AGRICULTURIAL NOTES

MILK NOW JUSTIFIES GREATER CONSUMPTION

Milk, the product of the dairy cow, is the most satisfactory single article of food for human consumpton, says S. H. Harvey, of the University of Maryland Dairy Department.

Milk, says Mr. Harvey is particularly effective in supplementing the deficiencies of other substances such as cereal grains, tubers and fleshy roots. It is rich in calcium and phosphorus, two elements most vital to the development of the human body. The supplementary value of milk with other foods depends upon its unique calcium content, on the quality of its proteins and on the quality of its fat. The fats of milk ae the most important source in the American diet of the dietary essential, vitamin A., which has been found necessary for growth and normal bodily maintenance.

At the present time the dairy industry is making every effort to put out a palatable, healthful product. Every precaution is taken to handle milk in a clean, sanitary manner from the farm through the plant to the consumer. In the good old days, milk was sold by the producer to the consumer direct, there were no regulations governing its production, and much of the supply was unfit. Today producing farms are under strict supervision of health departments, city dairies are doing all within their power to put out a first class product, and there is close cooperation between the producers, the distributors and the boards of health.

Today milk is a better and more dependable food than ever before and this fact should impress itself upon the consumer who can well afford to use it more largely in the daily diet.

Vetch Good Cover Crop For Use In Maryland

Vetch, a winter legume, is a desirable cover crop well adapted to many sections of Maryland and when planted in combination with some other winter growing plant, such as rye or wheat, willl provide good pasture in early spring or hay if cut after in the season, says F. W. Oldenburg, specialist in agronomy for the University of Maryland Extension Service.

Vetch is seldom planted alone because of the fact that its stems are too weak to support the plant. If the crop is intended merely as a winter cover crop to be turned under in the spring, the seed is usually mixed with rye at the rate of one peck of vetch to one and a half bushels or more of rye to the acre. Sometimes as much as a half bushel of vetch per acre is sown, but this is seldom practicable unless the seed is unusually cheap.

If the crop is intended to be cut for hay, wheat is usually seeded with the vetch because of the fact that these two crops mature more nearly at the same time. Vetch in combination either with rye or wheat may be pastured in the early spring. If the field is fenced, livestock may thus be kept off the permanent pasture until a good spring growth of grass is secured.

Seeding of vetch should be done in August or early September. Stands are sometimes obtained, when weather conditions are favorable, by sowing in the corn at the last cultivation. Good results may be expected if the crop is planted after early potatoes, soybeans for hay or other crops that are removed before early September.

CHURCH NOTES

Bond M. E. Church

Sunday School 10 a. m., A. C. Loud, Supt.

Mobray M. E. Church

Sunday School 2.30 p. m., Mrs. I. V. Kirby, Supt.

Christ M. P. Church, Chestertown, N. O. Gibson, Minister. Sunday, Aug. 21, Men's Bible Class at 9 A. M.; Sunday School at 10 A. M.; Divine Worship and Sermon at 11 A. M.; Services at Chautauqua tent at 7.30 P. M. Wednesday, Union Prayer Service at 7:30 P. M.

Raum Chapel M. P. Church

Mr. Dawson pastor, James H. Boulter, Supt. Sunday School 9.30 a. m.; C. E. Soceity 7.00 p. m.; Church worship 7.30 p. m. The leader of C. E. Society is Mrs. James Higgins. The topic for the evening will be, "A man in an iron cage;" We had a song Sunday evening, "I died broken Hearted," sang by four girls. Everybody welcome to our church.

Wesley Chapel M. P. Church

Sunday School 9:30 A. M.; Preaching 10:30 A. M.; Topic, "The Man in an Iron Cage." What makes a Prison? Iron bars?" The sermon will be concise and follow the ideas of Bunyan's Pilgrim in contrast to Modern Pilgrim. Come out and hear for yourself the words of Eternal.

St. James and Lynch

Your presence is requested this Sunday in the services of the St. James and Lynch M. P. Churches, Rev. L. Colin Randall, pastor. The schedule follows:

St. James—Sabbath School, 10 A .M.; Hour of Worship 11:00 A. M.; Christian Endeavor 7.30 P. M.

Lynch—Sabbath School 2:00 P. M.; Hour of Worship 3:00 P. M.; Christian Endeavor 7:30 P. M.

Of special interest in the coming week will be the open adult meeting under the auspices of the adult Bible Classes. This, the second monthly meeting of the joint Ladies and Men's Classes will meet at the St. James Church on Tuesday eve at 8 P. M. Rev. E. D. Stone, D. D., Pastor of Hampden M. P. Church, Baltimore, and teacher of a remarkably successful class of over a thousand men will be the speaker. Special music. Adults of the church and community are invited.

—That thousands of dollars will be lost by Talbot County wheat growers from smutty wheat is an established fact. Hardly a crop has escaped this scavenger and in most instances it is unusually heavy.

BABY WELFARE STATION HERE

This station is a arge motor truck equipped with every facility for examining babies. It is in charge of a physician who is a specialist in Child Hygiene and who is assisted by nurses trained in this work. Listed below are the places and hours that the truck will stop:

Millington, School Grounds—August 22—White 9 a. m. to 12; Colored 2 p. m. to 4.

Galena, School Grounds—August 23—White 9 a. m., to 12; Colored 2 p. m. to 4.

Chesterville, School Grounds—Aug. 24—White 9 a. m. to 12; Colored 2 p. m. to 4.

Kennedyville, School Grounds—Aug. 25—White 9 a. m. to 12; Colored 2 p. m. to 4.

Still Pond School—August 26—White 9 a. m. to 12; Colored 2 p. m. to 4.

Worton School—August 29—White 9 a. m., to 12; Colored 2 p. m. to 4.

Butlertown School—August 30—White 9 a. m. to 12; Colored 2 p. m. to 4.

Fairlee School—Augtst 31—White 9 a. m. to 12; Colored 2 p. m. to 4.

Edesville School—September 1—White 9 a. m. to 12; Colored 2 p. m. to 4.

Pomona School—September 2—White 9 a. m. to 12; Colored 2 p. m. to 4.

Physicians and parents are cordially invited to attend the conferences in the Health Mobile when it is in their neighborhood and are asked to assist in securing the attendance of the children, especially those not now receiving adequate medical direction.

On the Watch!

A bank in Portland, Maine, has applied the well known principles of the periscope for the protection of its underground vaults. A long tube has been built into the outer wall of the building, one end of it terminating in a mirror facing the door of a big safe down in the vault, and the other in a similar mirror at shoulder level above the street. A policeman or other guard, patrolling the sidewalk in front of the bank, peers occasionally through a secret peephole in the side of the building, so that he can observe the whole scene in the cellar vault, explains Science and Invention Magazine.

Electric lamps and reflectors illuminate the vault so that the policeman above can see everything clearly. Any obstruction placed in front of the mirror in the cellar immediately betrays the presence of intruders.

Bacteria in the Movies

Deadly bacteria took their turn as movie actors in amazing films recently exhibited by Dr. H. J. Gerstenberger of Cleveland. "Cold light," developed expressly for this form of microphotography, made possible his remarkable pictures, according to Popular Science Monthly.

Motion pictures of bacteria hitherto have been impossible because the intense heat of the ordinary moving picture light source instantly killed all germs in its path. In taking the new pictures, a current of ice water was arranged to flow beneath the glass slide bearing the living bacteria, to filter out the heat from the powerful light.

Of the Big-House Family

By CLARISSA MACKIE

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WHEN the Allenbys lost all their money and were obliged to leave the Big House, as it was locally called, they were able to occupy a small cottage not far away. When they were comfortably settled there, Ann and her mother—for the father had died before his ill-judged investments had proved to be utterly worthless—were cozy and comfortable enough, though they missed the largeness and space that they had always been accustomed to. The cottage garden was a thing of wonder, for dozens of roots were brought from Big House, and their old gardener, Jacob, had made them a wonderful vegetable garden that was surrounded with more flowers!

"Mother, darling, I know we lack the luxury and the motors of Big House," said Ann, one lovely June day, "but aren't you a little bit happy?"

Mrs. Allenby smiled contentedly at her charming daughter. "I am happier, dear, than I have been since I was first married," she admitted. "Your father and I began our married life in this wee house."

"Mother! And you never told me!" exclaimed Ann.

"I wanted you to teach yourself to like the change, without favorable prejudice. You know, of course," said Mrs. Allenby, "that Big House has been sold—a small family, I hear, mother and son, they say. He's an electrical engineer. When they are thoroughly settled, I shall, of course call."

Half an haur later, the gate opened and a young man appeared carrying a shining milk pail. Ann liked him at once, because he was big and so clean and thoroughly good looking.

"I came to beg a pail of your spring water, Mrs. Allenby," he said. "We have just arrived at Big House and something has happened to the spring water pump there—at least it is out of commission."

"Why, of course," said hospitable Mrs. Allenby. "My daughter will direct you," and she resumed her novel, while Ann with a little nod of assent put aside her sewing and joined him on the red brick path.

"Big House is a fine old mansion," observed the young man as they walked along, "but I do miss a few things—such as this old brick path, for instance."

"I love them, too," said Ann. "I believe mother forgot to introduce us. I am Ann Allenby."

"And I am Ronald Smith," he laughed. "One of the great Smith clan!" They laughed together as they reached the spring house.

"Then, you are a member of Big House family," offered Ann.

He nodded carelessly. "There is only mother and I—the rest of the family have all married and gone off—even father has taken a trip to South America!"

Ann made some happy response, and went back to the veranda. She went on sewing daintily. Then Mrs. Allenby said abruptly:

"A rather nice looking man—I suppose he is the butler or chauffeur."

Ann gasped, and then a dimple came into her cheek; what a funny joke on mother! she thought.

"Have you ever seen any of the Smiths, mother—of course, I mean the new family next door?"

"No," said Mrs. Allenby, resuming her book.

Every day Ronald Smith appeared with his pail for water. One morning he brought a great armful of yellow roses, that had been Mrs. Allenby's pride and joy at Big House. "Mother sent these to Mrs. Allenby," he said simply, and went on around by the brick walk.

"'Mother!'" exclaimed Mrs. Allenby. "Never let him know that I thought him the butler!"

"Or the chauffeur!" laughed Ann, and then she told her mother what she had learned that first day.

"Then, he must be the electrical engineer," decided Mrs. Allenby. "I wonder," she mused, "why he did not repair their pump after that first day."

"I wonder!" echoed Ann, but there was a pink flush in her cheeks, and a tender look in her eyes, for her meetings with young Smith, though brief, had been full of interest. Mrs. Allenby put aside her plan of summer idleness, and sending for the village taxicab she paid a state call upon Mrs. Smith, who turned out to be so delightful a woman of her own social rank, with so many congenial acquaintances who were also friends of Mrs. Allenby's, that a very warm friendship grew rapidly between them.

"Ronnie is just spending the summer with me," explained Mrs. Smith one day.

The two ladies exchanged a smile, for Ronald Smith and Ann had fallen desperately in love with each other, and it was not long before they became engaged.

Then Ronald announced his desire to live with Mrs. Allenby at White Cottage. "Of course, you can have a housemaid—and more, if you wish," he told Ann and her mother one day, "but for my part, I can be both butler and chauffeur, if necessary!"

Roman Household Gods

The household gods of the Romans in the time of Augustus were generally known as the Lares and Penates.

Big Event

Harry Pollard, who is directing "Uncle Tom's Cabin," had called for several hundred colored people for one of his big scenes. When the time for shooting arrived, only half a dozen darkies had put in an appearance.

"Where's the rest of the bunch," asked the perturbed director.

"Reckon dey couldn't resist goin' to dat big dance we done heered about," said Rastus uneasily.

"What dance? Where is it?"

"Ah don't jes perzactly know, but we done heered two trains was swine to Charleston."—Los Angeles Times.

Islands of Galapagos Defy March of Years

While things have changed mightily upon the face of the earth with the onward march of years, there is one little spot where nature has never changed.

In the Pacific ocean the Galapagos islands are still in the Reptilian age. That was the period of the earth's existence when monstrous dinosaurs, reptiles 60 feet or more in length, with armored, impenetrable hides and great teeth, roamed the surface of the globe.

In this one spot things are today very much as they were in the ages of the past, long before the most primitive ape-man. From that interesting group of islands there has recently returned an expedition which has found many strange creatures that are today just as their ancestors were millions of years ago.

It is true that no 60-foot dinosaurs have been found on the Galapagos islands, but the reptiles living there are startlingly close relations of the old monsters. The swarming, ferocious 4-foot land lizards, called Conolophus, are declared to bear a striking resemblance to the ancient extinct Stegosaurus. They are extremely fierce, and can bite a man's leg off.

The gigantic land tortoise, sometimes reaching a weight of 800 pounds or more, was at one time the best-known product of the Galapagos islands. Through the excessive demand for them the tortoises have become nearly extinct.

The bird life is also very wonderful, and the sea lions, which play happily with human beings, are quite entertaining. There are huge spiders that snare birds and whose web might throttle a man, and other spiders whose bite is said to be deadly to human beings.

Power of Prayer

Doctor Strickleigh, the new minister, was young and full of faith, hope and charity, but he did not always plan his speech with care.

One Sunday evening he said very earnestly to his congregation: "Let us pray that we may have an attendance of at least one hundred at our next young people's meeting. And remember that the prayer of faith is always answered."

Now, the next service did not bring out one hundred persons, or anywhere near that number, but the young minister looked cheerfully down upon the faithful few.

"Friends," he said briskly, "there aren't a hundred of us, but there are thirteen, and that's one or two more than I had counted on."—Los Angeles Times.

Militarism Rampant

"Premier Baldwin admits that his war experts, like the war experts of the other European countries, are preparing to fight the next war with bacteria."

President Hiram C. Robinson of the Universal Peace league was talking in Denver about militarism.

"America," he said, "shows Europe pretty clearly what she thinks of militarism. Her language is diplomatic, but it's clear.

"America is like the new boarder. His landlady said to him at breakfast:

"'Well, how does your coffee suit you, sir?'

"'It's just to my taste, ma'am,' the young fellow answered—'weak and cold, just as I like it.'"

River's Course Changed

The Isargo river, in Italy, is being taken from its bed about eight miles south of Brassanone, and carried through a tunnel to within two miles of Bolzano, where it will be dropped 700 feet.

The horse-power to be generated at this new electric station will be 220,000, and the current will light the country as far south as Florence, 300 miles away.

Two subsidiary stations in lateral valleys are also to be constructed, and the total power of the district will be 315,000 horse-power, or three-fifths of the whole estimated hydro-electrical potentialities of Scotland.

Too Greedy for Maple Sap

At Manchester, N. H., the desire for maple sirup has caused some citizens to tap many of the 30,000 municipal maple trees scattered about the city. Failure of these persons to plug up the holes from which the sap has been drawn is causing the trees to die. Officials of the parks and playgrounds commission promise prosecution for any one who is caught carrying out this unauthorized program. One tree was discovered with 150 holes in it, and the tree will have to be cut down.

Chin Music

Tommy Malloy, the demon film editor, is devoted to the violin in his leisure hours. The other day he remarked that he had to get a new bridge for his fiddle.

"What the deuce do they have bridges on violins for?" Eddie Meyer, here from India to study the cinemas, wanted to know.

"Oh, just to put the music across," replied Tommy.—Los Angeles Times.

Rome to Perfect Children

Rome's municipal government has outlined a program for physical improvement of its school children. It started a survey to find all unhealthy adenoids and will remove them free of charge. The governnor of Rome has decreed the establishment of special classes for mentally defective children.

Heroic Swiss Guards

Swiss Guards were a body enrolled in the Seventeenth century for the special protection of the person of the French king. Left without directions when Louis XVI placed himself in the hands of the national assembly, they defended the Tuileries against the revolutionists for some time, but in the end were butchered as they retired in obedience to the king's order, based on a treacherous promise by the leaders of the mob.

Normal Span of Life May Yet Be Century

One of the greatest advantages of the modern civilization is the way in which the span of human life has been increased, points out Brenda Ueland in an article in Liberty.

"The span of useful life used to be only forty-five years," the writer explains. "Now people are living until seventy in full usefulness and vigor. In the future they will be living until eighty or ninety or a hundred. And the result is that the center point of humanity has shifted from the twenties to near the fifties.

"At the court of Louis XV," the writer continues, "a man's prime was twenty-five. After that—the downward slope. Today a man of twenty-five is one whose father is wondering whether to send him to a law or a medical school, or set him at work. Formerly a woman of twenty-two was an old maid; a woman of thirty-five often was a grandmother."

Journalist Defined

A good journalist is one who can expand the material for a paragraph into a whole article, but never does so if he can avoid it; who is widely informed, but respects the limits of his information; who is violent in expressing his opinions, but reasonable in forming them; and who seeks to win the agreement of his readers, but would rather inspire their indignation than their indifference.—London Nation and Atheneum.

Getting Things Straight

The sentence: "All men are born free and equal" is a quotation from the constitution of Massachusetts which was framed in 1779. The complete sentence says: "All men are born free and equal, and have certain natural, essential, and unalienable rights." Many people erroneously suppose the phrase "born free and equal" occurs in the Declaration of Independence. That document says "all men are created equal."—Exchange.

The Companion of the Hours

A NOTED New York club man is known for his habit of looking at his wrist watch every few minutes. A fine watch is a reliable companion, ever ready to do its appointed task uncomplainingly and cheerfully. We are showing every type of wrist watch from rough and ready models for sports wear to the delicate creation of fairy beauty to be worn on the forearm of a lovely lady.

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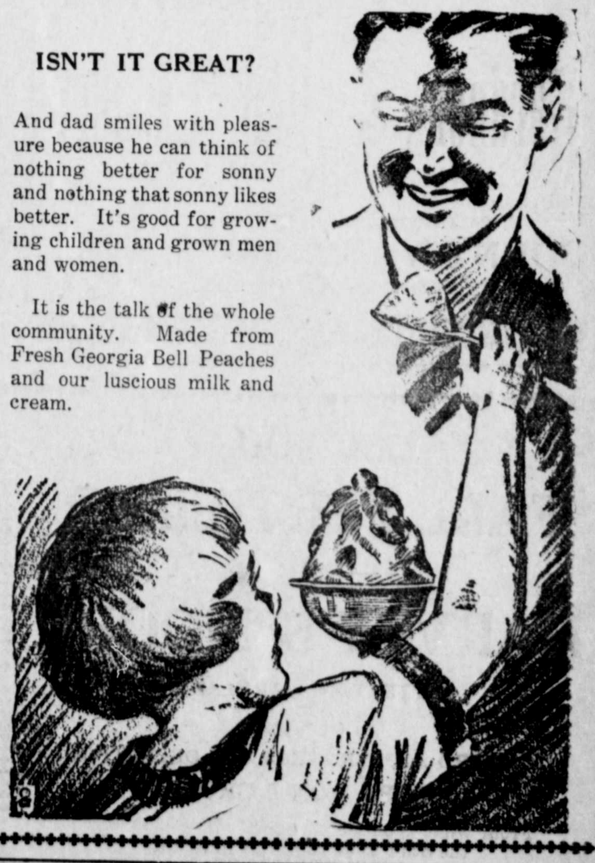

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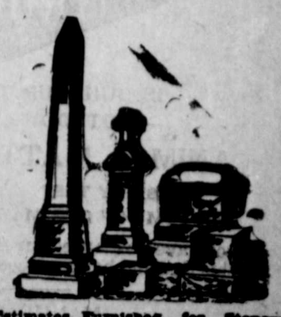

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