

Women's Page

BY A WOMAN

VISCOUNTESS BEACONFIELD

We have been reading a most interesting book of Disraeli, one time Prime Minister and Earl of Beaconfield. His father was a jew and he had many obstacles to overcome in his dizzy clime to be prime minister. In his maiden speech in Parliament, he was so laughat and jeered that he could not finish it. Being naturally a dramatict and a lover of fine clothes, he was often the laughting stock of his political enemies. Though he knew he had talent he became very much discouraged. One of his friends was Mr. Wyndham Lewes, and his wife took a lively interest in young Desraeli.

She often called herself his political sponsor. Although she had little learning and was without tact, her husband, Mr. Lewis was very fond of her. When he died, Disraeli hastened to console his widow. So evening after evening they passed together, he telling her of his many discouragements. But he always went away from her presence boosted up by her confidence in his success. All at once he began to realize how much she was to him, and although she was thirteen years older than he, he asked her to marry him. She hesitated some time but his persistance won out and she became his wife. Never was there a more affactionate couple. When ever bruised and sore by the oposition of his political enemies she always thought him the finest oraters and the brainiest man in England. She thought only of his comfort no matter what time he came home at night there she was to receive him with cheerful fire and the house brilliantly lighted for him. Often and often he would refuse invitation with those in power, because he would know that Mary Anne his wife would have supper waiting.

When at last he had reached the top of the pole and had become prime minister and all the world was seeking to honor him, he would be seen tenderly listening to the words of the old lady of eighty-one who was leaning on his arm. Mary Anne would often say to her friends, "Thanks to his Kindness, my life has been simply one happy dream." And he so often said, "We have been married for over thirty years and I have never yet been bored with her." She had been seized with an incurable disease, cancer of the stomach but never told him for fear of his grief. And so she kept up until the last. How he missed her when she was gone. Though he had what he had always craved, position and power, he knew there was no affectionate one awaiting him at home. All England grieved with him for though they laughed at her faux pas, her bad taste in dress and in furnishing her home, yet when they saw how devoted her husband was to her, they felt a real grief at her passing.

HEALTH

We have been interested in reading an article by the famous surgeon, Dr. Mayo. He speaks of how the measure of our lives are being lengthened by the care that people are taking of their health.

But, he says, "It is sad to visit Homes where the inmates have reached a ripe old age to see that though well in body, their minds have entirely gone."

And he goes on to say that the task of the future must be: to study diseases of the brain. And yet, I wonder if the people are not in a way responsible, so often they have put aside their books and left their brains to go to sleep. How many say when they see one reading. "I wish I had time to read but I am too busy," and so they let house hold cares consume all their time and let the best part of them go to waste. We believe if every one would give certain portions of the day to mental exercise such calamities would not occur. Dinet in his "Art of Thinking" says we must struggle to concentrate our minds. He recommends the puzzle as one exercise, and above all keep in touch with good books thus giving your mind exercise and strength.

THE VOGUE

Types of Trimming Used

Returning to "the good silk dress," we find it has many new features setting it apart from its simple cousin of yesteryear. Satin, despite talk of it at the openings, is not being seen about very much. Dull surfaces are smartest, and they are frequently embellished with embroidery of various sorts, including eyelet, beaded touches braided or laced treatments. Often on a dark dress, a note of contrast is introduced through a facing in white or some pastel tone at the neckline.

Sleeves continue to scorn the straight and narrow. Pointed effects or puffs at the elbow, wide cuffs and leg-o'-mutton types are numerous.

HATS

Once more, be sure you have the kind of brow from which your new hat can be pushed off at the correct angle without causing your best friends to burst into giggles. Sometimes you look like a Burne-Jones in such a hat, sometimes you look like a what-is-it cartoon. But, any way, the little clip of brilliants just where the hat shines off the right temple is invariably an attractive addition.

SHOES

A bit newer than suede, and to us more in keeping with the air of quiet but sophisticated elegance of the Fall mode, are slippers made of very dull kid—mat finished it is called. In operas and modified instep slippers, this dull black gid is a lovely foil for the silk-like sheen of furs. It is also smart in cut-out pumps, but the cut-out pattern must avoid the fancy or over-elaborate.

RECIPES

Broiled Steak:—Select on of the tender steaks from 11-2 to 2 inches thick. Trim the steak of excess fat and wipe it off with a damp cloth. A steak may be broiled by direct heat or it may be pan-broiled in a skillet. To broil by direct heat, grease the rounds of a rack, ay the steak on it and place over ilve coals or unedr an electric grill, or the flare of a gas oven.

If a gas oven is used, have the steak 2 or 3 inches beow the falue. Best results aer usually obtaine dby leaving the door open. Sear on one side and then turn, being caerful not to pierce the brown crust. When both sies ae seared, reduce the heat, and turn the steak occasionally until cooked to the desired stage.

To pan-broil a steak sear it on both sides in a lightly greased sizzling-shot skillet, then reduce.

Swiss Steak.—3 pounds lean beef about 2 1-2 inches thick, 3 tablespoons melted suet, 1-2 cup flour, 1 1-2 teaspoons salt, 1-8 teaspoon pepper, 2 1-2 cups hot tomato puice and pulp or hot water.

Sift the flour salt and pepper together and beat thoroughly into the steak with a meat pounder. The beatinb makes the meat more tender, and the flour absorbs the juice. Cut the steak into individual portions if desired.

Best Evers (Cookies.)—1-2 cup butter, 1 cup sugar, 2 egg yolks, 2 tablespoons milk. 2 cups flour, 1 teaspoon salt, 1 teaspoon baking powder, 1 cup seeded raisins, 1 cup dry, shredded coconut, 2 egg whites. 2 teaspoons vanilla, 2 or 3 cups flaked, toasted breakfast food..

Mix the ingredients in the order given. Use one rounding teaspoon of the mixture for each cookie. Drop by spoonfuls on a buttered sheet 1-2 inch apart. Bake in a moderate oven. Watch closely for they burn easily. Remove from the pan while hot. This makes about 65 cookies.

Scotch Wafers.—2 cups rolled oats, 1 cup wheat flour, 1-2 cup sugar,, 1-2 teaspoon salt, 2 teaspoons baking powder, 3 tablespoons fat, 1-3 cup milk.

Mix the dry ingredients in a bowl, add the fat, and mix together thoroughly. Add enough milk to make a dough sufficiently hard to roll (about 1-3 of a cup.) Knead this dough well; roll very thin, and cut with a biscuit cutter. Bake in a moderately hot oven. When cool the wafers should be very crisp. Raisins may be added. In that case chop them very fine and if necessary use a little more flour in rolling out the wafers.

Tissues in Kitchen.—Cleansing tissues have a very decided use in the kitchen. They polish electrical appliances marvelously, and keep the inside of the waffle iron spotless if used immediately after using the iron.

POULTRY NOTES

ITEMS OF INTEREST THAT WILL HELP OUR READERS WITH THEIR POULTRY PROBLEMS

BY POLK T. BRAMBLE
Proprietor Bramble Poultry Farm

November will be the month to bring in any pullets remaining on the range and get them comfortably established in their laying quarters. They will need greater protection than the range shelters afford, and commercial poultrymen find it most profitable to keep them confined in the house for the remainder of the winter. The slower developing pullets may have lights used on them, pushing them somewhat for production as explained in the article "How to Use Lights on Layers" which appears in this issue.

All weak or sickly looking pullets should be culled out of the flock when they are housed for the winter. Because of their weakened condition they are easy prey to diseases. Such bird do not usually have the vigor to withstand cold weather or produce eggs and are the kind that keep diseases in a flock.

Pullets that do not show promise of laying before cold weather begins, too frequently will not begin after cold weather does come, and consequently do not lay until the following spring. This makes them unprofitable and the rest of the flock will do better without them.

"Highest egg prices as a rule come in November of each year," says A. R. Lee, associate poultry husbandman of the bureau of animal industry in the U. S. Department of Agriculture. It is up to the poultry producer to take advantage of this situation and to get eggs when eggs bring the most money.

Pointing out that pullets should average from six to seven eggs each in October, 10 to 11 in November and 11 to 12 in December, Mr. Lee says, "The production of high-priced eggs requires: first, early-hatched bred-to-lay pullets; second, good feeding; third, comfortable houses; and fourth, careful management."

Wheat at its present low prices is an economical substitute for corn in the poultry ration, according to Paul B. Zumbro, extension poultryman, Ohio State University.

The usual recommendation for the grain mixture in the Ohio mash and grain laying rations is three-fourths corn, and one-fourth wheat. Zumbro suggests that this proportion be changed to three-fourths wheat and one-fourth corn while the price of wheat is under that of corn. When a larger proportion of wheat is used in the ration, more green feed should be fed as wheat does not contain as large an amount of vitamin A as yellow corn. More alfalfa leaf meal in the mash is one means of caring for this difference, Zumbro advises.

Other satisfactory mixtures are: two or three parts wheat, two corn, and one of oats, or two wheat, one corn corn and two oats.

This month will be an execellent time to get your heating equipment for the poultry house in readiness for its winter's work. If a hot water system is used, make sure there are no leaks at any point in the system and that it can be fired up and started at short notice if a sudden cold snap should come along.

If brooder stoves are used, they should be gotten in readiness and the metal cabinets in which to set them should be purchased so that there will be no delay when they are finally needed.

If hens are fed liberally on yellow corn, alfalfa and feds of that sort, the egg yolks are a rich yellow. The hen simply transfers the coloring matter from the foods tuff to the egg yolks. So far as known, there is no special virtue in this coloring matter, but the interesting point is that those feed stuffs such as yellow corn and alfalfa are the rich sources of vitamin A.

If the ration is made up largely from white corn, oats, barley and wheat, then the yolks will be white and such a ration is deficient in vitamin A.—J. G. Halpin, Wis.

Adequate floor space is necessary for the comfort of the hens and pullets. It is ordinarily recommended that three and one-half square feet of floor space be allowed for each bird of the lighter breed, while four feet of floor space should be allowed for one of the heavier breed.

To determine the capacity of the house, multiply the length by the width and divide by three and one half, or four. For example, it the house is 20 by 20 feet square, it contains 400 square feet of floor space. Dividing this by three and one-half, gives 114, which is the number.

Anything which will moderate the changes of weather and maintain a uniformly higher temperature inside the poultry house will help increase egg production when eggs are high in price, state poultry authorities at the University of Nebraska. Quick changes in temperature in winter may throw a flock out of production for several days or for the rest of the winter.

"At usual prices, insulation for a 20 by 20 foot Nebraska type poultry house will cost about $50, or 40 cents per bird housed," they explain "If this cost is spread over the life of the house, it amounts to about two extra eggs per hen per winter."

Good management must accompany proper housing, however, as insulation will not correct conditions due to filth, disease, cull chickens, and poor feeding.

Subscription to the Transcript $1.50 per annum.

FEATURING DEL-MAR-VA

Within the past two weeks the Del-Mar-Va Eastern Shore Association has had unsolicited requests from such publications as the Literary Digest; The Amerop Travel Service with headquarters in Berlin, Germany, publishers of "Der Reisedienst;" The Transmitter and the Maryland Tourist Guide for information, data, facts and illustrations to be used in articles which they will publish.

In addition to this association have during the last few months co-operated with several writers of note in securing first hand material on their visits to the Peninsula with the result that Del-Mar-Va has been featured in several of the outstanding magazines and feature sections of metropolitan newspapers.

The current issue of the magazine "Nomad," contains an attractive story about the Peninsula written by Mr. Julius Moritzen, an author who is rated very highly in Who's Who in America. He has also placed an attractive feature article in the Christian Science Monitor and now has another article in the hands of the New York Sun, Sunday Feature Department.

There can be no doubt as to whether Del-Mar-Va has actually won a place in the publicity sun at this time. These facts are unquestionable evidence that the efforts of the Association are having returns of unlimited value and that our Peninsula is rapidly gaining a place where the eyes of our Nation will be continuously directed to it.

That the traditional fool and his moeny are soon parted is not surprising, but how did they get together in the first place?

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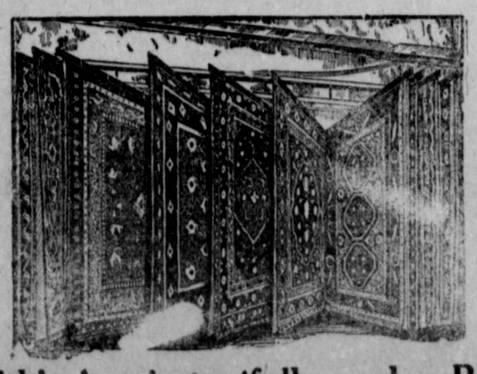


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