Floyd Gibbons'

ADVENTURERS' CLUB

HEADLINES FROM THE LIVES OF PEOPLE LIKE YOURSELF!

"The Roar of Death"

HELLO EVERYBODY:

Here's a story I don't believe has ever been told before in English. It happened during the World war, and a country at war doesn't let news of its internal troubles leak out if it can help it. Strict censorship is clamped on the news and the mail. No disaster of any importance is allowed to be mentioned. That's why I don't think this yarn has ever been told over here. For it happened in Germany on July 19, 1918, and it is my guess that the event we're going to hear about was a serious blow to the German cause.

Worked in German Munitions Factory.

Margaret Loescher, who lives in the Bronx, N. Y., is today's Distinguished Adventurer. Margaret was born and brought up in Germany. During the war she worked in the munitions factory at Plauen in Saxony, and her mother worked with her.

Both of them were ambitious. They worked at piece work—were paid according to the number of finished articles they turned in at the end of the day. Now it's no sin to be ambitious. Ambition is a quality that has always been highly regarded in the civilized world. But this is one of those queer cases where Justice was caught asleep at the switch. Ambition might bring riches, and happiness, and contentment to everybody else, but to Margaret and her mother it brought only adventure—and tragedy.

Their work consisted of sewing together the powder blades that were used for gun charges. They worked at it steadily—industriously—except at such times when the alarm rang for a fire drill. Fire drills annoyed Margaret and her mother. It meant just so much valuable time taken away from their sewing, and one or two fewer powder blades to turn in at the end of the day.

Fire Was Sweeping Through the Plant!

On July 18, there was a fire drill, and the munitions workers all filed out of the factory. And the very next day the alarm rang again. It was too much for Margaret's patience to stand, and her mother felt the same way about it. For the first minute or two they remained at their work,

Clothes aflame, girls were jumping to the ground.

trying to get in a few extra stitches. But this time it wasn't just a drill—it was the real thing. Somewhere in the big factory fire had started and was sweeping through the plant. And the precious minute mother and daughter had wasted made all the difference between life and death.

For a moment they sat at their benches—then a dull roar sounded somewhere at the end of the plant and the building began to quiver. They leaped to their feet then—started running toward the exit. But they couldn't run as fast as the destruction that was sweeping the factory. With the air filled with powder dust—with powder dust strewn over the floors and coating the benches and machinery, that fire shot through the whole area with a speed like that of a bullet. The two women were no sooner on their feet than a huge flame shot through their department.

Explosion Blew Her Through Window.

Margaret remembers a scream—a sharp, piercing shriek from the throats of the sixty or more girls who still remained in the room. It was a scream that Margaret joined in. The next thing she remembers is coming back to consciousness lying outside on the fire escape platform. The terrific power of the explosion had thrown her right through an open window.

Margaret is glad, now that they had so many fire drills in that plant. When she rose to her feet, she was dazed. But habit instilled in her in previous drills guided her. Instead of falling into a panic, she let her feet carry her down the fire escape stairs. If she had started when the alarm sounded she might have escaped from the building unharmed, but now it was too late. As she neared the lower floors she was stopped by burning girls, their clothing in flames, running madly to the stairways—jumping to the ground.

Great sheets of flame were shooting from the lower windows. It was impossible to get past them and reach the ground. Margaret looked back up the fire escape. Flame was coming out of the windows above her, too. She was trapped on the metal stairway—and already the railings and the iron treads were red hot, just a few feet above and below her!

Flames Were Closing In on Her.

Inch by inch the cherry-red glow of hot metal was closing in on her. Sooner or later it would reach the spot where she was standing. But she would never know about that. The overpowering heat would get her first. Already her head was spinning. She reeled and scorched her hands when she grasped the hot railing to hold herself up. The soles of her shoes were smoking. Another blast of hot air smote her body and she could feel herself going. Then, things went black before her eyes.

Margaret doesn't know what happened after that, and she was never able to find out. When she next awoke she was in the hospital, and the horrors she witnessed in her ward were worse than those of the fire. The big room was jammed with dying girls, fearfully mutilated and suffering the most terrible pain known to man. Twice during that stay in the hospital Margaret went to sleep at night and awoke in the morning to find that she was the only one of 36 girls still alive.

It was in the hospital, too, that she first learned of the death of her mother. She was one of the 400 or more victims who died in the fire and the explosion. And Margaret still carries scars on her body that serve as a terrible memento of the tragic adventure, and a grim reminder that all of the war's injured do not get their wounds on the battle front.

Copyright.—WNU Service.

Varnish an Ancient Product

Linseed oil was used in varnish-making by monks as far back as the Twelfth century. Varnish-making, along the lines of the later day product, dates from the time of Theophilus, although protective finishes were manufactured as long ago as the days of the Pharaohs.

The Big Wind in Ireland

The Big Wind occurred in Ireland on the night of January 6, 1839. In Limerick, Galway and Athlone, hundreds of houses were blown down and hundreds more were burned by the spreading of fires.

Acquiring Freckles

Most people acquire freckles after exposure to strong sunlight—on other faces the spots just grow. Red-haired persons are generally endowed with very fair skins, tend to freckle most easily.

Strange 'Offering to Heaven'

Legend says Li-Shin-Min, a Chinese emperor, made a strange "offering to heaven" 1300 years ago. Praying that a plague would be stopped, he swallowed a live locust to prove he meant his prayer.

Derived From Archery

The term "God save the mark" is derived from archery, and is an expression to avert evil. When a man hit the mark he prayed that another archer might not hit it and thus disturb his arrow.

Birthplace of Washington's Mother

George Washington's mother, Mary Ball, was not born in England. She was born on her father's estate in Lancaster county, Virginia, in 1706. Her father, Joseph Ball, had four children, Joseph Jr., Susie, Mary, and the name of the fourth one is unknown.

Art of Making Honey

A bee pushes its tongue into a cosmos for nectar. It converts this into honey by buzzing its wings over the fluid to evaporate the water. It takes 80,000 bees to bring in enough nectar for one pound of honey.

Transportation on Snow

The first book to mention transportation on the snow was Xenophon's "Anabasis," which tells of Armenians who put enlarged shoes on their horses while traveling in the mountain passes.

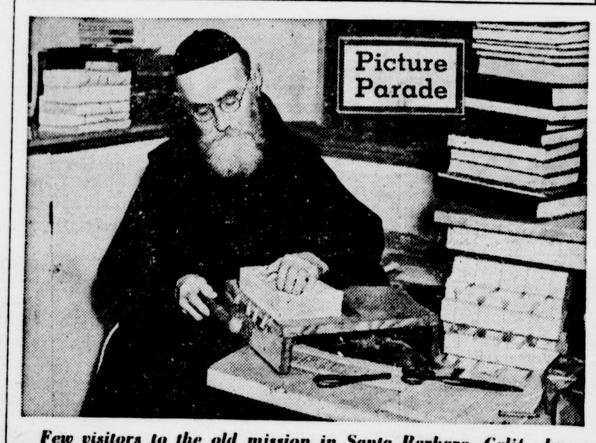
Removing Glasses Mark of Respect

For countless centuries, many peoples of the Orient, particularly the Chinese, have removed their spectacles, as a mark of respect, when talking to another person, says Collier's Weekly.

Pocahontas' Real Name

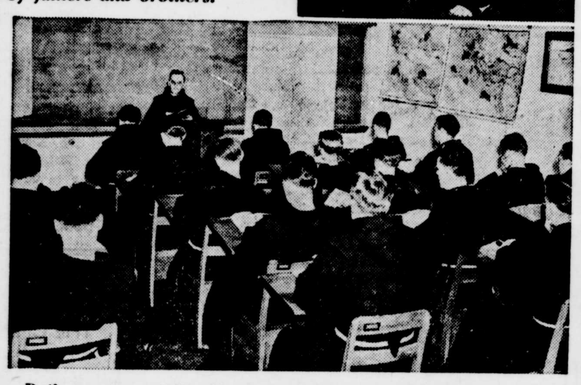
Pocahontas' real name was Matoaka. Pocahontas is a verbal adjective meaning he or she is playful. The nickname was used by her father in speaking with the Virginia colonists.

With the Franciscan Friars



Few visitors to the old mission in Santa Barbara, Calif., know that the friars who wear the cowled brown robes of the order of St. Francis of Assisi, are not merely part of the atmosphere, but actually perform numerous tasks for the Church. Here are teachers, students and artisans, like Brother Panphinus Schmitz (above), who is shown binding books. He also manufactures shoes and clothing, helping make this Christian socialism one of the happiest states of existence in the world.

Above is Brother Wendelin, the tailor, braiding cord for the robes of padres. At left is Brother Juniper, helping prepare a meal for the entire community of fathers and brothers.



Daily routine of life begins at 4:40 a. m. and lasts until 9:15 p. m., with but a half hour off for meals, during which absolute silence is maintained. This schedule is much the same as when the mission was founded. Above are students preparing for the ministry, attending an advanced theology class. Many lectures and class discussions are in Latin.

As in the outer world, Monday is washday at the old mission. Brother Seraphin Silva is shown hanging up the week's laundry. Hour periods of recreation are enjoyed by the student priests here.

Some of the work is very hard. Brother Aloysius, head farmer for the mission, plows in the ancient vineyard. Santa Barbara is one of three California missions still administered by Franciscans.

Clerics, advanced priesthood students, broadcast each week.

How Patent Leather Is Made

Patent leathers are made of a leather that is soft but not stretchable. It must be solid and minus all grease. Several coats of black varnish are applied and the last coat is baked on.

Oasis of Date Palms

Marrakech, the largest city of Morocco, at the base of the snow capped Atlas mountains, is surrounded by an oasis of 100,000 date palms.

Apple Tree Heavy Drinker

According to an authority, an average apple tree will absorb from 15 to 20 tons of water a year. Actual experiments have shown that 40 apple trees will take up 760 tons of water annually, or about 7 acre-inches of rainfall.

Pimento Used for Canes

The wood of the pimento tree, which thrives principally in Jamaica, is extensively used for fine walking sticks.

What to Eat and Why

C. Houston Goudiss Discusses Significance of Fruits and Vegetables; Tells the Truth About Canned Foods

By C. HOUSTON GOUDISS

A GENERATION ago, except in mid-summer, fruits were a luxury that only appeared, with nuts, at the end of a festive meal, and vegetables, except for the root crops, had no regular place in the daily diet. But when scientists established the importance of mineral salts in human nutrition, these two groups of foods assumed a position of commanding importance, *because next to milk and eggs, they are the chief conveyors of minerals from the soil to man.*

With the discovery of vitamins they achieved new distinction, because in their content of these vital substances, they rank with milk and eggs as "protective" foods.

Foods That Safeguard Health

In addition to providing nutrients that are indispensable for buoyant health and normal growth, they possess another important virtue: the indigestible cellulose or bulk yielded by the fibrous framework of the leaves, stems and fruits of plants, has a **natural laxative value** which helps to insure normal elimination. And finally, they are extremely useful in helping to maintain the acid-base balance of the body, for all vegetables and most fruits yield an alkaline-ash following digestion.

Green Vegetables for Iron

Fruits and vegetables supply varying amounts of practically every mineral element the body requires.

They do not compare with milk as a source of calcium, but substantial amounts of this bone-and-tooth-building substance are to be found in leaf and stem vegetables, carrots, oranges, figs and strawberries. Moreover, investigations have demonstrated that calcium from vegetables is well utilized by adults.

Green vegetables, in general, are outstanding as a source of iron. And it has been further established that their iron is better absorbed and becomes more completely available for nutrition than iron from some other sources.

Some fruits are also valued for their iron content, the more notable including oranges; tomatoes, which are botanically a fruit, though they are classed as a vegetable; strawberries, blackberries, raspberries and huckleberries; and dried figs, dates and prunes.

Vegetables for Vitamin A

We usually think of milk and other dairy products as our most important sources of vitamin A. But recently, it has been determined that the thin green leaves of vegetables are also outstanding in this respect. Weight for weight, when fresh, escarole is more than five times as rich as butter. Young green peas and green string beans are also a good source of this vitamin as are tomatoes, carrots, and sweet potatoes.

Sources of Vitamin C

Vitamin C, which is essential for maintaining the health of teeth and gums and for preventing the degeneration of muscle fibers generally, is obtained almost entirely from fruits and vegetables. The principal sources of this vitamin are the citrus fruits; raw and canned tomatoes and canned tomato juice; strawberries; raw carrots, onions and yellow turnips.

As this vitamin is easily destroyed by heat in the presence of oxygen, the amount present in any fruit or vegetable is greatly reduced by the average home cooking methods. **On the other hand, this and other vitamins, as well as minerals, are usually well retained in commercially canned fruits and vegetables.**

What About Canned Foods?

I frequently receive letters from readers who question the merits of canned foods. They ask whether it is true that canned foods are devoid of vitamins; whether canned foods are wholesome for children; whether or not canned foods may spoil on the grocer's shelves; and if it is dangerous to eat foods that have stood in the can for a few minutes after being opened.

To discount the value of modern canned foods is to display a lack of knowledge as to how these foods are harvested, prepared and packed. **And the failure to use them may result in depriving your family of essential minerals and vitamins.**

There are available in cans today, 46 varieties of vegetables, 33 kinds of fruit, and 10 different juices, besides soups, numerous specialties and several kinds of fish. Every one of these presents a healthful and nutritious food in a form that is often superior to the same foods cooked at home. That is partly because of the methods employed and partly because canned foods are processed at the peak of their flavor and freshness.

A Superlative Canned Food

An outstanding example is canned salmon which has been called by one of America's leading food experts, "the cheapest and most nutritious animal food that can be had for children over six."

Very little fresh salmon finds its way into our markets and even then it may be far from "fresh" after a considerable journey packed in ice. On the other hand, salmon canneries have been established in close proximity to the waters from which salmon are taken, so that only a few hours elapse between the time the fish are removed from the water and the moment their rich nourishment is sealed in cans.

Similarly the fruits and vegetables designed for canning are allowed to mature on tree or vine. This means that they develop maximum flavor and vitamin content. Then they are picked, rushed to nearby canneries and hermetically sealed in cans. The sealed cans are then cooked at high heat so as to destroy any bacteria which might be present. Because they are protected from the air during the cooking process, and because the cooking liquors are sealed in the cans, they retain a maximum amount of minerals and vitamins. **It is because canned foods are so definitely superior in this respect that physicians encouraged the canning of strained fruits and vegetables for infants and young children.**

Fallacies Disproved

Canned foods will keep indefinitely without spoilage, as long as nothing occurs to make the can leak. It is **not** necessary to remove canned food from the container as soon as the tin is opened, though many homemakers often do so because the food presents a more attractive appearance in a dish or bowl. A hissing sound when opening does **not** mean that the contents of a can are spoiled, but rather that there was a vacuum in the can, which the air is rushing in to fill.

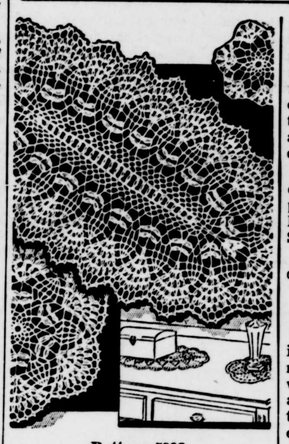
Thus canned fruits and vegetables are not only "as good as" fresh ones, but are often superior in food values. Every homemaker should see to it that she uses both liberally in the diet of every member of her family, as a means of providing liberal amounts of minerals and vitamins.

Questions Answered

Mrs. A. B. M.—There is not the slightest reason why a normal person should not drink coffee after middle age unless the beverage has been expressly forbidden by a doctor. On the contrary, many people find both coffee and tea extremely comforting in their later years.

©—WNU—C. Houston Goudiss—1938—32.

Doilies for Your Enjoyment



Pattern 5998.

Indulge your love of luxury with these lovely doilies. Whether it's your buffet or your luncheon table that you want to dress up, this pattern will do it effectively. The three sizes (15 by 28, 12½ and 5½ inches in string) are most practical and lend themselves to many uses. Use a finer cotton for smaller doilies. Pattern 5998 contains instructions for making the doilies; an illustration of them and of stitches; photograph of doily; materials needed.

To obtain this pattern, send 15 cents in stamps or coins (coins preferred) to The Sewing Circle, Household Arts Dept., 259 W. 14th Street, New York, N. Y.

Please write your name, address and pattern number plainly.

Ancient Non-Skid Tires

Non-skid tires date back to chariots of 2800 B. C., and are really not a new idea at all. Non-skid wheels were invented for chariots ages ago, and a model of one of these was excavated by the Iraq expedition recently. The wheel was made rough by studs of copper to keep the chariots from skidding on fast turns in racing and in war.

HOUSEHOLD QUESTIONS

A Few Extra Winks.—If you are loath to get up in the mornings, you would be wise to prepare for breakfast just as many things as possible the night before.

* * *

Dishing Up Fish.—When baking fish, place a piece of clean muslin or cheese cloth in the bottom of the pan; then when fish is baked it can be lifted out of the pan and turned over on the serving plate without breaking.

* * *

Children's Garments. — Children's clothing that is too heavy or improperly balanced may cause rounded or sloping shoulders, say child guidance experts.

* * *

See to Your Lighting.—The type of lighting used can change the entire effect of a room at night.

* * *

Firmly Anchored Straps.—If the shoulder straps on slips are not anchored below the lace or trim on firm reinforced material, they are sure to pull out and perhaps ruin the slip entirely.

* * *

Breaking in New Shoes.—Sprinkle talcum powder into the new shoes. They will seem more comfortable when worn for the first time.

* * *

Faulty Heels.—Wear a comfortable shoe in the house. Rundown heels, or heels that are too high, cause fatigue and harm the feet.

TUNE IN!
every Mon. through Fri. at 1:15 P.M. E.S.T.
Goodyear Farm Radio News
—weather reports—crop reports—market tips—
rounding out the service of the National Farm & Home Hour
On WJZ WFIL WBAL WLW WMAL WSAN WBRE

Time for Genius

Adverse fortune reveals genius; prosperity hides it.—Horace.

Prestige
The Blackstone is world-famous as an address of distinction in Chicago. Here graceful living is enjoyed by the discriminating traveler.
A. S. Kirkeby, Managing Director
The Blackstone
MICHIGAN AVENUE • CHICAGO

CLASSIFIED DEPARTMENT

CHICKS

ROCKS, REDS, & BR. CROSSES hatched from selected Blood-Tested Breeders.
MILFORD HATCHERY
Milford Road nr. Liberty Rd., Pikesville.
P. O. ROCKDALE MD. Pikesville 36-R.

Pepsodent Powder Sales Skyrocket . . . Thanks to Remarkable IRIUM

*Pepsodent alone of all tooth powders contains remarkable Irium!**

● Here's how to win *true beauty* . . . a bright, dazzling, *alluring* smile! Start . . . today . . . with Pepsodent Powder. SEE how Pepsodent Powder's wonderful new cleansing agent — Irium — helps erase dull, unsightly surface-stains from teeth. SEE how quickly Pepsodent Powder polishes teeth to their full natural brilliance!

And Pepsodent is SAFE in its action on teeth! Contains NO BLEACH, NO GRIT, NO PUMICE! Try it . . . *today!*

*Pepsodent's trade mark for Purified Alkyl Sulfate