Women's Page

BY A WOMAN



CERES OR DEMETER

Ceres, which was the Roman name for this goddess dwelt on earth instructing the early people about agriculture. As the early Greeks thought Saturn, the father of all the gods came down to earth and spent his time in teaching the people the art of sowing and reaping and all useful trades. These were benificent days and the Greeks afterwards celebrated them in their feast days, called Saturnalia. Afterward Saturn was dethorned by his son, Jupiter, but he had already taught his daughter, Ceres, these useful arts and he begged her to stay and continue his work. So Ceres went from place to place helping and teaching the people. It was to her that the farmer prayed when he wished fruitful crops, and she was everywhere venerated, by the agricultural Greeks. But though Ceres gave her time to others there was one object she loved passionately, and that was her daughter Proserpine.

She was a bright laughing girl who loved flowers and sunshine, and her mother rejoiced in her beauty.

Now Jupiter, when he had dethoned his father, found the great universe too large to manage alone so he devided it up giving his brother, Neptune the sea, and the infernal regions to his brother Pluto. Now Pluto found that it was lonely living in this abode of gloom and shade and he tried to persuade the different goddesses to be his wife, but they refused. One day, as he had come up to earth in his chariot, drawn by fiery horses, he espied a beautiful maiden playing in the sunshine. He seized her, in spite of her cries for help and soon all disappeared in the earth.

When Ceres returned from her journeys in the evening, eager to see her daughter, she could not find her. Alas! poor Ceres forget the grains and the flocks and went in search of her daughter. The earth grew parched and the crops died, the flocks grew thinner and thinner, but Ceres heeded not the prayers of the suffering. One day, in her search for her daughter, Ceres saw a clear stream of water, Weary and thirsty she hastened to drink the water, but some naughty boys seeing her, jumped in and muddied the stream so she could not drink. The goddess dipped some of the water in her hands and threw it in their faces saying," Muddy water shall hereafter be your home," and they immediately became frogs. After long searching, Ceres heard from a little girl, who had seen Pluto snatch Proserpine away, where her daughter was. Ceres began to lament anew. The thirsty earth and the impoverished people lifted up their hands and implored held from Jupiter. He said, at first, she could not be brought back, but afterward he decided that she could come back if she had eaten nothing in that gloomy place. Proserpine had refused all food but one day, impelled by hunger had sucked six pomgranite seed. So it was decreed that she should spend six months in the earth with her husband and the other six months in the sunshine with her mother. So that brought about summer and winter. When she was with her mother the flowers bloomed, the crops grew and the flocks increased, but when she went back to her husband all growth ceased.

Ceres is generally represented as a women with flowing robes and in her arms sheaves of grain. All seed ar named for her and one of the lesser planets bears her name.

Such was the religion of those days when Pluto, Socrates and Seneca taught. Is it any wonder that they were not satisfied and that they were ever seeking God? It was to such seekers we believe, that our Lord preached when he entered into Paradise, before his resurrection.

HEALTH

The proper care of the teeth is a great help in preserving health. In our daily beauty quest a set of fine white teeth adds greatly to an attractive face. Then it is well to massage the gums thoroughly with your fingers when you are tending to your teeth. Have a good stiff tooth brush and clean them well inside and outside. Dentists say that oranges and lemons and grape fruit help to preserve the teeth. Sometimes try washing them in soda and water. One dentist has said if this is done nightly he would have no more patients. Avoid very cold or hot drinks if you wish to keep the enamel of your teeth from cracking. Another thing which helps the teeth is to chew your food well. Teeth are like other organs. They need plenty of exercise to preserve good health.

WHAT IS WORN
Here and There—

Eggshell and black are smart daytime glove choices.

The demand for tailored suits continues, but not to the detriment of the soft ensemble.

Coats with brief shoulder capes are with or without fur banding.

Box pleats and fine pleats also develop the necessary skirt fullness at several of the more exclusive houses showing spring clothes.

Boleros and peplums continue to be highlighted at all imported showings.

Galysak is extensively used as a coat trimming this spring.

While one hears less of the suntan fad, hosiery in suntan shades continues to be in brisk demand.

New umbrellas feature gay inside borders.

Printed lingerie is again being shown, in small designs and in pastel tones.

Blue Favorite Color Of Princess Mary

LONDON (U. P.).

Princess Mary's taste for the delicate shade of blue which she has done so much to popularize among British women extends even to her new home, Harewood House.

In the house, recently decorated under the princess's own supervision, the shade of blue predominates.

Princess Mary's ideas of the local home are distinctly modern, and as a result several walls have been removed in Harewood House to provide lighter, larger and airier rooms. During the course of rebuilding the princess has made at least three trips a week to Harewood House to supervise the work.

One of the principal interests is the nursery on the top floor, also painted blue, where her two little sons will play. Tiny hunting scenes will decorate the nursery walls.

RECIPES

Cheese Fondue—One cup soft bread crumbs, two cups milk, two-thirds cup cheese, cut fine; two eggs, one-fourth teaspoon salt, one-eighth teaspoon pepper, one fourth teaspoon celery salt, one tablesspoon buter, melted. Soak crumbs and milk five minutes. Beat eggs and add with other ingredients to bread mixture. Pour into a buttered baking dish. Bake for twenty-five minutes in a slow oven. Serve in dish which baked.

String Beans With Celery—1 can string beans, 1 stalk celery.

Open a can of string beans, pour into a sauce pan and boil rapidly until most of the liquor has evaporated. Have ready the celery, which has been cut into dice and cooked in a very little salted water until tender (about ten minutes.) Combine celery and beans, add one-quarter cup cream and season with salt and pepper to taste.

Peanut Cookies—(Three dozen)—One-third cup fat, one cup sugar, two tablespoons lemon juice, two tablespoons cream, one-half teaspoon salt, two eggs, one-half teaspoon vanilla, one cup shelled roasted peanuts, chopped, two and one-half cups flour, two teaspoons baking powder. Cream the fat and sugar. Add the rest of the ingredients and shape into a roll. Chill for twelve hours or longer. Cut off thin slices and bake on a greased baking sheet.

Today's Recipes

Baked Haddock—One and one-fourthe pound haddock fillet, 1-2 green pepper, one cup celery, two tablespoons butter, salt. Cook slowly in butter the finely cut green pepper. Cut celery in half-inch pieces, boil in three-fourths of a cup of water fifteen minutes. Butter shallow baking dish. Put in fish. Pour cooked pepper and butter and celery with water in which it cooked, over fish. Salt. Bake an rour in medium oven; baste. Add more water if it becomes dry.

Rice Guddle Cakes—One cup boiled rice, two cups milk, one tablespoon sugar, one-half teaspoon salt, one and one-half cups flour, one tablespoon shortening, two teaspoons baking powder, one egg, beaten. Soak the cooked rice in one cup of milk over night. In the morning add the other ingredients, sifting the flour, baking powder, salt and sugar together. Beat well, then add the other cu pof milk. Bake as usual.

City Grew as Visioned, but in Wrong Direction

In the early days of San Francisco, when it was a town of but 2,000 inhabitants, Richard Pindell Hammond, father of John Hays Hammond, the eminent mining engineer and capitalist, lived there. In fact, John Hays Hammond was born in the Golden Gate city in 1855. The elder Hammond, himself a surveyor, looked over the magnificient San Francisco bay and foresaw that a great city would rise on its shores. He saw with a surveyor's eye how the land lay. He visioned a great port of the future, mistress of the Pacific coast. So he proceeded to acquire certain holdings of land where he was certain the future city would stand. He surveyed it himself, laying out streets and demarking town lots. It was only a matter of waiting a few years. There in the harbor lay tall ships which had brought out gold-seekers and some which came from strange ports to trade. The day was not far distant when ships from all the world would lie in that harbor, thought Hammond.

Today, three-quarters of a century afterward, that carefully surveyed townsite is a mud flat, still vacant, save for an occasional shack of a fisherman. San Francisco has grown into the proud city Hammond foresaw, but on almost every bit of ground save that he selected as the inevitable site.

Tippling and Riots Put End to Morris Dancing

The Lancashire morris dancers who played up so well for their county in the folk-dancing festival in London would perform under social conditions vastly different from those of a century ago, for what really led to the decay of Lancashire morris dancing was the injudicious "treating" at each stopping place of the rushcart dancers, the brawls between rival teams and their supporters, and the riotous crowds assembled by the pageant, says a columnist in the Manchester Guardian.

"As drunk as a morris dancer," was a Lancashire saying. Alex Wilson's picture (1821) of a rushcart and morris dancers in Long Millgate, Manchester, in the midst of a riotous and rascally crowd, explains well enough why the custom was put down, the picture being given extra verisimilitude by the local portraits introduced, including the celebrated Rev. Brooks, bewigged and with stick raised characteristically in wrath.

Capital of Contrasts

Hungary, the ancient kingdom of the Magyars on the Danube, contains in Budapest, its capital, one of the most imposing and beautiful cities of Europe, a worthy companion capital to Vienna in the old Austro-Hungarian empire and now the metropolis of the reduced post-war Hungary, the "Kingdom without a King."

Budapest, a thriving modern city of more than a million population, lies on both sides of the Danube. In Buda, the old part of the city, are the royal castle, the Coronation church, stately palaces and many ancient artistic monuments. Pest, on the left bank of the river, presents a striking contrast to quiet Buda. It is the bustling commercial and industrial section of the new city.

Study of the Wild

In a general way, animal ecology is a science which seeks to give some definite form to the vast number of observations which have been accumulated during the last few hundred years by field naturalists and various other people interested in wild animals. Ecology is now concerned with reducing and co-ordinating vast available information concerning habits, life histories and numbers of the different animals, with a view to solving some of the urgent practical problems arising as a result of man's becoming civilized and interfering with the animal and plant life around him.

Lost Property

It was kit inspection, and the soldiers had their things laid out on their beds. The orderly walked into the room and approached Private Brown.

"Three shirts, Brown?" he asked.

"Yes, sir. One on, one in the wash, and one in the box," replied the private.

"Two pairs of boots?"

"Yes, sir, one pair on and one pair in the box."

"Two pairs of socks, Brown?"

"Yes, sir; one pair on and one pair in the box."

"Good! Now, where's the box?"

"Dunno, sir; I've lost it."—London Answers.

Earliest English Clock?

In the first chamber of the great tower of Salisbury cathedral lies a rusty, odd-looking piece of mechanism which may prove to be the earliest turret clock in England, dating back to 1386, or six years before the earliest record of the Wells clock, now in the Science museum at South Kensington.

An interesting feature of the Salisbury clock is the hand wheel for winding the going (as distinct from the striking) part. Only a little work at a trifling cost would be required to make the clock go again.

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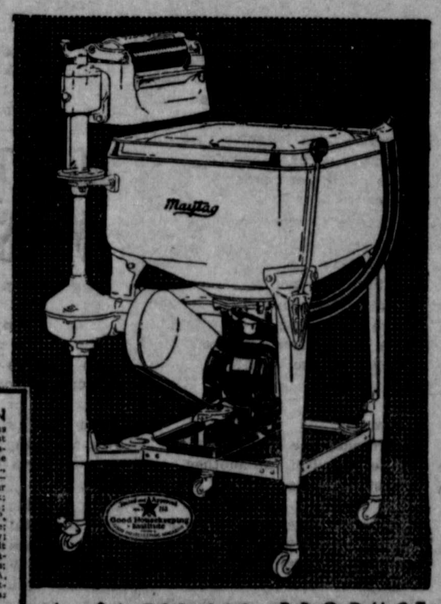
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P. M.	X A. M.			A. M.	P. M.
	7.10	Lv.	HURLOCK Ar.		8.00
	7.25		FEDERALSBURG		7.45
	8.00		DENTON		7.05
	8.20		GREENSBORO		6.45
	8.30		GOLDSBORO		6.35
	8.45		INGLESIDE		6.20
	9.00		SUDLERSVILLE		6.05
	9.15		CHURCH HILL		5.45
	9.30	Ar.	CHESTERTOWN Lv.		5.30
4.15	9.35	Lv.	CHESTERTOWN Ar.	10.40	5.25
4.30	9.50		FAIRLEE	10.25	5.10
4.40	10.00	Ar.	TOLCHESTER Lv.	10.15	5.00
P. M.	A. M.			A. M.	P. M.

XThis run one-half hour later on Sundays.

TOLCHESTER--CHESTERTOWN--CENTREVILLE

READ DOWN	EFFECTIVE SEPT. 3, 1929			READ UP
	A. M.			P. M.
	10.15	Lv.	TOLCHESTER Ar.	4.40
	10.25		FAIRLEE	4.30
	10.40	Ar.	CHESTERTOWN Lv.	4.15
Daily Except Sunday	10.40	Lv.	CHESTERTOWN Ar.	3.55 Daily Except Sunday
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