Women's Page

BY A WOMAN



PYGMALION AND GALATEA

The myth of Pygmalion and Galatea has been a favorite theme for the poets and painters and the fable is repeated again and again in song and story.

Pymalion, as the story goes, was a great sculptor. Although he despised women, thinking that they were vain and unfaithful, yet in his studio he made the statue of ivory, of what he conceived was an ideal woman. It was indeed such a perfect semblance of a beautiful maiden that it seemed to be alive, Pygmation admired his work so much that he only left it to eat and sleep.

Day by day he would put a finishing touch here and there and often times he laid his hand upon it to see if it were not living. And so he began to act toward it as though it were alive. He bought beautiful clothes for it and would adorn it with flowers and precious stones, and nightly, before retiring, he would lay her on a couch, covred with cloths of Tyrian dye and place a pillow of softest feathers under her head.

The festival of Venus was to be celebrate dat Cypress where war victims were offered up to the goddess and the odor of incense filled the air.

No one, who could reach the temple, dared stay away for fear of incurring the anger of the goddess. So Pygmation went as usual and after he had offered his sacrifice, he stood before the altar, and said:

"Ye gods who can do all things give me I pray thee for a wife, a maiden like my ivory virgin." Venus, who was present heard him and knew what was in his heart, and made up her mind to grant his wish.

When he returned home he went to look at his statue and the lovely eyes looked back at him. He bent over to kiss her lips and lo! the kiss was returned. Beside himself with joy he folded her in his arms and she gave him a caress in return. So thus he knew that she was a living maiden.

The legend says that the two lived happily together and to show their gratitude thy named their son Paphos, and were instrumental in building the city Paphos which city was sacred to Venus.

Wm. Morris has written a long poem of Pygmalian and Galatea and Schillr in his "Ideals" makes many reference to it.

"And then in all my Ardor sharing,
The silent form expression found:
Returned my kiss of youthful daring,
And understood my hearts quick sound."

CARE OF HAIR

Blond hair needs even more care than dark hair if it is always to look its best. It must be shampooed every two weeks, without fail. Between shampoos it must be kept scrupuliusly clean. Brush it thoroughly every night, if this agrees with the scalp; if not, a fine-toothed comb will remove more dust than you will believe until you experiment. A brisk rubbing with a soft bath towel, too, has possibilities that will astonish you most unpleasantly if you live in one of our larger, smokier cities.

An occasional dry shampoo with powdered orris root will help also, if you are sure to brush out all trace of the powder afterward. A good liquid tonic cleanser is another thing wisely kept on hand. Most hairdressers have a special tonic for blondes, and all one has to do is to part the hair in strands, saturate a bit of absorbent cotton with the tonic and rub it on. A good brushing afterward with a clean brush will work wonders. By the way, all of us, no matter what the color of our hair, need to remember to wash both brush and comb much oftener than we wash our hair.

As for those blond locks that seem to be growing darker despite us, a camomile tea rinse will restore the golden glint. Make it like real tea—a handful to a quart of boiling water, steeped for three minutes. Then pour the solution over the hair. This is the final rinse—no clean water afterward.

Fashion Whispers A Ward or Two

When you seek the most popular season's color, you bring up inevitably against white, which is no color at all. There are white topcoats in both sports and dressy types; white boutonnieres; white pull-on gloves; white shoes. Not the least attractive white touch is added by the white beret. There are also the white shantung street suit, and the white crepe or chiffon frock. How the city dweller can be white but not dingy is just one of those problems beneath the attention of fashion czars..

With the new fabric shoes for street and formal wear, it looks as though one could cool one's heels this summer without difficulty. Linen shoes for street and sports wear come in an extraordinary variety of color combinations, or may be bought in white and dyed to match the costume. For afternoon and evening, there are shoes of moire and crepe in blue, beige and black.

Though the vogue for bows as trimming has not diminished, the newest bows are not exactly bows. Rather, they are little two-headed ends of lace or georgette, pulled through a loop or eyelet, so that the loop of material covers the middle where the bow should be and the two ends frill out at each side.

Care Of The Feet

There is nothing that makes us more uncomfortable and gives us more pain than tired aching feet.

But when we think of it, feet have a right to complain of the way in which they are treated. Boxed up all day as they are in shoes with little thought of their comfort, and having to wear whatever fashion dictates, their only revenge is to make their wearer uncomfortable. We once went to hear a noted foot specialist talk on the health of the feet. First of all of course is the selecting of proper shoes, giving the foot plenty of room.

He advised going barefoot in our rooms, and even walking on the grass in the open unshoed. If we have time to lie down, have the feet exposed to the air. Another thing he advised was giving them an oil bath now and then, and frequent baths in cold water, or if one prefers, warm water.

As Napoleon said when asked what was the most necessary thing for a soldier to have, "A good pair of feet and well fitting shoes." So it is up to us to see that these faithful servants of ours have good attention if we wish them to serve us well.

RECIPES

"From eggs to apples," quoted the old Romans in referring to what was then the perfect and most proper way to describe a banquet. So it would seem that eggs have held their place in the diet for many ages.

In 1390 Richard, II, commanded a cook book to be written and therein we find a recipe for Croastades or Daryoles which we know now as custard. After specifying the ingredients to be used, the reader was instructed in quaint old English to "bake it well and serve it forth."

Again in the seventeenth century our good friend Samuel Pepys describes his joy over "Tansey" nothing less than a custard.

Custard is still a simple joy at any table if well prepared. One of the secrets of smooth custard is to use only the egg yolks. This not only adds to the texture and appearance but makes a better balanced dish for little children, for the yolk contains the much needed phosphorus and iron.

Boiled custard:—2 cup scalded milk, 1-4 cup sugar, yolks 3 eggs, 1-8 tablespoon salt, 1-2 tablespoon vanilla. Beat eggs slightly, using a fork, add sugar and salt; stir constantly while adding gradually hhot milk Cook in double boilr, continue stirring until mixture thickens and a coating is formed on the spoon, strain immediately; chill and flavor. If cooked too long the custard will curdle; should this happen, by using an egg-beater it may be restord to a smooth consistency, but custard will not be as thick. Eggs should be beaten slightly for custard, that it may be of smooth, thick consistency. To prevent scum from forming, cover with a perforated tin. For pre-school age children, omit vanilla.

Creamy Rice Pudding.—1 tablespoon uncooked rice, 1 quart milk, 1-3 cup sugar, 1-8 teaspoon nutmeg or cinnamon, 1 teaspoon salt.

Wash the rice, add the other ingredients, pour the mixture into a good-sized baking dish, and cook in the oven slowly for about two or three hours, stirring it frequently. If allowed to cook slowly, the milk thickens to a creamy consistency and the rice swells to several times its original size. If double the quantity of rice is used, the mixture does not require such long cooking, as the rice in swelling thickens the liquid more rapidly, but the product is not so creamy. Often a half cup of raisins is added to the pudding and allowed to cook down with the milk.

Rice Bavarian Cream:— 1-2 cup uncooked rice, 1-2 cup sugar, 4 cups milk, 1 tablespoon granulated gelatin dissolved in 4 tablespoons cold water, nutmeg or cinnamon, white of 2 eggs, 1 teaspoon salt, 1-2 teaspoon vanilla.

Wash the rice and cook it with the sugar, the salt, and the milk until soft and thick, stirring it frequently. Soak the gelatin in the cold water, stir it into the hot rice mixture, add the spice, and let the mixture cool. When nearly set, fold in the whites of eggs beaten stiff, stir in the vanilla, and turn the mixture into molds. Serve with whipped cream or with a custard sauce, dotted with tart jelly. This will make 8 or 10 servings.

Chocolate Rice Pudding:—2 cups milk, I 1-2 squares chocolate, 1-2 teaspoon salt, 1-2 cup sugar, 1-4 teaspoon vanilla, 1 tablespoon cornstarch, 2 cups cooked rice.

Heat the milk, the chocolate, the salt, the sugar and the vanilla together until the chocolate is melted and well blended with the other ingredients. Moisten the cornstarch and stir it into the mixture, add the rice, pour the mixture into a baking dish, and bake it for 20 minutes. This will make 8 or 10 average servings.

PAINFUL CORNS
Loosen—Lift Out

A little known Japanese herb, the discovery of an eminent German scientist (Dr. Stickel) instantly soothes the corn, callous or wart then loosens it so that shortly you can lift it right out. This new discovery called "Corn Fly" excites the white blood corpuscles to action and granulates the corn at its root so that it drops out and leaves no trace of scar or soreness.

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MRS. NORA C. MAXWELL, Owner

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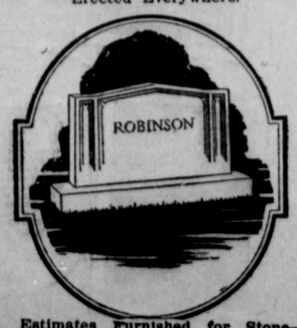


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Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot put away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. *Twenty-five million bottles were bought last year.*

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Bids on Fuel and Hauling

Sealed bids on all or any part of the fuel oil, coal, and wood supply for the public schools of Kent County, Maryland, for the school year, beginning August 1, 1930, will be opened by the Board of Education of Kent County in their office on the third floor of the Elementary school building, Chestertown, Maryland, on Thursday, July 3rd, 1930. Bids will be received until 10:00 A. M., on that date. The quantity of each kind of fuel necessary for each school is listed below. Bids on only the better grades of fuel oil, coal and wood (pinewood preferred) sawed in one-foot lengths are requested; fuel oil to be delivered as needed in underground tanks at the school; an dthe coal to be delivered f. o. b., cars at the distributing points as directed by Board of Education between August 20th and September 5th, 1930, the wood to be delivered at the schools between September 5th and 20th. The name, guaranteed analysis, of fuel oil and coal must accompany each bid on these fuels. The Board of Education reserves the right to reject any or all bids on fuel:

School	No. of Tons	Kinds of Coal	Quantity of Wood
TO BE DISTRIBUTED FROM MASSEY			
Galena, white	1000 gallons Fuel Oil		
Millington, white	40	Soft (equal grade) or coal of equal grade	
Millington, white	40	Softe (equal grade)	
Millington, colored	3½	Stove	½ cd.
Riley Neck colored	3½	Stove	½ cd.
Massey, white	12	Stove	½ cd.
Sassafras, white	3½	Stove	½ cd.
Sassafras, colored	2½	Stove	½ cd.
Golt white	3	Stove	½ cd.
Golt, colored	1½	Stove	½ cd.
Chesterville, white	3	Stove	½ cd.
Chesterville, colored	3½	Stove	½ cd.
Olivet Hill, colored	3½	Stove	½ cd.
Davis Hill, colored	3½	Stove	½ cd.
TO BE DISTRIBUTED FROM STILL POND STATION OR KENNEDYVILLE			
Kennedyville, white	10	Soft	
Betterton	35	Soft	
Locust Grove, white	4	Stove	½ cd.
Cherry Lane, white	3½	Stove	½ cd.
Morgnec, white	3½	Stove	½ cd.
Morgnec, colored	3½	Stove	½ cd.
Still Pond, white	12	Stove	1 cd.
Still Pond, colored	3½	Stove	½ cd.
Coleman, colored	7	Stove	1 cd.
TO BE DISTRIBUTED FOR ROCK HALL OR CHESTERTOWN			
Rock Hall Elem.	1,000 gallons Fuel Oil		
Rock Hall High	25	Soft	
Piney Neck, white	3	Stove	½ cd.
Sharptown colored	7	Stove	1 cd.
Edesville, colored	3	Stove	1 cd.
Swan Creek, white	2½	Stove	½ cd.
TO BE DISTRIBUTED FROM CHESTERTOWN			
Chestertown High	30	Pea	
Chestertown Elem.	25	Pea	
	35	Soft	
Fairlee, white	20	Soft	½ cd.
Chestertown, colored	25	Stove	½ cd.
Pomona, white	2½	Stove	½ cd.
Pomona, colored	3½	Stove	½ cd.
TO BE DISTRIBUTED FROM CHESTERTOWN			
Broad Neck, white	3½	Stove	½ cd.
Broad Neck, colored	3½	Stove	½ cd.
East Georgetown, colored	2½	Stove	½ cd.
West Georgetown, colored	3½	Stove	½ cd.
Fairlee, colored	3½	Stove	½ cd.
Cliffs, white	2½	Stove	½ cd.
Lankford, white	2½	Stove	½ cd.
St. Paul, white	1½	Stove	½ cd.
Johnsontown, colored	2	Stove	½ cd.
Hanesville, white	1½	Stove	½ cd.
Flatland, white	3½	Stove	½ cd.
Worton Point, white	3½	Stove	½ cd.
Worton Point, colored	3½	Stove	½ cd.
Fountain, colored	2½	Stove	½ cd.
Butlertown, colored	3½	Stove	½ cd.
Melitota, colored	3½	Stove	½ cd.
Janvier, white	3½	Stove	½ cd.
Lynch, white	3½	Stove	½ cd.

BIDS ON HAULING COAL

Sealed bids on hauling all or any part of the above coal supply for the public schools of Kent County, Maryland, will be opened by the Board of Education of Kent County at their meeting to be held on the above date in their office on the third floor of the elementary school building, Chestertown, Maryland.

All bids are to be made with the understanding that the successful bidder is to have as much as possible of the coal to be delivered at each school placed IN THE COAL BIN without damage to the buildings and that he is to bear the cost of cutting the coal back where necessary; that the coal which the bin will not hold is to be piled within ten feet of the opening of the bin and clear of the building; that the bidder is to pay for any damage to the building caused by the one delivering the coal; that the bidder is to pay all demurrage on freight cars that he fails to empty and release within the time limit allowed by the railroad company without charge.

Bidders are requested to inclose their bids in sealed envelopes marked "Bid on Fuel" and to inclose these in other envelopes addressed to the Board of Education of Kent County, Chestertown, Maryland.

The Board of Education reserves the right to reject any or all bids on hauling.

By Order of the Board of Education,

LOUIS C. ROBINSON, Secretary.

FARMERS,
LIST YOUR
Repair Needs.

It would be hard to find a farmer what at some time or another had not lost valuable time waiting for necessary repair parts. Take this territory and total up the time lost in this way and it will astonish you. And all because repairs are not ordered as early as they should be.

There is no better time than right now—just before the busiest season on the farm—to go over your machines carefully, make a list of repairs you are likely to need and send it to us. With this list in our Lands, we can order our stock so as to be prepared to met every call promptly.

Repair part service is a necessary part of our business. We realize what it means to you in time and money to get what you need at once. Help us to help you by making up your list now and sending it in to us.

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GARDEN AND FLOWER SEEDS
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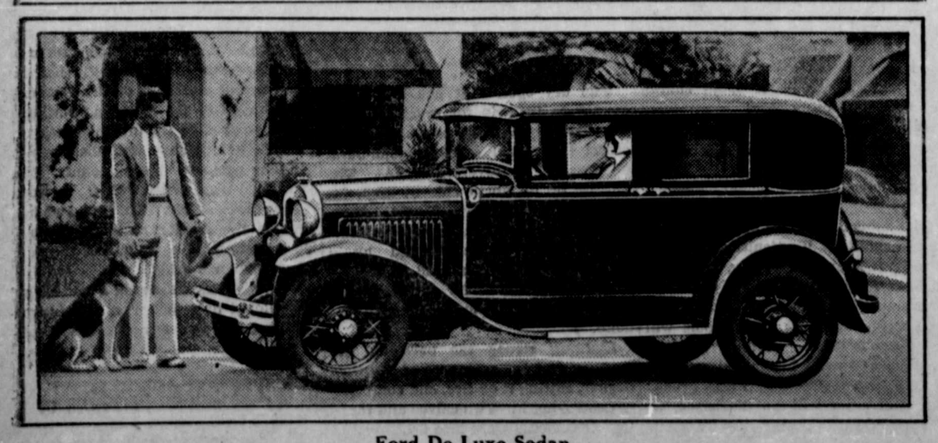
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Ford De Luxe Sedan

THE De Luxe Sedan, recently added to the Ford line, is designed for those who desire distinctiveness and unusual comfort in an automobile. The interior is inviting and roomy with wide doors to both compartments. Absence of rear quarter windows gives the car a striking individuality and affords privacy to the occupants.

Interior trimmings and appointments are luxurious. Upholstery is either in brown mohair or a deep tan Bedford cord patterned after that used in high-priced cars. Other refinements include arm rests for the rear seat, mahogany finished garnish mouldings on the windows and beneath the windshield, flexible robe rail and hardware in an attractive pattern.

The front seat is adjustable within a range of four inches to suit the convenience and comfort of the driver. It is moved quickly and easily by a small, inconspicuous handle in the front center of the seat just above the floor.

The De Luxe Sedan, like other Ford body types, can be obtained in any one of several color combinations.

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