

Women's Page

BY A WOMAN

CEYX AND HALCYONE

Among all the happy married couples in Mythology there were none more devoted to each other than Ceyx and Halcyone. He was the son of Hesperus, the day star, and she the daughter of Eolus the god of the winds. But Ceyx had lost his brother and he began to fear that the gods were hostile to him so he thought it would be well to go by ship and consult the oracle of Apollo, as to what he had better do. But when he told his wife of his intention a shudder ran through her frame and her face became deadly pale. She wept and pleaded with her husband not to go. She told him of the winds in her fathers cave, how when they were released would rush together in such fury that they would wreck any ship on the sea. "However, she said, if you do go I will go with you." This Ceyx would not have her do and so he bide goodby to his fainting wife and departed on his journey. Hardly had he started than a great storm arose. Waves mountains high tossed the ship about as though it were a shell. The masts were washed away and Ceyx saw shipwreck and death stare him in the face.

Again and again he said, "How come with me," but I pray the gods that my boby may float to her, and then she will give it burial. For the heathens thought, that if the body was not buried with the funeral rites that their shades would wander on the shore of the river Styx until their remains would be buried properly, and that is why they spent such sums to decorate the place of burial. The worthy ship at last sank and all on board perished in the sea. Meanwhile Halcyone prayed night and day for her husband's safety. Finally Juno sent her messenger, Iris who attended to the rainbow and dressed in all the bright colors, to the cave of Somnus, the god of sleep to ask him to show Halcyone in a dream that Ceyx was no more. So Somnus woke up his son, Morpheus and told him to go to Halcyone. Morpheus flew on the wings of night and appeared in the form of Ceyx to his wife and informed her that he was no more. When Halcyone awakened she declared that her husband was dead and she should die too. In vain her attendants told her it was only a dream, she felt it was so. Weeping she went to the shore and at a distance she saw his body being washed to the shore. She endeavered to swim out to meet him, and her arms became wings. Then the gods mercifully changed them both to birds. And since then they are always together and when they build their nests Eolus shuts up the winds in his cave and for fourteen days peace is on the waters. They were called Halcyon days and even now when things are peaceful and happy they are called Halcyon days. The poets are always alluding to the time when the happy birds brood upon the waters, and every thing goes well.

HEALTH TALKS

In these very warm days, it is much better to go about our daily work, and try to forget the heat as much as possible, avoid the burning rays of the sun and dress as cool as modesty will allow. Do not eat hot nor heavy foods, and drink a great deal of water. We may be very comfortable at home where there is the bath and our choice of rooms if we cannot go to sea shore or mountains Fruit is always plentiful and it is very healthful in hot weather. "Keep Kool" and do not fret, and weather will effect you very little.

TODAY'S RECIPES

Beef and Pork Loaf—One pound fresh pork, three pounds beef, one cup bread crumbs, one cup milk, one teaspoon salt, one-eighth teaspoon pepper, three eggs, slightly beaten. Grind meat, mix and add remaining ingredients in the order given. Shape into a loaf, put in pan and lay across top six thin slices fat salt pork. Roast in a hot oven one and one-half hours, basting every little while, at first with one-half cup hot water and after that has gone, with the fat in the pan. When done turn from the pan and serve either hot or cold.

Potato Salad—One quart sliced potatoes, one medium onion, cut fine; one cup table celery, cut fine; one tomato, diced; one cucumber, diced, or one-half pickle; one cup boiled mayonnaise dressing, one tablespoon salt. Mix ingredients together slightly, toss boiled dressing gently through it. Garnish, as desired, with parsley or hard-cooked eggs and sections of tomato. One cup diced ham may be added if desired.

Boston Brown Bread—One cup graham flour, one and one-half cups white flour, one cup cornmeal, one and three-fourths cup sour milk, one teaspoon salt, three-fourths cup molasses, three teaspoons baking powder, one and one-half teaspoons soda. Sift dry ingredients together three times. Then add moist ingredients. Fill greased can about three-fourths full and cover. Bake in moderate oven one hour to one and one-fourth hours, depending on size of the baking can. One cup of raisins may be added if desired.

Frosted Cup Cakes—One-half cup shortening, one cup sugar, four egg yolks or two whole eggs, three-fourths cup milk, one-half teaspoon nutmeg, two cups sifted flour, two teaspoons baking powder, one-half teaspoon salt, one-fourth teaspoon ginger, one-half teaspoon allspice, one-half teaspoon cinnamon. Sift flour three times with baking powder, salt and spices. Cream shortening, add sugar gradually and well-beaten eggs. Add dry ingredients alternately with the milk. One cup of raisins may be added. Bake in a loaf pan in a moderate oven (350 degrees F.) 30 to 35 minutes, or for cup cakes bake 20 to 25 minutes in muffin tins.

Maple Spanish Cream—One tablespoon gelatin, one and three-fourths cups milk, four tablespoons maple syrup, two eggs, separated, two teaspoons sugar. Soak gelatin in milk half an hour. Then put on fire, add maple syrup and stir until dissolved Add yolks of eggs well beaten and stir until mixture boils. Remove from fire. Have ready the whites stiffly beaten with the sugar. Add these, and mix all thoroughly. Put in a mold and set in the refrigerator or a cool place to congeal. Serve plain or with cream.

SUGGESTIONS IN CANNING SEASON

When making jellies and jams use old towels when handling hot bettles and glasses, as the fruit stains are sometimes hard to remove. Berry stains may usually be taken out by pouring boiling water onto the spot from a height so the water hits the material with quite a bit of force.

When covering the jelly glasses are set on a tray or in a pan containing half an inch of water. Any drops of the wax will solidify on the water and may be easily removed. Then there will be no scraping of parafin from table tops, etc.

A very satisfactory jelly bag may be made by putting a square of outing flannel in the colander and placing the colander over a deep kettle.

Don't try to economize by using last year's jar rubbers, even though they wern't used at all. The rubber has lost its elasticity and will not completely seal the cover, then the food will spoil—all for a few cents "economy."

TO THE DEMOCRATIC VOTERS OF KENT COUNTY

My son-in-law, Robert E. Lee, has announced his candidacy for Sheriff of Kent County and in order to clear up a misunderstanding of my position, I wish to state that I will remove from the jail December 1st, 1930, and will not be a Deputy Sheriff. Robert E. Lee if nominated and elected will be Sheriff and I shall have nothing to do with the office.

J. THOMAS HADAWAY, Sheriff.

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Are You Ready



When your Children Cry for It

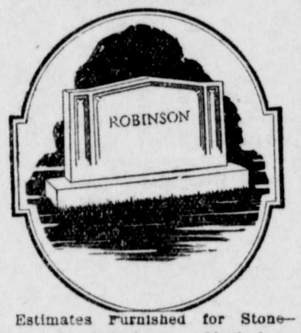
Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot pat away. And it's always ready for the cruelest pangs of colic, or constipation, or diarrhea; effective, too, for older children. *Twenty-five million bottles were bought last year.*

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There is no better time than right now—just before the busiest season on the farm—to go over your machines carefully, make a list of repairs you are likely to need and send it to us. With this list in our hands, we can order our stock so as to be prepared to met every call promptly.

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ANNOUNCEMENT

I hereby announce myself as a candidate for Treasurer of Kent County subject to the Democratic primaries. m31. HARVEY B. MOORE

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Genuine Palmolive 10c Toilet Soap..... 5c

Best Hill Muslin, yard wide 15c

15c Unbleached Muslin, yard-Wide, extra quality.....10c

25c Turkish Towels, good quality, only 15c

50c Turkish Towels, extra large, 22x44 only 25c

40c Table Oil Cloth, plain white and fancy 25c

Fine Lawns and Printed Bastite now 25c

Boys' Crash Suits, $1.50 quality sizes 3 to 8.....98c

$1.50 Girls Dresses, Lawns and Prints, 3 to 12 years.....98c

15c Cotton Toweling, extra good crash, only 10c



Large 6-quart Pudding Pans 10c

$1.50 Oval Rag Rugs, largesize on sale, ... 98c

10c Finest Toilet Paper, 1,000 Sheets, now 6½c

Good Paper Napkins—100 Napkins, now 10c

20c Dust Pans, blue, green and red, at 10c

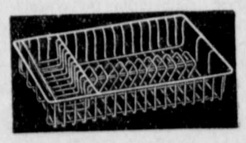
50c Good Dust Brushes, all hair Brushes, now 25c

$1.25 Aluminum Cook Pot, 8 quart size, only 79c

$1.00 Aluminum Percolators, 2 quart size, only 79c

75c Enamel Berlin Kettles, 8-quart and 10-quart sizes...49c

75c All White Enamel Water Pails, 10- quart size.....50c



Heavy Wire Dish Drainers 49c

Cups and Saucers, 25c, pure white, only 15c

Large China Cups, without saucers, only 10c

50c Large Mixing Bowls on sale at 29c

New Fluted Tumblers, clear Crystal Glass 5c

Ice Tea Tumblers, large crystal glass, now 10c

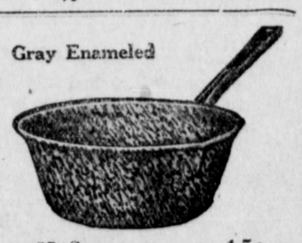
Glass Pitchers to match, fluted, Crystal glass, only 50c

Heavy Fiber Chair Seats, all sizes, on sale 10c

Large Dish Drainers, extra heavy wire, sale 49c

Heavy Wire Clothes Lines, 25c quality, 50 ft. long, sale..10c

Gray Enameled



25c Saucepans.....15c

50c Gray Enamel Dish Pans, 14 quart size 29c

Large Preserving Kettles, 12-quart size, only 29c

$1.50 White Enamel Combinets, 10-quart size 98c

75c Grey Enamel Dish Pans, large 17-quart size, only 49c

White Enamel Wash Basins, all pure white, on sale.....25c

White Enamel Pudding Pans, all pure white, on sale....25c

6-quart Tin Pudding Pans, full size, on sale.....10c

75c All-White Enamel Dish Pans, 14-quart size 49c

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