Women's Page

BY A WOMAN



THE STORY OF KITTY KNIGHT

We were passing though the pretty town of Georgetown sometime ago, and there, perched on a hill was the Kitty Knight house. It is now used as an Antique shop, a very fitting use for that historic relic. "Oh tell me the story of Kitty Knight," said one so I am going to tell it to you just as I heard it from one who in her childhood knew her and who lived near her.

Kitty was a very beautiful woman and her proud father took her up to Philadelphia when she was eighteen. The Continental Congress was assembled there that winter, and in spite of the War of the Revolution, everything was very gay. One evening at one of the balls, George Washington came up to her, as she stood surrounded by scores of admiring young men, and said, "I want to see the young lady who is setting all my young officers crazy," and then and there she danced the stately minuet with him. It was something that Kitty never forgot and to the end of her life she would love to tell her listeners of that great winter. But the war was over and then another war was being fought with England about our rights on the high seas, the war of 1812. Admiral Corchran of England with his fleet was anxious to get into Philadelphia so he sailed up the Sassafras River, hoping to find a way through there. Then he spied the little village of Georgetown nestling among the hills, "Go," he said to his men, "go and burn every house there. His men went to obey his command and soon the peaceful scene was changed to a scene of burning houses and fleeing women and children. But when they came to Kitty's house she refused to stir. "If you burn the house, you burn me with it" she said. And so she stood her ground. The men, who did not fear to face a cannon's mouth, did quail before her flashing eyes and queenly bearing. So they went back and told their commander. "Are you afraid of a woman?" he said. "I will go myself." And so he went. But when he encountered Kitty he, too, held back. "Leave this house standing," he called to his men. Then turning to Kitty, he laughed and said, "When the war is over I will come back and marry you."

Kitty, of course ,had many admirers, but her sharp tongue drove many away. Colonel Spencer, handsome and well born, sought her in marriage and Kitty loved him very dearly. In vain the Colonel's friends warned him of her violent temper. She was sweet and docile with him. But one fateful day when she was expecting her lover a servant did something to displease her very much. So she emptied the vials of her wrath upon him not hesitating to use oaths. Alas', a horseman came riding up and heard the fair maiden.

He turned his horse's head and rode away again, so thus did Kitty lose the man she loved.

And so she lived on, in the old house, until she was over ninety years. She grew very parsimonous in her old age. To the last she retained her flashing black eyes and her fiery temper commanded and was obeyed. It has been many years since then, but as long as Georgetown stands on the shores of the Sassafras, so long will the story of Kitty Knight be told to passers by.

HEALTH

As health is one of our greatest blessing it behooves us all to keep it by using every preceution not to let any of our organs become overstrained. Perhaps our nerves are soonest overworked.

We think of how much we have to do and how little time we have in which to do it, then we get all fussed up and do things very badly indeed. It is so much better just to sit down and sort things out quiety taking one thing at a time. It certainly rests one. Then we can take up the next duty and the next without being tired. A wise doctor said that being tired is Nature's way of telling us to rest. It does not take such a long time to rest. A busy housewife says that as soon as her back gets tired down she goes to rest it, and in the long days work she never misses the times which she takes for relaxation.

CARE OF HAIR

Hot oil shampoos will greatly invigorate it, restoring the natural luster and softnes which the summer suns may have burned out. The woman who can shampoo her own hair in this instance has the advantage over the one who must rely on a hairdresser, since she may leave the beneficial oil on her hair for a longer time. She will part her hair into fine sections and apply with a cotton swab the olive or mineral oil that has been heated to just above body temperature. A good way to test the heat is to put a drop of the oil on the inside of the wrist. Hot towels are then wrapped about her head to keep the heat and so open the pores of the scalp. Twenty minutes is a sufficient length of time to leave the oil in the hair, but if the period can be stretched overnight the benefit is increased. After the twenty minutes, or in the morning, a thorough shampoo must be given. Liquid castile soap should be lathed into the hair (the scalp massaged in the process), rinsed out, applied again and rinsed finally three or four times. The hair should be dried by hand if possible.

Nightly brushing is an additional way of reviving the luster of the hair. The brushing should be done in sections, 100 strokes in all. Each stroke should be vigorous, starting at the scalp and continuing to the very hair end. Be sure that the brush is clean or the benefit of brushing will be lost.

RECIPES

Here are some recipes for fillings and frostings for cakes:

Boiled Frosting

For a three-layer cake, take 3 cupfuls sugar, 1 1-2 cupfuls water and 4 egg whites.

Boil the sugar and water until, when tested, it will hang from the spoon by a long thread (238 degrees F.). Pour it over the beaten whites. Beat well and place the bowl in hot water. Beat until fluffy. This frosting will not run.

Boiled Frosting

For a two-layer cake, use 2 cupfuls sugar, 3-4 cupful water and 3 egg whites. Use the method as given above for the larger recipe.

Uncooked Frosting

Have 2 egg whites, 11-2 cupfuls confectioner's sugar, 2 tablespoons boiling water and 1-2 teaspon vanilla.

Beat the eggs until stiff. Add the sugar gradually. Add the boiling water, then the vanilla. If too thin more sugar may be added.

Burnt Admond Frosting

Take 1-2 cup butter, 2 egg yolks, 1 1-2 cups confectioner's sugar and 1-2 cup almonds.

Cream the butter, add the sugar and the egg yolks. Spread on the cake when ready to use. Blanch the almonds, bake in a moderate oven until light brown. Cut in pieces and sprinkle on the frosting.

Cooky Recipe

Three eggs, three-fourths cup sugar, one cup flour, pinch salt, one cup walnut meats, one cup dates, one teaspoon vanilla. Beat with egg beater, eggs, sugar and vanilla, until light, then add flour and salt sifted together. Lastly, nuts and dates. Bake on cookie sheet in moderate oven a golden brown. When cool, cut into squares.

STYLES

Stylish curves and corset return.

You have probably heard with some apprehension that corsets are coming back. You need not worry, however, for these modern corsets are as different from the old fashioned "stays" as modern frocks are different from crinolines.

In fact, it really is a good thing for womankind in general that fashion turns again to the moulded figure. Just look around you and see—well what do you see? Here's a young girl—tall and slim to emaciation—probably she congratulates herself that she has achieved the ultimate because the scales never go over one hundred and twenty-fve. But for all her thinness, she was failed to achieve that perfect symmetry without which no woman can ever be wholly beautiful—flat chested and with protruding abdomen, we would call her downright ugly were it not for the fact that familiarity with her has somewhat dimmed our critical faculties. We see them everywhere—these girls with enlarged abdomens—and while I admit that this is a fault due to posture and insufficient exercise of the right kind, still I, for me, shall be glad to see these girls correctly corseted again, for I know it will mean much in later beauty for them.

It is best—especially if you have not had much experience in selecting corsets—to go to a good shop, pay a fairly reasonable price and permit them to correctly fit your corset. Remember, a corset's main function today is to mould the body—not to restrict and confne it. And even in the case of the girl with the protruding abdomen, a correctly fitted corset will gently guide the figure, helping to restore the figure to normal proportions by means of correct posture, rather than to compress the stomach. It is really remarkable the way a correctly fitted corset can persuade even the most careless to stand or sit erect!

There are so many kinds of foundation garments on the market that every taste can be satisfied and every need taken care of. For the slim young thing, a satin or elastic girdle will probably suffice—or if she prefers, a corselette without boning. The heavier figure will need more support. Whatever type of corset you select, it will mould the figure—follow the natural curves and accentuate them, for this is to be a season of femininity and curves!

Magistrate: "So you heard the dispute between the defendant and his wife? From the sounds what did the defendant appear to be doing to her?"

Policeman: "He appeared to be listening to her."—The Mueller Record.



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Policeman: "Wat are yau standin' here fer?"

Loafer: "Nuffink."

Policeman: "Well, just move on. If everyone was to stand in one place, how would the rest get past?"

HERBERT E. PERKINS, Attorney

ORDER NISI

George W. Sutton, Treasurer of Kent County, Maryland
versus
Robert Towson Heirs

In the Circuit Court for Kent County No. 3 Petitions January Term 1930

Ordered this 13th day of November, 1929, that the sale made and reported by George W. Sutton, Treasurer of Kent County in the year 1925, of the real estate described in the aforegoing Report of Sale and assessed to Robert Towson heirs for taxes for the year 1924 be ratified and confirmed, unless cause to the contrary be shown on or before the 20th day of January next, provided a copy of this order be inserted as an advertisement in some newspaper printed and published in Kent County once a week for each of four successive weeks before the 16th day of December, 1929.

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