Women's Page

BY A WOMAN



HARRIET MARTINEAU

Harriet Martineau, was an English writer whose articles and books were eagerly read by all people of her time. She was born at Norwich, England in 1802. Her parents were wealthy and industrious, and the mother thought she was doing her whole duty when she forced her four little girls to sew for four hours a day while some one read aloud to them. But Harriet never seemed to listen and she was often shakened by her mother and called stupid. Harriet, in relating these early experiences, says she so longed that her mother would take her up in her arms and let her lay her head on her breast. When Harriet was twelve they found out that she was quite deaf which explained to her parents why she had been so stupid.

But this misfortune brought blessings with it; for as she could not enjoy social pleasure, she began to read extensively and then expressed her thoughts in writing, which were everywhere received with great favor. Early in her life she met a young man whom she found very congenial and they became ardent lovers. But as he was poor, the parents objected strongly to the match. He made his mark however, working his way through college and then becoming a minister. He was taken sick and sent for Harriet to come to him, but her mother would not hear to her going so he died without seeing her. It was a great love and she never ceased to remember him. When Harriet was twenty years old her father lost his money and the shock was so great that he died soon after, so his family was left destitute. The children were obliged to go to work and Harriet was left alone with her mother, and a drunken brother to support so she turned to her writing for living. She wrote a History of England "Past and Present, the Thirty years Peace and many others. The Government offered her a pension of two hundred pounds, but she refused it as she wanted to write freely, without patronage. She visited the United States in 1834, and was lionized everywhere, everyone eager to do her honour. On her return she wrote two books, Social Life in America and Western Travel. Later she visited the east and wrote Eastern Life Past and Present. She was reckoned everywhere as a power in the land. Her Illustrations of Political Economy was sold upward to the hundred thousand. Her stories were read alike by rich and poor, learned and unlearned. Harriet Martineau was ever a widow at heart. The first great passion of her girlhood remained with her all the days of her life, springing fresh as she waked in the morning, her last thought as she closed her eyes at night. Because she wrote of the times in which she lived her works are not so much read now, but her name is written among the annals of History, Political Economy, and Fiction.

HEALTH NOTES

There is nothing where a stitch in time save nine more than in the matter of health. A cold where remedies are used at once soon disappeares, but if let run on it soon gets the better of one. A sore if taken in time soon passes away, if neglected is apt to develop into some serious trouble. In Cancer week the slogan is sounded. "If there s any tendency to eruption begin at once. And watch the feet in this damp weather, for more cold is taken by damp feet than any other way. Life is full of tragedies but a great proposition of them are caused by carelessness and neglect. Watch your teeth. Take care of your eyes and do not overstrain them. Our bodies are the temples of the Holy Ghost and we should keep them sound and healthy for that reason if for no other.

Often we hear an old person with a racking cough and we hear them say, "Oh it is only an old person's cough;" But there should be no such cough. If taken at the beginning it could soon be cured. Gargling and deep breathing are famous remedies for all such.

WOMEN'S PAGE

TIP FOR THE WASHINGTON LADIES

The Prince of Wales had dinner the other evening with a group of England's greatest war heroes—the men who hold the famous Victoria Cross.

There are a lot of things one could say about this gathering, but what we want to remark about is the extreme informality that characterized the seating arrangements. The prince sat between a major general and a buck private. Officers and enlisted men rubbed elbows everywhere. There wasn't any worry about precedence or importance.

Contrast that, if you please, with the scrambling that goes on in Washington when a state dinner is in progress. If the Prince of Wales can sit next to an army private without losing his high position, the wives of Washington politicians ought to be able to take the seats that are given them without making such a fuss.

RECIPES

"AFTER THANKSGIVING IN THE KITCHEN"

When Thanksgiving is over the spirit of it still lingers as the proverbial food returns, redressed. We enjoy it in disguise.

The meat that headed the table on the feastful day makes delicious sandwiches for the informal supper. A plate wth a small mold of cranberry jelly, a sandwich chicken or such with lettuce, and a cup of cocoa makes party refreshments. The cranberry sauce adds color and an amazingly good flavor.

Spiced Cranberry Jelly

Four Cups Cranberries, 2 cups water, 3 tsp. whole cloves, 1 1-2 cups sugar, 3 tps. allspice, 1 tsp. cinnamon 1-2 tsp. mace.

Add water to the cranberries. Place all spices in a small cheese cloth bag and add to the cranberries. Cook together until the berries have burst. Remove spices and rub the cranberries thru a sieve or strainer. Add 1 1-2 cup sugar to the cranbery pulp and cook until jelly consistency is reached. If this jelly is placed in very tiny jelly glasses it can be molded individually and served on the bread and butter plates. This adds a touch of color to the individual cover which is always most attractive.

A la king, or creamed, gives the meat of the day a welcomed return. Creaming any dish increases the quantity for hungry appetities and the quality for better bodies.

Chicken a la King

Two cups cold diced chicken, 1 onion, 3 tbsp. butter, 1 1-2 cup milk, 2 egg yolks, 1 green pepper, 3 or 4 mushrooms, 2 tbsp. flour, 1-2 cup cream, 3 tbsp. chopped pimento.

Cook the shredded green pepper and mushrooms in the 3 tbsp. butter 5 minutes. Add 1 small grated onion, flour (thin paste) 1 1-2 cup milk, salt and paprika to taste. Add the chicken, pimento, bring to boiling point and add 1-2 cup cream with 2 eggs beaten in it. Cook about 5 minutes. Serve on toast. Serves about eight persons.

Perhaps the potatoes were first served while as parsley ones. If so, those left will be a new dish when cheese sauce is poured over them. Whenever adding cheese to cream sauce, grate finely. It will then met quickly and no hard indigestible lumps form.

Diced Potatoes with Cheese Sauce

Pare and dice three large potatoes. Cook 30 minutes in boiling salted water. Cheese Sauce: 1 cup milk, 1 tbsp. butter, 2 tbsp. flour, 1-4 lb. sharp cheese. Melt butter in top of double boiler. Add flour and remove from fire Mix and add milk slowly, returning to fire. Add cheese, stir frequently to keep from lumping. When cheese is melted and sauce has thickened, pour over potatoes and serve piping hot.

Find Relation Between Moon and Earthquakes

After studying the records of more than 1,200 earthquakes in California which have occurred since 1812, a Pacific coast scientist comes to the interesting conclusion that all the quakes came when the moon was in a certain quarter. The quakes occur on a fault-line, or crack in the substructure of the earth's crust. It was found that when the fault-line ran in a northwesterly direction the earthquake would come when the moon was between the meridian and the western horizon, or when it had not yet arisen and was in the directly opposite position.

When the quake occurred on a fault-line running east and west, it was found that the moon would be in the corresponding quadrants of the sky. Four out of five of the strongest shocks occurring in one place would come when the moon was in the same position it had been in during the main shock. Just why this relationship between the moon's position and earthquakes is so consistent has not yet been explained.

Took Pessimistic View of Wire Communication

A number of prominent men of Professor Morse's period were dubious about the practicability of the telegraph and believed it to have very restricted limits. In view of the development of this form of communication and its present high efficiency it is interesting to note some of these early comments. J. Fennimore Cooper, author of the famous Leather-stocking Tales, wrote to Morse on January 31, 1838, as follows: "My dear friend: I wish you all success with the telegraph, which might be made very useful for long distances. Your difficulty will be in communicating between more than two stations, for half a dozen sparks traveling on the same wire will play the devil with the registers." The Western Union today sends as many as eight messages over one wire at the same time by ingenious automatic devices.

Woman Rules Home

I believe, as men generally do, that mothers are most responsible for management of children. It is in the nature of things; in their formative years, children are much more with mothers than with fathers. While the father is away hunting a dollar or a deer, he cannot possibly also control the children, and is somewhat incapable when he returns, and his wife says: "I can do nothing with them; you try it."—E. W. Howe's Monthly.



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