Women's Page

BY A WOMAN



VITTORIA COLONNO

In reading of the life of Michael Angelo the great sculptor, artist and poet, we see how his life was influenced and inspired by the friendship of this lovely Italian poet, Victoria Colonna.

She was the daughter of Fabrizio Colonna, a great military comander, and she was born near Rome in 1490. Her youth was passed among the great literary spirits of Italy and in that atmosphere she composed her first poems. She was married to Marquis of Pescara whom she tenderly loved and their union was a very happy one, but in 1525 he died while away on a military campaign.

The shock of her husband's death crushed her for awhile and she retired to a convent where she staid for a year. Then she returned to her home on the island of Ischia and it was then that she wrote most of her poems, many of them dedicated to the memory of her husband. When she returned to Rome she was received with the highest honors and many suitors sought the hand of the wealthy beautiful widow, but she preferred to remain true to her first love.

It was in the year 1537 that she met Michael Angelo, the great master and a strong friendship sprang up between the two, although at that time he was sixty-three and she was forty-seven years old.

The friendship between the two was alike honorable to them both, and this friendship lasted without interruption until her death.

She obtained real influence over his mind, inspired him in his work and led him to inscribe many of his poems to her.

In one of these, he tells her that she has perfected his charactor as a sculptor perfects his clay model by carving it in the hard living stone, and in another he says: "Let me address my verse to you, who have guided my life towards heaven by the most beauteous paths."

The latter part of Vittoria Life was clouded by sorrow the family lost their fortune, and her adopted son's death was a grievous blow to her.

She died in Rome in 1547, and in her last moments was visited by her devoted and affectionate friend Michael Angelo.

She wished to be buried as quietly as possible, and asked that her funeral be like those who die in convents.

Her wihes were carried out and she was laid in the common burial ground of the nuns, and so passed the life that did so much to help Michael Angelo. Her intellect and great purity of character make her a figure worthy of all reverence in the gallery of the women of letters.

HEALTH

Health of body and of spirit. What wonderful things to possess! No matter how lovely a person is made by nature, ill health and careless living will soon mar it. And when one is unhappy and discontented with life it soon shows in the face.

Health of body generally makes a bright eye, a springy tread and a good color in the face better than all the beautifiers which are sold in beauty shops, it helps us bear our heart sorrow because we have strength to stand against them. And to secure a healthy body we most strive to have a healthful spirit for without it we cannot have the other.

LA MODE

Spring Posies

Some of the Paris spring frocks for daytime wear look as though a shower of posies had fallen upon them. Big and little flowerets plus buds, in several color as well as in several sizes, cover a darkish background. Occasionally a frock of this material has a rather long, belted coat to match, the belt being of leather in some one of the flower shades.

White Accents Much Used

White cotton trimmings on dark suits and dresses are one of the distinctive signs of the new mode. They are used in various ways by Lelong, Maggy Rouff, Jane Regny, Mirande, Suzanne Talbot—everybody in fact. White cotton collars and belts are seen and there are many organdy or pique incrustations combined with dark fabrics.

The New Umbrellas

Stubby, handbag-size umbrellas are all out. New umbrellas are long and slender in harmony with the new silhouette. The crook handle is one of the favorite types. Hermes shows these covered with worked leather to match raincoat or suit.

To foster a love for reading in children comfortable chairs of suitable size and correctly placed reading lights are great helps.

RECIPES

Creamed Shrimp, Seving Six

5 tablespoons of butter
6 tablespoons of flour
1 teaspoon salt
1-4 teaspoon paprika
1-4 teaspoon celery salt
2 tablespoons finely chopped parsley
2 1-2 cups milk
1 1-2 cups shrimp

Melt the butter and add the flour, salt, paprika, celery salt, parsley and milk. Cook until creamy sauce forms. Add the shrimp and cook until hot.

Fruit Salad in Gelatin.

1 package lemon flavored gelatin mixture
1 cup boiling fruit juices
1 cup boiling water
1 cup seeded white cherries .....
1 cup diced pineapple
2-3 cup diced pears
1-2 cup red cherries

Pour the boiling fruit juices and water over the gelatin. Mix well and cool. And rest of ingredients. Chill and serve on lettuce.

Date Cake.

2 cups flour
2 teaspoons baking powder.
1-3 cup butter
1 cup light brown sugar
2 eggs
2.3 cup milk
1 cup chopped dates
1-2 cup broken nuts
1-8 teaspoon salt

Cream the butter and sugar. Add res of ingredients and beat 2 minutes. Pour into greased pan and bake 25 minutes in moderately slow oven. Cut in squares.

Creamed Cheese on Toast

3 tablespoons butter
4 tablespoons flour
2 cups milk
1-2 cup diced cheese
1-2 teaspoon salt
1-4 teaspoon paprika
2 tablespoons catsup.

Melt the butter and add the flour. Blend and add the milk and cook until creamy sauce forms. Stir constantly. Add rest of ingredients and cook 2 minutes.

Chocolate Frosting

4 tablespoons butter
2 tablespoons hot cream
1 1-2 squares chocolate, melted
1 teaspoon vanilla
1-8 teaspoon salt
1 1-2 cups sifted confectioner's sugar.

Mix the butter, cream and chocolate and heat slowly. When chocolate has melted, add rest of ingredients Beat until creamy and stiff.

Ice Box Rolls.

1 cake compressed yeast
1-3 cup lukewarm water
2-3 cup sugar
1-2 cup fat (melted)
2 eggs
1 1-2 teaspoons salt
1 1-2 cups scalded milk (lukewarm)
7 cups flour.

Crumble the yeast and add the lukewarm water and 1 teaspoon of sugar. Let stand 30 minutes. Beat well and add the sugar, fat, eggs, salt, milk and 3 cups flour. Beat 3 minutes. Add rest of flour. When stiff dough forms, knead it until soft and elastic. It will require about ten minutes. If dough is too sticky to handle, add flour. The exact amount of flour required can not always be determined.

Shape the dough into large bag and place in greased bowl. Cover and let rise in a room heated to 72 degrees until the dough has doubled in bulk. Knead again five minutes and shape into another ball. Rub the top with fat to prevent crust from forming. Store in ice box until ready to use.

When rolls are desired, break off bits of dough and shape as desired. Arrange side by side in greased pans. Let rise until doubled in bulk. Bake twenty minutes in moderate oven.

Gingerbread

1-3 cup fat
1-2 cup sugar
1 cup molasses
1 egg
3 cups sifted soft-wheat flour
4 teaspoons baking powder
1-2 teaspoon soda
1-2 teaspoon salt
1 teaspoon ginger ....
1-2 teaspoon cloves
1-2 teaspoon cinnamon
1 cup milk.

Cream together the sugar and fat. Add the molasses and beaten egg. Sift together twice the dry ingredients and add to the first mixture alternately with the milk. Bake in two shallow pans.

In combatting colds and other prevalent ailment the very best thing to do is to keep oneself fit. We have in mind one who is constantly exposed to epidemics but does not contract them because she observes the rule of health, eating plenty of fresh green vegetables, taking exercise in the fresh air and resting when she is tired, for when one is exhausted then one contract diseases readily.

George held her hand and she held hizin,
And then they hugged and went to kizin.
They did not know her pa had riz'n—
(Madder than hops a simply siz'n),
And really tiz'n right to liz'n,
But George got hiz'n and went out whiz'n.

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FARM EQUIPMENT WEEK

— AND —

McCormick-Deering Reaper Centenial Celebration

MARCH 9 to 14, 1931

This is the centenial of the invention of the McCormick Reaper by Cyrus Hall McCormick. We are celebrating this event with a full week devoted to the display and demonstration of the latest and most improved farm equipment that is suited for use in this community. We think that this exhibit will be the most interesting we have ever held, but just to make it a little more interesting we are giving a SPECIAL DISCOUNT on all orders placed during the week for farm equipment.

POWER FARMING DAY

MARCH 14th, 1931

Beginning at 10 O'clock a. m.

A full day's program has been planned, with a Free Lunch at noon, for the entertainment and enjoyment of every farmer and his family in this community. A full size working reproduction of the original 1831 reaper will be on display, special factory representatives will be present, and there will be thousands of feet of interesting motion pictures. A special feature of this program, a five-reel motion picture, "Romance of the Reaper," will be shown. In this picture you will see farm machinery used 100 years ago. It will be educational, romantic and thrilling. Another feature will be a

DRAWING FOR 50 FREE ARTICLES

AT 4 O'CLOCK

These articles will be given free to the holders of the coupons with numbers corresponding to the numbers drawn. Get your coupons. A coupon will be given for each $1.00 worth of merchandise of any kind purchased, or ordered for future delivery during Farm Equipment week. Persons present at this drawing have first choice of free articles.

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Iowa Brothers Set New World's Record in Ford



Governor John Hammill of Iowa (left) and Walter Ferrell, executive secretary of the Iowa chapter of the American Automobile Association (extreme right), congratulating the Davis brothers on the establishment of a new world's non-motor, non-wheel stop automobile endurance record.

IOWA state officials and civic leaders witnessed the establishment of a new world's non-motor, non-wheel stop automobile endurance record recently, when Ralph and Rolland Davis, brothers, brought their Model A Ford to a halt at the east entrance of the state capitol in Des Moines after 2,775 hours and 46 minutes of continuous driving.

When Governor Hammill, standing with Walter Ferrell, executive secretary of the Iowa Chapter of the American Automobile Association, gave the signal to stop, the Ford had traveled a total of 47,138.3 miles over all sorts of roads in all sorts of weather and had exceeded by 33,[illegible]0 miles and more than 2,335 hours the American non-stop endurance record which, theretofore officially recognized, was made by a much heavier car under almost ideal conditions on the Indianapolis speedway last year. In the course of the endurance run, the car, known as "The City of Des Moines," covered practically the entire state of Iowa.

Engineers who examined the [illegible] the conclusion of the run asserted that neithe[illegible] chassis showed evidence of the gruelling stra[illegible]hey were subjected during the 116 days of c[illegible]riving. Both apparently, according to the engineers, [illegible] have been good for another 50,000 miles or more.

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