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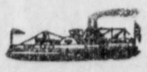

In effect after Dec. 27, 1917.

SASSAFRAS RIVER LINE

Steamer will leave Baltimore Thursdays at 7.00 A. M. for Betterton, Sassafras River Landings and Tolchester, returning same day.

Leaves Fredericktown at 12.00 noon, Betterton 1.00 P. M., Worton Manor 1.45 P. M.; Tolchester 3.00 P. M., arriving in Baltimore at 5.00 P. M.

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"OVER THERE"

Maryland's Great Liberty Loan Cantonment Opens March 30.

Fifth Regiment Armory Baltimore.

For the Third Liberty Loan, Maryland's Liberty Loan Committee is making ambitious plans to the end that this patriotic movement may meet with unqualified success.

It is announced that the big drive will start on Saturday, April 6, but the committee, taking time by the forelock, will commence operations on March 30.

In order to arouse general interest and enthusiasm, it has been arranged to present certain features of the war very graphically to everyone who visits Baltimore during the first weeks of the campaign. As the result of some months of careful planning and with the co-operation of the Government of the Dominion of Canada, and of various Allied War Agencies in the United States, arrangements have been made for a Liberty Loan Cantonment which will open in the Fifth Regiment Armory in Baltimore on Saturday, March 30.

CANADIAN WAR TROPHIES.

The Canadian exhibit has been collected as a nucleus for a permanent war museum for the Dominion. It includes many trophies which Canadian valor captured at Ypres, Courcellette and Vimp Ridge. Among these are German cannon, machine guns, bomb throwers, small arms, grenades, signal rockets, aeroplanes, parachutes, body armor, intrenching tools, periscopes and countless other appliances for attack and defense.

ARMY AND NAVY.

Our own Army and Navy will be well represented by interesting exhibits. There will be demonstrations of the war work of the American Red Cross, Y. M. C. A., Y. W. C A, Knights of Columbus, Food and Fuel Administrations, etc., and other instructive displays.

FAMOUS BANDS.

There will be daily concerts by some of the most noted bands in the Union, including the Marine Band of Washing, and Lieut. Sousa's famous organization, the band of the Great Lakes Naval Training Station.

REMARKABLE NEW MOVING PICTURES.

There will also be exhibitions of thrilling moving pictures. It will be the aim of the Committee to make every day one of the special features.

NOTED SPEAKERS.

For example, there will be Canadian Day, on which occasion the Dominion's most prominent statesmen will be present and discuss Canada's activities in this war.

On other days, distinguished members of the Diplomatic Corps representing our Allies in this country and on still other occasions leading American statesmen, both those who are in office and those who already have served their country, will be heard.

25c. LIBERTY LOAN COUPON WITH EACH TICKET.

Admission to the Armory can only be had by ticket. These tickets will be sold at 40c. each, but 25c. of this will be represented by a coupon which is to be retained by the purchaser and can be applied as a payment for that amount on a Liberty Loan. This makes the actual price of admission 15 cents.

Of course the majority of people will buy more than one ticket, but no matter what the amount of their purchase, each coupon will stand for 25 cents toward securing a bond; that is to say, one hundred tickets would represent $25.00 and they may be cashed in for that amount as against the total purchase money on a Liberty Bond. Lesser amounts will be computed in the same way. For instance, a man holding two coupons and wishing to purchase a $50 bond would bring to his bank $49.50 and his coupons, which would be taken at their face value, or two coupons and 50 cents would be taken as first payment on a partial payment plan.

The Committee appreciates the fact that as a usual thing most Marylanders visit Baltimore in the spring; and it feels that those in the more distant portion of the state should time their spring shopping or business so that the date of their visit would occur during the progress of the Exhibition. It will well repay the journey from every conceivable standpoint.

Architects Go to France.

It is gratifying to learn that many architects have reponded to the call of the signal corps of the war department for volunteers from the profession to go to France and assist in the construction of aviation camps there, says an exchange.

These men enter the national service as first lieutenants, as so many members of other American professions have done. They will provide the government with expert aid in the carrying out of a task which promises to rank among the most important of the war. The entente campaign in the air will be vastly increased next year if present plans hold. The number of machines to be put into service is expected to reach far into the thousands.

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PEOPLE'S COLUMN

Messrs Editors:

Nowadays when a young man asks the fatal (?) question, he does not ask "Can you cook as mother used to do?" but if he is a real patriot he says, "Can you cook as Hoover wants you to?" And then, the young lady unblushingly tells him, that her old cook books have been laid away until lard once more is ten cents a pound and steak fifteen.

"And what will you do?" he asks, and she says, "The Government, the yeast, baking powder, canned fruit and all sorts of people, will give me all the receipts I want to make you healthy, happy and wise.

And that is no joke! It is the real truth. They tell you all sorts of "do's" to offset the tremendous amount of don'ts we have been getting ever since the war started. And the former are what we are after, any way, and we want to forget that we ever made up a big batch of short cake, served with real fried potatoes, and a dessert of doughnuts! So, after reading and hearing all of the don'ts put out, let us turn our attention to the do's.

And the first thing is, "what to have for breakfast, on Monday morning on the farm." Now Monday morning in the city or town, and on the farm is a very different proposition. Sometimes the cook gets back on time and sometimes she don't, so it behooveth (and be-Hoovereth) a "preparedness housekeeper to have her breakfast prepared as far as possible on Saturday! As Monday is one of the wheatless days, which we will try to remember to keep wholly, if we have only a couple of men to get breakfast for, we will give them first a bowlful of rolled oats and milk, then a plateful of corn or buckwheat cakes with come corn-syrup on them, and a good cup of coffee! That will keep them alive until the bell rings for dinner.

But, you say you have ten or more to feed. Then on Saturday have your batch of rye bread made up, give them the rolled oats with either sugar or without it, just as you please, a piece of good fresh rye bread, and a couple of eggs, with coffee. A breakfast like this can be prepared and served in about fifteen minutes, and you have had one meatless and one wheatless meal so far. In a short time, the dinner bell calls them in to good corn pone, a plate full of boiled meat and beans, and a dish of stewed tomatoes, and that will keep them until supper time gives them a dish of cold sliced meat, some potatoes which have been first boiled, then browned with a little grease skimmed from the meat and rye bread and coffee.

Well, Tuesday we are asked to do without red meat all day, so for breakfast, try out some big, generous corn mush pancakes, with syrup, or molasses, rolled oats and coffee. And when they come in for dinner, it could be a dishful of stewed hen, plenty of thick gravy and rice as a vegetable, with a serving of apple sauce, so as to get not too much starch or carbohydrates. Serve your best bread for dinner, too, made with either potato or cornmeal or rolled oats. And for a meatless supper, try broiled herring and creamed potatoes, made with skimmed or separated milk, with war bread. And you have been patriotic, and yet fed them well.

Now Wednesday will be wheatless too, so let them have either corn muffins or buckwheat cakes, with some home made sausage, if you have it, or meat which has been fried out, making a brown gravy to eat over them, and rolled oats. Perhaps you wonder why I always mention rolled oats, so I'll tell you that it serves to fill them up, keep them warm, and acts as a laxative food, to offset some others which do not.

Now for dinner, I'd make a pot of split pea soup, with some of the liquor from the meat, and with a flavoring of onion and celery seed, and thickened with a few finely cut potatoes; hot corn pone, and while you are baking it, and have the oven hot, you might take four tablespoonsful of rice, six of sugar and a quart of milk, put it in the oven cold, and as soon as a crust browns on it, stir it under, until the pudding is a rich brown color, and rice done (about 90 minutes). That makes a fine meal for Wednesday, and for supper, give them boiled hominy, sliced or fried oat meal, and rye bread. Thursday morning, let them have fried pototoes, some more of the hominy, meat, rye bread. For dinner, they might have a pot of vegetable soup, if you were real industrious, and canned lots of vegetables, and I'd give them a little hominy, too, to help the soup stick to their ribs, some hot pone and 'lasses, or possibly a little preserves you made last summer when sugar was plentiful. Now, Friday comes, and we are awfully busy so breakfast will have to be the same as Monday morning, and dinner could be meat, potatoes and some kind of greens or cabbage, with pone, and for supper, we might have meat, hominy and war bread.

On Saturday we will bake a batch of rye bread, or rolled oats bread and make it up on Friday night, if we are not too tired. So for breakfast we will have our corn bread, rolled oats, possibly a little of the soup meat, and some potatoes, fried or browned in the skillet. And for dinner we will make a nice brown stew of beef, with plenty of gravy, a dish of mashed potatoes, some stewed tomatoes and maybe we baked a nice gingerbread along with the rolls. I know we baked a big panful of beans for supper, while the oven was hot, and that with a herring or piece of mackeral, and a dish of something out of the pantry, takes us all thro' the week, in a safe, sane manner.

Now, if any recipes here quoted are wanted, phone the newspaper office, and I shall be glad to publish them next week. Remember, to serve the menus as outlined, you will have to plan before you buy. We don't want to eat soldiers, and so must not eat the wheat and meat needed for them. We don't want to injure the digestions of our family by serving meals containing to much of the starches, for then we'd have too much energy (?) on the farm. If possible, we want to add beets, carrots, turnips and cabbage to help keep the blood in good order, and onions, to make more digestive juices. Kale, water cress, spinach, tomatoes, will offset the effect on our systems of dried peas, beans and turnips, so try to serve one of each for the meal, and if we cook cabbage and onions with the lid off, they are more digestible. They give off the same kind of gas that a rotten egg does when cooking, and if the lid is on, this goes back into the vegetable, and indigestion and heartburn are the result.

HOME ECONOMICS COM.

"Food will win the war," is the slogan of the day, and it is undeniably our duty to carry out this slogan. We are morally bound to help feed the allies. This applies to a very large extent to the farming element. In order to raise the necessary or approximate amount of farm products the farmer must have the requisite labor and aid; and the obstacles that are prevalent removed as much as possible. No person familiar with the agricultural districts can enter a denial as to the large shortage of farm labor and help. It is a common sight to see thousands of acres of fields without wheat. There are thousands of barrels of corn standing in the fields, unhusked. Why so? Because the farmer could not get the help. The shortage of labor is due to a number of conditions and difficulties. It can be remedied by the exemption of skilled and competent farm laborers from the draft, better assistance of the government in porcuring competent help for the farms and a greater spirit of co-operation among the farmers. Nobody will question the loyalty and patriotism of the farmer, as history plainly proves the tiller of the soil contribute nobly in the protection and defense of our country, and in asking the government to exempt competent farm laborers from the draft he is solely asking for what is vital and necessary. In the line of government assistance in providing farm help there ought to be a more elaborate plan and more speeding up, and in securing help the government ought to get the best help that can be obtained. There is another factor that cannot be lightly gone over, and that is of co-operation. At the present time co-operation among the farmers is carried on in a small and undeveloped manner. Farmers should bind themselves together to render as much help as they possibly can to one another, and this will solve to a large extent one of the prevalent difficulties. I have no hesitation to state the farmer is responsible to a certain degree in reference to the shortage of help. The hours of labor which at times vary from 12 to 14 hours are too long. The help ought not to be called upon to perform more than ten hours labor. There is another responsibility upon a class of farmers. I am referring in this instance to those of the well-to-do class. An element of this class hesitates upon the installation of labor-saving devices. The installation of them will render great help to the farm hands. However, on the other hand, the general run of farmers need financial assistance to enable them to have up-to-date farming implements and other requisites. To remedy this the government had enacted the Federal Farm Loan Act. The Farm Loan Act has been put into operation, but the question which evolves itself is, is the farmer deriving the benefits he ought to? He is not. The amount of interest is 6 per cent. at first, 5½ per cent. later, compared with the interest of 4 per cent. of the government loaned money to the Bethlehem Steel Co. and the Newport News Shipbuilding Co. If the detriments of the farm are not removed as much as possible, the yields and products of the farm will undoubtedly be so below expectations as to cause our allies to receive less than the required amount, and our own consumers will have to be content with higher prices. The farmer under the circumstances will do his very best and will always be found supporting unflinchingly our President, and will respond willingly and happily to all his suggestions.

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