# A VEST POCKET ESSAY ON BANQUETS

Banquets are gatherings of otherwise perfectly normal specimens of the genus homo for the purpose of defying every law of dietetics and then endeavoring to appear interested in the accompanying literary feast which often is not so good. Some dinners, probably with capricious appetities or suffering with dyspepsia, use moderation and do not eat more than three or four persons should consume. There are others, probably hypersusceptible to appetitizers, who when they put on the nose bag will really eat heartily and store away enough of the viands to permanently relieve the famine in the Far East. A true epicure, however, would probably prefer to indulge in food of a delicate nature like corn bread, pig knuckles and Saucer Kraut rather than partake of the usual kickshaw served with foreign accents. Since Southern Europe has begun providing servants in attendance at such functions it would be difficult, with all togged out in similar regalia, to distinguish the guests from the waiters were it not that the latter assumed the more lordly mien. After the active participants are in a state of torpor and wish, like the gourmands of old, that they could slip under the table and be gathered to the arms of Morpheus, then the trouble begins. The toastmaster arises and taxes his ingenuity to revive the waning conciousness of the somnolent banqueters. He introduces the spellbinders with all the flummery at his command while the erstwhile diners take the opportunity to get a little exercise by applauding whenever possible. Mr. Volstead may have taken much of the vivaciousness out of banquets but he has not lessened the demand for dyspepsia remedies or thyroid tablets to restore the youthful figure.

In the wine world, a pig will, without blushing, make a hog of itself. however, if the denizens of the hog lots are properly provided with the necessary food they will eat only enough to supply the demands of nature. Their appetites, though, are such that they can be forced to eat anything and only too frequently that is about all they get. In 1928 in Maryland approximately 7,000 hogs departed for the Happy Rooting Grounds via the Hog Cholera Route, because they were provided with banquets composed of bones, rinds, or scraps of infected pork in garbage, table scraps, kitchen swill, etc. Hogs valued at more than $80,000 were lost that might have been saved by the exercise of a little care in their feeding. The only mysterious thing about hog cholera is why the owners of swine will continue to cut short the lives of useful animals by giving them feed which contains hog cholera infection.

The selection of a site on Kent Island for the proposed new Maryland Penitentiary was asked in a resolution introduced in the House of Delegates, Wednesday, by Representative Harry C. Flowers. The resolution introduced by Representative Flowers set forth that there were many sites on the island having advantages for penal institutions and that the price of land was reasonable.

# FEED THE BIRDS

Losses of birds—game, song and insectivorous and game animals in winter can be prevented by systematic feeding and we appeal to the public of Maryland to contribute their part in saving the remnants of wild life at this time. While it is now mid-winter, it is not too late to check up on the bird and game life of your section and to intensify and extend facilities for feeding and caring for birds and game animals. It very often happens that some of the most destructive snow and sleet storms which cause tremendous mortality of birds and game animals, occur at this season of the year. Every sportsmen's club which has not already made adequate provision for feeding stations, should do so at once.

Feeding stations should be established wherever birds can be located, in exposed places which the winds will sweep free of snow or in well-sheltered places where snow will not cover and hide the feed. These stations should be built in such a manner as to insure the birds opportunity to escape from natural enemies and should be surrounded by openings where ground enemies will not have an opportunity to hide. Bundles of unthrashed grain supply food in ideal form as they can be tied to bushes or trees or placed in sheltered place. Brush heaps furnish excellent feeding stations for birds.

Bob-white quail, ruffed grouse and ring necked pheasants, properly fed, will survive the winter and furnish brood stock to our covers for the coming season. They will eat and enjoy practically all kinds of grain and will come near farm buildings to secure it. Wheat, barley, millet, corn, oats and chick grain will furnish excellent diet for these birds.

Food should not be placed in large quantities, but should be furnished in small quantities at frequent intervals. If food is placed in certain localities, the birds will soon learn to come to that section to feed at the dinner table! Careful watch should be kept for vermin near all feeding stations, especially for weasels, cats, owls and hawks and they should be killed.

Again we appeal to the public of Maryland to assist in carrying over our brood stock for the coming season.

To those who are not able to furnish feed and will apply to the District Deputy Game Warden of their county, feed will be furnished gratis by this Department.

E. LEE LeCOMPT,
State Game Warden

# NUTRITION NOTES.

A variety of foods is necessary in order to obtain optional growth. One can not live on a diet of white bread, meats, potatoes, peas, beans and starchy deerts, day in and day out, and maintain a well nourished, well regulated body; yet that is the rut in which so many of us are eating all the time, witha result of lowered efficiency and sickness in adults and these some things plus retarded development in growing boys and girls.

More whole grain bread, fresh fruits, fresh leafy vegetables and root vegetables, whole milk, butter and eggs should be used. Two fresh vegetables should be used daily. The foods mentioned are our main sources of minerals and vitamers which are absolutely essential to optinal growth and health.

White bread, meat, peas, beans and potatoes are all good foods, and have their place in the diet, but alone, are note conducive to the best standards of health and growth.

At the health center, a feeding demonstration is being carried on by Miss Miriam Kincheloe, Red Cross Nutritionist, of Kent Co. The subjects are two pair of white rats, now seven weeks old. One pair is receiving a diet of white bread, meat, white potatoes, coffee and accasionally some dried peas and beans. They have all they want of this diet. The other pair is receiving whole grain bread, butter, meat, potatoes, milk, fresh fruits and fresh vegetables. A marked difference is noticeable in the growth of the two pairs. Also the pair receiving the correct diet has more vitality, brighter eyes, smoother coat, and a more alert appearance in general.

# TREES FOR ROADWAY PLANTING

FURNISHED FREE BY THE STATE DEPARTMENT OF FORESTRY MANY VARIETIES OFFERED

The State Department of Forestry offers to furish this spring a sufficient number of trees for planting five miles of improved, public highway. Seven specie sof trees are available, willow oak, white ash, gren ash, honey locust, tulip popular, larch and cypress. This list offers a sufficient variety to meet a wide rangé of conditions. The trees will be distributed to responsible organizations, or individuals, for planting not less than one-quarter mile, nor over one mile, on both sides of the highway. There must be sufficient space to place the trees within the right-of-way of the highway, and for enough from the center of the roadway to meet road requirements.

Applications will be filed in the order received, but preference will be given to the locations that are best adapted for tree planting and where the greatest public benefit will be secured. The Forestry Department will examine locations where plantings are proposed, to determine their adaptability for tree planting, and to what extent each meets requirements. In cases where planting is practicable a definite plan will then be prepared and submitted to the parties interested.

Full particulars and application forms will be sent upon request to the State Department of Forestry, 1411 Fidelity building, Baltimore, Maryland.

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## Yiddish Made Up of Variety of Tongues

Yiddish is a middle German dialect derived from Hebrew and Slavic influences. It is the language spoken by the Jews in eastern Europe, the most widely spread dialect of the Jews. Those Jews who, toward the end of the Middle ages, left Germany for the Slavic lands (Bohemia, Poland, Galicia and Lithuania) spoke the middle high German of their places of origin and up to the Sixteenth century wrote it quite correctly, although they employed the Hebrew alphabet. The absence of active intercourse with Germany, however, led in time to a process of simplification of morphology and syntax. Thus the imperfect, subjunctive, and to a large extent the neuter gender were lost; all the prepositions came to be constructed with the dative, etc. At the same time the German sounds underwent certain changes, and a large number of Hebrew, Aramaic and Slavic words were incorporated in the language. The resultant idiom, the Yiddish, supplanted the Slavic spoken by the primitive Jewish settlers in the east of Europe, and has been carried to all parts of the world, including Germany, admitting words and idioms from all the languages with which it has come into contact.

## Messages Written by Royalty Have Lasted

In a London inn there is preserved an old stained glass window from the Manor house, Abbots Bromley, Staffordshire, which bears an inscription alleged to have been scratched on it with a diamond by Mary Queen of Scots shortly before her execution. The translation of the writing, which is in Latin, is as follows: "Mary, queen of Scotland, passed through this town September 21, 1586, on the way to Burton and Fotheringay."

Another inscription discovered some years ago, at the Mermaid inn at Rye, was written by the king of France, John, who was brought to England as a prisoner after his capture at the battle of Poltiers. This inscription consists of the unhappy monarch's name and title, followed by a few words of gratitude for the kindly reception accorded him by the landlord of the Mermaid in his exile.

### Defeat Had Good Result

Kentucky history records the "Battle of the Blue Licks" as the bloodiest engagement between the whites and the Indians of the pioneer days. It was in this battle of August 19, 1782, that 450 Shawnee Indians, led by British and Canadians and the notorious renegade Simon Girty, ambushed 200 comrades of Daniel Boone and slew and scalped more than half of them, including Boone's youngest son, Israel. Recent dedication of two memorials by Kentucky called attention to the fact that this battle, while a great disaster, yet aroused the pioneers to the danger of their extermination west of the Alleghenies. Reorganization of the whites followed and with reinforcements and supplies from Virginia the Indians ultimately were driven beyond the Ohio river, never to return.—Detroit News.

### Many "Basic Patents"

The term "basic patent" is used ordinarily with much the same significance as "pioneer patent"—that is to say, as having reference to a patent covering an invention which represents a marked advance in some art, as when an inventor for the first time accomplishes a certain result. There have been a good many basic patents granted, from first to last, but no precise enumeration is possible, since opinions vary as to which patents are entitled to be so classed. We note Bell's patent on the telephone and Howe's patent for the sewing machine employing an eye-pointed needle. There are basic patents now in force for inventions relating to wireless, radio and other subjects.—Washington Star.

### Radio Gave Pointer

Plenty of miscellaneous information comes over the radio every day, but not all of it goes in one ear and out the other.

A woman in Amherstburg heard some fire prevention official announcing one day that ordinary soda-bicarb was efficacious in putting out fires.

Some time later a small fire broke out in the woman's house. She grabbed a pail of water, dumped in a package of soda and poured the mixture over the flames, which went quietly out as if a blanket had been thrown over them.—Detroit Free Press.

### Interest in All Lives

If a man is fairly intelligent, he has had experience of interest; if disposed to frankness, his autobiography would be of value. Every man can place colors on the life picture a little differently. I find much more interest in a good autobiography than in any story of polar exploration. There is nothing at the North pole that concerns any of us; nothing in life that does not.—E. W. Howe's Monthly.

### Fool's Idea

Men study theology, economy, religion, chemistry, physics and philosophy many years before they claim to know much about those subjects. But on the spur of the moment every fool thinks he knows how to run a government.—Atchison Globe.

### Oh, Daniel!

A big-game hunter in Rhodesia tracked down a lion and wounded it. The beast turned on him, beat him to the ground, and was about to finish him off when the flap of the hunter's collar turned over.

Instantly the lion bounded off into the bush.

Wondering at his miraculous escape, the hunter looked down at his collar. He saw, on the inside, his name: "Daniel"!

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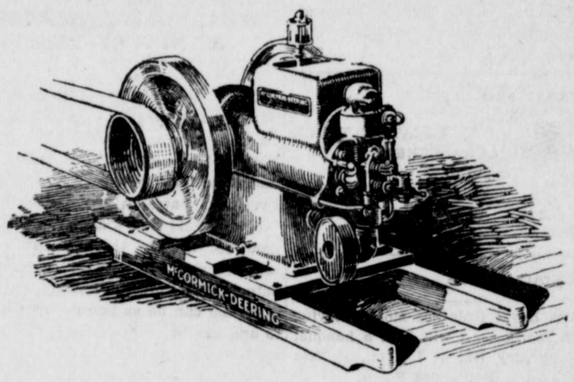


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