Women's Page

BY A WOMAN



MARY LAMB

Mary Lamb was the daughter of John and Elizabeth Lamb. Her mother was far superior to her husband, and when he found the alehouse and its surroundings more congenial than his wife, she locked her misery in her heart and became reserved and seemingly cold. And so when her daughter, Mary, arrived, while she loved her daughter, very much, she never showloved her very much, she never showed it to Mary and the dear little girl was often lonely and sad.

As the father grew less and less capable their means were very limited, and little Mary had to work very hard and her life was a very sad one until when she was ten years old a little brother was born. How happy she was! She took almost entire charge of him, and even when he was a baby she would tell him all her secrets and all her trouble. From that time brother and sister's lives were almost unseparable. One day she went to carry her father's lunch to him. His employer, a Mr. Salt saw her looking wistfully at his books, so he told her she might read them all if she wished. This opened a new world to the child who had never had a chance to go to school. She read that she might teach her brother, Charles. As he grew older, she, through Mr. Salt got him a scholarship in the Christ Hospital School.

Then every day she would go to the iron fence which surrounded the school and watch her brother as he played with his companions. He would often bring his school mates home, Coldrige, Southy and Lovell and very pleasant times they had together. When Charles was fourteen he had to quit school and go to work as his father had lost his job and his mother was an invalid and Mary sewed and borrowed books and toiled incessantly but was ill at times and very nervous, and the strain made her flighty and people thought there was something wrong with her head, at times and so the time past on until she was thirty two.

Then though she was gentle, intelligent and kind, one day in a sudden frenzy, she seized a knife from the table and with one thrust sank the blade into her mother's heart. Charles in the adjoining room hearing the commotion, entered quickly and took the knife gently from his sister's hand and tenderly led her away. Returning in a few minutes, he found his mother dead. Though he loved her so dearly he never uttered a cry, but thought how he might protect his sister.

So he and his father and Mary and old aunt had to move very often, for the people would whisper about Mary's killing her mother, and would not allow their children to play any where near, and then the rent would go up and they would have to move again.

Sometimes Mary would feel the spells coming on and she would whisper to Charles to take her away. One day a friend saw them walking across the heath hand in hand both crying. They were on the way to the Asylum. These spells would last only a little while and then the sister would send for Charles to come for her.

Charles was quite a literary man now, but he used often to say that everything he wrote was inspired by Mary. Then they persuaded her to write "Tales from Shakespeare," a work so popular that it brought them in quite a sum of money. The father and old aunt had passed away. So they took several destitute women and provided for them. They also adopted a little girl, and Mary set herself to educating her, and that she did her task well was shown by the Concordance of Shakespeare which Mary Victoria, the adopted daughter wrote later.

And all through Mary's life there was her hero, Coleridge, handsome talented and married to an uncongenial women. What 'a pity that he and Mary did not marry. Perhaps Mary would not have had such a hard life and would have been saved from her mental disorder, and she would have inspired Coleridge to use his great natural gifts to their best advantage.

And the years passed with brother and sister living together each helping the other.

"What shall I do when Mary leaves me, never to return." Charles would often say. But Mary lived for full twenty years after Charles had gone. She seemed to exist just to talk of him who had devoted his life to her and to carry out all his wishes, and to look after his pensioners. Later she became a pensioner herself but she never knew it. And so she went down into the valley and entered the great shadow, telling in cheerful broken musings of a brother's love. Now she rests in the same grave with her brother. In life they were never separated and in death they were not divided.

HEALTH

Some one wrote to a famous Doctor and asked this question. What can I do for a torpid liver?" and his reply was:

Eat plenty of green vegetables, avoid eating a great deal of meat. Make your evening meal light. Eat candy and other sweets sparingly. Use as few cathartics as possible. Take in fresh air and have plenty of exercise." A house keeper called up the other day, thinking she was calling the butcher, but she had the wrong number. " How is you liver today" she asked, and the reply on the other end of the phone was:

"Pretty bad." Physicians are giving less and less calomel and urging the use of healthy foods as a substitute for such troubles.

STYLES

LONG SKIRTS

A distinguished Parisian modiste, observes the New Orleans Times-picayune, who has just returned to France after a brief but intense view of fashion conditions in the United States, said on her departure from New York that Paris had gone further than intended in the matter of long skirts. Paris, she declared, had not intended that the long skirt should be worn on the streets. It was a mode suitable for evening and dress occasions, and yet over here in the U. S. A., it seems to have gotten out of hand, and the girls are running about in long draperies when at most four to six inches should have been added to the previous short-skirt measure. The Parisienne found that in general the short skirt had gone further on this side than overseas, as indeed styles generally are carried to extremes in our land of the free and home of the audacious.

Cinderella's small glass slipper was not more dainty nor romantic than the footwear that the young women of today are wearing. In evening shoes much is made of the silhouette, both the slender opera style and the sandal with straps being fashionable. The slipper of crepe de chine continues a clasic of the mode, and may be dyed to match the frock, or cleverly accent a contrasting note in trimming or accessories.

Because of the longer skirts, large buckles are seen less than tiny ones, and the newest trick is to use a small jeweled ornament that snaps onto the side of the slipper. These are artistic bits with synthetic imitations of rubies, emeralds or sapphires, and set in green leaves or gilt designs.

We suppose that most people will do as Mary Lou says:

I think long skirts are horrid
They are far from graceful too,
I surely shall not wear them
Unless other people do.

RECIPES

Shrewsbury Cake.—One-half cup shortening, one cup sugar, two eggs, two tablespoons cream (or milk,) one-fourth teaspoon soda, one teaspoon caraway seeds, one-half teaspoon cinnamon, grated orange peel, about two cups pastry flour, one-half cup blanched almonds. Cream shortening and add sugar gradually. Add eggs well beaten, and cream to which the soda, dissolved in a teaspoon of hot water, has been added. Add cinnamon, a little grated orange peel and enough flour to roll. Chill and roll thin. Cut with a scalloped cutter, sprinkle with granulated sugar, and in the center of each put three almond halves. Bake in a moderately hot oven (375 degrees Fahrenheit) about seven minutes.

Lemon Bavarian Cream—One-fourth cup sugar, juice of one lemon, one egg yolk, one teaspoon gelatin, one tablespoon cold water, one egg white, one-fourth cup cream. Put two tablespoons of the sugar and the lemon juice in the double boiler. When heated, pour over the egg yolk, beaten with remaining sugar. Return to double boiler and cook, stirring constantly until thickened. Add gelatin, softened in cold water. Beat occasionally until cool. Fold in egg white, beaten stiff, and stiffly whipped cream.

Better for Children Than Candy.

Nut and Fig Pastries.

One cup chopped figs, one-half cup sugar, one-half cup chopped nuts, one teaspoon melted butter, one tablespoon melted butter, one tablespoon flour, grated rind and juice of one lemon, one tablespoon orange juice. Mix ingredients and beat well. Cut pastry in four-inch squares, put a tablespoon of the mixture on one-half of each square, fold the other half over and press the edges together. Bake in a hot oven (500 degrees Fahrenheit) about ten minutes.

Perfection Salad—One package quick gelatine one cup boiling water, seven-eighths cup vinegar, one tablespoon lemon juice, one-quarter cup sugar, one-half cup cabbage, one cup celery, one pimento or fresh sweet red and green pepper, all finely chopped, salt to taste. Dissolve gelatine in boiling water, stir until dissolved and add sugar, vinegar, lemon juice and salt. When sugar is dissolved, strain. When mixture begins to stiffen, add remaining ingredients. Turn into mold first dipped in cold water and chill. Serve on lettuce or endive and garnish with dressing. Serves eight.

Today's Recipes

Cup Poachd Eggs—Cup poached eggs are cooked in an egg poacher, eliminating the unpleasant wateriness of the old-fashioned method. Place small pieces of butter in each cup and add two teaspoons of milk. Break in eggs and salt and pepper lightly. Replace cover and steam until white solidifies. Serve at once on toast, or rusk, made by toasting thick slices of bread in the oven until brown and crisp all the way through.

Oatmeal Crispets—One and one-half cup dry oatmeal, one cup sugar, three tablespoons flour, one-fourth teaspoon salt, one-fourth teaspoon baking powder, one egg, one-half cup melted butter, one-half teaspoon almond extract. Mix dry ingredients and stir in the thoroughly beaten egg. Add melted butter and extract. Mixture should be fairly stiff. Drop from teaspoon on well oiled and floured pans about three inches apart, and bake in moderate oven until brown. Let cool slightly and remove from pan with pancake turner.

Auxiliary Elects

Mrs. William L. Fowler Heads Ladies Fire Group

At the annual meeting of the Ladies Auxiliary of the Chestertown Volunteer Fire Company, held last Monday evening, Mrs. William L. Fowler was elected as president for 1930.

Other officers chosen were: Mrs. Allan A. Harris, vice-president; Mrs. Hope Malin, Secretary; Miss Ada Schreiber, Treasurer.

These officers with Mrs. Donald Stam, Mrs. P. Medford Brooks and Mrs. C. Julian Coleman, will constitute the board of directors.

The report of the treasurer showed receipts amounting to $529.85 with expenditures listed to the amount of $267.50.

The membership in the organization has grown to ninety-six. The body is sponsoring a musical comedy which will be presented in the Lyceum Theatre on February 20, 21 and 22, under the direction of Mrs. H. J. Wheeler of the Wheeler Producing Company, of Wilmington.

Women's feet are larger now because they have tossed aside style for comfort, the National Shoe Retailers Association believes.

"The day of sore feet caused by small shoes is nearing its end," said Mme. Hamilton Jefferies, New York stylist. "Women have ceased torturing their feet.

The Winner

He was in the habit of lunching regularly at the same restaurant. One day he called the waiter to him and said:

"John, instead of tipping you every day I'm going to give you a lump sum at the end of every month. It will be more convenient for me."

"Thank you, sir," answered the waiter. "But I wonder if you'd mind paying me in advance for this month?"

"Well, that's a strange request. However, here's $5. I suppose you are rather hard up."

"Oh, no, sir!" smiled John, slipping the money into his pocket. "Only I'm leaving here today."

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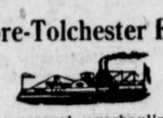
TOM JR. (5-8-5.)
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