Desert Aster a Beauty

In Painted canyon is found the desert aster—superlative one of all western composites bearing the much-used name of "aster."—lavender-rayed, with yellow center, and two or three inches across. And with enough irregularity to give it an air which we can only satisfactorily describe as chic. It is a perennial, with a low woody base, a generous annual growth of slender herbaceous branches, and a liberal dower of foliage.

How to Display Flag

If the flag is used on the speaker's platform, it should be displayed above and behind the speaker, the union being to the audience's left as they face it. If the flag is flown from a staff, it should be on the speaker's right. If displayed on staff to one side of stage, as in a church, it should be from a staff placed on the right of audience as they face the stage; any other flag should be at the left.

WHEN guests arrive unexpectedly, and you suddenly discover the larder is low. What do you do?....Don't you get in touch with those you need most? Don't you

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EAT ICE CREAM & DRINK MILK TO PREVENT COLDS

Health Commissioner Kegel, of Chicago, interviews the representatives of the press advocating that everyone eat ice cream and drink milk to prevent colds.

"The part foods play in building up resistance against colds is often overlooked," he said. The intelligent way to avoid colds is to prevent them.

A meal consisting of meat, potatoes, two or three vegetables, topped off with a dish of ice cream, is a big factor in keeping up bodily resistance.

Ice cream, in fact, may well be indorsed as a winter food. Contrary to general opinion, there is no harm in the consumption of cold drinks or cold foods. By the time they enter the stomach they are raised to body temperature.

GILL BROS.

Chestertown, Maryland

School Salaries Show Increase

Average Salary Jumps In Ten Year Period

The average salary for white elementary school teachers and principals in Maryland was $29 higher in 1929 than in 1928, according to the State Board of Education. Last year's average salary was $1,184.

This amount represents the result of a series of gradual yearly increases in salaries in the last ten years, from $521 in 1919. Accompanying this increase in recompense, it was said, has been an increased proportion of teachers.

Average salaries in the counties in 1929 ranged from $991 in St. Mary's to $1,518 in Baltimore county. One of the reasons advanced by the higher salaries in Baltimore county was the fact that the classes in that county are larger than in any other county, of the State.

The average paid in Baltimore city $1,822, brings the average for the State to $1,463. Average figures for all the counties were as follows:

Baltimore	$1,518
Allegany	$1,262
Montgomery	$1,228
Prince George's	$1,194
Anne Arundel	$1,192
Cecil	$1,170
Kent	$1,155
Queen Anne's	$1,151
Washington	$1,155
Talbot	$1,121
Calvert	$1,119
Wicomico	$1,114
Frederick	$1,083
Somerset	$1,081
Howard	$1,074
Worcester	$1,073
Harford	$1,071
Garrett	$1,067
Carroll	$1,064
Caroline	$1,061
Dorchester	$1,042
Charles	$1,024
St. Mary's	$ 991
Baltimore City	$1,822
The State	$1,463

In one-teacher schools the average salary was $1,102; in two-teacher schools, $1,161, and in larger county schols, $1,222. The increase of $53 for one-teacher schools since last year led in amount the increases of $19 and $16 respectively for the two-teacher and larger institutions.

Most of the teachers with training less than that received from a two-year normal school course or its equivalent were in one-teacher schools. As teachers with inadequate training have left the service, their places have been taken by normal-school graduates, thus increasing the proportion paid higher salaries, it was said.

Since it is difficult to attract or hold normal-school graduates in the one and two-teacher schools, the law requires that they be paid $100 more than they would receive teaching as an assistant in a larger school.

The minimum State salary for a normal school graduate is $950 for the first three years of experience, $1,050 for the next three years, $1,100 for the following three years, bringing the maximum of $1,150 after eight years of experience.

Had Sporting Blood

By H. IRVING KING

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NANCY BLODGET was a haughty beauty and moved in the very best social circles. Everybody expected Nancy Blodget and Bert Chalmers to marry each other. Nancy and Bert had expected the same thing—for a while—and then, to both of them, had come a feeling that these expectations were not as rosy as they had been at first. They had been much thrown together in society, and had "sort of" drifted into the position in which they found themselves. They liked each other well enough, as far as that went, but—!

The fact was that each had met the "other one," the "only one." How to get out of the situation gracefully was the question. Nancy did not want people going around saying that she had heartlessly jilted Bert, and Bert did not want all the gossips declaring that his conduct in throwing over Nancy was "shameful."

There is a game played by children—if it can be called a game—known as "Letting the old cat die." A child in a swing ceases motivating the oscillation of the said swing until it slowly comes to a dead stop.

If Nancy and Bert had been endowed with sufficient courage and frankness they might have "fessed up" to each other and contrived some quiet and unostentatious way of letting the old cat die with regard to their personal relations. But they did not have such courage and frankness—and the situation, after all, really was an awkward one.

Who Bert's other and only one was Nancy could only guess. She rather suspected that it was that slangy, sporty Betty Harrington. Betty was what the knowing called a "dead game sport." She could do the most daring and unconventional things and get away with it. Bert was well assured who Nancy's other one was. The way Tom Leonard looked at Nancy, and the cold manner in which he treated Bert betrayed the secret. Several times Nancy was on the point of speaking to Bert regarding the situation, but it was such a difficult subject to introduce. And Bert felt just that way about speaking to Nancy. Besides, he felt that the woman should always speak first in such a case.

Nancy went so far at last as to confide in Alice Wonderleigh—everybody confided in Alice sooner or later; she was such a sweet, mild, quiet little thing, she simply compelled confidence. "Now what would you do?" asked Nancy.

"Oh, dear, I don't know," replied Alice, in a distressed manner. "I think—I think I should tell him. But perhaps—oh, dear, I really can't advise you, only—"

"Only the situation has got to be cleared up some way," put in Nancy.

"Y-e-s," faltered Alice.

The next day there was a bridge at the Brownsons. "Everybody" was there. They had paused in their bridge-playing for a brief interval of eating and talking, when Betty Harrington came romping up to Nancy with "Hello, Nance! Got your nerve with you today?"

"A moderate amount," replied Nancy, very curious as to what was coming.

"Then we'll gamble," said Betty. "Don't look so shocked. I know you are dead set against gambling, which, as your old grannies say, 'is infecting society.' But this isn't serious. We'll gamble for nothing; we can't afford to lose. What do you say? See this bracelet? I won it on a bet from Tom Leonard, and I'll stake it against Bert Chalmers. I don't want the bracelet—and you don't want Bert. So come on—where's your sporting blood? We'll cut cards—best two out of three."

"So," thought Nancy, "my suspicions were correct—it is Betty Bert wants." She glanced at the bracelet which glimmered on Betty's muscular but shapely wrist. That had come from Tom Leonard, had it? Possessed by a sudden impulse, Nancy leaned over and cut a pack of cards which was lying on a table beside the two girls. "Ace!" cried Betty. "Beginner's luck." Then Betty cut and cut a ten-spot. Nancy cut and showed a five-spot, while Betty's luck gave her a king. The third cut resulted in Betty cutting a seven-spot and Nancy a two-spot. "I've won," cried Betty, and called across the room: "Bert, come here!"

"Oh, I was only joking; please, please," pleaded Nancy.

"Joking nothing!" retorted Betty, and as Bert came up Nancy, as she said afterwards, "feeling as if she should sink through the floor," the hoyden went on, "Here, Bert, I've just won you from Nancy. You are mine now, and I am going to give you away."

Bert frowned and looked around anxiously to see if anyone was watching this mad prank of Betty's. But she, the irrepressible, seized his hand and, leading him to where Alice Wonderleigh sat alone, silent and pensive, placed his hand in Alice's, saying: "I've just won him at cards from Nancy. Take him if you want him. Lord knows I don't. Nancy, you go and talk to Tom Leonard. He's standing over in that corner making eyes at you."

Later in the day Bert and Nancy had a very satisfactory and friendly talk together. The story got out, of course, but was forgotten inside of two weeks.

Disdainful of Physicians

Disraeli affected to regard all doctors with a sovereign disdain, writes a columnist in the Manchester Guardian. "Gull is all froth and words," he declared at seventy-three. "They are all alike. First of all they throw it on the weather; then there must be a change of scene; so Sir W. Jenner, after blundering and plundering in the usual way, sent me to Bournemouth, and Gull wants to send me to Ems; I should like to send both of them to Jericho." And Joseph Chamberlain's insistence that to go up to bed and to come down again constituted exercise enough for any man must have been a sore trial to his doctors.

Afraid of Life

"You're not afraid of life, are you?" she asks him, and Finch is startled into truth. "Yes, I am. I'm awfully afraid of it."

She reared her head from the pillow. "Afraid of life. What nonsense. . . . I won't have it. You mustn't be afraid of life. Take it by the horns. Take it by the tail. Grasp it where the hair is short. Make it afraid of you. That's the way I did. Do you think I'd have been talking to you this night—if I'd been afraid of life? Look at this nose of mine. These eyes. Do they look afraid of life? And my mouth—when my teeth are in—it's not afraid either."—Kansas City Star.

Sunrise on the Moon

The transition from night to day on the moon is very rapid, for the moon has no atmosphere; no rosy tints paint its mountain tops at dawn. There are no graduations between darkness and night, no twilight with color-tinted clouds. Before the sun comes there is blank, black darkness, deeper and blacker than anything experienced on our earth. As the sunshine moves across its surface the first peaks to catch its rays stand suddenly out, fully defined in a harsh, untempered glare and in sharp contrast to the dense blackness of the nearby terrain, where it is still night.

Food Requirements

According to Prof. V. H. Mottram, an adult woman needs but 2,500 calories a day. An adult man engaged in sedentary occupation requires 3,000 calories daily. A man doing hard work should have 5,000 calories. The physiological reason given is that the feminine organism utilizes food more economically than man. A child's food should not be proportioned according to his age, as he requires more than half the food of an adult. Boys and girls of fourteen are to be considered as adults in food utilization.

Sanity in the Madhouse

I should imagine that a madhouse would be an excellent place to be sane in. I'd a long sight rather live in a nice, quiet, secluded madhouse than in intellectual clubs full of unintellectual people, all chattering nonsense about the newest book of philosophy; or in some of those earnest, elbowing sort of Movements that want you to go in for Service and help to take away somebody else's toys.—From "The Poet and the Lunatics," by G. K. Chesterton.

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Mr. Geo. Williams

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Dr. Caldwell's Syrup Pepsin is made today according to the original formula, from herbs and other pure ingredients. It is pleasant-tasting; thorough in the most obstinate cases; gently effective for women and children. Above all, it represents a doctor's choice of what is safe for the bowels.

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It would be hard to find a farmer what at some time or another had not lost valuable time waiting for necessary repair parts. Take this territory and total up the time lost in this way and it will astonish you. And all because repairs are not ordered as early as they should be.

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This week 15,000 A&P Food Stores are paying tribute to their . . . to the man who laid the foundation for what is today the world's largest retail business. As a fitting way to commemorate this event, all A&P Food Stores are taking part in a Nationwide Food Sale!

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Del Monte Asparagus Tips No. 1 round tin 19c

Del Monte Cherries No. 1 can 22c No. 2½ can 35c

Del Monte Fruit Salad No. 1 can 23c No. 2½ can 40c

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