also present. Therefore, in order to obtain the full benefits of iron, the diet must contain sufficient copper. Foods that supply copper in abundance are liver, nuts, dried beans and peas. Smaller but significant amounts are provided by whole grain cereals, dried fruits and poultry.

I shall gladly send to every homemaker a list of foods rich in both iron and copper, and also sample menus showing how to plan a balanced, blood-building diet.

I urge you to write for this material and keep the blood-building foods in mind when planning menus. Never forget for an instant **that good blood is the best form of life insurance.**

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Send for This Free Blood-Building Diet

Including a List of Foods Rich in Iron, Copper

—★—

READERS are invited to write for a free bulletin containing a list of foods rich in iron and a list of those rich in copper. Also included are sample menus showing how to plan a balanced diet containing adequate amounts of foods rich in these blood-building minerals. Send your request—*a post card will do*—to *C. Houston Goudiss, 6 East 39th Street, New York City.*

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Readers of this newspaper are invited to write to C. Houston Goudiss, at 6 East 39th Street, New York City, for his scientific Reducing Bulletin, which shows how to reduce by the safe and sane method of counting calories.

• *The bulletin is complete with a chart showing the caloric value of all the commonly used foods and contains sample menus that you can use as a guide to comfortable and healthful weight reduction.*

For Early Summer Days

MAKE yourself something very pretty and smart to wear as soon as the bland summer days are here. These are so easy—each is a diagram frock, which means the pattern is amazingly easy to work with. Both dresses bring you leading fashion notes in dresses for summer daytimes that are still soft and dressy enough to wear to afternoon parties during the summer.

Slenderizing Lines.

Everything about this dress is flattering to large women—the v-neckline, the short, rippling sleeves, the smooth shoulders, front fullness, and waistline, snugged in by darts. You'll want to wear it all the time, when you see how becoming it is. In georgette, chiffon, voile, or thin silk print, this will be your favorite—and later on your coolest—dress.

Frock With Slim, Crisp Lines.

Cleverly fitted in to minimize the waistline, puffed high and wide as to sleeves, full at the skirt and with a demure round neckline, this is one of the most charming new dresses you could choose. A bit of ricrac braid and two little bows are all the trimming it needs, the lines are so perfect. Make it up in silk print, dimity, dotted Swiss.

The Patterns.

1504 is designed for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38 requires 5¼ yards of 39-inch material; collar in contrast (if desired) takes ⅝ yard.

1502 is designed for sizes 14, 16, 18, 20, 40 and 42. Size 16 requires 4 yards of 39-inch material. 1¾ yards of ricrac to trim.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-third street, New York, N. Y. Price of patterns, 15 cents (in coins) each.

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