Hay Fever Sufferers, Listen!

A few week from now hundreds of thousands of people in the United States will suffer with Hay Fever, so-called.

Hundreds of Kent folk look upon this season of the year with dreadful night-mare. They know what it means sneezing, coughing, nervous irritability, loss of sleep and what not.

CHIROPRACTIC SOLUTION OF HAY FEVER

Before attempting to find a cure, Chiropractic first made a deep and through study of the fundamental underlying cause of Hay Fever. Excessive sensitiveness of the mucous lining of the Respiratory Tract is the cause of this dreadful affection. This sensitiveness is due to an interference with the nerve supply to the tissues of the nasal passages caused by a slight misplacement of one of the small bones of the spine in the neck, thru which these nerves pass. The cure then consists in nothing more than relieving this nerve pressure and allowing for a normal distribution of nerve energy.

THE UNSOUND THEORY

It must be remembered that until the advent of Chiropractic Hay-fever was one of the ailments of mankind about which scarcely anything was known, therefore what theories were advanced were "just theories," and never proved to be facts. One of the commonly accepted theories regarding Hay Fever was that Pollen or other foreign substances in the air irritated the mucous membrane, and that this caused Hay Fever. If such were the fact everbody iould suffer with Hay Fever. Such, however, is not the case as but a very small percentage of people suffer with this annoying complaint and everybody breathes practically the same air.

Chiropractic offers to prove its theory that Hay-fever is caused by nerve pressure by practical demonstration on some reputable person. (accepted by the writer) the only understanding being that the results of such test be published in this newspaper.

DR. DILL

THE CHIROPRACTOR

THREE YEAR GRADUATE OF THE PALMER SCHOOL OF CHIROPRACTIC, DAVENPORT, IOWA.
LICENSED BY THE STATE OF MD.
Phone 326 for Appointment
IMPERIAL HOTEL
CHESTERTOWN, MD.
Hours: Monday, Wednesday and Friday 9 a. m. 5 p. m. Tuesday, Thursday and Saturday 10—12 a. m.

GROUP MEETINGS HELD

Kent Girls Meet To Discuss Affairs Of Considerable Interest

In order that all girls of the County may have an opportunity to take advantage of Club Work, two group meetings were held at Chestertown on July 10th and 19th respectively. The purpose of the meeting being to interest girls and women in developing Club Work in every community that can be interested. While most communities are well acquainted with Club Work, an effort will be made to extend the work to any community that asks for the work.

As a result of the first all-day meeting ten girls completed a dress and a number of these girls made the second dress. These girls will be able to assist in nitting on similar work in their own communities.

Aside from the actual work accomplished at these meetings, Miss Hill took time to emphasize the great need today for being well dressed. She said in part that never were clothes of so much importance as today. She told the girls it was not only their duty to dress attractively, but for the sake of health, self-expression, with fine characters often neglect to inform themselves along this line. Girls who express character in their dress are many times given an opportunity to do something worthwhile instead of the extremely dressed girl who has given no thought to her clothes.

Miss Blanche Lockwood, County Health Nurse, addressed the girls at the second meeting. Miss Lockwood urged the girls to make use of every opportunity they have in Club work to gain information in regard to food and clothing and personal hygiene, that will help them look well and be well, as only the people who are well are able to do work. She also gave excellent advise in regard to health habits that affect not only the individual but the community as well.

This was followed by a demonstration in the care of the sewing machine and Short Cuts in using machine attachments.

Miss Dorothy Emerson, State Girls' Club Leader, attended the meeting and had charge of the recreation hour.

At the close of the meeting on Saturday, Mr. W. H. Truslow took the girls down the river in his high powered motor boat. For the girls this was a great surprise, as they knew nothing of the trip until after the meeting had adjourned. The girls will never forget this fine trip.

The first local meeting to be held will be at Fairlee on Thursday in cooperation with the Fairlee Women's Club. The girls will have charge of the meeting. Watch the paper for similar meetings in other communities.

All those interested in forming a Girls' Clb for 1924 and 1925, please get in touch with Miss Susan V. Hill, County Home Demonstration Agent not later than August 15th, 1924.

Home Demonstration Notes.

The Quaker Neck Women's Club held an outdoor meeting on the lawn at Mr. W. O. B. Knight's at Quaker Neck Wharf. About thirty attended the meeting and took part in the Clothing program.

The Flatland Women's Club held an interesting meeting on Wednesday night at the Home of Mr. and Mrs. A. L. Sutton. The theme of the meeting was Boys' and Girls' Club Work. A number of Boys and Girls were present and took part in the program.

All who are interested in Girls' Club Work should attend the Fairlee Women's Club on Thursday, July 24th. The girls will have charge of the program.

The Kennedyville Women's Club will have a summer outing on July 28th when the Club will go to Port Deposit via Betterton. For particulars, call the Club officers. The community is invited.

Mr. W. R. Ballard, Specialist in Vegetable and Landscape Gardening, is making plans for planting shrubbery at the new school at Still Pond.

Boys' and Girls' Club Week will be held at the University of Maryland from August 7th to 12th inclusive. Apply to the County Home Demonstration Agent for particulars concern the Girls' work.

—Queen Annes Game Warden will be appointed about Sept. 1 to succeed Mr. Summerfield Tilghman.

GOVERNOR TO TOUR STATE

To Make Active Campaign For The Democratic National Ticket

Democarts are planning a vigorous campaign in all parts of the State, headed by Governor Ritchie, in support of the Davis-Bryan Presidential ticket.

While the drive will not get under way actively until John W. Davis, the Presidential nominee, has mapped out his plan, the preliminary plans already are in preparation.

Governor Ritchie, who was influential in helping swing the national convention to Davis after the dead-lock, says he is prepared to make a series of speeches in the State for the ticket. If his services as a campaigner outside the State are required by the National Committee, he will prove a ready volunteer.

Final approval on the State campaign will be given at a meeting of the State Central Committee to be called by J. Enos Ray, chairman, early in August. At this meeting a candidate to oppose Representative John Philip Hill in the Third Congressional district will also be named. The speaking campaign for the national ticket will be combined with for the six seats in Congress.

Fear that La Follette votes in Maryland may swing the State from the Democratic to the Republican column will be reflected in the intensity of the of the campaign. Democratic leaders have little or no fear that La Follette will carry the State. They figure, however, the labor vote, including the railroad workers, in the past has been found more numerously in the Democratic column than in the Republican. A large shift in this vote to La Follette might upset the normal Democratic majority.

Drouth Broken.

Kent's dry fields and dying plant life, which have gone for weeks without a shower to refresh them, received new life in the form of copious showers on Tuesday night. Without the inconvenience and terror of a storm, a heavy rainfall filled streams and wells, whose springs were low, and furnished plant life with moisture which will last through a week or two.

—Lynchings in the south are on the decline.



Oil'er up
with "Standard" Polarine medium

Your Ford is not the easiest car to oil correctly. "Standard" Polarine (medium) is a *quality* oil that does the trick. The proper oil for other cars, too. Insist on seeing the name.



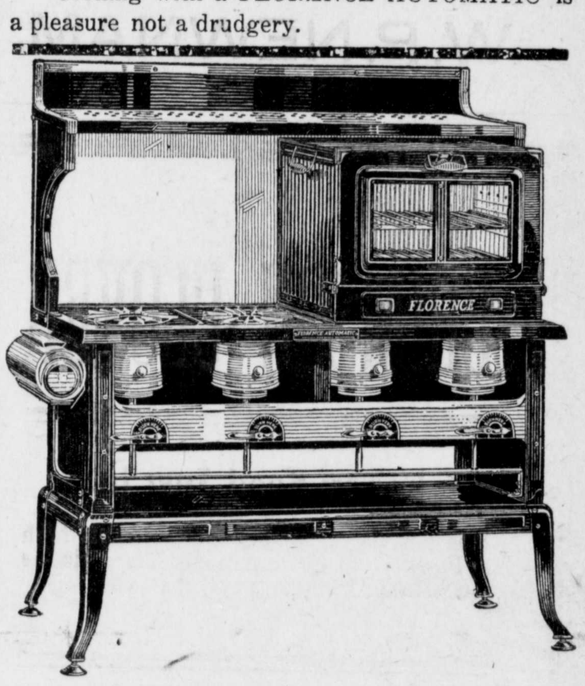
Ask for it by name

"STANDARD" Polarine Medium

Enjoy The Summer Days

Don't heat yourself over a hot fire.

Cooking with a FLORENCE AUTOMATIC is a pleasure not a drudgery.



WM. M. CULP
THE HARDWARE STORE

RADCLIFFE MILL,

Chestertown, Maryland.

PHONE 80.

"The Home of Rose Bud Flour"

Grinding the Farmers' Wheat

It has been our custom for many years to grind wheat into flour for the farmers of this section. This constitutes quite a saving to those who raise wheat and will bring it to us to make into flour. Bring us 5 bushels and 36 pounds of good milling wheat and we will give you one Barrell of Fine ROSEBUD FLOUR, and 45 lb. Bran; or 5 bushels and 10 pounds and no bran.

Storing Wheat for Your Flour

During the past years we have ben storing wheat for our customers and giving them their flour as they needed it in return. This is an excellent way for our farmers to always have a fine supply of fresh flour on hand at all times. During the past year we stored wheat and exchanged flour for it for about three hundred and fifty customers. This year we will be better prepared than ever before. We are building for the accommodation of our farmers an up-to-date grain elevator. By means of this we will be able to accommodate all our patrons in a most competent way.

Saving, the Keynote of Success

Saving is the keynote of success. This is recognized by successful business men and economists the world over. We know of no better way to save than by exchanging wheat for Rosebud Flour. A clear saving of from $1.00 to $1.50 per barrel is made by this exchange. Figure on how many barrels of flour you will use in a year, and figure up just what you can save by bringing us your wheat for your flour. You cannot lose by this proposition. It is a bona fide saving exactly in proportion to number of barrels of flour you use.

ROSE BUD FLOUR

It Means Successful Cooking

Successful cooking depends somewhat upon how good the flour is that is used, and exactly in proportion as the flour is up to recognized standards, so will the cooking be good. Rose Bud Flour is recognized by all who use it as flour of the very highest grade, made under the most sanitary conditions and by the very finest equipment. It cannot help but being first-class in every way. The wheat used is the best that the fine grain fields of Kent and Queen Annes produce. It is milled by a man who knows his business, and the price is within reach of all.

Gome and See Us and Talk the Above Proposition Over--It will pay you

P. M. BROOKS

Chestertown, Md.

Mid-Summer CLEARANCE SALE

—AT—

M. HALBERT'S DEPT. STORE

Parks' Building, Chestertown, Md.

This Sale is Drawing to a Close.
Your Last Opportunity.

Some Very Attractive Bargains

A limited quantity of Ladies' Summer Silk, Linen and Voile Dresses,
$3.98, $4.98, $6.98

Big Bargains in Shoes

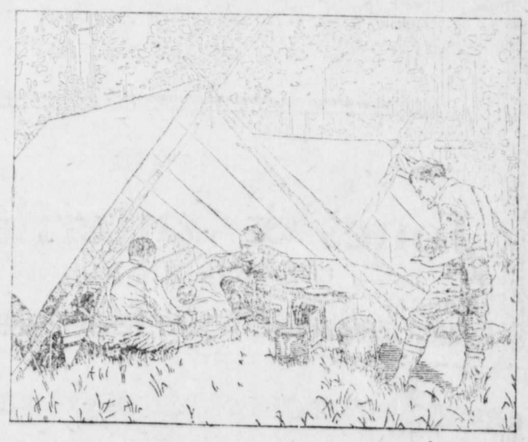
Up-to-the-minute in style and appearance. The best in workmanship and wearing qualities,
$1.98, $2.98. $3.75, $3.98

Boys' Tweed Suits, 2 pr. of pants..... **$7.50**

Boys' Tennis Shoes..... **85c**

Men's Blue Chambray Work Shirts..... **75c**

M. HALBERT,
Parks' Building, Chestertown, Md.



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CHESTERTOWN, MARYLAND

WESTERN MARYLAND COLLEGE

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For Young Men and Young Women in Separate Departmen

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ADMISSION. Graduates from approved four-year High Schools admitted without conditions. Fifteen units required.

MODERN CURRICULUM. Eight courses leading to the A. B. degree are offered. Grouped about one of the following subjects as majors: English, History and Political Science, Mathematics and Physics, Chemistry and Biology, Modern Languages, Latin and Greek, Education. Home Economics. Special courses in Speech, Voice, and Piano. Unit of Reserve Officers' Training Corps is maintained by the Government.

LOCATION UNEXCELLED. 1000 feet above the sea in the highlands of Maryland. Pure air, pure water, charming scenery. One hour's run from Baltimore, two from Washington.

EQUIPMENT complete. Thirty acre campus; sixty acre college farm; modern buildings; comfortable living accommodations; laboratories; library of 15,000 volumes; gymnasium; power and heating plant. New athletic field, costing $50,000 now in use. New dormitory, costing $150,000 recently completed.

BOARD and TUITION $400.00.

Prospectus for 1924-25 on application.

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JOSEPH BRICE, Proprietor.

Bake things he likes with FLAVO FLOUR. It's healthful and tissue building. There is more nutrition and a sweeter taste in FLAVO FLOUR. It is made with a new process by the most modern mill in the world. Nature's food values and the delicious flavor of the wheat are not milled out as they are by other methods. FLAVO FLOUR is milled at home from home wheat. It is good. Buy it and patronize Home Industry.

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